

Messenger

News to the churches • 17 June 2016 • Volume 121 • 12

Bulgarian Gypsy Conference

by Natasha Mirilov

(SEC Communications and Media Assistant)

The London Bulgarian Seventh-day Adventist Church opened its doors to the local gypsy community for a Gypsy Conference on Saturday, 30 April – an opportunity to get to know them and to make friends with them.

The church invited renowned guest speaker, Pastor Rusin Rusinov, and well-known musical group, Three Stars, to emphasise to the visitors that they matter and are welcome to attend the church. For this special event, Rusinov, pastor of four gypsy churches in Bulgaria, chose the topic of prayer.

'It is a very important evangelistic step to talk about prayer, because people need to understand that the closer they are to God through prayer, the better they can understand God's plan,' said Rusinov.

This is the first step in creating friendships with the gypsy community and, according to Eduard Keshishyan, pastor of London Bulgarian Church, the church plans on creating more social events and later providing Bible courses.

'This is a special group of people who are normally underprivileged and don't enjoy a lot of attention from society,' said Keshishyan.

In a later interview, Rusinov explained some of the challenges one faces when working with gypsies. They do not need convincing that God exists, since they already believe in God. The real challenge comes when creating friendships with them: friendship that will allow you to guide them to Bible study. Nevertheless, the church was very happy to form new relationships with their community.

'I feel that it will be a blessing for them. It's always nice to know, especially when you live in a foreign country, that there is still someone who is going to welcome you with a hug and a smile,' said Mariya Yordanova, a member of London Bulgarian Church.

The programme concluded with a joint lunch where everyone could enjoy good food and fellowship.



NEWBOLD COLLEGE
OF HIGHER EDUCATION

CERTIFICATE IN HEALTH AND WELLNESS

HEALTH PRINCIPLES
FIT FOR LIFE
NUTRITION
PERSONAL



The Certificate in Health and Wellness programme is intended to prepare those with an interest in nutrition, wellness and fitness for service in their local church and community as they seek to share the Seventh-day Adventist lifestyle - including the benefits of a vegetarian diet and of regular exercise and physical fitness.

For more information on the Certificate in Health and Wellness, visit: www.newbold.ac.uk/health-and-wellness
E: info@newbold.ac.uk T: +44 (0) 1344 407407

As supplied, errors and omissions excepted

ADRA CONNECTIONS

LET'S GO TO CAMBODIA

Do you and a group of friends fancy visiting Cambodia?

Get involved in a real ADRA project
9th Oct - 24th Oct 2016

volunteering@adra.org.uk
for pricing and more details

Limited spaces!
Special early bird rate available!
First come, first to Cambodia!

ADRA UK
adra.org.uk | www.facebook.com/ADRAUK | [youtube.com/adrauk](https://www.youtube.com/adrauk)
Registered charity 1074937 (SC037726 - IOM101)

As supplied, errors and omissions excepted

editorial

In William Shakespeare's comedy, *Twelfth Night*, the steward of Olivia's household, Malvolio, makes this famous observation: 'Be not afraid of greatness. Some are born great, some achieve greatness, and some have greatness thrust upon 'em.' (Act II, Scene v.)

Allow me to edit these words slightly to fit our own circumstances: both for this 'session' weekend and the ones that are still to come during 2016. Perhaps we could substitute the term 'greatness' with that of 'leadership', for it to read as follows: 'Be not afraid of leadership. Some are born leaders, some acquire leadership qualities, and some have leadership thrust upon 'em.'

During these sessions, some of those who are elected to serve God's UK Church may well feel that they belong to that third level of leadership, those who 'have leadership thrust upon 'em'. I have felt that way on a number of occasions during my ministry, and the first was one of the worst. In 1978, during my fifth year of ministry, I was appointed as the conference Youth and Welfare Services Director, at which point my service record was all of four lines long:

- 1974 – Ministerial intern/assisted conference evangelist
- 1975 – Associate pastor/inner-city church
- 1976 – Suburban pastor
- 1977 – District pastor/rural area

To be blunt, I really knew little about youth work and absolutely nothing about overseeing two retirement homes and numerous door-to-door meal delivery services; running an annual seaside holiday camp for needy children; and promoting the Harvest Ingathering appeal in the country's most populated province!

How true it is that 'some have greatness [leadership] thrust upon 'em'. In fact, in those dim and distant years the church was not usually very good with departmental handovers, and you were lucky if you got more than your office key and the latest policy book!

It's nothing new

To be frank, such situations are nothing new. God has been using raw recruits for a long, long time and His choices have frequently raised eyebrows among the faithful. The circumstances surrounding the appointment of Israel's second king illustrate this perfectly. Samuel looked at Jesse's sons and immediately sensed that he was in the presence of someone he thought was born to greatness (1 Samuel 16:6, 7):*

'When they came, he saw Eliab and thought, "Certainly, here in the LORD's presence is his anointed king."

'But the LORD told Samuel, "Don't look at his appearance or how tall he is, because I have rejected him. God does not see as humans see. Humans look at outward

A twofold challenge awaits . . .



Julian Hibbert
Editor

appearances, but the LORD looks into the heart."

God continued to apply His selection criteria until Samuel was forced to ask (1 Samuel 16:11-13):

'"Are these all the sons you have?"
'"There's still the youngest one," Jesse answered. "He's tending the sheep."
'Samuel told Jesse, "Send someone to get him. . . ."
'So Jesse sent for him. He had a healthy complexion, attractive eyes, and a handsome appearance. The LORD said, "Go ahead, anoint him. He is the one. . . ."
'The LORD's Spirit came over David and stayed with him from that day on.'

We may want Eliab . . .

In David's day God used the prophet Samuel to appoint the future king. Today He uses our committee system to achieve a similar result. With Samuel there was clearly an expectation that Eliab was the right choice. The prophet was no fool, and according to him Jesse's eldest son appeared to tick all the right boxes.

If we serve on enough committees, however, experience soon teaches us that while we may be looking for a man of regal bearing and fine words, God may want a lion-killer with the skill and courage to take on the Philistines. *We may want an Eliab, while God needs a David!*

As we observe the prophet busy with the 'nominating' process of his day something becomes clear. Samuel obviously had his own leadership preferences, expectations and criteria. None of which is essentially wrong for the members of a modern committee to have, unless it stifles God's ongoing dialogue with them. That seems to be the vital element of the nomination or selection process – open, ongoing dialogue with God until He has spoken to as many of the committee as possible. Consensus is probably the best English description of that point at which there is general agreement, common consent, like-mindedness and harmony.

Twin challenges

For those who will 'have greatness [leadership] thrust upon 'em' during 2016, one of your greatest challenges will be your own inner hesitancy to step forward and accept the area of leadership that has been assigned to you. Please don't let feelings of self-doubt and personal inadequacy block your way, for sacred history bears ample testimony to the reality that whomever God calls He also equips!

SUCCESS

For those of us who will vote them into office there is also a unique challenge and a solemn responsibility. We need to pray regularly for their success, applaud their achievements and overlook their honest mistakes. We also need to protect them from the unjust criticism of those who specialise in ruining the reputations of our leaders. If we accept this challenge, and do these things, we are likely to rejoice as God's grace turns 'raw recruits' into accomplished church leaders.

*Unless otherwise noted, Bible quotations are from *God's Word Translation*.



Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHV, MSc
Health Ministries Director, BUC

Mental wellness

Mental Health Awareness Week was held this year from 16 to 22 May and focused on the impact of relationships, highlighting how essential good relationships are in maintaining good mental and physical health. The Mental Health Foundation suggests that good relationships help us live longer and happier lives with fewer physical and mental health problems.¹ Commenting on this year's emphasis the Foundation states:

'We are lobbying national governments, public bodies and employers to promote good relationships and to tackle the barriers to forming them, including mounting pressures on work-life balance and the impact of bullying and unhealthy relationships.'

Other cautions for ensuring good mental health point to our social environment. Sarah Knapton, Science Editor for the *Telegraph*, argues that more attention needs to be paid to life experiences and their impact on mental well-being. She states that:

'Over the past decade funding bodies like the Medical Research Council (MRC) have spent hundreds of millions on determining the biology of mental illness.

'But while there has been some success in uncovering genes which make people more susceptible to various disorders, specialists say that the true causes of depression and anxiety are from life events and environment, and research should be directed towards understanding the everyday triggers.'²

She highlighted that one in four people have been diagnosed with some type of mental health problem, and the cost of mental ill health

to the economy, the NHS and society as a whole is £105 billion a year.

Addressing the need for more emphasis on mental well-being, the Department of Health has announced new plans to improve care for individuals suffering from mental illness. A report by the Mental Health Taskforce has come up with these recommendations for delivery by 2021:³

- 'An end to the practice of sending people out of their local area for acute inpatient care
- 'Providing mental health care to 70,000 more children and young people
- 'Supporting 30,000 more new and expectant mothers through maternal mental health services
- 'New funding to ensure all acute hospitals have mental health services in emergency departments for people of all ages
- 'Increasing access to talking therapies to reach 25% of those who need this support
- 'A commitment to reducing suicides by 10%'

In support of these initiatives the British Union Conference Health Ministries Department has produced a *Mental Wellness Handbook* for churches, which can be accessed at: <http://adventist.org.uk/departments/health/mental-awareness-and-c.a.r.e>.

Good health!

¹<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week/why-relationships> ²<http://www.telegraph.co.uk/news/2016/03/28/mental-illness-mostly-caused-by-life-events-not-genetics-argue-pl/> ³<https://www.gov.uk/government/news/new-investment-in-mental-health-services>



High drama in Oranmore Bay

by Pastor Weiers Coetser

A traveller who follows the Wild Atlantic Way tourist route down the West Coast of Ireland will eventually arrive at the tranquil townland of Oranmore, with its beautiful views over Galway Bay. A few hundred metres from the coast, you will find the home of Adventist couple, Tommy and Nora Mulveen. This is their story.

Compared to the wild tempestuous seascapes to the west and north, and the awe-inspiring vistas of the Burren and the Cliffs of Moher a stone's throw away to the south, one would not expect much drama in the 'sleepy hollow' of Oranmore Bay. But appearances may deceive.

As I walk along the dark stone and seaweed-strewn coastline with Tommy he points out the lines that mark the tidal range of

the bay. Four times every day the tide effects a dramatic change in the landscape as water either silently retreats to expose islands and rocks, or pushes in to cover previously visible land, depositing flotsam and jetsam from distant places on the edges of adjacent fields.

This is Tommy's haunt. He walks up to his two boats anchored and lying on dry land. They will be floating in water before the sun makes its way halfway across the sky. 'I come here almost every day,' says Tommy. 'Sometimes I walk out to one of the islands. That is where I prepare some of my sermons. But you have to keep your eye on the tide. It changes quickly and you can become trapped. I can also take the boat out to a more distant island.' As we walk he shares many interesting

experiences and bits of information about the coastline.

Tommy's life has revolved around the sea. Back in their home, where they've lived for 27 years, Nora brings out the teapot and Tommy fetches his Irish Diver's Council booklet containing the various professional diving certificates that he acquired over the years. For years he honed his skills as a professional diver doing underwater construction, maintenance and some rescues and recovery work. He is passionate about everything nautical. 'Why do you hardly ever



Coastguard helicopter training

©Oranmore Maree Coastal Search Unit

find a rope on a boat?' he asks. I sense a trick question, and I'm right. 'Whenever you take a rope onto a boat, it becomes a line. The only rope you will find on a boat is a "bell rope", used to ring a ship's bell!' Once again I've learned something new.

I'm visiting Tommy and Nora because they have been involved in some dramatic events that made news around Ireland in recent months. Within a period of

four weeks in March 2016, two young men went missing in Galway City, as reported by *The Galway Independent*. Army private Ben Garrett (21) was seen leaving a nightclub in the early hours one Sunday morning, but he never made it home. Anthony Henehan, who was in his thirties, was seen some weeks earlier entering the water of a fast-flowing river in Galway. Ben was originally from County Mayo and Anthony was from Roscommon. Weeks had gone by and their bodies had not been found.

Tommy was involved in the searches. The operation involved emergency services, defence forces, and more than 150 volunteers from the Oranmore community, as well as family members and friends from the communities of the missing men.

These are not the first searches to have affected this part of the world either. Over the Christmas period of 2015 a young NUI Galway student was reported missing and the community was out searching as well. This led to the establishment of a volunteer organisation, the Oranmore Maree Coastal Search Unit. Tommy and Nora and two of their sons, Mark and Thomas, were among the first to join and have played an active role ever since.

'Apart from a few close neighbours around us, we usually "keep to ourselves",' says Nora. 'We get along with everybody, but our family life, church, and work keep us quite busy. These tragedies have brought the community much closer together. We have found ourselves building many new relationships.'

Tommy has been involved in training exercises with the Irish

Coast Guard and is the training officer for the Oranmore Maree Coastal Search Unit. During the recent search operations he acted as a team leader, co-ordinating the search on a stretch of coastline close to his house. He brings out a tattered map. He knows every nook and cranny of this area, and he knows what is involved in keeping the volunteers working in unison and out of harm's way. Nora helped prepare sandwiches and serve refreshments to the volunteers.

'People know us. They know that we are Seventh-day Adventists. We don't need to discuss religious issues with them. But these events do make people think. And we are able to share comfort and support. That is what counts,' explains Tommy. He goes on to say, 'These search operations have helped us forge friendships that run far deeper than your normal day-to-day ones. You know that you are helping families at a very critical time of their lives. Those friendships don't just go away.' As I take photos and talk to the couple, they reiterate the sense of connection that they feel with people. 'The situations that we encounter are sad. But we offer practical help. They know that we are people of hope, and that does bring real comfort,' says Nora. Having experienced moments of high drama over the last few months, Tommy and Nora exude a deep sense of satisfaction that they're involved with something significant. They do make a difference.

My visit has to come to an end. Tommy is preparing to go to a funeral in Castlebar, County Mayo. The young men's bodies were eventually found. Today is Ben Garrett's funeral. It is going to be a big one. Tommy needs to leave. It will take him two and a half hours to get there.

As I depart, I sense that I've

just been in a place where there is an intersection between the passionate interest of two people's lives, and a burning need within the world around them. Their spirit, their confident faith, and their willingness to be used by God is making a real difference in their part of the world.

I wonder about the burning needs in the world that I inhabit. How connected am I? Can my neighbours call on me when they need help? Do they know that they can? I feel inspired by Tommy and Nora's matter-of-fact service. There is nothing 'preachy' or pretentious about it.

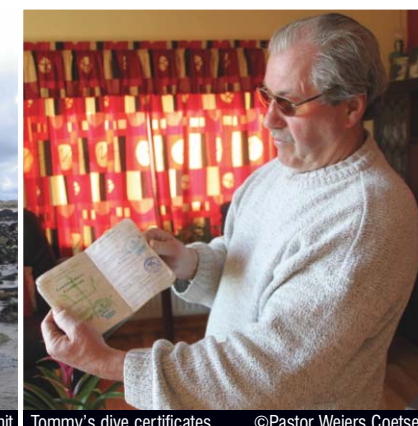
They are just reaching out in a moment of need. I think the world needs more of this. I feel I need to become more like this.

Between 2004 and 2014 there were an average of 10 to 13 suicides per annum per 100,000 members of the Irish population. Statistics show that suicide affects men almost four times more regularly than women. Hopefully the testimony of Tommy and Nora could stimulate a renewed vision in the minds of Seventh-day Adventist members to connect with those who might be carrying heavy burdens and share our hope and care with them.



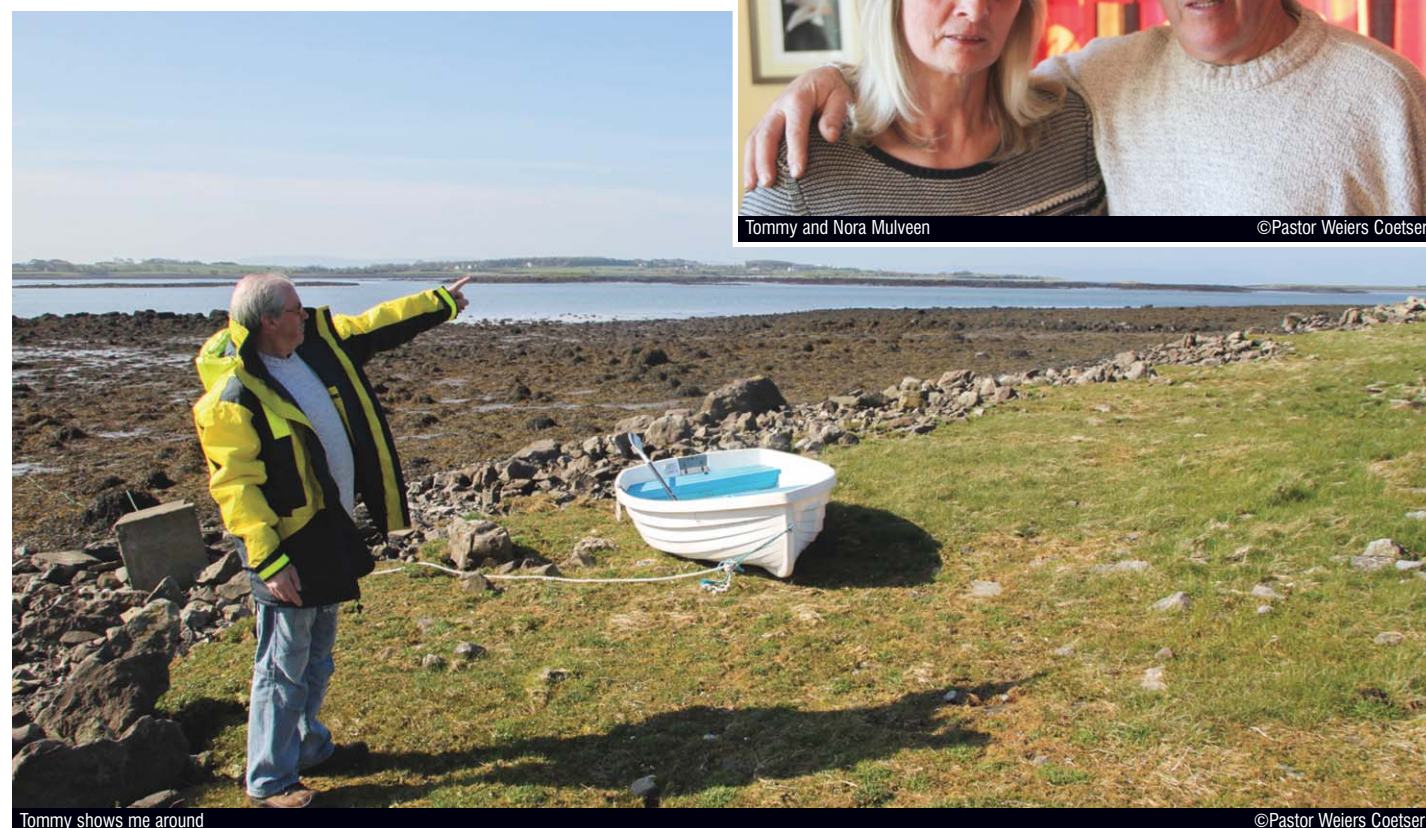
Search teams out on the beach

©Oranmore Maree Coastal Search Unit



Tommy's dive certificates

©Pastor Weiers Coetser



Tommy shows me around

©Pastor Weiers Coetser



Tommy and Nora Mulveen

©Pastor Weiers Coetser

SEC MUSIC DEPARTMENT AND MUSIC & WORSHIP ACADEMY

2016 MUSIC MAKERS' CONFERENCE

iN TUNE WITH GOD

JULY 15-17 NEWBOLD COLLEGE
ST MARKS ROAD, BINFIELD, BRACKNELL, RG42 4AN

with keynote speaker **DR LILLIAN DOUKHAN**



plus workshops by

KEN BURTON, ALEXANDER DOUGLAS, COLIN ANDERSON & PAULETTE DE LISSER-MARCENY, CHARMAIN ELLIOTT, NORMAN CLARKE



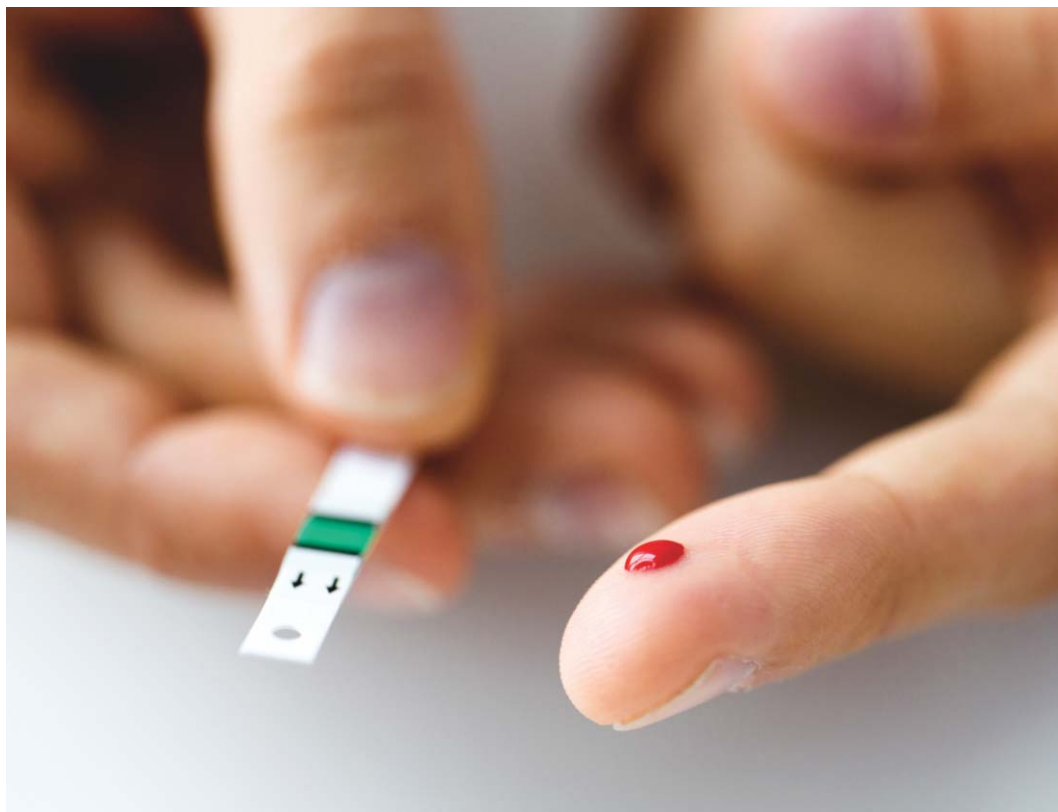
Concepts and Practical Sessions:

- Preparing for ministry
- Role of the church musician
- Musicianship & vocal sessions
- Worship experiences
- Open mic concert
- Networking

£50

for the weekend day delegate rates available online

Register on [Eventbrite](https://www.eventbrite.com) [secmusicmakers.eventbrite.co.uk](https://www.secmusicmakers.eventbrite.co.uk)
Meals and accommodation options are available.
Further info call: 07757 816 316 email: music@secadventist.org.uk



'Miracles' still happen

A report by Grace Walsh (North England Conference Health Ministries Director) on the Reversing Diabetes seminars being held by her department.

Life is full of miracles, but obsession with 'big' miracles makes us forget how thankful we should be for all the 'little' ones. The vast majority of miracles go unnoticed. Is it not a wonder that our hearts keep beating, that emotional and physical wounds heal and that diabetes is reversed?

Diabetes is currently the fastest-growing disease in all of human history. The Government has declared it a pandemic (an epidemic of worldwide magnitude). It currently affects 20% of the world's population, and that rate is expected to double within the next 16 years. According to the latest statistics there are 4 million people in the UK with diabetes, and that is expected to rise to 5 million by 2025. At present 700 new cases are diagnosed daily – one every 2 minutes! In addition to which there are an estimated 590,000

undiagnosed cases in the British Isles.

Reversing diabetes. Is it even possible? While that idea is being debated in medical circles, every day people are actually reversing their diabetes. There is one thing that all the medical personnel agree on – type 2 diabetes is a lifestyle disease. It's caused by things that we eat and things that we do or fail to do. So in the Reversing Diabetes seminars we help participants identify those things which may have caused their diabetes or led them to develop the symptoms of insulin resistance. These are the things they will need to change in order to reverse their disease.

As they do so they notice that changes are occurring: their blood sugar levels decrease and their energy levels go up; those with high blood pressure notice that it is improving; and they generally experience an improved

state of well-being.

The initial Reversing Diabetes seminar in the NEC was conducted earlier this year by Dr Clarence Ing and his wife May. Dr Ing is a graduate of Loma Linda University School of Medicine and School of Public Health and is Board Certified in Ophthalmology and Preventive Medicine with a Master's of Public Health in Nutrition. He is also the former medical director of the Newstart Wellness Programme at Weimar Institute and was the president of Lifestyle Productions.

He and May, who has a Master's of Public Health in Nutrition and is a registered dietician nutritionist, shared their wealth of knowledge with our members to help them optimise their health and avoid many of the conditions that afflict the average person today: heart disease, high blood pressure, diabetes, arthritis and overweight.

Dr Ing emphasised that we can stop and even reverse the progression of diabetes with lifestyle changes – and with increased health comes increased enjoyment of life. Keeping the blood sugar levels near the normal range is the best possible defence against the complications of diabetes. Those who attended learnt how to get the most out of life.

Let me tell you about one of them, a reversal hero called Maisey. When she arrived at the seminar her glucose levels were really high for a diabetic. Her sugars were out of control and her weight was escalating. After making some lifestyle changes during the one-week programme her sugar levels and weight had dropped. Here is Maisey's story:

My diabetic journey

My name is Maisie and I have had diabetes and asthma for many years, the effects of which have sometimes been very restrictive.

This year I realised that I needed to better control my diabetes and manage my asthma more effectively. Having done some research for myself, I contemplated going to a specialist resort in the USA to learn more about the management of my conditions.

I then became aware of a week-long seminar to be held at the nearby Bearwood Seventh-day Adventist church by Dr Clarence Ing and his wife May. The seminar was on 'Preventing and Reversing Diabetes', just what I needed.

On 24 March the seminar commenced and I attended with enthusiasm.

Among the first things I learnt was the importance of positive eating habits. According to the Ings, research evidence supports the eating of two meals a day, and a smaller meal before 4pm.

I immediately adopted this practice, making sure that the smaller meal consisted of vegetables and a salad. Having the vegetables hot made it feel more like a dinner.

Surprisingly, this change in eating pattern did not leave me feeling hungry. I felt satisfied during the day and found that I was not picking at junk food. I stopped eating cheese, which I love, and changed to the use of almond milk rather than soya or cow's milk.

We were also encouraged to take at least a 15-minute walk

following each meal in order to facilitate digestion.

The importance of drinking plenty of water was also stressed and I am glad to say that I am now able to consume 12 glasses of water a day before 8pm, as I don't want to be getting up in the night!

When my journey began my fasting blood sugar level registered 25.1. By that evening it was down to 21.2.

By day 2 my fasting blood sugar level was 9.9. I was ecstatic. My night result was 9.2 and this is how it went from then onwards: day 3 – 8.8 (fasting level); day 4 – 8.3; and day 5 – 8.5. On day 6 I was so happy that the reading had dropped to 7.9 that I sent out a photo of my monitoring machine to show everyone how my fasting blood sugar level had dropped! On day 7 I was impressed to give a testimony at the seminar because the reading was down to 7.5 (fasting level), and by the day after that it was 6.6 and I had lost 5 lbs in weight.

When I was next seen at the diabetic clinic my doctor commented that they did not know what I was doing, but that I was looking well.

I am feeling well now. I am eating well too, and not snacking through the day. My feeling of lethargy has disappeared. The new lifestyle of cooking has encouraged me to treat myself to a new set of cooking utensils to complement my new lifestyle. My journey has been amazing; just seeing the blood sugar levels going down is wonderful and sharing my journey with others was a support to me and an encouragement for others.

MAISIE GABRIEL-ALLISON
NORTHFIELD CHURCH, BIRMINGHAM

Since that seminar the NEC has run another two successful programmes, one of which was at Leeds Central, facilitated by Norma Thomas (Health Ministries leader) and her team. Many people attended the programme, of which eight received the Reversing Diabetes Certificate.

Two of them were from the community, one of whom was Mohammed Aziz, a Muslim who came to the programme because he was diabetic. This is his touching testimony:

Mohammed Aziz

I can say that the 8-week programme delivered at the

community centre was very helpful in educating me in trying to reverse diabetes via lifestyle. This involved dietary changes as well as some moderate exercise.

The programme is designed in such a way that one has to commit to making lifestyle changes – it's 10% the programme and 90% the participant. By adopting a low-fat vegetarian diet, free of all animal products and added vegetable oils, the programme proved that we can lower our cholesterol, reduce our blood pressure and lose weight. The fantastic thing about the diet is that it doesn't

demand counting calories, cutting portion sizes, or giving up all carbohydrates. The programme really drives home how your cells start healing and how the rest of your body returns to a normal state and begins to manage your disease.

I would recommend that you go on this programme even if you don't suffer from the above conditions, simply because it teaches us that what we put in our bodies now can seriously affect us at a later stage in life. We must still remember, however, to pray for good health and that we be kept from harm's way.

'O Lord of the people, remove this pain and cure it; You are the one who cures and there is no one besides You who can cure: grant such a cure that no illness remains.'¹

MOHAMMED AZIZ

These are just two examples of what can happen when we adopt the principles that the Reversing Diabetes seminar teaches us about.

¹Muslims believe Mohammed recited this prayer while tending to the sick.



peace
centre of evangelism

JULY 5TH - NOVEMBER 5TH 2016

ENABLED TO SHARE,
EMPOWERED TO SERVE,
EQUIPPED TO EVANGELISE

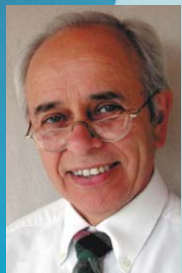
DURING FOUR MONTHS OF EVANGELISM
TRAINING YOU WILL LEARN WHAT WE
BELIEVE AND HOW TO SHARE IT

TEACHERS INCLUDE SOME OF THE BEST UK AND
OVERSEAS TEACHERS IN THE WORLD CHURCH

FOR MORE INFORMATION, VISIT WWW.PEACECENTRE.EU
OR CONTACT PASTOR RAMDIN ON 0115 960 6312

stay in touch:   

As supplied, errors and omissions excepted



Put joy on the centre stage

by Pastor Llew Edwards

BUC Ministerial Association and Sabbath School Director

This article draws on lectures presented in April 2016 at various locations in the BUC by Dr Arlene Taylor, a Seventh-day Adventist who is a specialist on brain function. (See <http://adventist.org.uk/departments/ministerial-association/butrec-audio-files> and www.arlenetaylor.org for more.)

Our brains experience four emotions – joy, anger, sadness and fear – emotions that can even be seen on the face of the foetus during pregnancy, dependent on what is happening in the mother's life.

All other emotions can be put under these four categories. Joy-related emotions are found in one of the hemispheres of the brain, while those relating to the other three are found in the other hemisphere. Joy is the natural state of the brain, or at least the emotion in which it functions at its optimum. God made us to run on joy – that is what His presence gives us. (Ps 16:11, ESV: 'You make known to me the path of life; in your presence there is fullness of joy. . .')

Anger, sadness and fear are not negative emotions – they are 'protective' emotions. Their function is to make us aware when certain situations arise and they release chemicals to help us respond appropriately.

Figuratively speaking, we live on a small stage where only you and one emotion can exist – joy is always meant to be on that stage, but every now and then something happens and one of the other emotions jumps onto the stage to warn and prepare us to deal with it. Immediately joy is pushed off the stage! We are meant to notice the intruding emotion, give it attention (it is there to help and protect us), work out a coping strategy that includes our gracious and powerful God, and then calmly tell that emotion to get off the stage and let joy back on.

Sadly, all too often we allow the protective emotions to remain on stage for too long, and the chemicals they create become injurious to our mindset. We lose our joy. We become bitter (anger) or miserable (sadness) or suspicious (fear) etc. How many Adventists like this have you met? No wonder Scripture

tells us not to let the sun go down on our anger.

According to Dr Taylor, 'Worry and anxiety can become chronic and turn into a lifelong style of thinking. Unfortunately, they rarely help anything and can even diminish your brain's ability to brainstorm and problem-solve effectively. Take charge and break that cycle. (Likely that's one reason the apostle Paul admonishes his readers to be "anxious for nothing".) The moment you become aware of a fearful, worried, or anxious thought, quickly decide if you are in danger. If so, take steps to keep yourself safe. If not, immediately think of something for which to be grateful and picture fear leaving the stage and joy coming back on stage to stand with you.'¹

Another one of the emotions that seem to infect the Adventist mindset is fear. We fear what we think are the Sabbath 'laws'; the investigative judgement; our readiness for the coming of Jesus; our level of perfection; ecumenism; the beast; all other denominations – and the list may seem endless!

Some time ago, while speaking to a group about our picture of God, I suggested that our understanding of the character of God should make joy the defining emotion of all Seventh-day Adventists. Unbeknown to me there was a non-Adventist minister in the group. Afterwards he spoke to me about how important it was to have joy on stage. His parents were Adventists (now deceased), but he had left the Adventist faith because of their picture of God. His grandfather, also an Adventist, and also now deceased, used to beat his father with a stick every Sabbath, simply to teach him that he needed to learn to be faithful to God in spite of unjust persecution and suffering. He told me that

because of this he grew up in a fearfully legalistic home and this is why he left Adventism. He told me how pleased he was to hear that joy, not fear, should dominate centre stage in the life of every Adventist.

Dr Arlene Taylor makes two points clearly – the first is that 20% of each of our fears is based on reality, while 80% is the product of our imagination. The second point is that fear and gratitude (a subset of the joy emotion) cannot co-exist. Our role is to say, 'Thank you fear [or anger or sadness], for making me aware of the possible situation. I have taken the matter to my powerful and loving God and everything is under His care and providence. I am grateful for His blessings and presence. Now get off the stage and let joy back on!'

At the core of Adventist thinking should be a clear understanding of the gracious character of God in the great controversy. That character is revealed to us in the life and person of the Lord Jesus. The appropriate response to that good news of God's love cannot be *fear* or *anger* or *sadness* – it must be *joy*. The apostle Paul admonishes us: 'Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God' (Romans 5:2, ESV). Thus for an Adventist not to live a life of joy is a denial of the truth about God. I contend that any Adventist who chronically lives his or her life out of fear, anger or sadness stands as a witness *against* God in the great controversy. Let it rather be, as Paul writes in Romans 15:13 (ESV), 'May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.'

¹<http://arlenetaylor.org/2013-08-01-03-45-29>



NEC Congress reports

by Pastor Adam Ramdin

NEC Youth Director

Youth

The NEC held its first NEC youth congress in several years between 1 and 4 April, when over 170 youth converged on Quinta Hall, Oswestry. This event was for those aged 18+ and the focus of the presentations and workshops followed the Youth Department theme of 're:store', with a focus on Adventist identity. The speakers were Pastor Justin Kim from the General Conference Sabbath School Department, Pastor Andreas and Cassandre Beccai, Pastor Ian Sweeney, Pastor Alan Hush, Andre Crawford, Craig Gooden, Pastor Steven Manoukian and Pastor Adam Ramdin.

Pastor Andreas Beccai presented a three-part series which looked at *Adventism: Rooted in Scripture*; *Adventism: Rooted in Christ*; and *Adventism: Rooted in Mission*, while the others developed other aspects of the theme. Pastor Justin Kim conducted a workshop on the Adventist interpretation of Scripture in addition to his evening messages. A particular highlight of the latter was the presentation called 'Grow Up', which showed the youth how our church is structured, how it functions, how they can be a part of it and how the organisation can work to their advantage rather than against them. It was amazing to see a hall full of youth and young adults enthralled by what had been thought by many to be a boring or irrelevant subject. Pastor Steven Manoukian shared from his front line experience in the Middle East of how to reach Muslims with the Gospel. Cassandre Beccai delivered a powerful workshop on the Holy Spirit and also a very popular one on the 'Theology of Hair, Honour and Holiness'.



During the weekend there was an afternoon of games which included football, basketball, table tennis and indoor social games. We also had engaging evening activities that included a cafe night, with several live singing performances by Destiny Malcolm and Jabez Walsh, among others. We were blessed with food that was both plentiful and tasty and was served with a smile by the excellent kitchen team.

All the sermons and workshops can be listened to as audio files on <http://www.necyouth.org.uk/Podcasts.php> and the video recordings of the messages can be viewed on the NEC Youth YouTube channel – www.youtube.com/necyouth.

Teens

Alton Castle has hosted the NEC Youth Department many times over the last two decades, and this year over 70 teenagers came there from around the conference for the first Teens Congress. This event was a collaborative effort between the directors, Pastors Adam Ramdin (Youth), Alan Hush (Pathfinders) and Patricia Douglas (Children's Ministries).

The weekend was broken up into various activities that included group Bible studies based on the theme of Adventist identity, which focused on the life of Daniel in Babylon and how his identity was challenged in a tough environment. There were also workshops that looked at what it means to be men and women of God and a presentation that helped our teens know how our church operates. The main speaker for this weekend was Chad Bernard, principal of Weimar Academy in California. He has a very active and engaging style of presentation and brought the Bible to life. He even climbed up the indoor climbing wall during one presentation while still preaching!

On Friday night he opened up the weekend with a poignant presentation called 'Plan B', which looked at four Bible characters who thought they were going a particular direction in life until God changed that. He also shared from his own personal experience of how he became a teacher and challenged the teens to wonder what they thought they were coming to the weekend for and what might be the 'Plan B' that God has in store for them.

Throughout the weekend the teens responded well to his appeals and 18 made decisions for baptism, while a further 30 requested Bible studies.

Kenya McFarlane and Charlotte Saunders, AY Leader and Assistant from Yardley Church, who were part of the weekend's staff, made this combined comment: 'Teens Congress was a fantastic weekend. It was so touching to see the young people strengthen their relationship with Christ, helped by the interactive Bible studies, worship, testimonies and . . . Chad Bernard's fantastic messages. He showed them who Jesus is in such a simple and honest way, which led many of them to accept Jesus as their personal Saviour. There is so much we could say about the weekend. It was filled with laughter, food, fun and friendship – but most importantly it allowed the Holy Spirit to work in the lives of our teens. Bring on next year!'

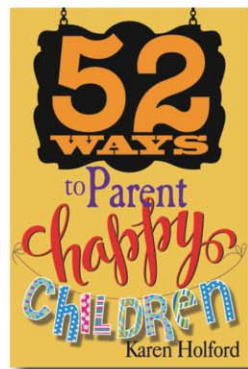
The sermons delivered by Chad Bernard can be viewed online at www.youtube.com/necyouth.



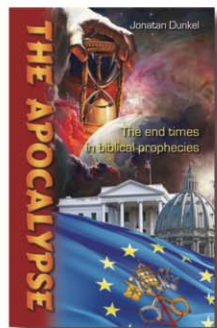
Adventist Book Center.com

All these titles and more are available at the
Adventist Family Resources Exhibition
 Sunday 3 July 2016

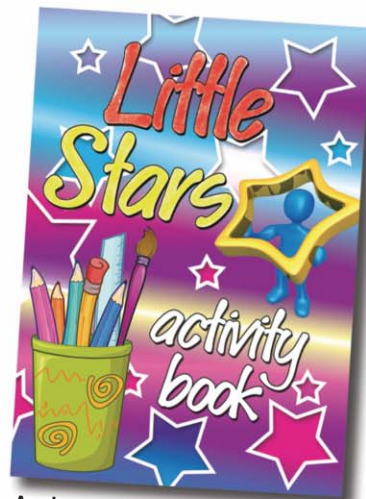
New Titles!



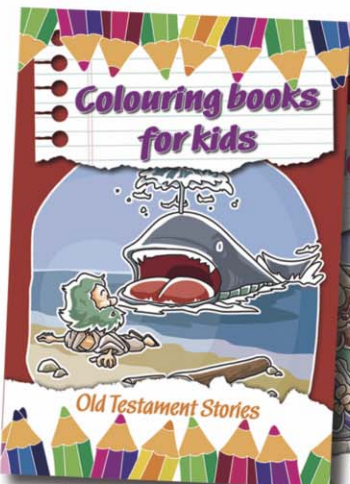
A series of practical ways through which the lives of children can be enhanced.
 Paperback
 978-1-907244-88-9
£5.95



The end times in biblical prophecies.
 Paperback
 978-1-909545-96-0
£7.95



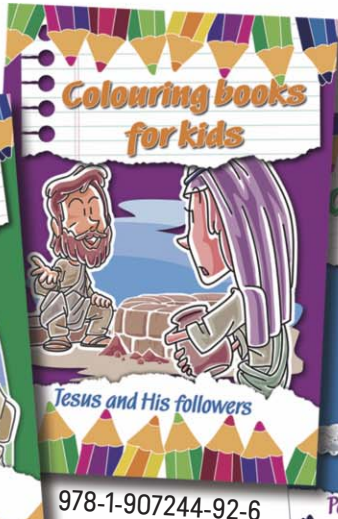
A charming collection of fun-filled Bible activities for kids!
 Paperback
 978-1-907244-95-7
£3.95



978-1-907244-91-9



978-1-907244-94-0



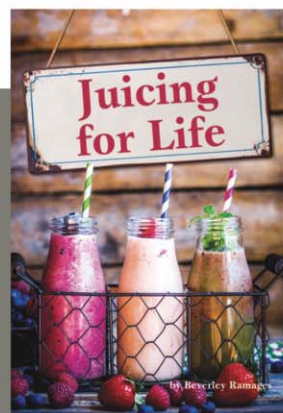
978-1-907244-92-6



978-1-907244-93-3

Beautifully illustrated colouring books will help children become more familiar with well-known Bible stories!

Paperback
£1.95 each



Also available from your ABC

All prices subject to P+P

Healthy, easy-to-make & tasty recipes using fruits & vegetables.

Hardback

978-1-909545-88-5

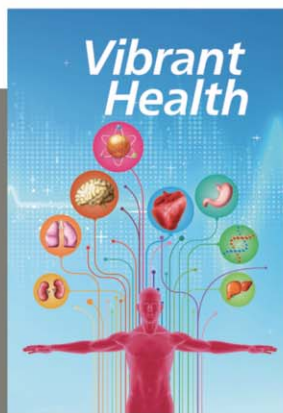
£15.99

An easy-to-read comprehensive guide for healthy families.

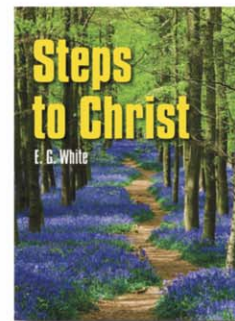
Hardback

978-1-909545-89-2

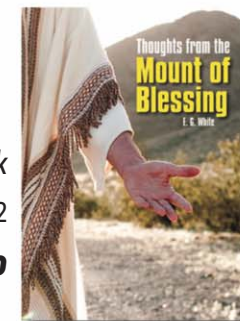
£17.95



Resources: great titles for community outreach projects!

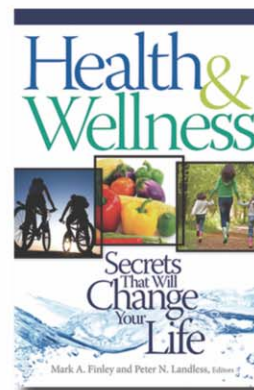


Paperback
 978-1-904685-84-5
40p

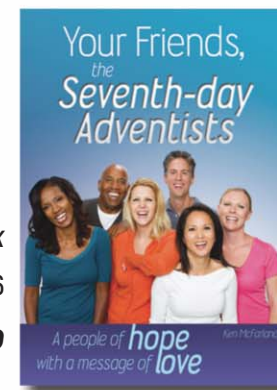


Paperback
 978-1-907456-02-2
60p

Paperback
 978-1-907456-71-8
50p

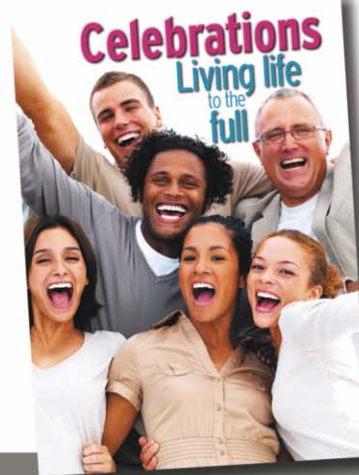


Paperback
 978-1-909545-77-9
60p

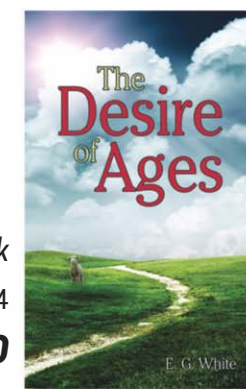


Paperback
 978-1-907456-46-6
50p

Paperback
 978-1-907456-07-7
50p



Paperback
 978-1-909545-19-9
£1.00



Paperback
 978-1-909545-14-4
£1.50

Paperback
 978-1-907456-66-4
£1.50

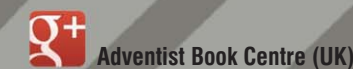


Order on our Sales Hotline

01476 591700

sales@stanboroughpress.org.uk

Find us on:



Adventist Book Centre (UK)



Adventist Book Centre - UK

HEALTH WEEKEND FOR LONDON

FREE PUBLIC EVENT

*the best you can be: body mind spirit*HEALTH *fest*

27 & 28 AUGUST 2016

LONDON

with TV's Dr Chidi
as seen on BBC, ITV & Sky**Ruach** 27 August from 10.00am

THE BIBLE'S HEALTH MESSAGE

Why it Matters More Than Ever

- ★ *Back to Eden* drama
- ★ *Hymns for Healing*
- ★ *Ask the Expert with Dr Chidi*
- ★ *Pastor Ian Sweeney - Why Health Matters*

Ruach, Gaumont State Theatre
197-199 Kilburn High Road, London NW6 7HY

www.healthfest.org.uk**Premier.**

Leaders in Christian Communications

As supplied, errors and omissions excepted

Troxy 28 August from 1.00pm

HEALTH, HEALING & HOPE

Taking Health to the Community

- ★ *Beat Diabetes with Dr Chidi*
- ★ *Free Health Checks & seminars*
- ★ *Healthy Weight Loss demo*
- ★ *Stressbusters for Londoners*

Premiere of
Mervyn Weir's
musical drama
6.00-8.00pm

Troxy, 490 Commercial Rd
London, E1 0HX

*Rhythm
of Life*

INSPIRATIONAL PRESENTATIONS THAT WILL CHANGE YOUR LIFE | FREE EVENT

ONE LIFE

The Best You Can Be: Body Mind Spirit"I have come so that people may LIVE and
that they may enjoy LIFE to the full"

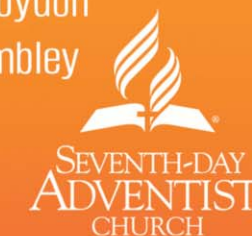
JOHN 10:10 - © Worldwide English

www.1life.org.uk**3-17 SEPTEMBER 2016**

At the following venues: Brixton • Central London • Chiswick • Croydon
London Ghana • Greenwich • Hampstead • Lewisham • North Wembley
Tottenham WGR • Walthamstow + Oxford & Southampton



Sponsored by the South England Conference



As supplied, errors and omissions excepted



Sowing seeds on Cissbury Road

Tottenham Pathfinders and Adventurers went on a special mission to Cissbury Road, N15, on Sunday, 24 April, to beautify the area.

The project, which took nearly two hours to complete, included cleaning up the front of the library and planting wild flower seeds in front of it and along Cissbury Road. The group worked eagerly and before long the difference was evident. Supported by local councillor Barbara Blake and two residents, the lively group was divided into three and equipped with gloves, bin bags, compost, and wild flower seeds.

The Pathfinders and Adventurers were greeted with smiles, kind words and nods of approval from passing residents and library visitors.

After completing the project Councillor Blake led the group into the library hall for refreshments. They confidently answered questions about the club, especially about the Pathfinder curriculum and the different activities the club engages in.

Councillor Blake thanked the Pathfinders for their hard work and conveyed appreciation on behalf of the library staff.

In an email to the councillor, a Cissbury Road resident expressed her gratitude towards the Pathfinders' hard work. 'It all (people and plants) makes such a difference and is definitely valued by residents. I will look forward to seeing the seeds become pretty flowers over the rest of the spring and summer!'

With a pledge of continued partnership, Pathfinder leader Andrea Reid thanked Councillor Blake for the opportunity to serve the community and explained that community outreach is at the heart of what Pathfinders do.

Andrei's journey to Jesus

While Andrei Cadcoan was living in Romania and working as a barman his life was in turmoil. This was the result of two serious addictions (smoking and alcohol) and some other problems. Fortunately for him, however, his Adventist ex-girlfriend gave him a copy of *The Great Controversy*, which he dutifully read. She then offered him a Bible, which he gladly accepted. Andrei's life began to change as he read more about God and Jesus, and he managed to break free from his addictions.

Upon his arrival in England in May of 2015, Andrei felt the need to keep the Sabbath and put his trust in God. Unfortunately, however, his firm required him to work on Saturdays, and after three months he was without a job! He found another one quite quickly but the same problem raised its head again.

This time another employee chose to speak to management on his behalf and they released him from the obligation of Sabbath work. Andrei was learning to trust God even when things were difficult.

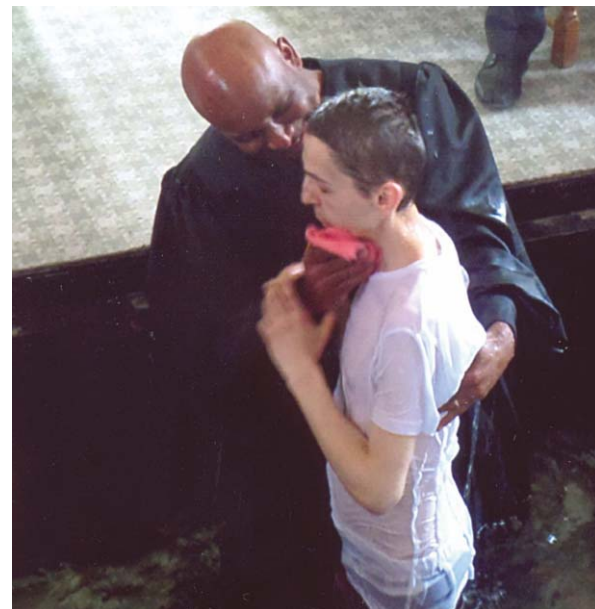
By now he was attending the Barnsley church and receiving studies from one of its elders, Mike Rossiter. Once these were finished Pastor Carlton Douglas baptised Andrei, much to the joy of the local congregation and his sister, Andreea, who travelled up from King's Lynn to be present. Andrei reminds all of us of Proverbs 3:6 (KJV): 'In all thy ways acknowledge him, and he shall direct thy paths.'

HAZEL SCHOLES (COMMUNICATION SECRETARY)



A follow-up to the project is planned for Tottenham Seventh-day Adventist Church. Councillor Blake has committed to donate wild flower seeds for the church's own beautification project.

MARION WADIBIA



Hope renewed at Camp Hill

In 2016 – during a climate of crises where, as described in Mark 13:8, people may be asking, 'What is there left to live for; what is the point of it all?' especially when all they see is disaster after disaster happening all around the world – there are still those people who still do have a faith in God, but many may lose hope and men's hearts fail them for fear (Luke 21:26).

Despite the feeling of crisis and pessimism that many people experience, earlier this year Dr Patrick Herbert of Camp Hill Church ran a successful two-week evangelistic series under the theme of 'Hope Renewed'.

Each evening, members and visitors alike were encouraged by attending a programme consisting of prayer, praise and preaching.

The messages were well received and three people decided to give their lives to the Lord: Thafadzwa Miriam Makawa, Wilfred Chitembwe and Andre Anderson.

Let's meet the candidates. Firstly there were husband and wife, Thafadzwa Miriam Makawa and Wilfred Chitembwe, from Zimbabwe, who have been attending Camp Hill since September 2015. She is a nurse working for the Department of Work and Pensions and he is a law student.

Then there was Andre Anderson, who has been attending Camp Hill since June 2013. He and his wife had arrived from Jamaica, and, as both had Adventist backgrounds, they searched online for a Seventh-day Adventist church to attend. The journey to church was an interesting one for them as the first church was closed and they couldn't find the second one. On their way home, however, they saw a sign that directed them to Camp Hill Church, where they have worshipped ever since.

NATAILLE SUTHERLAND

Corrigendum

The editor wishes to acknowledge that a mistake was made regarding the title given to the writer of the cover article in the *MESSENGER* of 3 June. The writer, Wilfred Masih, is not a pastor and did not use that title when submitting the article or during any subsequent correspondence. The editor apologises for any confusion this mistake may have caused or any embarrassment to Wilfred – who was the first to point out the error.

GIFTS FOR Ghana GIFT BOX APPEAL

Dates for the Gift Box Appeal

Order boxes online: 1st June
 Deadline for Gift Box orders: 31st July
 Boxes delivered by courier: First week of September
 Return Gift Boxes to collection point: 21st October
 Quality Control: 24th October: 16th November
 Container shipping date: 17th November

ADRA UK

As supplied, errors and omissions excepted

OUR IDENTITY OUR MISSION

NEC CAMP MEETING

20-26 JUNE 2016
 BUTLINS HOLIDAY PARK
 SKEGNESS

PS GLEN SAMUELS (MAN SPEAKER)
 MELODY MASON (PRAYER SPEAKER)
 ELDER IVAN WARDEN (MIDDY MANNA SPEAKER)
 PS STEVEN CONWAY (MAN YOUTH SPEAKER)
 CHAD & FADIA KREUZER (YOUTH SPEAKERS)

GYLCHRIS SPRAUVE (SINGER MUSICIAN)

creation HEALTH

TO MAKE YOUR BOOKING PLEASE VISIT WWW.BUTLINS.COM/7THDAY AND FOR MORE INFORMATION CALL RACHEL GRAHAM-TOHUE ON 0115 9606312 OR VISIT OUR WEBSITE AT WWW.NECADVENTST.ORG.UK

REBUILDING THE WALLS – REBUILDING PEOPLE, RESTORING RELATIONSHIPS, INSPIRING EXCELLENCE

As supplied, errors and omissions excepted



Birmingham Mission to the Cities makes a healthy start

Birmingham's Windsor Street church hosted an NEC Area 5 health exposition training day on 17 April. The Mission to the Cities Health Evangelism Committee chair, Dr Jacquie Halliday-Bell (MD), and the NEC Health Ministries Director, Grace Walsh, led a team of local presenters experienced in the conduct of expos and other forms of health evangelism.

Attendance was excellent, with around 90 delegates present. One delegate, a retired senior consultant in respiratory medicine, travelled from Hull (an approximately 300-mile round trip) to take advantage of the event.

Pastor Nicholson's opening devotion focused our minds on the fact that we are all 'debtors' to God. Dr Jacquie presented a summary of the Birmingham Mission to the Cities Health Evangelism Strategy and Vision, setting out the projects which will run for approximately 18 months from September 2016.

Pastor Watson led a reflective and interactive session during which attendees articulated their aspirations, hopes and concrete goals for health ministry and evangelism in Birmingham, Redditch, Solihull, Walsall and Worcester.

These are a small sample of the contributions made:

'Adventist health ministry is the means of meeting the physical, mental and emotional needs of people. It touches people's hearts so that they may receive the Gospel.'

'I am under the conviction that God wishes me to use my interest in health to help and encourage others.'

'I aspire to conduct health events that create a bridge between the community and the church.'

The MTTC Health Evangelism Committee's pastoral sponsor, 'Obi' Iheoma, showcased health expo etiquette, emphasising how to effectively and efficiently achieve friendly and professional interactions with the public in an expo.

Health expos are a precursor to other types of ongoing health ministry and evangelism, to which Chanel Green bore testimony. During her cookery demo she told of the impact her living by the biblical principles of health had on her mother and family.

Retired nurse Maisie Gabriel-Allinson, a current participant in the Bearwood church's Reversing Diabetes project, thrilled everyone with her testimony. Her adoption of the NEWSTART health expo principles has vastly improved and nearly normalised her blood sugar levels.

The testimony of these two ladies reminded attendees of the value of living what we teach and preach. Not only does such adoption benefit our personal health and well-being, but it also evangelises family and friends.



Attendees divided into 8 teams and set up the 8 stations of the NEWSTART health expo around the room; then they circulated among all the stations to receive 'how to' operational instructions.

The group attending included more than 25 registered general nurses (RGNs), two doctors, an echocardiographer, two psychiatric nurses, two chefs, counsellors, care assistants, teachers, social workers, a gas engineer, personal trainers, lay trained medical missionaries, a carpenter, elders and a marketer. Numerous attendees sent positive thanks and suggestions in response to the day. The MTTC Health Evangelism Committee believe that this event has given Area 5 a great opportunity to develop a substantive ongoing health ministry that will serve and evangelise the community.

Although Mission to the Cities Birmingham will be formally launched in September 2016 some churches have already begun work.

Handsworth conducted a health expo alongside their annual ADRA fund-raising clothes sale on Sunday 1 May, with one hundred-odd attending. Bournville manned a water station for the Birmingham 10km Run. Halesowen conducted back-to-back expos on 1 and 2 May. Pathfinders supported all three events.

We are following in Jesus' footsteps to mingle, socialise, sympathise and serve. Our intention is to connect to some of those currently lost to God, struggling in our busy metropolitan cities, and bid them to follow Jesus.

The expo training day made a healthy start in this direction. Seven health expos are planned to take place in the next five months as part of the Area 5 MTTC project. Should you wish to support this evangelism with your time or talents please call 07800 761612.

PASTOR MALCOLM WATSON AND DR JACQUIE HALLIDAY-BELL

BOOKSALES

June
20-26 NEC Camp Meeting
30-3 BUC Session

July
10 Sheffield (Concord Park)
21-24 NEC Session

ABC Shops
Watford, BUC, Monday-Thursday - 12.30-5pm, Friday - 10am-2pm.
01923 893461
Birmingham, Aston-Newtown, Wednesday - 11am-4pm, Thursday - 4pm-8pm,
Sunday - 11am-3pm.
0121 3286380
Advent Centre, Mondays & Wednesdays - 6.30pm-8.30pm,
Sundays - 11am-3pm, Saturdays - November, December, January: After sunset.

Order on our Sales Hotline
01476 591700 sales@stanboroughpress.org.uk



Sabbath School is on the go!

Sabbath School is on the go! The first two quarters of 2016 have been a tremendous time for our members, superintendents/teams and teachers, with blessings, training, retreats and resources having been poured upon them. Our goal is to revive our Sabbath Schools, which are an integral part of the Adventist Church.

One Sabbath School Congress has been held under the theme of 'Reaching and Teaching', bearing in mind that all Sabbath Schools are to reach in and reach out to win souls for Christ, and to ensure that our teaching helps our members to stay in the faith and become true disciples. Pastor Vernon Nambo delivered powerful devotionals over the weekend and Beulah Plunkett (NEC Sabbath School Director) ran the workshops, challenging attendees with the '10 Commandments of Sabbath School'!

Three Sabbath School Emphasis Days (church training days) were held at the Kingstanding, Upper Room, and Fartown churches. During these events the whole church was called to engage in collective Bible study, collective identification of our talents and collective exploration of four Christian virtues that underpin our walk with God.

Six Sabbath School Emphasis Weekends were held to help members experience how the Word can draw us closer to God and each other. Sabbath School teacher training was also delivered during these special events, which were held at the Walsall, Ladywood, Telford North Wales, Northampton Central and Sheffield Burngreave churches and the Coventry district of churches.

In addition to the above, seven Sabbath School teacher training courses were also held during the period to equip Sabbath School teams to understand their student group, how to study the lesson/Bible for themselves, and how to plan and deliver a participative lesson. Courses were delivered at the Walsall, Ladywood, Coventry Central, Telford North Wales, Northampton Central, and Sheffield Burngreave



Sabbath School Congress



Attendees at the Sabbath School Teacher Training at Northampton church

churches, and at Newbold College CCL Centre.

The Great Commission of Christ in Matthew 28:19, 20 calls us to teach our members, new and old, to 'obey everything I have commanded you' – a message we are taking very seriously.

BEULAH PLUNKETT
(NEC SABBATH SCHOOL DIRECTOR AND ASSOCIATE DIRECTOR OF PEACE SCHOOL OF EVANGELISM)

Halesowen health expos

As part of the Birmingham Mission to the Cities initiative, Halesowen Church hosted their own health expo on 1 and 2 May. On 1 May the health expo was held in Woodgate Valley Park with everything well set up before the guests arrived. Not only were the Halesowen members there, but so were members from Northfield Church.

The Halesowen youth decorated special



Irish Mission of Seventh-day Adventists Triennial Session

Notice is hereby given that a Triennial Session of the Irish Mission of Seventh-day Adventists will be held on 1-2 October 2016, at Emmaus Retreat Centre, Swords, Dublin, Republic of Ireland.

Delegates should note that registration will commence at 6pm on Saturday evening. The opening of the Session is scheduled for 7pm. Delegates are required to have registered prior to the commencement in order to participate in choosing members of the Recommendation Committee.

D. R. Neal, President
P. Lockham, Executive Secretary

mugs with health themes and gave them to those who attended the expo. Eman Taotjo provided the equipment and helped the young people to use the software that made this possible. The Pathfinder marching band was a great draw card and this is how one of the participants felt about it: 'I felt privileged to have been part of the marching band, and, even though the weather was miserable and cold, the experience of being part of the band warmed our hearts up as we played together.'

On 2 May the health expo was held in Ley Hill and many from the community attended: more, in fact, than there were on the previous day. It was a successful and memorable event with many receiving the benefit of a thorough health check.

SARAHMAE SUNICO

NEC

YOUTH ALIVE!

IN COLLABORATION WITH GENERAL CONFERENCE AND NORTH ENGLAND CONFERENCE'S HEALTH, FAMILY, YOUTH AND CHILDREN MINISTRIES

25 - 31 JULY 2016

AT WHITEMOOR LAKES, BARLEY GREEN LANE, LICHFIELD, WS13 8QT

EVENT IS FOR AGES 14-30

JUST
£65
PER PERSON

ALL BOOKINGS SHOULD BE MADE ONLINE AT
<https://uk.bookingbug.com/home/53185-north-england-conference>
FOR MORE INFORMATION ON HOW TO MAKE YOUR BOOKING
CALL ORLENE DUNKLEY ON 0115 9506515 OR
VISIT OUR WEBSITE AT WWW.NECADVENTIST.ORG.UK

SCAN FOR BOOKINGS

As supplied, errors and omissions excepted

All England Student Camp

£50
Includes Accommodation & Transport

CHAPEL PORTH CARAVAN SITE
GOONVREA, ST AGNES
TRURO, CORNWALL, TR5 0RN

STUDENT CAMP

18TH-22TH JULY

NEC ★★ SEC
2016

ONLINE REGISTRATION ONLY!
WWW.SEC18TEENS.ORG
LIMITED PLACES! BOOK EARLY!!

BRING YOUR ROOM MATES, FLAT MATES & FRIENDS
** ONLY UNIVERSITY STUDENTS **

FOR INFO CONTACT
ADAM RAMDIN | 07944 004 024 | ARAMDIN@NECADVENTIST.ORG.UK
DEJAN STOJKOVIC | 07919 172 176 | DSTOJKOVIC@SECADVENTIST.ORG.UK

As supplied, errors and omissions excepted



Langley DOF

On 14 May the Langley church held its annual day of fellowship with Dr Petras Bahadur (Associate Director of the Global Centre for Adventist-Muslim Relations) as the guest speaker.

Guests from all over the UK attended the event – over 300 of them. Not only were they treated to a wonderful array of gospel music and good preaching, but breakfast and lunch were served to them in traditional Indian style by their gracious hosts.

ROHEET SUBRAI (COMMUNICATION OFFICER)



Harry Wilby

Crieff raises £4,600

Crieff Church is a small church of just over 70 members, 17 of whom are over 70. However, it has a tradition of really supporting the annual ADRA Appeal. It is also given fewer collecting days by the local council than many other areas. This year the church raised over £4,600 through the door-to-door collection and personal donations. One of the members, Harry Wilby, is well over 80 and a really enthusiastic collector.

PASTOR BOB RODD (COMMUNICATION SECRETARY)

obituaries



Joy Kathleen Lowe (1928-2016) d. 3 March. Joy was born on 8 November in Slough to Alice and Harry Laffin.

She had two sisters, June and Mary. On 25 September 1951 she married David Lowe, whom she met while she was studying to be a Bible worker at Newbold College. Joy and David had five children, Heather, Hazel, Carol, Mac and Jeni.

She spent many years serving as a pastor's wife in the Welsh Mission and their district moves included the Newport, Monmouth, Pontypool, Aberdare, Treaw, Shrewsbury and Wrexham churches. Joy loved children and ran many of the Pathfinder clubs in the churches they served. She also worked as a bookkeeper for many years and was always an active member wherever she worshipped.

David's denominational employment ceased in 1975 after a busy and dedicated 25 years of service. They lived and worked in the Doncaster area just before moving to Barnsley to retire. Joy was always willing to help in church services, including the taking of the lesson and the contribution of appropriate poems, stories and anecdotes when required. For a few years she even produced a regular newsletter for the Barnsley church, full of interesting and relevant items. Joy was always interested in you as a person, often asking about your activities, health and family.

She was diagnosed with a brain tumour in 1988 and went through extensive surgery and other treatment, all of which extended her life and allowed her to enjoy the lives of her eight grandchildren a little more. David passed away in 2013 and sadly her tumour later returned. This time it was inoperable and she moved to Manchester to be near her daughter, Carol, where she passed away on 3 March.

Rev Laurie Windle conducted her funeral service on 21 March in Manchester. The service also included a tribute by Rod Scholes and a moving eulogy by her daughter Jeni, entitled, 'My Mum'. With her children and grandchildren we all look forward to seeing her again at the resurrection.

HAZEL SCHOLES
(COMMUNICATION SECRETARY)

Aneid Wright (1918-2016) d. 14 April. Aneid Wright was born in Rangoon, Burma. Her parents sent her to Vincent Hill School in Poona, India, where, under the guidance of teachers and students, she was influenced at an evangelistic meeting to surrender her heart to Jesus – a life-transforming decision.

After completing her schooling she served as an office secretary at the Poona College of Seventh-day Adventists.

Just after the start of World War Two Aneid met Alfred Wright, a ship's engineer. They moved to Rangoon, where Alfred worked, and were married in 1940.

A year after the marriage the Japanese army invaded Burma, placing Rangoon in danger. The Chinese government provided aircraft to take civilians out of Burma, and Aneid, who was pregnant with their daughter Jeanne and suffering from malaria, managed to get on one of these with the Japanese soldiers only streets away. Her husband came to see her off, but instead of kissing and hugging him Aneid pulled him into her seat and sat on him so he could not be seen. Mercifully, he was not discovered until the plane was airborne. Her action certainly saved his life.

Upon arrival in Calcutta they were helped by Catholic nuns who gave them shelter and clothing.

In February 1954 the family came to England because the Burmese government had changed and Alfred was forbidden to carry on his work as an engineer. Upon their arrival in England Alfred soon found work with London Transport as an engineer on the underground trains.

After several moves they settled in Chiswick and became regular members of the Seventh-day Adventist church there. Aneid was a keen gardener, and their house had a large garden. Alfred did the digging, Aneid sowed and planted, and each year they had a good harvest.

In retirement they moved to Watford and became members of the Stanborough Park church. Alfred died in 1993 after heart surgery. The Wright family believed in sharing their faith, and one young man who was influenced by them was Richard Poulton. At the service he gave a moving testimony of how Aneid's

influence led to his baptism.

Aneid was blessed with a daughter, Jeanne; three grandchildren, Katherine, Carl and Christopher; and several great-grandchildren.

She was a persistent 'scribbler' who left a record of her walk with God in three handwritten volumes. Here is a brief quote from one of her New Year poems:

A new year starts for us today
Forget the past, and all its cares

Its sorrows, heartaches,

wounds and tears

Remember only God's great love –

His goodness, blessing from above.

The service was held at Stanborough Park Church and West Herts Crematorium, led by the writer, assisted by Pastor Mary Barrett and Richard Poulton.

PASTOR PATRICK BOYLE

Denise Cuthbert retires

On Wednesday, 20 April, Adventist Risk Management (the insurance arm of the Church), together with the Trans-European Division, assembled with colleagues and friends to celebrate the 47 years of service of Denise Cuthbert, who retired at the end of April.

Born to missionary parents, Denise spent her first two years of working life supporting the East African Union in Kenya, before moving to the TED office in St Albans, England. Ten years later she moved to the next-door office, to support Adventist Risk Management for the next 35 years.

ARM Regional Manager for Africa and Europe, Graham Barham, expressed appreciation to Denise on behalf of the company, further emphasised by personal thanks from the newly elected President/CEO of Adventist Risk Management, Tim Northrop.

Denise was presented with floral tributes by both Audrey Andersson (TED Executive Secretary) and Graham, who also presented her with an engraved crystal vase.

On behalf of the whole ARM and TED family, Graham wished Denise all the very best for her retirement, for herself and all with whom she comes in contact.

GRAHAM BARHAM



A match made in heaven

Although it is not our policy to report on wedding anniversaries of less than 50 years, we have made an exception in the case of Pastor Eric Lawrence of the Breath of Life and Winson Green district. He and Veronica recently celebrated 30 years of marriage at the Winson Green church, where they were married by Pastor Peter Sayers on 2 May, 1986.

The couple have been blessed with four sons and five grandchildren. PASTOR PATRICK HERBERT

Messenger

Volume 121 • 12 - 17 June 2016

Editor: Julian Hibbert
Design: David Bell
Proof reading: Andrew Puckering

COPY FOR No. 14 - 23 June 2016

Copy should be sent to the Editor, MESSENGER, The Stanborough Press Limited, Alma Park, Grantham, Lincolnshire, NG31 9SL. Tel: (01476) 591700. Fax No: (01476) 577144.

Email: Editor@stanboroughpress.org.uk

Send high-resolution pictures to:

dbell@stanboroughpress.org.uk

ABC Sales line: (01476) 591700

Mon-Thurs only, 8am-5.30pm.

www.stanboroughpress.com

The Editor may alter, clarify, précis or expand articles sent to him if he thinks it necessary. Published fortnightly on Fridays by the British Union Conference of Seventh-day Adventists.

For general enquiries, email:

info@stanboroughpress.org.uk

Printed in the UK.

Visit the BUC website at: www.adventist.org.uk

ISSN 0309-3654

Sunset

Sunset times are reproduced with permission from data supplied by HM Nautical Almanac Office.

	London	Card	Notf	Edin	Belf
Jun 17	9.21	9.33	9.33	10.02	10.03
24	9.22	9.34	9.35	10.03	10.04
Jul 1	9.21	9.33	9.33	10.01	10.02
8	9.17	9.29	9.29	9.56	9.58

MESSENGER SUBSCRIPTIONS

Cost £25 per annum for 24 issues.*

*Postage will only be charged for single copy subscriptions and overseas airmail.

PATHFINDER RALLY DAY

PRAISE

Enjoy your sabbath with us as we worship the Lord, celebrate achievements, whilst having fun and making new friends.

Be there!

MARCHING

- ★ Award ceremony
- ★ Pathfinder concert
- ★ Community outreach
- ★ Marching in the city
- ★ and much more!

DRILLS

16 July 2016

FREE ATTENDANCE

☎ 0115 9606 312 🌐 vbouhoussou@necadventist.org.uk The International Convention Centre, Birmingham, B1 2EA

As supplied, errors and omissions excepted

Adventist Family Resources Exhibition

Following the BUC Quinquennial Session (30 June - 2 July)

Sunday 3 July 2016

Newbold College of Higher Education's Centre for Christian Leadership will host the Adventist Family Resources Exhibition from 9:00am to 5:00pm on Sunday 3 July 2016. The Exhibition will be open to delegates and invitees of the BUC Session from 30 June - 2 July, and will be open to all church members on 3 July.

The Exhibition will showcase a variety of Adventist ministries and businesses, such as the Stanborough Press, and will also feature a series of free lectures from leading Adventist speakers, including Dr Chidi Ngwaba.

Attendance is free but registration for the lectures is encouraged.

NEWBOLD COLLEGE OF HIGHER EDUCATION

For more information, and to register for your free ticket, please visit: www.newbold.ac.uk/centre-christian-leadership, email: ccl@newbold.ac.uk, or call: 01344 407407.

As supplied, errors and omissions excepted