

# Messenger

News to the churches • 23 October 2015 • Volume 120 • 21

## WISDAC\* visits Latvia

by Dzintars Geide and Ina Chapman

The idea was put forward more than a year ago by Dzintars Geide, a local Wimbledon elder who wanted to take a team of his church members to Latvia to do missionary work. The project soon took shape and was put into effect from 16 to 24 August this year. At the core of this mission was the Rock Project, a visual art outreach created by Laurent Grisel with the help of others. Its purpose is to show the importance of God's prophecies given in the book of Daniel. They also added prison visits, music and health ministries, as well as the Rock Project Café, to their itinerary.

A strong and talented team of 16 worked hard for months on end to prepare for this overseas missionary trip. There was lots of praying, rehearsing and, of course, dreaming. The event-packed days started with an early morning swim in a lake. Then, after breakfast and worship, the team members divided the various missionary tasks between them. Some, led by Pastor Alan Hart and Dr Adam Ibrahim, went to a high-security prison to visit the hardened criminals and talked to them in a simple but inspiring way about the love of Jesus. They also discussed with them some practical and effective ways of dealing with their personal issues.

Others made preparations for the Rock Project exhibition and talked to the visitors. The mid-afternoons were reserved for certain aspects of health ministry, including a series of lifestyle lectures. The group was also heavily involved in the distribution of leaflets and did their best to engage the Latvians in conversation using English.

The evenings were used for the Rock Project Café with its dynamic action and music activities. Last, but not least, were those team members who organised and did the food preparation, which included making tea, cakes and food for the visitors. God blessed the Wimbledon team enormously and more than 1,000 – yes, one thousand – visitors got a glimpse of the most spectacular prophecy in the Bible (Daniel 2), and were able to contemplate their own future in the light of Christ's second coming. The seed has been sown and the group did all they could to introduce them to the love of Christ.

Not only was this mission to Latvia a blessing to the people of that country, but the Wimbledon team received theirs too!



\*Wimbledon International Seventh-day Adventist Church

## Success at Newbold

Fifteen students enrolled in this summer's Certificate in Health and Wellness at Newbold celebrated the conclusion of this year's programme at a special dinner with lecturers and other guests on Wednesday 12 August.

Modules within the Certificate in Health and Wellness are delivered by renowned Adventist health professionals. Dominique Wakefield, who is also a certified personal trainer, taught a summer module in 'Fitness Enhancement' and gave a free seminar on 'The Sitting Disease: Cause, Effect and Cure', in which she discussed the effect that sitting for long periods of time has on our bodies. 'The joints, muscles and every part of our body are built to enhance movement,' she said. Wakefield also went on to explain the link between sedentary behaviour and diabetes; heart, liver and kidney diseases; premature death; asthma; arthritis; some cancers; and poor general health.

Daniel Seniuc taught a module in 'Natural Therapies' and also presented on the topic, 'Depression: Treatment and Prevention through Lifestyle Medicine'. Seniuc highlighted the success of lifestyle medicine in treating depression, a process that involves good nutrition, exercise, fresh air, good thoughts, not sitting too long, enough sleep, use of natural therapies and living a hopeful life.

Dr Per de Lange, who taught the module, 'Wellness Programmes' this summer, also gave a free presentation on 'Sustainable Development, Lifestyle, and Health'. During this lecture Dr de Lange shared the history of the deterioration of our environment due to man's self-destructive tendencies. 'It is devastating to see great amounts of grain, which could potentially feed the whole world, being fed to animals in order to meet the global consumer market,' he said. Dr de Lange also discussed the cruelty practised by meat producers in their efforts to meet the demand, and suggested that the audience might like to consider becoming vegetarian for this reason as well as for health reasons.

Dr Fred Hardinge, who is also a registered dietitian, taught a module on 'Health and Fitness Evangelism'. Dr Hardinge's free lecture was on 'Rest, Sleep and your Health', and highlighted the importance of sleep. He explained how sleeping for eight to nine hours a day can improve performance and mental health, and reduce the risk of diabetes, obesity and short life span. Dr Hardinge also shared ways to help sleep better. 'Learn to value sleep; have a regular sleeping routine and a comfortable but firm bed; keep it cool and dark; exercise appropriately every day; and put your trust in God,' he advised.

The five students who completed this programme in the summers of 2014/15 are



now equipped to return to their churches and communities to share the Adventist lifestyle, including the benefits of a vegetarian lifestyle and of regular health and fitness. One of them, Pastor Jonathan Barrett, said that for him the highlight was the 'Health and Fitness Evangelism' module with Dr Fred Hardinge. 'I learnt so much about what works and what doesn't,' said Pastor Barrett. 'I feel much more equipped to minister in the area of health as a result.'

Newbold's Certificate in Health and Wellness runs for four weeks every summer, and can be completed over two consecutive summers. Find out more and apply online at [www.newbold.ac.uk/health-and-wellness](http://www.newbold.ac.uk/health-and-wellness).



# editorial



Julian Hibbert  
Editor

## Stand your ground!

I am sure that most of us respect and appreciate the work done by our British police officers, which is often dangerous and life-threatening: a fact tragically illustrated when PC David Phillips (34) 'was hit by a pick-up vehicle that mounted a central reservation in Wallasey' during the early hours of Monday, 5 October.<sup>1</sup>

Phillips and an unnamed fellow officer 'had been attempting to stop a vehicle using a tyre-puncturing "stinger" device'.<sup>2</sup> The stolen vehicle was driven by an 18-year-old male who has since been charged with murder.

The deployment of these tyre-deflation devices is an efficient but hazardous activity that has claimed the lives of numerous law enforcement officers in the USA and elsewhere.<sup>3</sup> If you take the time to watch a demonstration of the device you will quickly see why.<sup>4</sup> PC Phillips had to firmly stand his ground on the central reservation in order to fling the 'stinger' across the path of the stolen vehicle and then to drag it back quickly before the pursuing police car was damaged too!

### What is required of us?

David Phillips was a courageous policeman who stood his ground in the face of imminent danger, and his actions remind me of what is required of each of us by the apostle Paul in Ephesians 6:12, 13:<sup>\*</sup>

*'For our fight is not against any physical enemy: it is against organisations and powers that are spiritual. We are up against the unseen power that controls this dark world, and spiritual agents from the very headquarters of evil. Therefore you must wear the whole armour of God that you may be able to resist evil in its day of power, and that even when you have fought to a standstill you may still stand your ground.'* (Emphasis supplied.)

### Life is a battlefield

Paul had a particularly clear and realistic understanding of the Christian life. He knew by harsh personal experience that Christianity

### ... most of us respect and appreciate the work done by our British police officers



requires us to be resolute and unflinching in our resistance of evil.

Paul also knew the precise identity of the forces that were struggling to bring him to his knees. He knew them to be of a satanic, demonic, utterly depraved nature – beings 'from the very headquarters of evil'. Beings that we, if left to ourselves, would never outsmart or overpower.

But we must not forget Paul's opening remarks in this passage of Scripture: *'In conclusion be strong – not in yourselves but in the Lord, in the power of his boundless resource. Put on God's complete armour so that you can successfully resist all the devil's methods of attack.'* (Ephesians 6:10-11, emphasis supplied.)

God is on our side. His resources are 'boundless' – without limits! And these are those resources:

*'Take your stand then with truth as your belt, righteousness your breastplate, the Gospel of peace firmly on your feet, salvation as your helmet and in your hand the sword of the Spirit, the Word of God. Above all be sure you take faith as your shield, for it can quench every burning missile the enemy hurls at you. Pray at all times with every kind of spiritual prayer, keeping alert and persistent as you pray for all Christ's men and women.'* (Ephesians 6:14-18, emphasis supplied.)

A knowledge and love of the truth as found in the Word of God; a daily experience of righteousness (being right with God and living right too); enjoying salvation in its fullness; and faith in God's boundless resources – that is a summary of God's armour. To which Paul also adds alertness and persistent prayer.

### One hundred years ago

On the battlefield of life there will always be an element of risk. Whenever we answer the call of duty, or take our responsibilities seriously, our lives will be on the line. PC Phillips' actions on the morning of 5 October claimed his life – but confirmed that he had the courage to stand his ground.

One hundred years ago this October, a London lad enlisted in the Royal Navy, 'without his father's permission'. He was trained as a Sight Setter and assigned the rank of Boy Seaman First Class on HMS Chester.<sup>5</sup>

On 31 May 1916, during the Battle of Jutland, Chester engaged four cruisers of the German navy and received 18 hits, four of which exploded near its forward gun, killing or mortally wounding its crew. All except Boy Seaman First Class, Jack Cornwell, who stood at his post beside that silent gun for more than 15 minutes, with 'shards of steel penetrating his chest'. He was 'waiting for orders!' Sadly, even though Jack was transferred to Grimsby General Hospital, there wasn't much they could do for him and he died there two days later.

Jack was awarded the Victoria Cross for his bravery and the citation read as follows:

*'The KING has been graciously pleased to approve the grant of the Victoria Cross to Boy, First Class, John Travers Cornwell, . . . [who] remained standing alone at a most exposed post, quietly awaiting orders, until the end of the action, with the gun's crew dead and wounded all round him. His age was under sixteen and a half years.'*<sup>6</sup>

Life is a battlefield across which the war between good and evil is being waged. It affects all of us directly. None of us have 'observer status' or neutrality – we are either on one side or the other. Perhaps the most courageous thing we can do for our side – God's side – is to live up to Paul's expectations: *'that even when you have fought to a standstill you may still stand your ground'*.

<sup>\*</sup> All Scripture references are from the J. B. Phillips paraphrase of the New Testament.

<sup>1</sup><http://www.bbc.co.uk/news/uk-england-merseyside-34441624> <sup>2</sup><http://www.bbc.co.uk/news/uk-england-merseyside-34471484> <sup>3</sup>[https://en.wikipedia.org/wiki/Spike\\_strip](https://en.wikipedia.org/wiki/Spike_strip) <sup>4</sup><https://www.youtube.com/watch?v=9Wqx-P7eWUw> <sup>5</sup>[https://en.wikipedia.org/wiki/Jack\\_Cornwell](https://en.wikipedia.org/wiki/Jack_Cornwell) <sup>6</sup>Ibid.



## Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHV, MSc

Health Ministries director, BUC

### Going natural Part 8a – What are you drinking?

In this mini-series we take a look at our fluid intake and ask the question, 'What are you drinking?'

Of all the fluids we could choose to drink, water is the healthiest and cheapest source of hydration. Nothing beats the ability of pure water to hydrate us. It is essential for the proper functioning of our body cells, organs and tissues. It regulates temperature and maintains other key bodily functions such as the flushing action of the kidneys that washes toxins from our bodies.

As our bodies lose water through breathing, perspiring and excretion, it is vital to rehydrate them adequately by drinking fluids and eating foods that contain water. The European Food Safety Authority (EFSA) recommends that men consume 2.5 litres of fluids per day and that women consume 2 litres. They stipulate that 70-80% of this should come through what we drink.<sup>1</sup>

Not all drinks are equal, however, when it comes to providing adequate hydration, particularly when we are being active. The Cleveland Clinic states the following:

*'Alcoholic and caffeinated beverages, such as coffee, teas, and colas, are not recommended for optimal hydration. These fluids tend to pull water from the body and promote dehydration. Fruit juice and fruit drinks may have too many carbohydrates, too little sodium, and may upset the stomach. If you're going to drink fruit juices while exercising, you may try diluting them with 50% fruit juice and 50% water first.'*<sup>2</sup>

Recently, coconut water and green smoothies have been hailed as other healthy drink options.

In support of the benefits of coconut juice, Emily Faherty, Health Editor for *Life by Daily Burn*, states: *'Unlike sports beverages, coconut water is low in carbohydrates, while still rich in potassium. And its unsweetened varieties can be very hydrating. . . . According to a study in Medicine & Science in Sports & Exercise, the all-natural beverage is effective in rehydrating after light exercise. But for more rigorous sweat sessions, the low-sodium drink does come up short in replenishing the salt your body loses.'*<sup>3</sup>

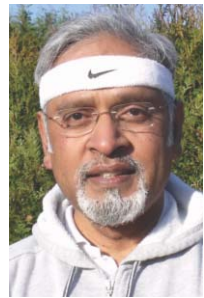
Smoothies, on the other hand, come with some caution. Alex Orlov, Editor for Recipes at *Life by Daily Burn*, advises: 'Just because a drink is labelled a smoothie does not mean it's healthy. . . .'<sup>4</sup>

He provides a range of healthy, low-sugar green smoothies which are to be found on the following website: <http://dailyburn.com/life/recipes/healthy-green-smoothie-recipes/>.

The next issue examines what's in soft drinks and highlights research from the British Soft Drink Association (BSDA).

### Good health!

<sup>1</sup><http://www.britishtsoftdrinks.com/Bottled-Water> <sup>2</sup>[https://my.clevelandclinic.org/health/diseases\\_conditions/hic\\_avoiding\\_dehydration](https://my.clevelandclinic.org/health/diseases_conditions/hic_avoiding_dehydration) <sup>3</sup><http://dailyburn.com/life/health/healthy-foods-stay-hydrated-without-water/> <sup>4</sup><http://dailyburn.com/life/recipes/healthy-green-smoothie-recipes/>



## STOP International goes to India

by Kish Poddar

**'The king will answer, "Whenever you did it for any of my people, no matter how unimportant they seemed, you did it for me." ' (Matthew 25:40, CEV.)**

This year's STOP International project involved the redecorating of the Way to Life Children's Home, which was built in 2008. STOP International sponsored the project, which now accommodates fifty-one orphaned children who are under the care of Pastor Abraham and his wife, Selvi.

The initial team of volunteers were from the UK, and with the help of local labourers they were able to complete nearly half of the work. On 7 August a second group of volunteers arrived from Brazil, twelve members from the Bokoram church led by Pastor Fabio (senior pastor) and Pastor Daniel Meder (youth pastor). They hooted and cheered in delight, Brazilian-style, as they entered the arrivals hall at Bangalore International Airport. It was their first visit to India and none of them spoke fluent English – but then friendly, warm enthusiasm doesn't really need translation, does it?

The volunteers' daily routine was the same, starting with a short worship with the lovely children and then a 20-minute walk to drop them at school, after which the work began. With the additional volunteers the work of painting progressed even faster. Once the inside walls were completed we began painting the outside walls, the doors and the window frames. I discovered

that Pastor Fabio was a cartoonist and so I set him to work on drawing Bible cartoons in all the children's rooms for visual stimulation. He came up trumps with wonderful drawings of Jesus with children, David and Goliath, Daniel in the lions' den, Caleb and Joshua, Jonah and many others, to the delight of the children.

As usual the children received lots of goodies from all the volunteers, for which they were thoroughly grateful – sweets of all kinds, colour pencils, crayons, stickers, undergarments, clothes, shoes, slippers, watches and reading and drawing materials.

One of the volunteers, a nurse, came prepared with dental aids to teach the children how to brush and protect their teeth, and then distributed toothbrushes and toothpaste.

The Brazilian ladies brought ingredients to prepare a delicious Brazilian meal for all the labourers, volunteers and staff of the orphanage. The orphans were not only the beneficiaries but also the benefactors.

Their spontaneous love and childlike innocence overwhelmed the volunteers, and they too were blessed. Their expression of uninhibited affection during worship, games and recreation was new to the volunteers, who had not experienced this before in their home countries. The final farewells were, needless to say, tearful and emotional, with hugs and kisses on both sides.

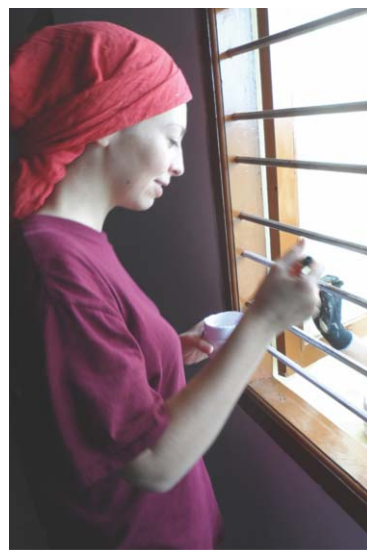
This large, renovated building now looks clean, new and welcoming: in addition to which, the roof was repaired and a number of little maintenance projects were completed to make the accommodation feel like home. On Sabbath both the children and the volunteers celebrated India's 69th Independence Day and then proceeded to celebrate the Sabbath with special music by the children as well as the volunteers. This was followed by a delicious lunch for everyone.

I was delighted to present a cheque of £4,800 to the Way to Life children, which Ricardo, Ravindra and I raised through the London-to-Paris sponsored cycle ride, as well as the funds raised by John from his Land's End-to-John O'Groats cycle ride. These funds will pay for the education of all 51 children during the present school year.

All the volunteers repeatedly acknowledged what a blessed time they had and some pledged to continue to help the orphans in the future in some way. One was determined to adopt a child and would have done so in a flash if it had been possible. The Brazilian pastors were sure that more volunteers from their parish would participate in missionary projects with STOP International in India in the future. The youth pastor said that projects such as this gave meaning to their Christian experience and consolidated their faith in God.

The final week was spent visiting the world-famous sights of incredible India such as the Taj Mahal, the Red Fort and the beautiful sights of the cities of Jaipur and New Delhi. In all the time spent in India working, shopping, sightseeing and eating, none of the volunteers became sick or suffered any injury. Praise God for this.

If anyone is interested in being involved in a STOP International missionary project next year, please contact the writer at: [kishpoddar@onetel.com](mailto:kishpoddar@onetel.com).



Re: Your editorial of 11 September

Dear Editor

Your observations on Pope Francis's visit to the US were timely indeed. As the first Jesuit pope, he knows what he wants and where he is going. We should bear in mind: 'The Order of the Jesuits was created . . . to be devoted to the overthrow of Protestantism, and the re-establishment of the papal supremacy.' E. G. White, *The Great Controversy*, p. 234.

Francis has, however, changed the initial Jesuit modus operandi of persecution by advocating the peaceful, conciliatory approach of the 'John 17 Movement' to unite all Christian churches (under his leadership): 'It is a part of her policy to assume the character which will best accomplish her purpose; but beneath the variable appearance of the chameleon she conceals the invariable venom of the serpent.' E. G. White, *The Great Controversy*, p. 571.

The US visit was an eye-opener.

TRISTAN CUNIAH

In the last issue of *MESSENGER* we placed an advert for a programme entitled, 'God of Science: Conflict of Worldviews', which was scheduled for Sabbath afternoon, 24 October, at the Stanborough Park Centre, Watford. Unfortunately, shortly after the magazine was printed we were informed that the meeting was cancelled due to the fact that the remodelling work at the venue would not be finished in time. Those responsible for the meeting are deeply sorry about this and hope that their efforts to notify everyone through the *BUC News* and this notice have been successful.

EDITOR

### BUC DEAF MINISTRIES STRATEGY

Deaf Awareness

**WHEN**  
22 November 2015  
10.30am—4.30pm  
Registration from 9.30am

**WHERE**  
Manchester South SDA Church  
13 Wilbraham Road, Fallowfield, M14 6JS

**FEATURING:**  
Devotional Presenter —  
**Pastor Paul Lockham**  
(Executive Secretary—BUC)  
Keynote Speaker —  
**Pastor Michael Hamilton**

BSL signers will be supporting the event.  
Accessible facilities available.

For more information contact Dawn Tompkins at  
01923 672251 / [dtompkins@adventist.org.uk](mailto:dtompkins@adventist.org.uk)

**DEAF MEMBERS CONSULTATION OUTCOME**

**PRESENTING SIGN Ministries, ASNA, SEC & NEC Disability Awareness Work**

**HOW TO MINISTER TO Deaf Members**  
Individuals in the Community

**COST**  
£30

**WORKSHOPS**

**LUNCH & CONFERENCE MATERIAL PROVIDED**



Ever had questions about our faith, doctrines or practice that you want to see resolved? In each issue I'll be hosting Q & A in an effort to answer them.

Andrew Puckering

**'In what circumstances does a person need to be rebaptised? If a church member in "good and regular standing" chooses rebaptism then how should the church clerk record it?' Anon.**

**A** In your email you mention that rebaptism 'is a personal matter between them and God', and I couldn't agree more – Ellen White counsels us, 'The subject of rebaptism should be handled with the greatest care. . . . God has given me testimonies of caution to our brethren in regard to handling the subject.'<sup>1</sup> Having said that, the *Seventh-day Adventist Church Manual* does offer the following Bible-based guidelines: 'Rebaptism is specifically mentioned only in Acts 19:1-7, where the apostle Paul endorsed it for a group of believers whose previous baptism of repentance had been by John. In addition to repentance, Christian baptism is associated with an understanding of and personal commitment to the gospel and the teachings of Jesus and a reception of the Holy Spirit. With this increased understanding and commitment, rebaptism is acceptable.'<sup>2</sup>

That's not to say that Christians joining our church from other denominations *must* be rebaptised, however. The *Church Manual* goes on to note that the Acts 19 rebaptism seems to have been an exception, since neither Apollos nor the disciples, having received John's baptism, are recorded as being rebaptised. On the other hand, 'If a new believer has accepted significant new truths, Ellen G. White supports rebaptism as the Spirit leads the new believer to request it,' in conformity with Acts 19, but there is to be 'no urging'.<sup>3</sup>

Regarding rebaptism of Adventist church members, 'Although apostasy existed in the apostolic church (Heb. 6:4-6), Scripture does not address the question of rebaptism. Ellen G. White supports rebaptism when members have apostatised and then are reconverted and wish to rejoin the Church.'<sup>4</sup> Even members technically still on the church books could find themselves in such a position.<sup>5</sup> A well-placed denominational officer informs me that in such circumstances, the conference secretariat 'simply records a note on the national church members' database (Memtrack) that it was a rebaptism, there being space on the church clerk's form to note it as such'.

Rebaptism, however, 'should occur only in special circumstances and should be relatively rare. To administer baptism repeatedly or on an emotional basis lessens its meaning.'<sup>6</sup> After all, if baptised members desire a public demonstration of their 'renewed cleansing and fellowship in the body of Christ', they already have it – 'in the communion service'.<sup>7</sup> This accords well with John 13:10 (NKJV): 'He who is bathed needs only to wash his feet, but is completely clean. . . .' Christ sends this invitation to all His wayward sheep who feel their need of cleansing. Come, and find acceptance in communion with our Saviour Jesus Christ!

<sup>1</sup>Ellen G. White, *Evangelism*, pp. 372, 373, 375 <sup>2</sup>*Seventh-day Adventist Church Manual*, 18<sup>th</sup> edition (2010), pp. 49, 50 <sup>3</sup>Ibid. <sup>4</sup>Ibid. <sup>5</sup>See, for example, Ellen G. White, *Evangelism*, p. 375, paragraph 2 <sup>6</sup>*Seventh-day Adventist Church Manual*, 18<sup>th</sup> edition (2010), p. 50 <sup>7</sup>Ibid., p. 51.

Do you have a question you'd like to see answered in Q & A? Why not send it in to us at: [editor@stanboroughpress.org.uk](mailto:editor@stanboroughpress.org.uk)? If your question doesn't appear in the next issue, don't despair – we will deal with it in due course.



## Hyland House School: What do you know about it?

An edited extract from an article in the *Encounter* magazine, volume 36, number 5, 1975 by P. Cady, updated by Opal Johnson-Christie, SEC Education Director (2008-July 2015)



leadership the school grew. By 1962 the rest of the house had become vacant, so a nursery class was added, and by 1966 the

**A** *Century of Adventism in the British Isles* noted that a school was started in Walthamstow in 1923, but little more was said about it. Do you know that the school is still running and growing – 92 years later?

We will start back at the beginning in 1923, when the school opened in Grove Road, Walthamstow – a suburb in the north-eastern part of Greater London – largely through the influence of the late Dr Frederic Carny Shone. Dr Shone, who had a medical practice, had three sons and wanted them to have an Adventist education. He suggested the need for a church school but his request was turned down. Not taking 'No' for an answer, he proceeded to start the school in Grove Road anyway.

The first head teacher was Miss Tapping, who was succeeded by Miss West, who remained in charge until the school was disbanded in 1939 because of the war.

In 1949 it was re-opened at the back of the Forest Hydro, off Forest Road, Walthamstow. This lovely old home had been converted into a nursing home and treatment rooms by Dr Shone. The school's new head was Miss Hazel Maudsley, and she started with 12 children in her care.

In 1954 the whole estate came under a compulsory purchase order for development, with the exception of Hyland House, which was leased to the school by the council to avoid closure.

At that point Miss E. Trott took over the headship with an enrolment of 34 children and the use of the ground floor only. Under her

let them settle for mediocrity. With her excellent eye for detail the school prospered and thrived.

The current head teacher, Mrs Gina Abbequaye, took over in September 1999 and has built on the superb work of her predecessors. The spirit of empowerment is one of her many unique qualities and it has led to a united, happy and committed team.

The most recent Ofsted report (2011) stated that the *'relationships between the staff and pupils and between the pupils themselves are warm, caring and respectful. Pupils are confident in speaking to staff and will share their problems and ask for help with their work, assured that they will have a positive response.'*

Hyland House pupils enjoy a balanced curriculum. Socially, they are confident and enjoy welcoming visitors to the school. Spiritually, the children love to praise God through song, mime and

drama. Academically, there is a readiness to learn to show their work, and progress is regularly displayed and celebrated; SATs results are impressive year on year. As well as caring deeply for each other, the children are taught to think about, pray for and physically help others.

To embrace the community, the harvest programme involves a donation of food parcels to elderly neighbours as well as food and finance to support the 'Feed the Homeless' programme at Stoke Newington Church. The annual fete is a further community event. The children have also collected large amounts of money for charities such as Dr Barnardo, NCH Children's Charity (now Action for Children) and Comic Relief.

From 2016, Hyland House plans to reinstate participation in the Church's own charity (ADRA) with a yearly collection for the needy at home and abroad.

September 2015 marked a significant milestone for Hyland House School. Why? Hyland House School has moved to the newly renovated Holcombe Road site. This move will impact on future educational excellence by providing a twenty-first-century educational facility.

The new site offers separate classrooms for each year group; specialist classrooms: two science labs and two art rooms for the infants and juniors, respectively; a well-equipped, age-appropriate gym; facilities to offer hot school meals; a school hall; improved play areas; and much more.

We look back with thanks and gratitude for the firm foundations laid by past head teachers, and look forward to running a twenty-first-century Christian school with the Lord as its Master Teacher and with your continued support.

enrolment had reached 86. In 1966 Miss Trott retired and handed over the headship to the late Norman Wright, who had been the head of our Fletewood School in Plymouth. The school continued to progress, and by the time it moved to its present premises over 100 children were attending.

Under Miss Cady's headship, many improvements were made, such as a layer of tarmac to the remainder of the playground, and a new block of girls' toilets was added. These and subsequent improvements were carried out over the years with your offerings and support.

In 1975 children were attending from six of the London churches, largely due to the efforts of church elders such as Luther Rodney, Eustace Anthony and the late David Best.

The teaching staff changed a lot during Miss Cady's tenure, but since then the staff team has remained relatively stable. We enjoyed loyal support from our British teachers and BUC Education directors, including Dr Orville Woolford, Dr Keith Davidson and Mrs Anne Pilmoor, but we have also had teachers from 'down under', New Zealand, South Africa and Canada. Under the headship of Mrs Cook from Australia the school continued to flourish.

In 1987, Mrs Ebanks (formerly known as Mrs Thelma Thorpe) took over the mantle as head teacher. She was a professional who insisted on high standards in all areas of the school life – from academics to uniforms. One of her great assets was her belief in the children's abilities to achieve. She would not

## Banner leads to baptism!

On Sabbath afternoon, 6 June, members of the Harrow and Romanian churches gathered in St Albans' beautiful sanctuary (graciously loaned for the occasion) to celebrate the baptism of Edyta Kilian and Marcin Gluszek.

Earlier that Sabbath, Edyta and Marcin had both shown their commitment to follow Jesus by participating in the Lord's supper at Harrow Church, and by publicly affirming our Adventist fundamental beliefs.

How often has a banner tied to the railings of a Methodist church helped someone find a Sabbath-keeping church?

At least once! It was Edyta who spotted the Harrow SDA Church banner, with information about its service times. She couldn't wait to tell Marcin about her find – and they couldn't wait to worship there the following week! Admittedly, that first visit didn't quite live up to their expectations, but, being led by the Holy Spirit, they decided to keep attending. During their third visit, however, they heard God's prophetic message preached by the first elder – and knew then that they were ready to take up the cross and follow Jesus. Not long afterwards, they both requested baptism.

Both are Polish nationals and were traditional Catholics, but with differing spiritual experiences. Marcin's family were nominal Catholics, and he grew up with no real interest in religion. In Edyta's home, however, church attendance was not optional; and, apart from a lapse during her university years, her belief in God never really ceased.

Marcin's search for spirituality (mainly trawling the internet) led him to websites focusing on end-time phenomena. For her part, Edyta attempted to rekindle her faith by going to church, but she found the ritual of confession intimidating, and longed to engage with her priest in a manner that would foster a secure relationship with her Creator God.

Then, quite miraculously, Marcin came across the 'Amazing Discoveries' website, and was captivated by it. He shared what he

## Let Him stretch you too

It gives one a marvellous sense of achievement when one completes a challenging project. Recently I've tried to thank God for each challenge that comes my way and depend on His support throughout. Has that been easy? No, it hasn't, because this aspect of my life is still a work in progress.

Earlier this year the BUC Women's Ministries Director, Sharon Platt-McDonald, presented me with an opportunity to create a sculpture for women's ministries. Challenges are never easy, right – but they wouldn't be challenges if they were, would they?

I had to create a sculpture based on the 'virtuous woman' of Proverbs 31:10, and it wasn't long before I began to question why I had said 'Yes'.



found there with Edyta. Then, like the Bereans, they searched the Scriptures carefully to authenticate what they had learned (Acts 17:11) and subsequently embraced the message. They began to keep the Sabbath via online Sabbath services and became very conscious of God's love and grace in their lives.

Introducing these two candidates at the baptismal service, Robin Peck described them as 'model Bible students' who made it necessary for him to radically modify his usual study plan so as to keep up with their advanced knowledge and understanding of the Scriptures.

In Pastor Petrof's sermon, he likened Edyta and Marcin's decision to follow Christ to that of the Israelites crossing the Jordan, with both being the work of God and not of man. Like the Israelites, they are no longer in bondage, but in God's care – leaving the past behind for a life of freedom. 'The LORD shall fight for you, and ye shall hold your peace' (Ex. 14:14, KJV).

COMMUNICATION SECRETARY – HARROW CHURCH

I had never sculpted at that level before, neither had I taken any sculpting lessons during my evening classes. I felt that I had made a massive mistake. But after a series of prayer sessions and some reflection, the Lord reminded me of what I was doing when the request was made. I was already involved in conducting a weekend of presentations for the BUC about working with clay. Prior to that had been another opportunity given to me by the NEC Women's Ministries Director, Geraldene Farmer, involving the potter's house in Jeremiah 18. I then realised that it was happening in stages, with the Lord saying to me, 'I was with you through all of these opportunities (you call challenges); now here is another.' I also remembered the promise I had made to God after He healed me of a life-threatening illness in 2011. I told Him I would give far more 'yes' answers than 'no' answers from then onwards. I was humbled! I was being reminded that one cannot grow without being stretched, and this is exactly what God was doing with me.

At that point I prayed, 'Lord, You know my abilities; now I need You to bring out something in me I've never done before. Show me how to do it for the sake of Your honour and Your glory.' Months passed during which I went through moments of sheer panic when I simply said, 'Oh well, Lord. You must know what You want because I don't.'

After coming up with some designs for the sculpture I finally bought the clay, prayed over it, and set to work. To cut a long story short, the sculpture was eventually completed and Sharon was happy with it . . . but it broke in the kiln during the bisque firing (the first process of baking the clay), and I had to start all over again! I was gutted. I swallowed hard, attempting to fight back the tears that threatened to drown me. How on earth was I going to explain this to Sharon? Yet in the midst of my disappointment God impressed me that something better was to come, and I have to praise Him for the inspiration that followed. The second sculpture was very different to the first, but certainly an improvement. I'm still being stretched, and it's a good thing!

Why not give God a chance to stretch you? He alone knows what you are capable of achieving for His glory and to your own personal development.

ANDREA RASHFORD-HEWITT

# Scottish Mission

## No reserve, no regrets, no retreat

by Pastor Victor Hulbert, BUC Communication Director

All eyes fixed to the front. That is the general rule for a sermon. The preacher wants the undivided attention of his congregation. However, when Pastor David Neal stood up to speak at the Scottish Mission Day of Fellowship on Sabbath, 3 October, he actually had the congregation craning their necks to look to the rear of the church. Why? Hanging prominently from the upper balcony was a large banner proclaiming, 'Behold, I am alive for evermore'.

It highlighted an important message: in looking back, *recognise that the God you serve is the God of the future*. The banner, hanging at the rear of Crieff Church, fittingly represented the messages from the book of Hebrews that Pastor Neal, President of the Irish Mission, was invited to share as guest speaker throughout the weekend. 'Weekend' because this was more than a Day of Fellowship. Members travelled from across Scotland for what could be described as a mini camp meeting, with Pastor Neal speaking on Friday night in the Crieff church, then to a larger congregation on Sabbath morning and afternoon, and then with delegates to the Scottish Mission Session on Saturday evening and Sunday morning.

His messages were interspersed not just with the rich variety of musical talent to be found in the Scottish Mission, but with evangelism reports from all its pastoral districts.

Aberdeen went first, sharing how their evangelistic exhibition, *The Forgiveness Project*, had not only attracted residents and school groups to the church, but had built bridges with the community, the university, and a local school, where Pastor Njaya Ndlovu now regularly shares matters of faith and religion. Indeed, he asked for special prayers for the following Wednesday as he had been asked to present on 'Who Jesus Is' to a class in which 80 per cent of the students are unchurched.

Dundee talked about how their 'Barrie Centre', a wing of their church building, has become a real centre for their community, used by five different community groups during the week, in addition to services such as a Mother and Toddler group, Pathfinders and Messy Church, organised by the church itself. The church even ran a 'marriage vows renewal weekend', attracting local residents as well as church members.

Messy Church, reaching out to children and parents in the community, appears to be a popular programme in a number of Scottish churches, but reports also highlighted Irvine's tabletop ministry in the town centre; Crieff's annual flower festival, which in its twentieth year attracted 200 visitors and raised £1,000 for a local youth charity; and Edinburgh's community lunch – where various church departments working together have built significant bridges with the community.

Many more initiatives were shared during the day, but significant among them was a praise report from five youth recently returned from the ADRA Connections mission trip to Nepal, where they had helped renovate a school. Dressed in colourful costumes, they shared how the trip had given them a vision for mission and an understanding and respect for another culture, and had opened their eyes to how generous and giving people can be even in a slowly developing country recently hit by a massive earthquake.

Thanks were also local. During the morning service Pastor Llew Edwards and his wife, Karin, made a special presentation of thanks to the wives of the six ministers who serve in the Scottish Mission. In the afternoon, another surprise presentation was made to long-serving and committed Paisley church member, John Wilby, a man who, in active retirement, has strongly supported the Youth, Communication, Community Services and ADRA departments, as well as being involved in a number of community projects in his local



area. A member of the ADRA-UK board, he is not just an expert advisor, but has, over the years, organised teams of ADRA supporters to join the 'Great Scottish Walk', and this year raised funds by walking the 96 miles of the West Highland Way from Glasgow to Fort William. Not satisfied with that, at age 76, he also supported the Nepal fund-raisers in their sponsored climb of Ben Nevis. Grateful for the Lifetime of Service award, but nevertheless modest, he confessed afterwards that he felt there were many others in the church equally worthy of such an award. Nevertheless, the presentation made on behalf of ADRA-UK by Pastors Victor Hulbert and Paul Lockham demonstrated a public thankfulness for willing and sacrificial service to the Saviour that he had drifted away from in younger years, but has now come to love.

Pastor Neal's Sabbath morning sermon exemplified the theme of service. He shared the diary notes of William Borden, a missionary to China who died at the age of 25, confessing on his deathbed that he gave with 'no reserve, no retreat and no regrets'. Pastor Neal then used the example of the great men and women of faith in Hebrews 11 as an encouragement to the members across Scotland who can, together, transform this land, while keeping their eyes fixed on Jesus.

Like Abraham travelling from Ur to the Promised Land, Scottish Mission President, Pastor Bernie Holford, noted that he 'is a foreigner in this country, and many of us are . . . but we have been called here for a purpose.'

Summing up with a quote from the book, *That I May Know Him*, by Adventist Church co-founder Ellen White, Pastor Neal's challenge was: 'God wants you to let Him manage you, that you may be a lovable Christian.' Going by the positive reports of the day, that is something that seems to be already evident in Scotland.

Recordings of all the sermons from the weekend will be available on the Scottish Mission Media website. A selection of photo memories are available on the Adventist Church's picture gallery.



Low resolution photos as supplied

# session report

## Stirred to good works

by Pastor Victor Hulbert

Scotland's premier actor, Sean Connery, may well be remembered for his role in the early James Bond movies, along with the famous catchphrase, 'Shaken, not stirred', but for delegates at the Triennial Session of the Scottish Mission of Seventh-day Adventists on Sunday, 4 October 2015, a considerable amount of shaking and stirring stimulated some extremely worthwhile debate.

The stirring came from Irish Mission President, Pastor David Neal. Concluding a weekend of devotional messages based around the book of Hebrews, he challenged members to 'consider how to stir up one another to love and good works' (Hebrews 10:24, ESV). Looking at the 'DNA' of what makes for a successful, mission-focused church, he noted that it must be biblical, a church that digs into Scripture. Its worship must be genuine; it should be both caring and serving; but above all it must be expectant. 'We can never be settled. We can never be comfortable,' he stated, concluding with a quote from C. S. Lewis: 'Aim at heaven and you will get earth thrown in.'

For the 117 delegates meeting at the Crieff church, aiming at heaven was certainly in their focus, yet their concern was not principally for themselves, but for the 5.4 million people of Scotland, especially the 1.9 million who claim no religious affiliation at all. In presenting very detailed demographic data for both the Adventist Church and the Scottish population, Pastor Paul Lockham, the Executive Secretary, stated: 'This must be our primary target – to seek and save the lost.'

He then got more specific, noting that our denomination's demographics are in a reverse ratio to those of the Scottish population, in effect meaning that our members, each of whom may have travelled to Scotland for many and varied reasons, must consider themselves as missionaries. In effect, the Scottish membership comes from 'all nations' to make disciples of 'all nations', including the people of Scotland (Matthew 28:19-20). A full breakdown of Adventist demographics in Scotland, 2000-2014, can be found on the Scottish Mission website.

This was a specific challenge not just to the delegates, but to the 612 Adventists who make up the Scottish Mission membership, noting that the largest numbers had joined the Church here by transfer from other countries rather than by baptism – 398 by transfer, 65 by profession of faith and 177 by baptism in the last fifteen years (2000-2014).

The statistics certainly 'stirred' Pastor Marcel Ghioalda of the Crieff and Dundee district, and Owen Anderson of Edinburgh, who both noted how useful these statistics are for planning. At the same time Joyce, also from Edinburgh, made the point that for effective growth we perhaps 'need to be Adventist from Sabbath to Sabbath and not just on Sabbath'.

Diversity issues inevitably featured in the debate, both in worship style, and in how to reach across cultures so that, like Paul, we can 'become all things to all men'. Victor Igwe from Aberdeen responded with the thought, 'Who was it who brought the gospel to us in Africa? If that is the case, can't we do the same in Scotland?' Glasgow pastor, Rory Mendez, agreed. 'Cultural barriers are not insurmountable. When people come to know me as a person then cultural barriers can be overcome.'

Pastor Llew Edwards, BUC Ministerial Association Director and a former Scottish Mission president, had recently attended an interfaith conference that also dealt with this issue. 'How do we overcome barriers?' he asked. 'By becoming Scots to win Scots,' was his



Continued on p. 10

answer. He encouraged that there should be some active training for our members in understanding Scottish culture and sensitivities. Steve Peacock, an Englishman resident in Crieff and fully involved in a range of community activities, noted that racism is not just a colour issue. Serving as a street pastor the previous evening he had been told, 'I hate the English!' How do you break such barriers? By getting alongside people, caring and being involved in their daily lives.

Beavon Sanderson from Glasgow did a good job of summing up the need to focus on outward-looking evangelism. She confessed that she was 'heartbroken at the way we in Scotland are. In Glasgow we have only three Scottish people in a membership of 129.' She appealed that all of us should see ourselves as evangelists – and that we be given the resources to do the task!

That led nicely into the Treasurer's report, where Victor Pilmoor emphasised that the £450,000 budget for this year was 'to share and represent the saving love of Christ among all people in Scotland', noting, 'We are for everybody.' Resources, and how best to supply and divide them, are always going to be an issue, but as Lynn Retallick of Edinburgh expressed it, 'If you have a clear vision, people will provide the resources.' Part of that vision, as noted by Charles Lethbridge of the Dunfermline church, is to work with leadership in submitting sound proposals that the Executive Committee can work with.

Further discussions during the day highlighted the effectiveness of Children's Ministries, especially Messy Church, in various Scottish congregations; the way forward for Adventist education within the Mission; that every member is a communicator and that an effective tool is the smartphone most of us own; and a vote to cap the number of delegates to 100 in the future.

By just-gone 4pm the Nominating Committee returned and the following names were voted to help 'stir' evangelism and mission in Scotland for the next three years:

**Community Services:** John Wilby

**Family Ministries:** Tarzan & Priscilla Bhebhe

**Health Ministries:** Claudette Comerasamy

**Pathfinders/Adventurers:** Pastor Njabulo Ndlovu & Mrs Mthoko Ndlovu

**Prayer Ministries:** Owen Anderson

**Trust Services & Stewardship:** President, Pastor Bernie Holford

**Women's Ministries:** Rosanna Cockett

**Youth:** Pastor Claudiu Popescu and Audrey Mutongi

**Children's Ministries:** to be deferred to the incoming Executive Committee

**Communications and Media:** to be deferred to the incoming Executive Committee

The Personal Ministries and Church Growth position will be referred to the Scottish Mission Executive Committee for role clarification before appointing a leader. A recommendation was also made for the committee to discuss the role of Men's Ministries sponsor.

#### Executive Committee

Pastor Bernie Holford (Chair)

Pastor Paul Lockham (Executive Secretary)

Mr Victor Pilmoor (Treasurer)

Dr Stephen Logan (Crieff)

Miss Audrey Mutongi (Faifley)

Mrs Maggie Robertson (East Kilbride)

Mr Gibson Kabaso (Paisley)

Mr Charles Lethbridge (Dunfermline)

Pastor Marcel Ghioalda (Crieff & Dundee)

Mr Tarrick Haynes (Aberdeen)

Mrs Lynn Retallick (Edinburgh)

Pastor Rory Mendez (Glasgow, East Kilbride & Faifley)

The day finished with a statement of thanks, photos of outgoing and incoming sponsors, and continued discussions in the hall and corridors of Crieff Church even as the local members and volunteers tidied things up.

A selection of photos from the day can be found on the Scottish Mission picture gallery. The full report of the Credentials and Licences Committee, and the Secretariat report, are also online.

## news



### History was made . . .

History was made on 22 August as two new churches were officially organised in the same service. Both Bracknell Ghanaian Church and Frimley Church were publicly organised and recognised

in Garth Hill School, Bracknell. It was a colourful celebration with the two groups dressed in different 'uniforms' to identify their new church families.

Both churches were started after Reading and Slough's pastor, George Sekey Dadey, challenged his congregations to plant new Ghanaian churches within Area Five.

Bracknell and Farnborough were identified as key locations. Bracknell Ghana grew as planned, but it was a struggle to find a suitable venue in Farnborough, so one was found in Frimley instead. This location attracted a multitude of nationalities, which resulted in an international plant, but with a strong Ghanaian emphasis.

Pastor Terry Messenger, former SEC Executive Secretary, conducted the celebratory service, which was interspersed by a number of excellent choir items in Twi.

Representatives from other UK-based Ghanaian fellowships had travelled from London, Manchester and Leeds to be at the service, and the leader of the European Ghanaian Fellowship (EGACCOM), Pastor Charles Asare Bediako, had flown in from Stuttgart, Germany. Pastor Bediako expressed his hope that the 'two new churches would grow, serve each other in humility and serve their communities with love'.

KIRSTEN ØSTER-LUNDQVIST AND DEBBIE CHENGETA

(PHOTOS: LARA ZESTIC)

### Reading's Family Life seminar

Recently, members and visitors of Reading Central Church learnt how to improve personal relationships and create happier homes through a series of Family Life seminars.

Guest speaker, Dr John K.

Amoah, Ministerial and Evangelism Director of the Southern New England Conference, USA, shared this life-changing information each evening for a week in May.

Corrine Felix from Reading Central's Family Life Department said this about the event: 'It was inspiring, a reminder of how we should treat each other in our relationships, and it helped us to better understand our peculiarities as men and women. Pastor Amoah covered topics such as how to handle conflicts, developing good relationships with children, learning to forgive and managing finance in the family.' But it wasn't just about listening to advice, because 'people were encouraged to pray, pray and pray for God to guide and direct in their families'.

ITU OSUPENG



### LIGHT shines in Newcastle

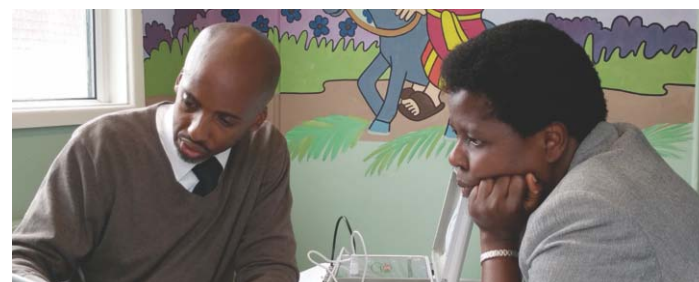
The LIGHT Health Missionary training course, held in August in Newcastle-upon-Tyne, has ended with at least 22 students feeling equipped to serve in some form as health missionaries. Cynthia Bonas was the lead trainer for the LIGHT programme, and among those who attended her holistic lectures were participants from around the UK. This included West Africans, Southern Africans, Eastern Europeans and Americans. The youngest to attend was Samppa (7), who, despite his age, has acquired commendable skill as a relaxation masseur, which he demonstrated during the morning service.

The course was a month long and proved very useful to those who sacrificed the time and effort to attend. Some of them even brought their children along.

Among the knowledge and skills they acquired was how to run a top-class health expo. Just how valuable a well-run expo can be was illustrated by the fact that one of the community members who attended it was back in church the very next Sabbath! He wished that more of the local community had been reached by the advertising because the programme was 'just what was needed'.

Please feel free to contact Pastor Peter Jeynes at [pjeynes@necadventist.org.uk](mailto:pjeynes@necadventist.org.uk) for more information about how to have your own LIGHT Health Missionary training course.

NEWCASTLE COMMUNICATION TEAM



### Camp Hill training

The Gospel and Health Evangelism Training (GHET) at Camp Hill Church ran for three nights a week for three weeks recently.

Five members completed the training, which focused on combining the gospel of Christ and our health message. The group learned how to study their Bibles using a concordance, all of which was interspersed with group discussions and cookery demonstrations. The GHET representatives, James Sewell and Kelita Melbourne, presented the course material while Cachita Mayers ran a special class in hydrotherapy from which all benefited.

The students proudly graduated during a ceremony on 30 May in the presence of their friends and the members who attended.

Each graduate received a certificate and testified about how the course had enhanced their study and understanding of the Bible.

In a short address by the Health Ministries leader of Camp Hill, Dr J. Halliday-Bell, the group were charged to minister in the surrounding community for their betterment.

It is anticipated that GHET Ministry will conduct further training courses in the future with further positive results.

DR JACQUIE HALLIDAY-BELL (HEALTH MINISTRIES LEADER)

### Bolton's health emphasis

On the weekend of 7-9 August the Bolton church conducted a special health emphasis programme. It began on Friday evening with a presentation on the 'Creator's Masterpiece' by Winston and Jack Brown from Glasgow. This was followed by further presentations by them on Sabbath, morning and afternoon.

Early on Sunday morning the members erected a tent and commenced with various presentations and demonstrations for the members. These focused on natural remedies. These were followed by a soup lunch, at which they were joined by the people who attend their regular soup kitchen.

Then at 2pm they opened their own health expo, complete with the normal check-up stations, plus an additional one where those interested could have a 'body scan'. Although it was a long and tiring day, the members felt very blessed – especially because they had 12 visitors in attendance!

RUTH KAZEMBE



### South Birmingham report

Under the pastoral leadership of Pastor Obinnaya Iheoma, members in the Bournville, Halesowen and Northfield district have been working hard this year to deliver messages of health and hope to those in their community. In May they held a two-week outreach entitled 'Celebrate Life 4 All' in Bartley Green, where the Halesowen church now meets. Community surveys had identified the real concerns of the local residents and Pastor Obi addressed these during the meetings.

Other support requested included health and nutritional advice, exercise clubs, and activities for children. Therefore, on Sunday 3 May they began their outreach with a health expo. After a welcoming speech by a local councillor, John Line, the Pathfinders conducted a drum-led march through the neighbourhood, while members and children followed them distributing reminder flyers. Unfortunately, very few people from the community came for health checks that day, but they repeated the health expo and march the following Sunday.

This time, as a definite result of the Lord's planning, the march coincided with street parties to celebrate VE Day. Local children playing on the streets were excited to see the Pathfinders in their uniforms and several showed an interest in joining the club. The Pathfinders also caught the eye of the local council, who were planning a community event on 4 July to raise funds for Birmingham Children's Hospital. The Pathfinders were invited to perform a drumming and drilling session while the members were asked to hold another health expo!

In preparation, talented young drummers Tevin Mcleod and David Mohan (Jnr) patiently coached the rest of the Pathfinder group, including children as young as nine years, to be ready for the event. The church agreed to purchase more equipment and on the day it was



an accomplished band of drummers, cymbal clasher and glockenspiel players that led the Pathfinder march from our worship hall in Bartley Green to the allotment fields, where they put on a display that could honestly rival the Queen's brigade!

The Bournville members also ran another health expo at the annual Bournville Village Festival, which has been running for over 100 years. In total they assisted 89 people between 2pm and 6.30pm that day!

The district churches are in the process of establishing a church plant in the Kings Norton area of Birmingham and have held several evangelistic programmes there this year – one of which was conducted by Pastor Peter Sayers. Please continue to pray for the people in Kings Norton, and for the workers in this area of the district.

ANGELA PARNELL, HANNAH JEFFERY, LOUISA JEFFERY AND SHIRLEY RYNER



### Smart love

Anyone can date, but not everyone can date and be successful or smart about it – which is why nine young people (12-16) attended the 'SMART Love' seminar held at the Middlesbrough church during the last week of August. During the week-long seminar they learned how to make friends with themselves; the truth about the dating game; how to break up with a partner; how to tell if they are really in love; how to handle 'Touchy Situations'; and how far is too far. On the final day the seminar looked at 'Close Encounters of a Dangerous Kind (STDs)' and how to remain sexually abstinent.

The programme was based on materials by Nancy Van Pelt and it is hoped that it will help these young people make the right decisions when dating.

The seminar was also very practical in parts. For example, after the section on how to 'break up' with your partner, they were assigned to write a fictitious letter to end a relationship, then share it with the group. Their letters were amazing and illustrated just how seriously they took the seminar.

COLIN WOODFORD

### Seema's baptism

On 8 August Seema Kishore was baptised at the Langley church in Birmingham by Pastor S. M. Gill. The congregation were delighted with her decision for Jesus and she was well-supported by her family.

ROHEET SUBRAI



### Patience is never out of place!

Some months back we published a request for a set of the *Seventh-day Adventist Bible Commentary* on behalf of a budding young lay preacher. Weeks went by without any response and, to be honest, I thought that we had drawn a blank on this one.

I was in for a lesson though, for someone has responded. They were able to provide not only a commentary set, but numerous Spirit of Prophecy books too! For this reason I wish to express the gratitude of the budding preacher to the giver of the gift – and to remind myself that Psalm 40:1 suggests that patience is never out of place (KJV): 'I waited patiently for the LORD; and he inclined unto me, and heard my cry.'

EDITOR



### Fartown report

On Sunday 16 August the Fartown Community church members, young and old, enthusiastically hosted their first bring-and-buy sale at the Fartown village hall, Huddersfield. This is the venue they have hired for their church services and community outreach programmes since developing from a church plant to a company.

The purpose of the sale was to raise funds for their building fund, because the members want to own their own purpose-built facility, so as to effectively minister to all their needs, as well as those of the local community.

Fartown's health team vigorously promoted healthy living during this bring-and-buy sale through their attractive displays, helpful services and fund-generating activities. These included the 'sell out' sales of fresh fruit smoothies produced by Veronica Whittle (health team leader); massage chairs administered by professionals, Dr Judith Antwi and Henrietta Sterling, for a minimal fee; body mass index health checks with professional advice; guidance on healthy ways to cook; the provision of leaflets on healthy eating; and a number of other important health subjects.

The bring-and-buy itself was also a great success, as were the various food and refreshment stalls. A significant amount of money was raised for the building fund. The event also helped to build stronger friendships among the members, and between them and the local community. Pastors Stokes and Karbah were also there in support of the project, which greatly encouraged the members.

JENNY FRAY, COMMUNICATION/FUND-RAISING DEPARTMENTS

TOTTENHAM SDA CHURCH MUSIC DEPARTMENT  
presents  
**ACKNOWLEDGING CHRISTIAN TALENT**  
December 8th from 8:00pm—7:30pm (doors open at 4pm prompt)  
Featuring aspiring Christian talent from across the South England Conference!  
With special guest; singing evangelist - Lois Moodie!

**Tickets:** Entry is free but you must have a ticket  
Tickets are available online at Eventbrite.co.uk  
You can find them by searching the site's listings, by typing ijth.qr.ai into your browser or by using the QR code to the right

**Venue:** The Rock Tower, 49 Tufnell Park Rd, London, N7 0PS

Acknowledging Christian Talent

For more information email [audreysovam@icloud.com](mailto:audreysovam@icloud.com) OR [valeriemoodie5@aol.com](mailto:valeriemoodie5@aol.com)

As supplied, errors and omissions excepted

# obituaries

remains were interred in the same grave as his wife. Our brother rests, awaiting the fulfilment of our Saviour's promise to come again and raise the believers to life everlasting in the Kingdom of God.

Pastors Patrick Boyle and Jacques Venter (senior pastor at Stanborough Park) led out in the service, assisted by Edward Hammond and Pat Walton, who were dear friends of Henry.

PASTOR PATRICK BOYLE (RETIRED)



**Margaret Helen Doreen Guest (1921-2015) d. 4 September.**

Doreen was born in Edinburgh on 26 March 1921 to Pastor Samuel George Hyde and his wife Marjorie (née Keough). Doreen, the eldest of three daughters, took on early responsibility for her sisters June and Jacqueline.

By nature of her father's ministry, the family moved frequently to different parts of the country. Always willing to help out, Doreen, aged just three, was known to fetch bread from the local baker in Brighton. Growing up, Doreen was also keen to lend a hand at her father's evangelistic meetings, where she utilised her extensive music skills by playing the piano.

As well as being musically gifted, Doreen was highly academic and went to Cardiff University aged just 17, emerging with a double first in French and Latin. She continued to develop her piano playing until she received the accolade, Licentiate of the Royal Academy of Music (LRAM).

She loved to sing and was an accomplished soloist who put her talents to work in evangelism

during her father's meetings in Cardiff, Ipswich and Oxford. She was a frequent soloist at Stanborough Park Church and also sang at the New Gallery Centre, when Leslie Riskowitz and Malcolm Taylor were in charge of the music there.

One day in 1936, Doreen went to visit her grandparents in Watford, and, during a meeting with her old friend Maybel Throssel, met Jim. A romance began with this tall, handsome man and, in 1942, Jim and Doreen were engaged. Jim was drafted into the army and was on overseas service for a while. When he returned in 1945 they got married.

In 1942 Doreen began a long and distinguished career in teaching. Although she began her career in a secondary school, she spent the majority of her time teaching in junior schools, specialising in music. She also taught at Hyland House School, becoming headmistress for a short time.

Doreen was head deaconess at Stanborough Park and was also a dedicated Sabbath School teacher. In retirement, she volunteered in the Stanborough School library.

As well as being a mother, Doreen was a loving grandmother of seven and great-grandmother of two, all of whom knew her affectionately as 'Gran'. Doreen spent much of her later life dedicated to each of her rescue dogs, the last dog being her close companion right until the end.

Later, when her health prevented her from attending Stanborough Park Church, she enjoyed watching the service on Livestream. She also became fully involved as a prayer warrior, a duty she carried out to the very end of her life.

VANESA PIZZUTO



**Nigella Helan Cowen (née Cook) (1938-2015) d. 22 August.**

Nigella was born in Finchley, London, on 10 January 1938, to Helan and Albert Cook, a few years after they returned from mission service in Africa. She was the youngest of two daughters. Zena was born a few years earlier while Helan Senior was in England recovering from malaria.

Nigella attended the Church school in Watford, then Watford Grammar School for Girls. She often worked at The Stanborough Hydro for pocket money, and it was during this time that a career in nursing became clear to her. She started her training with several other Adventists and qualified as a SRN.

In 1956 she lost her father, who was the publishing director of the BUC. He was just 52, and this had a profound effect on her. He had become an Adventist after reading *The Great Controversy*, sold to him by the father of the late Pastor Bernard Kinman.

Midwifery was to be her speciality. She trained at Edgware General Hospital, London, but refused to attend Saturday lectures, which led to a later qualifying date. She qualified in 1960 and returned to the Stanboroughs as a midwife.

While working on Stanborough Park once again, she took time out to nurse Zena at home, until her death.

In 1967 she married Mike Cowen, who was working at the Stanborough Press. They then settled in a village near Grantham and restored a cottage together.

Nigella worked in the local hospital maternity unit, soon becoming Staff Nurse, Midwifery Sister and finally Antenatal Clinic Sister, before retiring through ill health in 1990 after 23 years of service. This was followed by successful heart surgery at Glenfield Hospital, Leicester. Sadly, however, a few months later she suffered four strokes, the final one leaving her paralysed down her left side. Nigella, fully realising her needs, chose to enter a local care home, which offered 24-hour nursing care. She was there for nearly eight years.

Although largely confined to her bed, she loved to be taken in her wheelchair to the nearby park to see the flowers, trees and

wildlife. Her love of nature had been instilled in her by her father. She loved the home garden she and Mike had made together, and often visited it in her wheelchair when she felt able. She loved to have former carers who had become mothers bring their little ones in for her to hold.

She was admitted to Lincoln County Hospital on 16 August and quietly passed away without suffering or pain, a week later, with Mike at her bedside. She had confided to him just a few weeks before that she was 'ready to go, I'm just preparing you'.

The funeral service was conducted at her request by Pastor John Ferguson, with family and friends taking part. She was laid to rest in Grantham Cemetery.

Nigella would always add the following words to sympathy cards for others, 'Yours in the Blessed Hope', and we look forward to the time when that hope becomes a reality.

I should like to thank the many who have prayed on our behalf during these past years especially, and for the messages and cards that have been received since Nigella passed away.

MIKE COWEN (HUSBAND)

**Percy Henry Grant (1921-2015) d. 3 September.** It is with sadness that we report the death of Percy Grant, better known as Henry, a much-loved member of the Stanborough Park church.

Henry and his wife (deceased) joined the church as a direct result of the local Stanborough Park members distributing VOP cards in Boreham Wood. This is a point worth making: the distribution of these cards, tracts and magazines is an exercise the fruit of which we will realise only in eternity.

Henry served in His Majesty's Army during World War II, seeing action in North Africa, Italy and Austria. He flew home at the end of the war in the bomb bay of a Lancaster bomber. Upon his return to civilian life he resumed his former employment with Smith's Industries and remained with them until retirement.

He and his wife were unable to have children of their own, so they fostered, and, in time, adopted three of them: Vanessa, Tony and Peter. They, along with Samantha, Vanessa's daughter, were the chief mourners.

The service and committal took place in the North Watford Cemetery Chapel, after which his



## Unified by the Cross

On 15 August, the Yardley and Bearwood district of churches came together for a special day of fellowship and unity. Bearwood's membership is mainly of Ghanaian background while Yardley's is mainly of Caribbean origin. Both churches worked hard to deliver a memorable experience that was enjoyed by all. Yardley was introduced to Bearwood's wonderful way of greeting in which each person greeted everyone else. All were in agreement that they had learned something from each other. According to the district pastor, Pardon Chenjerai, 'The day was the beginning of a positive future relationship.' Dr Lovemore Ngununu preached a fitting sermon about the love of Jesus, while the AYS programme reminded the members of the relationship that should exist within families.

PARDON CHENJERAI (CHURCH PASTOR)



### Church minibus for sale

One of our local churches has a minibus for sale. For more information contact Winsome Brown-Baadjes on 07727270753 or email him at [winsome.souls.4christ@googlemail.com](mailto:winsome.souls.4christ@googlemail.com).



### Centre for Christian Leadership

Newbold's Centre for Christian Leadership aims to provide an opportunity for church members and those in leadership positions to gain or enhance their skills and knowledge in spiritual, educational and social ministry through the practical and theoretical short and intensive courses it offers. Register for workshops and find out more at: [www.newbold.ac.uk/centre-christian-leadership](http://www.newbold.ac.uk/centre-christian-leadership).

This is the remaining workshop for 2015:

### Flowers for Worship

Sunday 6 December – from £31

Due to popular demand, the Centre for Christian Leadership will be hosting a second offering of this workshop with Chelsea Flower Show gold medal winner Audrey Balderstone. This half-day workshop is designed to help flower arrangers make the most of their limited budgets while producing arrangements which are powerful witnesses to the beauty of creation. Participants will take home a pleasing arrangement suitable for a church setting.

# TRUST

G O D ' S H E A R T

## Asna Carers Weekend

£110 Double Occupancy Rooms (£90 ASNA Members)    £130 Single Occupancy Rooms (£110.00 ASNA Members)

**30th Oct - 1st Nov 2015**  
**Hellidon Lakes Spa Hotel**  
**Hellidon, Daventry. NN11 6GG**

**SPEAKER**  
**Pr. Maureen Rock**

Contact Sophia Nicholls/Helen Batten on 07768 298 297 / [info@asna.info](mailto:info@asna.info) or [www.asna.info](http://www.asna.info)

**ASNA - SUPPORTING PEOPLE LIVING WITH DISABILITIES AND SPECIAL NEEDS**

Inspirational workshops for spiritual, physical, emotional and social development. This event has been heavily subsidised by ASNA thanks to funds raised from donations and grant from ADRA UK. ASNA Reg. Charity Number 1100447

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Mike Johnson & Gail Masondo in association with Odeth Horslen presents:

## Hymns for Healing

A worship experience with:

- ▶ Hymns
- ▶ Testimonies
- ▶ Special music

**Saturday 7 November 2015 @ 4pm**

Christ Church  
 Purbeck  
 Stantonbury  
 Milton Keynes MK14 6BN

**FREE ENTRY**

Tickets at:  
<https://hymnsforhealing.eventbrite.co.uk>

For further information call:  
 07757 816316

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## BOOKSALES

**October**  
 25 John Loughborough 10am-2pm  
 25 Manchester South 10am-2pm

**ABC Shops**  
 Watford, BUC, Monday-Thursday - 12.30-5pm, Friday - 10am-2pm.  
 01923 893461  
 Birmingham, Aston-Newtown, Wednesday - 11am-4pm, Thursday - 4pm-8pm,  
 Sunday - 11am-3pm.  
 0121 3286380  
 Advent Centre, Mondays & Wednesdays - 6.30pm-8.30pm.  
 Sundays - 11am-3pm, Saturdays - November, December, January: After sunset.  
 0207 7236849

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SEC TEENS DAY OF FELLOWSHIP  
GUEST SPEAKER: GC YOUTH DIRECTOR

## DECEMBER 12 2015

FROM 10.00AM; EVENING CONCERT & PRAISE GALA

@ THE EMMANUEL CENTRE  
MARSHAM ST. WESTMINSTER, LONDON, SW1P 3DW  
(NEAREST UNDERGROUND STATION: WESTMINSTER)

FOR MORE INFORMATION CONTACT  
SEC TEENS DEPARTMENT ON 01923232728



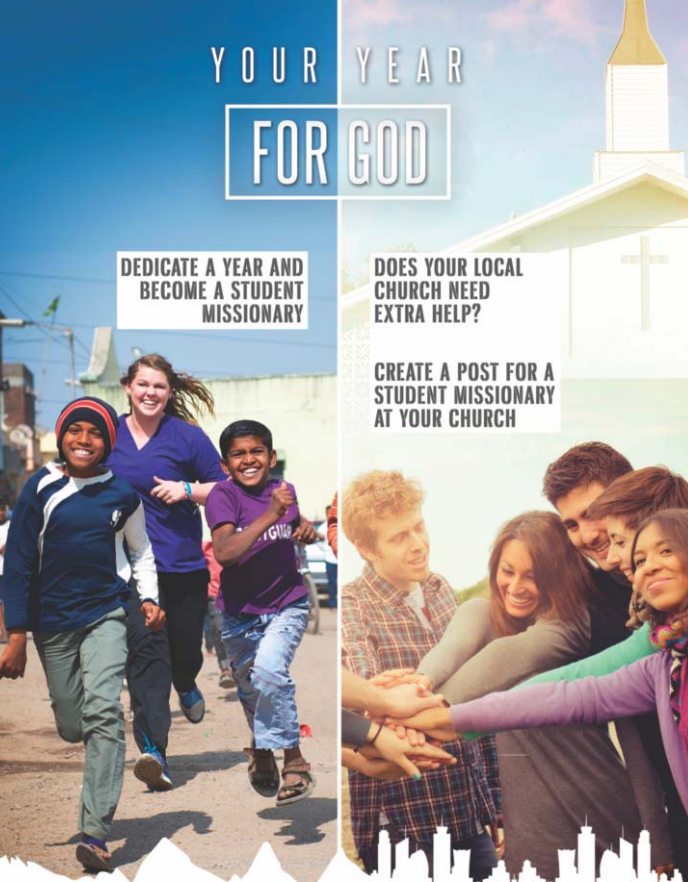
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Phone: 01923 232 728

[adventistvolunteers.org](http://adventistvolunteers.org)



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NEC Youth Department Presents




# Go Kart Sunday

## November 29th

Times Either 10am or 11.30am  
Cost £75 per team of 3  
The race format will be 60 minutes with 10 teams of 3 drivers each. The team with the most laps wins!  
Come and test your driving skills against the best drivers across the NEC!  
Register at [www.necyouth.org.uk](http://www.necyouth.org.uk)

Location:  
Fastlane Karting  
151 King Street  
Stoke On Trent  
Staffordshire



NECYouth

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## Music strains from Oxford City

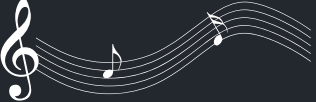
You are invited to a Mission to the Cities programme, 'Musical Strains from Oxford City', to be held at the Oxford Sheldonian Theatre (OX1 3AZ) on 7 November at 7pm.

This charitable concert is being hosted by the Oxford church and takes the form of a spiritual journey with music and narration based on John Bunyan's *The Pilgrim's Progress* and the *Oxford Martyrs*. Tickets range between £10 and £12.50 with concessions for students, the unemployed, the disabled and pensioners and may be purchased from the Oxford Playhouse prior to the event or on the day ([www.oxfordplayhouse.com/ticketsoxford](http://www.oxfordplayhouse.com/ticketsoxford)).

The programme seeks to reach the people of Oxford City with the Gospel and Advent message through music.

Performers include Vox Steady, Vanessa and Mike Woodward and other Oxford and Adventist musicians.

For further information, please contact Dr JoyAnn Andrews on 07546691851 or email: [cam210@hotmail.co.uk](mailto:cam210@hotmail.co.uk).



### Messenger

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### Sunset

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	Lond	Card	Nott	Edin	Belf
Oct 23	5.52	6.04	5.53	5.54	6.08
30	4.38	4.50	4.38	4.38	4.53
Nov 6	4.26	4.38	4.25	4.23	4.39
13	4.15	4.27	4.13	4.09	4.26

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