

# It's all in a handshake!

### Milimo Ninvalle, ADRA-UK

Andshake can mean a lot, both here and in the heart of Africa. On 26 October last year, when ADRA-UK CEO Bert Smit shook hands with village chief, Mwanga Musindo, the gesture marked the beginning of a partnership between the Nenyunga community and ADRA.

This is an equal partnership in which both parties have accepted a 50/50 share of the effort, drive, responsibility and sacrifice to make it work.

The Nenyunga Clinic in Gokwe North, Zimbabwe, is one of four clinics that ADRA-UK is working with to improve their maternal health services for the potential benefit of 7,500 women. The improved delivery of maternal health services at this clinic had been stifled due to its location near the banks of the Sengwa River.

In the past, the Sengwa River has served its community well as the main water source for the area, supporting daily activities such as doing laundry, cooking and bathing. Sadly, this dependable source was threatening to burst its banks and flood the nearby clinic. With flooding an imminent risk, the owners of the clinic (the Baptist Church) had no choice but to rebuild it in a low-flood-risk location. Such a project is costly, especially while still trying to maintain its regular health services. Ultimately, severe delays and escalating costs permanently stalled the project.

ADRA-UK has been rolling out a maternal health project in Zimbabwe over the past two years, co-funded with UKaid, and focusing on improving access to health care for expecting mothers. When we planned to build a new waiting mothers' shelter, the regional health authority demanded that it be built at the site of the new clinic in Nenyunga.

The community were excited after hearing reports from neighbouring communities about the improved infrastructure ADRA-UK had provided, such as clean borehole water, solar electricity that runs all night, and trained staff who are delivering improved services to pregnant women.

However, with work on the clinic incomplete, ADRA's new shelter could not operate. Determined not to be left behind, village chief Musindo mobilised his community to raise funds to at least complete the maternity wing of the clinic, so their expectant mothers can benefit from the new ADRA facility, like the other villages.

Nenyunga is a community of low-income households with the majority of community members living on less than \$1.75 per day. And yet, with Chief Musindo leading out, they were now mobilised. The builders, who were once *paid* to build the new clinic, were now working for *free*. The local leaders who were reluctant to send their women to the clinic for delivery are now contributing. They have all worked together to raise money to complete the maternity wing of the clinic. The Nenyunga community has made a stand to end maternal deaths in their community.

ADRA-UK is encouraged by this positive attitude and promised to match whatever the villagers raised to complete the essential work. Four months on from the hand-shaking agreement, the Nenyunga





community presented ADRA-UK with \$200 of their own income

The old clinic

raised to complete the maternity wing of the clinic. What an accomplishment for the people of Nenyunga! ADRA-UK has now matched every dollar that was raised. The opening of the maternity wing allows the ADRA-UK waiting mothers' shelter to run parallel with it, housing mothers who live up to 25km from the clinic for two weeks before delivery, to ensure that women give birth safely at the clinic under the care of trained staff.

I am delighted to tell you that such 'equal partnership' projects are not isolated events in Zimbabwe. There are many poor rural communities that are looking to 'shake hands', like the Nenyunga community, on a 50/50 partnership deal in order to change their lives for the better. ADRA-UK invites you to join us as we work alongside such vulnerable communities to make a difference. With your help during the 2016 Annual Appeal we can all work together to lift people out of poverty and give them hope.

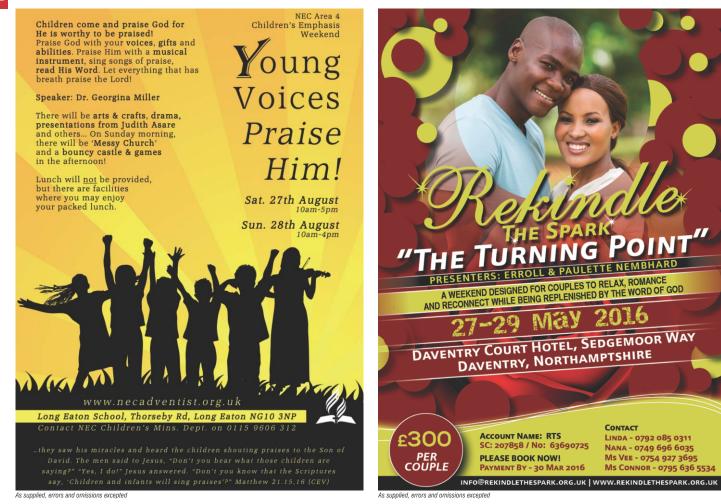
Please set some time aside to collect from door to door; organise a fund-raiser for us; or simply donate your own financial gift. Thank you for being an ADRA partner as we continue to impact people's lives around the world.



# Annual Appeal 2016

26 March – 10 April, UK (extends to 17 April in London) Stanborough Park, Watford, Hertfordshire, WD25 9JZ, England Tel. +44(0)1923 681723, Fax. +44(0)1923 681744 Registered charity 1074937 (SC037726 – IOM1101)

www.adra.org.uk





# Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHV, MSc Health Ministries Director, BUC

### **Going natural** Part 10d – Winter wellness tips

We end this Winter Wellness series with some brief natural tips.

### Keen warm

Dr Rob Hicks<sup>1</sup> shares these insights on the impact of body temperature: 'Granny was right as far as wrapping up warm is concerned, in the prevention of colds,' he says. 'When the nostrils get cold, the immune system functions less efficiently. And if your temperature falls, your immune system is not as efficient.

### Eat well

Sara Stanner, Science Director of the Nutrition Society,<sup>2</sup> highlights the importance of a nutritious diet. She states:

A lack of nutrients including protein, zinc, selenium, copper, iron and vitamins (A, C, E, D and the B vitamins) will impact on immune function so the best way to protect yourself is to eat a wide variety of foods.

Potentially immunity-boosting nutrients include vitamin A (orange fruit and vegetables such as carrots and apricots), vitamin E (nuts, grains, vegetable oils and wheatgerm) and selenium (Brazil nuts).

### Move more

Among the reasons NHS Choices<sup>3</sup> gives for keeping active are:

- Some research suggests that 'moderate exercise can strengthen the immune system, thereby reducing the risk of coughs and colds."
- Regular exercise will make you feel more energetic, which should

make it a little easier to get out of your warm bed on cold, dark morninas.

### Stress and sleep factors

Professor Eccles. Director of the Common Cold and Nasal Centre. states: 'Our immune systems are weaker at this time of year, and stress and poor sleeping are factors too.'4 These make colds more likely.

#### Hygiene

Professor Eccles raises the importance of general hygiene and washing hands, particularly after visiting public places: 'Tears from the eye drain via a duct into the nasal cavity and when we touch our eves with contaminated fingers we pass viruses into the nose.

### Vitamin D supplementation

Commenting on the benefit of supplements, Dr Eccles states: 'I also take vitamin D3 as a supplement as it's known as the sunshine vitamin, something which is usually more lacking in the winter months, when colds are reaching their peaks.' He adds: 'It can give the immune system a much-needed boost during winter when reserves may be low, and there is sufficient information to indicate that vitamin D is a vital vitamin for the immune system.

### Good health!

<sup>1</sup>http://www.independent.co.uk/life-style/health-and-families/features/how-to-treat-a-coldwithout-drugs-2122568.html <sup>2</sup>http://www.telegraph.co.uk/news/health/9589437/Life-Coach-Prepare-vour-body-for-winter.html 3http://www.nhs.uk/Livewell/fitness/Pages/Winter exercise.aspx 4http://www.walesonline.co.uk/news/health/professor-ron-eccles-givestips-2023202?pageNumber=2

# editorial

For Christian parents there are numerous biblical commandments that outline their responsibility towards their children in both the Old and the New Testaments.

### Modelling and teaching

One of the most positive of these relates to God's expectation that parents should both model and teach His word to their children:

'Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the door-frames of your houses and on your gates, so that your days and the days of your children may be many in the land that the LORD swore to give your ancestors, as many as the days that the *heavens are above the earth.*' (Deuteronomy 11:18-21, NIV-UK.)

Notice how precise God's instructions are. He first wants parents to *internalise* and *personalise* His teachings – to 'fix' them in their own 'hearts and minds'. Surely this is the primary requirement for godly parenting, without which we cannot really claim to be authentic.

The second requirement for godly parenting is the need to share God's principles with our children in a comprehensive way, showing how to apply them both *within* and *beyond* the home – 'talking about them when you sit at home and when you walk along the road. when you lie down and when you get up.

### Things have changed

God intended the spiritual and moral formation of children to be the responsibility of both parents, but things have changed significantly:

'Two to three centuries ago, fathers' roles were primarily to serve as breadwinners and the conveyers of moral values and religious education to their children. However, with the advent of industrialisation and urbanisation and as factories emerged as major sources of employment, fathers became distanced from the household and their families."

In addition to this, the devastating world wars of the last century also denied millions of children the privilege of having a father figure at home, leaving it to mothers to be the 'conveyers of moral values and religious education'. Today, for whatever reason, there are just too many households where fathers are either absent altogether, or simply indifferent to this critical role that God intended them to fill.

### Research to make one think

In recent decades a number of studies, both in Europe and the USA, have shown how important the religious commitment and church attendance of fathers can be in 'forming the future church attendance practices of their children'.

In 2000 the Council of Europe published a study conducted in Switzerland by the UNECE Population Activities Unit that illustrated how the practice of religion by parents appears to shape the habits of their children:2

From these findings it is clear that Christian fathers can play a decisive role in shaping the spirituality of their children. In an American study<sup>3</sup> very similar conclusions were reached about the positive impact that fathers can have on the faith of their children once they become adults: Where both parents attend services. 72% of the children will attend as adults. Where only the father attends services, the attendance of grown children drops to 55%. • Where only the mother attends services, the attendance of grown children is reduced to

- 15%

- else in the household will follow."
- household will follow."

# Fathers, we can make a difference!

Although the final decision in such matters will always lie in the hands of our children, and with the full understanding that even the most loving and committed parents may be disappointed by their children's choices - committed fathers can make a significant difference to the spiritual and moral destiny of their children. Just imagine how our membership retention would improve if all the fathers in the Adventist

Church really took God's challenge seriously: 'Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. (Deuteronomy 11:18-19, NIV-UK.)

### Come on chaps. Let's give it our best shot!

<sup>1</sup>http://www.apa.org/pi/families/resources/changing-father.aspx <sup>2</sup>https://en.wikipedia.org/wiki/Church\_attendance <sup>3</sup>lbid. <sup>4</sup>lbid.







Julian Hibbert

• When the father attends church regularly but the mother is not a practising Christian, a minimum of two-thirds of the children will end up attending church. By contrast, when a mother attends church regularly but the father is not a practising Christian, two-thirds of the children will end up not attending church.

### A separate survey in the USA<sup>4</sup> produced this information:

• It found that 'if a child is the first person in a household to become a Christian, there is a 3.5% probability [that] everyone else in the household will follow.'

• 'If the mother is the first to become a Christian, there is a 17% probability [that] everyone

• 'However, when the father is first, there is a 93% probability [that] everyone else in the



# A different kind of love on Valentine's Day

### by Natasha Mirilov

ewbold College's Salisbury Hall opened its doors on Valentine's eve, N 13 February, for a homeless ministry awareness concert entitled, 'Love in Action'. The aim was to encourage people to think beyond the romance of the day and reflect on how they can get involved to share with others on that day.

'When we think of Valentine's Day, we usually think of a romantic relationship between two people. However, love has many more dimensions,' said Miriam Stoykov, a member of the homeless ministry. Love in action is living out Christianity in action.'

The team decided to involve themselves personally in the concert through their individual talents such as singing, acting and dancing in the packed hall. The audience



was also given a chance to read stories about the homeless and how the ministry affected their lives.

As part of the event, raffle tickets were sold at the door. Members of the organisation donated some items for the draw, and other donated items were made by the homeless. 'I am eager for them [the ministry] to continue taking care of those on the streets,' said Angela, a 60-year-old homeless woman who contributed some handmade earrings.

Many attendees had a great night and were impressed by what the ministry does. 'They had a goal and made it clear as to where they see themselves in the future and what people are putting their money towards,' said Sara Ciplic from Newbold Church.

The ministry, founded by former Newbold students, Tom Stone and Bisser Stoykov, started in 2013. According to Mr Stoykov, they were searching to experience 'raw Christianity' in the real world. They were not satisfied with just going to the same church services every week, hearing about God's kingdom and yet not living it out in their everyday lives, 'We wanted to experience God in a more real way through those who are considered the least in society,' said Mr Stoykov, 'then one day we decided to make a move.' Now they have committed their Fridays to feeding the homeless of London and building relationships with them.

In his appeal during the concert, Stone explained that many homeless people experience

negative feelings such as shame. humiliation. loneliness, and lack of



dignity. 'That sense of shame is a result of

years of being told you are only worth as much as your salary says. You are worth as much as the size of your house,' said Stone.

He also shared some research he found about loneliness, claiming that loneliness is worse

than bad health: that it is an illness that does

not have an easy cure - 'and we want to cure

community place: a farm where homeless

together, get the help that they need, find

of God's love in this life.

support the homeless.

back on their feet.

people and others can come and spend time

work, find support and experience the reality

was challenged in an appeal to join the team

the following morning for a 'day of action' in

London. Thirteen people responded and left

for London at 7am on Sunday 14 February to

The ministry also raised over £1,000 in

registering as a legal charity. Once the charity

donations at the concert and decided to put

that money towards their bigger vision by

expands, the group will start looking for

houses where they can invite some of the

homeless to meet. It will give them a chance

to be a part of a different community and live

Every Thursday evening, members of the

a different life, eventually helping them get

organisation get together and prepare food

to take to the homeless. According to their

to feed a person, including travel and food

expenses. You are welcome to get involved in

the ministry or donate cash or practical things.

such as socks and underwear. Please feel free

calculations they need approximately £2

to contact Bisser Stoykov at bstoykov@

outlook.com or Thomas Stone at 07756

814069 if this has inspired you.

At the end of the programme the audience

The group's vision is to eventually create a

it!' he said

# In God's own time by Pastor Kenneth Clothier (retired)\*

orty years ago the Derby church welcomed four new faces in their midst. These faithful Adventists had formed part of the staff at our sanitarium on Stanborough Park, which, sadly, was forced to close its doors.

Other properties under the care of the British Union Conference that were set up to care for the sick or to offer a home for aged members of the church, such as The Dell in Oulton Broad, East Anglia; London Links; Roundelwood in Scotland: and Lingmoor, in Hampshire, suffered a similar demise.

Adventists are pretty resilient when their backs are against the wall, knowing that God in His own good time can achieve the impossible if we allow Him to lead the way. This has been evidenced in the south-west corner of England.

More than two decades have passed since members of the Exeter and Torquay churches clamoured for a property where church members could live together and encourage each other in their old age.

The challenge was alive despite the setbacks already mentioned, some of which had already taken place and others of which were to follow.

As their pastor. I listened to the

wishes of the members, and came to the conclusion that they would like to find a home for Adventist senior citizens which had certain features, such as being on level ground, near both shops and public transport, and, if possible, near the sea.

Lo and behold, a property meeting these expectations came on the market, and so, with no money in my pocket, but a burning desire in my heart. made an offer for the property, Coniston House, which was situated 200 yards from the sea at Paignton in Devon.

My offer was rejected. The following developments, however, proved that our time does not always coincide with God's good time. Five years later events were to take some of us by complete surprise.

One of our Torquay church members – a nonagenarian – had a habit of revising her will annually, much to the delight of her solicitor, who raked in a steady flow of fees for his services.

This dear lady owned a small property in London, and she adjusted her will in favour of our project to establish a residential home for elderly church members.

About the same time, an isolated member in north Devon and her brother had both made

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similar wills in which their respective estates were to stay in the family. Providentially, the unbelieving brother, who, out of ignorance, disliked Adventists, died first. The sister – a dyed-inthe-wool Adventist - then revised her will to include a healthy bequest in favour of an Adventist retirement home. (I wonder who put that idea in her head!)

Then what happened? The beloved old lady died, and the owner of Coniston House, which seemed ideal for our purpose, reduced the price of his property to the exact figure I had offered five years earlier.

The Torguay church had a small sum of money in 'the building fund'. They gladly parted with these funds in favour of the purchase of Coniston House.

and the BUC was more than happy to secure the ownership of the property that met most of those requirements outlined by my church members several vears earlier.

Our first resident was Doreen Clement. Her husband had been treasurer in the North England Conference. Doreen celebrated her 101st birthday just a few months ago, and until recently was seen every Sabbath in Sabbath School – and always on time.

God will send his angels to gather the elect in His own good time. Be patient, because what He promised. He is able to fulfil.

\*Pastor Clothier will be 86 next month, and still preaches about 8 to 10 times each quarter, sometimes driving about 100 miles to get to church.





# share your ideas **Five ideas for evangelism**

Susanne Kirlew sent us some of her tips for evangelism: things you can do even if you are really busy.



### Literature

Obtain some appropriate leaflets and magazines that you can give out to your neighbours. You might like to hand them out personally or pop them through the letterbox. You can also leave them on the seat of your train or bus, but avoid leaving too many or they may be regarded as litter and be

treated as such. You can also find ways to give them out discreetly at work, school or college. Remember that people will usually take something from someone they know and respect. You are also then able to follow them up with a question about how they enjoyed reading them or an offer for further copies, etc.

## **Stanborough Primary School**

From time to time, vacancies arise at Stanborough Primary School, which make it necessary for us to recruit new staff. If you would like to receive an application pack, should such a vacancy arise, please contact us and register your details with:

Mrs L. Warwick at Stanborough Primary School, Appletree Walk, Watford, Herts WD25 0DQ Tel: 01923 673291 Email: info@stanboroughprimary.org.uk

Stanborough Primary is a small, friendly school, situated within the idyllic surroundings of Stanborough Park. Through dedication and teamwork, we provide a safe, happy and stimulating environment in which every pupil is encouraged to achieve high standards in learning and conduct.

Successful applicants will:

- Successful applicants will:
  Have QTS and a relevant teaching qualification
  Set high expectations which inspire, motivate and challenge pupils
  Positively impact progress and learning for pupils
  Demonstrate good subject and curriculum knowledge
  Plan and teach stimulating and well-structured lessons
  Adapt teaching to respond to the strengths and needs of all pupils
  Make accurate and productive use of assessment

- Make accurate and productive use of assessment
  Manage behaviour effectively to ensure a safe learning environment
- Fulfil wider professional responsibilities
  Be committed to the school's Christian ethos and demonstrate high standards of personal and professional conduct

All prospective applicants are asked to note that the school is committed to safeguarding and promoting the welfare of all children and young people and expects all staff and volunteers to share this commitment. All appointments are subject to a satisfactory Disclosure & Barring Service check and other uarding checks

### **Respond to appeals**

Give money, food, clothes and Bibles to groups and individuals appealing for resources for their ministry or outreach programme. By resourcing others you are making it possible to do things for God that you may not personally have time to achieve. Make sure. however, that you first check out the bona fides of the groups you seek to support.

### Graphic design, info-graphics, etc.

Many of us already have the basic skills and equipment necessary to create simple but attractive infographics that we can disseminate using social media such as Facebook. Twitter. WhatsApp, etc. Social media are regarded as 'internet or cellular phone-based applications and tools to share information among people'

Today it is as easy as taking your own good photos and tastefully adding a spiritual or appropriate philosophical quote or comment to them. You can then send them to all your contacts to raise spiritual awareness. (Make sure you don't use the artwork or photos of others without permission.)

### Dinner party/drinks and nibbles

You can invite friends and family over to a party and, after the food, soft drinks and socialising. give them a 'goody' bag to take home: one that contains things such as a small Bible, Steps to Christ or a Focus magazine, along with a few other thoughtful little items. This can provide a great way to round off a good evening. It may even lead to some worthwhile discussion among those who stay on a bit longer!

Social media . . . the next step You could choose to use social media with a bit more sophistication by starting your own YouTube channel to which you can upload carefully selected video and audio clips about praver, healthy eating, attending church. Bible study. etc. You could also use it to promote good books, videos and music you have personally been blessed by, or post your own videos of people's inspiring testimonies. (Please consult sites like www. realseo.com about the use of music and other copyrighted material.)

We would love to hear from vou if vou have any successful or innovative ideas on sharing your faith or doing church in a more uplifting way. Submissions should not exceed 800 words and will be published at the editor's discretion.



# diversity seminar



# The migrant crisis – mopping up while the tap is still running

A report on Bert Smit's February Diversity Lecture by Helen Pearson



ike evervone else. Adventists in the UK have watched on their TV screens as thousands of despairing people in search of a better life, education for their children, jobs and freedom pour across Europe. The February Diversity Lecture at Newbold College dealt with two significant questions: 'How are Seventh-day Adventists in the UK responding to the refugee crisis in Europe?' and 'What issues do the fund-raising figures from ADRA-UK (Adventist Development and Relief Agency) show about our attitudes to the needs of

migrants, refugees and other victims of war and disaster?'

As Chief Executive Officer of ADRA-UK for the last ten years and the co-ordinator of its Annual Appeal, Bert Smit had the information at his fingertips. He shared his knowledge, his experience, his passion and his own questions about the part played by ADRA-UK and ADRA International in responding to the humanitarian crises around the world.

Smit began by exploring various models used during the Adventist Church's 150-year



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history of loving service to our neighbours. There have always been responses at a local level, started by pioneer Adventist women distributing food and clothing in their communities. Those responses continue. funded by the Adventist Church. The Seventh-day Adventist World Service, originally set up to take advantage of government funding for large-scale development projects overseas, eventually became ADRA International. ADRA is a financially separate entity of the church, with both international and local projects funded by individual and corporate donations and government grants. The agency expanded very guickly because of the global reach of the Adventist Church.

And so to the unprecedented current situation. 'There are now 60 million displaced people internationally – a number equal to the population of the UK,' said Smit. 'And European responses to the crisis are becoming more negative. In the UK', support for

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the migrant crisis is down from 36 to 25 percent. News of alleged migrant bad behaviour has fuelled hostility. Some European countries are starting to repatriate migrants; others are seizing their assets. The EU is talking about outsourcing refugee camps.'

How is ADRA responding in Europe to these despairing people walking towards and across our continent? ADRA offices in central Europe, which had simply been doing fund-raising, suddenly found themselves at the forefront of the crisis, with limited resources. In Macedonia, Serbia and Croatia, with volunteer help from local churches, ADRA has been offering help to some of the migrants waiting to move on. But the need is overwhelming. 'We are mopping up while the tap is running,' said Smit.

So where to from here for ADRA-UK? 'We must realise our limitations,' said Smit. 'ADRA will not stop exploring every avenue open to us. We are working inside Syria right now and finalising an application for around £80 million over three years. We will ask our church members to provide more funding and call on the UK government to provide assistance for refugees. . . . In the meantime, as the refugees find shelter and homes, they become the responsibility of local churches who continue, like Newbold Church, to take local community action to support those on the margins of society.

Smit concluded his lecture by highlighting a tension in the contemporary Seventh-day Adventist Church between the commitment to evangelism and the commitment to humanitarian principles. The Church sees the migrants as an opportunity for evangelism but, he asked, 'Does the Church accept that it has to play an active role for those in our community - the down-and-outs, the homeless, refugees? Do we want to make our churches safe places for refugees in our communities?' In the Q&A session which followed his lecture he reminded his internationally diverse audience of students, church members and college staff that between 60 and 70 percent of Seventh-day Adventists in the UK come from a migrant background. His lecture concluded with a sobering auestion concerning our response to these newest migrants: 'Do we want to create a better world here as we wait for a better world to come?'

# <sup>8</sup> a question of ADRA (Adventist Development and Relief Agency)

### by Bert Smit, CEO of ADRA-UK

The 2016 Annual Appeal is just around the corner and, in preparation for it, we wanted to answer some of the most frequently asked questions concerning ADRA-UK's work. For this we have enlisted the help of Pastor lan Sweeney, the British Union Conference President and Chairman of the ADRA-UK Board.

Bert Smit: Pastor Sweeney, what is ADRA? Is it a part of the Adventist Church?

Pastor Sweeney: ADRA in the UK was originally a department of the Church but, like so many other institutions, such as Newbold College and Stanborough Press, it was important for it to become a charity in its own right. As an independent charity ADRA can attract funding from the UK Department for International Development (DFID) and the European Commission (EC). While 'Dorcas' or 'Adventist Community Services' focuses on working in our own UK communities, ADRA's main focus and key priority is to help people overseas, specifically those who live in poverty or are facing disaster situations.

While ADRA is located in the British Union Conference (BUC) office, it is financially independent of the Church. At the same time, however, the BUC Executive Committee appoints the ADRA trustees. So the answer is, 'Yes - ADRA is a part of the Church structure in the BUC.

Bert Smit: Pastor Sweeney, in your opinion, what makes ADRA unique?

Pastor Sweeney: ADRA helps the Church to look outside of its own comfort zone and see what real needs there are in the world. Thanks to ADRA we, as the Seventh-day Adventist Church, have the opportunity to make a significant contribution to the world in which we live.

As a church we have a real responsibility to help people in need. Poverty, oppression and disasters are almost as old as mankind. Jesus commands us to 'love your neighbour as yourself' (Matthew 22:39). The Christian life should be one of service to others, where we show love and kindness to everyone. ADRA helps us serve others through lifting them out of poverty, providing access to basic needs and assisting when disasters strike.

Bert Smit: Where does the money we donate go?

Pastor Sweeney: Last year's Annual Appeal raised just over £570,000 - a great achievement in just a couple of weeks! With only 4.5% used for campaign materials and bank services, 95,5% was available for use on projects. The money we raise is spent well!

Bert Smit: Is the Annual Appeal still needed?

Pastor Sweeney: The Annual Appeal is extremely important. As a church, we show our support for people in need through the appeal. The money raised helps ADRA to attract funding partners, thereby allowing us to make an even bigger difference. For example, on many projects ADRA contributes just 25%, while the other 75% comes from the DFID or the EC - that is what I call good stewardship!

As a result of the funding you provided, our ADRA office was able to help more than one million people around the world last vear.

Bert Smit: Is collecting from door to door still relevant?

Pastor Sweeney: Well, I know that in 2014 around 45% of the funds raised during the Annual Appeal came from door-to-door collections. This also means that 55% came from either personal donations, or 'fun' fund-raising activities. That is a great result and all these contributions help us to accomplish our goal. But door-todoor collections remain a unique way to bring the general public into contact with the work of ADRA. So yes, it is still relevant. However, no matter how you do it, I encourage each and every one of you to decide, once again, to help ADRA to help!

If you are not sure what you can do, why not talk to your local ADRA agent or

# What ADRA did in 2015:

### Where we worked:

- In Somalia, Zimbabwe, Myanmar, Nepal, Burundi, Swaziland, Sri Lanka, Laos, Sierra Leone, Chad, Rwanda, Cameroon and Mongolia. ADRA provided relief in disaster or crisis situations in Sri Lanka, Nigeria, Vanuatu, Chile, Nepal, DRC/Burundi and Myanmar, and assisted with the migrant crisis in Europe.
- In the UK ADRA continues to support a Special Needs Camp in Wales and the activities of the Adventist Special Needs Association (ASNA).



### **Our work in statistics:**

- We helped close to **1 million** people living in poverty or distress.
- We gave disaster relief to more than **75,000** people.
- We provided water and sanitation access to more than 135.000 people.
- schooling.
- through Europe.



# Our goals for 2016:

## Help provide access to WATER:

• In Chad we will build new wells for water-deprived communities and provide health and hygiene education.

## Help people adapt to CLIMATE **CHANGE:**

• In Somalia we will train youth to help meet the renewable clean energy needs for the future.

## Help CONFLICT-affected people:

- In Rwanda we will continue to help refugee children have access to good education.
- In Syria and Lebanon we will help refugee families survive.
- In Europe we will work with our ADRA partner offices to help them face the migrant crisis.

## Help create JOBS:

• In Nepal we will help farmers to improve their produce and have better access to markets.

## We will continue to respond to **EMERGENCIES**

# 10 news

# Local businessman closes his 'greatest deal'

The members of the Bury St Edmunds church rejoiced on 23 January as they celebrated the baptism of Glen Tyson. Glen, who had made a commitment to the Lord in his youth, had gone astray in his search for love and happiness. All of which made the words sung by Ruby Pierce more appropriate:

'I've wandered far away from God, Now I'm coming home; The paths of sin too long I've trod, Lord, I'm coming home. Coming home, coming home, never more to roam; Open wide Thine arms of love; Lord, I'm coming home.'

Glen had requested baptism in his home church, which was happily organised by Andrew Shone into a double blessing, it being the first baptism in our own building.

Pastor Colin Stewart, who had been studying with Glen, happily returned to his old district to conduct the baptism.

The highlight of the morning, apart from the baptism, was Glen's personal testimony. Glen, a successful local businessman and company director, was honest in his testimony, expressing the joy in his heart that, despite his past errors, God had never given up on him. Instead, He has slowly and steadily drawn him home into His arms of love. Despite the fact that his biological family lives miles away, he has found a new spiritual family among the members of the Burv St Edmunds church.

Glen is already playing a full and active part in the life of the church. RICHARD SHONE (ELDER)



**Baptism in Carlisle** 

Some years ago two young men were assigned to work in Carlisle, Cumbria. They were Craig Baxter and Ian Philpot. Together they visited from house to house, conducting a survey.

One day they called on a lady, Eva Rea, who told them that she was a Buddhist, but was nevertheless interested in what they had to offer.

After a short series of Bible studies, Eva started to attend the Carlisle church, where she was warmly welcomed and took an active part in our services. However, after about a year she stopped attending, much to our sadness. Despite this turn of events, one of our members, Don McKay, kept in touch with her. He would call to see her on a Sunday and invite her to have dinner with him.

Some time later Bill Kitchen began telephoning her on a Friday evening. After chatting for a while he would assure her that she was missed at church and that the members would love to see her again. Praise the Lord, she came back to church and early in 2015 she asked Pastor Roman Smejkal if she could be baptised. Bill and Linda Kitchen conducted further Bible studies with her and on 5 September she was baptised by Pastor Alan Hodges. That weekend Storm Desmond struck, so many of our members were unable to attend.

That stormy day, after her baptism, we presented Eva with a Conflict of the Ages set and she is now a faithful and witnessing member of our church. BILL KITCHEN

# **Cultural diversity day**

Our churches are becoming more and more culturally diverse as members from a widening range of nationalities ioin their ranks.

Camp Hill Pathfinders decided to complete their cultural diversity honour in a unique way, by taking over the programme for the day on 6 January, and celebrating the many cultures represented in their congregation.

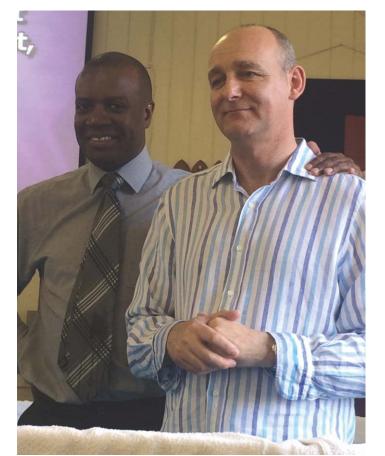
They began the service by boarding Flight JHN316 to HVN (Heaven). There was no platform party this time, just an announcer, much like the ones you hear in airports, moving the service along. Members of the congregation provided special items from Botswana and Rwanda, and Scripture readings from Indonesia, Uganda and England.

This was followed by Dr P. Herbert's sermon on unity, in which he challenged us to bridge the gaps that separate us and get closer together as a church, using Genesis 13:8 (NKJV) to illustrate his point:

'So Abram said to Lot, "Please let there be no strife between you and me, and between my herdsmen and your herdsmen: for we are brethren."

In the afternoon's AY service there was more interaction, which saw the congregation tackle cultural stereotypes we've all faced, with the use of humorous skits. It also provided the Pathfinders with a chance to complete their cultural diversity honour, as they went around interviewing those from different cultures than their own. It was an enjoyable event, brightened up by the wearing of national dress by many who were present.

GIFT RUREMESHA





# Newbold's new leadership degree

Newbold College of Higher Education has announced a new Master of Arts (MA) degree in Leadership. The degree, which will be offered in partnership with Andrews University (USA), will commence in June 2016.

'We have been working for some considerable time with colleagues in the School of Education at Andrews University to plan this degree,' said Dr John Baildam, College Principal, 'and I am happy to confirm that this initiative will begin at the Newbold campus on 1 June 2016.'

The MA in Leadership was developed in response to a need expressed by the Trans-European Division (TED) at a strategic planning session in early 2015, and will complement the college's existing postgraduate offerings in Theology and Ministry & Mission. It is intended that the programme will train leaders in areas other than pastoral work.

The programme is ideal for those in full-time professional employment, including pastors, Church administrators, business managers, education leaders, and more. It can be completed parttime across a three-year period, with intensive sessions that will be accompanied throughout the year by a range of flexible online interactions.

The new programme will involve the practical application of leadership theories. Core studies will be built around modules such as 'Introduction to Leadership' and 'Issues in Leadership Theory', and participants will be able to choose from electives that include the study of different models of leadership; the biblical philosophy of leadership: Christ as an example of leadership: leadership styles: spiritual gifts; leadership in Church organisations and entities; visioning; cultural leadership; conflict resolution; time management; and change management. Participants will develop a personal leadership portfolio, submit a research project or thesis, and be assigned a mentor who will support them throughout the programme.

The new MA in Leadership is an enhanced version of the previous Master of Arts in Leadership, which was offered in the early 2000s, and it will include updates to better suit current trends in society, commerce, management, and workplace education, and to incorporate modern means of communication to their fullest.

'I completed the Master of Arts in Leadership when it was offered by Newbold about fifteen years ago,' said Pastor Llew Edwards (BUC Ministerial Association, and former president of both the Scottish Mission and the Egypt Field). 'The degree was transformational - not just in terms of my competence as a leader, or my understanding about leadership – the experience changed my attitude to and outlook about the values that belong to Christian leadership. It didn't change my theology, but helped me learn to excel and honour God.'

The programme will be led by a joint team that includes senior staff from the college and the TED. Modules will be taught by professors from Andrews University with support from across the TED and beyond. A programme leader and advisors for participants will be appointed in due course.

'Newbold is pleased to be able to respond to the needs of the TED by offering this programme,' said Dr Baildam, 'The college, along with the TED, hopes to see all those in, or aspiring to, leadership roles in the Division, completing their degree by 2020."

More details will be posted on the college's website as they become available. For more information, or to apply, visit: newbold.ac.uk/leadership. KIRSTY WATKINS. PUBLICATIONS CO-ORDINATOR





### SHORT WORKSHOPS AT NEWBOLD

Newbold's Centre for Christian Leadership offers short workshops, courses, and lectures to help church members and those in leadership positions to develop or enhance their skills and knowledge in spiritual, educational and social ministry. Register for workshops and find out more at

www.newbold.ac.uk/centre-christian-leadership or email ccl@newbold.ac.uk

### Introduction to Dispute Resolution

Sunday 10 April 2016 - from £45

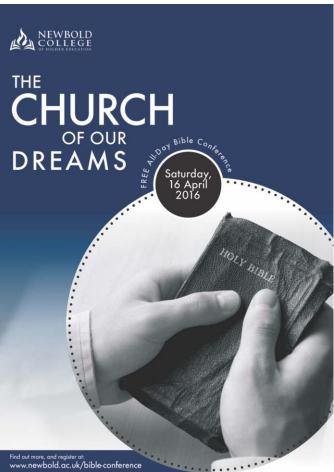
This workshop, facilitated by Cathy Boldeau of VisionSolutions, is an introduction to accepting, resolving, and managing conflict as a Christian. Unresolved conflict can cause chaos, especially in a Christian organisation. Although inevitable, through mediation and alternative dispute resolution strategies, conflict can form the foundation for change in communities.

### Teaching the Adult and Youth Sabbath School Sunday 1 May 2016 - from £12

Jesus went about preaching, teaching and healing. He also commissioned us to "go ye therefore and teach." This workshop, facilitated by Beulah Plunkett (Sabbath School Director in the North England Conference and Associate Director for PEACE), is about cultivating your teaching ministry by facilitating your development of the skills and understanding of the principles of teaching and learning. You will learn about teaching the Bible, the Sabbath school lesson, seminars and workshops in church.

### www.newbold.ac.uk/centre-christian-leadership

As supplied, errors and omissions excepted



www.newbold.ac.uk/bible-conference

# Adventist students on Coventry campus

The Adventist Society at Coventry University started in 2013 as the Christian Adventist Society with a group of around ten Seventh-day Adventist students who met regularly for Bible studies. From September last year we united with the NEC Youth's new initiative for Adventist societies on secular campuses, known as Adventist Students on Campus. Following the most recent training from Johnny Wong, a campus advisor from Melbourne, Australia, we have been inspired to implement a cycle of evangelism into our calendar with the aim of strategically reaching out to those who don't know Christ. As a result, we have held a welcome BBQ event in the park; a social with our sister DeMontfort ASC society in Leicester; weekly Bible studies focusing on various aspects of being a Christian; a cooking session and some bowling.

In January we started a new programme called 'The Daniel Challenge' – a 10-week programme that equips people to be healthier in the mental, physical and spiritual aspects of life. Each week a new topic is introduced, following the acronym of 'THE NEW LIFE', which covers similar topics to that used by NEWSTART. With the introduction of each topic comes a new challenge, for which participants can accumulate points over the ten weeks, in the hope of winning an iPad.

We have consistently had between 20 and 25 Adventist and non-Adventist students attend our weekly meetings. Following our presence at the annual Student's Union 'Re-Freshers' Fair in January, where the university societies showcase themselves, we have had four new non-Adventist members meet with us. In our session on nutrition we had three of these new members intrigued by God's call to a plant-based diet and the Bible's instructions regarding clean and unclean meats. One of these students arrived at one of our very first events, the cooking session, 15 minutes early and, when asked how he had found out about it, said he had received the text following the 'Fresher's Fair'. Since then, he has been a faithful member and is always one of the first to arrive and the last to leave, as he helps to tidy up each week. He later



shared with us that since he heard about the instruction in Leviticus 11 regarding clean and unclean meat he has stopped eating bacon!

Another of our non-Adventist friends we met at the end of the previous academic year now regularly attends sessions and is enjoying the Daniel Challenge. She, too, was interested in God's instructions about certain meats that we should not eat, and is now striving to include at least one vegetarian meal a week into her diet. Since the summer of 2015, she has been studying weekly with one of our committee members, and is currently reading through *Steps to Christ*.

All these events we have had so far have been a part of the 'sowing' and 'cultivating' periods of the evangelistic cycle and we are now working towards our 'harvesting' period in which we will be running an evangelistic series to reach students across the campus. Essentially, our aim is to see people give their lives to Christ – or at least take a step closer to that decision – through the Bible seminars. We ask that you keep us in prayer as we seek to be missionaries on a secular campus.

ABIGAIL HAZEL AND CHANTAL TOMLINSON

# A 'double portion'

Those who attended the children's day at Hackney Church on Sabbath 30 January enjoyed a special treat. The theme, 'Double Portion', focused on the prayer of Jabez found in 1 Chronicles 4:9-10, where he asks the Lord to bless him and enlarge his territory.

Members of the Junior Sabbath School presented the story of Jabez in the form of a short play, before performing a lovely rendition of the Gospel song, 'Bless Me'. Then, in her own exciting style, Amanda Henry grabbed the children's attention with the story about Jesus bringing a 12-year-old girl back to life and the healing of the woman with an 'issue of blood'. Brothers Joel and Daniel Otopka then wowed the congregation



with their musical interpretation of the Gospel worship song, 'I Give Myself Away'.

In Matthew 18:3 (KJV) Jesus said, 'Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.' These words took on special significance as four children then answered the call to preach to a very excited and humbled congregation. Each child focused on an aspect of the famous prayer of Jabez. Below are some snippets of their highly inspiring messages:

Daniel Otopka (10): 'The name Jabez means pain. His mother conceived him in much pain. The Bible says if we ask anything in His name it will be granted unto us. Jabez prayed for God to bless him. When Peter was in jail, the church kept praying for him. The lesson we learn from the blessing of Jabez and the release of Peter from

jail is that prayer works, no matter who you are.'

Yushanna Kayle (10): Jabez overcame his pain because of his prayer. He asked for God's blessing in his life. He remembered how God had blessed his ancestors. If it is for the purpose of blessing others then it is okay to ask God to bless you. Jacob told God that he would not let go of Him until He blessed him. We too must pray for God's blessing in our lives.'

Joel Otopka (10): 'The Holy Spirit helps us in our prayers. The Spirit gives us love, joy and peace. If we have the Holy Spirit we have everything we need in order to stand like Daniel.'

Terval John (9): 'Jabez was condemned to nothing, but he prayed for God's blessing in his life; by doing so, he was able to overcome his circumstances. When people say you can't do it, God steps in and says, yes, you can; so never stop praying.'

With such powerful preaching, the future of Hackney Church certainly looks brighter! DARELL PHILIP

# **SDA UKC**

The Canterbury church has a membership that fluctuates quite significantly every year because of the influx of students attending the University of Kent, which is home to a Seventh-day Adventist student society (SDA UKC). This society has grown, and now regularly holds Bible studies in a room on campus, so that the



studies will be accessible to all. Today, SDA UKC even has its own online presence on Facebook, Twitter and Instagram.

As the group grew in number it met with some challenges, but these have been overcome. Interestingly enough, there are a few Christian societies who showed some support to the Adventists. The majority of those attending the studies were without Bibles and the Christian societies on campus were able to provide extra Bibles for them.

On meeting the SDA society for the first time three years ago, I recognised its uniqueness. There were many other religious societies on campus and quite a number of them were Christian societies; however, none of them met together in a Bible study setting. This drew me to the Adventist society and, as time went by, I was baptised. The Bible study, as well as the compassion of the members in nurturing their friends spiritually, has made my time with them just wonderful. SDA UKC still holds Bible studies every Wednesday night at 6.30pm. These meetings are a source of joy to Adventists as well as non-Adventists. In addition to our weekly meetings the society has also organised youth days for the past two years. These provide an opportunity for students to experience church worship on the campus grounds. The youth day last year was a beautiful occasion and we are all looking forward to the next.

Please continue to pray for our society, that we will excel at witnessing to all.

# Adventist Family esources xhibition Sunday 3 July 2016

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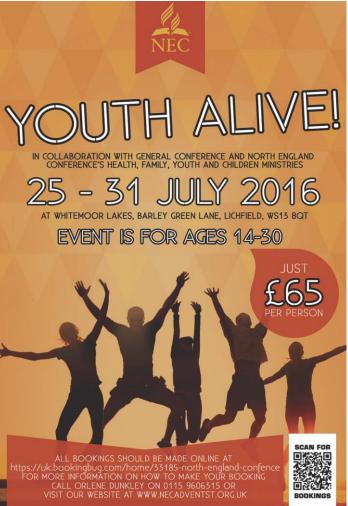
Newbold College of Higher Education's Centre for Christian Leadership will host the Adventist Family Resources Exhibition from 9:00am to 5:00pm on Sunday 3 July 2016. The Exhibition will be open to delegates and invitees of the BUC Session from 30 June - 2 July, and will be open to all church members on 3 July.

The Exhibition will showcase a variety of Adventist ministries and businesses, such as the Stanborough Press, and will also feature a series of free lectures from leading Adventist speakers, including Dr Chidi Ngwaba.

Attendance is free but registration for the lectures is encouraged

For more information, and to register for your free ticket, please visit: www.newbold.ac.uk/centre-christian-leadership, email: ccl@newbold.ac.uk, or call: 01344 407407.





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## Weston-super-Mare's youth shine

The members of Western-super-Mare Church experienced something special on Sabbath, 13 February. Weston Advent Chorale (WAC), an Adventist music club for children and young people, and initiated by parents, displayed their musical talents during the worship service that

They started their first performance by singing, 'Leaning On the Everlasting Arms', 'There Is Sunshine In My Soul Today' and 'A shelter In the Time of Storm' during the worship service. Seventeen children from the age of four to sixteen participated. It was wonderful to see our children singing and playing music beautifully, and taking responsibilities during the church service. Two senior musicians manage WAC and are planning to run workshops to help children learn musical instruments, and read, write, sing and enjoy Christian music. Thank God for such talented children.

In the afternoon these young people, together with other youth from the church, braved the cold and wind to give out heart-shaped balloons to passers-by on the seafront. The balloons had a Valentine's message attached to them, with the words, 'A Love Letter from God to You!' To add a flash of colour, the youth were dressed in bright red sweaters with the word 'Love' on them. It was a spectacular sight to see the big smiles and enthusiasm shining from the hearts of these children and vouth

YVONNE HILL (COMMUNICATIONS) AND JOJI MATHEW

# **Stanborough Park invests its Adventurers/Pathfinders**

'Let the whole world know. We are on God's side. Let the whole world know, He's our Friend and Guide,' joyfully and lustily sang the Adventurers and Pathfinders during our investiture service on Sabbath, 6 February. The certificates were issued by Pastor Kevin Johns, South England Conference Pathfinder Director, and the Investiture Charge was given by Vernon Noel, Area 7 Pathfinder Co-ordinator.

Operating under the theme, 'Consecrated for God's Service', 2015 was a year full of exciting activities. Topping the list was the club excelling at area level in the Pathfinder Bible Experience and continuing with that outstanding performance right up to the international level in

Texas. At the time of writing, the participants in PBE 2016 have already attained firsts at area and conference levels and are on target to score another first at division level.

Adding to that excitement, the club teamed up with the Community Chaplaincy Service to visit members of the local community. One such visit resulted in the Guides responding to a senior citizen's cry for help to clean her garden. This was accomplished in May, with the Pathfinders working tirelessly and enthusiastically under the guidance of an experienced gardener and his son. Another highlight of the year was the investiture of Yetunde Bright and Adebukola Ayo-ipaye as Master Guides, in addition to Florence Allen and Eileen Hussey being issued Pathfinder Leadership Award certificates on 24



October 2015. The baptism of Deelan Bermeo Espinal brought the total of Pathfinder baptisms to 12 over a four-year period.

There were challenges but, with prayer, most of the planned activities were accomplished. For example, each of the three scheduled campouts was threatened by inclement weather. However, the children's faith in God was strengthened as their pravers for good weather were answered. On one occasion the rain did not begin until the last tent was stored away.

Fund-raisers were also challenging: the planned 24-hour badminton was changed to 14 hours, but with God's help still raised £1,750. Some carwashes were aborted due to extreme weather conditions, but the club still managed to raise more than £3,000 through pampering sessions and massages.

Yes. Stanborough Park Adventurers and Pathfinders continue to experience that nothing is too hard for the Lord (Jeremiah 32:17). FLORENCE ALLEN (RETIRING PATHFINDER LEADER)



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Come and join our friendly **Deaf Adventist Fellowship Group** Let us make a difference!

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Calling all deaf Adventists in the North, South, East and West of Britain This group is for you!



# New members at **Reading Central**

Pastor Gene Donaldson from Capitol Hill Church, Washington DC, USA, preached throughout the 'Maintain a Positive Attitude' evangelistic campaign that was conducted at Reading Central Church, beginning on Sabbath 7 November last year.

The members and those visitors who attended were blessed by his sermons. In addition to the sermons, there were presentations on maintaining positive mental wellness, good physical health, managing finances and debts, spiritual nurturing and the value of friendships.

There was also a prayer-andanointing service on Friday, 15 November, but the highlight of the event was the baptism of three new members: Veron Wedderburn, Adella Mudyarabikwa and Eli Andre Disso. COMMUNICATION TEAM

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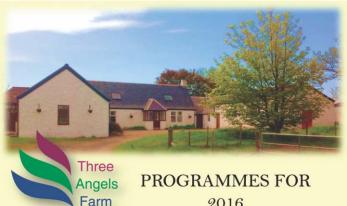
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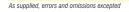
2016

Adventist Agriculture, 29<sup>th</sup> May – 2<sup>nd</sup> June Adventist Education, 24<sup>th</sup> – 28<sup>th</sup> July Mission School, 1<sup>st</sup> – 29<sup>th</sup> August Evangelism Training, 4<sup>th</sup> – 11<sup>th</sup> September Spiritual Spa, 25<sup>th</sup> – 29<sup>th</sup> September

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For more information, visit our website: www.threeangelsfarm.co.uk or call Justin Cockett on 07729 884057

Three Angels Farm is in the process of attaining status as a supportive ministry of the Scottish Mission of the Seventh-day Adventist Church





### 皇为 OD **KidzPraise** COMES TO LONDON kidzPraise is a celebration of children, through praise, worship, singing and dancing. Children from all over the UK will come together to reflect on the life of Jesus Christ! **SAT 25 JUNE 2016** 10am - 4.30pm HOUSE ON THE ROCK The Rock Tower, 49 Tufnell Park Road London N7 OPS Doors open 9.15am for 10am start SHARP ventbrite Ticket ONLY event! BRING Pick up your FREE tickets at: PACKED https://www.eventbrite.co.uk LUNCH /e/hallelujah-kidz-festival-ofpraise-tickets-21604654102 TICKETS GO LIVE For further details please ca 1 MAR 2016 07940 007331, A on 07533 793253 07956 264980 or Toyin Aworind

# STANBOROUGH SCHOOL SUMMER CAMP JOBS

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- Undergo a Child Protection Training course
- Attend the Head Teacher's Induction
- Provide additional documentation to support their application.

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