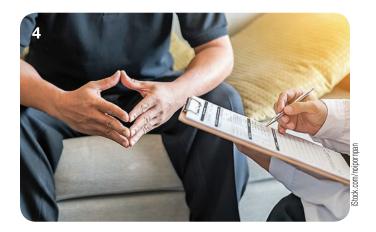
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Health: Our Best Investment

iving a healthy lifestyle not only benefits individuals, but also those who may be within their sphere of influence. As we get older, our bodies are subject to more and more diseases that can cause devastating impacts on our lives and the lives of our families. It is, therefore, very important that we pay more attention to our health as we age and do whatever we can to improve it. The Apostle John greeted Gaius saying, "Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers"—3 John 2, NKJV.

We are privileged to be members of the Seventh-day Adventist Church, an institution that promotes healthy habits and lifestyles. Unfortunately, a large percentage of our membership does not put these healthy habits into practice. Yes, a vast majority of our membership does not eat unclean meats, drink alcoholic beverages, or practice any of the prohibitions listed in Leviticus 11. Nonetheless, we do not pay enough attention to the other aspects of healthy living. We have excellent medical institutions, where thousands of medical professionals are trained, yet we still fall short of having the majority of our membership follow a healthy lifestyle.

In recent years, many of us have been more inclined to follow a plant-based diet. In many studies, Seventh-day Adventists have been found to be some of the healthiest people in the world. Yet, we can do so much more by using our health message to engage and have a greater impact on our members and our community.

Many of our members, pastors, and church leaders alike are experiencing chronic and devastating diseases, such as heart attacks, cancer, and strokes, to name a few. Being affected myself by one of these illnesses was a wake-up call for me. I was forced to examine my own lifestyle and made some drastic changes in my everyday life. I would like to say thank you to my family, fellow administrators, departmental directors, staff, friends, and the members of the Atlantic Union Conference, and

those from other parts of the world, for their prayers and support.

My wife, Yvonne, and I were blessed with the opportunity to be guests at the Wildwood Lifestyle Center in Wildwood, Georgia. It is a supporting ministry of the Seventh-day Adventist Church that provides educational, health, and evangelistic services to our local and worldwide communities. They are well known for their care and attention, particularly in reshaping lifestyles.

Great emphasis is given to the eight laws of health—NEWSTART®: Nutrition, Exercise, Water, Sunshine, Temperance, Air, Rest, and Trust in God. The treatments and benefits we received included hydrotherapy, massage, natural remedies, and nutritional education as it applies to adhering to a plant-based diet. It was also a good place to relax, recharge, and reshape my routine. As a result of our time spent there, we are giving greater attention to our health than ever before.

Given the many instances of sickness that are occurring among our laity and minsters alike, we need to place more importance on the subject of health. The public has a good impression of the Seventh-day Adventist Church's health practices. However, we can do much better in educating our members and the wider community on how to implement these ideas in their daily lives. This will help to advance the gospel of Jesus Christ.

As it has been said by Ellen G. White, "Thousands, yes, millions, who walk the earth, are suffering from their own wrong course of action. Should not those for whom Christ has given His life place a value upon their own happiness, peace, and healthfulness by obeying nature's laws? We are the Lord's property by creation and by redemption, and He requires that we study how to care for our bodies, observing carefully the laws of life, health, and purity"—This Day With God, p. 123. (1)

G. Earl Knight is president of the Atlantic Union Conference and chairman of the Atlantic Union College Corporation.



"As we get older, our bodies are subject to more and more diseases that can cause devastating impacts on our lives and the lives of our families."



What You Should Know **ABOUT MEN'S HEALTH**

y husband, Art, was visiting a friend with whom he was working on a project. During the visit, his friend, who was diagnosed with hypertension, took out his machine and measured his blood pressure. "Hey, man, what are you doing?" Art asked. His friend explained that ever since his diagnosis, he had begun to monitor his blood pressure regularly, along with implementing some lifestyle changes and taking medication. Then he offered to check Art's blood pressure. "I don't need to do that," Art matter-of-factly told his friend. But figuring that he had nothing to lose, he reluctantly allowed him to take the blood pressure reading.

"Whoa!" his friend exclaimed when the reading of 172/117 displayed on the blood pressure monitor. "You'd better get in to see a doctor right away!" he admonished. "You are headed for big trouble—like a heart attack or stroke—if you don't get your blood pressure under control!"

"But I feel just fine!" Art insisted. "There's absolutely nothing wrong with me!" Though convinced that he was in perfect health, Art followed up on his friend's advice to visit his physician (to whom he was long overdue for a visit). Today, Art is convinced that God's providence led to the discovery of his high blood pressure, and had he not followed through with his friend's suggestions, he might not be alive today.

Why Men Don't Get Check-ups

According to a study published in the American Journal of Preventive MEDICINE, men were less likely to get regular physical examinations than women. A survey of men and women found that men were three times more likely than women to report that they had not seen a doctor in the past 12 months. The reasons are varied, but according to an article posted on the website of a major medical insurance company, one reason men are reluctant to visit a doctor is that as long as men are feeling fine, they don't think they need to see a doctor (remember Art's reaction—even after seeing his blood pressure reading?).

Another reason for men's reluctance to visit a doctor is that they are often hesitant to discuss physical symptoms that might cause embarrassment. Some aspects of a physical exam can also be unpleasant, causing men to shy away from doctor's offices. Denial can also be a factor with men who refuse to seek medical attention. Believing that health problems are a threat to his masculinity, a man may simply deny that he has a problem at all, and thus, avoid visiting the doctor. Subconsciously, a man who is in denial may harbor such thoughts as "I don't want to hear what the doctor might tell me." Two psychologists at Rutgers University, Diana Sanchez and



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Mary Himmelstein, shed additional light on the male mindset regarding medical issues. A study conducted by the two researchers found that men who hold to traditional views of masculinity—that males are supposed to be tough and brave-were more likely to ignore medical problems.

Common Men's Health Issues

The American Heart Association reports that one out of three men suffer from cardiovascular disease in some form, and nearly three million men suffer from stroke every year. According to the Centers for Disease Control (CDC), the number-one cause of death in males is heart disease. This is followed by cancer, unintentional injuries, chronic lower respiratory diseases, stroke, and diabetes. Matthew Hoffman, M.D., in a WebMD article on men's health, says that, "Out of the 15 leading causes of death, men lead all of them, except Alzheimer's disease, which many men don't live long enough to develop."

The sad reality is that many of the diseases that lead to early death are preventable, and with regular preventive care, appropriate screenings as recommended by a physician, and healthy lifestyle practices, a great deal of illness and early death, especially in men, could be avoided. According to the World Health Organization, women outlive men by six to eight years. While these differences in life expectancy are attributed in part to biological factors, lifestyle plays a very important role in the shorter lifespan of men.

While cancer is a leading cause of illness and death among both genders in the U.S., two types of cancer are a major issue for men: skin cancer (melanoma in particular), and prostate cancer. According to the American Academy of Dermatology, men are more likely to die of melanoma than

women. The Skin Cancer Foundation predicts that in 2019, approximately 7,230 people will die of melanoma; among those, 4,740 will be men and 2,490 (about half) will be women. Next to skin cancer, prostate cancer, which increasingly affects men as they age, is the most common type of cancer in men.

Just as with high blood pressure, diabetes can be a silent health threat. especially for men. A person can have diabetes or pre-diabetes for years without symptoms, which can lead to multiple problems. A study cited by the National Center for Biotechnology Information found that men had a higher prevalence of type 2 diabetes than women. This is largely due to higher levels of visceral fat (belly fat) in men

"Believing that health problems are a threat to his masculinity, a man may simply deny that he has a problem at all, and thus, avoid visiting the doctor."

An Ounce of Prevention

"Men go to the doctor less than women and are more likely to have a serious condition when they do," says Matthew Hoffman, M.D. Medical experts recommend that to stay healthy, men should get an annual physical, and depending on their age, family history, and their doctor's recommendations, certain screening tests should be performed. Not all medical professionals agree on when (or what) screenings should occur, but many advise that men get their cholesterol checked beginning at age 20, and every five years thereafter.

The CDC recommends that those who have heart disease or diabetes. or who have a family history of high cholesterol, should be checked more often. Blood pressure should be checked every two years, unless it exceeds 120-139 over 80-89.

Beginning at age 50, men should be screened for prostate cancer and colon cancer, but screening should begin as early as age 40 if there is a family history of the disease.

Mental health is another area of concern for men. Although depression affects women in greater numbers than men, according to WebMD, more than six million men suffer with depression, and men are less likely to seek treatment or support. Steven Gilchrist, M.D., in an April 2019 Woman's Day article on men's health, recommends that men talk with their doctors about mental health at their annual check-ups. He also suggests that wives accompany their husbands on medical appointments, because men often find it difficult to talk about such issues.

As mentioned earlier, lifestyle plays a key role in men's health. And the good news is that many healthy lifestyle practices can help to prevent more than one disease. For men to live longer and healthier, they should get plenty of exercise (at least 30 minutes a day), achieve a healthy weight, consume a whole foods, plant-based diet (and avoid excess fat, sugar, and salt), eat more fruits and vegetables, steer clear of saturated fat, and shun risky behaviors (a major cause of injury and disease in men). This is the Adventist health message in a nutshell!



Pat Humphrey is a freelance writer and editor who enjoys writing about healthful living.



An Ordeal of Faith

"My strong words of advice to all my fellow brothers in Christ is to take your health seriously. Get regular check-ups, even if you eat healthfully."

ometimes the Lord gives us a test because He wants to give us a testimony. My test and testimony began on March 30, 2018. Following a routine colonoscopy, my doctor discovered that I had a mass in the terminal ileum—the distal end of the small intestine that intersects with the large intestine. Upon initial inspection, the gastroenterologist did not see anything suspicious in my colon; therefore, the procedure should have ended and I would have received a clear report. However, he stated that a "voice" in his head kept telling him to venture a little deeper. In obedience to the "voice," he went past my colon where he found a massive tumor deeply hidden. Had he not discovered the tumor, the consequences could have been severe or fatal within a matter of months. I was later diagnosed (more accurately) as having neuroendocrine carcinoma, or cancer in the small intestine.

Two weeks later, on April 13, 2018, I was admitted to the hospital to remove the affected parts of the intestines. What was expected to be a short journey turned out to be a long battle that would test the very fabric of my faith. Immediately after the procedure, my stomach became distended and unresponsive. For weeks, the medical team tried to initiate peristaltic movement, but nothing happened. With the risk for sepsis and other complications looming and the medical team totally confounded, my faith, and that of

my family and friends, was stretched to the limit. Despite this, I knew the Lord was in the battle with me. After three gruesome weeks in the hospital, the Lord showed up in a miraculous way. Everything that was trapped in my stomach suddenly made its way out.

Through this ordeal, I was never alone. As already mentioned, the Lord was always with me, but so, too, were all my family and friends. Janet, my



Janet, Teddy Williamson's wife, never left his bedside while he was dealing with his medical challenges.

wife of 29 years, who never left my bedside, not even for a night, was indispensable with all of her support and care. Our sons, who suffered just as much with us, were also there all along.

My entire family (and I mean entire) shed many tears, but also offered

overwhelming support, prayers, and encouragement, and in doing so, gave new meaning to the definition of family. Hundreds of friends also prayed, cried, called, texted, visited, messaged, and encouraged. They are a great reminder of the true value of friendship.

Special thanks goes to the Greater New York Conference (GNYC), the GNYC Youth Ministries department, the Atlantic Union Conference Youth Ministries team, my home church— Emmanuel in Bronx, New York, and the numerous other churches who just kept praying and praying.

Today, just over 15 months since my diagnosis, I am doing well. No trace of the cancer has been detected, and I am on my way to a full recovery. AMEN!

This may sound like it was an ordeal (and it was), but buried within this experience are tremendous testimonies and awesome praises. I thank the Lord for allowing me to use this experience to encourage and strengthen others.

My strong words of advice to all my fellow brothers in Christ is to take your health seriously. Get regular check-ups, even if you eat healthfully (as I do). Develop a relationship with your doctor, and don't be afraid to ask the tough questions. It has been said, and it is true, early detection does save lives. 0

Teddy Williamson is the Greater New York Conference Adventist Youth Ministries assistant director.

Ways to Prepare for Medical Emergencies at Church

f someone in your church were to suddenly need emergency medical attention, would your church be prepared to quickly respond? Churches are not immune from medical emergencies. They can happen anywhere and at anytime. Therefore, it is important for your church to always be ready to respond in the event of a medical situation. Here are seven things your church can do to be prepared:



Establish a designated team to handle medical emergencies.

If your church does not already have a team for handling medical emergencies, you should consider creating one. The size of your church does not matter; every church should have a team. The team should be comprised of medical professionals, such as physicians, nurses, and emergency medical technicians.

Create a plan and a schedule of medical personnel on duty.

Creating a plan and a schedule of medical personnel who will be on duty during the church service and other functions will ensure that someone who knows what to do is always available in the event of an emergency. It is also important to have one or two additional people available as a back up, should the situation require it.

Make sure you are properly equipped.

Your church should have, at a minimum, one first-aid kit. Consider getting the kit from a professional supplier, since they offer a larger variety of supplies. The church should also have an automated external defibrillator (AED). Having an AED could mean the difference between life and death.

Give thoughtful consideration to placement of the first-aid kit and AED.

The first-aid kit and AED should be placed in accessible locations, but somewhere that they won't be tampered with. If you have a large building, consider having more than one first-aid kit, each strategically placed.

Assign people to regularly inspect the first-aid kit and AED.

In your emergency plan, be sure to assign one or two people the responsibility of regularly inspecting the first-aid kit and replacing anything used or missing. The AED should also be inspected to make sure that the battery is charged and ready to go.

Offer training for those who may not have medical training.

Your medical response team will only be effective if all the team members have the proper training. Consider offering classes in first aid, CPR, and AED use, so that the team will be able to provide basic care until medical professionals arrive. Include in the training key church personnel and members of the church who have the most contact with the congregation during Sabbath School, the worship service, and other events.

Communicate.

Once the medical team is established, churches should let the congregation know that the team exists, who is involved, and their role and function. A schedule should be shared, so that people know who is on duty. Post the schedule in a place visible to everyone (e.g., the church bulletin, the bulletin board, on the church's app, etc.), especially the ushers. Communication is key.

It is true that we don't know exactly when a medical emergency might occur, but taking proactive steps to be ready to manage a medical emergency is important and could save lives.

GLEANER editor



Meet the 2019 Caring

ight academy students in the Atlantic Union Conference are the recipients of the 2019 Caring Heart Award. These juniors or seniors were recognized for demonstrating a personal commitment to making the world a better place and sharing the love of God. Each student received a \$500 scholarship and a plaque. Congratulations to the 2019 Caring Heart Award recipients.



Askiah Mohammed, a senior, at Bermuda Institute. is committed to excellence and servant leadership. She is dependable, optimistic, and honest. She enjoys helping others with her calm and warm personality. She understands the importance of service and giving back to her community.

For the past three years, she has consistently volunteered at the King Edward

VII Memorial Hospital as a candy striper, helping to feed patients, helping them with menu selections, or encouraging patients with her words and through her warm smile. She has also volunteered for the past three years with Tomorrow's Voices, helping autistic children to communicate through sign language and to articulate words for conversation. Additionally, she is the founder of a charity that gives school supplies to underprivileged children in Jamaica.

Whether volunteering or assisting others inside or outside of school, she does what needs to be done to assist others and ultimately makes a profound impact in the lives of those whom she serves. She is a member of the Devonshire Bluebirds Pathfinder Club, where she serves as a junior counselor teaching the Friend Class to the younger members. She serves as the class treasurer and school prefect and uses these opportunities to display a positive school spirit and good citizenship as an example of positive leadership.



Hannah Guillen has attended Greater Boston Academy (GBA) since pre-kindergar-

ten. Now, as the Student Association president, she has become the welcoming face of GBA. She is a natural-born leader and has served the class of 2019 in various capacities, including as the senior class vice president.

Aside from her leadership in the classroom, she has proven to be an exceptional leader in sports. She has a passion for basketball, and as the energetic team captain, enjoys playing and always encouraging her team to do their best.

Her caring heart can be seen as she interacts with her peers and staff members, and she is always willing to provide a helping hand, words of encouragement, or a listening ear.

She loves giving back to her local community through various outreach programs with her church and has taken her love for helping people globally by participating in multiple mission trips to South America.



Na-Jaraie Rodriguez, a senior at Greater New York Academy, is a product of Seventh-day Adventist Christian education from

kindergarten to twelfth grade. She attends Broadway church, where she has served as a Sabbath School teacher. Pathfinder staff member, and Master Guide.

She has a heart for helping those in need. She has taught children during the summer months for four years, cleans her church every week on Sunday mornings, and has worked with deaf children. She recently spearheaded the school's holiday gift-package program for needy children, and has consistently participated in the annual "Impact Woodside" community service effort, which includes distributing packages to the community, volunteering at a daycare, ministering on a health van, and playing live music at the town square.

At school she has served as girls' activity leader for her class, president of Compassion Ministry, president of "Adventist Youth For Better Living" ministry, and as a cellist in the school's orchestra. She would like to become an interpreter for the deaf and an FBI agent for special victim cases.



Xavier Griffith is a senior at Northeastern Academy.

Heart Award Recipients

He has always displayed an interest in building things. He is an avid researcher of "do it yourself" videos. He completed his own unpublished book series in which the main character of his story possesses all the things he wanted to build.

He participated in a program called Employment and Technology Center, where he successfully assembled robots and program software. He is in the process of building an electric scooter.

A conscientious student, Xavier has always been the quiet one in his classes. He is mild-mannered, kind, and compassionate. He is respectful and respected by his peers and teachers. He is a hands-on student who always makes himself available to anyone who needs his help. He is active in both church and school, and particularly enjoys outreach programs.



Sarah Delaware, a junior at Pine Tree Academy, is a shining example of a student who demonstrates Christian service and leadership. In addition to being a positive influence among her peers,

she has volunteered for her school, at church, and in her local community.

Last year, she volunteered on Friday afternoons to help in Pine Tree Academy's kindergarten room. Last summer, she gave back to her community as she volunteered all summer as an usher at the Maine State Music Theater. Each year at Christmas time, she also helps behind the scenes in The Greatest Gift, one of her church's largest evangelistic outreach programs.

This year, while on a two-week mission trip to India, she led out in children's church for 200 kids every night while the adults were attending an evangelistic series. During the daytime, she visited many villages and passed out toys and stuffed animals to children and prayed with families. She also assisted in a sewing project that helped to teach 55 women how to sew.



Clyde David Senat was the salutatorian of South Brooklyn Academy's class of 2019. He credits his mother for raising him to be humble, modest, and

caring, and for bringing out the best in him and pushing him to do better.

During his years at South Brooklyn Academy, Clyde had many opportunities to demonstrate and utilize his leadership skills. He spearheaded a mission trip to Denmark in April 2018. Being in charge of the trip gave him a better sense of responsibility and leadership. He says the "experience has made me a better and greater person," and he has more of the tools he needs to help him build a better tomorrow.



Paul Keeffe went to South Lancaster Academy for high school because of the problems that exist with bullying, swearing, and drugs in the public school. With his love for the Lord, he decided to put his efforts into mission work, teaming up with his former religion teacher, Jonathan Niño, who has a mission in Laos called Oon Jai ("warm heart").

In his junior year, he went to Laos to film a documentary for the mission. That year he also went to Washington,

D.C. to help the ARTV (Adventist Review) production team to create a commercial.

He attended a class on video at 3ABN, and he worked at Camp Winnekeag for the last two years as the videographer. This year, he went back to Laos to make a film, conduct interviews, and help provide eyeglasses for the people in Laos and Thailand.



Celeste Bryant came to Union Springs Academy as a senior. Her infectious smile and friendly manner immediately ingratiated her with the other students. Her worship talks from her own experience with the Lord throughout the school year, and her soft heart that senses when others may need a friend or a helping hand, have been a blessing to the school. 0





Mobile Sabbath School Ministry Caters to Homebound Members

Spurred by a love of helping and sharing, along with a love and concern for older people. Shurnett Caines, a 40-plusyears member of the Hamilton church, birthed the idea of a Mobile Sabbath School

The Mobile Sabbath School ministry has been active for the past three years and caters to the homebound members of the church, who because of age or infirmity, can no longer attend church services on the Sabbath. The ministry helps to bring Sabbath School to these former church attendees in their homes, at the hospital, or in the care facility where they reside. The ministry intends that members are assured of the church's love and concern for them, and it encourages them to remain steadfast and true to their faith in God in their twilight years.

Each Sabbath during Sabbath School, the team— Shurnett Caines, Betty Anne Lowe, Diane Cassidy, Thelma Wong, Deana Small, and Juliet Dillas, (and occasionally, Dwayne Burgess, elder, and Robert Dillas)leaves to conduct its ministry to one or two seniors. Presently, the Mobile Sabbath School ministry has made approximately 162 visits to former church attendees. Those consistently ministered to have mainly been from the Hamilton church congregation, but include others who are members of sister churches.

According to Bermuda's 2016 Census, the population of the island is 63,277

persons, of which 17 percent are seniors. The official membership of the Hamilton church is 879, and coincidentally, 17 percent are seniors. Out of this group, up to 2 percent are homebound or in care facilities. and eligible for visitation by the Mobile Sabbath School ministry team.

The program includes singing hymns, praying, reading a short testimonial

It is heartwarming and satisfying to see the joy the seniors express when the team sings with them. While they may not remember that it is the Sabbath, they seem refreshed as the team ministers to them.

Deana Small joined the team after the Mobile Sabbath School ministered to her and her husband. The duo were involved in a traffic accident, resulting in the

vated to continue to serve the Lord. It was with the desire to impart a similar blessing to others that Small became a member.

In a letter to the pastor and members of the Hamilton church. Allan and Yolanda Vallis, who have not worshiped in a church in more than five years, expressed their love and appreciation for the Mobile Sabbath School team. "We have experienced the joy and love in six wonderful women [who] make up the Mobile Sabbath School. Never demanding or invading, but always in love, they enter our home and hearts with prayer and songs of praise and love that uplift our Lord and Savior.

"My wife is so alert and moved during these visits that I get teary-eyed as I observe her singing, smiling, and enjoying the worship service with these dedicated ladies. They bring a ray of sunshine to our home. I am sure that the other homebound church members are as richly blessed as we are."

The ministry is serving a need in and around the Hamilton church territory, but as the island's senior population and that of the church increases, the team sees no decline in the need for this type of ministry. To the contrary, as they have ministered, they have seen a need to also reach out to the unchurched seniors.

-Betty Anne Lowe, Mobile Sabbath School team member, Hamilton church



The Mobile Sabbath School ministry team caters to the homebound members of the church.

or sharing personal testimonies, and a brief lesson that may be between five-to-10 minutes long. The entire program can take from 15 to 35 minutes, depending on the tolerance of those ministered to. Mark Finley's lessons in the monthly edition of the Adventist Review magazine serve as a source of Sabbath School lessons.

loss of their vehicle, along with sustaining personal injuries. Since they could not attend church, Small related that they began to feel spiritually downcast, but then the Mobile Sabbath School visited them She recounted that the ministry encouraged and refreshed their hearts, and they were spiritually revived and moti-

GNYC Young Adults Take the Good News to Mexico

en young adults from the Greater New York Conference (GNYC) traveled to Toluca, Mexico, to conduct a nine-day evangelistic series in local churches. Working with ShareHim, a donor-supported ministry of the Carolina Conference, each person was assigned a church where they presented biblical messages on topics based on Adventist fundamental beliefs.

Ariel Manzueta, GNYC Youth Ministries director, and GNYC pastor Enmanuel Contreras mentored the young adults. Eleven churches hosted the evangelism team (Manzueta and Contreras shared one church). From June 14 to June 22, each person preached a message every night at their local church, as well as one additional message on Sabbath afternoons, for a total of 11 sermons.

"The churches were very impressed with the young adults preaching the Adventist message," Manzueta said. Izuchi Ukegbu appreciated the warm hospitality he received. "The people were very loving and kind."

ShareHim organized the logistics to bring the group to Mexico, arranged for their lodging, transportation, and meals, as well as coordinated details with the local conference. ShareHim also provided the sermon materials for the young adults to present at each service. Manzueta and Contreras worked with the speakers each day to review the previous night's service, assisted them with customizing and personalizing their message, and provided instructions and tips to prepare for the upcoming evening.

For Jancarlos Reyes, the sermon topics and Bible stories were familiar, but preaching about them was quite different. "It's one thing to know a subject, but its another thing to try to teach other people about it."

The trip inspired many of the young adults to come out of their comfort zone; more than half of them had never preached before. Jean-Manuel Rymer had previously participated in GNYC's "Preach It," but during this trip to Mexico, he learned a lot about what makes a sermon. "ShareHim gave us an abundance of materials," Rymer



Greater New York Conference young adults conducted a nine-day evangelistic series at local churches in Toluca, Mexico.



said. "Having all that, taught me how to focus on what a sermon should be. I had to learn what I was speaking about, get to the main point that I wanted the people to leave with, and then establish a [communication] vehicle that we would both understand."

Initially believing that they were to only preach one sermon a piece, many were surprised at the thought of being responsible for preaching an entire series. "At first, I was like, 'What?' But God worked with all of us. He gave us the words, the courage, and the peace to get through it all," said Ukegbu.

During the week, a total of 14 people were baptized, with an additional 40 who are working with local church leadership to prepare for baptism in the near future. The young adults came



back to New York with not only wonderful memories, but also an unforgettable experience of being used by the Holy Spirit to bring people to Christ.

Seventeen-year-old Lisa Salvodon, the youngest person to preach with the group, learned "when you let go and let God take care of situations, despite how life might be at the moment, it always works out for good."

Many young adults at the local churches were especially moved by seeing their peers preaching God's Word. "The local conference president told me that some of the young adults from these churches now want to organize a trip to go somewhere and do the same thing," added Manzueta.

—Debra Banks Cuadro, assistant communication director, Atlantic Union Conference

Auburn Church Members Focus on Community Service

reat needs in the com-Jmunity require great actions by the church. With this in mind, delegates from the Auburn church participated in the North American Division (NAD) Adventist Community Services (ACS) Convention in Columbia, Maryland. They were able to gather information about the experiences that other ACS leaders have faced, as well as valuable planning methods offered by the NAD's ACS leaders. Delegates from the Auburn church were inspired to develop a church plan to serve the community.

The training focused on community outreach



Auburn church members, from left, Carol Baxter, Dolly and Kyle Brown, Faye Wilson, and Diantha Pratt stand in front of a sign at the North American Division Adventist Community Service Convention.

and included 12 sessions. Among the sessions was a seminar titled "Engaging our Community," presented by

David Franklin, Miracle City church pastor, which was one of the most impactful sessions for the delegates who attended from Auburn church. This session presented key information on the relationship between the church and the community. The delegates also attended "Cross Cultural Ministry" by Sung K. Kwon, NAD ACS executive director. They also participated in the "Intentional Acts of Kindness" seminar by Jose Cortes, Jr., NAD associate ministerial director for evangelism.

-Reynolds Rodriguez, communication director, New York Conference

Joy of Troy Church Participates in Statewide Open House

For the very first time, members from the Joy of Troy church in Troy, New York, participated in a statewide Sacred Sites Open House, sponsored by the New York Landmarks Conservancy, on the weekend of May 18-19. During the open house,

church members gave tours of the church building and invited visitors to other events held at the church.

In addition to giving tours, the church held an International Day on Sabbath, May 18, and featured all of the cultures in the church. Members

brought food for potluck from their individual homelands and wore the native dress of their culture. On Sunday, the church

held a Health Expo for the community. They served refreshments, had giveaways, distributed literature, and held blood pressure screenings, glucose testing, and doctor consultations. At least 14 people from the community attended the events and open house that weekend, which created an opportunity for members to connect with the community.

In January 2016, Joy of Troy church was officially listed on both the state and National Historic registries, which made them eligible for the Sacred Sites Grant to complete construction work on certain areas of the church. In October 2017, Joy of Troy church was

awarded a \$10,000 grant by the New York Landmarks Conservancy's Sacred Sites program to help with the cost of repairing the church.

The Sacred Sites Open House Weekend is an annual event that showcases "the broad spectrum of historical periods, faith traditions, and styles of religious architecture around New York State" (bit.ly/2KTf0j1). The theme for the weekend was "From Medieval to Modern: Celebrating New York's Religious Art and Architecture." Visitors were able to tour more than 150 religious institutions across New York State, including Joy of Troy church.

—Annette Barnes, elder, Joy of Trov church



These Joy of Troy church members and three doctors from the Kinderhook church who participated in the Sacred Sites Open House pause to take a photo after the culmination of the weekend of events

Highlights of New York Conference's 2019 Camp Meeting

The 2019 New York L Conference (NYC) Camp Meeting was a time of rejoicing and fellowship for all who attended. Under the theme "Why Jesus: Certainty in an Uncertain World," from morning until evening, the attendees participated in events, seminars, and worship services organized by the local conference leaders.

Beginning on Friday, June 21, and closing on Saturday, June 29, on the campus of Union Springs Academy in Union Springs, New York, thousands of people gathered together to be enriched by the biblical expositions, cultural displays, and spiritual experiences that were

provided daily. S. Joseph Kidder, professor at the Seventh-day Adventist Theological Seminary in Berrien Springs, Michigan, was the guest speaker for the first weekend. New York Conference president, Miguel Crespo, spoke on the second weekend. David Klinedinst, Chesapeake Conference Evangelism and Church Growth director, presented the messages during the weekdays. Elias Zabala, Sr., Atlantic Union Conference treasurer, was the guest speaker for the Hispanic Ministries meeting, which was attended by members of the local Hispanic churches.

Several presentations, seminars, and sermons were



At a special ceremony during the New York Conference camp meeting Sonia Park, left, is commissioned as a teacher, and Lenox Brown, standing with his wife, Trudy-Ann Brown, is ordained as a pastor.

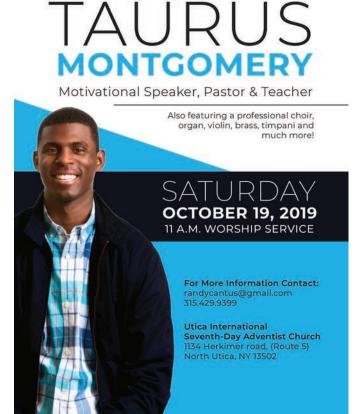
presented by local speakers, including William McNeil, retired pastor and former NYC executive secretary; Bu Bu, a NYC pastor; Rukanika Kwihangana, a Westvale church member: and Innocent Ntekereze. a Genesee Park Boulevard church member; among many others.

This year's NYC camp meeting also included a spiritual ceremony on Saturday, June 22, in which Lenox Brown was ordained as a pastoral minister, and Sonia Park

was commissioned into the ministry of teaching.

A 5K was celebrated with dozens of participants, and several seminars on health, family, and spiritual topics took place during the week. Children and youth also refueled their spiritual growth through dedicated daily worship services and wholesome Christian activities. Jesus and His ministry was the center of all the presentations during camp meeting.

-Reynolds Rodriguez, communication director, New York Conference





Miguel Crespo, New York Conference president, speaks to the attendees on the second Sabbath of camp meeting.

Nine Teachers Among Those Recognized During **Graduation Ceremony**

C everal Northeastern Conference schools held their annual graduation ceremony on Monday, June 24, at the New Rochelle church in New Rochelle, New York. Participating schools included the following elementary schools: Bethel, Bethesda Junior Academy, Hanson Place, Jamaica, Linden, R.T. Hudson, and the Westchester Area schools; along with the two academies, Northeastern and South Brooklyn. In all, 46 students graduated from the elementary schools and 37 students graduated from the two high schools.

The commencement speaker, 23-year-old Danielle McDonald, D.P.T., who graduated from the Jamaica school just seven years ago, reminded the graduates of their worth. "You are more than conquerors, and greater is He that is in you than he that is in the world." McDonald said. "Step out of your comfort zone and into your God-given future. Follow your passions and flee the limitations of others. You will succeed!"

More than \$100,000 in scholarships from Andrews University, La Sierra University, Oakwood University, and Washington Adventist University were awarded to the high school graduates who achieved in academics and leadership.

Nine teachers who have served the schools and will be retiring this year were also recognized. They have a combined total of more than 200 years of service to the education field.



Nine educators (holding plaques) who will be retiring this year are recognized at the graduation ceremony for Northeastern Conference schools.



In view are some of the graduates from the Northeastern and South Brooklyn academies.



Northeastern Conference administrators who participated in the graduation ceremony for Northeastern Conference schools are, from left, Daniel Honoré, president: Robert Chandler, treasurer, and Oswald Euell, executive secretary.

Acknowledging the work of the teachers, Daniel Honoré, Northeastern Conference president, said, "You may not receive what you are due here on earth, but when you get to heaven, and when you look around and see your students, that reward will be worth more than anything that could be given to you on earth."

-JeNean Lendor, assistant to the president for communication, Northeastern Conference



Graduates, parents, and supporters attend the annual graduation ceremony for several Northeastern Conference schools

Solid Rock Reaches Community with Health Expo

Members of the soll.

Rock church conducted a Family Wellness Health Expo on June 9 to help residents of the Far Rockaway community to learn how to live a healthier lifestyle while addressing any health concerns they may have.

In addition to the Solid Rock church members, Pathfinders, and Adventurers, other participants at the health expo included representatives from Health First Insurance. United Health Care, and the Addabbo Health Clinic. Each entity came ready to serve the community. Those who stopped by the health



Lisa M. George, constituent liaison and manager for New York State Senator James Sanders, center, joins Linda Bradley, Solid Rock church Health Ministries director, left, and Maria Jackson, church member, right, at the church's Family Wellness Health Expo at the Cardozo Playground in Arverne, New York.

expo, held at the Cardozo Playground in Arverne, New York, were able to get screened for various health issues. In addition, a prayer tent was set up for those from the community who wanted prayer.

Present at the health expo was Lisa M. George, the constituent liaison and manager for New York State Senator James Sanders She thanked the members of Solid Rock church for taking the initiative to hold the health expo in their community. George indicated to the Solid Rock church members that she is willing to help the church with future events they may bring to the community.

The Solid Rock Health Ministries department is about assisting the church members, as well as the surrounding community with living healthier, happier lives as they share the good news of Iesus' soon return.

-Nadaya Jones, communication director, Solid Rock church

NECACS Center Serves Brunch to Women of the Community

The Northeastern L Conference Adventist Community Services (NECACS) Center has been serving the Corona community of Queens, New York, since its reopening on June 17, 2013. At the NECACS Center, they offer a food pantry, clothing distribution, disaster response, free health screenings, and community development (job referrals, immigration services, and notary public).

This past May, the NECACS Center hosted its first-ever Mother's Day brunch with about 55 women in attendance. The event was held in the center's main gathering room, where the mothers were treated to poems, songs, interactive giveaways, and a meal, and every attendee received a basket of fruits. The extra fruit baskets were served to other women in the community.

Participating at the event was Keicha Gosling, the NECACS center director; W. Fitzgerald Kerr, the NECACS department director: and Mireille St. Pierre. the Northeastern Conference Women's Ministries department director, who gave a word of encouragement to the women.

At the end of the program and during the following food-pantry distribution days, the guests who attended the Mother's Day Brunch expressed their gratitude and contentment with the program. One mother said, "It was a wonderful experience. I really enjoyed the program. Thank you for thinking about us." Another mother said she really enjoyed the program and was particularly thankful for



Fifty-five women attend a Mother's Day brunch sponsored by the Northeastern Conference Adventist Community Services Center.

the information about God and for the opportunity to have someone pray for their needs. Many others were grateful for an opportunity to be catered to and to socialize with others.

The NECACS Center goes beyond meeting people's immediate physical needs and also helps to satisfy the social and spiritual needs of the many clients who oftentimes feel alone and hopeless as they fight their daily battles.

"We want to say, to God be the glory, great things He hath done! We say thank you to Northeastern Conference and its leaders for their ongoing support. Thank you to the dedicated volunteers, who deny themselves and their own personal duties, to be co-laborers with us and God in doing His work," said Tachica McCoy, NECACS Center operation assistant.

-Staff, Northeastern Conference Adventist Community Services Center



Manchester's First Haitian Church Is Growing



Standing with nine of the 10 baptismal candidates on the grounds of the First Haitian church of NNEC in Bedford, New Hampshire, are Guy Sajous, the church's pastor, back row, sixth from left; Justin Perronne, treasurer of the Manchester and First Haitian churches, sixth from right; and Rassol Laleau, church elder, fifth from right.

7ou might think that a L church serving a very specific population and located in a place where that population is relatively small would be very challenged to grow. Perhaps you'd be right in most situations, but not when it comes to the First Haitian church in Manchester, New Hampshire. This church, which holds its services in French, puts a great deal of effort into reaching out to a very specific audience— Haitian immigrants or Haitian nationals living in the greater Manchester area. You might ask, How big could that population be? Well, big enough, apparently, because the 40-member church recently concluded an evangelism campaign that resulted in 10 baptisms—a full 25 percent growth for the church this year.

Guy Sajous, the church's pastor, believes in cyclical

evangelism and that everyone in the church should be involved in evangelism. Cyclical evangelism is a process by which a church very deliberately maps out a yearlong campaign of reaching out, forming relationships and contacts through a variety of programs and service activities, and then moves to more spiritually-intense activities with their contacts, such as prophecy seminars and Bible studies.

Finally, the culmination of the year-long effort is a reaping event. After that, the church starts the cycle over again, thus the term "cyclical evangelism." At the Manchester First Haitian church, Sajous has implemented cyclical evangelism. But he has gone even further in trying to engage everyone in his congregation to be involved with evangelism. After all, when you are trying to find Haitians in a

large geographic area like Southern New Hampshire, having Haitian members network among the Haitian diaspora is certainly the best (and maybe the only) effective and efficient way to reach the intended audience.

The capstone reaping event—or as the church's flyers put it, the "Grande Campagne D'Evanglisation"—was held in June and conducted by pastor and evangelist Gary D'Haiti. A compelling speaker, D'Haiti was able to effectively communicate the plan of salvation, Christ's sacrifice for us, and the shortness of the hours that we have left to work to spread His message. Certainly, it resonated with the members of the diaspora who attended the series and helped move those whom the church had been working with to make a commitment to join the church.

Sajous and his newlyexpanded congregation are looking forward to their next cycle of effort and to another harvest in 2020. As such, they join the roughly 20 percent of churches in the Northern New England Conference that are currently practicing cyclical evangelism—up from approximately five percent in 2018.

The conference hopes to have fully one-third of their churches practicing cyclical evangelism by the end of 2020 and Guy Sajous and his congregation have set an excellent example for these churches. After all, if they can find and connect with God's people in a population as thin on the ground as the Haitian diaspora, then certainly all other Adventist churches can find God's people in their communities.

-Scott Christiansen, communication director, Northern New England Conference

Wisdom from One of NNEC's Oldest Members

rpha Smith of Conway, New Hampshire, is 102 years old. That makes her one of the oldest members in the Northern New England Conference. Still spry, discerning, and with a commanding presence and direct gaze, Smith's only real signs of age are some hearing loss and progressive hip injuries through the years that now confine her to a wheelchair. "Confined" has to be used in the loosest possible sense, though, as she uses the wheel chair to practically race around the nursing home where she lives!

Smith has led an interesting life. For many years she and her husband worked as caretakers for the park service in New Hampshire, and had the privilege of living in the parks. But when asked what the high points of her life have been, she immediately reaches into a drawer of her bureau and pulls out a wellworn Bible. "My life didn't really begin until I met Christ. That was in 1975. and the same woman who introduced me to Christ and urged me to attend evangelism meetings gave me this Bible." She opens the Bible to show the inscription at the front. "I read this Bible every day and it is the most precious thing I own, because this book helped me get to know Jesus."

Smith describes her life before Christ with just seven words: "I was a child of the world." This is all she cares to say on the topic. But she will happily speak at length on how Jesus is more important to her with each



Orpha Smith, who was born before the First World War, holds the Bible that is so precious to her.

broken but who don't know it. But if they accept Christ, a miracle of healing will happen in their lives."

Smith still gets to church most Sabbaths, and has her membership in the Conway church in New Hampshire. When asked if she has any wisdom to pass on to younger people, she is quick with an answer. "Always keep Jesus in your heart, praying to Him frequently throughout the day. And don't spend a lot of energy worrying over things. Instead, rejoice that you know Christ and let people see Him in your life. It doesn't matter how long we live; what matters is our relationship with Christ."

-Scott Christiansen, communication director, Northern New England Conference

passing day. When asked what is the most amazing thing that she's seen in life, she has a ready answer. "The most amazing thing I've seen is the change that comes when Iesus works on our hearts. I saw the change in myself when He came into my heart, and I've seen the same kind of change in many others who have accepted Him. But each time I see people change, it still amazes me."

Smith compares getting to know Jesus with a horrific head-on crash she suffered earlier in life. "There I was, broken and bleeding. My legs, my arms, my wrists, my skull—all broken, and I was hovering near death. Iesus saved me then and worked a miracle of healing in me. There are so many people who are just as



Greater Boston Academy Marks Final Graduation for the **Academy Students**

n June 9, Greater Boston Academy (GBA) hosted the final graduation for its final senior academy students in a ceremony at Stoneham Memorial church. The event was joyful yet filled with pathos. Students seemed ready for their new lives, yet sad about the significant changes. They were the faces of the last senior graduating class, the class of 2019.

The Commencement program was upbeat, celebratory, and spirit filled. Several graduates shared how much each student contributed to helping all to surmount their challenges and qualify for their graduation. Their testimonies were inspirational and encouraging.

In March 2019, the Southern New England Conference K-12 Board of Education voted to close the high school grades 9-12 for the coming school year. This decision contributed to the seniors' status as the last graduating class.

The students in the 2019 graduating class have proven



The Greater Boston Academy 2019 graduating class, from left, are Sara Camancho, Hannah Guillen, Tashana Haille, Jackie Mack, then principal, center; Hailley Revollo, Aliyah Lezema, Gerardo Bermudez, Karim Petit-Jean, Donnette Glasgow, Dasothy Vong, and Kareem Soares, front. Not pictured: Jessica Reves.

to be academic bulwarks, in that they successfully met the challenges necessary to earn their diplomas. Jackie Mack, then GBA principal, said, "I am proud of and honored to be a part of this wonderful and historical experience. Many of the students are continuing their education in post-secondary schools, while two have joined the military. The students have made us all at

Greater Boston Academy very proud. May God continue to keep angels covering them as they face new challenges in pursuit of service where they can exemplify our Lord and Savior."

On commencement day, the GBA graduation class of 2019 was supported by their parents, the faculty of GBA, members of the Stoneham church congregation, SNEC representatives: David

Dennis, president; Cesar Perozo, executive secretary: Tom Murray, treasurer; and Beverley Bucknor, superintendent of schools; and many well-wishers. "We continue to pray for these young people and the other academy classmates in the lower grades as they venture to new vistas," Bucknor said.

—Administration, Greater Boston Academy

SNEC Introduces New Ministry Leaders

Three Southern New ■ England Conference (SNEC) pastors are taking on new roles as voted by the executive committee to further the ministry of the conference. Endri Misho, pastor of One Connection church plants in Boston and Lowell, Massachusetts, will also serve as associate for Public Campus Ministries;

Sergio Quevedo, pastor of One Connection church in Haverhill. Massachusetts. will also serve as the SNEC church planting coordinator; and Clifford Aning, the newest pastor in SNEC in his first pastoral assignment, will serve as a youth/ young adult pastor under the SNEC Youth Ministries department.



Endri Misho

Endri Misho

In his role as SNEC Public Campus Ministries associate, Misho will work on locating young adults attending the large number of public colleges and universities within SNEC's territory of Connecticut, Massachusetts, and Rhode Island, and connecting them with Adventist Christian

SOUTHERN NEW ENGLAND CONFERENCE



Fellowship (ACF). ACF is a ministry "of students, by students, and for students" on campuses of higher learning within the North American Division (NAD), that is supported by local Adventist churches and receives resources from conferences, unions, and the NAD. ACF currently has a network of more than 100

chapters across the NAD. This will provide a ministry for the young adults attending public colleges and universities in SNEC's territory and will offer them opportunities to be servants of Jesus.

Sergio Quevedo

Quevedo has been actively planting churches in Southern New England since 2015. Almost four years later, what started through simple, intentional methods to make disciples for Christ, developed into a community of believers called One Connection Church. (See the March 2019 GLEANER.) As church planting coordinator, Quevedo will cooperate with local churches and pastors to help them implement church-planting strategies in their local communities.



Clifford Aning

Clifford Aning

Aning is the newest pastor in SNEC and this is his first pastoral assignment. He will serve as a youth/young adult pastor and will work with the six Ghanaian churches in SNEC. Administratively, he is under the SNEC Youth Ministries department since SNEC churches do not have the size to support dedicated youth pastors in a single church or district.

This pilot project will determine if it is feasible for a youth/young adult pastor to work across multiple church districts. In other words, can ministry and programing be accomplished for the youth and young adults with the sometimes competing interests of various local churches?

If this model is successful, SNEC could potentially see multiple youth/young adult pastors across the conference ministering to multiple churches and not assigned to one particular church or district.

—Adapted from the President's Facebook page, Southern New England Conference

Hudson Church Members Spend Time with Their Neighbors

Judson church mem-Thers were able to spend time, once again, with many of their neighbors and also chat with many new people at this year's Family Fun Day, organized by members Cheri and Jim Drew. Some people learned about the event from the sign they saw in the church yard, others read about the event in local papers, and still others heard about it from friends.

Combined with this year's family-fun day activity was a yard sale, craft fair, and bake sale. The proceeds of the yard sale, organized by members Edgar and Lori Alvarez, is helping to offset the cost of sending the church's young people to Camp

Winnekeag in Ashburnham, Massachusetts. This summer camp season continues the church's annual commitment to this program.

Rosa Bracetti, Hudson church's Pathfinder leader. organized a craft fair, one of many fundraising activities the Light Bearers Pathfinder Club completed to help fund their trip to the 2019 International Pathfinder Camporee in Wisconsin.

The bake sale, organized by Joan Fortmiller, included many vegan sweets in addition to loaf/quick breads and granola. The interest in the vegan baked goods may develop into a baking class in the future—another opportunity to share ideas for a healthier lifestyle.



People from the community stop by the Pathfinder craft table during Family Fun Day at Hudson church.

The Family Fun Day activities also included live folk music performed by the Contra Banditos, face painting, balloons, refreshments, and lunch. In addition, free literature was distributed, along with copies of Steps to Christ in English and Spanish.

—Information provided by Cheryl McMaster, communication coordinator, Hudson church



Youth Ministry Supplement

[adventist youth ministries on the move]

Youth Ministry's Rustic Blessings, Part 2

he Almighty God, the Everlasting Father, has chosen to reveal Himself through general (history, human behavior, conscience, nature) and special (Old and New Testaments; prophets, and Jesus Christ) means of revelation (Seventh-day Adventists Believe). It is heartening to affirm that God has a multitude of ways by which His children may experience His majesty, might, and power.

Furthermore, that Adventist Youth Ministries (AYM) continues to align with all means by which God reveals Himself to His children is phenomenal! During this, our 2019 camp season, we are especially forward about God's revelation of Himself through nature. Since He is a God of completion, the rustic blessings inherent in nature present quite the package! This diverse blessing package includes:

Experiencing God's creation up close: There is something about God's power, gentle touch, and intricate sense of creativity that warms the heart outdoors. There is something about walking on a carpet of grass, basking in the shade of majestic trees, cooling off in refreshing gusts of wind, sitting on a "soft boulder chair," observing a trail of ants at work, gushing over a picturesque sunset, drinking in the love/emotional touch of a full moon, or being enveloped by a canopy of stars that turns the thoughts heavenward.

Experiencing God with less screen time: There is something about having a bad Internet connection, limited electricity, or not having WiFi and an available telephone network, that turns the eyes to Jesus. There is something special about listening to God's voice away from the noise, burdens, and distractions of electronics. The Holy Scriptures note that "in returning and rest shall ye be saved; in quietness and in confidence shall be your strength"— Isaiah 30:15, KJV.

Experiencing God in the elements: There is something about God's miracle-working, creative power when in direct contact with sunshine, rain, and wind. They are calculated to bring about improved moods, reduced stress levels, glowing skin tones, and a sense of rejuvenation that is second to none. There is no better spa treatment than nature's gentle massage via sun, rain, and wind.

Experiencing God in socializing: There is something about camping that fosters cohesive effort and improved communication. Somehow, there is more time to connect with others, build relationships, make new friends, and truly engage in a sense of community. There is a special sense of unity—a we're in this together mindset—that pervades campgrounds.

For the past two to three months, thousands of Atlantic Union's members have been intentional about embracing the rustic blessings. Many have walked, camped, and fellowshipped on the union's amazing campgrounds. We've already checked in on local and area Pathfinder camporees, Adventurer camps, Master Guide camps, junior camps, tween camps, teen camps, singles camps, family camps, blind camp, young adult camps, and many camp meeting convocations.

At least for this year, many were essentially embracing the aforementioned camping experiences to practice, plan, and pray for the massive Oshkosh 2019 International Pathfinder Camporee. The Atlantic Union AYM's contingency (of more than 5,620 Pathfinders, directors, counselors, staff, coordinators, parents, youth directors, and youth ministry supporters) is honored to celebrate the Chosen International Camporee with other Pathfinders, Master Guides, and Adventist youth from around our Lord's world.

We are attending for the rustic blessings, among other innumerable benefits of the camping experience. May we truly witness and embrace God's revelations of Himself in the outdoors. 0



David McKenzie is the director for Youth, Young Adult, Pathfinder, and Adventurer ministries in the Atlantic Union Conference.



Sunset Table					
September 2019	6	13	20	27	
Bangor, ME	7:01	6:48	6:34	6:2	
Portland, ME	7:06	6:53	6:40	6:27	
Boston, MA	7:08	6:56	6:43	6:3	
South Lancaster, MA	7:10	6:58	6:46	6:33	
Pittsfield, MA	7:17	7:04	6:52	6:40	
Hartford, CT	7:14	7:02	6:50	6:37	
Providence, RI	7:09	6:57	6:45	6:3	
New York, NY	7:18	7:07	6:55	6:43	
Albany, NY	7:17	7:07	6:52	6:40	
Utica, NY	7:25	7:13	7:00	6:47	
Syracuse, NY	7:29	7:16	7:04	6:5	
Rochester, NY	7:35	7:22	7:09	6:5	
Buffalo, NY	7:39	7:27	7:14	7:02	
Keene, NH	7:13	7:01	6:48	6:30	
Manchester, NH	7:10	6:57	6:45	6:3	
Portsmouth, NH	7:07	6:55	6:42	6:29	
Brattleboro, VT	7:14	7:02	6:49	6:3	
Burlington, VT	7:18	7:05	6:52	6:39	
Rutland, VT	7:17	7:04	6:51	6:38	
Hamilton, Bda	7:34	7:25	7:16	7:00	

ANNOUNCEMENTS

NORTHEASTERN

The Northeastern Conference Global **Prayer Line** is open 24 hours a day for prayer and study. The phone number for the prayer line is (641) 715-3660, access code: 888974# or (712) 432-0075, access code: 607372#. For more information, visit the website at www. globalprayerministries.com.

NORTHERN NEW ENGLAND Join the Northern New England Conference Morning Prayer Line from 6:00-7:00 a.m., call (605) 468-8026 (toll charges apply), access code 310654#. For more information, visit the website at www. nnecprayerministries.com.

OBITUARIES

BROADHEAD, Joanne—81; b. Apr. 9, 1938, in Albany, N.Y.; d. Apr. 27, 2019, in Albany, N.Y. She attended Union Springs Academy until the ninth grade. She was a homemaker who loved cooking, crocheting, and babysitting and was a member of the Greater Albany church in Cohoes, N.Y. She is survived by a son, Mark (Sandra) Broadhead of Slingerlands, N.Y.; and one niece, Robin Lawson of Redding, Calif.

EDISON, Jay W., M.D.—82; b. Feb. 24, 1937, in Middletown, N.Y.; d. May 17, 2019, in Marlborough, N.H. He attended the Middletown church

school in Middletown, N.Y., through tenth grade and graduated high school (1954) from South Lancaster Academy in Lancaster, Mass. He graduated with a Bachelor of Science degree in Chemistry from Atlantic Union College in 1958. He earned his Doctor of Medicine degree in 1962 from Loma Linda University in Loma Linda, Calif., and a Master of Public Health degree in 1984, also from Loma Linda University. He interned at Washington Adventist Hospital in Takoma Park, Md., and then served as a captain in the Air Force at Andrews Air Force Base. He was honorably discharged in 1965. On June 1, 1958, he married Yvonne (Vonnie) Cox in Middletown, N.Y. He was a family practice physician for 30 years and left private practice in 1995. He and his wife moved to Kyrgyzstan, where he served as volunteer country director with the Adventist Development and Relief Agency (ADRA) for two years. After they returned to the U.S., he was the International Health Director for ADRA and served until retiring in 2002. He was a member of the Leominster church in Leominster. Mass., where he served as an elder. He is survived by his wife of nearly 61 years, Yvonne Edison of Marlborough, N.H.; seven children, Jo Ann (Nils) Cooley of Clinton, Mass., Richard (Ana) Edison of Cashmere, Wash., Lawrence (Bonnie) Edison of Murrysville, Pa., Nannette (William) Kelly of Danville, Vt., Jannette (Charles) Kling of Winthrop, Mass., Joan (Jeffrey)

Lee of Oueensbury, N.Y., and Donna M. Marincic of Wilton, N.Y.; a brother, John (Nancy) Edison of Marietta, Ga.; 15 grandchildren; 15 greatgrandchildren; and numerous cousins, nieces, and nephews.

FORD, Eldon LaRue—84; b. Oct. 28, 1934, in Hutchinson, Minn.; d. Mar. 29, 2019, in Leoma, Tenn. He attended Browning Memorial Elementary School and South Lancaster Academy (through his junior year) in Lancaster, Mass. He did his senior year of high school by correspondence and then returned to Lancaster to graduate with his class. On June 17, 1956, he married Miriam Buck of Troy, N.Y. In 1977, he began an agriculture program for Union Springs Academy on Cayuga Lake, N.Y. He was an elder in the Adventist church for many years. He is survived by his wife of nearly 63 years, Miriam Ford; his sons, Dale (Linda) Ford of Argyle, N.Y., and Gary (Terry) Ford of Newport, N.Y.; daughters, Sheryl (Lyle) Wright of Leoma, Tenn., Lanette (Leonard) Wright of St. Johnsbury, Vt., and Julie Ford of Fletcher, N.C.; three brothers, Dwain Ford, Cleo Ford, and Glee Ford; four sisters-in law, Carole Ford, Lorrain Ford, Beulah Ford, and Janice Ford; 17 grandchildren; and 16 great-grandchildren.

KING, Marilyn Betty—90; b. Dec. 22, 1928, in Long Cove, Maine; d. Apr. 24, 2019, in Redmond, Ore. On June 7, 1953, she married Marvin King at the Fullerton Adventist church in Calif. When her youngest daughter was a teenager, she went back to college to pursue a nursing degree. She earned a Bachelor of Science degree in Nursing at Atlantic Union College in Lancaster, Mass. She is survived by her daughters, Kristen (Ronald) Garland and Julie (David) DeOcampo, both of Redmond, Ore., Jacquelyn (Rodney) Fitch of Napa, Calif., and Linda Cooper of Sausalito, Calif.; eight grandchildren; six great-grandchildren; and one greatgreat-granddaughter.

NELSON, Vernon J.—53, b. Oct. 30, 1965, in Athol, Mass.; d. May 11, 2019, in Athol, Mass. He was a lifelong member of the Athol church and he participated in mission work. He was a graduate of Union Springs Academy in Union Springs, N.Y. (1984), attended Southern Missionary College (now Southern Adventist University) in Collegedale, Tenn., and Andrews University in Berrien Springs, Mich. He is survived by his mother, Florence June Bass

Nelson of Clinton, Mass.: six siblings. Victor (Linda) Nelson of Hillsboro, Ore., Lorraine (Frank) Worrell of Mechanicsville, Va., Kathy (David) Kyburz of Coaldale, Colo., Linda (Rick) Layton of Crofton, Md., Debbie (Carl, Jr.,) Bruso of Clinton, Mass., and Rebecca Willhelm of Jessup, Md.; and many nieces and nephews.

PARKER, Elizabeth Elaine—89; b. Apr. 20, 1929, in New Durham, N.H.; d. Apr. 11, 2019, in Biddeford, Maine. She was a long-time member of the Portsmouth church in Portsmouth, N.H. She married her husband, Robert Parker, in 1948, a marriage that lasted more than 70 years. Her husband predeceased her on Feb. 21, 2019. She is survived by a son, William Parker of Middleton, N.H.; and a daughter, Bonnie (Kenneth) Gagnon, also of Middleton, N.H.; and four grandchildren, Steven, Matt, Nickolas and Kelly Gagnon.

THOMAS, Morley J.—92; b. Feb. 19, 1927, in Presque Isle, Maine; d. Mar. 12, 2019, in Yarmouth, Maine. He served in the U.S. Army during WWII. He was a member of the Brunswick church in Brunswick, Maine, and was active with the Northern New England Conference Pathfinder clubs. He worked at Parkview Adventist Hospital in Brunswick, where he also was manager of the X-Ray department for more than 35 years. He is survived by his wife, Barbara J. Hall Thomas of Brunswick, Maine; two sons, Guy (Nancy) Thomas of Litchfield, Maine, and Aubrey (Lora) Thomas of Oklahoma; a daughter, Jeanne (Eric) Pierce of Topsham, Maine; a sister, Thelma Wilhelmsen of Nebraska; nine grandchildren; and two great-grandchildren.

OBITUARY SUBMISSION

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ANNUAL FALL RETREAT

New York Conference Women's Ministries

October 25-27, 2019

Come to the Table . . . all are welcome . . .



Denise Reinwald Member Pennsylvania Conference



Collegiate Track (Ages 18-21) Erica Iones

Women's Ministries Assistant Director North American Division

Watson Homestead, Painted Post, New York • www.sdawm.org

BORDOVILLE Seventh-day Adventist Church Annual Anniversary

September 21, 2019



Speaker: Jud Lake
Professor
Homiletics and Adventist Studies
Southern Adventist University
Director
Institute for the Study of Ellen White
and Adventist Heritage

Sabbath School starts at 9:30 a.m. Worship Service at 11:00 a.m. An afternoon service is planned.

Bring a dish and enjoy the fellowship dinner.

For more information, contact

Cornel Preda, Bordoville church pastor (802) 487-4632 or cornelpredasda@yahoo.com

6491 Chester A. Arthur Road West Enosburg, Vermont

Northern New England Conference

ANNUAL FALL PRAYER RETREAT

Camp Lawroweld, Maine

October 10-13, 2019

"Bring Back the Glory"

Join us in the beauty of Maine's fall colors with Randy Maxwell, pastor, author, and prayer leader, as he leads us into a deeper understanding of God's glory and His end-time church.



Maxwell has written many books on prayer and spiritual growth, including *Boot Camp for the Last Days*.

Don't miss this deeply spiritual retreat for the entire family.

Download the flyer at

www.nnecprayerministries.com

For more information,

e-mail kellyv@inverity.org or call (207) 314-7546.



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