

Newbold facelift begins by Dr Philip Brown, principal

ince commencing as principal at Newbold College late last year, Dr Philip Brown* has initiated a much-needed refurbishment schedule for the halls of residence, cafeteria and

gymnasium.

'Improving the standard of existing facilities is vital to the student experience on campus, and will prove critical to boosting enrolment in 2012-13 and beyond', Dr Brown

said this week. One project that Dr Brown has initiated in recent weeks is a facelift for Keough House, the men's residence. At 50 years, Keough House is showing its age and no longer offers the kind of accommodation that will contribute to a positive student

experience at Newbold.

The Newbold College Board, with the support of the British Union Conference, is committed to refurbishing and upgrading Keough House by the beginning of the new college year in September 2012.

Dr Brown has written to church boards and members within the BUC to ask whether they would like to refurbish a room (or more if they feel able) in the months immediately

As a guide, each of the forty-plus rooms requires £2,500-worth of new furniture, including beds, bedside tables, cupboards, study desks, chairs, flooring, curtains and related accessories. This means, for example, that the refurbishment of one room could be funded by twenty-five members from your church who are each prepared to contribute just £20 per month for the next five months.

The good news is that for every £1 donated – up to a total of £100,000 – that sum will be matched by an anonymous donor!

'We have taken a step in faith - signed a contract – and the work is underway. As the first instalment is due to the construction company by the middle of April, we would urge church members, alumni and friends of Newbold College to make this request a matter of prayer and priority', said Brown.

If you are interested, or require further information about any aspect of the project to refurbish Keough House, please contact Dr Brown directly on 01344 407 400 or at: pbrown@newbold.ac.uk.

*Dr Brown has extensive experience in the education sector in senior management and leadership roles, previously having served as vice-president (Learning & Teaching) at Avondale College, the main higher-education institution of the Seventhday Adventist Church in the South Pacific Division.



Did you know that Newbold College . . .

- Is home to around 300 students annually;
- Has students from more than fifty nations;
- Started life in **1901** as Duncombe Hall College in North London;
- Is accredited by University of Wales Trinity St. David, United Kingdom, and is an extension campus of Andrews University and Washington Adventist University, USA;
- And is still guided by the founders' initial objective to 'lead students to learn how to think' and then 'to teach them how to learn anything for themselves'?

Source: http://www.newbold.ac.uk/











Year of the Bible Correspondence School

So the year 2012 is finally here! In addition to being the year when the Olympics come to London, 2012 is believed, by some, to be the year when the world will come to an end. The closure of the Mayan calendar on 21 December this year has prompted many to speculate impending doom. As avid Bible students we are compelled by these developments to share the Gospel with as many as possible.

For the Adventist Discovery Centre the year 2012 holds tremendous prospect and has been designated the 'Year of the Bible Correspondence School'.

The Centre currently has nineteen free courses available to anyone who wishes to study health or Bible topics. All courses can be accessed via our website – www.discoveronline.org.uk – or by phoning the ADC office based at Stanborough Park, Watford, on: +44 (0)1923 672606.

Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHV, MSc Health Ministries director, BUC

Golden eight — part 5d

Age-related exercise

We conclude this segment on exercise with a look at the 'UK Physical Activity Guidelines' and survey on exercise published by the Department of Health on 11 July 2011 (www.dh.gov.uk).

The survey found that only a minority of people in the UK get adequate exercise. The following percentages of people got 30 minutes of activity on at least five days each week:

- England: 40% of men and 28% of women
- Northern Ireland: 33% of men and 28% of women
- Wales: 36% of men and 23% of women
- Scotland: 43% of men and 32% of women.

For the children the picture looks like this:

- England: 32% of boys aged 2-15 and 24% of girls
- Northern Ireland: 19% of boys aged 12-16 and 10% of girls
- Wales: 63% of boys aged 4-15 and 45% of girls
- Scotland: 76% of boys aged 2-15 and 67% of girls.

In regard to self-reporting on sedentary behaviour, the survey found that two out of three adults spend more than two hours daily watching TV and using the computer, and between three and four hours seated during their leisure time.

So here, for comparison, is what each age group should be doing to maintain a basic level of health:

Ages 5-18:

A minimum of 60 minutes of physical activity daily is recommended. This should be a mixture of moderate-intensity activity, like brisk walking, and vigorous-intensity aerobic activity, such as running.

Ages 19-64:

A minimum of 150 minutes (2 hours and 30 minutes) of moderate-intensity aerobic activity weekly, such as cycling or brisk walking, is recommended.

Additionally, there should be muscle-strengthening activities on two or more days weekly —

ones that work all major muscle groups, such as the chest, shoulders, arms, abdomen, hips, back, and legs.

Alternatively, this age group could engage in 75 minutes (1 hour and 15 minutes) of vigorous-intensity aerobic activity, like running or a game of singles tennis, weekly.

Age 65 and above:

Older adults aged 65 and above, who are in good health, who have no health conditions limiting their mobility and who are generally fit, are encouraged to be active daily.

The recommendations are that they engage in a minimum of 150 minutes (2 hours and 30 minutes) of moderate-intensity aerobic activity, like cycling or brisk walking, every week. Also included should be musclestrengthening activities on two or more days a week that work the major muscle groups of chest, shoulders, arms, abdomen, hips, back and legs.

Good health!

Editor's note: We need to thank Sharon for providing the above facts for us. Having a 'bench mark' to measure yourself against is a great way of focusing your thoughts and building motivation. So let's start counting down those 'moderate-intensity aerobic activity' minutes each week — give it your best

editorial

'Lose the cross, or the job!'

Many Christians are concerned about this becoming a general ultimatum across the UK.

The issue will soon be tested at the European Court of Human Rights in Strasbourg by two women who were forced to make that drastic choice. According to David Barrett, Home Affairs correspondent of *The Sunday Telegraph* (11 March, 2012, page 1), government ministers will then 'argue that because it is not a "requirement" of the Christian faith, employers can ban the wearing of the cross and sack workers who insist on doing so.'

Barrett reports that the women's lawyers intend to make the case 'that Christians are given less protection than members of other religions who have been granted special status for garments or symbols such as the Sikh turban and kara bracelet, or the Muslim hijab.' (Ibid.)

A can of worms . . .

Legal matters are not my forte, but simple logic and basic common sense alone suggest that the Government might just be about to puncture a proverbial 'can of worms'.

What if an employer claimed offence at the sight of an atheist employee wearing a 'scarlet letter A' badge or 'Richard Dawkins Foundation' T-shirt to promote his views?' What if Christian, Jewish or Islamic customers objected to service from someone so 'provocatively' attired in defiance of their faith?

Surely that employer would have an equal right to demand: 'Mate, take off the T-shirt, or lose the job!' After all, a T-shirt or a set of 'atheist' earrings is hardly a 'requirement' for belief in the non-existence of God!

Any angler will tell you that kicking over a can of worms isn't just clumsy – it is a slimy, dirty and time-wasting chore to get them back!

So what?

'So what,' I can hear at least one Adventist say, 'crucifixes, rosaries, St Christopher's and fish symbols don't represent anything to me anyway! I don't believe in those things.'

'You are so right', says another. 'Counting beads and kissing crosses! We don't need things like that to prop up our faith. I don't really care if the court rules against those two women!'

And there is something inside me that wants to agree with that line of thought. We don't really need any of those religious artefacts and accoutrements to sustain our faith, do we? After all, isn't Paul quite clear about faith being 'the evidence of things not seen' (Hebrews 11:1, NKJV)?

However . . .

There is 'a still small voice' that is begging my attention. It says the following: 'It's fine

Who will do it for you?



Julian Hibbert

for you to speak like that, but you are forgetting two important things:

'Firstly, this **is** actually a matter of basic human rights. Surely these ladies have the right to express their individuality in this inoffensive manner, and without censure? After all, we tolerate loud and raucous behaviour by those who drink too much; and do nothing about those who give each other the finger in public, or use the most vulgar language in front of little children. That is just passed over as "healthy self-expression".'

The 'still small voice' is persistent.

'But what will you say when people start to complain about the "prejudiced" messages on our Adventist T-shirts, or about our "intimidating and militaristic" Pathfinder uniforms – not to mention our "offensive and in-your-face" flags, banners and marching bands? Don't kid yourself on this one – we have our symbols and accoutrements too!

'This is a matter of religious liberty. We should sign that e-petition. We should formally raise our voices in their defence. If you don't speak for them, the few — who will do it for you?'

Secondly .

That 'still small voice' isn't finished with me yet.

'And secondly, have you forgotten what the Sabbath is? Exodus 31:13 is quite clear when it says: "Surely My Sabbaths you shall keep, for it is **a sign** between Me and you throughout your generations, that you may know that I am the LORD who sanctifies you."²

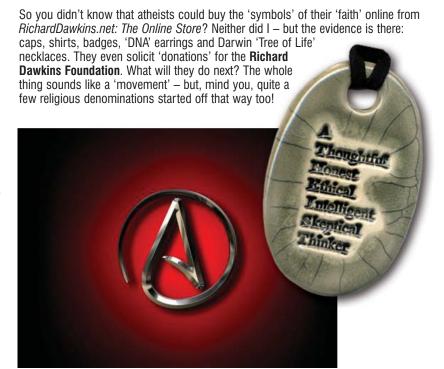
'We don't count beads or kiss crosses – but we do have a distinctive sign – a clear symbol: the Sabbath. And maybe, the case these two brave women are defending is just the first rumbling of the real religious storm that lies dead ahead!'

There is a choice

There is a choice to be made within the context of this current debate – a choice between the silence of indifference on the one hand, and the solid support of our prayers and e-petitions on the other

If you don't speak for them, the few – who will do it for you?

¹RDF stands for **Richard Dawkins Foundation**. See: http://richarddawkins.net/. ²Exodus 31:13, NKJV, emphasis supplied.



Humility will keep your boat afloat

by Stephen Holden

Looking through some recent newspaper reports reminded me that so many people appear to be full of grandiose ideas concerning themselves and their undoubted capabilities. 'The higher they climb, the harder they fall' is an old adage with a world of truth in it.

To aim for the top is commendable – to do your best – to strive to be the best is no sin – but our efforts should be grounded in humility and focused on giving God the praise and thanks for our success. With many, it seems that they are courting the admiration of others – rather than acting from these more honourable motives.

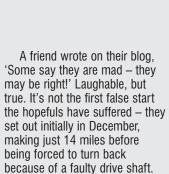
There are two boating incidents, reported in the papers recently, that seem to demonstrate this – one laughable, the other tragic – and we'll finish with a third, one that is reported in the Gospels.

The Lydia Rose

A few weeks ago two British would-be mariners, brothers Kiern and Shawn Sweeney, aged 25 and 23, from West Cumbria, revealed on a blog how they had constructed the *Lydia Rose* – a 22-foot homemade vessel – after having decided to attempt a crossing of the Atlantic ocean – some 3,000 miles – without a support team – on a pedalo!

They were undertaking this for 'fame and fortune'. Fame: to break the world record for the distance covered on a pedalo. Fortune: admirably, to raise some £50,000 for a children's heart unit in Newcastle's Freeman Hospital.

The pair were reported as leaving the resort of Mogan in Gran Canaria for Port St Charles, Barbados, peddling naked to avoid saltwater chafing, just hours before sending out an SOS. They were rescued by Spanish coastguards just 43 miles into their epic voyage – the homemade rudder having broken!



Watch this space though – a

third attempt is being planned

according to their website, where

donations are still being invited!

The Costa Concordia

A rather larger vessel nearly 1,000 feet in length and costing some £370 million to construct became a magnet for media attention in January also. The tragedy of the *Costa Concordia* gave rise to speculation surrounding Captain Schettino's actions that fateful night of 13 January.

The key to the night's events, we were told, lay in the captain's actions, and he was immediately put under house arrest – facing charges of multiple manslaughter, causing a shipwreck and abandoning ship.

The harbour master's log revealed that the captain had steered the massive cruise ship onto rocks as he was allegedly

trying to impress a former captain and the ship's chief steward by doing an 'inchino', or 'sail-past salute', for their benefit.

Proverbs 16:18 in the Clear Word reads: 'Pride leads to self-destruction and arrogance to a man's downfall.'

Reporting on the night's events, *The Telegraph* stated: 'Only an hour earlier he had been the proud Master and Captain, showing off one of the largest passenger vessels afloat, responsible for the pleasures and comfort of more than 3,000 passengers and commanding 1,000 crew members.' Suddenly an unforced error of judgement resulted in the vessel being 'fatally damaged, and all those lives' put 'at risk.'

The Magdala Maid

In Matthew 14 we have a much earlier incident involving another boat. We don't know its name – perhaps it was a locally inspired one like the *Magdala Maid*, or perhaps a more contemporary Hebrew equivalent of 'Fish4U'. What we do know is that its occupants were Jesus' disciples in training to become fishers of men!

Christ had sent them off after

providing supper for some 5,000 listeners from a donation of five loaves and two fishes and a blessing. He had instructed them to go ahead to the other side of Galilee while He dismissed the crowds.

The two small fish which fed so many were probably sardines - about 10 tons of them are caught every night during the fishing season on Galilee these days, but in vessels somewhat larger than the Magdala Maid. In 1986 during a severe drought a wooden vessel from the first century was discovered on the north-western shore. Mainly constructed of cedar and oak with mortis-and-tenon-pegged joints, the boat measured 26 feet in length with a beam of 7 feet large enough for some fifteen men - or a crew of five and a haul of fish.

The footnotes in the NIV indicate that the disciples were about halfway across the sea when the wind came up against them and they were battered by the waves. The Clear Word (vs. 24) says, '... waves washed relentlessly over the sides of the boat and the wind blew them off course in spite of their best efforts.' Eventually they gave up the fight – certain this was their last hour.

But Jesus . . .

But Jesus – although not with them – had not forgotten them, and during the 'fourth watch', we are told, between 3am and 6am, Jesus went out to them – walking on water! You can imagine the reaction of the disciples when they saw this. The 'Message' says they were 'scared out of their wits'. Certain that it must be some sort of phantom,



some omen of impending death, they cried out, terrified.

But Jesus calmed their fears as surely as He was soon to calm the waves, and identified Himself to them.

Peter, always the one to 'test the waters', called out, 'Lord, if it is you – let me walk to you on the water.' Over the noise of the storm Jesus replied, 'Come.' Peter locked his gaze on Jesus and stepped out, not into but onto the water.

onto the water.
You'll recall the episode. As long as Peter kept his eyes on Jesus he walked safely. But *The Desire of Ages* tells us Peter couldn't resist the urge to glance back to see how impressed the other disciples were – and as he did so a huge wave came between them, and, when he looked back, Jesus was out of sight – he panicked – his faith vanished and he began to sink.

Peter looked up, we read, and cried out 'Lord, save me!' Instantly Jesus was there, grabbed Peter's outstretched hand and pulled him back up. They walked back to the other disciples, and, as soon as they took hold of the side of the boat, the storm stopped and they climbed in.

What a report; what an experience!

Just stay humble . . .

Whatever life experience comes our way – however concerning or extreme our storm may be – whatever the size of the boat we journey in, whatever name we choose to give it – Jesus never forgets us if we stay humble! Psalm 46:1 (KJV) tells us He is our 'very present help in trouble.'

When all possible avenues to find a solution to a problem have been exhausted and we find ourselves being blown off course – however 'late in the day' it might be – if invited, Jesus joins us in the eye of the storm.

He is the One who can enable us to do extraordinary things if we keep our eyes fixed on Him. He is the One who can still the storm – the one raging on the inside as well as the one being experienced on the outside – if we stay humble!

Just as He elected to join the disciples in their boat, He joins us in ours – not because He needs to, but because He is always willing to be in the same boat as the humble.

'Robert Winston, 'Costa Concordia: what made the captain panic?', *The Telegraph*, 22 January 2012.

inbox

Sabbath scandals

Dear Editor
May I congratulate Pastor Boyle on
his letter, 'Sabbath Scandals'
(MESSENGER, 3 February 2012)....

While Patrick Boyle has highlighted a number of issues, which I am not disputing, he makes no attempt to suggest reasons for or offer solutions to the problems. As a people we are extremely good at identifying problems, but equally bad at offering solutions. The writer speaks about sermons and Sabbath School classes and teachers; however, we cannot come down too heavily on some Sabbath School teachers, or departmental leaders for that matter, because in most cases little or no training has been given. A one-off yearly training session at area or local level, for example, will not produce the efficient Sabbath School teacher, or good leaders. Training has to be ongoing.

I feel that there should be rigorous ongoing training programmes, for leaders and lay people alike. This could include continuous assessment of pastors and lay preachers at both conference and local level. How about the Conference Ministerial secretary and senior pastors spearheading a continuous assessment programme for pastors, interns, newly qualified pastors and lay preachers? For example, they will have the opportunity to assess and evaluate pastors' performance in terms of church administration, management, sermon content and presentation, and other aspects of the pastors' duties.

LESLENE PEAT-BROWN [EDITED TO AVOID DUPLICATING POINTS IN BOYLE'S LETTER.]

Déjà vu Dear Editor

I just received Messenger 20 January, 2012. Your editorial, 'Déjà vu', is well taken and very timely. Let me first thank you for receiving Messenger as a courtesy service for so many years. I worked in the UK as an employee and director of publishing ministries during 1971-1975 for what was then the NEWAD. I was successor to Bruce Wickwire and worked closely with John Arthur, at that time BUC PDD. My children attended Stanborough School and remember very well your predecessor David Marshall as one of their teachers at that

God bless, and greeting to those at the Press who still remember me.

PASTOR JAN T. KNOPPER

the Berean column

with Andrew Puckering

The fairness of mercy

Manasseh, king of Israel, should never have been born. It sounds harsh, saying it like that – he was only 12 years old when he became king, and his father was Hezekiah (2 Kings 20:21; 21:1). There was a time, though, fifteen years earlier, when God intended that Hezekiah should die – and He told him to put his house in order (2 Kings 20:1). In response to Hezekiah's pleas, however, God mercifully added fifteen years to his life (2 Kings 20:2-11), following which, about three years later, Manasseh was born.

Hezekiah wasn't as grateful as he should have been that God saved his life, and, even though he eventually humbled himself, he seemed to struggle a lot with pride (2 Chronicles 32:23-31; Isaiah 39:1-4). We can only imagine the effect this had on young Manasseh – particularly since Hezekiah didn't seem overly concerned about the consequences of his pride on his descendants (Isaiah 39:5-8), saying that at least there would be peace in his time.

Young Manasseh didn't turn out too well. He rebuilt the pagan places of worship his father had destroyed, made new idols, and worshipped the stars – building altars for them in God's house (2 Kings 21:3-5). He burned his own son, dabbled with the occult, and filled all Jerusalem with innocent blood (2 Kings 21:6, 16). He did the very evils of the nations that inhabited Canaan before the Israelites – in fact, he did worse (2 Kings 21:2, 9-11). Let's put this in context: the nations that were there before Israel were so bad that the LORD commanded their utter destruction in case Israel learned their wicked ways (Deuteronomy 20:16-18). God specifically warned Israel against picking up their customs (Deuteronomy 18:9-14). Their sins were the very reason that God had allowed the Israelites to dispossess them (Leviticus 18:24-30) – and now an Israelite king was doing even worse!

The LORD in His mercy and kindness tried to warn Manasseh and his people away from their sins, and when they refused to listen He sent the Assyrians to capture Manasseh (2 Chronicles 33:10, 11). Here, in captivity, something wonderful happened. Manasseh, the wicked king, the king who had done so much evil, repented and humbled himself – and the LORD heard him, and restored him to his kingdom – and Manasseh knew that the LORD was God (2 Chronicles 33:12, 13).

We might have expected – for sins so great – that Manasseh deserved to rot in prison for his whole life. Well, yes, that's what he deserved – but God's mercy says that we don't always get what we deserve. When Manasseh repented, God gave him back his building projects, and his army, and his control of Jerusalem (2 Chronicles 33:14-17) – and Manasseh used God's mercy to glorify Him. No one is beyond God's mercy. Christ came to die for sinners, even for the chief of sinners (1 Timothy 1:15). God's mercy says that, the moment a person accepts Him and repents, that person's sins – no matter how bad they might have been – are blotted out completely (Fzekiel 18:21 22)

God knows that we sometimes find this hard — we say it's 'not fair' that those who've hurt us can repent and be forgiven. God answers us: 'Hear now, O house of Israel, is it not My way which is fair, and your ways which are not fair? . . . Because he considers and turns away from all the transgressions which he committed, he shall surely live; he shall not die. Yet the house of Israel says, "The way of the Lord is not fair." O house of Israel, is it not My ways which are fair, and your ways which are not fair?' (Ezekiel 18:25, 28, 29, NKJV.) God is more fair in His mercy than our 'justice' can ever he

- Which of Manasseh's sins are still being committed today?
- How many have sinned and fall short of the glory of God?

 (Romans 3)
- What are the wages of sin? (Romans 6)
- While we were sinners, what did Christ do for us? (Romans 5)
- Can you think of a Bible passage where Jesus tells us to forgive others?

perspective The Kingdom expects...

by Andrew Puckering

Duty is not a word we hear very often these days. It's a word that was common in the eighteenth and nineteenth centuries, when officers and gentlemen would pledge to do their duty for their God, their king, their country and their flag. With the rise of an individualistic and highly sceptical postmodernism, however, duty as a concept seems, to some, a little antiquated. Duty, it seems, has been replaced by 'enlightened self-interest'.

Duty, however, is a biblical principle. In Luke 17, Jesus tells His disciples of a servant who comes in from the field – the servant shouldn't expect a reward from his master, but to continue serving him until his duties are finished. Jesus concludes:

'Does he thank that servant because he did the things that were commanded him? I think not. So likewise you, when you have done all those things which you are commanded, say, "We are unprofitable servants.

We have done what was our duty to do." ' (Verses 9, 10, NKJV.)

Now, what's Jesus really saying here — that we shouldn't bother to thank those who are under our authority? No, I don't think so. What He's saying is that *duty* is something that is expected of us — something we undertake without expectation of reward. What's more, we as Christians have a duty to perform, and Christ expects us to do it!

Duty: an example

One man who understood this very well lived in the age of sail, when Britannia ruled the waves – Admiral Horatio Nelson. Just outside Cadiz in 1805, he faced a combined Franco-Spanish fleet of thirty-three 'ships of the line', compared to his twenty-seven. He was outmanned by 30,000 to 17,000, and was also out-gunned by 2,568 guns to 2,148' – yet he didn't shrink from his duty.

Warships of the period had pretty much all

their guns facing out to port and starboard, with just a few in the bows and stern. This meant that they usually sailed parallel to each other, blasting away with their cannon, until one of the fleets broke away. Nelson, however, used a different tactic. He set his fleet into two lines - and sent them, head-on, straight towards the middle of the enemy's line. His intention was to separate the ships of the enemy fleet. The drawback was that the enemy would be able to fire at his ships for a long time before his men could respond – 'Because the winds were very light during the battle, all the ships were moving extremely slowly, and the foremost British ships were under heavy fire from several of the enemy ships for almost an hour before their own guns could bear '2

They had to keep going, with 32-pound iron balls smashing into their exposed and vulnerable bows, and 'stick to their guns' until they could reply.

Nelson, understanding that some of his men may have been perturbed by this, ordered that the fleet be signalled: 'England confides that every man will do his duty'. Flag Lieutenant John Pasco, knowing Nelson wanted to be quick, suggested 'expects', as the word 'expects' wouldn't need spelling out – and so the famous signal arose, 'England expects that every man will do his duty'.

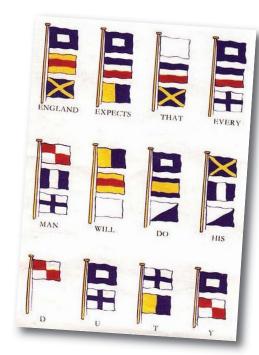
England's men did their duty, and won a stunning victory, capturing or destroying twenty-two enemy ships and losing none of their own.⁴ It came at a price, though – Nelson died during the battle, and among his last words, as recorded by ship's surgeon William Beatty, were: 'Thank God I have done my duty.¹⁵

A better Example

Our Lord Jesus, in the Garden of

Gethsemane, was facing something much worse than French or Spanish cannonballs. He had the weight of the whole world's sins pressing down on His soul, crushing the life from His human body. The responsibility that only He as God could bear was more than He as Man could take and live. Added to this, He knew that He. the Creator of the worlds. must suffer the ignominy of humiliation – be spat upon, be mocked, be beaten and whipped, and carry His cross, before being nailed onto it, hoisted from the ground, and left to die – still being humiliated, and still being mocked.

He who commanded legions of angels, who could call on them to save Him from all this



at any moment, did His duty, and 'stuck to His guns', and didn't answer one word to the accusations made against Him.

He did this duty out of love for you and me!

He too wanted, and achieved, a decisive victory – and He too will answer His enemies, on that last day, and 'rake their sterns with a broadside, double-shotted, with grapeshot and canister', eliminating sin from the universe – and those who refuse the love He offers freely to all will receive the punishment He wanted to take upon Himself.

Our duty today

'Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man.'
(Ecclesiastes 12:13, KJV.) What are His commandments? ' "You shall love the Lord your God with all your heart, with all your soul, and with all your mind." This is the first and great commandment. And the second is like it: "You shall love your neighbor as yourself." ' (Matthew 22:37-39, NKJV.)

A really good way of fulfilling both of these commandments at once is by fulfilling the Gospel Commission of Matthew 28:18-20 – by sharing with your friends and neighbours the love of Jesus – simultaneously giving Him praise and giving them the offer of access to His heavenly Kingdom.

Jonathan climbed a hill and took on an army with only one man by his side for duty (1 Samuel 14). David faced a giant alone and saved his country for duty (1 Samuel 17). We're not asked to do any of these things – we don't have to face cannonballs or muskets, or suffer the agonies Jesus went through on our behalf.

All we are asked to do is our own duty – to love God, love our brothers and sisters, and share the Gospel.

The Kingdom expects no less of us than this.

¹http://www.aboutnelson.co.uk/trafalgar.htm.
²http://en.wikipedia.org/wiki/Battle_of_trafalgar.
²http://web.archive.org/web/20050324080325/http://www.nelson-society.org.uk/html/body_england_expects.htm.
²http://www.newworldencyclopedia.org/entry/Battle_of_Trafalgar. ²Nelson: A Personal History, Christopher Flibbert, 1994; For God and Glory, Joel S. A. Hayward, 2003, p. 63.

Potluck and prayer at Newbold Church

s part of the International Women's Day of Prayer on 3 March 2012, a women's potluck and prayer event was held at Newbold Church, Binfield, Berkshire. Here are some event highlights as reported by Eileen Becejac. . . .

Following a delicious potluck meal, close on sixty women filled the hall, where they were reminded that the day was about 'reaching out to each other in the church', and encouraging their prayer lives.

The day's theme was Faith in Action, something the Newbold Church women's prayer group — who organised the event — have seen occurring over and over again since their first meeting in May 2011.

One of the prayer group, Anna Radosh, a promising Theology undergraduate at Newbold College, shared that: 'Getting to know God's will has been difficult. However, in Bible books such as Psalms and Lamentations, we can see that there were times that the authors did ask — "Why me? Why is this happening, God?" . . . 'According to Anna, 'Questions and doubts need not hinder us on our Christian path . . . they should strengthen us'. The simple recipe for her life of faith is to 'look back, to see what God has done for me in the past, and to simply trust that He will continue to do so in the future'.

She found that the women's prayer group 'has been a safe place for me to show my authentic self, along with my doubts, fears and joys . . . and my answers to prayer.'

Mariola Pedreira, a Newbold Church community member for almost twenty years, spoke about a book that had changed her life – *Having a Mary heart in a Martha World*, by Joanna Weaver (available through *Amazon.co.uk*).

A self-confessed 'control freak' who had always been sympathetic to Martha's intentions, Mariola realised that she had been concentrating on the 'injustice' of Jesus' original rebuke to Martha when she complained about her sister not helping her. Instead she should have looked at Mary's teachable heart, a woman who had accepted Jesus' rebuke, changed her thinking and allowed her character to be radically transformed.

Mariola challenged the attendees to do the one thing that Jesus required, which was to sit at Jesus' feet, to worship Him and to get to know Him better. According to Mariola, 'When we put that one thing first, then He delights to reveal His will and our part in fulfilling it.'

The women were then invited to pray together in small groups before being led into song by Loren Latchman and a closing summary by Eileen Becejac.

Syska Pacekova felt like this about the event: '... although we all have different backgrounds, different circumstances and different problems, what brings us together is that we all want to find the right direction for our lives – to win the battle and know that we are not alone.'

Why not start something like this in your church?





Someone recently made the valid observation that we don't have many articles by women appearing in the *Messenger*.

Nothing would make me happier than to change that! But I can't do it alone – I need your articles. Here are some tips: • Keep them short – not more than 800 words. • Stick to one good point, and make it stick! • Write from a woman's perspective but also make it meaningful for men.



'changing the world, one life at a time'





Lest we forget . . .

The sights and sounds of raw human need daily saturate our television viewing. BBC and Sky reporters do their best to heighten our awareness of these tragedies, but there is only so much that we can, or want to, remember.

So lest we forget, the horn of Africa still exists – and ADRA has been busy down there too.

During the past year the agency has played a significant role in **Kenya**: restoring water supplies; trucking in emergency water to two schools and a regional health centre; and providing emergency food rations to families with young children.

In **Somalia** the agency has supported remote pastoral communities with water and food distribution — cutting down on the need for these people to travel long distances to crowded refugee camps.

They have also distributed essential items such as jerry cans, sleeping mats and mosquito nets wherever these were needed.

The photos show basic supplies – before and after collection!

ake Zakaria, a student farmer in Ghana, and Zaya, a little girl with cerebral palsy in Mongolia: just two examples of the many people who have been helped recently through the programmes of ADRA-UK.

Zakaria lives in Northern
Ghana where tens of thousands
of people have been affected by
drought and hunger. He dropped
out of school due to financial
challenges. ADRA-UK's Food
Security Resilience project helped
Zakaria to work his plot of land
and increase his yield by 400%.
After just twenty months he now
has enough food to eat and a
surplus to sell. This will pay for
his education and provide the
money to invest in future crops.

Zaya lives in Mongolia and has cerebral palsy. Her parents did not know how to access proper health care and education for her. With the help of ADRA-UK, Zaya's parents have received physiotherapy training; she has joined a special primary school programme; and she has access to specialised medical care.

Thanks to the financial support of many of our church members last year we helped people in fourteen countries through development programmes and provided emergency response in nine other countries.

ADRA-UK is working hard to improve the lives of children, women, and men around the world in diverse ways. Will you help us?

Along with Zakaria and Zaya, there are tens of thousands more who have benefited from our programmes. Our work is varied: from providing access to clean water to helping with basic education and improving crop yields – the impact is immeasurable.

The ADRA network is sowing the seeds of change around the world. Following the example of Christ, we are meeting the needs of suffering children, women, and

men. Families living without hope in extreme discomfort and deprivation are blessed and uplifted by ADRA-UK's programmes.

We are there to help – not just for a few weeks – but for many years, while patiently building precious relationships with the people whose lives we work to improve. Again and again, these individuals share with ADRA staff their wonder that individuals whom they do not know invest in them and their communities – individuals such as you!

Your decision today to help collect or raise funds for ADRA will make an incredible difference in the lives of people like Zakaria and Zaya.

By integrating activities focused on clean water and sanitation, health, education, food development, income generation, and nutrition, we provide a holistic approach to developing communities and saving lives.

Your help during the 2012 Appeal will allow us to sow seeds of change and expand our programmes worldwide!

ADRA-UK implements simple measures that open the door to a better life. Will you help us to help?

Around the world ADRA is meeting the immediate needs of people in crisis. Many of ADRA's staff work daily in demanding, desperate and dangerous places. Your prayers of support make an incredible difference, and knowing that people like you are lifting them in prayer provides strength and encouragement to our ADRA workers.

Please set some time aside in the period of 31 March – 15 April (22 April in London) to help collect from door to door. We need your help to raise funds for our work. Please help us to help!

Aung San Suu Kyi

One of the most respected human rights activists in the world today is Daw Aung San Suu Kyi of Myanmar (Burma). Recipient of the 1991 Nobel Prize for Peace, she has survived a decade of detention, house arrest and travel restrictions, in her pursuit of democratic change in her country. Fortunately, she is now free to stand in the country's forthcoming elections, although her campaigning opportunities are still restricted.

The UK's Department for International Development has committed £185 million to improving the lives of ordinary Burmese people over the next four years, and Aung San Suu Kyi recently wanted to see this development aid in action. During her visit to some of these sites in the company of the British Ambassador she was deeply impressed by the changes that are taking place.

To the credit of ADRA (Adventist Development and Relief Agency), one of the sites that impressed her group is managed by their local team. ADRA is one of the preferred partners in Myanmar because of the manner in which they manage their development projects.

On the right is a photo of her inspecting one of the home garden projects implemented by ADRA. The ADRA staff are wearing the green golf shirts.



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news

'God is Love' – the message reaches campus

March 3 2012 was a Sabbath with a difference for Leeds students, who fellowshipped together, not in a church building, but on their university campus. Around thirty young people gathered at the University of Leeds student union in the second 'Half-day Sabbath' this academic year. 'God is love' was the theme explored throughout both parts of the service. Organised by the Seventh-day Adventist Society (SDAS), the day gave an extra chance for Adventist students to fellowship and an important opportunity to reach out to friends on campus.

As well as Sabbath events, SDAS runs weekly lunchtime prayer meetings and Bible studies, and promotes healthy living through expos and cooking demonstrations. Members recently took part in a union-run cultural festival.

One participant said, 'It was great getting to know new people and sharing what God's love means.' Students at other institutions in the region also supported the event, and the society looks forward to welcoming even more friends and fellow students at the next campus Sabbath in April.

LEEDS CENTRAL COMMUNICATIONS DEPARTMENT

NOTICE OF AGM 'Aiming for a brighter financial future'

All members of the London Adventist Credit Union (LACU) are invited to attend the twenty-third annual general meeting (AGM): Sunday 8 April 2012, 1.30pm-4pm, John Loughborough School, Holcombe Road, Tottenham, N17 9AD. Please arrive at 1pm for a 1.30pm start. Refreshments will be provided.

Under the Legislative Reform Order the LACU is now able to offer membership to all members of the Seventh-day Adventist Church, and non-Adventist family members residing at the same address, within the BUC – with the exception of Northern Ireland.

Following the AGM at 4.10pm, there will be a meeting for anyone meeting the above criteria who would like to become a member of the LACU, or find out more about its services.













Do Maths 4 Cash, 31 March – 22 April 2012: Can the children and grand-children in your family do a total of at least two hours of fun maths exercises within two weeks? If they can, £2.50 will be donated to the ADRA 2012 Ingathering Appeal.

To register or for more information, email: info@cash4maths.com, or telephone 0207 1128336 and mention ADRA, or register online at: www.cash4maths.com. Registration opens 1 March 2012. All fundraising maths must be completed between 31 March and 22 April. Children should be aged between 5 and 16 (or 16 to 19 but doing NVQs or GCSEs).



More than conquerors

We have to be 'more than conquerors', said Pastor Hamilton Williams at the yearly Kennington Community Fellowship retreat at Hill House Christian Centre in Bridgewater, Somerset.

From 16 to 19 February, the Kennington worshippers and friends connected with God and with the rest of the KCF family, and those not familiar with the traditional church setting saw the Holy Spirit working.

Pastor Williams presented sessions on psychology and practical Christianity, and Pastor Gifford Rhamie, a regular speaker at the retreat, continued the session he started in 2011: the 'Purpose-driven Church'.

For more information and pictures, see: www.kcflife.com and Kennington Community Fellowship on Facebook. Also follow on Twitter: @kcflife.

K. OWUSU



Carol Service in Llandrindod Wells

One of the most cherished events for Llandrindod Wells Church is the Carol Service. Each year, members faithfully invite their friends and neighbours to sing and remember the birth of Jesus Christ.

This year the programme was organised by Ifor and Pat Gimson, supported by members who brought refreshments and prayed for good weather.



On 21 December 2011 the church was full, with literally no spare seat! There were more visitors than members, and many were involved in the service. Pastors Brian Phillips and David Rancic preached, joined by local URC reverend, Stephen Gilbert.

DAVID RANCIC

The Small Business Show Balham Seventh-day Adventist Community Church, 27 May 2012

Calling business owners and entrepreneurs: be part of an exciting show! Come and find out how a bright idea can become something big! Get advice and listen to entrepreneurs and motivational speakers.

Come and showcase your business;
 Expand your customer base;
 Sell and negotiate orders;

Sell and negotiate orders;

Network with other business owners

There is limited availability. Don't delay. Act now!

For more information, contact Leslene on 07949244722, or email: leslene@edenic.co.uk.



Citizen banquet

Great Brickkiln Church's annual senior citizen banquet on 18 December 2011 was well presented, and a large number of the elderly from the local community turned up as invited. Following a three-course meal the attendees were entertained with rhymes and folk songs from the West Indies.

DELVA CAMPBELL



Congratulations to 'guardian angel'

The Chiswick church has a 'quardian angel' – John Kiernan, Though not a church member, many times he's called the church's caretaker about a light left on or window left open – or, more recently, 'The church has been vandalised and I've called the police!

John has been unwell recently, and Chiswick members have been praying for and visiting him and his partner. Christine Lawrence. On 14 February they were married at the Chiswick church, becoming Mr and Mrs John and Christine Kiernan! John still needs treatment for his illness, and Chiswick members will continue to pray for him. COMMUNICATION DEPARTMENT

Health matters

In autumn 2011 the Sutton-in-Ashfield church health team, including Pastor Melvyn Ellis, started a Cooking for Health series.

The tasting period was greatly enjoyed by visitors from the community, who constituted half of the twenty-one participants by the final week.

2012 saw a new series - Health Matters - which included two invited speakers: Dr Winston, a GP and member from Chesterfield, and Rachel Brown, an osteopath from Nottingham, daughter of a Sutton member. They talked about arthritis and cancer.

Member Sue Anscombe, an occupational therapist, talked on stress, and Pastor Ellis spoke of

Nature Park Southern Black Forest, Germany: Holiday flat to let, summer and winter (cross-country skiing, 2-6 persons). Tel.: 0049-7704 923600, his recent heart attack. or email: Andrea-Zoellner@gmx.de. MORAY STEWART

Dedications in Barnslev

Two dedication services have been held recently in Barnsley. Dr David Marshall conducted the service for Matthew and Charlotte Scholes and

Pastor Andrew Rashford-Hewitt led the service for Chris and Joanna Dove and their sons Oliver and Daniel. HATEL SCHOLES





obituaries

Walter James Hardy (1909-2012) d. 14 January. The working lives of Uncle Jim's father and two brothers were spent in the local quarry, and they were the founding members of Croscombe Adventist Church. Jim and his wife Doris, who survives him, were both born and grew up in the village of Croscombe. They were cousins and childhood sweethearts, were married on Boxing Day 1933, and were lifelong members of the Adventist Church. Until many years later, when age prevented them, they would be in church every week.

They were blessed with a son (Philip), and travelled to Canada in 1953 and made a new home there. Jim worked as a lumberjack in an Adventist logging camp, and also at Loma Linda University, where Philip was a student, while Doris was a nurse in Loma Linda Hospital.

In 1976 they returned to their homeland: Iim retired, and they settled in the Wells area. Jim was no mean cyclist, and held a record for a timed cycle run between Glastonbury and Wells, a distance of 6 miles, in twelve minutes. In his retirement he was often seen around Wells on his large three-wheeler – sometimes to the consternation of local motorists!

Iim and Doris had seventy-eight years of married life together – a special achievement in this day and age. Indeed, for a short period they were the oldest married couple in England.

Walter slipped peacefully away from this life on 14 January, a few weeks before what would have been his 103rd birthday. The funeral service was conducted by our present minister. Pastor V. Dranca, in the presence of many friends and relatives, and was followed by interment in the local cemetery in the area where he lived most of his exceptionally long life.

The writer and her husband often visited Jim and Doris, who would say, 'God is good'.

Doris and the family need our prayers, but Doris's faith is as strong as ever. She looks forward with confidence to that great day when such partings will be no more.

Betty C. **Jacques Vine** (1924-2012) d. 26 January. Betty Constance Jacques was born in Bradford on 1 August, 1924. She grew up in an

Adventist home with a father, Edward. who was often away from home as a door-to-door colporteur. Her mother, Constance, was often ill, and the three Jacques children would often have to take themselves

to church on a Sabbath morning.

When Betty was 14 years old her mother died, leaving Betty to run the home while big brother Roy left to join the army. It was difficult for a travelling colporteur to keep the household together, and Betty and little brother Brian were tearfully separated. As war progressed in England, Betty

was sent to Ireland with responsibility for the two Madgewick children. She cared for them for more than a year before her father re-married, and Betty and Brian were reunited, with a new step-mother in the home.

Betty attended Newbold College in its wartime locality - Packwood House. Here she met her future husband, Kenneth Laurence Vine. Planning to become a minister, Kenneth was not allowed to marry until he had completed his course – a period of eight years.

Ken and Betty emigrated to America so Ken could attend Emmanuel Missionary College, now known as Andrews University, where Ken took his doctorate in Ancient History. To make ends meet, both Ken and Betty served as butler and maid to Admiral McCain father of the present senator, John McCain.

Ken was then called to New York. where he worked at the New York Academy, Little brother Brian Jacques emigrated to America and attended what is now Columbia Union College.

Ken and Betty accepted a mission appointment to Middle East College, where Ken, as president of the college there, was able to expand his passion for biblical archaeology. Every summer for many years, he was involved in 'digs' throughout the Middle East. Betty would assist with cleaning, repairing, and cataloguing the various artefacts. During their later years, Betty and Ken spent countless hours preparing a collection of antiquities for display at La Sierra University, where Ken was, for many years, Dean of Religion.

Betty loved children. When the family moved to La Sierra in California, Betty completed studies to become a speech pathologist. She worked with mentally and physically disabled children at Sunshine School for many years, spreading the gift of love and warmth to clients and staff alike.

Betty had the gift of graciousness, and the ability to know, in conversation, just the right thing to say. She and Ken welcomed many, many guests into their home with warmth, and an earnest desire to please and to help.

Betty passed to her rest on 26 January, after a prolonged struggle with Alzheimer's disease. She was predeceased by her son Terrence, brother Brian, brother Roy, and husband Ken. She is survived by her daughter and son-in-law, Judy and Ben Fischer, and grandson, Kenny. Many family members and friends across the globe mourn the loss of such a gracious, intelligent, and kindly person. May we, each one, continue her legacy of love, peacemaking, hospitality and graciousness, until we meet again on Resurrection morning! MONICA VINE DE LANGE

Ivor Henry Hayles (1928-2012) d. **2 February.** Ivor was born in Beeston, Nottinghamshire, to Marjorie and George Hayles. He had two brothers -Trevor and Malcolm; and two sisters -Beryl and Valerie.

Ivor joined the Navy in 1946 and received a medal for his length of service mine-sweeping in the Mediterranean. It was during this period that he came into contact with the Seventh-day Adventist Church and made his decision to follow Christ. This decision necessitated his departure from the Navy in 1953, and he made his way to Newbold College for a period of

Ivor had a beautiful tenor voice and he joined three of the other students to form a male voice quartet. They were very professional, and were often invited to sing at evangelistic campaign meetings. On at least one occasion, after the disbandment of the British King's Heralds, Ivor and his three singing friends broadcast on the Voice of Prophecy radio programmes beamed from Radio Luxembourg.

Ivor had four children. In 1977, he met Monica, who was the mother of three boys. It was very encouraging to see most of these children with their children, and even a great-grandchild, along with his brothers and sisters and their families, at Ivor's funeral on 15 February, to pay tribute to a very loving father, grandfather and family member.

Faith played a very important part in Ivor's life, and he enjoyed worshipping at the Seventh-day Adventist church in Weston-super-Mare for many years. He would often write to his children, encouraging them with promises of Scripture. The funeral service was conducted

by the local pastor, Wayne Erasmus, and tributes were given by members of Ivor's family and friends, Sadly, in his later years Ivor suffered from Alzheimer's – but his wife and family have the assurance that, when Jesus returns, Ivor will be raised to full health of body and mind – and with an even more beautiful voice he will join in singing praises to the God he loved.

February. Jane Patricia Murphy, later known as Jean, was born in Swansea on 22 January 1925. She was one of seven children, and in her early life she worked for the General Post Office in a drawing office. She married Bert Jeffers, a fireman, and they had one son, Nick, in 1947. Jean began attending the Swansea Seventh-day Adventist church and was baptised in July 1961, followed a year later by her son.

Jean Jeffers (1925-2012) d. 16

Jean was a very supportive member of the church, and, although she never relished high-profile roles, she taught adult and children's Sabbath School classes and gave personal Bible studies to new members.

Present members of the Swansea church testify that Jean was a highly respected member – not so much for her intellectual skills, which were considerable, but for her thoughtful and caring demeanour. She had the gift of making people feel at home, whatever their background, and was always cheerful. She was particularly skilful and diligent in making and sending cards, and used her beautiful handwriting skills to send messages of loving encouragement to everyone in the church. She used these same skills to hand-write signs and notice boards for the church.

When her husband retired in 1973. Jean was able to dedicate more time to supporting their son in his dental laboratory business, and a few years later she and Bert moved to Ammanford in order to be closer to Nick, his wife Gillian and their new daughter Nia.

In later years Jean was unable to attend church for health reasons, but she still held firmly to her Adventist beliefs. She also remained very close to her family right to the end. We extend our condolences to the family and pray that they will find comfort in the Resurrection hope that Jean had.

> Elsie Wasserman (1930-2012). It is with sadness that we report the death of Elsie Wasserman, a member of the Stanborough Park Seventh-day Adventist church.

> Elsie was baptised as a result of the Tuesday Talks initiated by Pat Walton. Her funeral service at the West Hertfordshire Crematorium reflected her spiritual pilgrimage. Prior to her baptism she was a member of the United Reformed Church in Watford. Her service was conducted by three ministers. David Lawrence the United Reformed minister, Pastor Paul Clee, the pastor of the Stanborough Park church. and the writer, Pastor Patrick Boyle.

> Our sister's influence on her friends was reflected in the fact that there were no spare seats at the crematorium chapel. She rests after a long life, 81 years, until the Lord she loved calls her to life everlasting at His return. She is mourned by her son Andre and daughter Helen. PATRICK ROYLE

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back page



God is Love!

This was the message on Sunday 19 February when forty members and friends of the Loughborough church met to celebrate God's great love and the love we have for each other as Christians.

Loughborough members enjoyed a special meal, served by young waiters and waitresses: Lucas (7) wanted to be a waiter again the following week!

All present had chosen a favourite Bible verse and poem about God's love, and shared these between courses. They were collected into a booklet and given to take home, as well as to give to people members haven't seen for a while and friends who need to know that God loves them

Loughborough members value the time they spend together, sharing their lives as the early Christians did: a great opportunity to invite friends and family to learn about the God of love.

COMMUNICATION DEPARTMENT

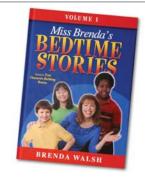
Vocalists needed: Carl Ferguson is seeking singers to help him record Sabbath songs in every possible language. This is part of a project to raise awareness of Sabbath hymns and spread the Gospel of the Sabbath to all the world. Carl currently has more than 100 Sabbath songs. To find out more, or to help through musical ability or financial donations, email: CSCSFerguson@hotmail.co.uk.

Aberdaron Advent Campsite 2012 activity weekends

27-29 April: Surf's Up 4-7 May: Walk of History 11-13 May: Challenge the World 18-20 May: Boulders for Christ 25-27 May: Walk the Llyn

These are activity-led weekends specially for those who have an interest in surfing, hillwalking or mountain climbing. For further details visit: www.aberdaroncamp.com or Aberdaron Advent Campsite on Facebook. Alternatively, contact us at: Aberdaron Advent Campsite, Glan yr Afon, Anelog, Aberdaron, Pwllheli, LL53 8BT, or phone: 01758 760281.

For a short Scottish Highland break in an Adventist-owned hotel, call 07830 377599 for more details and special offers.



New book of the week Miss Brenda's Bedtime Stories: volume 1 Brenda Walsh

With stories that tug on your heart, and stories that warm it, this large, beautifully illustrated children's storybook is sure to inspire your children and the whole family! Volume 1 contains twenty-seven stories, and more volumes are also available for purchase.

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ABC Shops Watford, BUC 12.30-5pm, Monday-Thursday 10am-2pm, Friday

Birmingham Aston-Newtown 11am-4pm, Wednesday 4pm-8pm, Thursday 9am-1pm, Friday 11am-3pm, Sunday

Advent Centre Mondays & Wednesdays, 6.30pm-8.30pm Sundays, 11am-3pm

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Sunset

Sunset times are reproduced with permission from data supplied by HM Nautical Almanac Office.

		Lond	Card	Nott	Edin	Belf
Mar	30	7.31	7.43	7.37	7.48	7.57
April	6	7.43	7.55	7.49	8.02	8.11
	13	7.55	8.07	8.01	8.16	8.24
	20	8.06	8.19	8.14	8.30	8.37

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Time is running out to sign up for the early-bird prices! After 10 April, regular prices will apply. Complete your application form and return to your club leader ASAP! All the info and forms can be found on the BUC website – details below.

Theme: RUNNING for Home

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