

Messenger

News to the churches • 4 January 2013 • Volume 118 • 01

Make the strangers welcome

Dear Member,

I have been privileged to visit many congregations across the British Isles, and at each I have been received with genuine warmth, love and hospitality. I suppose that my face is too well-known for me to travel and visit incognito; therefore I am never treated as a 'normal' visitor.

On many of these visits, Jennifer, my wife, has been with me to enjoy this special experience. When she arrives at a church 'on my arm', everyone knows who she is. She is the president's wife.

Jennifer and I have talked about this warmth and hospitality – it's great – but she doesn't always experience it. There are times when she attends church on her own – unrecognised – and things are different.

This is not a complaint; merely a desire that every congregation treat all its 'strangers' to the same warmth, friendliness and hospitality that a president receives.

In fact, Jennifer and I have a simple wish for all our congregations

this year: **make the strangers welcome.** Let them feel so at home that they will want to return!

Hebrews puts it like this: *'Do not forget to entertain strangers, for by so doing some people have entertained angels without knowing it.'* (Hebrews 13:2, NIV.)

Can you imagine a visiting angel returning home – to Heaven – with this message: *'Jesus, they're very close-knit and loving down there – to each other, that is! – like one big, exclusive family!'*

Fortunately, the angel won't lose faith over a bit of unfriendliness. But what about the 'prodigal' who is back for the first time in decades? He has scraped up the courage to come back, but will he want to stay on?

Our prayer for all of us – the entire BUC – is that we will be eager and ready to **make the strangers welcome** this year!

With Christian love
Pastor Ian Sweeney, BUC president

'Jesus, they're very close-knit and loving down there - to each other, that is! - like one big, exclusive family!'



Megapixels of creation

Happy New Year

As I type, Christmas is still three weeks away, but by the time you're reading this, it will be 2013 . . . ! But I trust you have all enjoyed your break and are now looking forward to what 2013 has to offer.

Can I draw your attention to the cover photo on your Directory of Churches 2013.* This picture was submitted for Megapixels by John Butters, so if you would like to see your pictures in print, send your nature photography, like the landscape on this page, taken by Barry Allen; also of wildlife, water, close-ups and flowers.

Send them in to me at: dbell@stanboroughpress.org.uk. Just remember to keep them 'hi-res'. Happy snapping!

DAVID BELL, MESSENGER DESIGNER

To see more of your images, go to: <http://adventistwebministries-org-uk.adventist.eu/megapixels>

*Pictures sent in to us for Megapixels may be used by us at our discretion on other projects.

editorial

'I love it when a plan comes together!'



Julian Hibbert
Editor

the deep, and the Spirit of God was hovering over the waters. Genesis 1:1, 2, NIV.

That's right! The very first snapshot we have of God reveals Him turning chaos into creation. Bit by bit, during those 72 hours, He hovered over our chaos, gently guiding the shambles into shape.

The translation booths

Then on the Friday, the Hope Channel representative approached me in desperation – those who had promised to construct the translation booths . . . couldn't handle the task! Could I do something to help?

I thought for a moment – then a name flashed into my mind. *'But Lord, he lives 40-odd miles out of the city. How's he going to do this on his own? And you know he can't start till tomorrow night – after Sabbath!'*

Sometimes, it is not so much what God seems to suggest that convinces me to do the improbable; it's those long, pregnant silences that follow!

I phoned the member, who is a builder – a qualified electrician too. *'I'll be there after Sabbath, Pastor. Don't worry, I'll sort it out for you.'* He did, and on time!

What were the implications of his eleventh-hour availability? Hundreds of thousands across Africa heard Dr Pollard preach our message in their mother tongue. Didn't I tell you that God is a Pro when it comes to chaos management!

The translator

The news that there would be no Portuguese translator was a serious blow to the programme.

For throughout Angola and Mozambique, churches had invested in those large dishes and special decoders needed for the broadcasts. They had also bought screens and digital projectors. The advertising had reached their friends and neighbours, and many souls were now potentially at risk of missing our message. What an embarrassment for the Church.

Then, just one week before the series began, I noticed a new family in church. At the door the visitor introduced himself as Fausto da Silva, born and raised in Mozambique – with a pukka Portuguese accent!

I felt a tingle down my spine. The 'Spirit of God was hovering' over our chaos and something inside me reverently said: *'I love it when a plan comes together!'*

They were searching

Carol da Silva had grown up an Adventist. Now her husband wanted to know more too. He was earnestly searching for truth – but he was a Roman Catholic. How could he solve our problem?

Believe it or not, he did! After I had visited with him and assessed the situation, I offered him the responsibility of translating the evangelistic series into his native language – each night for the next three weeks! He sat stunned for a while, then said: *'I don't have a Portuguese Bible – where can we get one?'*

That was his way of saying 'Yes!' And so Fausto – an industrial pharmacist – became God's voice to the eager ears of thousands in Angola and Mozambique. He didn't have a day's theological training to his credit, not even a baptismal certificate, but he became a successful part of our satellite outreach – and a Seventh-day Adventist! Vivid proof that God is able to turn the direst circumstances to our advantage – if we are willing to trust Him.

Like Colonel John 'Hannibal' Smith, God also loves it 'when a plan comes together'! So why not trust Him with your plans for 2013?

In memoriam . . .

Although it may not seem that way, I wrote this editorial with a heavy heart. For, a few days earlier, on 23 November (2012), while on his way home to spend Sabbath with his family, Fausto was killed in a car accident. His wife Carol and their three sons now face the abominable chaos that sudden and tragic death causes. Please remember them in your prayers.



Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHY, MSc
Health Ministries director, BUC

Diabetes link with high-fructose corn syrup

The global epidemic of type 2 diabetes has come under scrutiny in some new research. The joint UK/USA study by researchers from the Universities of Oxford and Southern California found that in countries with a high intake of the food sweetener, fructose corn syrup, a 20% higher proportion of their population had diabetes in comparison with countries that had a low fructose corn syrup uptake. Forty-two countries, including the UK and USA, were involved in the study.

Quoted in *Medical News Today*, lead author and researcher Michael Goran, professor of preventive medicine at the Keck School of Medicine at USC, says: 'HFCS consumption may result in negative health consequences distinct from and more deleterious than natural sugar.' (Catharine Paddock PhD, 'High-Fructose Corn Syrup Fuelling Type 2

Diabetes Epidemic', *Medical News Today*, MediLexicon, Intl., 2 December 2012.)

Why so much concern about fructose? Well, ordinary table sugar comprises sucrose, which comes from sugar cane or sugar beet. Sucrose contains equal amounts of both fructose and glucose. High-fructose corn syrup contains more fructose, however, which makes it much sweeter. It is this level of sweetness which helps stabilise processed foods.

Additionally, food companies commonly use HFCS in soft drinks and to improve the appearance of some of their processed foods, like baked goods, as it allows for a more consistent browning which is considered more appealing to consumers.

On assessing the study results, co-author Stanley Ulijaszek, director of the Institute of Social and Cultural Anthropology from the University of Oxford, shares this insight: 'Many people regard fructose as a healthy natural sugar from fruit, and that's true. Natural fructose found in fruit, for example, is fine: the 10g or so of fructose in an apple is probably released slowly because of the fibre within the apple and because the fructose is inside the cells of the apple.' He further explains, however, that 'there is evidence that the body struggles to metabolise a large amount of fructose that does not come from fruit, and there is a risk for type 2 diabetes,' because 'fructose and sucrose are not metabolically equivalent'.

These findings led Ulijaszek to conclude: *'This research suggests that high-fructose corn syrup can increase the risk of type 2 diabetes, which is one of the most common causes of death in the world today.'*

As a result, these researchers are calling for better labelling of fructose and HFCS content in foods and beverages.

Good health!

'I love it when a plan comes together!' That's a catchphrase you've probably heard or used before. It was popularised by the fictional Colonel John 'Hannibal' Smith (George Peppard) in a 1980s television series called *The A-Team*.

I've seen those words come true on a number of occasions during my ministry – often in the face of really daunting odds. Let me share one with you, to encourage us as we take our first tentative steps into 2013.

It was 'shambolic'!

Generally Adventists are good event organisers, but I have seen some exceptions. None, however, was more 'shambolic' than one of Hope Channel's early evangelistic broadcasts from Africa. For some 'ungodly' reason, the local churches in this city – most of the clergy and some of the members – weren't taking the event seriously enough.

This was groundbreaking outreach. We were to broadcast Dr Les Pollard live, to a vast international audience, every night for three weeks!

For this we had hired one of the city's largest auditoriums – but exams were to be held there until three days before we were to go live! That meant that we had to build the stage decor; set up all the audio, visual and lighting equipment; build soundproof booths for a dozen translators (each with its own TV and audio links); install the broadcasting unit; and test everything . . . in less than 72 hours – with a Sabbath in the middle!

Then, to top it all, we were told that the Portuguese-speaking territories were not sending a translator any more!

This was 'mega-daunting' stuff – prowling through my thoughts at night, robbing me of sleep.

Check His CV

But I was about to learn that God handles chaos like a pro. That He actually thrives on shambolic situations. Do you remember how His CV starts?

'In the beginning God created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of





Who really has the problem?

by Pastor Ian Sweeney, BUC president

Introduction

There is a story in the New Testament that, while 2,000 years old, has a relevance that still endures. Jesus was with His followers, having sailed across a lake called Galilee. On disembarking from His boat, the story recounts that Jesus was met by a very troubled man:

'When Jesus stepped ashore, he was met by a demon-possessed man from the town. For a long time this man had not worn clothes or lived in a house, but had lived in the tombs' (Luke 8:27, NIV) '... and no one could bind him anymore, not even with a chain. For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. Night and day among the tombs and in the hills he would cry out and cut himself with stones.' (Mark 5:3-5, NIV.)

The man's problems

This man had serious, long-standing problems, as clearly evidenced by the following:

- He lived among the dead – he had made the cemetery his home.
- Even though he lived among the dead, he seemed to show them little respect by walking around naked all the time.
- The man was self-harming, as testified in his tortured screams that could be heard throughout his community.

Community response

The community's response to this clearly troubled man was restraint. They chained him down, by his hands and feet, but there was a demonic, supernatural strength behind his life which enabled him to break free from his restraints.

This is a fascinating story because it reveals how a community (dare I say the health service) sought to deal with a person it either **could not**, or **would not**, understand!

The community recognised that this man had serious problems, but the best that they could come up with was isolation and iron chains. This was clearly a flawed strategy, for it did not help the man recover. Which leads me to ask whether the community was interested in seeing the man recover, or whether they preferred simply to manage the problem?

I am not a psychiatrist, psychologist or

mental health clinician, but when I read this story, I was led to ask myself this question: Is it still true today, that we prefer to sedate 'problem people' so we can manage them, rather than working towards their full recovery?

Maybe iron chains and sedation were the easiest option for a community that did not want to spend the time, effort, money and resources on people considered to be embarrassing, dangerous or just too much like hard work?

A troubled community

Without a doubt, the man of this story was troubled – but it seems to me that he was a troubled man in a troubled community. The origin of the man's problems was supernatural. The Bible states that he was possessed by demonic forces, and for this reason Jesus exorcised the demons from his mind. Once He had done this, the story goes on to recount:

'... the people went out to see what had happened. When they came to Jesus, they found the man from whom the demons had gone out, sitting at Jesus' feet, dressed and in his right mind; and they were afraid. Those who had seen it told the people how the demon-possessed man had been cured. Then all the people of the region of the Gerasenes asked Jesus to leave them, because they were overcome with fear. So he got into the boat and left.' (Luke 8:35-37, NIV.)

I fine the reaction of the community to the man's healing amazing. They see the man wearing clothes... and they are frightened?

He is sitting down calmly, listening to Jesus... and they are frightened?

He is clearly in his right mind again... and they are frightened?

In fact, the people are so terrified by the normality of the man, and what Jesus had done, that they ask Jesus to go away from them!

What kind of crazy world did he live in – one that is frightened by him now being clothed, in his right

mind, and sitting listening to Jesus?

It seems to me that his community had accepted his troubled life as normal for him, a state from which there was no hope of healing. They had bound themselves into believing that this man was beyond help, and so to see him changed and in his right mind was frightening for them.

Application

In my work and life, I have met many people who are bound physically, emotionally, and spiritually. People incarcerated by conditions in which they find themselves. Although free from the human penal system, regretfully they are imprisoned in a far more cruel prison.

These people endure the chains of depression, anxiety, and low or no self-esteem. Some, whom I have met, are on the 'death row' of deadly narcotics, alcohol, and careless, unsafe, and uninhibited sexual activity.

These people are being held captive behind seemingly impenetrable bars and inescapable walls, being made to believe that this is all there is to life, and that there is no way out.

Conclusion

This New Testament story tells us, however, that there is hope for them... for us... no matter what demon seeks to be the jailer!

Jesus intervened in this man's life – changed it for the better, brought him hope, even gave him a mission in life. Likewise, we can move on from being troubled communities to transforming ones!

I celebrate the efforts of all of you who, like Jesus, make a positive impact on the lives of those who are troubled and struggling. Keep up your excellent work!



Seventh-day Adventist Association Ltd (SDAA)



by Steve Okelo, SDAA treasurer

What a Sabbath!

It's a Sabbath morning. You've put on your best clothes; dressed the children; and had breakfast together.

You leave for the church on time; the traffic is calm; and the little passengers at the back are on their best behaviour – for a change!

But at church things change suddenly. The gate is still locked – heavily chained and padlocked. Harsh signs warn the milling members not to 'trespass'. Voices are raised! Tempers flare!

The uniformed security guard moves menacingly forward while his German shepherd snarls at the crowd.

Another sign reads 'Private property – no access'. One of the deaconesses points to it and calls out: *'This is our church! We saved for years, prayed and fasted – oooh Lord, have mercy!'*

Other members shout and shake their fists: *'This is wrong! We own this property. Let us in!'*

Curious neighbours join the crowd. More members arrive. So does a van full of Metropolitan Police. *'Let's get the children back in the cars,'* someone suggests.

You tug at the deaconess's arm: *'Aunty, what happened? Why can't we get inside?'*

'You know, after all these years we were able to put enough money together; bought this church; then we voted to put the ownership title in the name of our trusted head elder. Now he's upset because he wasn't re-elected and he has kicked us out!' Her voice chokes and tears flow freely down her cheeks.

Could this happen in your congregation?

Yes! If you are not careful, it can. That is one of the reasons we have our Seventh-day Adventist Association (SDAA), the legal body that holds titles in trust on behalf of our Church in the British Isles.

This body has served the Church here for more than 106 years, and holds legal titles to most of the church buildings and property within the British Union Conference (BUC). For example: when a church or school is bought or sold, the legal arrangements are made on behalf of the church by the SDAA. The same should also apply to all rental agreements that we might become involved in.

Varied roles

The department (SDAA) also assists our various conference and mission offices with these and related matters.

For instance, in 2008, when the BUC offices suffered severe fire and water damage, alternative office space was rented in Frogmore in the name of the SDAA.

This is a very brief outline of what we do, but I intend to pass on more helpful information to you relating to the following in future issues of *MESSENGER*:

- Building projects – the essential elements that must be covered, and so on;
- What must happen when the local church signs any contracts;
- Church building acquisition and loan policy;
- How to lodge your property purchase/sale requests;
- Fundraising campaigns to purchase church buildings;
- Renting your church or hall to the community;
- Putting together a building contract for repairs or extension;
- Renting or leasing from other churches or landlords;
- How to constitute a church building committee.

with Andrew Puckering



Mercy or death?

The king of Israel was hopping mad! He was so angry with the prophet Elisha that he said, 'God do so to me and more also, if the head of Elisha the son of Shaphat remains on him today' (2 Kings 6:31, NKJV) – in other words, 'May God kill me if I let Elisha live!' What on earth could have made the king so angry?

The king in question isn't named in 2 Kings chapter 6, but the events in this chapter take place between the death of Ahaziah son of Ahab and the accession of Jehu son of Nimshi (2 Kings 1:17; 9:14-26). We may therefore confidently assume that he is Jehoram (or 'Joram'), son of Ahab and brother of Ahaziah, and one of those kings who could have been worse, but was far from perfect (2 Kings 3:1-3). He had taken Elisha along when he joined King Jehoshaphat of Judah and the king of Edom to suppress the rebellion of the Moabites (2 Kings 1:1; 3:4-9). When the expedition ran out of water, Jehoram panicked and pronounced their doom (2 Kings 3:10). Elisha, seriously unimpressed, quoted Jehoram's words back at him, suggested he run back to his parents' idols, and said he wouldn't even have looked at him if Jehoshaphat hadn't been around (2 Kings 3:13, 14); although with God's help he did get them out of trouble (2 Kings 3:15-24).

Later on, Elisha had to give Jehoram further help – first, when Jehoram panicked over the healing of Naaman (2 Kings 5:5-8); and second, with avoiding Syrian attacks (2 Kings 6:8-12). When the Syrians got wise to this and tried to get at Elisha, Elisha asked God to blind them; brought them to Israel's capital city, Samaria; and restored their sight, right in front of King Jehoram's eyes (2 Kings 6:13-20)!

Jehoram, duly impressed, asked Elisha if he should kill them (2 Kings 6:21). Elisha, however, knew that the LORD is a God of mercy (Genesis 24:27; 39:21; Exodus 15:13), 'keeping mercy for thousands, forgiving iniquity and transgression and sin' (Exodus 34:7, NKJV). The very place where God met Moses and spoke to him, the covering of the ark of the covenant, was called the 'mercy seat' (Exodus 25:17-22, NKJV). Killing prisoners of war out-of-hand was not His way, and Elisha told Jehoram to make them a feast and send them home instead (2 Kings 6:22, 23).

Were the Syrians grateful? No. They returned in force and besieged Samaria, causing a famine so dire that donkeys' heads and dove droppings were sold for silver. The city that had given them a feast, they caused to starve. Mothers were arguing about whose children to eat next (2 Kings 6:24-29). King Jehoram, in mourning clothes, tore his robes with horror, and we can understand his anger at Elisha for not killing the Syrians when he had the chance. He even blamed God for the disaster, asking what use it was to listen to the LORD (2 Kings 6:30-33). How many times we have seen – even experienced – similar reactions in our own lives!

The LORD, though, delivered His people – again through peaceful means, making the Syrians flee the scene without a drop of blood being shed (2 Kings 7:1-15). Food became plentiful and cheap once again, and the man who questioned God's ability to do this was squashed in the rush to buy it (2 Kings 7:16-20). How many times have we – like Jehoram – found it hard to accept that God's plans involve mercy, and not brutality: and missed out on His blessings as a result?

- Who was Jehoram of Israel's mother?
- What did Jehoram do that was right?
- Were there times in the Bible when God's people did need to resort to force?
- How many angels could have helped Christ? (Matthew 26)
- What did Christ ask His Father to do to His enemies? (Luke 23)

Reflections on UK Giving 2012

Our editor reflects on one of our great national qualities, and suggests that it could provide a positive and gentle way of engaging our communities.



Julian Hibbert
Editor

Charitable involvement is a hallmark of British life, and our nation's latest performance is spelt out in *UK Giving 2012*.

According to this report there has been a slight decline in the number of adults giving to charitable causes, on a monthly basis, down from 58 to 55%. Despite this, the report stated that participation in charitable giving 'remains relatively widespread with over half of adults giving in 2011/2012, equivalent to 28.4 million adults.'¹ This adult giving was responsible for raising £9.3 billion during the period.²

Most popular causes

The report also provides an insight into the most popular causes to which people donate: "Medical research", "hospitals and hospices" and "children and young people" continue to attract the highest proportion of donors.³

Religious causes are by no means a lost cause in our day and age, and these are the report's findings on this point: "Religious causes" attracted the largest donations on average⁴ and made up 17% of the total referred to above.⁴

Global giving

When analysed, global giving trends show the following as the top ten generous nations: the United States, Ireland (the EU leader), Australia, New Zealand, the United Kingdom, the Netherlands, Canada, Sri Lanka, Thailand and Laos. The UK sits at fifth spot.⁵

What is being measured here is the direct giving, to causes of their choice, by each country's population. The Charities Aid Foundation (CAF) surveys are not measuring the giving power of governments to international causes, either directly or through donor organisations.

It is interesting to see what emerges when one looks at the extent to which each country's population (all ages) is involved in charitable giving (not necessarily each month though):

*'In terms of percentage of population, Thailand was the most generous, with 85% of Thais making regular charitable contributions. The UK was the second most generous, with 79% regularly giving to charity.'*⁶

The fact that we have 79% of our nation 'making regular charitable contributions' should say something about our national ethos – especially when you hold this fact up against the sombre clouds of austerity that brood over us today. Despite all the adjectives used to describe our national failings, you can't deny the facts – we are a charitable lot!

Something else of significance is the fact that 28% of our population 'volunteer time' each month for charitable causes.⁷ It would seem, then, that a large number of us are willing to go beyond giving money – we want to serve as well!

Does this suggest something?

Do these facts about our nation's

A charitable nation

Breakfast raises £1,000



John Donaldson has been attending our breakfast event since August. He attends church now and tells everybody in town that he is a 'Seventh-dayer'!



The organising committee takes a welcome break after the event

The Banbridge church is still in a haze of amazement over the runaway success of a fundraising breakfast that brought in just over £1,000 for the charity CDH UK.

When Michelle and Peter Milton arrived at the church hall just before 9.30am on Sunday morning 25 November 2012, they had no idea that more than 120 people were going to arrive in support of a charity that seeks to raise awareness of the condition that claimed the life of their new-born son, James Peter, a few months earlier.

According to Orla Reynolds, Michelle's sister, 'Congenital diaphragmatic hernia is a condition that occurs (once in 2,000 to 5,000 births) when there is a malformation of the baby's diaphragm early in its development. This poses a serious threat to the life and well-being of the newborn child. The consequences are almost always devastating to the families concerned. This condition is not as well-known, but in actual fact it occurs just as much as spina bifida and cystic fibrosis.' When Michelle's friend, Mary, told her about a community breakfast running in the local Adventist church, an idea was planted that this would be an ideal place to host a fundraising breakfast.

'There was just no way in which we could ignore this opportunity to support the Milton Family,' was the response of Pastor Weiers Coetser, the local minister. 'This is what we are about. And what a pleasure to help!'

The volunteers that host these monthly Sunday breakfasts immediately began to plan. Advertisements were placed and the word was spread that this would be an extra-special meal. The free community breakfast usually attracts around thirty people. It is a relaxed event where children get to do crafts while parents sit back, enjoy a hearty meal and chat.

'This time round we knew that more people were coming and we wondered if our facilities and resources would cope,' said Patrinne Irvine, one of the organisers. 'On Friday morning before the event I woke up with a hunch that I should phone around to see if I could get a few donations. Before the day was over I had donations of bread from two bakeries, ten-dozen eggs from a farm in Hamiltonsbawn, milk and yoghurts from the local dairy, various vouchers from local supermarkets and small shops, and even a kilogram of filter coffee from a local coffee shop. When I tried to call a



Caroline Donaldson in action in the kitchen



One of the friends of the community spent the whole morning painting kids' faces

mushroom farmer in Rathfriland, he told me that he was no longer in the business, but he donated £50 to the breakfast. It turned out that we didn't need that £50 for the breakfast and so we gave the money to the CDH UK charity. The support was overwhelming!

On the morning of the event, everything went smoothly. People walked out of the cool morning weather into a cozy hall filled with the smell of a hearty 'Irish' breakfast. Colourful balloons decorated the hall. A face-painting corner immediately had a queue of children waiting to become moving works of art. The Milton family set up tables at the bottom end of the hall where they did a brisk trade in cupcakes, a variety of sweets, framed photographs,

children's clothes and other bric-a-brac. Visitors came in their droves. 'Our eating area had seats for sixty people. We filled the area up more than twice as the morning continued,' said Pastor Weiers Coetser.

'We all felt overwhelmed when Michelle and Peter counted the money raised and it topped more than £1,000. It has been the most successful single fundraising event that we have had in a long time,' was Pastor Coetser's comment.

'These Banbridge breakfasts are open to any members of the community. The meal is offered free as the church's investment in supporting friendship and community spirit in the Banbridge area.'



Children making cards

charitable 'giving' and 'serving' suggest anything to you? Is it possible that part of the common ground between the community and our Church could be charitable support? If we can't get friends and neighbours to attend our regular services, read our literature or discuss the Bible, perhaps we can get them to enjoy working with us on well-chosen charitable projects.

Surely our co-operation on such projects can help wear down prejudice, build warm friendships, and arouse a healthy curiosity about our faith. In fact, from reports we receive, it seems that some of our congregations are already using this strategy with success. Why not give it a try in your community – and don't forget to let our readers know how it works out!

¹<https://www.cafonline.org/PDF/UKGiving2012Summary.pdf>
²<http://www.worldvision.org/news/new-report-ranks-most-generous-countries>
³<http://www.bbc.co.uk/news/business-16260782>
⁴<http://www.guardian.co.uk/voluntary-sector-network/2011/dec/20/world-giving-index-2011>





Hi Bright Shining Christian Stars!

If someone were to ask me if there was one thing I enjoyed about the Olympic stadium, I would answer, 'The lights that twinkled around the venue.' During the opening and closing Olympic and Paralympic ceremonies, the night sky glowed with the vast array of their colours and shapes.

The Bible story this week is about a teenager whose very name means 'shining star'. Find the names and places in the wordsearch that feature in her story.

Gallows	H X G L A S V I
Hadassah	A M G S N W A A
Haman	S K U E A O S C
Mordecai	S S F X M L H E
Persia	A V R R A L T D
Susa	D W L E H A I R
Vashti	A T K X H G Z O
Xerxes	H P E R S I A M



If you have not guessed who it is, then find the name of the Old Testament book after Nehemiah. Clue – look up the answer in the contents page at the beginning of the Bible. Unscramble these letters to find her Persian name:

A A A H H S S D

After her parents' death, her uncle, Mordecai, renamed her *Esther*, which means 'shining star'. Another life-changing event took place too. Work out what this was by blanking out the squares.

Q A U E E E C N

[V E A F S H C T I

H D I I J S K O B L E Y N E D

T H E N K C I Q N K G

Esther 1:9-22 tells how the partying king and queen quarrelled and then divorced. Use the words from Esther 2:2-4 and 14-18 (NIV) to fill in these blank spaces.

Then let the who pleases the be queen instead of . Esther humbly asked the king to call her by her . Her unselfishness and beauty the king. So he set a on her head and made her .

Put in the star shapes the ways Christian boys and girls can 'shine' for Jesus.
greedy • caring • patient • honest • selfish • untruthful • proud • love God • happy



Esther lived up to her name 'star' when she prayerfully decided to risk her life to save her people.

Fill in the blanks to find out how this happened.

The king's edict granted her Jewish people the right to themselves. Esther 8:11

What is the festival the Jews celebrate today because of Esther's bravery? Esther 9:26-28



Like Esther, you can be God's shining stars by praying and trusting in Him. Put your name on the Olympic torch if you want to be a shining star for Jesus.



YouTube leads to baptism

God is using new ways of reaching people in this country – how's this for an example?

Zbigniew Grzesiuk, who was baptised at Swindon Church on 17 November 2012 by Pastor Rudi Puskas, grew up in Poland and moved to the UK eight years ago. Zbigniew found work in the building trade . . . but that is not all that he's found.

While looking for information about baptism, he came across the YouTube videos of Dr Walter Veith and Roger Morneau in 2011. His interest was captivated by the many new ideas he heard about health, the Sabbath and the life of Jesus. During their lectures these speakers kept mentioning the Adventist Church, so Zbigniew decided to look up the church in Swindon.

Since then he has faithfully attended every Sabbath, and was using his practical skills to decorate the church even before he was baptised! May God bless Zbigniew as he faces the many challenges of his new life.

PETER YESUDIAN



Action at Angaza

The Reading Angaza church has been trying to win the hearts of the Hexham community for years – unsuccessfully though! During the 2012 Black History Month, however, things changed dramatically.

The church was invited to provide music and prayer during one of the main events: 'Your church choir sings really nice, you know!'

Then came this amazing concession from the main organiser: 'We have decided that we are not going to interrupt your church programmes as the black history event will commence soon after your church services around 3pm in order that you can take part. Please let us know of anything that is not permissible to your church

You name it – she does it!

Barbara Hankin accepted the Lord Jesus as her personal Saviour at the age of 15, while attending a Billy Graham crusade at the Birmingham town hall. Shortly thereafter, a Voice of Prophecy card was posted through her door, and she began studying our Bible lessons. Being a young Christian, and thirsty for the Word, she excelled in her studies and was encouraged by the excellent marks she received.

Despite the total opposition of her parents, Barbara accepted the Sabbath and made her decision to follow her Lord irrespective of their views. She gained much courage from her assigned Bible worker, Betty Hanna, and was baptised by Pastor West in June 1950 in the Handsworth church in Birmingham.

Her mother and her auntie attended the service, but her father remained opposed to her decision. Leaving the congregational church where all her family held leading positions was a very difficult decision for Barbara to make, but she knew that she ought to 'obey God rather than man'.

She felt called to enter the nursing profession, and came to Watford to do her general training, qualifying in 1955 as a State Registered Nurse. This was followed by approximately forty-eight years of service at the Watford General hospital!

Most of us would have felt justified in having a quiet retirement, but not Barbara. For more than a decade since retirement she has been a lollipop lady for at least three days a week, ensuring that schoolchildren cross the street in safety.

Barbara is also fully committed to ministry in her local Stanborough Park church where has served as deaconess for over twenty years. She also does community singing for senior citizens on Sabbath afternoons, runs a small group on Mondays, and never misses a prayer meeting! But as if this isn't enough, Barbara joined the Hanwell Prison Ministry team fifteen years ago. This means an early start for her on some Sundays too!

When asked, 'What is it that keeps you going?' she quickly answers, 'Well, it's the love of the Lord, of course!' What else could it be?

PASTOR R. CHISHOLM
FORMER PRISON MINISTRY CO-ORDINATOR, SEC

so that we won't cause you offence.'

The youth sang beautifully that day and some community members would now like to form a community choir – God is at work in Hexham!

TEGEMEA CHAMPANDA



In between all this activity Barbara and her late husband found time to raise six children. She is also a champion lollipop lady who specialises in pubs!

Adventists attend 'shul'*

by Katie Ramharacksingh

A synagogue in East London is to become the new Ilford Seventh-day Adventist church. After it was acquired in October 2012, members of the current Ilford church, as well as people from the surrounding community, were invited to visit the synagogue on Sunday, 18 November.

It was discovered by Alan Rodney, a member of Ilford Church, and is four times as large as the current church. It has a 500-seat sanctuary, a hall and over a dozen smaller rooms.

'There is so much space!' enthused Shirley Austin, Ilford Church member. 'There's no crowding or cramping; there's space for everything. I have always thought that when we needed a bigger church God would send us one. At the moment a ceiling separates our congregation, with people in the sanctuary downstairs and in the hall upstairs. I think the new building will bring us closer as a congregation, with everyone able to see each other while worshipping together.'

Both the Ilford and East Ham churches will benefit from this move because the East Ham members have, in turn, purchased Ilford's current building which will better suit their needs.

*The word 'shul' is derived from the German word *schule*, meaning school, and highlights the synagogue as a place of study.



Marilyn Baker visits Greenwich Church

Marilyn Baker and Tracy Williamson from MBM ministries supported ASNA on 15 September for the Greenwich Seventh-day Adventist Church Disability Awareness training day. Marilyn, a well-known international Gospel singer and song-writer who is also blind, gave her personal testimony and provided practical suggestions for ministry

Area 8 youth date

The youth of the Area 8 churches met at the Firstsite Art Gallery, Colchester, on 20 October 2013 for a day of fellowship, based on the theme of 'Identity'. The morning was packed with memorable activities directed by Chisola Chitambala and her team: praise music; spirited discussions; Derrick Mensah's special theme song; and a moving sermon by the SEC Teens director, Pastor Dejan Stojkovic.

The afternoon programme was just as much a blessing, and the day ended with a really fun-filled evening social gathering.

TREVOR AND GERTRUDE



to people who are blind. Tracey Williamson, who is deaf, gave her testimony and provided insight into the needs of members who have difficulty hearing.

Marilyn's key message was for the church to know that people with disabilities have something to offer. They don't want to be made to feel they are constantly in need of help. 'People with disabilities,' she said, 'have a ministry and are only too glad to be seen to work alongside others, and not brought in later as an afterthought.'

Tracy spoke of feeling isolated at church. Her practical advice included the following:

- Churches must ensure that PowerPoint presentations are easy to read from a distance.
- There must be good contrast between the words and screen backgrounds of all slides.
- People who are deaf should be seated close to the front to allow for lip-reading.
- Churches should recognise and accommodate the needs of deaf and hard-of-hearing worshippers.

Both speakers expressed how much they enjoyed being in the Greenwich church. Marilyn, being a musician, especially enjoyed the song service. 'The atmosphere here is electric, warm and very friendly,' she said.

ASNA works in partnership with other Christian organisations to provide resources and information to support the ministry to people living with disabilities and special needs.

SOPHIA NICHOLLS

Wrapped In Middlesbrough

Middlesbrough's shoebox appeal netted 167 boxes from the church with a further 202 from Stokesley Primary School, which means that 369 children in Burkina Faso will receive a little bit of hope from this part of England.

This is the sixth year the school has taken part in our annual shoebox appeal. The kids are so keen to help others, and get really excited about making the boxes. In fact, after watching the ADRA DVD and realising how little the children of Africa have, many used their own pocket money to buy gifts.

Getting the story into the local newspaper every year also helps, with the result that I had people knocking at my door with boxes. One lady, after learning of the needs in Africa, went on to make an amazing fifty-eight shoeboxes, seventy hand-knitted cardigans and four blankets. She even delivered them to my door!

It pays to get your local community involved, even if you don't live near the church. It's actually so easy to get people outside the church involved with things inside the church.

If you have young children at school, go and ask the head teacher if they'd like to take part next year. Those who'll be receiving the boxes are thousands of miles away; go ahead and ask on their behalf . . . you're only a few steps away.

JUDY HAMILTON-JOHANSSON



President Jackson motivates students

On Thursday 25 October last year, Stanborough School held a memorable speech night to celebrate the students' achievements of 2011-2012. Pastor Daniel Jackson, president of the Seventh-day Adventist Church in North America, was the guest of honour. His inspirational speech focused on how 'your attitude determines your altitude'. He encouraged the students to be authentic and aim high.

Elder Jackson also participated in the presentation of awards and prizes, including one to Sarah Bashorun, a former student, who received the Fletcher Cup – given to those who have shown remarkable courage and determination in the face of adversity.

Sarah's family migrated from Nigeria when she was 8. Coming from a culture vastly different, she struggled to adjust. Growing up in Hackney and attending an inner-London school was a daunting task for a young immigrant girl. In 1990 she joined Stanborough. This meant a daily commute starting from home at 6am, and usually arriving at school late after travelling over two and a half hours. Sarah would get home in the evening at 7pm, too tired for homework. However, she soon learnt to adapt by doing her homework on the train.

In spite of these demands, the school was 'a place of escape' where she found peace. She found Jesus there too, and was baptised at the age of 13 at the New Gallery church. After finishing school, Sarah obtained a diploma in Social Work and Higher Education (Luton University) and has spent the last fifteen years in social work. She is currently working for Haringey Social Services, supporting families subject to immigration control.

The headmistress, Mrs Lorraine Dixon,



Pastor Jackson with Raquelle Photo: D. Edwards

gave her annual report, pointing out Stanborough's excellent academic results at KS3+ and GCSE, with 79% of the students achieving five or more A*-C grades (64% A*-C including English and Mathematics. National average for 2006: 58.5%). She also commended the spiritual development of the students and their active participation in local and international charities such as STOP international.

V. PIZZUTO



Worcester Pathfinders light the way

Eleven members of the Pathfinder and Adventurer Club and eleven staff members lit candles during the induction ceremony at Worcester Church in the West Midlands on 3 November, 2012. Edwin and Selfa Vargas were also invested as Master Guides.

John Baltazar, Elroi Erres Vargas, Moises Baltazar, Judy Importante and Jehann Importante were the five Pathfinders invested. Five Adventurers, namely Shekinah Cabajon, David Baltazar, Abram Kyrion Vargas, Becki Crossley and Larah Mourah, and one Eager Beaver, Tobias Jurkovsky, were also invested. Joice and Joelle Badar, two non-Adventist Adventurers, weren't able to attend the event due to a family bereavement.



Becki Crossley, one of three non-Adventist club members

SEC Pathfinder & Youth Ministries Present

iLead

YOUTH LEADERSHIP CONFERENCE

29th March - 10th April 2013

OAKWOOD UNIVERSITY
IN THE EMERALD BUILDING

LESLEY Pollard CARLTON Byrd PRISCILLA Pollard

and many more speakers

Package prices: 4 people sharing - £181.00pp | 3 people sharing - £260.00pp

For more info visit: www.youthadventists.com/iLead

According to Master Guide Doris Lack, the most senior Worcester Church member, this was the first investiture or induction in Worcester Church since she became a member in 1968, and possibly the first the club has organised since the church was founded in 1910.

The Pathfinder and Adventurer Club is an avenue for friendship evangelism. The three non-Adventist members of the club are currently attending Sabbath services and their parents have hinted that they will come with their children soon.

WENNA BOLOZ AND JOSEPH EMPAWI

Pathfinder open day

Erdington Community Pathfindering Club (ECPC) swung open its doors to the local community on 3 September last year at its first open day.

Adventurer and Pathfinder club members and leaders, together with their number-one supporter, the 76-year-old Leo Stoddart, were all on hand to welcome and show guests and prospective new members what the club has to offer.

Stalls were set up with exhibitions of uniforms, craft works and class folders. A slideshow of the activities from the past year (including the camporee, rally day, club camp and investiture) was also shown to entice new members. Two members of the Ladywood Club's drum corp, Wesley and Justin Bishop, gave a drumming demonstration and taster sessions for those members and visitors who wanted to try their



hand at drumming. This went down very well indeed.

The club director, Trevor Davis, said, 'If one person from the community learnt something about Pathfindering, or if we get one young person joining the club as a result of the event, it will have been more than worth it. Pathfindering is a great evangelistic tool and we must use it imaginatively to get our message out into our communities.'

CISLYN MORGAN-DAVIS

Pathfinder induction service

Erdington Community Pathfindering Club held its second Pathfinder induction service on 9 September 2012. Pathfinders Rebecca and Melisa Smith, Khanyi and Khusy Kona, Allenah Lawrence-Hamilton and Kamari Riley and four counsellors (Karleen Andall, Kenrick Fagan, Mandisa Melbourne and Jean Simmonds) were given the hand of fellowship by existing members and welcomed into the membership by the club director, Trevor Davis.

According to the director: 'The majority of our club members experienced the induction service for the first time last year, and it is now a permanent fixture on the club calendar. It allows new members to demonstrate their acceptance of the Pathfindering principles that underpin the club's ideals.'

TREVOR DAVIS, ECPC DIRECTOR

Adventurer induction service

On 22 September 2012, Erdington Community Pathfindering Club held their Adventurer induction service. Adventurers Nathan and James Johnson, Adonijah Stewart, Shayanne Thompson (Helping Hand), Leah* (Builder), Tyrique Fagan, Calvin Morgan, Kimberley Phillips, Candice Riley (Sunbeam), Acacia Morgan (Eager Beaver) and one counsellor (Aghron Hutchingson) were formally inducted into the club in the presence of their families, friends, club and church members.

'It is pleasing to have seen the membership of the Adventurer Club grow from three (two years ago), to more than twenty-five now. What is equally pleasing is that over 40% of the membership are children from non-Adventist families.'

TREVOR DAVIS, ECPC DIRECTOR

*Surname not supplied.

WANT TO BE BETTER EQUIPPED TO COMMUNICATE EFFECTIVELY?

SECmedia

ACADEMY 2013

FOR MORE INFO, SCHEDULES & TO REGISTER VISIT www.secmedia.org

SEVENTH-DAY ADVENTIST CHURCH



Never give up – an evening of inspirational praise and worship

by Katie Ramharacksingh

The unique community events management company, Backstage Projects, was established to help create, plan and transform ideas into exceptional successful events. They focus on planning and promoting community-based events that uplift, inspire and reflect the diversity of talent that exists in our communities today.

Recently they ran a very successful event on Saturday, 3 November, at the 'Rock Tower', in North London.

The evening overflowed with talent, showcasing singers, poets and musicians throughout. Groups such as 4Christ, Inspired Praise and the Soloettes performed several songs each.

There were also soloists and musicians, including Elisabeth Kristiansen, Joshua Kesler, Natalie Phillips, Samuel Acquah, Paul West and Chaleboy the Poet.

'I was amazed at the talent I saw on the night,' enthused Sheryl Renshaw from the audience. 'I wasn't sure what I had gone in expecting, but I know that when I walked out at the end . . . well, I didn't want to walk out! I can only say that the individuals had more than talent; they were blessed by God.'

Backstage Projects are looking for people of all ages to take part in their next community event. Vocalist, instrumentalist, speaker, dancer, poet, actor or comedian; whatever your talent is, it's time to share it! For more info, go to www.backstageprojects.com.



We don't reflect the culture, we affect the culture!

by Katie Ramharacksingh

The Teens Prayer and Bible Conference was held from 29 October to 2 November last year, at Stanborough Secondary School.

The conference, with the theme 'We Don't Reflect the Culture, We Affect the Culture', opened soulfully with more than 180 teens in the auditorium on Monday night singing the hymn, 'Marching to Zion'.

The week held a packed schedule of programmes, workshops, worship and even spare moments for free time. Workshops ranged from 'how to deal with anger', to 'looking at relationships', to Bible studies with Pastor Kirk Thomas, SEC Personal Ministries director. 'I felt as if this Prayer and Bible Conference was for me,' said Derrick Mensah, from Southend. 'I personally got a lot of answers to questions I've had for some time. It was just amazing how I could connect with other youths like myself and pray for one another. I thought nothing could top the last one but I was wrong.'

The speaker for the week was Pastor Wade Forde of the Southeastern California Conference, who focused on 'Living iLife'.

One of the leaders spoke about how a young boy, who wasn't an Adventist, approached him and asked about how he could start attending church. 'This was so positive, this is what it is all about!' enthused the leader.

By the end of the week, twenty teens had decided to be baptised!

If you missed out on this Prayer and Bible Conference, or if you want to come back for the experience, the Teens Prayer and Faith Conference, 2013, is now open for bookings! Go to www.secyouth.co.uk for more information.

obituary

Vera Icilda Jackson (1926-2012) d. 21 May. Camp Hill Church was saddened by the death of Vera Icilda Jackson, who died of cancer on 21 May,



2012. She was born Vera Icilda Gray on 27 June 1926, in the district of May River, Saint Mary, a parish located in the northeast of Jamaica.

She was the first of many siblings, born to William Lee Gray and Aquilla Castella

Roberts; she leaves siblings: Renna, Eugene, Essie, Denzie, Seletia, Civile, Lillian, Steve, Collie, Pearle, Kivie, Madge, Joy and Clive.

Vera met her husband-to-be, Ira Jackson, when she was 12 years old; a meeting that eventually led to sixty-two years of marriage. She later worked as a dressmaker, and sold the clothing she made at the local Fort Stewart market, which was where she met her first Adventist friend.

Vera married Ira in 1950 and became Mrs Vera Jackson. A few years after they were married Vera and Ira were baptised into the Seventh-day Adventist faith. When Vera was 28 her father left for England, and a few years later she decided to follow to pursue a better life. Her husband Ira followed her with their eldest son in 1960.

In the mid-sixties Vera gave up dressmaking to obtain a more secure role in nursing, firstly at the Birmingham Eye Infirmary, then at Yardley Green Hospital, and finally by qualifying as a psychiatric nurse. After qualification, Vera got a job at Rubery Hospital. Later on she worked at a number of care homes in Birmingham.

She often told us of how,

when they were looking for an Adventist church in England, one night she had a dream showing her the church at Camp Hill. Vera believed God had led her to this church and she would not be leaving it until she died.

Vera played an active role during her time at both the 'old' and 'new' Camp Hill churches. Camp Hill was blessed by her many years of service.

'Till death us do part – in sickness and in health' – this was the blessed testimony of Vera Icilda Jackson. She kept looking after her husband, who developed Alzheimer's, despite the obvious pain caused by the cancer which eventually got the better of her.

In addition to the support her beloved husband Ira could give her, Vera also had the care, assistance and love from family and close friends who will miss her sadly.

She is survived by her husband, children and grandchildren. Along with her siblings, cousins, nieces, nephews, and grand-nephews and nieces, we all look forward to the day when Vera will rise at the trumpet sound in the First Resurrection.

We look forward, if we remain faithful, to meeting her again in Heaven.

VERA JACKSON'S SONS



Former head girl & boy, Latiqa Barthley & Dwight Johns

Former head girl 'cleans up' at award ceremony

by Katie Ramharacksingh

Latiqa Barthley, head girl at John Loughborough School during the 2011-2012 academic year, took home six awards at the school's speech night on Monday evening, 19 November: the highest achiever in her year group, leaving Year 11 with six 'A*' and five 'A' GCSE grades.

Latiqa, now studying for the International Baccalaureate, said: 'God has been so good! . . . it makes me want to do more, be better, be greater in the future.'

Awards presented throughout the evening included: the 'TED Award', given to Latiqa for the highest average point score; the 'Brown Eagle Award', won by Stephen Hibbert as the highest achiever in Year 7; 'Artist of the Year', presented to Toyin Harewood; and the 'Music Award', given to Dwight Johns for outstanding achievement.

The evening, held at the nearby Gladesmore Community School, was linked to the theme of their 2012 graduation ceremony, 'Nobody Greater than God'. Dr Roach, MD, BSc, spoke about his own experiences of being discouraged at a young age, and encouraged the young people.

The programme highlighted the fact that every child matters.

hallelujah KidzPraise

KidzPraise is a celebration of Easter through praise, worship, singing, dancing and activities, children from all over the UK will come together to reflect on the life, death and resurrection of Jesus Christ!

SUN 17 MAR 2013

WATFORD COLOSSEUM

Richmond Way, Watford WD17 3JH

Matinee show starts 3:00pm

Adults £7.50
Children (over 5) £4.50
Children 5 and under FREE

Booking Office: 0845 075 3993
For more information visit:
www.kidzpraise.org.uk
www.watfordcolosseum.co.uk

Leamington Spa Mission Church

On Sunday 21 October, Nigel Clark of Leamington Spa Mission Church ran the Abingdon Marathon in support of two charities, Compassion and Special Needs Camp.

The mission has sponsored three children: Daniel (Rwanda) and Rehema (Uganda) for ten years; and Mestawet (Kenya) for five years. Nigel's sponsorship money will be added to a yearly Christmas collection for their education, food parcels, and Christmas and birthday presents.

Special Needs Camp (Aberdaron) has for many years received fantastic support from the mission, mainly through the voluntary help and support of our young people, helping to ensure that the campers have a great time and, just as importantly, providing some respite to their carers and family members. The money raised will help go toward providing the campers with an eventful week packed with exciting activities.

As an added bonus Nigel managed a personal best time of three hours, twenty-four minutes and thirty-six seconds, and the total raised to date is over £400.

COMMUNICATION DEPT



BOOKSALES

The staff at the Adventist Book Centre would like to wish all their customers and friends a very happy new year for 2013!

ABC Shops
Watford, BUC, Monday-Thursday - 12.30-5pm, Friday - 10am-2pm.
Birmingham, Aston-Newtown, Wednesday - 11am-4pm, Thursday - 4pm-8pm, Friday - 9am-1pm, Sunday - 11am-3pm.
Advent Centre, Mondays & Wednesdays - 6.30pm-8.30pm, Sundays - 11am-3pm, Saturdays - November, December, January: After sunset.

01476 591700 sales@stanboroughpress.org.uk



Hemel Hempstead Church Camp

Nothing frightens the resilient members of Hemel Hempstead! Not even the prospect of torrential rain during their weekend at Stewardstone Camp. It was a case of 'Hemel are coming; we hope you are ready for us!' on 21 September, last year.

Some slept in lovely little wooden cabins while others braved the elements and slept in their tents. Fortunately, God answered their many prayers and the rain held off until the camp was over on Sunday.

Daniel Thompson was the weekend speaker (with a little impromptu help from Karen Plaatjes on the Friday night), but there were lots of other great activities, including a huge bonfire – and the food was great!

JOHN BUTTERS

One-Sabbath friends prove to be forever friends!

While visiting Weymouth in Dorset recently, I decided to worship at the Weymouth Seventh-day Adventist church. It is a very small church but the people there have big hearts of love and kindness.

The first part of their love and kindness was the sharing of their meal with me, a total stranger! Then we went for a walk and got to a high peak from where we could see Bournemouth, Poole, Portland and Weymouth itself. It was a spectacular view! We had a picnic near the beach. The second part of their love was sending back my bag which I had left behind on the last day of my holiday.

Many thanks to Pastor Thompson, Laurie, and all the members for their love and kindness. You will always be forever friends!

FREDERICK BANDA (LEICESTER CENTRAL)



healing
 Perceptions, expectations and facts;
 An exploration through science, faith and culture.

EUROPEAN HEALTH CONFERENCE

REGISTER NOW
www.european-health-conference.org

PRAGUE, CZECH REPUBLIC
 APRIL 29 – MAY 4, 2013

health MINISTERS

SOME TOPICS TO BE ADDRESSED:
 GENETIC DETERMINANTS IN HEALING
 LIFESTYLE AND HEALING
 NON-CURE AND HEALING
 EMOTIONS, DISEASE AND HEALING
 HEALING AND MEDICAL SCIENCE
 FAITH AND HEALING

Messenger
 Volume 118 • 1 – 4 January 2013

Editor: J. G. Hibbert
Contributing Editor: Dr D. N. Marshall
Design: David Bell

COPY FOR NO. 3 – 17 JANUARY 2013

Copy should be sent to the Editor, *MESSANGER*, The Stanborough Press Limited, Alma Park, Grantham, Lincolnshire, NG31 9SL. Tel: (01476) 591700. Fax No: (01476) 577144.
 Email: Editor@stanboroughpress.org.uk
 Send high-resolution pictures to: dbell@stanboroughpress.org.uk
 ABC Sales line: (01476) 539900
 Mon-Thurs only, 8am- 5.30pm.
www.stanboroughpress.com

The Editor may alter, clarify, précis or expand articles sent to him if he thinks it necessary. Published fortnightly on Fridays by the British Union Conference of Seventh-day Adventists.
 For general enquiries, email: info@stanboroughpress.org.uk
 Printed in the UK.
 Visit the BUC website at: www.adventist.org.uk
 ISSN 0309-3654

Sunset
 Sunset times are reproduced with permission from data supplied by HM Nautical Almanac Office.

	Lon	Card	Notf	Edin	Belf
Jan 4	4.06	4.18	4.03	3.54	4.13
11	4.15	4.27	4.12	4.04	4.23
18	4.26	4.38	4.24	4.17	4.35
25	4.38	4.50	4.36	4.32	4.49

MESSANGER SUBSCRIPTIONS
 Cost £25 per annum for 24 issues.*
 *Postage will only be charged for single copy subscriptions and overseas airmail.