

Journal of the Seventh-day Adventist Church in the United Kingdom and Ireland

Messenger

Fit for Life 5-day packages

by G. Martin Bell, Administrator, Roundelwood



Roundelwood Health Centre has developed a series of **Fit for Life** packages on subjects such as 'Stress Relief for Men/Women', 'Stop Smoking', and 'Arthritis Relief'. These total lifestyle programmes challenge the way participants live and suggest changes to their priorities and routines. The treatments and activities in each package have been carefully selected for the maximum benefit of the client and each package is individually priced.

The 'Men's Fit for Life' programme has been designed for men who wish to improve their health and fitness.

The emphasis is on exercise in the gym, pool and out-of-doors in the fresh Highland air. This is complemented with a full range of wonderfully relaxing massages and stimulating therapy wraps and baths. The aim is to achieve complete relaxation, a clear mind, uncluttered by work and responsibilities, and a strong physical condition. A personal trainer in the gymnasium will assess the current level of fitness of the participant and advise an appropriate exercise programme, which will be monitored daily. This can range from gentle exercise to a more challenging work-out on the 'Power-

sport' life-fitness cardiovascular equipment.

The programme will also include sessions in the Crystal swimming pool complex with splash aerobic exercise classes, and the benefits of the steam room and sauna to relax and detox the body and clear the sinuses. In the hydrotherapy pool a powerful jet stream of water turns the pool into a swim-gym and afterwards the client can relax in the same warm water with a buoyancy aid, with all the benefits of a stress-relieving flotation tank.

Exercise out-of-doors is the very best. Stretching the legs and filling the lungs with fresh Highland air increases the heart rate while the mind is

cleared, soothed and rested by the beautiful mountain scenery surrounding Crieff.

Each client on the 'Fit for Life' programme will receive a complete physical check-up by one of our experienced physiotherapists who will be looking for tension in joints and muscles caused by stress, injury, or wear and tear. A full-body invigorating massage will stimulate the lymphatic system, tone the body and ease any tension from the exercise regime. Also back, neck and shoulder massage, and particularly head massage, melts away tension from the mind and the whole body.

Continued on page 8



Southern Africa Famine Appeal Funds Support Women and Orphans in Malawi

by Raafat Kamal, director, ADRA-UK

On 1 November the Adventist Development and Relief Agency (ADRA) began a three-month agriculture assistance project in the rural area of Lilongwe District. Funded by ADRA-UK and ADRA-International, this project will benefit 17,500 people in more than 3,500 households.

During the November planting season, ADRA distributed starter seed packs for home gardens and small farms. The starter packs included maize and bean seeds and fertiliser. Participants in the agriculture assistance project focused on female-headed households and orphans being cared for by relatives.

In the second phase of the project, a team of ADRA

agricultural specialists will present workshops on improving crop production. In addition, ADRA's agricultural team will monitor the progress of participants' crops for three months and provide additional training as needed.

This is the second relief project that ADRA-UK has supported this year in Malawi. The first intervention benefited 22,000 people, mostly women and children, who received emergency food supplies in the district of Blantyre.

Millions of people throughout the southern part of Africa continue to suffer from life-threatening malnutrition after prolonged periods of drought alternated with flooding to cause severe food shortages.

Providing individual and community development and disaster relief without regard to age, ethnicity, or political or religious association, ADRA is present in more than 125 countries.



New York choir comes to London

Just when you thought there was nothing exciting to go and see, along comes Azza, the Award Winning American Gospel Choir all the way from New York. Under the leadership of Ian Hobson, Azza won first place in the prestigious New York McDonald's Gospel Feast and in the first Annual Tiffany Awards 2001.

This professional collection of superb vocalists are no strangers to show business. The choir has performed with many of the Gospel stars such as Shirley Caesar, Bobby Jones, Timothy Wright and Debbie Winans, Anointed, Danny Easton, Hezekiah Walker, to name just a few. The choir has been together for seven years and has a great passion for doing community work as well as performing Gospel music. They distributed Toys-for-Tots at the world famous Apollo Theatre in Harlem, USA, and are planning to visit hospital and prisons alike.

Azza are doing a short tour of the UK and are performing in London for one night only: Saturday 30 November, 8pm, at The Advent Centre, 37 Brendon Street, London W1H. Supporting artistes include: Donna Gardier, Siani and Blessed Voices – winners of the Channel 4 Gospel Singers of the Year award. Tel: 020 7366 5511, email: info@kirlwpr.com.



75th Anniversary

The 75th anniversary of the official opening of Stanborough Park church will be celebrated during the last weekend of November. Mrs Natalie Davison, church Communication leader, says, 'We will spend some time reviewing what has happened in the past life of the church, but the chief aim is to look to the future.'

On Friday 29 November the celebrations will start with 'Stanborough – Back to the Future' at 7.30pm. The main part of the programme will be about the members who have attended AYS through the decades. It is hoped that they will dress appropriately for their eras.

On Sabbath, during the Bible study hour commencing at 9.30am, 'The Church in Action' will provide glimpses of what goes on in Blue (the contemporary worship time for young adults); the Mother & Toddler meetings; and during the Senior Members' Group.

The main focus will be with the Family Worship Service at 11am. Watford's Mayor, Mrs Dorothy Thornhill, will address the congregation and take the Scripture reading, while the preacher for the day is Pastor Patrick Boyle.

Members of the Adventurers' Club will greet those who attend and collect the voluntary building development offering. At 1pm there will be a bring and share, pot luck lunch.

Between 4-4.30pm there will be a

short service called 'The Next Step' organised by assistant church pastor Japhet DeOliveira.

'Variety Night' will start at 7.30pm in the Stanborough Centre with light entertainment involving various amateur acts, and the programmes will end with a tree-planting ceremony at 9.30pm in the church grounds.

Visitors to the church are always welcome and a large number are expected at this big event.

FRANK BLEWITT

It's raining men . . . women . . . and children!

In a joint outreach programme, the Wolverhampton Oxford Street church and Great Brickiln Street church spent a week singing, preaching and witnessing in West Park, Wolverhampton (8-14 June).

Despite regular rain showers, it also rained men, women and children who faithfully braved the showers to be witnesses for Jesus. This was an opportunity to share the Gospel in one of the main venues in the city and the opportunity was seized and utilised. A number of people stopped to watch the various programmes each evening and we pray that this will be a start to their seeking the Lord.

This special week culminated on 15 June with the baptism of Charles Denhim, Sharon Lee, Sibusiso Sabanda and Courtney Harvey.

MARK PALMER



'All out for the New Jerusalem!'

The only literature for sale in a shop attached to a cathedral were a couple of joke books. I was about to complain when my wife went and bought them – both of them! I'm glad she did because they yielded the following stories.

☺ 'Parishioners arrived at their local church for divine service to discover the doors locked and bolted. There was a note from the minister: "You have been coming here long enough. Now go and do it."'

☺ 'The Christian life of some churchgoers is so inconspicuous that you'd think Christ commanded his followers to "go into all the world, shut up and keep your heads down".'

To illustrate the second point, the author had an anecdote. Let me summarise it.

At the end of his training a police cadet had this question in his exam: 'You are out on your beat and you see two dogs fighting. The dogs knock a baby out of its crib, causing a car to swerve off the road, smashing into a shop. A pedestrian is seriously injured, but during the confusion a woman's bag is snatched, a crowd of onlookers chase after the thief and, in the huge build-up of traffic, the ambulance is blocked from the victim of the crash. State, in order of priority, your course of action.'

The cadet's reply reflected just one priority: 'Take off uniform and mingle with crowd.'

Can we get so absorbed in the theory that we forget to go and do it? Do we try so hard to prove that we are 'just like everybody else' that we're in danger of being undercover Christians?

When we take off the Christian's uniform in order to 'mingle', have we stopped being Christians?

When I was baptised, Adventists were taught to expect persecution in an imminent time of trouble. Forty years on it occurred to me to wonder if the time of trouble had happened, and I'd missed it. On second thoughts it occurred to me that the persecution had been so subtle that I'd not recognised it for what it was.

I was braced for Sunday laws and death decrees; and felt as if I was prepared to die for my faith when the time came. The trouble was, was I prepared to *live* for it?

I was the only Adventist in an 800-strong school. But the lads knew what my family stood for and it would have taken an act of betrayal of Judas proportions had I been 'ashamed to own my Lord and to defend his cause'.

Later, however, I went to a secular university. The students were numbered in thousands; and none of them came from my home town. I had a choice this time. I got in with the sharp set and sat at high table. To achieve my looked-for First, it was important to keep in with the faculty as well as with my contemporaries. But I hauled out my set of Bible Commentaries and, along with my study books, bunged them on the shelf. I also discovered a tolerant atmosphere based on the idea that I was entitled to hold any view without ridicule if I could defend it.

After years on campus achieving my academic objectives I chose to work for the Adventist Church. 'All out here for the New Jerusalem!' was yelled by the conductor of a London bus as it lurched to a halt outside the collection of denominational institutions and offices where I was to work. I soon found that it was way short of the New Jerusalem! I ran up against a new form of Adventism which, at the time, I called 'hard-boiled'. The forces of conformism worked differently there. Among my colleagues there were many who were living for Christ. But, in the atmosphere of the wider community, there was a form of hard-boiled churchiness that eschewed all forms of profession and seemed to be dedicated to proving to the outside world that Adventists were just like it. Hard-boiled churchiness had its attractions; it seemed to relieve me of the pressure to 'perform' as a Christian. I was never short of theological rationalisation. That was the time, ironically, when I lived furthest away from God's ideal for his people.

After five years, though continuing to work for the Church, we relocated away from the headquarters complex to the town centre; and were thrilled to become involved in a church plant in an unentered area. Once again, in constant contact with 'the world' and its problems, Christian profession was called for and we were obliged to live for Christ in the marketplace.

Our 'testing time' had come in a time when and at a place where we had least expected it. And, with the years, 'hard-boiled churchiness' has not gone away, nor have its dangers. It makes the church into a social structure and a hierarchy of control, when it is meant to be God's vehicle for the spread of the Gospel. Is it possible that, in this atmosphere, Christian profession has been dumbed down? Many things absorb our attention, money and time – and some of them have little to do with preaching the Gospel unto the people.

We need to hear the message 'Now go and do it' – and live for God outside the comfort zone of the Advent family circle. There's no point being 'in all the world' and keeping our heads down and our mouths shut. Unlike the police cadet, as we mingle with the crowd, let's be sure that we are wearing the uniform. ['The Christian's uniform is blood red,' Charles Spurgeon said to his students, 'and if you're ashamed of the uniform you'd better leave the service.']

¹ Murray Watts, *Preachers at Large* (Monarch Books, London, 2001).

'Don't let the world around you squeeze you into its own mould, but let God re-make you.'
(Romans 12:2, J. B. Phillips, *The New Testament in Modern English*.)

Healthwise

Food Stuff!

The 2000 National Food Survey (NFS) has just been published, and its findings make interesting reading. Two things that emerge from the survey are: that people seem little concerned by the health scares that have hit the UK; and are ignoring the dietary health promotion endeavouring to lower the risks of heart disease and cancer!

An average household spends £25 per person per week on food and drink, of which £17.64's worth is consumed at home (up 4.4%), and £7.36 on eating and drinking out (up 4%). The average calorie intake is now 1,750 kcals per person per day which shows a continuing upward trend. The percentage of energy derived from fat is 38.2% of which 15% is from saturated fat; and the energy from carbohydrate is 46.7%.

Specific food and drink trends are as follows, indicated ▲ for increase and ▼ for decrease:

1. milk, cream (including yoghurts and dairy desserts) ▲ 4%; whole milk use ▲ 5% following a 47% decline through last decade; semi-

2. cheese ▲ 6%; natural cheese (non-processed) ▲ 4%
3. meat: beef, veal ▲ 12%; poultry ▲ 6%; ham, bacon ▲ 5%; pork, mutton, lamb ▼ 3%
4. fish (fresh white) ▼ 12%
5. eggs ▲ 4%
6. fresh fruit ▲ 5%; citrus fruits ▲ 7-14%, 23% higher than a decade ago
7. vegetables ▼ 2%, 5% lower than a decade ago; frozen veg ▼ 8% although potatoes ▲ 5% and frozen potato products ▲ 6%
8. fruit juices ▲ 7%, more than a 50% increase over previous decade; soft drinks ▲ 7%; mineral water ▲ 11%; coffee, same level; tea ▲ 6%; alcohol, home consumption ▲ 13% (beer, lager, continental beer and wine)
9. sugar and preserves ▼ 1%
10. fats/oils, generally same, but reduced and low-fat spreads ▼ 4%; butter and margarine ▲ 5%
11. bread, overall same, but white bread ▲ 2%;

- skimmed ▲ 2%. The sales of milk used at home has doubled that of the previous decade
12. cakes, buns and biscuits ▲ 5% (chocolate biscuits by 6% to their highest ever levels!)
13. breakfast cereals ▲ 7%
14. fresh and dried pasta 43% higher than 1998!
15. rice ▼ 7%, but still double that of previous decade

The NFS also looked at the average vitamin and mineral intakes comparing these with the Reference Nutrient Intake requirements. Calcium and vitamins were *well above* the RNIs for their levels; iron 3% below; zinc 101% of requirement; and magnesium and potassium just below requirement.

This brief foray into the NFS may help us to see where we stand compared with the national average and help to focus our attention on aspects of lifestyle requiring attention.



Richard J. B. Willis, BUC Health Ministries director

Holloway celebrates 75 years

On Sabbath 31 August Holloway church celebrated its 75th anniversary. Many visitors and former members joined us for this glorious reunion. The Sabbath school lesson time was led by Keith Davidson (BUC Education director) who interviewed Debbie Wellington, Malcolm Pilgrim and Edbert West about their thoughts and memories over the years in Sabbath school. They talked of their experiences, people and events which influenced their lives and have kept them strong in the Lord.

The midday service was conducted by Pastor C. R. Perry (president, BUC) and supported by Pastor D. W. McFarlane (president, SEC). Both men in their sermons and prayers emphasised thanksgiving for the support of Holloway church to the Union and Conference, respectively. Pastor Perry challenged the current membership to work hard in fulfilling God's commission of spreading the word. We pray that Jesus will return before we are 100 years old.

In the afternoon Pastor O. Woolford (Education director, TED) put Holloway church in its historical context of Adventism in Britain, while Keith Davidson paid tribute to past and present ministers and members who have served Holloway well over the 75 years.

A variety of individuals, groups and a mass choir sang during the day, giving the congregation blessing from on high. The choir gave a glorious rendition of 'How Excellent'.

DEANE RYAN

Sixteen to sixty

What do Bernania, Esther and Linda have in common?

Bernania Varoleen Tapfuma has known since she was 12 that she was committed to Jesus, and it's hardly surprising as she hails from a long line of committed Christians, stretching as far back as her great-grandmother who was one of the earliest Adventists in Zimbabwe. Bernania is at school in Poole, studying for 'A' levels and wants to be an aeronautical engineer. She says she loves tennis and swimming, reading and shopping.

Esther Phylis Bovell left her native South Africa about forty years ago to follow her mother, who only came to England on a short visit but decided to stay. Esther met her future husband Jim in this country and has never returned to South Africa. It was by listening to Nicky Gumbel that she was prompted

to give her life to Jesus Christ.

And it was through that same Alpha course that Linda Margaret Kempster decided to offer her life to Christ in baptism. Coming originally from the East End of London, Linda has always been closely involved with Christian work, as a nurse in Avondale, New Zealand and here in the Westminster and Chelsea Hospital for Children. Married to Peter, a soldier in the Salvation Army, Linda says she will always be grateful to her mother for putting her on the Christian road through life.

So what do these three ladies have in common? They were baptised in the Southampton church on 14 September in front of family, friends and brothers and sisters in Christ. Pastor Barry Alen, assisted by church elder David Crowe, officiated in the baptistry.

DAVID BRADLEY

Photo: Barry Alen



400 young people attend GO UK

by Pastor Sam Davis, Youth director, Greater London

This year's 'Go UK' youth event was a tremendous success. It was held at the Stockwell Park Secondary school in South London, 11-12 October. Planners deliberately went for a smaller venue in order to target those youth who were specifically interested in evangelism. The format was also different in that it was not the usual residential weekend as with past events.

On Friday night evangelist Errol Nembhard challenged the young people to dedicate themselves for service. 'We must reach out for the length, breadth, and height of life,' he said. 'Search for the length and breadth of life, develop the gifts and talents of life to serve others, but never forget the height of life, the One who gave you those gifts.'

On the Sabbath approximately 400 young people came together for worship and training. Workshops were offered in the following areas: Health Evangelism (Laverne Byng), Urban Ministry (Eddie Hypolite), Ministering to the Community (Bobby Bovell), Underground Evangelism (Sean Berkley from Australia),

Women's Ministries (Veronica Williams), Web Evangelism (David McQueen), Music (Lascell), Leadership (Errol Nembhard), and Prison Ministry (Dwight Elliott).

Many of those who came commented on the usefulness of the event and said how they had benefited from the workshops, most of which were repeated in the afternoon to give an opportunity to the youth to attend two workshops instead of one.

Errol Nembhard's divine service sermon was entitled, 'When You Forget Who You Are'. Using the story of Esther, he demonstrated how Esther, having entered the world of the palace, gradually slipped until she was no longer Hadassah the Jewess but Esther, a Persian princess groomed to please the king. In the same way, we can forget who we are, children of God called for service, and begin to serve other interests and things. He reminded us of the concept of cognitive dissonance first put forward by Jesus himself, 'No man can serve two masters.' We were challenged never to forget who we are.

Harvest service

Sabbath 12 October was Colchester's harvest festival. Great classics such as 'We plough the fields' were sung with gusto.

Pastor Malcolm Taylor's scripture reading was 2 Chronicles 5. His children's story and sermon theme was on the Spirit of God in action, which was shown in the beautiful display arranged by Nell, Sue and Helen. We all brought along non-perishable produce which will be given to ADRA for distribution.

After a scrumptious potluck lunch Dr Lavel O'Mard took our regular afternoon programme, with two of our talented young people sharing their gifts - Paيدا on the violin and Joseph on the piano.

ELIZABETH JONES

Grand baptism

On 28 October five precious souls were baptised in the Milton Keynes church. All the candidates were young and the baptism was eagerly awaited. There was great excitement as all five individuals and their families and friends arrived for the 4pm service.

The five individuals were Katrina Bennett, her brother Curtis, Beverley Chynn, Dionne Johnson and Dion Stewart. Each of the candidates had their own unique road to baptism. The church was filled to capacity, many were standing, and extra seats were put down the aisles.

Katrina and Curtis, brought up in the Milton Keynes church, decided to give their hearts to Jesus and showed great commitment to the Bible studies that would prepare them for baptism. Their parents, very committed members of the church, were overjoyed.

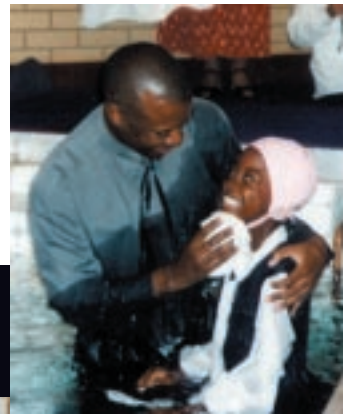
Beverley Chynn had been attending church for a year when she decided to be baptised. She was introduced to the church by Norma Campbell, a member and deaconess. Beverley pledged that if the Lord brought her through a serious operation she would give her heart to him. She invited her daughters, mother, neighbours and friends to witness her happiness in Jesus her new-found Friend.

The next candidate, Dionne Johnson, also attending the church for over a year, asked for Bible studies. Dionne, a popular personality with a warm smile, had studies with Pastor Stewart and received marriage counselling with her fiancé Kevin from Pastor Leslie Ackie. Pastor Ackie was there to witness her baptism and also gave the sermonette. Dionne and Kevin plan to get married in Jamaica. Dionne looked forward to every single Bible study and did not want to miss one. Her face glowed with excitement on the day of her baptism.

The last candidate Dion Stewart,

youngest of the candidates, is the daughter of Pastor Stewart. The emotional service became more emotional as Dion entered the pool. Her large family and friends witnessed her commitment to God. All four of her grandparents were there, along with her aunties, uncles, cousins and friends to witness her baptism. Tears

Right: Pastor Stewart and daughter Dion. Below: Left to right, Pastor Stewart, Beverley Chynn, Dion Stewart, Curtis Bennett, Dionne Johnson and Katrina Bennett



of happiness were shed by Pastor Stewart in the pool as Dion looked up and smiled. What a privilege it was to see father and daughter in the pool.

All in all it was a wonderful service

and fittingly brought to a close as Pastor Lorraine Johnson, NEC, brother-in-law to Pastor Stewart, gave the prayer of dedication to service for the candidates.

COMMUNICATION SECRETARY

Fun at Blasket weekend

The weekend retreat at the An Oige Youth Hostel in Dunquin, County Kerry, was an incredible blessing to all those who took part. Church members and their families from Galway, Shannon and Cork assembled 19-21 October for a weekend of spiritual blessings and close fellowship. The hostel was situated just opposite



Photos: David Marshall

the famous Blasket Island, home to renowned Irish writers such as Peig Sayers. An interpretative centre nearby commemorates the island's history and culture. The weekend was blessed by the musical talents of Kevin and Vicky Wiley from the Cork church who led out in many wonderful song services. The weekend's speakers included Pastor Mike Logan, Kevin and Vicky, Oliver Martyn and the keynote speaker for Sabbath, Dr David Marshall of The Stanborough Press.

OLIVER MARTYN

Webuarley's courage

On 1 June, Bristol Central church was packed to overflowing to witness the baptism of Ena Harrison and Webuarley Murray. Both Ena and Webuarley had decided to rededicate their lives to God and his service, after having left for a period of time.

We were all very proud to witness Webuarley's courage in being baptised on this day as his fiancée had died of sickle cell anaemia the week before. We will be ever grateful to her for her part in encouraging Webuarley back to church. We were also moved when Ena sang a duet with her brother from the baptismal pool.

In his sermon, Pastor Ron Edwards reminded us all of the fact that we have identified ourselves as being followers of Jesus and of the responsibility we have in setting an example.

LISA SABADIN



Adventist stalwarts Norah Marriner

by Bronwen Atkinson

Norah Marriner was born in Huddersfield in 1910. Her maternal grandparents, Mr and Mrs Horsepool of Sheffield, were Adventists. In 1904 they had befriended a young insurance agent called Walter James. He was baptised by Pastor E. E. Andross in 1905. Later, wanting to work full-time in the Lord's service, he became a colporteur. Early in 1909 he married Ruth Horsepool.

Norah May, born prematurely, weighed only two pounds at birth. Worse, her mother was very ill. After many months in hospital, Ruth was brought home still bedridden. Five years later, after being anointed by Pastor Harry Armstrong, Ruth's health slowly improved so the family moved to Bradford, nearer Walter's work. There he rented a small classroom at Hanson school for Sabbath meetings. The Bradford church was organised on 9 September 1915.

In 1926 the family moved to Southampton, and in 1929 Norah was offered work at The Stanborough Press. At Easter 1931, Norah went to some organised games outside Stanborough Hydro and met Matthew Marriner who worked there. They married three years later and had a daughter, Adina. An exceptional student, Adina eventually became head of the English Department at Bracknell College.

For seventy-one years Norah has attended Stanborough Park church faithfully, until increasing years forced her to stay at home. During that time she worked hard for the church. At first she started a successful Sunday school which ran for many years, then in 1967 she started a volunteer visiting group of seventy-two church members. Directed by GPs, for ten years they called on people living near the church who were lonely or needing help. A church deaconess for many years, from 1966 to 1975 Norah was head deaconess. In 1976 she suggested a fortnightly meeting for older members and their friends; thus the Senior Members' Group was formed and continues today.

Norah lost her husband in 1978 and now lives with her daughter. She says of her long dedication to our church, 'I joined the church because I love my Lord and believe God guided me to worship him and reach out to

others in the wider community through the church. I do not know what the future holds, but I do know who holds the future. Whatever happens to me will, I am sure, be for my good and his glory.'



Top left: The young girl with long hair is Norah aged 14. Norah worked as a colporteur at Bradford Moor. Although the youngest, she was elected leader of the colporteurs. Unlike the leading male colporteur, she did not receive any wage because they couldn't employ women!

Top right: Norah aged 21. At that time, she was working at The Stanborough Press as secretary to Arthur Warren who was then manager of the Circulation department (subsequently General Manager).

Above left: June last year at Newbold Centenary. Mrs Marriner is shown with Dr Andrea Luxton. The couple immediately behind them are Angelique and Martin Harris from Holland.

Above right: Norah's maternal grandparents with their five daughters. They are the Horsepool family who founded Sheffield church in 1905, before they moved to Bradford in 1914, and were among the foundation members of that church the following year. They witnessed in Sheffield by closing their baker's shop on Sabbath. Grandma Horsepool heard one sermon on keeping the Sabbath, accepted it, and the next day got Grandpa to shut the shop! The photo shows, left to right: Ruth (Norah's mother); Grandpa Horsepool; Auntie Norah who was three and couldn't stay still for the requisite five minutes; Auntie Ethel; Auntie Annie; Grandma Horsepool; and Auntie Gertie. The photo was taken in 1899.



Bernard Thompson

by Pastor Alan Conroy

Bernard's mother was the first Adventist in Stoke, baptised by Pastor A. K. Armstrong when Bernard was 4 years old.

Bernard was baptised by Pastor O. M. Dorland, and lost his job because of the Sabbath, which was quite common in those days. Moving to Birmingham in 1937, where he had been offered a new job, he also found a wife! He met Mabel in 1941, when they attended First Aid Classes at St John Ambulance. Mabel was brought into the church by Pastor Lamont Murdoch in 1942.

Pastor R. S. Joyce, then North England Conference president, ordained Bernard as an elder fifty-eight years ago in the Birmingham Central church, which worshipped in Broad Lane. He has served as an elder without a break ever since. Mabel was appointed as the church clerk, and has served in that office for sixty years.

Central church, formulated at Broad Street, Five Ways, lost their premises and eventually bought the Stonehouse Gang Hut on Sutton New Road in Erdington. The building was opened by Pastor John H. Bayliss, then NEC president. When the land was required for road widening in 1962 Bernard was instrumental in acquiring the present site on Wood End Lane. The church there was opened by Pastor Denys Baildam with sixty-five members, and celebrated its 50th anniversary this year.

Bernard worked for a printing firm, in accountancy, running the firm during the war years and rising to sales director. Because of his work with the St John Ambulance, HM the Queen honoured Bernard as a 'Serving brother of the most venerable order of St John', and he was later promoted to Commander of the order.

Changes at Aberdaron Open, not just for six, but for forty weeks in the year

For a while Aberdaron has been under observation and scrutiny, but recently the Conference officials have brought an end to the speculation concerning its future. We now have a very capable manager in the person of Malcolm Hayles. Originally from the Derby Chester Green church, he is a man of vision and focus, and has been given the task of developing the campsite. So far he has done a splendid job. In just eight months he has orchestrated change in several areas.

There are now four chalets and another is soon to be erected. The main hall has been refurbished with fresh paint and carpet. Aberdaron is

no longer open for just six weeks during the summer, but for forty weeks throughout the year. Anyone who would like to book Aberdaron can contact Malcolm on this number: 01758 160281.

The changes to the site will have far-reaching consequences for the NEC youth camps. The site will no longer be run by the Youth department, so the department will be charged a certain rate to use the campsite. Next year there will be a price increase for all our youth camps. There will also be an accidental damage deposit to be paid by all our campers. Payments for all camps will need to be made before the camp begins and there may be an

extra charge for some activities. In essence the camps will have a different perspective. The staffing for each camp will be reduced. All those who are on the site must be insured. It will be necessary to book in advance whether for weekend, weekly or nightly attendees. Prior arrangement is essential. With this in mind various application forms will be sent to churches.

There are other matters concerning Aberdaron which will be outlined in another issue. The primary purpose of this article is to highlight the recent changes that have occurred and others that are in process.

PASTOR STEVE PALMER, NEC Youth director

Golden Anniversary

Sabbath 12 October marked the Golden Anniversary of the Wimbledon church building which was rebuilt after being bombed during the Second World War. The original building, erected in 1924, was blitzed on Friday 6 November 1940. The target had been Wimbledon railway station which is located only a few hundred yards from the church.

For over ten years the membership raised funds for rebuilding, and in 1951 rebuilding commenced. Sidney Rose, head elder of the Wimbledon church for a number of years, and a chartered surveyor, supervised the building of the new church.

A dedication service for the new church was held on 12 January 1952, and was attended by Pastors W. W. Armstrong (BUC president), J. A. McMillan (SEC president), A. C. Vine (resident pastor 1932-1942), and G. M. Hyde (resident minister).

Fifty years later, Ashwin Somasundram, current pastor of the Wimbledon church, welcomed past and present members and friends to mark the Golden Anniversary of the 'new' building. Special guests included former pastors of the Wimbledon church: David Cox (1979-1986), Brian Martin (1986-1994) and Vlado Godina (1997-2002). Another very special guest was Sidney Rose himself, who spoke in the afternoon of his childhood memories of the original building and his involvement with the construction of the new building. Also in attendance was John Wilson of the Canterbury church whose parents, Adriel and Mary, were the first

couple to be married in the new building. John was the first baby to be dedicated in the new building and he was also baptised and married in the church. Robin Cowen of the Stanborough Park church, a former pupil of Stanley Hall School (a school of approximately 25 students formerly run by Wimbledon church), whose father Hubert Cowen was head deacon at the time the church was dedicated in 1952, also attended, bringing with him a collection of memorabilia including a copy of *Messenger* reporting on the dedication service in 1952.

Additional greetings were sent by former pastors of the church including: George Crutchfield (USA), James Collins, Robert Surridge (USA), Drene Somasundram (Australia), Freda Spearing, a daughter of former Wimbledon pastor F. A. Spearing also sent greetings.

Margaret Campbell, of Wimbledon church and a former pupil of Stanley Hall School said, 'Everyone enjoyed the fellowship and worship of the anniversary celebration. We who go back a long way really enjoyed meeting old friends again and reminiscing.'

The new church building was constructed upon the foundations of the original church which had remained relatively intact after the bombing. This experience was used as a basis for the message by the guest speaker for the day, Pastor Don McFarlane, who said that the original foundation had been securely built and that we should likewise build on the firm foundation of Jesus Christ.

ASHA WIJE

Farewell and bon voyage

The Chiswick church said farewell and bon voyage to Pastor and Sister K. C. Henry. Extra special thanks to Sister Henry for her active participation in both the senior choir and Sabbath school. We thank them both for their warm encouraging smiles and words of comfort. Pastor Henry's six years of service to Chiswick is only a small portion of his nearly forty years in ministry, both here and abroad. They will be greatly missed by regular members, visitors and shut-ins. Their sense of mission and commitment to duty has been a source of encouragement to Chiswick church. We trust that their ministry in retirement will continue to be fruitful but more restful.

Chiswick AYS on 31 August was the last AYS for Pastor and Sister Henry. The programme took the format of a 'This is Your Life Trial'. The judge/prosecutor Victor John charged the defendants on four counts: Count 1: Dedicating your life to God; Count 2: Feeding God's flock; Count 3: Setting a good example of married life for the brethren; and Count 4: Leaving the Chiswick church! As their lives were placed before the church (jury) it was obvious they were guilty on all counts. The happy guilty defendants then enjoyed their sentence – a church social in their honour.

Chiswick church would also like to welcome Pastor Hamilton and his wife Rhona, who will continue where Pastor and Sister Henry left off with their ministry and evangelism.

COMMUNICATION DEPARTMENT

LAYTON, Ernest – d. 1 July. Ernie was brought up in the Salvation Army by godly parents. In the early 1970s his wife Marguerite, affectionately known as Babs to close friends, applied for VOP lessons through a card put through their door by Eric Baker. Bible studies with Pastor Walter Newman followed and although Babs accepted the message, Ernie went round the bookshops and libraries to find a text proving that Sunday was the Sabbath day. Eventually he accepted the message wholeheartedly and was baptised in 1974 and was lay preacher and elder for a few years in Lowestoft church. Ernie brought along his cornet many times to play solo pieces and when our new church building in Lowestoft was dedicated in 1975 he, along with James Ellison, an interim minister at the time, played the opening voluntary. Through Ernie, Lowestoft church forged a friendship with the local Salvation Army Corps and we enjoyed a few good gatherings with their band playing. Unfortunately, Ernie was unable to worship regularly with us in later years due to his wife's poor health and he was diagnosed with cancer in 1994. In spite of his illness he always had a ready smile and was quite philosophical and courageous about the future. He witnessed to the Advent truth almost to the end. The writer was privileged to visit and talk with him in the hospital, and the person in the next bed became convinced about the state of the dead before he himself passed away. Brother Ernie fell asleep aged 79. Only days before he died he said, 'We must trust the Lord. He loves us.' Ernie now sleeps in the sure hope of the resurrection and our prayers are for Marguerite that she may be strengthened and find comfort in Jesus whom she readily accepted several years ago. JOHN SAMPSON

MARSHALL, Hilda – d. 27 July. Following a short illness, Hilda sadly passed away in Weston-super-Mare hospital. Weston church was the scene of the funeral led by Pastor Geoff Dennis. Family, friends and church members came to pay tribute to Hilda and give support to husband Ernest and the family. The congregation included son Dr David Marshall, who gave a sincere address reflecting on Hilda's life of faith in the Lord. Also in attendance were daughters Margaret, with her husband Pastor Eric Lowe, and Miriam with her husband Peter Chapman. Pastor Cecil Perry, Pastor Alan Hodges and Pastor Richard Willis also gave their support to the family. Hilda was born in Reddish and attended the Church of England in her early years. Later she attended The Christian Mission where she met Ernest. They were married in 1941, taking up residence in Levenshume. A VOP card was dropped through their letterbox and they were attracted to the prophecies of the Bible and joined the Stockport Adventist church in 1953, where Hilda served the church as a deaconess. Later she and Ernest took up residence in Weston-super-Mare. During the service granddaughters Janet Lowe (clarinet) and Julie Arthur (flute) played a beautiful duet, Rachel Griffith recited a poem called 'Miss me but let me go', and Sarah Marshall gave the scripture reading. The Weston church members will miss Hilda for her contribution to church life, Christian witness, encouragement, delicious cakes for fellowship lunches, and interesting conversation featuring her extended family. Above all, Hilda looked forward to her Saviour's return expressed in 1 Corinthians 2:9: 'Eye has not seen, nor ear heard, nor have entered into the heart of man those things which God has prepared for those who love him.' (NKJV) We extend our loving sympathy to Ernest and his family at this sad time, and await with them the resurrection at the return of Jesus Christ.

FRANK MAGGS

Stanborough School Vacancy. For a full-time qualified Physics teacher to teach General Science at KS3 and Physics at GCSE level starting in January 2003. Applicants should hold a degree in Physics, teaching qualification and have some classroom teaching experience. Apply by letter with CV to: The Headmaster, Stanborough School, Watford, Hertfordshire, WD25 9JT. Closing date 13 December.

Bury St Edmunds church has moved to its own premises at 1 Farnham Road – just round the corner from the main railway station. All visitors warmly welcome.

Coventry (Bell Green) now worships at Henley Green Community Centre, Caradoc Close, Henley Green, Coventry, CV2. The church is now known as Coventry (Henley Green) church.



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ABC BOOK SALES 2002

December		
1	Peckham	10am-2pm
8	West Midlands	10am-2pm
15	John Loughborough	10am-2pm

Wishing you all a very blessed Christmas season!

Continued from page 1

Other treatments included in this programme are a G5 massage, which is an invigorating, mechanical, deep-tissue massage, which improves the circulation and helps to break down fatty deposits. A body wrap is also used with natural ingredients and extracts which have a calming and relaxing effect, counteracting modern-day stresses and resulting in a pleasant feeling of tranquillity. At another time, a hot blanket, or hot kaolin packs are used. Heat therapy is very relaxing,

especially if you are able to enjoy tranquil music on headphones during the process of the treatment.

For many years it has been known that salts, peat and even mud, have benefits, so the natural mineral salts in the Dead Sea salt bath stimulate and invigorate the system, while a Dead Sea mud wrap provides the client with an experience of warm, cosy security.

All of these treatments are complemented with health education talks, a cookery demonstration,

fitness and relaxation classes.

The 'Men's Fit for Life' programme is just one in a series of packages, including: 'Women's Fit for Life', 'Stress Management for Men/Women', 'Slimming and Weight Control', 'Stop Smoking', 'Arthritis Relief'. Other packages are also being developed and will be featured on the Roundelwood website: www.roundelwood.org.uk.

A full outline of each package is also available by telephoning the Roundelwood Reservations Department, 01764 653806.

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Women's treatments include:

- Professional Counselling (Optional Extra)
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- 2 Hydrotherapy Sessions
- 1 Relaxing Veribel Treatment
- 2 Back, Neck and Shoulder Massages
- 1 Full-body Aromatherapy Massage
- 1 Swedish Massage
- 1 Head Massage
- 1 Facial Massage
- 1 Hour of Beauty Therapy
- 1 Paraffin Wax Back Treatment
- 1 Dead Sea Mud Wrap
- 1 Hot Blanket or Hot Pack
- 1 Relaxation Class

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Designed for men who wish to improve their health and fitness. The emphasis is on exercise in the gym, pool and out-of-doors in the fresh Highland air, complemented with a full range of relaxing massages and other treatments. The aim is to achieve complete relaxation, a clear mind uncluttered by work and responsibilities plus a strong physical condition.

WOMEN'S FIT FOR LIFE
A similar package to the "Men's fit for Life" – designed to improve overall health but using exercise methods and treatments preferred by ladies. This is a real life-style programme.

5 DAYS FROM £510

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- 2 Full-body Swedish Massages
- 2 Back, Neck & Shoulder Massages
- 2 G5 Massages
- 1 Relaxing Veribel Treatment
- 2 Hot Blankets or Hot Packs
- 1 Head Massage
- 1 Leg & Foot Treatment
- 1 Dead Sea Mud Wrap
- 1 Dead Sea Salt Bath
- 1 Relaxation Class

EVENT	WHEN	WHERE	WHO	HOW
Revelation Seminar	20 Oct to 13 Dec Sun/Wed/Fri 6.30	Windsor St South church, Birmingham	Pastor Delroy Foster	Tel: 0121 3597176 or 0795 6157240
Gospel concert	7 December	Harper Bell School, Camphill, Birmingham	Collette Woodburn, Mentiona (London) and more	Judith 0121 544 3990 or Glendina 0121 688 4749
Artistic Ministries monthly concert	30 November at 7.30pm	Ladywood Centre, Birmingham	Artistic Ministries (Sunset 7)	Adults £3; Children £1. Tel. 07909 884773/07703 255199

Please submit advertisements in this format. Please make the church connection clear. For a complete list of upcoming events check out the database on the BUC website, www.adventist.org.uk.

Messenger

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Sunset

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	Lond	Card	Nott	Edin	Belf
Nov 29	3.57	4.09	3.54	3.46	4.05
Dec 6	3.53	4.05	3.49	3.41	4.00
13	3.52	4.04	3.48	3.38	3.58
20	3.53	4.05	3.49	3.39	3.59

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