Northwest Adventists in Action Control Control

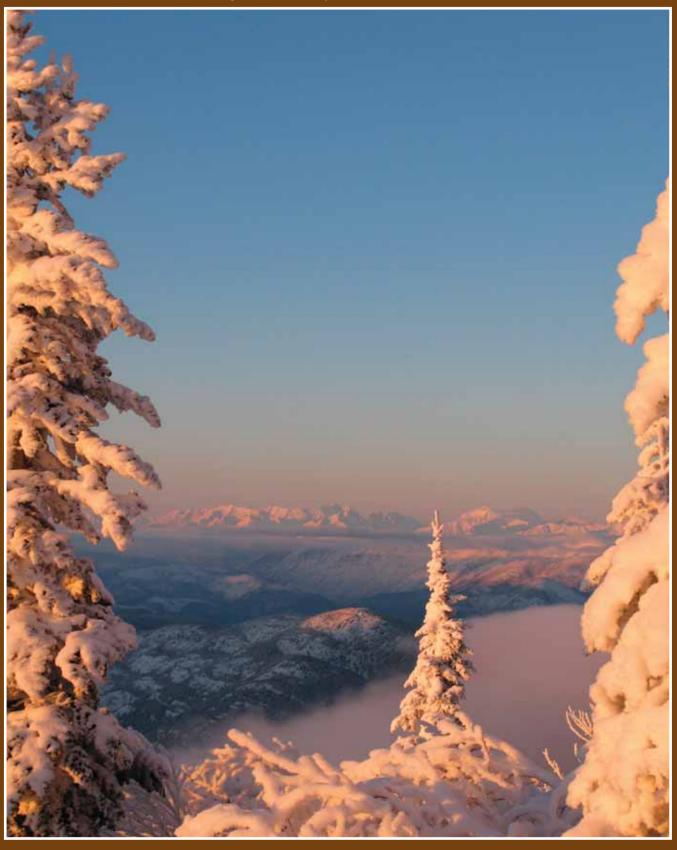
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RIGHTEOUS ROOTS



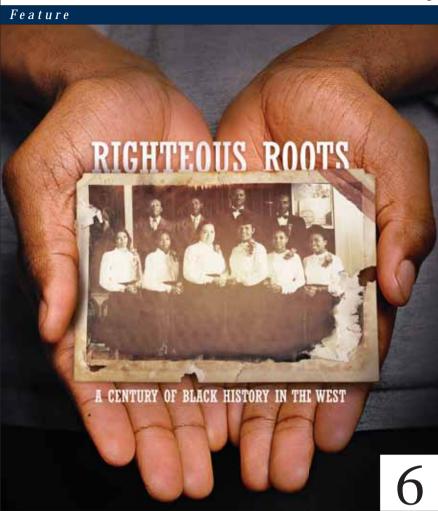
A CENTURY OF BLACK HISTORY IN THE WEST

www.GleanerOnline.org



He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun.

PSALM 37:6 (NIV)



Health

HealthyChoices

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With Don Hall

Nuts Decrease Heart Disease There's More to Sodium Than the Salt Shaker Lower Your Heart Attack Risk



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GLEANER STAFF
Editor Steven Vistaunet
Managing Editor Cindy Chamberlin
Intern CJ Anderson
Copy Editor Lisa Krueger
Advertising and Copy Coordinator Desiree Lockwood
Design MCM Design Studio, LLC.

CORRESPONDENTS

Alaska John Kriegelstein, alaskainfo@ac.npuc.org
Idaho Don Klinger, idconf@idconf.org
Montana Archie Harris, info@montanaconference.org
Oregon Krissy Barber, info@oc.npuc.org
Upper Columbia Conference Jay Wintermeyer, ucc@uccsda.org
Washington Heidi Martella, info@washingtonconference.org
Walla Walla University Becky St. Clair, becky.stclair@wallawalla.edu
Adventist Health Shawna K. Malvini, info@ah.org

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46 Integrity for Such a Time

In this issue we feature highlights of 100 years of ministry by and for African Americans on the West Coast, and specifically in the Northwest. The front cover features a vintage picture of the Sharon Church in Portland, Oregon, taken around the time of the church's conception. The photo — Usher Club captures the characteristic dignity this generation felt for their new church.



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LITHO U.S.A

Never in My Lifetime

"Let's be ready to shout with the waiting saints, 'Lo, this is our God, we have waited for Him. This is the Lord, He will save us."

his February's black history celebration will be a heightened one of joy and pride as a defining time in history for African Americans and people of color in the United States.

On January 20, 2009, Barack Obama was sworn in on the steps of the U.S. Capital as the 44th president of the United States, and the first African American to hold such a position. To many, he fulfills the dream of the late Martin Luther King Jr. as he foresaw a time when blacks living in this country would not be judged by the color of their skin but by the content of their character.

"Never in my lifetime!" resounded over and over again from both young and old African Americans reflecting on Obama's victory over Senator

McCain the night of November 4, 2008. They were amazed at the outcome of this historic event—something they never thought to witness in their lifetime.

This past year we celebrated 100 years

of the Adventist work in our African-American churches on the West Coast. The rapid growth of the Adventist message among blacks from San Diego, California, to Anchorage, Alaska, from Tucson, Arizona, to Spokane, Washington, has caused many of the early pioneers of

the work who are still living to say they never dreamed they would see so much accomplished in their

lifetime, given the racial obstacles they had to overcome.

This vision of the work among African Americans was outlined over 120 years ago by Ellen G. White in her book *The Southern Work*. In her writings, she let us know how God viewed people of color. "All are one in Christ; birth, station, nationality or color cannot elevate or degrade men. The character makes the man."

This vision for the work among the colored people led many pastors and Bible workers to head West with the Adventist message, going where many were reluctant to go at first. (See this month's feature beginning on page 6.)

While we celebrated the first African-American president in the White House as a sudden unexpected rise to the highest office in the land, I believe the Second Coming of Jesus will be just as surprising to many.

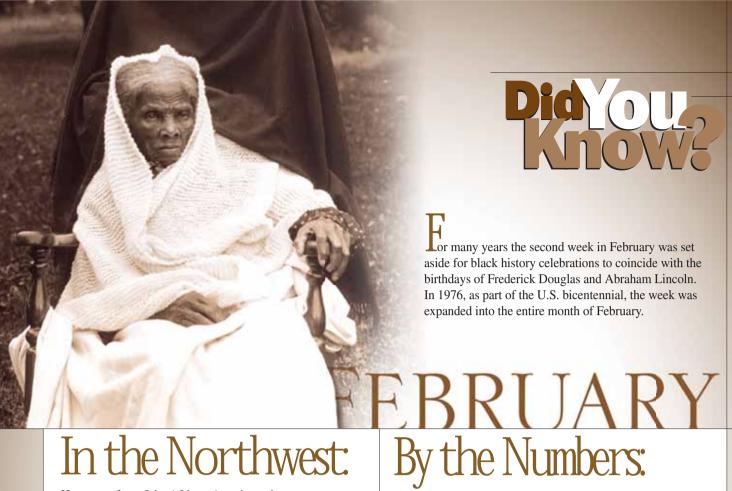
We've talked about it for a long time, yet many still do not believe Jesus will come back in their lifetimes. As with the servants in the parable of the talents, the Lord will return at a time when they least expect him.

Yet with God all things are possible, for He holds the world in the palm of His hand. Let us not be surprised when we see the King of Kings coming in our lifetimes.

Rather than "never in my lifetime," let's be ready to shout with the waiting saints, "Lo, this is our God, we have waited for Him. This is the Lord, He will save us." •

Alphonso McCarthy

North Pacific Union Conference vice president for regional affairs



Here are a few of the African-American pioneers among Northwest Adventists:

Zetty Holly Green, a member of the Tacoma (Wash.) Mt. Tahoma Church, was the first student

from a NPUC black church to attend Walla Walla University in 1954.

Freddie Mae Hurd Gautier, daughter of black Northwest Adventist pioneers, Fred and Minnie Hurd, became a well-known civil rights leader and personal friend of Martin Luther King Jr., Ralph Abernathy and Jessie Jackson.

Ben McAdoo was

a charter member of the Seattle (Wash.) Shiloh Church and the first African American to maintain an architectural practice in Washington. McAdoo also served as NAACP Seattle chapter president, hosted a weekly radio show, and designed approximately 20 Northwest Adventist churches. 24—States where blacks make up the largest minority group.

2.4 million—The number of black military veterans in 2007. This represents the largest minority group.

1.2 million—The number of blacks 25 years and older with an advanced degree in 2007.
This includes master's degrees, doctorates, medical and law degrees.
In 1997, just 717,000 blacks had this level of education.

27 percent—The percentage of blacks 16 and older in management, professional and related occupations, including 49,730 physicians, 70,620 postsecondary teachers and 57,720 CEOs.

Source: U.S. Census Bureau

FAITHFUL FRUITS 100 YEARS OF

his year marks the 100th year for the beginnings of gospel ministry among African Americans on the Pacific Coast. Throughout the century black evangelism and church growth in the Northwest have faced a myriad of challenges including: small numbers relative to the general population; racial misunderstandings—both within and without the church; anti-Adventist sentiment; and minimal resources. Yet God has used men and women of vision to establish strong roots for churches still growing today.

Ministry to African Americans on the West Coast began in earnest with Jennie Ireland, a white Bible worker, who gave Bible studies to Theodore Troy, a black postman in Furlong Tract of Los Angeles, California. The Furlong Church was organized in 1908 and stands today as the 1200-member University Church in Los Angeles.

Ten years later, those gospel roots pushed tendrils north to Seattle, Washington.
Delegates to the Washington Conference Biennial Constituency Session of 1918 held a spontaneous planning session on evangelism to minority groups in the Puget Sound, including Native Americans, African Americans, Chinese and additional immigrant groups.

In response to that session, the conference executive committee voted on March 17, 1919, to hire a black minister to develop the work. A small group of African Americans meeting in the central district of Seattle was organized into a church on Sabbath, July 12, 1919, as the Lake Washington Church.

Unfortunately, the flicker of a bright future for the black work in Seattle dimmed as quickly as it had begun. The church closed in 1921. The promise of a full-time worker was to wait another 24 years for fulfillment, at the conclusion of the next World War.

In the summer of 1944, a group of African-American members of the Seattle Central Church began meeting in the home of Fred and Minnie Hurd at 21st and East John streets to pray for God's guidance in reach-

1901 The Furlong Church was established in Los Angeles

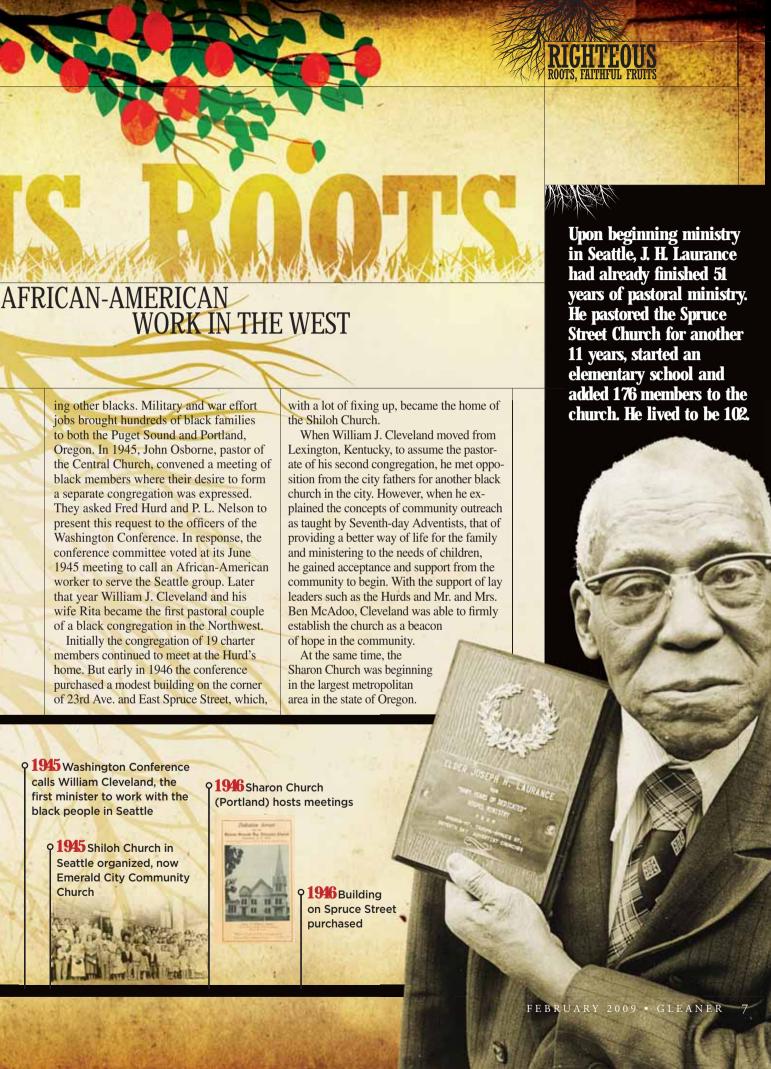
1918 Washington Conference plans for minority group evangelism and constituency session votes to hire a black minister

• 1919 Lake Washington Church organized in Seattle 1920 Group in Lake Washington meets regularly

1943 Branch Sabbath School for Portland-area African Americans meets (beginning of the Sharon Church)

1944 A small group of black believers meet in the home of Fred and Minnie Hurd in Seattle







Groundwork for the church in Portland began in 1943 when Anna Kinchon, Ann Taylor and Mozetta Noell were convicted a church to reach black people should be started. With guidance and approval from Lloyd Biggs, Oregon Conference president, they started cottage meetings and a branch Sabbath School. The group had eight members in June of 1946 when they were given company status. By October of that year they were made a church with 26 charter members and a new pastor. Preston W. McDaniels. Charter members included Shannon and Robert Goodwin, Anna Kinchon, Zetta Holly and others.

Pastor McDaniels quickly found a vacant church on the corner of Vancouver and Knott streets to rent with an option

> to buy. The building had a damaged roof and was in need of

renovation. But it was a place to start. Members made sacrificial pledges and completed the project just in time for the church's organization on October 5, 1946.

It is evident the new congregation embraced the missionary vision of the Adventist Church and worked hard during those early years. By the end of 1948, the Sharon Church showed an increase of 53 members during their first two years of existence. Pastor McDaniels conducted evangelistic meetings with the aid of his wife, an accomplished pianist, and Justine Reed

Bishop, a gifted Bible worker and singer. In those days, meetings lasted as long as 12 to 16 weeks. A flier from the 1948 meetings advertised intriguing topics, such as "Who Made the Devil," and "How Far is Hell

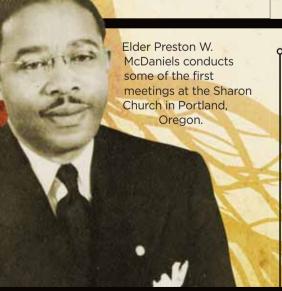


USHER'S CLUB—THIS VINTAGE PICTURE SHOWS THE PRIDE SHARON MEMBERS HAD FOR THEIR NEW CHURCH

> From Portland!" The flier promised "sweet, soul-stirring music," and encouraged attendees to "come early and enjoy a great musical feast."

By the fall of 1950, when McDaniels

Ben McAdoo, Shiloh Church charter member, became the first African American to maintain an architectural practice in the state of Washington, designing about 20 Northwest Adventist churches. He also served as president of the Seattle chapter of NAACP.



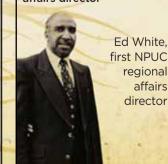
9 1948 Sharon Church grows to 53 members

o 1950 Sharon grows to 100 members and Elder J. H. Laurance gives "Revelation for Our Times" meetings

Lorenzo Daniels was the first African-**American** colporteur to serve in the North Pacific Union

1963 Mount Tahoma Church (Tacoma, Wash.) established

1977 NPUC appoints the first regional affairs director



o 1979 Maranatha Church begins

(Seattle)

accepted a call to pastor in New Haven, Connecticut, the Sharon Church had grown to nearly 100 members. J. H. Laurance, a seasoned evangelist and founding pastor of the Glenville Church in Cleveland, Ohio, was invited to run a series of meetings entitled "Revelation for our Times." Laurance, although small in stature, was a powerful and charismatic orator—preaching without notes and quoting scripture by memory. As a result of the meetings, 14 people were baptized, with many more preparing for baptism. Laurance was destined to return to the Northwest as pastor of Seattle's Shiloh Church in 1952. He soon purchased a more suitable building and changed the name of the Shiloh Church to the Spruce



roots of the work among African Americans in the Northwest demonstrates growth is possible



THIS WAS A MISSIONARY VOLUNTEER GROUP FROM THE EARLY SHARON CHURCH IN PORTLAND, OREGON.

- · Lay members meet the needs of hurting people in the community.
- Pastors put forward an active plan of personal and public evangelism.
- Colporteurs and lay Bible workers take the gospel into the homes of interested persons.
- The church exudes an attitude of loving acceptance for new and nonmembers.

While we celebrate the righteous roots that have brought us thus far, we also look forward to the promise of faithful fruit today and until Jesus returns. •

Byron Dulan, Washington Conference outreach ministries director writes from Bellevue, Washington.



o 1980

Ephesus Church (Pasco. Wash.) established 1981 Spokane East Central Church founded

> o 1986 Anchorage (Alaska) Community Church begins

1991 Your **Bible Speaks** (Portland) established

91987 NPUC appoints

the second regional

Wayne Shepperd Jr.

affairs director

1992 Breath of Life Church (Seattle) organized

2002 Love of Life Fellowship Church (Federal Way, Wash.) founded

Q 2002 Open Bible Fellowship Company (Lakewood, Wash.) organized



2003 Oromo Group (Portland) recognized

2004

Lighthouse Christian Fellowship Group (Woodinville, Wash.)

o 2009 Work continues to grow

VORLD NE ROME **Vatican Separates From Italian Law** The Vatican will no longer automatically adopt any law passed by the Italian government. The Papal Office issued a statement saying many of Italy's civil and criminal codes conflict with Roman Catholic Church principles. Vatican City State, the smallest sovereign state in the world, will now adopt Italian laws on a case-by-case basis. Source: www.christianpost.com COLUMBIA **ADRA Responds to Volcano Eruption** The Adventist Development and Relief Agency provided emergency food parcels to more than 300 displaced families after Columbia's highest volcano. Nevado del Huila, erupted in November 2008. This eruption affected an estimated 12,000 people in the region. ADRA coordinated their efforts with the Columbian Red Cross specifically providing aid for families with disabled members, elderly citizens and households lead by women. Source: Adventist News Network BRAZIL São Paulo Passes Religious Freedom Charter Adventists in Brazil say they are encouraged by the passage of the Brazilian Charter of Religious Freedom in São Paulo, the nation's largest and most influential city. The document is meant to draw attention to the legal defense of civil liberties and human rights. Church leaders expect other cities throughout Brazil to pass the charter as well. Though the population is predominantly Roman Catholic, Brazil is considered among the top countries in the world in terms of religious freedom. Source: Adventist News Network 10 GLEANER • FEBRUARY 2009

WS BRIEFS INDIA Christians Still in Hiding Despite the presence of paramilitary forces throughout Orissa, India, hundreds of people, including many Christians and Hindus, are believed to be still hiding in the region's forests. They continue to fear a return to the violence that swept through the region last year, following the murder of a radical Hindu leader. Although there have been no reports of violence in months, it is believed more than 8,000 Christians are still living in state-run relief camps. Source: www.christianpost.com MOZAMBIQUE **President Praises Adventist Relief Efforts** The president of Mozambique recently met with Adventist leaders in his country to hear about upcoming church projects. President Armando Guebuza says he favors a partnership between the church's organizations and his country's government so together they can fight poverty and strengthen the moral fabric of society. Mozambique is home to more than 500,000 Adventists, and the church is actively involved in drilling wells, and providing education and infrastructure aid. The government is considering a plan to waive the import tax on items shipped into the country for Maranatha projects. Source: Adventist News Network FEBRUARY 2009 • GLEANER

ACCION

DE PANDILLEROS A HIJOS DE DIOS

ampa, Idaho. Cuando el joven pastor Harold Altamirano hizo el llamado, más de veinte jóvenes se pusieron de pie expresando su deseo de entregar sus vidas al Señor. Veinticuatro horas más tarde, el sábado 15 de Noviembre del 2008, seis jóvenes descendieron a las aguas bautismales como fruto del trabajo de un antiguo líder de pandilla y traficante de drogas.



El pastor Harold con sus nuevos hermanos en Cristo. Nuevas almas para Cristo.

El día cuando su hijita melliza pereció bajo las llantas del vehículo que él mismo conducía, Gustavo se enfrentó a un terrible dilema: seguir confiando en ese Dios que supuestamente lo guardaría de todo mal, o volverse a su antigua vida: la de las pandillas y el vicio. Gustavo optó por lo primero. Entonces oró: "Señor, quiero ser instrumento tuyo para arrebatarle almas a Satanás". Doce meses después de esa oración, el Señor le ha provisto no solo un hermoso edificio donde ministrar, sino un trabajo de tiempo completo

rescatando jóvenes de las pandillas y del vicio. Seis de ellos entregaron sus vidas a Jesús ya. Se está trazando planes ya para que The Way Ministries se convierta en la primera iglesia adventista hispana para jóvenes en el área de Nampa, Idaho. La próxima vez que usted ore, por favor recuerde el ministerio de Gustavo Sánchez y a estos seis jóvenes recién bautizados. Ellos están soñando con hacer grandes cosas para Jesús. •

Edwin Lopez, dirigenete de las iglesias hispanas de Idaho



Grupo de jovenes entregando su vida al Señor.

ALASKA

Bible Worker's Testimony Fuels Passion for Evangelism

Tony Sherman recently presented an evangelistic series for the Delta Junction community. Sherman is a young Bible worker who worked with the local pastor and is now providing spiritual leadership to the Adventist group; the full-time pastor was recently transferred to the conference office.

Sherman's testimony of God's intervention in his short years is compelling. "If you drive fast enough you can take a long journey in a very short period of time," says Sherman. "This is how my walk with God has progressed. It has been hard for me to come to accept that no aspect of my life aside from what I surrender to God can bring me genuine peace."

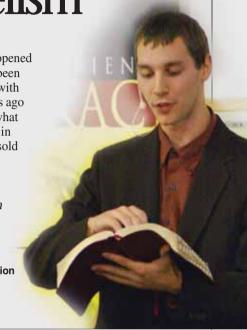
While driving from Oregon to Delta Junction, Alaska, Sherman found himself falling asleep at the wheel and telling himself he didn't care anymore. He awoke moments later and realized he had driven down a hill and across a bridge while sleeping. "It hit me for the first time, God cares about me, and He wants to do something with me." After returning home, God continued to work on Sherman to give all to Him. God gave him the strength to

make decisions for Him.

"Since then, God has opened the doors for me. I have been able to serve God in joy with true purpose. If five years ago someone had asked me what life would be like for me in the future, I would have sold myself so short." •

John Kriegelstein, Alaska Conference communication director

Tony Sherman, Delta Junction Bible worker, presents an evangelistic series for the community.



Christmas Program Comes Alive

Mary Lee Campbell, choir member, waited for the director to give the cue. The Anchorage Northside Church had practiced and prepared for weeks for this Christmas program. This year celebrated Campbell's 87th year. She has been active in the church for many years teaching child and adult Sabbath School classes, singing in the choir and greeting.

Campbell has lived in Alaska for more than 60 years, raised her family and recently celebrated her 66th wedding anniversary. As she has done so many times before, she sat, ready to give praise for the birth of Jesus as celebrated in the Christmas program.

Waiting in the wings of the church were Kristi and Aaron Jordan with their infant daughter, Hannah. The two agreed to be realistic representatives of Mary, Joseph and Jesus. "I found myself thinking what it would have been like to be Mary," says Kristi. "I think I would have held Jesus the whole time. I don't think I would have wanted to lay Him in the manger."

The program, written and directed by Cheryl Dunn, member, included an adult and children's choir, as well as a narrative. •

Kristi and Aaron Jordan admire "Baby Jesus," actually their daughter, Hannah, in the Christmas program at the Anchorage Northside Church.



Volunteers Rally for Computer Technology

hen Brian Setterlund, Gem State Adventist Academy's new network administrator, arrived on campus he found a Windows 2000 operating system and many vintage 1998 computers.

To help Setterlund and the school, several friends of the school met a few weeks later and began planning a dinner auction to raise funds. In just two short months, the volunteer team acquired 90 quality donations, with items such as: a signed Boise State University Bronco football, a white-water raft trip, an airplane flight to McCall, Idaho, with dinner at the Shore Lodge Inn, an exquisite hand-carved bird,



The 2008 Gem of Gems auction organizing team, from left; (back) Laura Bohlman, Ruthie Engelhart, Tori Mace, Sandy Schnell, Jon Kattenhorn, Shari Krall, Peter McPherson; (front) Zendi Meharry, Edgar Edge, Yvonne Iwasa, Kathy Burton, Jeanette Kattenhorn, Linda Klinger. Not pictured: Tracy Cook, Suzette Maxwell.

a golf outing at SpurWing Country Club, and box seats at the Morrison Center for the Performing Arts.

Eighty-five eager supporters purchased tickets to the first Gem of Gems Auction Gala held on Nov. 16, 2008, at the

SpurWing Country Club. This elegant and memorable event generated more than \$20,000 for computer technology and when, toward the end of the evening, the auctioneer made a "call to the heart," those eager bidders contributed an additional \$4,500 for worthy student scholarships.

The Gem of Gems planning committee is already working on the 2009 event. Their vision is to ensure GSAA students have every opportunity to prepare themselves to be leaders in the 21st century. •

Linda Klinger, GSAA director of development

Pacific Press Sets Up Library

At Mexico Orphanage

aria Clara likes to read. Abraham loves to ride his bike. Ramiro wants to become a policeman, while Gabriela studies hard and dreams of becoming a psychologist. For the orphans at Hacienda Navojoa, Mexico, these aspirations just became a little more attainable, thanks to the vision and hard work of volunteers from Pacific Press Publishing Association.

Chuck Bobst, vice president for Pacific Press production and mission outreach organizer, recently returned from a mission trip to Mexico. Along with

his team, Bobst decided to create a library for the children, including a well-equipped study center. With computers donated by Pacific Press, and hundreds of books also donated by Pacific Press and others, these modernday missionaries worked hard, installing shelving, desks, computers and wireless access.

"Once you've been on a mission trip," says Harold Curtis, "you understand what draws you back again and again. It is the people." And although there is always more to be done, with God's blessing and the hard work of the mission team, the

orphans at Hacienda Navojoa now have a few more tools to help them become what God has called them to be.

For information regarding mission trips, you can contact the Office of Adventist Mission at the General Conference at (301) 680-6005 or find out more at www. adventistmission.org.

Karen Pearson, PPPA director of publicity

Orphans enjoy new books in the refurbished library at Hacienda Navojoa in Mexico.



The Krums, a missionary family, sing during Mission Emphasis Sabbath.

The Eureka Church celebrated the completion of their church with an August open house for the community, church members and volunteers. John Loor, Montana Conference president, attended. They also invited Maranatha and other volunteers who helped with the church. Later this fall, they had a marriage seminar by Tom and Alane Waters, church members, who have a family ministry called Restoration

Eureka Celebrates

International and were featured on *Marriage Matters*.

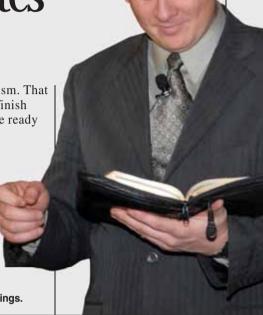
During the year, there was a Mission Emphasis Sabbath when everyone who had gone on a mission wore clothes appropriate to the mission and gave a testimony. The church also has an adopta-missionary program, making cards and crafts for missionaries overseas.

They finished the year with a six-week evangelistic series, and had requests for

baptism and re-baptism. That means they need to finish the baptistery, and be ready for 2009. •

Angela Poch, communication leader

Jim Poch, church member, answers Bible questions presented every night at the evangelistic meetings.



Mt. Ellis Academy Holds Week of Prayer

Week of Prayer at Mt.
Ellis Academy began the last week of October 2008, with the praise band leading song service. Barry Curtis, pastor, was the speaker. Curtis focused on the humanity of Jesus, speaking about the experiences he had, while relating to students and what they go through. Later in the week Curtis spoke about having to chose who to serve and making wise choices.

It was an amazing week, and it had an impact on students. During the week there were many times when students could feel God's presence. In addition, the music helped add



to the sense of worshipfulness.

At first, most students couldn't get into the worship, however, by the end of the week many were singing along and enjoying the experience. God's hand was working as they concluded the week.

Ray Jimenez IV, MEA junior

Barry Curtis, pastor, delivers the Week of Prayer at Mt. Ellis Academy.

Jeans Fund Mozambique Mission

It was when the Redmond Church started raising funds early last year to help build a church in Chinonaquila, Mozambique, that Greg Haskin, church elder, decided to go and work on the church himself. The Redmond Church collected almost \$15,000 to help with the construction and to drill a well and by March 2008, the church got word that the church in Mozambique had been completed and dedicated.

However, that news didn't stop Haskin from wanting to help in Mozambique, so in July Haskin flew there to help.

To generate travel funds, Haskin and his wife Linda made quilts from used jeans and those monies plus other unexpected funds enabled him to make the trip.

Haskin also used the money to purchase 180 Bibles in the Portuguese language and the first Sabbath he was there, six church groups met and he was able to give them out.

Haskin spent a busy two weeks, working and seeing the results from his labors and the money from his church. While he was there, he saw the well that had been drilled, supplying clean drinking water in Chinonaquila for the first time.

Ben Grant, Redmond Church head elder Greg Haskin, elder, presents a photo of the Redmond Church and its members to the elder of the Chinonaquia Church just before handing out Bibles.

Maranatha volunteers drilled the well at Chinonaquila. It was the first well to have a pump installed.



Kelso-Longview Hosts 6,000

While the "weather outside was frightful..." at times with rain and biting cold, nearly 6,000 people made the journey from around Southwestern Washington for the 12th annual Journey to Bethlehem at the



months of planning, building and expanding leading up to the four-night event, guests were again treated to the experience of being transported back in time to the first Christmas. The expanded set meant an expanded cast, so seamstresses were busy sewing new outfits and preparing old ones for more than 150 people in costume. Cast members, combined with greeters, technical, security, food service, fire-tenders, and child care staff brought the total number of people to more than 200.

Mike Bighaus carefully planes one of the legs for a Bethlehem stool.

During the busy holiday season, why would 200 people sacrifice so much time for building and maintaining the set, organizing and training crews, showing up for rehearsals and performances? It's simply the church's gift to the community. Nearby residents are constantly amazed at this free event, so carefully executed. It is also a gift the church gives to themselves; as they serve together, their purpose and mission stay clearly in focus. •

Linda Wilson, church office assistant



David and Audrea Bighaus hold the baby Jesus.



Orchards Church

Takes its Trailer on the Road Again

he Orchards Church touched more lives this summer through its pioneer program, Sidewalk Kids Hour. With the help of 10 high school and college students, the program, started in 2007 by Wendy Stalcup, was expanded this year to two neighborhoods each day and presented a lively children's program, filled with music, drama, puppets, object lessons and stories of God's love. Unlike a traditional Vacation Bible School, which invites children to a church, the Sidewalk Kids Hour team made weekly trips to two locations over the course of eight weeks. Children only needed to watch for the big red trailer to roll in to know another hour of fun and learning was on the way.

Drew, a young fan of the program, enjoyed Sidewalk Kids Hour because, "It's fun and you can learn about Jesus



Orchards Park was the site for the Thursday afternoon edition of Sidewalk Kids Hour, where the church comes to the children.

and you can have a great time."

John Wesslen, Orchards Church pastor, enjoys watching people return to the program who have attended in past years.

Last summer there was a couple who were living in a camper in the park who would come to the programs and enjoyed them. This year they both have jobs and are living in an apartment. "They were at the meeting tonight and helped us put things away," says Wesslen.

Some families even traveled to both programs in order to enjoy the free programming and meals. Shannon Lindberg has five children ages 12, 10, 6, 3 and 2. "They enjoy the

skits, the prizes and the games," Lindberg explains. "It gives them something to look forward to. We get up in the morning and say, 'Today is Tuesday and church is having pizza,' and they know it is church day." •

Rachel Scribner, former taskforce worker

Local Band Gives Benefit Concert

On Aug. 5, 2008, a helicopter transporting firefighters from the remote Buckhorn Fire in Trinity County, Calif., back to base camp crashed shortly after takeoff. Of the 13 passengers, nine were killed and four were seriously injured. Seven of the nine people killed were firefighters.

To help the families affected by this tragedy, Tim Knott, Valley View Church member



held a benefit concert. Knott combined his experience as a firefighter with his musical gifts to put together a heartfelt public service, including his band Replica (a local Adventist band), and two other bands (Chris Martinez and Temple of God). The three bands performed on Nov. 2, 2008, in the Compton Arena at the Jackson County Fairgrounds and Expo Park in Central Point, Ore. The money raised was distributed among families of the crew. •

Tim Knott, Valley View Church member

Whipple Creek Youth Raise Money

he Whipple Creek Church in Ridgefield, Wash., has been eagerly anticipating the day when they have an occupancy permit in hand and can walk into their new sanctuary and begin holding services. However, fulfilling all of the requirements for the permit has taken time and resources. and they still are waiting to complete it. The classrooms are completed and in use, and the original Ridge Dell Sanctuary is remodeled and used as the main sanctuary. Whipple Creek was formed when the Hazel Dell and Ridge Dell churches joined. It has worked well and benefited both groups. The goal was to do as much of the work as possible, and not incur any more debt than needed.



Several members of the Philpott family (Lindsay, Stacey, Kelly and Mike) perform.

Recently, the church's monthly newsletter had an article about the money needed to meet the county's requirements. Jamie Houtchens, a 14-year-old girl, read about

it and with her mother Shelly, decided on a plan to raise money. Jamie is an accomplished pianist and sings and plays in a bell choir. So she took the lead in persuading her friends to join her in this endeavor. The group had a two-week time span to plan, practice, and present their concert. Not everyone's schedule allowed them to participate and the night chosen for their program had to be changed because of a conflict with a previously scheduled Pathfinder event.

In spite of setbacks, the event was a huge success. When the offering was counted and reported at the close of the program, over \$2,530 was collected. The look on Jamie's face and the stars in her eyes were thanks enough to those who gave. •

Euna Givens, Whipple Creek Church communication leader

ShareHIM With Shared Pulpits

At the 2008 Oregon Camp Meeting, Robert Folkenberg encouraged local churches to use his media presentation *Share*HIM. Two local church members decided to take up the challenge: Jim Reynolds, small groups and Bible study leader at the Gladstone Park Church, and Gina Stark, Sabbath School superintendent from the same church.

The meetings were held daily, except for Wednesdays and Sundays at the Gladstone Park Church Oct. 20, through Nov. 8, 2008. The presenters were Reynolds and Stark.

"All in all, the *Share*HIM program is a very spiritual experience for everyone involved." Reynolds remarks. "I've found that my own walk with God is strengthened even more."

"I read through a few of the Power Point slides and thought it wouldn't be too bad, but little did I realize all the time and effort it would be. It was all worth it when my husband said the meetings drew him closer to Jesus," Stark adds.

There were more than 20 people who were not church members who came to the

meetings and several who are joining in Bible study groups. Ingrid Whitbeck, church member, says, "If I would have known how good the *Share*HIM meetings were, I would have invited more people." As it was, she and her husband Jim have been bringing a guest to church, who attended all the meetings.

"Well," Shawn Feather says, "I have been unclear about what the true Sabbath is, and the speakers cleared that up for me. I'm planning to be baptized."

Bob Uhrig, pastor, says

he appreciated the support the congregation gave in coming to the meetings. •

Richard Cook, Gladstone Park Church communcation leader



Ty Gibson presents Triple Dose, a new series of talks about the love of the Father, Son and Holy Spirit.

Trimeeting Bearers Microscopic of a new spresented of a new spirit of a new spirit of the Friday of the Fr

Cottage Grove Church Hosts New Series

The Cottage
Grove (Ore.)
Church hosted
Triple Dose, a series of
meetings. Ty Gibson, Light
Bearers Ministry director,
presented his first presentation
of a new series: Triple Dose,
Discovering the Love of the
Father, Son and Holy Spirit.

The three-part series opened Friday evening during two days in early January. The first lecture focused on: the Selfless Love of the Father. According to the Bible, God is a triune fellowship of self-giving, other-centered love made up of God the Father, God the Son and God the Holy Spirit.

Sabbath continued with: the Passionate Love of the Son. Participants learned in Jesus, the perfect love of the triune Father, Son and Holy Spirit is personified, clarified and emphasized.

Finally, in the afternoon Gibson presented: the Powerful

Love of the Holy Spirit. Gibson says, "The primary mission of the Holy Spirit is to pour into hearts a continual increasing measure of God's enlightening, empowering love. He does this by not seeking attention for himself, but continually directing our attention to the self-sacrificing life and death of Jesus Christ." •

Donna Koehn, outreach coordinator

CAA Hand Bells Play

For the Portland Marathon

For the fourth year, Columbia Adventist Academy's bell choir participated in the Portland Marathon. From 5:30 a.m. until 10:00 a.m., ringers played and cheered as runners and walkers passed. Many clapped and cheered right back for the bell players. Several shouted out, "Thank you for being here," as they ran.

The bell choir has an extended standing invitation by event organizers to ring at Mile 3 (in front of the Mercedes-Benz dealership) as long as they continue to provide entertainment along the route each year.

"Getting up early and leaving the school by 4:45 a.m. was worth it once we got there and started playing," says Camille Bascetta, CAA senior. "Watching the runners and walkers smile made it fun to play for them, and this experience has inspired me to run a marathon someday."

The Portland Marathon is only one way the CAA bell choir reaches out to their community. For four years, they have played at the Mormon Festival of Nativities, the Bonneville Power Administration Christian Values Month



The CAA bell choir has an extended and standing invitation to play for the Portland Marathon each year.



(representing Christian education), the Veterans Hospital, Southwest Washington Medical Center, and the Ray Hickey Hospice House. Each of these organizations request they be put in the CAA calendar for the following year, every year.

Nita Yuros, bell director, says, "I feel privileged to be part of this outreach. We have a positive impact on many people through the common language of music." •

Lara J. Dowie, CAA GLEANER correspondent

Upper Columbia Office Goes Up in Flames



Lave you ever felt like you didn't know how to move forward? That's how many felt Sunday, Dec. 28, 2008, as they stood and watched firefighters attempt to save the Upper Columbia Conference office building in Spokane, Wash., from a massive blaze.

The fire began before dawn in the Adventist Book Center portion of the building. It triggered the building's fire and intrusion detection system, which in turn notified Bill Skidmore, office manager. Skidmore arrived at the building around 5:30 a.m. to find the bookstore engulfed in flames and fire crews already at work.

Ironically, Skidmore wasn't the only conference employee to receive early word of the fire. Herman Schreven. bookstore manager, learned of the blaze at 5:15 a.m. when his wife, Sandy, a fire district lieutenant, was paged.

In spite of efforts to save the building, two thirds of the building completely burned to the ground. The remaining portion is unusable due to smoke and water damage.

Since the fire, conference employees have been working tirelessly to restore services. Phones and e-mail for the conference were back up and running within 12 hours after the fire was put out. They have also been able to restore access to all the servers which were pulled from the building during the fire.

In addition, there were no injuries, and none of the vault contents were damaged. All critical documents, property deeds, wills, and historical archives were saved. Miraculously, the fire burned right up to the vaults, but stopped before damaging contents. As soon as it was safe, employees moved vault contents to a fire-safe storage company in Spokane.

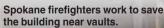
The UCC plans to rebuild in the same location. However, "reconstruction may take up to two years," says Max Torkelsen II, former conference president.

A search for a temporary

office is underway. In the meantime, various conference departments are being housed in several Adventist churches and private homes. Interim department phone numbers and locations are available on the conference Web site, at www. uccsda.org.

"Our goal is to provide services as consistently as possible and to pull together as a team. Your prayers and understanding are greatly appreciated as we adjust to a new way of operating at the UCC office," says Torkelsen. •

Jav Wintermever, UCC communication director



Conference News

Creation Series

Draws Locals

More than 200 people attended a seven-night series on origins at the Moscow, Idaho, Best Western Convention Center the first week of November 2008. The series featured Stan Hudson, pastor and co-host of LifeTalk Radio's Sink the Beagle. Hudson was a University of California geology major. When Christ entered his life, he changed his major to theology, eventually earning a doctor of ministry degree. However, he never lost his love for earth sciences.

Those attending the series included students and staff from the University of Idaho and Washington State University as well as Christians from the community. The first lecture, In

the Beginning, God or Hydrogen? addressed the theory of evolution via natural selection as proposed by Charles Darwin. An overview of the conflict between science and religion was part of the opening night. Attendance was encouraged by the promise of a workbook the second night and free dinosaur teeth to the first 50 attendees on the fourth night (featuring dinosours).

Jason Satterlund, Spokane Valley producer, filmed the series, and a DVD and workbook will be available. For those interested in studying more, a Genesis study at the Moscow, Idaho, Church is available.

Creation evangelism is a passion for Hudson. He believes

it to be a central part of the Three Angels' Messages of Revelation 14, explaining, "any approach to sharing the good news to people in these last days that doesn't include at least a component of the reliability of Genesis' account of origins and the flood is sharing an incomplete message. A judgment hour call lacks power if it doesn't underline the fact that the earth has had a judgment hour call before...with devastating results." •

Stan Hudson, pastor and co-host



The series was entitled In the Beginning... and featured Stan Hudson, pastor and co-host of LifeTalk Radio's *Sink the Beagle*.

Wintermeyer Accepts Communication Position

The Upper Columbia Conference Executive Committee voted Dec. 9, 2008, to invite Jay Wintermeyer to fill the position of communication director. Following discussions with conference administration, Wintermeyer accepted the call.

He is uniquely qualified for the position because of his strong background in print design, video production, Web development and marketing.

Wintermeyer graduated from Walla Walla University in 1996 with a degree in broadcast communications. After graduation, he moved to Wenatchee, Wash., where he managed KPLW 89.5 FM, a Christian radio station operated by Positive Life Radio.

In 2000, Wintermeyer moved to Michigan to head the communication department for Adventist Frontier Missions. His responsibilities included executive editor of their magazine, video production for broadcast television on 3ABN and the Hope Channel, public relations, event planning and Web programming. Most recently, he has worked from home in Farmington, Wash., for companies providing Internet, graphic design and video services.

"Since my beginnings as editor of my high school newspaper," says Wintermeyer, "I've always been inspired by communication excellence. It's what I strive for. I'm honored to work with the Upper Columbia Conference team to further the gospel in the Inland Northwest."

Wintermeyer assumed his new responsibilities in the wake of the blaze that destroyed the conference office on Dec. 28, 2008.

Jay Wintermeyer with village children, during a recent trip to Burkina Faso, West Africa, for the *Poni Province* documentary airing now on 3ABN and the Hope Channel.



Kurt Unglaub

Troy Church Members Help Start Church in Costa Rica

Bajo Tigre (Down Deep in the Earth) and unto the uttermost part of the earth, says Acts 1:8. These words came true for the two Troy (Idaho) Church couples who took their vacations to go to the Caribbean Mission in Costa Rica and conduct a two-week evangelistic series.

Scott Miner, an accountant, and his wife Katie, a registered dietitian, and Otis and Ann Parks, retired ministerial couple with a passion for missions, took this incredible trip into the rainforest of Costa Rica and to the deep canyon of the Rio Pacuare River. It rained 9 inches during the campaign. The road was soon impassable for the



Interpreter Jeanette helps Katie and Scott Miner conduct a two-week evangelistic series.

four-wheel-drive rented vehicle, so a truck was hired to bring attendees to the meetings.

Katie and her interpreter Jeanette presented Jesus to the people, Scott kept the computer and electrical equipment going, Otis was the general organizer, and Ann kept them fed. People decided to follow Jesus. The plan for the Guayacan Church is coming together. It was a

wonderful rewarding time.

Other people who have gone there to minister recently include Jose and Rosa De La O, John and Tonya Hack, doctors Ben and Evelyn Rodreges and doctor Ed Parks.

Donors have given money to help with the purchase of land for the new church. The Troy Church and friends will follow with more money and labor in the new year. If you would like to help with this project, contact Laurie Nelson, Troy Church treasurer at (208) 835-3953. •

Elaine Drury, communication leader

Church Honors Veterans

he Yakima (Wash.) Church held a special service on Sabbath, Nov. 8, 2008, to honor veterans.

Months prior, Beverly Campbell, who had done a similar program in another church, began planning a service to honor veterans. She invited those in the congregation and other relatives, neighbors and friends to attend and participate.

The service featured patriotic music, including the National Anthem, the Pathfinder color guard and a spiritual message by Harry Sharley, pastor. As each veteran's name was read, he or she came to the front to receive a letter signed by former President Bush thanking them for their service to their country. In addition, they got a special frame containing their photo

which had been used in a Power Point presentation by Carl Cottrell. By the time all the names were read, there were 48 veterans (many of them non-members) and family members representing loved ones in active service standing in front.

The service concluded with Rick Sloop, playing taps in memory of those who did not return. All veterans

and families were invited to a special dinner following the service. Plans are underway for another program in two years. •

Nita Hinman, communication leader

More than 45 veterans and family members representing those in active service are honored at the Yakima Church special service.



LUMBI

KHBA can now transmit two channels: 39.1 and 39.2 3ABN and

Stations Make Switch to Digital

If you're a fan of Christian television, you know the digital conversion deadline. Feb. 17, is upon us. In Spokane, Wash., He's Alive TV converted to digital the first week of December 2008. Positive Lifestyle Network (in Lewiston, Idaho, and Clarkston, Wash.) is not planning to go digital, but are increasing efforts to get on their local cable provider. Blue Mountain TV in College Place, Wash., will convert channel 36 to digital.

He's Alive TV Board voted to go digital before the deadline to reach early adopters and purchasers of digital equipment as well as the masses at the deadline. The beauty of digital television is the quality of the picture and the greater the reach of the signal. Joe Stanfill, He's Alive TV station manager, says, "We were able to get our digital transmitter up and running at 50 watts of power. Once we can transmit at 250 watts its reach will be more like a 10,000-watt analogue

transmitter." He's Alive Television has permission to be at full power when they receive some final upgrade equipment and when they are able to move into new quarters.

He's Alive TV will also be able to broadcast two channels simultaneously with their new digital transmitter. As soon as they are back up and running, viewers in Spokane will be able to watch He's Alive TV (local programming and 3ABN) on channel 39.1; and Hope TV (the official Adventist channel) on 39.2.

Positive Lifestyle Network is pushing for cable rather than switching to digital. They have held meetings with the local cable provider to impress upon them the needs of the community. Frank Shuitt, president of the Positive Lifestyle Network board, says, "We are in a retirement community where the retirement centers carry cable and do not pay extra to get the faith and values package. So we have made the cable companies aware of this." 3ABN is

included with the faith and values package but PLN offers local programming on their channel 49 that would better meet the needs of the community. One specific program, Native New Day, will only reach its intended audience if carried on cable.

Blue Mountain TV erected their tower to carry digital signal from channel 36. They have installed a digital transmitter and, weather

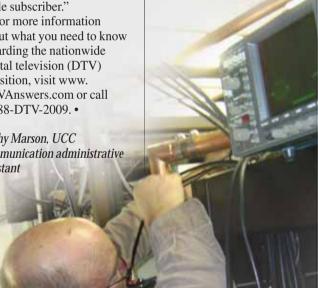
The equipment sits ready to be installed for KHBA's digital transition.

permitting, will have digital transmission long before the February deadline. Blue Mountain is already on cable in their area and working toward reaching out to Tri-Cities, Wash. Dan Thesman, station manager, says, "This is an extremely exciting time for our television ministry, but most importantly, viewers must take action now in order to prepare themselves for digital television. That's because once we switch to digital, they'll need to either have a digital TV, a digital converter box or be a cable subscriber."

For more information about what you need to know regarding the nationwide digital television (DTV) transition, visit www. DTVAnswers.com or call 1-888-DTV-2009. •

Kathy Marson, UCC communication administrative assistant

Joe Stanfill



The engineer for KHBA hooks up

digital equipment.

VASHINGTON

Church Prepares to Battle Bugs...Naturally

remedies for 16 common

demonstrations by registered

nurse Sarah Cowles. Gail

Marsh, another registered

nurse, taught the use and

found in herbs and foods.

closed with a fast-paced

vegetable juice.

Presenter Karen Rushby

introduction to juicing. She

drawings for home remedy

items reinforced the hopeful

theme that we can take charge

of our health despite a climate

of stretched medical resources

satisfied the guest's watering

mouths with sips of garlic-rich

Displays, brochures and free

misuse of antibiotics,

contrasting these with naturally-occurring antibiotics

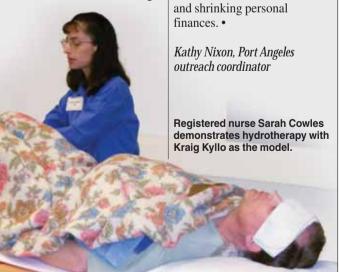
The art of simple home hydrotherapy and poultices came to life with

ailments.

Karen Rushby gives a juicing demonstration.

The promise of "simple, non-drug ways to get and stay well" in the face of winter's approaching cold and flu season brought together a full house of enthusiastic Port Angeles community guests and church members.

Held in the meeting room of the public library on a Sunday afternoon in November, this free class featured four lively presenters. F. Patricia McEachrane-Gross, a medical doctor, set the stage by discussing the immune system and how following each of the eight Laws of Health strengthens it. She also shared self-care and non-drug



Green Lake Gives the Gift of Christmas



Through Green Lake Church's Christmas store, community families were able to "shop" for gifts for the whole family.

ramilies at the Green Lake Church in Seattle have found a positive way to share Christmas with families in the community.

Five years ago, the church started a Christmas store where in-need families, selected by community organizations, came to a Christmas party to "shop" for presents for the whole family, interact with church volunteers, and leave the party with all their Christmas presents wrapped. The store is designed to allow low-income families to shop for Christmas without money.

Green Lake works with three elementary schools, the Boys and Girls Club and the Senior Housing Authority to minister specifically to children and senior citizens.

More than 70 youth and adult church volunteers set up and run

the Christmas store, including wrapping the gifts. The passion and commitment of volunteers grows each year as they help and befriend community families, say ministry leaders.

Besides holiday shopping, guests could go to a craft or game table, celebrate with festive music or have a holiday snack.

"I really felt comfortable here," says one guest. "Everyone was really kind."

The Green Lake Church was able to share 350 gifts with 39 children and eight senior citizens from the community, including sharing 60 wrapped packages with the Ronald McDonald House adjacent from the Children's Hospital.

Jennifer Mehrer, Christmas store coordinator

Students Raise Breast Cancer A-wear-ness

Puget Sound Adventist Academy students are taking the opportunity to raise money and awareness about breast cancer. Every Thursday, students are wearing pink shirts.

To raise money, the school finds a sponsor or sponsors who are willing to donate a predefined sum of money for every person who wears a pink shirt on "Pink Shirt Thursday."

Pink Shirt Thursday has spawned some other great ideas too. For instance, Robert Wheeling, science teacher, thought students should order pink polos to sell on Thursdays to any one who didn't have a pink shirt. The money from the sales would be used to support the whole project.

Howard Munson, Bible teacher, thought it would be possible to tell other schools across America about the project. "This thing could catch on like the LIVESTRONG wrist bands," says Munson.

The whole idea behind the project is to connect everybody by encouraging them to wear a color they might not ordinarily wear. Munson says, "It gives them a chance to think of somebody besides themselves."

Students at PSAA have



Alex Palmer, senior, Howard Munson, teacher, and John Howells, junior, sport their pink apparel in support of Puget Sound Adventist Academy's Pink Thursday breast cancer a-wear-ness program.

caught on to a-wear-ness fundraisers and hope to spread this fundraising project nationwide, noting that the "shirt

project" can be used to support any cause. •

Alex Palmer, PSAA senior

Forest Park Students

Perform for Seniors

Forest Park Adventist Christian School students wearing red, white and blue performed for more than 40 residents and staff at the Sunrise View Convalescent Center in Everett, Wash., in early December 2008.

Under the direction

of music teacher Sandra Clay, the K-8 students performed their Christmas program, An All-American Christmas, for residents. Energetic students told a story and then performed American Christmas carols

by singing, speaking and playing tone chimes.

The students had been invited back to Sunrise View

Forest Park students impress the Sunrise View Convalescent Center residents and staff during a holiday music performance.

Convalescent
Center this year
after performing
last December.
The Sunrise
staff were so
impressed with
the students
that the school
now has a
standing
invitation
to return
anytime.

As one of the activity directors says: "It is so refreshing to have wellbehaved, Christian students perform for our residents." These students not only



brought the joy of the season to these residents, but also learned the joy of giving! •

Sandra Clay, Forest Park music teacher



WASHINGTON

Auburn's Bethlehem Ministry

Unites Church and School Community

The rain is stopping!" squealed 10-year-old Arianna in Auburn, Wash., as she skipped from person to person, announcing that God had answered her prayer and performed a miracle. On the fourth and final night of Journey to Bethlehem, an interactive outdoor drama retelling the story of Jesus' birth, God held back the rain, pouring out blessings from heaven instead.

For the third consecutive year, the Auburn Adventist Academy Church and School have worked together to present salvation's story to the community. With more than 275 costumed actors, 100 support staff, and more than 200 musicians performing



Academy students work side-by-side with church members to build the city of Bethlehem in Auburn, Wash., and to perform in the drama production.

throughout the weekend, young and old alike worked together to touch hearts and lives for Christ.

"We had 5,280 people go through the Journey this year,"

says Wilma Bing, pastor, who is a co-organizer for the event. "To see an entire community of all ages and religious backgrounds working together was really cool."

Keith Hallam, AAA principal, notes: "Any person who wanted to be a part, from the youngest preschooler to the oldest patriarch, was given a job to do."

Journey to Bethlehem served not only as an evangelistic effort, but has also become a bridge event. In addition to advertising upcoming "felt-need" seminars and church ministries, \$5,000 was raised for the South County Outreach Women's Shelter and Auburn Food Bank.

With myriads of memories and miracle stories to tell, the cast and crew of Journey to Bethlehem rejoice in the blessings that come from serving Christ the King. •

Jondelle D. McGhee, AAA GLEANER correspondent

Seniors Create Connections in Mexico

Sarah and her three sons were living in a bus with no heat or plumbing when seniors and sponsors from Puget Sound Adventist Academy met her during a recent mission trip to Mexico.

Sarah's son, Jesús, suffers from epilepsy and complete loss of motor skills, which keeps him from doing most activities aside from sitting. Students offered a prayer for Sarah's family, and specifically for Jesús, as they concluded their visit.

The following day, Howard Munson, PSAA's Bible teacher,

accompanied the Mt. Olives Orphanage director to deliver a stove to Sarah's dwelling. While there, Jesús was standing and walking around, something no one had seen in four years, demonstrating to the student missionaries the power of prayer.

Mission trips are typically life-changing experiences for participants, and PSAA's mission trip in late November 2008, to Uruapan, Mexico, to expand an orphanage was no exception.

After seeing the quality of life in Uruapan and the surrounding area, students

could no longer casually buy whatever they wanted whenever they wanted. Students indicated their world view expanded and their appreciation for family and friends increased, saying the mission trip had a "lasting impact" on their lives.

During the two weeks spent in Mexico, PSAA's missionaries learned from a master mason how to prepare blocks for a waiting foundation, butter the blocks, and finally level them for interior and exterior walls. In addition, students built a small garage, began building a laundry room, painted the existing house and a medical clinic, dug trenches for rain water, and assembled a new trampoline.

Through each task and interaction, the PSAA seniors connected with families in the community, each other and, most importantly, the children in the orphanage. "I would never have thought," says Derek Dizon, PSAA senior, "that I would connect with the kids as much as I did." •

Ellie Manley, Benjamin Harrison, Megan Cleveland and Kierron-de Brown, PSAA seniors

Freshmen Geared for Success

New Mentoring Program at WWU

Mentoring programs and I don't usually mix well, but things changed when I met my Walla Walla University mentor," says Chelsea Wold, freshman social work major at WWU. Wold is referring to the coach assigned to her as part of WWU's new Freshman Success Program.

The FSP was an idea that came to Carolyn Denney, registrar, after hearing about the success of other mentor programs. Experimentally, Denney and Mel Lang, FSP director, put 75 randomly selected freshmen through a mentoring program at WWU.

"The results were positive both in terms of retention and performance," says Lang. "So we decided to expand the program to include all freshmen."

This year there are 313 students in the FSP, mentored by 28 coaches, as they prefer to be called. Most coaches have bachelor's degrees, and several have master's degrees. In total, the coaches spent over 1,000 hours with WWU's freshmen during fall quarter 2008.

"The goal is to improve freshman satisfaction and success," explains Lang. "Coaches provide support contributing to a successful first year. They help students stay on course, direct them to get the help they need, and discuss issues that may be personal, social, academic or spiritual."

Coaches are selected through an extensive interview process. During their first week on campus, freshmen were given biographical sketches of all 28 coaches, and were asked to indicate their top five choices. Most were given their top pick.

KarrLayn Beck has a master's in social work from WWU, and loves what she does. As a coach for the FSP, she has helped nearly 20 students—like Wold—make it through their first quarter of college.

"As a coach, I encourage open communication," says Beck. "I don't do the work for them, but I coach them in the appropriate way to handle difficult situations, with the end goal being that they learn skills that will help them throughout their lives."

Coaches are expected to be in weekly contact with their students. This regularity and having someone to go to in person is invaluable to freshmen.

"KarrLayn is always there, supportive, encouraging, always positive, and in love with Papa God," says Wold. "When I'm down or my faith falters, she's there to help me as a mentor and a friend. I know I can count on her."

Through difficult classes, emergency room visits, arguments with friends, and frustrations about life in general, coaches are there to listen, give advice and offer prayers.

the students learn to trust me as someone they can bounce ideas off of. I love seeing how much they appreciate having someone who cares about the little things they go through. And I love the opportunity to pray with and for them. For me, that is the most rewarding part of this program." •

Becky St. Clair, WWU GLEANER correspondent

Mentor KarrLayn Beck and Chelsea Wold, freshman, discuss this term's classes, including both excitements and apprehensions, over a cup of tea.



Faith In Action

Stirs Tillamook to Action

 $S_{
m ometimes}$ the Lord works in mysterious ways and no one knows better than Mollie Reding, Tillamook County General Hospital employee.

Reding is the volunteer coordinator for the Faith In Action program at the hospital. FIA links the hospital with a coalition of area churches and health/ human service agencies to recruit and deploy volunteers around Tillamook County. As coordinator, she helps organize the more than 60 volunteers who provide services to community members in need. Volunteers visit, run errands, make meals, do light housekeeping and help garden.

"It has been so exciting to be a part of FIA and to see what God is doing through this program. In the short time I have been here I have already seen God's hand at work. He has even reached into my own personal life through FIA," Reding says.

Shortly after she started work as FIA coordinator six months ago, her grandfather passed away. "His last days on this earth were not easy ones. After he died, I thought it would be great for my grandma to have the support of a volunteer. However, I didn't place a volunteer with her because I had so many other new referrals who also needed help."

And so Reding continued her work until, a few weeks later, Mary Welle Sims knocked on her door.

A hospice and FIA volunteer. Sims visited with Reding and told her about a hospice patient who'd recently passed away. Sims wanted to provide support for the patient's wife as a FIA volunteer.

"I assured her that would be great," says Reding. "As she told me more about the couple, I sat stunned, realizing she was talking about my grandparents. My grandma was the woman she wanted to help!"

"We both were in awe of how God had brought us together," Reding adds. "I didn't think there was a volunteer to help my grandma so God had one walk right through my door and say,

FIA program, please visit: 'Here she is!'" www.tcgh.com. • "I am so thankful for Mary.



Mollie Reding, Tillamook County General Hospital FIA volunteer coordinator, organizes more than 60 volunteers who provide services to community members in need.

use the next volunteer." Shawna Malvini, Adventist To learn more about the Health GLEANER correspondent

Mollie Reding (back), FIA director, with She is a caring and thoughtful Punky, the dog; Harlene Johnston, volunteer, and she will Reding's aunt and Irene's daughter; Irene always be very special to me. Baker, Reding's grandmother; and Mary God used her to show me that Welle Sims, FIA volunteer, know that God puts people together. FIA is His program and that He not only cares about the program, but He cares about each one of us personally too! I wait with eager anticipation to see how, where and when God will

NRLA MEETS TO FURTHER RELIGIOUS LIBERTY



The Northwest Religious Liberty Association is the government relations and mediation services ministry of the North Pacific Union Conference. It provides nonpartisan religious liberty and mediation services for civic, academic, interfaith and corporate concerns.

Alaska, Idaho, Montana, Oregon and Washington simultaneously convene their legislatures every two years. Just prior to the opening of these sessions, NRLA holds its biennial government relations workshop and executive board meeting.

Most recently, the group met Oct. 6–8, 2008, at NPUC headquarters in Ridgefield, Wash., to explore the theme "Tolerance, Freedom, and Equality: Understanding the Difference and Advancing Our Mission in a Pluralistic Community."

The workshop addressed how the NRLA can more

effectively network and work with the shared goals of other organizations, and, in so doing, build legislative coalitions supportive of its mission to champion religious freedom for all people and institutions of faith under the Constitution.

Workshop speakers included retired Senator Grant Ipsen from Idaho, who sponsored and helped the NRLA pass Idaho's Free Exercise of Religion Act of 2000; Genoa Ingram, president of Court Street Consulting in Salem, Ore.; Donna Montgomery, an active Adventist layperson just elected president of the Idaho Federation of Republican Women; attorney Alan Reinach, president of Church-State Council; attorney Charles Steinberg, vice president for NRLA legal affairs; Kevin Finney, public affairs director of Ecumenical Ministries of Oregon; Gulzar Ahmed, co-chair of the

Interfaith Council of Greater Portland; and Lincoln Steed, *Liberty* magazine editor.

Greg Hamilton, from the NPUC, culminated the meetings with an exposition of the workshop theme: rediscovering and advancing our mission in a pluralistic society, getting beyond tolerance and embracing freedom and equality for all.

Among the important topics were the proposed Workplace Religious Freedom Acts (WRFAs) in Oregon and Washington during the 2009 legislative session. Although NRLA efforts in Oregon passed the Oregon House of Representatives two years ago by a vote of 35-17, it was not voted in the Senate. so efforts to make this law continue. It has the strong support of Oregon House Speaker Dave Hunt, the sponsor of the bill again this year. When passed, it will restore the true intent of federal Title

VII provisions regarding religious discrimination in the workplace and ease the plight of both religious minorities and all people of faith.

Adventist support for the annual Liberty Campaign (January–March) not only provides *Liberty* magazine to political leaders at every level of government, state and municipal, but it also directly funds the work of the government relations program at the NRLA and the mediation services it provides for those experiencing religious discrimination in the workplace.

More information is available at the NRLA Web site at www.nrla.com. •

Gregory W. Hamilton, Northwest Religious Liberty Association president



ort Juberg. GLEANER editor from 1978–1991, died Tuesday morning, Dec. 30, 2008, just three and a half weeks shy of his 87th birthday.

Juberg joined the Seventhday Adventist Church after living with and working for an Adventist family in South Dakota. That decision led him to Union College, in Lincoln, Neb., where he determined to study for the ministry. While there, he contin-

ued an affinity for journalism begun in high school, editing both Mort Juberg, GLEANER editor from 1978-1991, died Tuesday morning, Dec. 30, 2008, just three and a half weeks shy of his 87th birthday.

the college newspaper and yearbook. He graduated in 1948 with a bachelor's degree in theology.

He initially worked as a carpenter and pastor before joining the Wyoming Conference in 1950 as director of lay activities, public relations, publishing, Sabbath School, temperance and radio-TV. While there, he was ordained to gospel ministry.

Together with his wife, Lorraine, and growing family,

> Mort transferred to the Michigan Conference in 1955, where he served as communication director until 1963. He organized the conference-sponsored float, which won first place at the

> > to tell their story. Ed Schwisow, who interned under Juberg and later took over as GLEANER editor in 1991 when Mort retired, remembers him fondly.

"During his years of service, to my knowledge he was the most productive, visionary producer of quality new materials in Adventist communication, anywhere in the world," says Schwisow. "Mort was an

Detroit State Fair for many summers

Following a two-year stint as a departmental director for the Southern California Conference where Mort produced a weekly telecast called The Adventist Hour, he and Lorraine moved to the Washington. D.C., area, where he became communication director and editor of the union magazine, the Columbia Union Visitor.

The Jubergs came to the Northwest in 1973. Mort initially took on the communication director post, and then added GLEANER editor to his title in 1978.

Mort traveled throughout the Northwest with his everpresent camera bag over one shoulder. He could "smell" news if there was any and lent an eager ear to anyone willing I learned from him, and only wish I could always meet the standards he set.' Mort worked hard and was always full of energy. Friends

inspiration to many in his life,

and I was privileged to have a

'box seat' in his career for 15

of those years. I value what

knew him as a joyful, happy man, and an eternal optimist. For many years he was the self-appointed greeter for Sabbath services at the Hood View Church in Boring, Ore. A number of folks have said they looked forward to coming to church to see him.

Mort and Lorraine were married for 61 years. (See a specific obituary on page 34). Those who wish to make memorial contributions in Juberg's memory can direct them to either Gospel Outreach or Adventist Frontier Missions. •

Steve Vistaunet, NPUC assistant to the president for communication



Sabbath Scholar Dies

Samuele Bacchiocchi, retired Andrews University theology professor and one of the world's leading proponents of the seventh-day Sabbath, died Dec. 20, 2008, following a two-year battle with cancer. He was 70 years old and resided in Berrien Springs, Mich.

Bacchiocchi, who spent 26 years teaching at Andrews University, was the first Protestant to attend and graduate from the doctoral program at the Pontifical Gregorian University in Rome, Italy. His book, *From Sabbath to Sunday: A Historical Investigation of the Rise of Sunday Observance in Early Christianity*, is considered a leading text on the Sabbath, even by those who disagree with its conclusions.

West Coast Worship Conference

Register now for the West Coast Worship Conference, March 5–7, 2009, at the Adventist Media Center. The event is hosted by the North American Division Church Resource Center and the West Region of the Southern California Conference. It is a training for pastors, worship leaders, musicians, artists and lay leaders involved in worship ministry. For more information, e-mail: sower?@aol.com, call (805)-857-1097, or visit www. plusline.org.

THE ADVENT MOVEMENT

Jim Anderson became pastor of the newly created Cashmere/ East Wenatchee/Wenatchee (Wash.) Abundant Life district in January 2009.

Glenn Aufderhar returned to full-time retirement from pastoral ministry in August 2008.

Brooks Bentzinger accepted the invitation to serve as pastor for the Moses Lake (Wash.) Church in November 2008.

John Clark became the new pastor for the Helena, Boulder and Townsend (Mont.) churches January 2009. He comes from the Kansas/Nebraska Conference.

Colin Dunbar became pastor of the Athol (Idaho) Church in December 2008. He continues to also pastor the Spokane (Wash.) East Central Church and serve as prayer coordinator for the Upper Columbia Conference.

Free Media Resources

The Christian Life Media Center has launched a Web site providing Bible and devotional resources. Some of the features include sermons, Bible studies, radio and television broadcasts, music and features for children. Check out the Web site at www.christianlifemediacenter.com.



Bong Ho Kim left the senior pastor position at the Oregon Central Korean Church to fulfill the same role in the Atlanta (Ga.) Korean Church in December 2008.

Kang Soo Lee former senior pastor at Atlanta (Ga.) Korean Church became senior pastor at the Oregon Central Korean Church in December 2008.

Davy Lounsbury began serving as pastor for the Ritzville/Spirit Lake district in January 2009.

Allan Payne became senior pastor for the Hermiston/Heppner/Spray district in January 2009.

Jared Spano became assistant pastor for the Gresham/ Rockwood (Ore.) Church in December 2008.

Lee Venden accepted the invitation to serve as Upper Columbia Conference Revivalist for 2009.

MILESTONES



Fred and Edie Moor

Moor 60th

Fred and Edie Moor celebrated their 60th wedding anniversary with family on June 28, 2008, at their son Jim's home, in Battle Ground, Wash.

Fred B. Moor Jr. and Edith James were married June 27, 1948, in Lynwood, Calif., with Elder Paul Heubach officiating. They met while attending La Sierra University. Fred then attended medical school at Loma Linda University, graduating in 1953. Their sons, Ben and Jim, were born while Fred completed his medical training. In the fall of 1953, Fred and Edie accepted a call to be medical missionaries at the Adventist Hospital in Puerto Cabezas, Nicaragua, where their daughter, RuthAnn, was born (delivered by Fred). In 1958, the decision was made to relocate the hospital and nursing school from the East Coast of Nicaragua, accessible only by air, to the western side. at La Trinidad. This one is located along the Pan American Highway, making the hospital more accessible to serve more people. Fred designed and supervised the building of the new hospital, church and nursing school. During the transfer, Edie helped establish the hospital's dietary and food service and continued to serve as food service director. Their son, Michael, was born there (also delivered by Fred). In

1968, after serving for almost 15 years, Fred and Edie returned to the U.S. for their children's continued education. They first settled in Garden Grove, Calif., while Fred completed an orthopedic residency. Fred then accepted an offer to practice in Walla Walla, Wash., where they resided until their last child finished at Walla Walla University. In 1984, they moved to McMinnville, Ore., for a brief time, followed by a move to Arcata, Calif., where Fred practiced until his retirement in 1994.

Upon retirement, they moved to Battle Ground, Wash., to be closer to their children and grandchildren. Fred enjoys his hobby of body and fender work on wrecked cars and has helped many family and friends acquire "new" vehicles through his talents. Fred and Edie are active at Sunnyside Church in Portland, Ore., where Fred serves as deacon and Edie serves as head librarian. Edie also enjoys homemaking, reading, music and gardening. They enjoy spending time with their nearby children, grandchildren and friends.

The Moor family includes Ben and Kathy (Devitt) Moor of Kelso, Wash.; Jim and Lynae (Gienger) Moor of Battle Ground, Wash.; RuthAnn and David Wyman of Battle Ground; Michael and Deborah (Baerg) Moore of Portland, Ore.; and 10 grandchildren.

Ogden 60th

Raymond "Ray" and Donna (Kemmerer) Ogden celebrated their 60th anniversary with a four-day weekend at the Embarcadero at Newport, Ore.

Ray and Donna were married Nov. 16, 1948, in the Adventist church in Blachly, Ore. Elder Raymond Bresee officiated. Attendants were Shirley Kemmerer (Donna's sister) and Harold Ogden (Ray's brother).

The Ogdens have resided in the Dallas area in Polk County,

Ore., for 46 years, except for two and a half years at Grants Pass. Before coming to the Dallas area they had lived at Cottage Grove, Junction City and Nashville (Ore.) after beginning their married life at Blachly.

Ray is a semi-retired logger and timber-cutting contractor and bought and sold real estate. He owns and operates A-1 Tree Professional. Donna has been the bookkeeper since 1967.

Ray and Donna attend the Dallas Church. They enjoy church activities, traveling, camping, skiing, horses, and



Donna and Ray Ogden

spending time with their children and grandchildren. Donna also enjoys painting.

The Ogden family includes Vivian and Steve Rabun of Dallas, Ore.; Audrey Ringering Ogden of Monmouth, Ore.; Rusty Martin of Grandview, Idaho; Bryan Ogden of Grand Ronde, Ore.; 14 grandchildren and 12 great-grandchildren. Their oldest son died in 1971 at age 21.

Rogers and Oakes 50th

Von and Judy (Cox) Rogers and Bill and Gloria (Cox) Oakes celebrated their double wedding's 50th anniversary first on Aug. 24, 2008, in Battle Ground, Wash., then on Sept. 7, in Anchorage, Alaska.

Von and Judy's children hosted a dinner at the Meadow Glade Church fellowship hall, then a reception at the Columbia Adventist Academy dining hall. The reception featured a 15-piece band playing 40s and 50s music. A replica decorated wedding cake was served with punch. The brides' mother, Verdell, was able to attend.

Two weeks after celebrating in Battle Ground, the couples reassembled at the Northside Church in Anchorage for an afternoon reception in the fellowship room with Bill and Gloria's daughters in attendance.

Von Rogers met Judy Cox at the Oregon Conference campgrounds in Gladstone, Ore. Bill Oakes met Gloria Cox as students at Walla Walla University. The double wedding was held at Meadow Glade Church on Aug. 24, 1958.

Von worked in several trades over the years, including commercial fishing in Bristol Bay Alaska, during the summers and ending with operating a new and used furniture store in Vancouver, Wash. Judy helped at the store and did the bookkeeping, as well as serving as homemaker.

Bill spent his career as a civil engineer for the Army Corps of Engineers for three years in Seattle, Wash., then 33 years in Anchorage. Gloria worked a few years at two insurance offices and with the Alaska Mission Office. Besides being a homemaker, Gloria has volunteered part-time as a librarian at the Anchorage Junior Academy for more than 30 years.

The Rogers family includes April Lynn and Ken Rogers of Ramona, Calif.; Kelly and Gayla Rogers of Bend, Ore.; and 4 grandchildren.

The Oakes family includes Susan and Paul of Worthington, Ohio; Elizabeth and Greg of San Diego, Calif.; Stephen and Deborah of Chillicothe, Mo.; and 2 grandchildren.

W E D D I N G S

ANDERSON-REBBIN—Kelly (Watts) Anderson and Douglas H. Rebbin were married Aug. 24, 2008, in Bellingham, Wash. They are making their home in Washington. Kelly is the daughter of Peter and Dianne Watts. Douglas is the son of Richard (deceased) and Nola Rebbin.

CASEY-PLUMMER—Janice Lee (Sabo) Casey and Jon Kirk Plummer were married Dec. 20, 2008, in Tillamook, Ore., where they are making their home. Janice is the daughter of Eugene and Leone (Stover) Sabo. Jon is the son of Paul and Bertha (Collins) Plummer.

CHRISTENSEN-OTTER-

Christine Christensen and Christopher Otter were married July 7, 2006, in Hatchers Pass, Alaska. They are making their home in Anchorage, Alaska. Christine is the daughter of George and Bonnie Christensen. Christopher is the son of Michael R. and Beverly L. (Higgins) Otter.

DE CHANTAL-WINTERS-

Jonquille de Chantal and Joshua Winters were married Nov. 15,

2008, in Port Angeles, Wash., where they are making their home. Jonquille is the daughter of Alain and Judy (Williams) de Chantal. Joshua is the son of Steve Winters and Kathryn McHaffie.

JOHNSON-ANDERSON—Kalah Johnson and David Anderson were married Oct. 12, 2008, in Lindsay, Calif. They are making their home in Bellevue, Wash. Kalah is the daughter of Whitney and Jeanette (Rothe) Johnson. David is the son of Fred and Jean Anderson and Sharon (Brown) Anderson.

LEMON-GREEN—Adrienne Lemon and Harley Green were married Oct. 12, 2008, in Rolling Hills, Calif. They are making their home in Manhattan Beach, Calif. Adrienne is the daughter of Tom Lemon and Virginia Parker. Harley is the son of Stanley Green and Yvonne Stratton.

SCHIMKE-MARLEY—Kim Schimke and Jim Marley were married July 12, 2008, in Sandpoint, Idaho. They are making their home in Ponderay, Idaho.

BIRTHS

ANDERSON—Molly Claire was born Nov. 13, 2008, to Gabriel and Elizabeth (Shreve) Anderson, Albany, Ore.

ASHLOCK—Farris Nicole was born Dec. 15, 2008, to Tyler and Heather (Joice) Ashlock, Portland, Ore.

BRISBIN—Kane Michael was born Nov. 24, 2008, to Jerry M.

and Annette M. (Patrick) Brisbin, Arlington, Wash.

MOURSALIAN—Darren S. was born Nov. 9, 2008, to Sam and Patricia (Ayers) Moursalian, Salem, Ore.

NEELY—Maya Nichole was born Dec. 2, 2008, to Anthony B. and Jada L. (Harmon) Neely, Gresham, Ore.

PATCHIN—Mia Michelle was born Sept. 16, 2008, to Marc and Krista (Waggoner) Patchin, Vancouver, Wash.

RUSHTON—Coen Atley was born Nov. 12, 2008, to Andrew and Stephanie (Ward) Rushton, Eugene, Ore.

RUSHTON—Luca Noel was born Nov. 12, 2008, to Andrew

and Stephanie (Ward) Rushton, Eugene, Ore.

STUBBINS—Grayson Rollan James was born Nov. 26, 2008, to Erick and Jaime (Bates) Stubbins, Spokane, Wash.

VOGELSANG—Madison Tayler was born Sept. 11, 2008, to Erik and Roni Lea (Lombard) Vogelsang, Sandpoint, Idaho.

A T R E S T

BOYD—Clarence L., 91; born Sept. 16, 1917, Schaffers Crossing, Colo.; died Nov. 21, 2008, College Place, Wash. Surviving: wife, Florence L. (Smith), Walla Walla, Wash.; son, Norman, Superior, Mont.; sisters, Dorthea Kaval and Janie Grubbs, both of Grand Junction, Colo.; Hanna Mae Haney, Grandview, Wash.; Lois Ochs, College Place; 3 grandchildren and 6 greatgrandchildren.

BUDD—Barry James, 73; born April 26, 1936, Buckinghamshire, England; died Oct. 22, 2008, Port Angeles, Wash. Surviving: wife, Shirley (Abbott); son, Stephen J., Lewisville, Texas; daughters, Ofelia Budd, Lewisville; Elizabeth Mundell, Gladstone, Mo.; and 2 grandchildren.

BYERS—Allan Lee, 62; born Sept. 7, 1946, Vincennes, Ind.; died Sept. 29, 2008, Vancouver, Wash. Surviving: son, Scott, Battle Ground, Wash.; parents, Wayne and Isabel Byers, Goldendale, Wash.; brothers, Daniel, Goldendale; Norman, Highlands Ranches, Colo.; Walter, Lake Oswego, Ore.; and a grandchild.

CLAPP—LouAnn (Bighaus), 58; born Aug. 30, 1950, Chattanooga, Tenn.; died Nov. 16, 2008, Hendersonville, Tenn. Surviving: husband, Arnold; mother, Jeannette (Anderson) Bighaus,

Tigard, Ore.; and sister, Debbie West, Sherwood, Ore.

DAVIS—Eleene Geraldine (Grimm), 70; born Sept. 17, 1938, Onalaska, Wash.; died Nov. 15, 2008, Boise, Idaho. Surviving: husband, Arthur N., Adrian, Ore.; daughters, Wanda L. Davis, Adrian; Rosee Miller, Ritzville, Wash.; brother, Dennis Grimm, Vale, Ore.; and 2 grandchildren.

DONDANVILLE—Ruth Elizabeth (Snyder), 95; born June 9, 1913, Gary, Ind.; died Nov. 27, 2008, Grants Pass, Ore.; son, David F., Simi Valley, Calif.; sister, Dorothy Northington, Rogue River, Ore.; 2 grandchildren and 4 great-grandchildren.

HAMILTON—Edith S. (Spady), 93; born Jan. 8, 1915, Midvale, Idaho; died Nov. 18, 2008, Twin Falls, Idaho. Surviving: son, Ronald Hamilton, Twin Falls; daughter, Donna Schoonhoven, Springfield, Ore.; 6 grandchildren and 13 great-grandchildren.

HARTY—George R., 74; born Oct. 4, 1934, Spokane, Wash.; died Oct. 29, 2008, San Bruno, Calif. Surviving: wife, Gloria (Gordon), Tracy, Calif.; sons, Richard, Lodi, Calif.; Stewart, Cedar Hills, Texas; Gordon, Temecula, Calif.; brother, Floyd, Hot Springs, Ark.; sister, Barbara Casebolt, Walla Walla, Wash.; and 4 grandchildren.

Juberg—Morten "Mort"
Jarle, 86; born Jan. 24, 1922,
Greybill, Wyo.; died Dec. 30,
2008, Troutdale, Ore. Surviving:
wife, Lorraine (Davis); sons,
Terry K., Portland, Ore.; Randall
L., Stoneham, Mass.; brother,
Roy, Seattle; sister, Irene Level,
Ventura, Calif.; 4 grandchildren
and a step-grandchild.

KOSZESCHA—Erwin, 74; born Dec. 21, 1933, Germany; died Oct. 10, 2008, Grants Pass, Ore. Surviving: wife, Hilda Virginia (Burke) Dunbar; sons, Wayne Dunbar, Modesto, Calif.; Stephen Dunbar, Loma Linda, Calif.; Michael Dunbar, Abbotsford, British Columbia, Canada; and 4 grandchildren.

KURT—Hildegard-Irene (Otto), 93; born Jan. 2, 1915, Dresden, Saxory, East Germany; died Oct. 11, 2008, Medford, Ore. Surviving: daughter, Rosi Weller, Medford.

MCDOWELL—Julia Ethel (Bryan), 92; born Aug. 5, 1916, Portland, Ore.; died Oct. 19, 2008, Portland. Surviving: husband, Alvin Lee McDowell; daughter, Judy Shaner, Caldwell, Idaho; and 5 grandchildren.

MOOTHART—Aletha J., 57; born July 10, 1951, Walla Walla, Wash.; died Nov. 22, 2008, Richland, Wash. Surviving: mother, Margaret (Schultz) Moothart-Rusanoff, College Place, Wash.; brother, Harvey Moothart, Milton-Freewater, Ore.; and sister, Janet Waechter, College Place.

PATZER—Jere D., 61; born Nov. 24, 1946, Bozeman, Mont.; died Oct. 26, 2008, Portland, Ore. Surviving: wife, Susan (Isaacson), Battle Ground, Wash.; sons, Darin, Spokane, Wash.; Troy, Spangle, Wash.; daughter, Carissa Patzer, Boise, Idaho; father, Arthur J., Walla Walla, Wash.; and 4 grandchildren.

PETERSON—Ivadel J. (Michalenko), 81; born Aug. 8, 1927, Makoti, N.D.; died

Nov. 19, 2008, Lacey, Wash. Surviving: sons, John M., Olympia, Wash.; Brian E., Peoria, Ariz.; daughter, Vernadel I. Peterson, Chehalis, Wash.; 12 grandchildren and 11 greatgrandchildren.

PRICE—Louis William, 90: born Jan. 26, 1918, Laurel, Mont.; died Oct. 2, 2008, Walla Walla, Wash. Surviving: wife, Ada Mae Rittenbach; son, Louis F., Walla Walla: stepson. Merle Rittenbach, Walla Walla: daughter, Carolyn L. Arndt, Lewistown, Mont.; Donna L. Cook, Huntley, Mont.; stepdaughters, Carleen (Rittenbach) Grimes, Dixie, Wash.; Mary Elizabeth (Rittenbach) Hanson, Tumwater, Wash.; 6 grandchildren, 8 step-grandchildren and 8 great-grandchildren.

ROSS—Rita (Coleman)
McCloskey, 92; born July 17,
1916, Camden, N.J.; died Nov.
30, 2008, Walla Walla, Wash.
Surviving: son, Larry McCloskey,
Lake Forest, Calif.; 2 grandchildren and 2 great-grandchildren.

schreifels—Thomas A., 57; born July 17, 1951, Wallace, Idaho; died July 23, 2008, Marysville, Wash. Surviving: wife, Debra; daughters, Suzanne Grove, of Utah; Mindy Schreifels, Seattle; parents, Kathleen Schreifels, Violet Boxx and Gene Boxx; brothers, Roy Schreifels; John Schreifels; sisters, Elizabeth Mills and Marge Garrett, both of Mt. Vernon, Wash.; Tammie Grobschmit; and a grandchild.

VALLADAO—Eva Beryl (Pickett), 80; born Feb. 13, 1928, Milliken, Colo.; died Nov. 29, 2008, Grants Pass, Ore. Surviving: son, John, Grants Pass; sister, Jo Neil, San Luis Obispo, Calif.; 6 grandchildren and 6 great-grandchildren.

valladao—Joseph Anthony, 90; born June 10, 1918, Fairfield, Calif.; died Oct. 27, 2008, Grants Pass, Ore. Surviving: wife, Eva B. (Pickett); son, John, Grants Pass; 6 grandchildren and 6 greatgrandchildren.

North Pacific Union Conference Directory

5709 N. 20th St. Ridgefield, WA 98642 Phone: (360) 857-7000 Fax: (360) 857-7001 www. npuc.org

President Max Torkelsen II					
Secretary, Health Ministries, Institute of Mission and Ministry Bryce Pascoe					
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Local Conference Directory

ALASKA

Ken Crawford, president; Ed Dunn, secretary; Sharon Staddon, treasurer; 6100 O'Malley Road, Anchorage, AK 99507-7200; (907) 346-1004; www.alaskaconference.org.

IDAHO

Stephen McPherson, president; Donald A. Klinger, secretary; Harold Dixon III, treasurer; 7777 Fairview, Boise, ID 83704-8418; (208) 375-7524; www.idahoadventist.org.

MONTANA

John Loor, Jr., president; Ray Jimenez III, v.p. for administration and finance; 175 Canyon View Rd., Bozeman, MT 59715; (406) 587-3101; www.montanaconference.org.

OREGON

Al Reimche, v.p. for administration; Jon Corder, v.p. for finance;19800 Oatfield Road, Gladstone, OR 97027-2546; (503) 850-3500; www.oregonconference.org.

UPPER COLUMBIA

Doug R. Johnson, v.p. for administration; Myron Iseminger, v.p. for finance; S. 3715 Grove Road, Spokane, WA 99204-5319; P.O. Box 19039, Spokane, WA 99219-9039; (509) 838-2761;

www.uccsda.org

WASHINGTON

John Freedman, president; Doug Bing, v.p. for administration; Jerry S. Russell, v.p. for finance; 32229 Weyerhaeuser Way S., Federal Way, WA 98001; (253) 681-6008; www.washingtonconference.org.

Adventist Book Centers

Toll-free number for Northwest ABC orders (800) 765-6955 Official ABC website: www.adventistbookcenter.com

IDAHO

7777 Fairview Boise, ID 83704-8494 (208) 375-7527 M-Th 9 a.m. - 5 p.m. Sun. 11a.m. - 3 p.m.

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WASHINGTON

5100 32nd St. S.E., Auburn, WA 98092-7024 (253) 833-6707 M-Th. 9 a.m. - 6 p.m. F. 9 a.m. - 2:30 p.m. Sun. 10 a.m. - 5 p.m.

BURLINGTON BRANCH

334 East Fairhaven Ave.
Burlington, WA 98233 (360) 755-1032
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Sun 12 p.m. - 4 p.m.



Nuts Decrease Risk of Heart Disease

Adding a handful of nuts to an already healthy diet can reduce the risk of heart disease. In a recent study, people who ate nuts had a 13 percent decreased risk of heart attack. For best health, eat a handful of nuts daily.

There's More to Sodium than the Salt Shaker

A low-sodium (salt) diet contributes to a healthy heart. The majority of sodium in the diet often comes from processed, packaged foods. Cut back on frozen dinners, pizza, packaged mixes, canned soups, and salad dressings, which often have

a lot of sodium. When available, buy low-sodium versions of food. And learn to read labels, watching for versions of salt such as sodium chloride, sodium bicarbonate and monosodium glutamate (MSG). Cook rice, pasta and hot cereals without salt. Instead, try using herbs, spices and salt-free seasoning blends in cooking

and at the table.

Ask the Wellness Doctor

Q: My blood pressure is 135/83. Should I be worried?

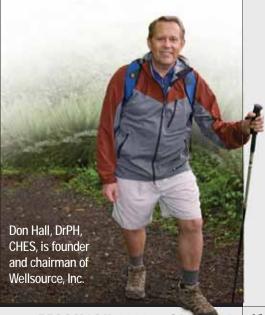
A: A blood pressure of 130/80 or higher does carry a health risk, especially if you have diabetes or kidney disease. Read more at: www.wellsource.info/wn/ask-prehyper tension.pdf.

Lower Heart Attack Risk

Whether you're healthy or at risk for heart disease, the advice to protect your heart is the same:

Be physically active on most days of the week.

- Maintain a healthy weight.
- Eat a nutritious, well-balanced diet, including omega-3s, such as flax-seed.
- Keep your blood pressure below 120/80.
- Keep total cholesterol level less than 200, with LDL ("bad") cholesterol less than 100 and HDL ("good") cholesterol more than at least 45 for men and 55 for women.
- Prevent or manage diabetes. Two out of three people with diabetes die from heart disease or stroke.
- Minimize stress.



NORTH PACIFIC UNION

Offerings

Feb. 7-Local Church Budget; Feb. 14-World **Budget: Adventist Television** Ministries*; Feb. 21—Local Church Budget; Feb. 28—Local Conference Advance; March 7—Local Church Budget; March **14**—World Budget: Adventist World Radio**

*The annual offering for Adventist Television Ministries will be taken **Feb. 14**. A packet of promotional materials was sent to church leaders the middle of January. It contains bulletin announcements for Feb. 7 and 14 and a master of half-sheet bulletin inserts for photocopying and stuffing in the bulletins. Thank you for making sure these materials are used to raise awareness of the tremendous work our television ministries do. If you have not received a packet, you may download PDF files from the Web site www. adventistmediacenter.com.

*Church communication leaders should have received a package of promotion materials in their local churches three to four weeks before Adventist World Radio's annual offering date, March 14. The materials include a short video promotion, a series of bulletin announcements, a bulletin insert master for copying, a poster and an offering appeal reading. These materials are also posted on AWR's Web site at http://offering.awr.org/. For questions, please contact AWR's communication department at (800) 337-4297 or offering@ awr.org.

Special Days

Feb. 7-28—Black History Month; Feb. 8-14—Christian Home and Marriage Week*; Feb. 21—Health Ministries Sabbath*

Provided.

WALLA WALLA <u>UNIVERSITY</u>

annual basketball event. Feb. 5-7—African-American University Days: African-American academy and high school students from around the NPUC are invited to explore the WWU campus and get all their questions answered about what it's like to be a student at WWU. Feb. 6-7—Black history celebration weekend. Feb. 13-16—Second annual Portland mission trip. Feb. 21, 22, 26, & 28, and March 1-WWU drama presents their annual Festival of One Acts, a showing of single acts from a variety of genres, performed by WWU students. Tickets available at drama. wallawalla.edu or by calling (509) 527-2158. All shows at 8 p.m. in Village Hall.

OREGON

ASAM Singles Activity

Feb. 15—Swim pool party from noon to 3:30 p.m. at Cherrywood Village indoor pool and hot tub. Please sign in at pool desk upon arrival. Bring your swimsuit, towel and some snacks. Location: 1417 S.E. 107th, Portland, OR 97126. Maps are available on the Web site. For more information, call: Tom Terry at (503) 684-7971; tom.te@verizon. net or Charlotte Miles at (503) 579-9549. Feb. 27-March 1—Big Lake Singles Retreat, Friday 6 p.m.—Sunday after lunch. \$60 per adult. Includes the ONLY Friday Snow Cat ride at 6 p.m. in Ray Benson Snow Park. Includes meals and accommodations. Bring snowmobile if you have one, snow park pass for the entire weekend, sleeping bag, Bible, snow clothes and ski equipment. Place all items in a waterproof bag. Several snowmobiles Special Materials may be available for rides. Your supervised children are welcome. Your check is your reservation. Send your check to: Ron Hempstead, 2747 Feb. 5-7—NPUC academy Nonpareil Rd., Sutherlin, OR

students participate in 97479. For questions, contact wc.npuc.org, on the Web Friendship Tournament, the Ron: (541) 459-0417. See www.beavertonsda.com, then go to the ASAM Singles Web page.

WASHINGTON

SAGE

Feb. 15—SAGE Seniors Valentine Banquet—Western Style! Serving tasty western vittles and harmonious fiddles. To be held at La Quinta Inn, in Tacoma, from noon to 3 p.m. Come dressed in western attire. \$25 per ticket. May **8–10**—SAGE Seniors Retreat in the Victorian seaport of Port Townsend. Speakers are Karl Haffner and Carl Wilkins. Lodging at Harborside Inn with a harbor view from every room. Meetings and meals (including a Mother's Day Brunch) at the nearby historic military Fort Worden. An optional boat cruise to Protection Island with plenty of bird watching. Limited to 70 passengers. Call (253) 681-6008, e-mail joan.libby@ www.washingtonconference. org, 32229 Weyerhaeuser Way South, Federal Way, WA 98001.

WORLD CHURCH

Enterprise Academy Alumni Association Homecoming

April 10–11—Enterprise Academy Alumni Association 90th Anniversary All School Homecoming will be held April 10-11 on the campus of Great Plains Academy, in Enterprise, Kan. All alumni are invited to attend. For more information, visit http://www.alumni2009. org or call Darcy Force (785) 263-8211.

Platte Valley Alumni Association Homecoming

April 25—Platte Valley Alumni Association Homecoming on the Platte Valley Academy campus in Shelton, Neb. For more information, visit http://www. greatplainsacademy.org or call Darcy Force (785) 263-8211.

Sunset Schedule

February	6	13	20	27
ALASKA CONFERENCE				
Anchorage	5:22	5:42	6:01	6:20
Fairbanks	4:53	5:17	5:40	6:03
Juneau	4:34	4:51	5:08	5:24
Ketchikan	4:34	4:49	5:04	5:18
IDAHO CONFERENCE				
Boise	6:03	6:13	6:22	6:31
La Grande	5:07	5:17	5:27	5:37
Pocatello	5:50	5:59	6:08	6:17
MONTANA CONFERENCE				
Billings	5:28	5:38	5:48	5:58
Havre	5:26	5:37	5:49	6:00
Helena	5:40	5:51	6:01	6:12
Miles City	5:16	5:26	5:37	5:47
Missoula	5:47	5:58	6:09	6:19
OREGON CONFERENCE				
Coos Bay	5:36	5:45	5:55	6:04
Medford	5:33	5:42	5:51	5:59
Portland	5:25	5:35	5:45	5:55
UCC CONFERENCE				
Pendleton	5:09	5:20	5:30	5:40
Spokane	4:59	5:10	5:21	5:32
Walla Walla	5:07	5:17	5:27	5:37
Wenatchee	5:11	5:22	5:33	5:44
Yakima	5:14	5:25	5:35	5:46
WASHINGTON CONFERENC	E			
Bellingham	5:17	5:28	5:40	5:51
Seattle	5:19	5:30	5:41	5:52

Add one minute for each 13 miles west. Subtract one minute for each 13 miles east. Daylight Savings time March 11.

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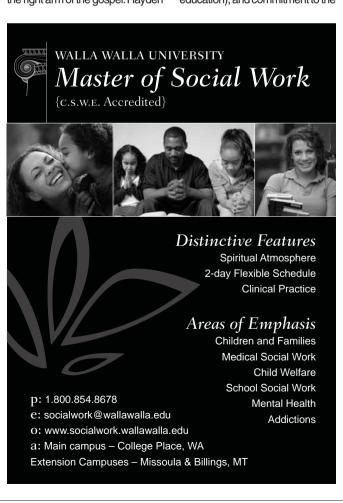
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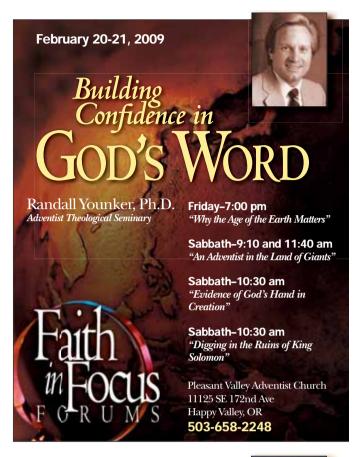
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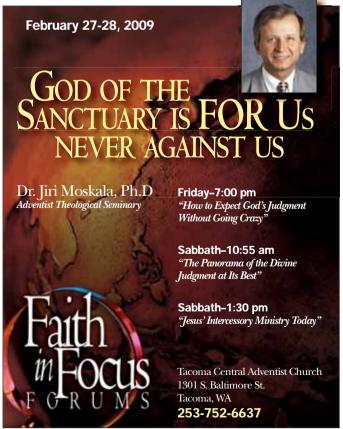
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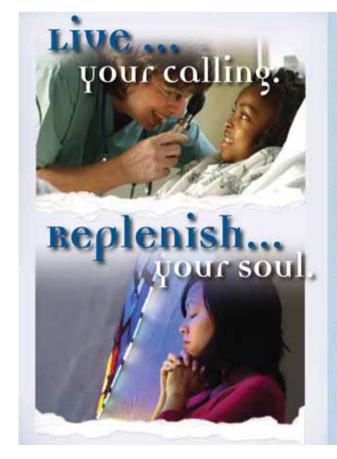
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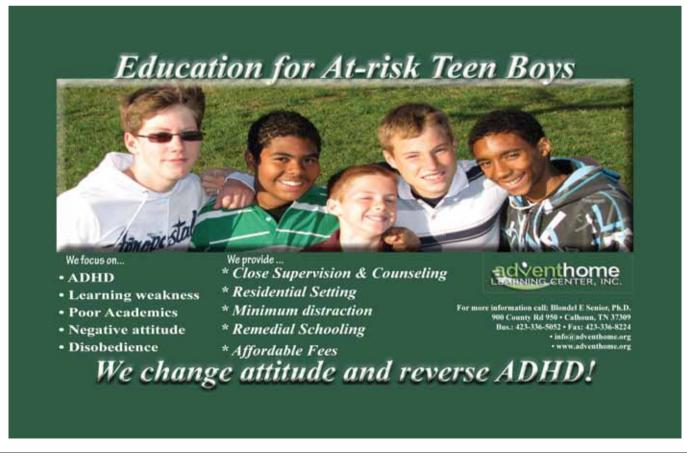
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Integrity for Such a Time



"Integrity is best revealed in being faithful in that which is least. It doesn't require perfection. It require being real "

You may respond to any Gleaner topic by sending an e-mail to: talk@gleaneronline.org We were smitten. The new slick-dressing young minister in town had all the "street-cred" I and my high school friends valued. He'd messed with drugs and led his own rock band, but told us he'd left it all behind for Christ.

He strummed the guitar like nobody else and ran circles around us on the basketball court. But more than anything, he exuded spirituality. When we remained seated for prayer, he knelt, hands pressed fervently together in clear devotion.

He was our counselor and mentor. He was quickly becoming our hero. So we were unprepared when one day he was gone. Word filtered back that he'd suddenly left his wife and eloped with the secretary. Our hero was gone and never coming back.

Something sort of died that day. Maybe it was our wide-eyed idealism. Perhaps it was our sense of trust. Can you relate? Someone you look up to, someone you trust, proves as stable as shifting sand. First you are in disbelief; then you're hurt, devastated and angry.

You're tempted to pull a little further into a cynical shell that says, "I will to my own self be true, for I can trust no other." But inwardly you hold fast to a longing for something and someone whose integrity is sure.

Groucho Marx once quipped: "The secret to life is honesty and fair-dealing. If you can fake that, you've got it made." The irony today is that so many have followed Groucho's words to the letter, and they've discovered it to be just what he intended—a joke.

My quick definition of integrity means "solid to the core." What the outside promises, the inside delivers.

Integrity is old-fashioned. It's not glamorous or necessarily in style. But without it, bridges collapse, relationships crumble and your bank becomes a house of cards. Without it, even the most outwardly spiritual man or woman is just another scam. I've met non-religious folk whose simple integrity puts some Christians to shame.

Integrity is best revealed, as the Bible says, in being faithful in that which is least. It doesn't require perfection. It requires being real.

Parents, your kids need that. Teachers, your students long for it. Christians, a cynical public is desperate for it. At a time when our world is reeling, old-fashioned integrity has suddenly become a treasure beyond any price.

When Ellen G. White spoke of the world's greatest want of people true to duty "as the needle to the pole; who would not be bought or sold; who would stand for the right, though the heavens fall..."

...she spoke to us, to you and to me, for such a time...as this. •



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Steve Vistaunet, NPUC assistant to the president for communication

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