

Team Aberdaron complete Two Castles Run

by Pastor Adam Ramdin

On 12 June a team of 25 runners from around the NEC met at the beautiful Warwick Castle to run 10 kilometres to Kenilworth Castle. The reason – to raise funds for the Aberdaron Youth Summer Camps with a goal of £2,500, £100 per person.

On 1 March, Pastor Adam Ramdin (who ran this race last year and thoroughly enjoyed it) reserved 25 spaces because it usually sells out in just 3 to 4 hours. The plan this year was to get 25 volunteers to run and raise money to buy some specific equipment for the summer camps – some high-quality bicycles. Those who signed up to this fund-raising event were volunteers from the staff for this summer or from those who have worked at the camps in the past. Once all the sponsorship forms were organised and the online donation page was set up, each one of the 25 set about asking friends, colleagues and family for help to reach their goal of £100. Some raised their goals to £150 and £200, while some were able to raise upwards of £400.

As we gathered in the grounds of Warwick Castle in our red T-shirts that said, 'Two Castles Run, Team Aberdaron 2016', more than a few of us were a little apprehensive about the run, with some never having run 10 kilometres before. With over 4,000 runners on the course alongside us, of all shapes, sizes and speeds, we quickly spread out along the course.

Our fastest runner was Maati Adebe, who finished in just over 44 minutes, while Bheki Sibanda came in second on 48 minutes. Some set personal bests; others were just glad that they completed the run. The weather was not great, with a light drizzle for much of the run; but it did not dampen our spirits, with those who finished earlier staying to cheer everyone over the finish line.



Group photo at the finish line



Left to right: Aiko and Adam Ramdin, and Andre Nicholson



Olivia Campbell



Jonathan Lawrence

In total we have now smashed our target of £2,500, and through the generous donations of many and the hard work of the 25 we have raised over £4,100. This money will be spent this month to buy new bikes for the youth camps that will run in 2016. I would like to thank everyone who ran and those who donated to this worthy cause.

Photos of this event can be seen on www.facebook.com/necyouth.



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Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHV, MSc
Health Ministries Director, BUC

Are you in pain? Part 4 – Treatment options and support

We conclude this mini-series with suggested treatments and support networks for chronic pain sufferers.

In the summation of their research on chronic pain, published in the *British Journal of Pain* (2013 Nov; 7[4]: 209-217), Oliver van Hecke, Nicola Torrance and Blair H. Smith conclude:

'Chronic pain management dominated by analgesic medication will fail to address adequately the role of activity, psychological factors and social factors in maintaining daily function. There are clear opportunities for all health professionals to facilitate changes in lifestyle that have the potential to improve morbidity and function in patients with chronic pain.'¹

Research reveals that lifestyle factors such as diet and exercise are an integral part of pain management.

Analysing dietary impact as a key intervention, Dr Welches, a pain management specialist from Cleveland Clinic,² reports:

'Nutrition that supports a diet rich in anti-inflammatory foods is the key to anti-inflammation and chronic pain management.' He further urges that, 'although there are no magic foods, putting the right combination of foods into your diet can produce remarkable results.' He advises:

1. Eat the rainbow: consume eight to nine servings of vegetables each day, including cruciferous vegetables such as broccoli, Brussels sprouts, cabbage and cauliflower. Fruits can also be included.
2. Restrict dairy and refined grains. Eat dairy products in limited quantities. Avoid simple carbohydrates with refined sugars. Opt for whole grains, such as barley, buckwheat, oats, quinoa, brown rice, rye and spelt.
3. Avoid red meat. Eat vegetarian as a main dish or supplement meat with oily fish rich in omega 3.

As additional priorities of an integrative lifestyle designed to reduce chronic pain, Dr Welches also recommends the following:

- Get down to your ideal weight; weight loss on its own is anti-inflammatory.
- Get daily exercise in the form of walking.
- Manage stress.

Dr Teitelbaum's research as medical director of the Fibromyalgia and Fatigue Centres demonstrates that exercise is important for treating chronic pain,³ as it: • Strengthens muscles; • Increases joint mobility; • Improves sleep; • Releases endorphins; • Reduces overall pain.

His book, *Pain Free 1-2-3: A Proven Programme for Eliminating Pain Now*, gives advice on treating underlying causes of pain and regaining vitality.*

Getting support is a vital coping mechanism for chronic pain. NHS Choices published guidance on its website entitled, 'How to get NHS help for your pain'.⁴ Self-help courses like Expert Patient Programmes, Hospital Pain Clinics and Pain Management Programmes are some key supportive interventions.

Good health!

¹<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4590163/> ²<https://health.clevelandclinic.org/2015/11/anti-inflammatory-diet-can-relieve-pain-age/> ³<http://www.healthline.com/health/chronic-pain/chronic-pain-treatment-options> ⁴<http://www.nhs.uk/Livewell/Pain/Pages/Longtermpain.aspx>

*This book can be purchased on Amazon at: <https://www.amazon.co.uk/Pain-Free-1-2-3-Program-Eliminating/dp/0071464573>

editorial

This year's Olympics will be one to remember, as are most, but not just for the medals won or the records broken. It will surely go down in sporting history for the number of athletes who were banned from taking part in it. According to reports,¹ Russia's state-sponsored doping programme has led to the disqualification of 118 of the 389-strong team that was to represent that country at the Rio Games!

Although it may be hard to believe, the modern Olympic Games – which date back to 1896 – have run up an astonishing history of 'scandals, controversies, and illegal drug uses' at both the summer and winter events. The games have also been boycotted for political reasons by a variety of states, while the International Olympic Committee has excluded various countries from the games for their involvement in war or oppression: in the aftermath of 'both world wars, the losing countries were not invited'; and South Africa paid for its apartheid policies with a suspension that lasted from 1964 until 1992!²

Impartiality and cheating

Two prominent reasons for controversy during the games have been the *partiality* of referees and event judges, and *cheating* by participants. The former has led to some ugly event-side scenes over the years, while the latter has, at times, involved some ingenuity. One that caught my attention occurred in the Summer Olympics of 1976:

'Soviet modern pentathlete Boris Onischenko was found to have used an *épée* [a fencing weapon] which had a pushbutton on the pommel [part of the handle] in the fencing portion of the pentathlon event. This button, when activated, would cause the electronic scoring system to register a hit whether or not the *épée* had actually connected with the target area of his opponent. As a result . . . he and the entire male Soviet pentathlon team were disqualified.'³

The more things change . . .

This saying is so true: 'The more things change, the more they stay the same.' Cheating is not a recent occurrence at the games. Even during the ancient Olympic Games there were cases of it as 'their standards and quality declined' under the Roman Empire. One of the most blatant examples of which is attributed to the Emperor Nero (AD 67), who, after embarrassingly falling off his chariot during one of the races, added to his disgrace by declaring himself the winner!⁴

There was a time . . .

All this aside, there was a time when the games were held in high regard and the participants depended solely upon their fitness and skill to win the prize of a simple wreath made from the wild olive tree. The apostle

You don't win races by looking back!



Julian Hibbert
Editor

Paul was definitely familiar with the games, and in at least three places he makes reference to them through the imagery he uses (Phil. 3:12-14; 1 Cor. 9:24-27; 2 Tim. 4:6-8). It is even suggested that his missionary trip to Corinth in AD 51 was timed to coincide with the Isthmian Games, which drew people together from across Greece every second year – a prime opportunity for evangelism.⁵

Why such imagery?

The simple answer to this question is that it powerfully illustrates certain critical aspects of the Christian life. Let's see if you agree with him as we look briefly at one of those text clusters, Philippians 3:12-14 (NIV-UK):

'Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.'

Firstly, notice that this exhortation is addressed to both 'brothers and sisters', thereby embracing both genders in an equal, tender and caring manner. Interestingly, even this gender-inclusiveness seems to be rooted in the customs of the Isthmian Games, for:

'According to several inscriptions that are contemporary to Paul, women competed in these games as well. The inscriptions mention women winning the 200-metre dash as well as the war-chariot races.'⁶

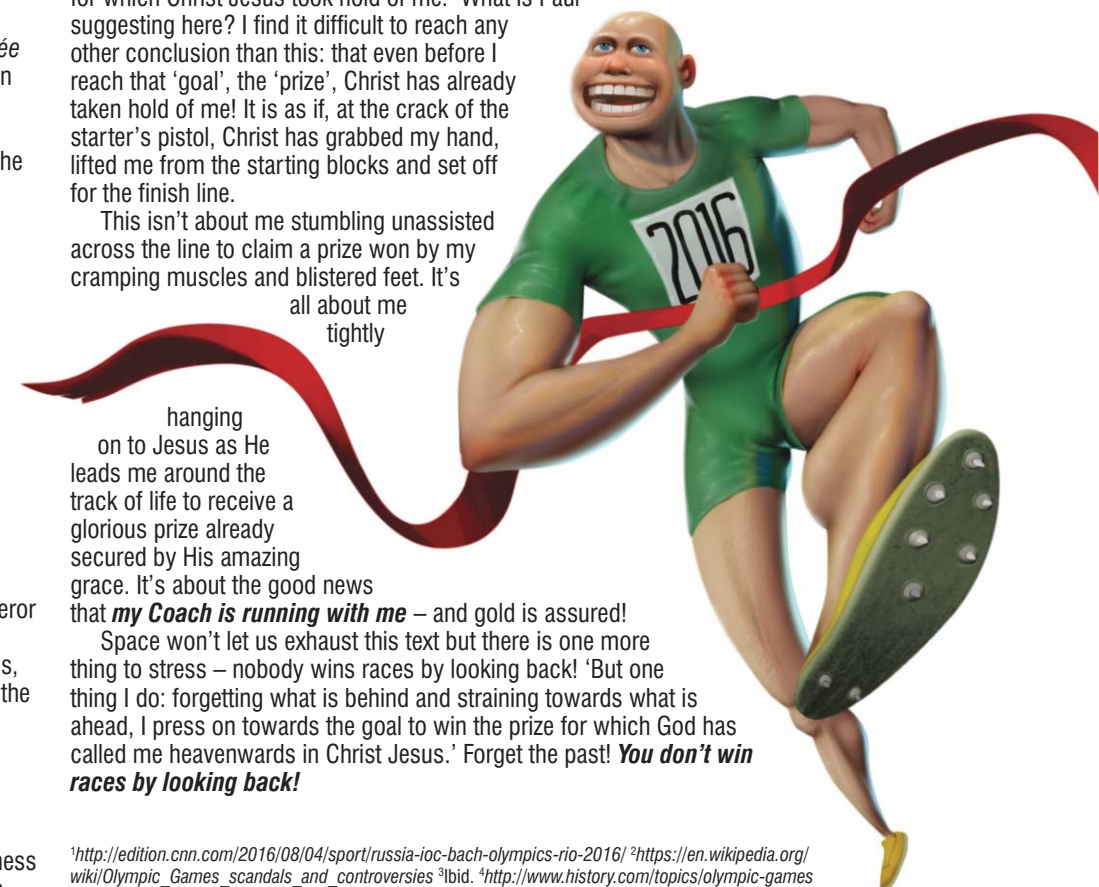
Secondly, unless we read this passage carefully it may sound heavily action-oriented. As though the 'prize' of eternal salvation is something to be earned by our effort and not by faith in Christ. To me, however, a closer look reveals the following: ' . . . but I press on to take hold of that for which Christ Jesus took hold of me.' What is Paul suggesting here? I find it difficult to reach any other conclusion than this: that even before I reach that 'goal', the 'prize', Christ has already taken hold of me! It is as if, at the crack of the starter's pistol, Christ has grabbed my hand, lifted me from the starting blocks and set off for the finish line.

This isn't about me stumbling unassisted across the line to claim a prize won by my cramping muscles and blistered feet. It's all about me tightly

hanging on to Jesus as He leads me around the track of life to receive a glorious prize already secured by His amazing grace. It's about the good news that **my Coach is running with me** – and gold is assured!

Space won't let us exhaust this text but there is one more thing to stress – nobody wins races by looking back! 'But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.' Forget the past! **You don't win races by looking back!**

¹<http://edition.cnn.com/2016/08/04/sport/russia-ioc-bach-olympics-rio-2016/> ²https://en.wikipedia.org/wiki/Olympic_Games_scandals_and_controversies ³*ibid.* ⁴<http://www.history.com/topics/olympic-games> ⁵<http://www.biblearchaeology.org/post/2012/07/16/Going-for-the-Gold-The-Apostle-Paul-and-the-Isthmian-Games.aspx> ⁶*ibid.*



Everything is possible

by Nathalie Johansson (MA)

'You might as well not bother, you know. You will not achieve much in life, if anything at all.' This mantra was repeated to me continually as I was growing up, by well-meaning people very close to me. Why should I doubt their 'wisdom'? After all, they showed by their actions that they had my best interests at heart. I felt they would always provide good counsel and all the practical help I needed as I was growing up. So I believed them, initially.

My dad had attended university and obtained an MA. I profoundly admired him. He meant a lot to me. He was a well-educated man. He was a deep, broad and tolerant thinker. He hated injustice and espoused socialist philosophy. He was an artist in his own rights. He was not a Christian. I secretly wanted a bit of what he had. However, I had no help or guidance to fulfil that dream.

I well remember someone telling me once, 'Nathalie, I really don't see how you will ever be able to achieve anything other than being on benefits and living in the same town for the rest of your life!'

To be fair to that person, and those other voices that only saw a bleak future for me, they had genuine reasons for saying so. Suffice it to say that deep down inside something stirred within me that was fighting against what could easily have become a self-fulfilling prophecy.

I chose to rather believe that it was up to me to rise above everything and not let others

dictate what I should or shouldn't do with my life. It dawned on me that I could not even count on those who loved me and cared about me to progress in life because of their negativity.

My parents wanted me to do well, but due to painful circumstances beyond their control I was often left to figure out my homework and my life for myself. Despite not even being a Christian at the time, God still blessed me with good grades at school.

At age 14, I was baptised as the first Adventist ever in my entire extended family. At 15, I decided to attend the Adventist boarding school in Denmark. After two years I got the surprising news that I was able to skip the last school year and head straight for high school, thereby reaching closer to my goal of getting a university degree.

I remember the day the pastor drove my parents and me to the school for my first year in high school. I was filled with such anticipation and joy that I could not wait to start my studies. What a glorious day it would be when I finally walked down the church aisle to receive my cherished diploma.

At that very moment the pastor jarred me from my daydream and proclaimed, 'Let's see, shall we, let's see if you can actually make it as the reality is that you might fail.' My mum chimed in, 'Yes, let's be realistic and not put our hopes up too much.'

They probably just wanted to



protect me from the potential aftermath of failure, to help me be realistic, and to not raise my hopes prematurely. While this might have been the case, it did sadden me greatly. I understood it to mean that I had no one who believed in me. Not my pastor, not even my own mother!

Three years later, as a result of God's blessings and my hard work, I graduated from high school. I was then accepted at the university of my first choice, where I first studied English and later History.

Those were happy years, although they were not without sacrifices. Apart from a few professors no one gave me any indication that they actually believed I would be capable of getting my BA. My greatest obstacles were grammar, translation and phonetics.

Despite passing my translation and my phonetics exams at the second attempt I simply could not manage to pass my advanced grammar exam. After two years my grammar lecturer told me I should start thinking about the possibility of never getting my BA degree. She even mocked me in front of the entire class on several occasions, making my struggles obvious for everyone to see.

I prayed to God for help and guidance. One day while walking outside the university building I was filled with a burning

determination. There was no way I was going to give up. God would not fail me.

I decided to extend my studies by half a year. I prayed more than ever before and studied two to three hours every day, memorising the entire grammar book. I had people close to me taunting me for my efforts and trying to deter me, but I took my exam at the end of that semester and passed.

I chose history as my minor subject. It was more challenging than I had thought, but things were going well, apart from two incidents. One was when I failed a major exam in World History, but I passed it the second time around. The other incident was when I was on my bike riding to the university to take a history exam.

I was in a hurry to arrive on time, but suddenly I got caught in some mud and fell off my bike. All my books tumbled into the mud. I prayed to God for help. I made it to the university in time to clean my books and myself so I could take the exam.

I completed my BA with a major in English and a minor in History. Having reached that far I thought I might as well pursue the next rung of the academic ladder, an MA in English.

In my naivety I thought that by obtaining my BA I would finally

have convinced my 'fearleaders' (opposite of 'cheerleaders') to believe in me, but when I announced I was to do an MA all I was told was that I was 'aiming too high for my academic capacities'.

The only support I got at the time was from the university itself. The first year of my MA went by successfully and after one and a half years I was ready to start on my thesis. For the first time people actually started believing in me and realising that maybe I could make it, after all. God was blessing me. In December 2009 I was awarded an MA in English.

A year after obtaining my MA degree I announced that I was going to move to England. The first response I got was, 'You will be back in less than a year. How can you manage on your own?' Yes, I was a total stranger in England. I had no family and not a single friend. But I had a church I could go to. I have lived and worked in England now for almost five years, I have made many good friends, and I am loving it. What a blessing it was that my parents encouraged me to do so. I will be eternally grateful to them.

Later on I realised that they were missing me and that they were unhappy to see that it had become quite challenging for me, financially, during the first two years. They would have preferred me to go back. I persevered. They looked on as God blessed me time and again in some most amazing ways.

I wish it could have ended here, with the doubting Thomases forever silenced, but that was not to be. No one believed I would ever get a driving licence. To be fair, I didn't either. My mother had told me that neither she nor my grandmother ever got their driving

licences, and there was no way I would, or could, get one either!

Isn't it so awesome that God has other plans for our lives? Despite my own reservations, my family's driving history, and the fact that being behind the wheel of a vehicle scared me to death – just about – God made sure I would succeed. I passed the theory with flying colours and the practical at the first attempt.

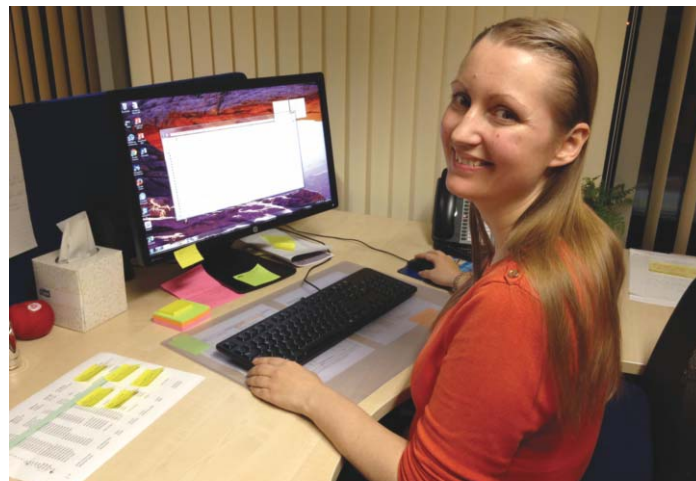
The next wave of doubts came crashing over me when my family and I realised that there was no sense in me having a driving licence if I couldn't use it. I had no money and they knew it. What was I to do? Once again, in God's providence, and according to His perfect timing, He provided me with a modest but much-loved little dream car: one that reminds me of my mother's country of origin.

What I have come to realise is that there are people out there who, consciously or unconsciously, will try to deter you from achieving your dreams. There are those who will put you down and make you look or feel dumb.

The fact is, as a friend once told me, 'People have issues: don't make them yours. In the end it is your life and no one else's. God is your greatest supporter, facilitator, enabler and provider. He always wants what is best for you and will give it to you. He never acts out of selfish motives. He will be by your side even if the whole world should forsake you.'

We may not be able to stop people saying all sorts of negative things to us, or about us; however, we can choose whether to believe them, or rather to believe our heavenly Father.

'With man this is impossible, but with God all things are possible.' – Matthew 19:26, ESV.



Garden of Sabbath Peace

On Wednesday, 21 September this year, the British Union Conference will officially open its new Garden of Sabbath Peace, which is located between the Union office block and the Stanborough Park church.

The garden is designed to provide a venue for memorial events and private meditation for those who wish to remember and respect the courage of those who have chosen to keep the Sabbath in the face of adversity during times of both war and peace. It is also a place where those non-combatants who have followed the paths of conscientious objection or pacifism may be remembered.

The inauguration will commence at 11.30am sharp and various local dignitaries will be in attendance. If you would like to attend this service, kindly express your interest in doing so by contacting Jacquelyn Johnson on tel. 01923 672251, or by email at: jjohnson@adventist.org.uk before 15 September.

'Great peace have those who love your law,
and nothing can make them stumble.'
Psalm 119:165 (NIV-UK).

Prepare Enrich

One Day Facilitator Workshop

Are you a Church Leader, Family Ministries Leader or church member who would like to be involved in marriage preparation, building couple relationships or supporting couples in crisis? Prepare Enrich can enable you to do just that whilst providing appropriate spiritual support. The Prepare Enrich approach utilises assessment tools that you will be able to use with couples to help them identify their strengths and weaknesses, and provides supporting activities to help them improve their relationship.

During the day you will cover:

- Background of Prepare Enrich and the research base for the programme
- A detailed run through assessments and the facilitator report
- An understanding of how to use elements of the report, covering personality, couple agreement and family of origin
- An opportunity to experience using the materials including relevant Bible verses
- Practical guidance in implementing the Prepare Enrich programme
- Awareness of the supporting exercises which help couples apply their learning



Presenter:
Pastor Les Ackie
BUC Family Life
Director
& Registered
Prepare Enrich
Trainer

Date: Sunday 18th September, 2016
Time: 10am-4pm
Venue: Pendeford SDA Church, Ryefield, Dovecotes, Wolverhampton, WV8 1UD
Cost: £55 including course materials or £60 for a couple sharing course materials. Lunch provided.



Contact Paul South on 07846972313 or pasouth@hotmail.co.uk to book your place or for more info. Pre-booking essential.

Aberdaron

Whit and Wild 2016

by Philip Emm

Photos: Joel Lockham and Peter Marshall



Time to catch up with old friends, and make new ones

If you thought last year's Whit and Wild was the best yet, you were wrong!

This year, the Ringway team led by Phil and Beryl Emm gave more than 140 people: 'the best bank holiday ever'; 'an amazing weekend with family and people who I didn't know and now call family'; 'a fabulous bank holiday weekend, spent with lots of great people! Already looking forward to Whit weekend next year in Aberdaron'; 'a glimpse of what church should be like every week'.

With a mix of seasoned veterans, returning friends and

first-timers (both to the camp and to sharing time with Adventists), their ages running from 7 weeks to 70-somethings, the atmosphere was not far short of heavenly. It was enhanced by glorious sunshine, which enabled us all to achieve what was politely termed a 'rosy glow' by one of our worship leaders.

Musically led by the Kidderminster Fellowship team, and augmented by the rest of us, we sang old favourites and learned new ways to praise.

On Sabbath afternoon, we witnessed Emily Winnitt's decision to commit her life to



Everyone comes together for worship time



Peter Marshall entertains the audience with a broomstick

Christ by being baptised in the sea, surrounded by family and friends: a decision that is not easy, but she made it because it is right.

Not forgetting the waterskiing and doughnuts, gokarts on the top field, delicious meals, and evening games of 'human hungry hippos and other animals'!

Evening worships were led by a different person each day, and

were filled with the sharing of personal stories which moved many to tears of gratitude for what God has done in and with our lives, and with answered prayers and the certainty of a day when all hurt and pain will cease, and we'll be with Him forever.

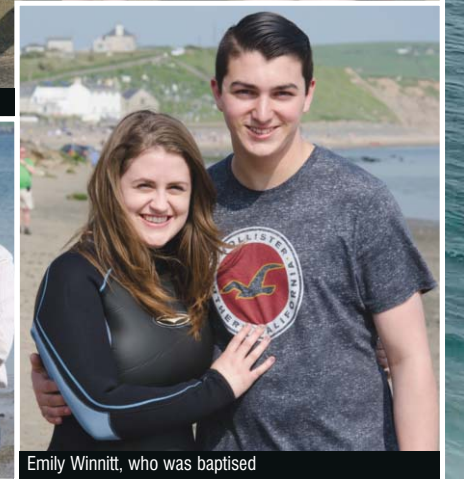
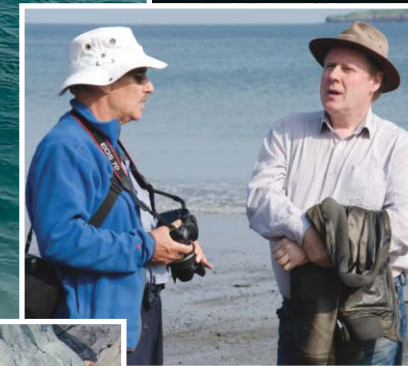
Thank you to each and every one who made Whit and Wild 2016 a taste of heaven on earth.



Family time, just don't forget the bucket 'n' spade



The Three Wise Monkeys



Emily Winnitt, who was baptised



Left to right: Andy Arthur (sleeping), Julie Arthur and Debbie Sanders



Just hanging



Relaxing with friends



Fiona Marshall congratulates Emily Winnitt

More about Aberdaron Adventist Campsite . . .

It is situated in the hills above the former fishing village of Aberdaron at the western tip of the Llŷn Peninsula in the Welsh county of Gwynedd. It is also referred to in Welsh as *Pendraw'r Byd*, which roughly means 'far end of the world'. The village lies within an Area of Outstanding Natural Beauty.

The camp has a number of accommodation options besides the space for private tents and caravans: 6 self-catering 4x2 berth log cabins; 5 sleeping pods (4-6 persons); 6 teepees (4-6 persons); and 8 air beam tents (8 persons). It is also equipped with a commercial 'vegetarian kitchen'.

If you would like to know more about Aberdaron Adventist Campsite and enjoy what it has to offer, please contact the camp management or visit their website at www.aberdaroncamp.com.

Phone: 01758 760281
Email: enquiries@aberdaroncamp.com

WANTED: Pioneer Taskforce Volunteers!

The North England Conference seeks volunteers for the following:

To set up new churches or to support struggling churches through efforts such as Bible studies, door-to-door work, health and nutrition activities, literature evangelism, distribution of Bible request cards, various methods of friendship evangelism and small groups. Applicants must have a well-rounded knowledge of the Seventh-day Adventist teachings, accept these teachings and let their personal lives reflect the Seventh-day Adventist lifestyle. They should also be good communicators (fluent in English), be able to conduct Bible studies, seminars and evangelistic meetings, prepare contacts for baptism and have the ability to minister cross-culturally. These are voluntary positions for which full accommodation and a living allowance will be provided. Locations will be in three different areas within the NEC. Starting date: 12 September 2016. Minimum term of service: one year (subject to applicant's suitability).

Apply online or to Pastor Michael Simpson:
North England Conference
Church Planting Department,
22 Zulla Road, Mapperley Park, Nottingham, NG3 5DB

Tel: 0044 115960 6312
Fax: 0044 115969 1476

Email: msimpson@necadventist.org.uk
Web: <https://www.adventistvolunteers.org>
Call ID: TED.NECY.2016.03 (Isle of Man), TED.NECY.2016.04 (Lincolnshire) and TED.NECY.2016.05 (West Midlands)



Communicate your faith . . . personally

by Pastor Richard Daly, British Union Conference Communication and Media Director

It's a privilege and a joy for me to serve my church in the British Union as the Communication and Media Director for the next five years. Upon reflection of the many facets to this role, the one common thread that ought to be fundamental in all areas of communication is our response to the questions: 'What is your message?' and, 'How do you convey that message effectively so that your audience fully understands it?'

Some of the most popular commercial brands are very clear about what message they want to communicate. The top three company brands in the world – Apple, Google, and Microsoft – are very clear about the products they market.¹ They also have very precise and well-defined strategies in advertising their products, which are specifically designed to appeal to their global

clientele. We have a lot to learn from the principles and foresight of these leading companies when it comes to sharing our 'product', which leads to the question: What exactly is our 'product'? Or perhaps more simply, what is our message? When it comes to sharing your faith, what is the one message you would want people to go away with?

In the weeks ahead I will share a short series of articles with you about how you can effectively communicate your faith, which is something God truly desires of us: 'That the communication of thy faith may become effectual by the acknowledging of every good thing which is in you in Christ Jesus' (Philemon 6, KJV).

Here, the apostle Paul uses the term 'communication of thy faith', referring to the sharing of the work of love through fellowship with others which is enabled through Christ.

It is through personal and genuine relationships with others that God enables us to effectively communicate by 'acknowledging to others the good things that Christ has done for you'.

Sharing your personal message enables you to become an individual brand, a special product that has been shaped and

designed by the hand of God Himself. You are a product of God's work in your life. Therefore the greatest message you can convey is what Christ has personally done for you. It's your own story and testimony. You are called to communicate your unique experience. This can be done in a number of ways, the least of which has to be through public speaking. Many of Christ's encounters with people involved one-to-one, personal contact. However, it does have to begin with your own story: just like the woman at the well (John 4:1-26) who pronounced, 'Come, see a Man who told me all things that I ever did' (John 4:29, NKJV); or the blind man who declared his story to the Pharisees and the astonished crowd, 'One thing I know: that though I was blind, now I see.' (John 9:25, NKJV).

What is your testimony? If you had to summarise your experience with Christ in a few sentences, what would it be?

Market research by leading companies has discovered what ought to be the heart of the Christian's experience when it comes to sharing your story – forming meaningful relationships. This is how it was expressed in the April 2012 issue of *Entrepreneur*: 'Though they may not have the biggest sales or market share in their categories, today's most trustworthy brands have created relationships with consumers through experiences that trigger a visceral response.'² A visceral response is one that 'relates to deep inward feelings rather than to the intellect'.³ More emphasis is placed on building relationships with consumers because, as one branding consultant says, 'When you do it, you have a much stronger affinity, a much stronger business, much stronger growth and much stronger results.'⁴ Actually, such an approach to reaching out to others has always been embedded within the biblical directive about sharing your story.

Jesus gave us the perfect example of relational evangelism. As mentioned earlier, Christ spent much time in personal encounters. The well-known 'Christ's Model' of sharing faith still proves to be one of the most effective ways of sharing your story: 'The Saviour mingled with men as one who desired their good. He showed His sympathy for them, ministered to their needs, and won their confidence.' (Ellen White, *The Ministry of Healing*, p. 143.) Belonging preceded following, and it is still true today that 'people don't care how much you know, until they know how much you care.' So what message does God want you to communicate to those around you? What method will you use to share this message?

Sharing your story comes in various modes. If you know your spiritual gift, use that as your channel of communication or pray for spiritual discernment to perceive how God wants to use you. Remember, in God's work you are never alone, 'For the Holy Spirit will teach you in that very hour what you ought to say.' (Luke 12:12, NKJV.)

¹www.forbes.com/powerful-brands/
²www.entrepreneur.com/article/223125
³www.oxforddictionaries.com
⁴www.entrepreneur.com/article/223125



Welsh Mission Camp Meeting 2016

Friday 30 September to Sunday 2 October

Cefn Lea Conference Centre, near Newtown, SY16 4AJ



Main speaker: Dr Allan Handysides, Associate Director for Health Ministries at the General Conference and a familiar Hope Channel presenter. Supported by Mrs Sharon Platt-McDonald, Health and Women's Ministries director at the BUC. In addition there will be a full programme of workshops, seminars and activities for all ages, including a youth programme led by our own Youth Ministries team.

Prices range from just £10 for a basic adult day ticket on the Sabbath with no meals, to £128 for accommodation in an en-suite chalet including 6 meals. Children's discounts available. Info at: <http://wm.adventist.org.uk/events> Phone: 029 2084 4106.



Book Now!



The Stanborough Press Open Day

Sunday 4 September



Guest speakers

Dr and Mrs Jan Paulsen. Dr Paulsen, who is the keynote speaker for the event, is a former president of the General Conference of Seventh-day Adventists (March 1999 to June 2010). His messages are always deeply stimulating and not to be missed.



Dr Chidi Ngwaba. Dr Chidi is one of the world's premier 'Lifestyle Doctors', and holds degrees in both science and medicine from Cambridge and University College London (UK), and Johns Hopkins (USA). Many have already benefited from his life-changing medical ministry. He will conduct a set of interactive seminars on how to prevent and reverse chronic illnesses like diabetes.

Live music

Vadè will be at Open Day to provide top-class Gospel music that you won't want to miss.

Fun for the kids

Fun activities will be available for your children.

Exhibition marquee

There will be space in an exhibition/vendors marquee for those who respond early and meet our terms and conditions. Official permits may be obtained from Elizabeth Parkinson (01476 591700 or eparkinson@stanboroughpress.org.uk) by not later than 30 August, and are subject to availability. They will be issued on a first-come-first-served basis. No displays or vending will be permitted on The Stanborough Press property without an official permit obtained in the above manner.

Catering

Provision has been made for an authorised caterer to supply a variety of tasty meal options at reasonable prices. No other food or refreshment vending will be permitted.

See you there . . . with your family and friends!



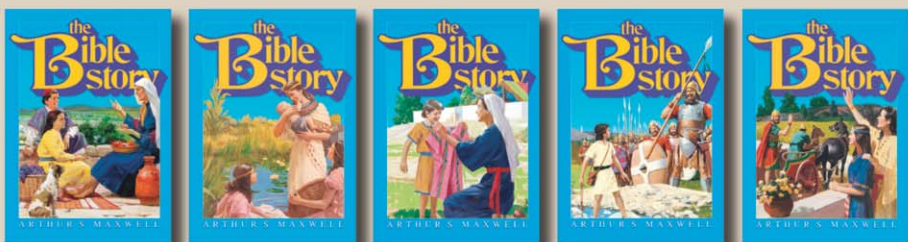


The Stanborough Press

Open Day

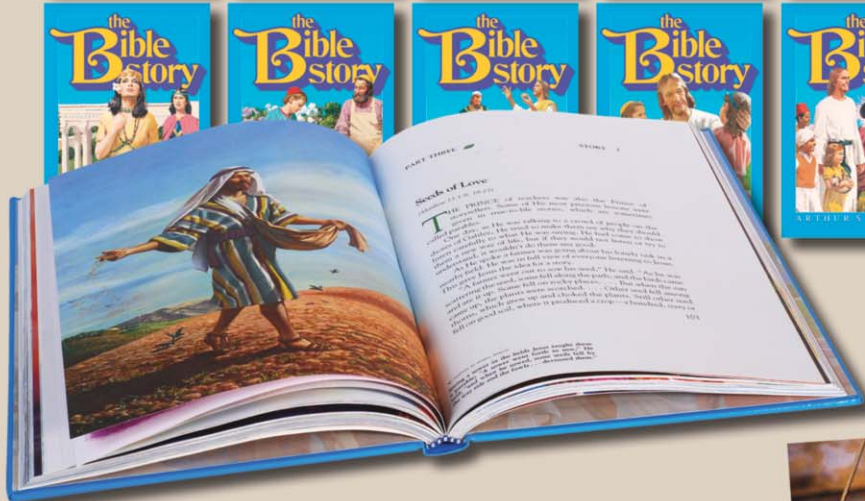
Sunday 4 September

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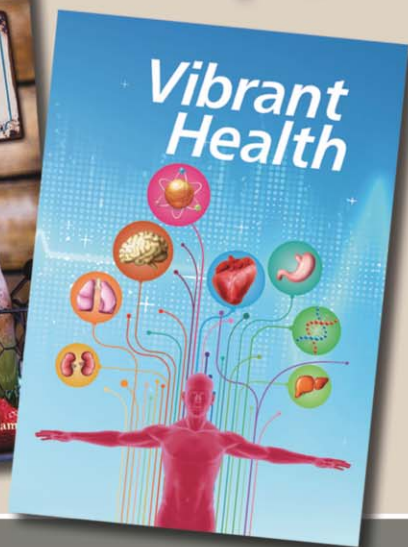
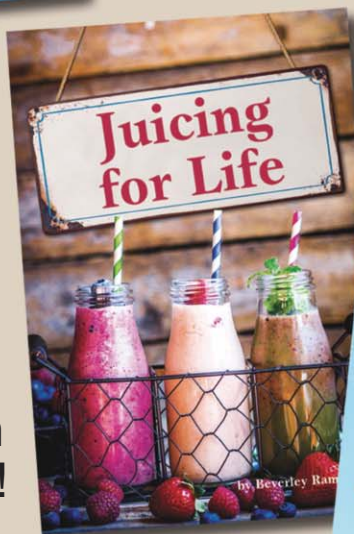
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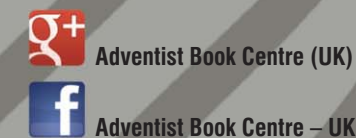
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news



NEC youth activities

Here is a report by Pastor Adam Ramdin (NEC Youth Director) on two of the recently held youth events in the North England Conference.

Big Six Sports Day

Big Six is the annual sports day of the NEC youth calendar when teams from all over the Conference join to play either football, basketball, netball, badminton or table tennis. This year, on 5 June, the weather was beautiful and over 500 youth came to enjoy a great day in Wolverhampton at the Aldersley Leisure Village. Big Six provides a great opportunity for the youth of the Conference to meet and enjoy playing sports together. There was a good showing of teams from around the West Midlands but our team that drove the furthest came from four hours away in Middlesbrough, led by Pastor Dan Dachin.

The football tournament, as always, had some excellent teams and some very close games, but the winners were Leicester West. The under-16s' tournament was won by the team from Yardley Church. The netball tournament was won by a team called Mish Mash, made up of people from several churches in Birmingham, beating a team from Preston in the final. The basketball tournament was won by Air Jamaica. Team captain, Joel Robinson, said after winning, 'It was a good tournament with a lot of talented basketball players; I'm glad we were able to win against a really good team. We hope to come back and do the double next year!'

The badminton was very popular this year and was co-ordinated by Pastor Dan Majaducon, who also won one of the categories. Table tennis had been our smallest competition but this year it was excellently led by Charmaine Morgan and we had our highest turnout yet. The adult tournament was won this year by Shaun Campbell and the junior tournament by James Oyaide.

Kenya McFarlane, Youth Leader from Yardley Church, said, 'Big Six was well organised. As soon as we did prayer and welcome, the day

kicked off swiftly and the young people and sports teams were excited and ready to compete. I brought the Yardley youth along because it was a way to encourage them to step out of their comfort zone, work together as a team and find their strengths.'

Despite one or two small injuries there were no major problems and more photos of the event can be seen online at www.facebook.com/necyouth.

GYC Europe Focus

GYC Europe is a youth ministry that operates in Europe to provide training opportunities and evangelistic outreach to young people. When the opportunity came up to have them in the NEC, we jumped at it. GYC is a grassroots youth-led movement that started in 2003 in the USA and still hosts the world's largest annual gathering of Adventists each year at their conference in the USA. Since their inception numerous affiliates have started, both in the USA and around the world, with GYC Europe being just one of them.

In recent years GYC Europe has held a large convention in Linz, Austria, but this year they are holding smaller events called GYC Focus. May 27-30 saw them in Leicester, where we had a power-packed weekend. Attendees came from England, Italy, Germany, France and Iceland to hear inspiring presentations by Sebastien Braxton, Pastor Daniel Pel, Dr Jan Harry Carbuncal, Craig Gooden and Naison Chitiyo. Workshops were held throughout the day, sandwiched between morning and evening worship. A highlight of the weekend was the Sabbath afternoon outreach where a variety of activities were engaged in: tract distribution, singing evangelism, door-to-door surveys and sign evangelism (where people were approached with a sign displaying a question).

Craig Gooden, who serves as the GYC Europe President, said: 'GYC Europe's first Focus event in the UK was a tremendous blessing. From the beginning to the end, the messages, outreach and fellowship proved to be uplifting, encouraging and insightful. Lives were touched during our time together in Leicester and we continue to pray that those who attended will continue to share the Gospel wherever they go.'

For further information on GYC Europe please visit www.gyceurope.org.

'God of Science: Conflict of Worldviews' conference

A mini-conference entitled 'God of Science: Conflict of Worldviews' covering the topics of Intelligent Design, Creation vs. Evolution, and how theology and philosophy feature in all this, was held during Sabbath afternoon, 12 May at Stanborough Park Church. It was attended by around 200 people, with many more watching online via Livestream broadcast. Such was the enthusiasm of one elderly gentleman that he had even set off by train from West Yorkshire at some unearthly hour to attend the event!

The first talk was given by Dr Alastair Noble, director of the Glasgow-based Centre for Intelligent Design UK, which, according to its website, 'seeks to conduct advocacy and public relations for the concept of Intelligent Design'.

Expanding on this, Dr Noble said, 'Design in any system is easily recognised from the specified and purposeful arrangement of its component parts. What we know, for example, about cosmic fine-tuning, biological complexity and the enormous information content of DNA makes design a far more likely explanation. Is it telling that both Richard Dawkins and Bill Gates recognise the computer-like nature of DNA, the latter noting that "DNA is like a computer programme but far, far more advanced than any software ever created"? I think the design inference is blindingly obvious.'

Dr Noble's scientific background as a holder of a PhD in chemistry from Glasgow University makes him well-qualified to reach this conclusion.

His topic for the afternoon was 'Darwin or Design?' and he spoke of how design in nature could not have been created by chance alone, but is evidence of a Designer, reminding his audience of how evolutionists cannot explain such sources of information as DNA.

Later that afternoon Professor Stuart Burgess from the Department of Engineering Design at the University of Bristol, an acclaimed and award-winning academic with expertise in bio-inspired design and optimisation of engineering systems, presented his lecture. He gave an engaging presentation explaining why biblical science is good science, and the conflict between the biblical worldview and the atheistic worldview. He also shared stories about the personal and professional challenges he has experienced as a result of his beliefs.

The event also provided everyone with the opportunity to attend two of the four 'breakout sessions' presented by Dr Noble and three members of Apologetics UK. Dr Noble's session on 'The Evidence for and Implications of Intelligent Design' was a popular choice. Also very popular was Tyson Bradley's session on 'The Intolerance of Tolerance'. He pointed out that we used to tolerate people but not necessarily their ideas, but that we now tolerate ideas (for example, gender identity issues) but not the people who have opposing views. The talk on 'Abortion: Still a Moral Dilemma?' generated a lot of discussion and also got very favourable reviews in the feedback forms. Tom Waters addressed the topic of 'Why Does God Allow Suffering?' – a thought-provoking presentation which was also well received.

Each session presented an opportunity for discussion while questions and answers were dealt with in a plenary session at the very end of the conference.

According to Eustace Cornwall the online feedback was excellent: 'The majority of respondents rated the event "excellent", with everyone stating that the information presented was useful and they were extremely or very likely to attend a similar event in the future.'

The two main sessions were recorded and are available for viewing via the church's website – <http://livestream.com/accounts/640318/events/3160916> – and some four weeks later had received over 600 viewings.

About 20 information packs and DVDs of the conference were ordered at the time. They are available, as is the opportunity to be included on the Intelligent Design Centre's email list, by contacting Dr Noble directly at ANoble1204@aol.com. The website for the Centre for Intelligent Design can be found at: <https://www.c4id.org.uk/>.

Similar events in the future will be announced on the Stanborough Park church's website: <http://stanboroughpark.adventistchurch.org.uk/>.

JUNE COOMBS



'Are EU Ready?'

On Friday 24 June, the day after the EU referendum, evangelist Tristan Cuniah challenged the people of Bristol with a fascinating lecture, entitled, 'The European Union in Bible Prophecy and Brexit – What the Eurosceptics wish they knew'.

Using current events, evangelist Cuniah skilfully drew in the prophetic themes of Daniel and Revelation, demonstrating the closeness of end-time events. A packed church listened intently as he opened the Bible and elaborated on the unprecedented scenes currently unfolding in the political world.

On Sabbath 25 June, all the churches in the Bristol District came together for a joint service, as Elder Cuniah continued his short series with a two-part lecture on the role of 'Islam in Bible Prophecy'. In it he expounded Revelation 9, explaining the symbols and how they had been fulfilled. He raised the point that, even today, God can use religion, powers and movements to serve His purposes, thereby bringing history to its final, inevitable conclusion in fulfilment of prophecy.

The series concluded with a final lecture on 'Signs You Can't Ignore: The King Is Coming, We Are Going Home'. Bringing together the previous themes and prophetic signs, Elder Cuniah enthused the congregation as he summarised the main theme: that of where we are in history in relationship to the nearness of Christ's coming.

It was a wonderful weekend, and all were blessed and had their faith strengthened.

IAN SABADIN, COMMUNICATIONS, BRISTOL CENTRAL



The Great Seventh-day Adventist Bake Off

On 23 October, Urban Island Kitchen will be hosting their second Great Seventh-day Adventist Bake Off at the Advent Centre. Last year the event raised £300 for ADRA-UK and resulted in lots of stunning entries.

It's all about Alice in Wonderland this year. All the entries will be inspired by the novel of that title written by Lewis Carroll and will scream, 'EAT ME'. There will be two categories this year: 'Anything Goes' and 'Free From'. As their names suggest, 'Anything Goes' are cakes made from the usual cake ingredients without any dietary restrictions, while 'Free From' are cakes with at least one dietary restriction. So your cake could be fully vegan or just gluten-free or even just egg-free. It's totally up to you.

So if you are serious about your baking and, even more importantly, serious about raising funds for ADRA-UK, then enter at: thegreatsdabakeoff.splashthat.com.

The goal for this year is to raise a minimum of £1,000: so don't hesitate to enter, or to attend with empty stomachs and full wallets.



Leamington Mission at Peace Festival

Many visitors took the opportunity to experience Leamington Mission's health expo for the second year running. The event was held during Leamington's annual Peace Festival in Leam Park over the weekend of 18 and 19 June, and was organised by Tilly Harrison, with help from local and other church members.

Altogether an estimated 150 people passed through the tent. Encouragingly, a number of participants mentioned how they had visited last year and were returning to see if there had been any change to their health since then.

Also on offer were children's craft activities, and with Father's Day falling on the same weekend this provided a timely opportunity for the children to make personal cards for their dads.

Visitors received advice on how to improve their health and were then given a health challenge. They were invited back for a follow-up programme on Sabbath afternoon, 16 July, a month later, to see if their health age had improved as a result of any changes they had implemented.

Members were delighted when a number of people returned, interested to see how they had done. One person also got chatting at the counselling station and mentioned how they had started reading the Bible and enquired about Bible lessons. Prayers of thanks were given for God's blessings on this community outreach programme.

LORRAINE GLINTON



Don't turn away!

Church members and visitors were faced with the challenge: 'Don't turn away' during the Community Ministries Day held at Hackney Church on Sabbath 9 July. Sabbath School Superintendents Brenda Arnold and Vivian Weekes presented the Mission Spotlight and focused on the work of the Hackney church in the local community. 'Clothing, blankets, hot meals and drinks are given out to those in need. Over 700 meals have been distributed this year and over £400 accumulated by Community Ministry members through fund-raising activities led by our leader, Vilma Williams,' said Vivian. 'We want to continue the work in the



King's Lynn Family Fun Day

Our little, but active, group that worship each week in King's Lynn had a big impact on their local community on Sunday 26 June. Combining health, fun and community integration, the day included everything from bouncy castles and face painting to fire engines and blood pressure testing.

The event was officially opened by the Mayor of King's Lynn and West Norfolk, Councillor Mr David Whitby, who was introduced by local councillor, Patrick Rochford. Both gentlemen, as did many others, took up the opportunity to undertake the tests on offer and receive free health advice. One of the local members, Agnes Chua, said it was great to have such meaningful interaction with the local community and to get involved in purposeful conversations.

Over 100 people, young and old, benefited from the event, many of whom expressed their surprise that the event was free and thought it worthwhile enough to offer to pay anyway! The group intend to have more community impact events in the future as they seek to be 'salt' and 'light' to the folks around them.

PASTOR ADRIAN PECK

community, working together as a team to help those in need,' added Brenda. 'Community services should not just involve those in office but the entire church.'

Eileen Philip read her poem, Dreams of Reality, based on Revelation 21:4, and this was followed by a number of testimonies which glorified God in various ways.

John Mathieu, an elder, then presented the Sabbath School lesson, after which the Sabbath School superintendents reminded everyone that 'we have to care for others and demonstrate love to all people. It is our Christian duty to reach out to others and not to send people away. We are to feed and clothe the homeless and share the Word of God with them as commissioned in Matthew 28:18-20. We are all ambassadors of God.'

During the sermon Pastor Ray Patrick spoke of his passion for community ministries, reminding the congregation that Jesus mingled with individuals, met their needs, gained their confidence and then invited them to follow Him, emphasising that 'you may not have much to give, but if you have Jesus then you have everything – more than enough.'

DARELL J. PHILIP, PR AND COMMUNICATIONS ASSISTANT



Daniel and Philip making their baptismal vows



Daniel's father, brother and sister take their stand for the Lord



John Webb, centre, flanked by Daniel (left) and Philip (right)

Bedford Central celebrates

On Sabbath, 18 June, Bedford Central was full of sunshine as family, friends and regular members celebrated an afternoon of praise and worship to welcome two souls through baptism. They were Philip Bartlette, who has a long association with Bedford Central Church stretching back to his childhood, and Daniel Miron, who joins Bedford Central from Romania.

Pastor Terry Messenger oversaw the proceedings in what was his second baptismal service after only 6 months in his tenure at Bedford Central. He delivered a heartfelt plea for those present to recommit to God, and upon hearing this call Daniel's identical twin brother, dad and sister also took their stand for the Lord, pledging to be baptised at the next baptism.

John Webb was also welcomed into the church after being baptised at the SEC Camp Meeting the previous week. The meditative song, 'I Surrender All', delivered by Maxwell Rodney-Sargeant, summed up the commitment made by the candidates. We give God all the thanks and praise for these wonderful additions to His kingdom, and pray that He will cover them with His love and protection as they embark on their new journey with Him.

JAZ RODNEY-SARGEANT (COMMUNICATIONS ASSISTANT)



The baptism of Happiness!

Sabbath 4 June was a beautiful day in Carter Knowle Road Church, especially because of the baptismal service for one of our very special members – Thabsile Happiness Msezane Ncube – known to all of us here at CK as Happiness.

Although she has been worshipping with us for quite some time and actually witnessed the baptism of her husband and two children last May, it wasn't until this year that she decided to be baptised.

As Happiness was the only candidate, a special programme was planned solely for her. The officiating minister was the local pastor, Victor Marshall, who was assisted by the head elder, Ree Muroiwa. Pastor Steve Palmer, who was visiting us that day, presented the sermonette and made the appeal.

Happiness's two children, Joyful and Nothando, also took part in the service – making it a family affair. Joyful read the Scripture reading prior to the sermonette and Nothando read Psalm 118:5 – her mother's chosen Bible text.

Special musical items were presented by family friends Ntombizodwa Tembo and Lorrilla Holmes, along with an item by the Rejoice Choir.

As Happiness emerged from the baptismal pool, her face was wreathed in smiles and she exuded the happiness befitting her name!

Happiness was then welcomed into CK Church by all the local elders, the pastor and the members, after which photos were taken and refreshments served, rounding off another wonderful day during which there was great joy in heaven too!

CK COMMUNICATION TEAM

Sydenham Health Day

All roads led to Sydenham Church on Sabbath 18 June for a special presentation on health by Fisayo Oyelakin (MPharm), who raised awareness about the benefits of drinking adequate amounts of water.

During the worship service C. Butcher also spoke on the theme of living longer and healthier lives.

After lunch we further benefited from a professional and interactive presentation by Joni Blackwood, a fitness expert, who was assisted by the writer.

By the end of the day the members were all refreshed, motivated, informed and able to live more healthy lives.

LORIS DOUGLAS (SYDENHAM HEALTH MINISTRIES LEADER)



PHOTOS BY HAJDI ADAMOVI



Swansea Church opening: 'Hold us to account'



Councillor Mike Day

Pastor John Surridge



The morning congregation

On Sabbath 30 July, after many years of planning, saving and waiting, the brand-new Swansea Seventh-day Adventist church was finally officially opened. Some two hundred people attended the event, including representatives from the council, leaders of other churches, officers of the Welsh Mission and BUC, local members, Adventist well-wishers from all over the UK and, significantly, about fifty visitors from the surrounding community.

'It has always been our intention to be a community church,' said Pastor Jovan Adamović, who, together with local member Dr Ian Cameron, has carefully steered the project from its earliest design phase. Over the years the Swansea members have been closely involved with the local community, running healthy eating clubs, providing support for refugees, supplying 'street pastors' and visiting prisoners. The importance of this kind of community work was stressed by local councillor Mike Day, who, speaking during the morning service, also delivered a personal message from the Lord Mayor of the City and County of Swansea, Councillor David Hopkins.

Principal architect, Richard Liddell, whose practice specialises in church design, described the different elements which are important in designing a 'community-friendly' church. 'You need to be seen by the community,' he said, 'which is why there is so much glass in this building. You want people who are passing by on the street to look in and be interested in what is going on.' Even as he spoke, the occupants of cars queuing at the traffic lights on Gower Road could be seen turning their heads, gazing in surprise at the once-empty but now crowded building.

Newly appointed Welsh Mission President, Pastor Emanuel Bran, whose wife Camelia sang during the service, was impressed as he saw the building for the first time. 'Many of our churches could

learn from what has been done here,' he said.

Outgoing Welsh Mission President, now BUC Executive Secretary, Pastor John Surridge, gave the morning sermon and compared the history and use of the Old Testament temple with churches today: pointing out that the temple failed when it ceased to represent and serve the community. He then challenged the Swansea members to keep their church focused on those living in the Sketty area. As a good number of these people were present he also addressed them. 'Hold us to account,' he said. 'If we are failing to serve you as a community, don't be afraid to tell us.'

The afternoon programme was devoted to personal testimonies. Pastor Jeremy Tremeer, who began his ministry in the Swansea district, presented a brief history of the church which had been prepared by former Welsh Mission President, Dr Brian Phillips. Erica Cameron (née Rees) told of how she had been brought up, baptised and married in the church, and Alvin and Anthea Fielding showed a picture from their own wedding in the old building. Mrs Margaret Howells, church clerk, former children's Sabbath School teacher and matriarch, told stories from her recollections of the church in days gone by, including when it was used to host the 'Swansea Business College' run by Frank Powell. Although not a Seventh-day Adventist at the time, Margaret enrolled in the college as a teenager in 1945.

Thanks to legacies left many years ago by two faithful members, Gertrude Hughes and Morfydd Jones, the new Swansea church is able to embark on its new mission free of debt. We are grateful for the faithfulness of members past and present and look forward to God's continued blessings on the Swansea church in the future.

COMMUNICATION SECRETARY



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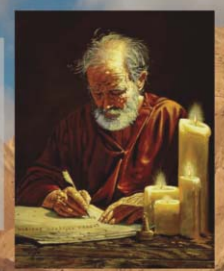
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obituaries

Gwyneth Joan Rogers (née Pope) (1925-2016) d. 17 April. On 28 April 2016 at Lydney Funeral Home a service of thanksgiving took place, led by Pastor David Rancic, to celebrate the life of Gwyneth Joan Rogers (née Pope), who died on 17 April aged 90.

She was born in Newport, Monmouthshire, on 24 June 1925 – the eldest of five children, of whom only Donald and Irene survive with their families to grieve her loss.

Gwyneth recalled moving to Abersychan in the eastern valley of Gwent in the 1930s. After finishing school she worked at Sunnybank Stores in Griffithstown, and then for F. W. Woolworth's in Pontypool.

She had contact with the membership of the Pontypool and Newport Adventist churches in her teens and twenties, when she committed her life to Jesus. Upon her marriage to Norman Rogers she transferred to the catering section of Woolworth's in Newport. At the same time she kept up her contact with Newport Church.

The members of Newport will remember her as a cheerful and enthusiastic Christian who sought to share her experiences of faith with others and brought her husband to church activities. Her move to Lydney shortly before Norman's retirement was a big decision for her, but she made a point of keeping her ties to church. The sad loss of Norman at the age of 73 affected her deeply, but with the help of church members she still attended as often as she could.

Gwyneth frequently spoke of how God had taken care of her when she was living alone, supplying new friends and contacts in her home area. Sid Gresty became a regular companion to her in her later years until his death. Her sense of humour and unshakable faith in her Saviour meant that she will be sadly missed by all who knew her.

WENDY SAMMONS (NEWPORT ELDER)



Mary Myles Hulbert (née Thomson) (1930-2016) d. 12 June. Mary Myles Hulbert, wife of Pastor Roy Hulbert and mother to Gordon Hulbert, passed to her rest on Sunday, 12 June 2016, aged 85.

May, as she was more commonly known, was born on 10 August 1930 in Kirkcaldy, Fife, to David Thomson and his wife Agnes. She was baptised at the age of 11 in 1941 and played a great part in the local church community.

After completing grammar school in Stirling she went to Newbold Missionary College, where she completed the two-year theological training for Bible work and met her future husband, Roy. After graduating in 1950, May was employed by the North England Conference as a Bible instructor and commenced work in Blackpool on 1 October 1950 under Pastor John G. Bevan. In 1952 she moved to Mansfield to work with Pastor Tom L. Gillett and his successor, Pastor C. D. Watson (who subsequently married the happy couple). In 1953 she was in Sheffield in support of an evangelistic campaign led by Pastor Ken A. Elias.

The next year, on 12 July, May and Roy married, and they stayed devoted to each other for the next 62 years. May supported Roy in his work as a pastor, evangelist and teacher. In February 1958 they left the NEC for West Africa, where they served in both Nigeria and Sierra Leone, eventually returning to the British Union in August 1967. They considered service in Africa to be one of the highlights of their career. In 1963 Roy and May welcomed a new member to the family, Gordon, who was born in Stirling, Scotland, during May's maternity leave.

September 1967 saw Roy and May taking up work in the Irish Mission, where they remained until December 1973. January 1974 saw a return to the North England Conference, where they served until Roy's retirement in June 1990 – although they continued to serve as a pastoral couple until 1993. Roy and May settled near Kettering, and for a number of years remained the backbone of the Wellingborough church until it was closed. They then became members in Kettering.

May suffered a stroke in February 2016 and her health steadily declined. The funeral service was jointly led at Kettering Church by Pastors Andrew Rashford-Hewitt and John Ferguson. Pastor Ferguson shared his own fond memories of Roy and May, having been

baptised by Pastor Hulbert and also having followed him into ministry in the Kettering/Northampton district upon Roy's retirement.

During the service their son, Gordon, suggested that 'If Dad could be said to be the head and heart of his ministry, Mum would surely be the soul. She threw herself headlong into the pastor's wife role and never held back.' Her nephew, Pastor Victor Hulbert, reminded the congregation of May's sharp sense of humour, but also the high regard in which she had been held everywhere they served. There were also moving tributes from Ingrid Sharpe and Roger Brown.

Looking back over a very full life together, Roy paid her this personal tribute: 'Words cannot express how much I owe her as a friend, as a companion, as a wife.' He, along with family and friends, now looks forward to the reunion with her on the day of Christ's return.

PASTOR VICTOR HULBERT

Barbara Izasars (1924-2016) d. 13 June. Barbara was born in Birmingham, where she became a Seventh-day Adventist. She trained as a secretary at Greenmore College, Birmingham, then went to Newbold College. After that she worked at Stanborough Press, Watford, as a short-hand typist from June 1947.

In 1949 Barbara moved on to serve as a stenographer at the Voice of Prophecy. She continued there until August 1953, when she left to marry Tony Izasars on the ninth of that month. She returned to denominational work at Stanborough School in October 1956, but left again in 1963 to give birth to her daughter, Linda. In June 1976 Barbara returned to work, this time at the South England Conference, where she served as receptionist, secretary and conference church clerk until her retirement in January 1989.

Barbara was an 'activist'. Christianity was for her a 'doing' faith as well as a 'believing' one. She, with Doris Clark, ran what was known as the Welfare Hut, from which she contributed items for Pat Walton's jumble sales. She and her husband Tony were always active and engaged in church activities, community projects and helping friends and those in need.

Sadly, Barbara spent the last few weeks of her life in hospital, where she received visits from many friends and much care from her daughter, Linda. Barbara was an organiser and Linda found a 'to do' list in her mum's notebook

at the hospital, descriptive of Barbara's interests: especially the bookcase, as she was a 'consumer' of books. It read:

1. Organise kitchen cupboard.
2. Tidy bookcase.
3. Buy Maltesers.

Barbara is missed by her husband Tony, her daughter Linda and her many friends. She led an active life to the end. Now, as she awaits the return of the Saviour she loved, we know there will be plenty to engage her energies in the earth made new.

The funeral service and cremation took place at Stanborough Park Church and the North Watford Crematorium, respectively. These were conducted by Pastor P. Anderson and the writer.

PASTOR PATRICK J. BOYLE

Helen Joyce Whilding (1916-2016) d. 20 June. Joyce, as she was known, was born into a Quaker family in Sheffield. At the age of five she began attending a private kindergarten and was later sent to a Quaker boarding school at Ackworth in Yorkshire, where she spent many happy years. She graduated with a comprehensive education which qualified her for useful service in the community.

During the Second World War Joyce cared for children in a residential home, and later joined the Wrens and served at Avonmouth docks.

In 1946 she married and her surname changed to King. She and her husband were blessed with two wonderful sons, Harold and Malcolm, who displayed love, affection and care for their mother in her declining years. They exemplified all the Christian qualities witnessed in their mother.

Joyce's life took another path in 1951 when she was invited by the late Nora Marriner to help out in a Sunday school run by Stanborough Park Church. This connection led to Joyce being baptised into the Adventist faith by Pastor A. K. Armstrong on 29 June, 1957. She later worked at the VOP office with Pastors Warland and A. C. Vine from 1963 to 1967.

Several years after her husband died Joyce married Ronald Whilding, a church member, who died in 2003. Joyce was an active serving Christian and during the 1990s and 2000s she was secretary to the Senior Members' Group at Stanborough Park Church. She was a beautiful Christian person who believed in serving others, and this was seen in all her relationships.

In her later years Joyce

suffered with dementia and was cared for by a large number of kind and gracious people. She delighted in the singing group led by Dr Susie Moser, who regularly visited her home on Sabbaths.

She passed to her rest on 20 June at the Peace Hospice, Watford, a few months short of what would have been her hundredth birthday. Both her sons were present. Her interment took place in North Watford Cemetery, where, with many members of Stanborough Park Church, she awaits the call to everlasting life from the Saviour she loved and served.

Pastor Philip Anderson and the writer conducted her services.

PASTOR PATRICK J. BOYLE

Dorothy Saunders (née Alen) (1932-2016) d. 30 June. Dorothy attended the Ipswich Adventist church from 1938, when her mother was baptised.

She grew up in this small church community and was baptised as a teenager. Around that time she attended a youth congress in Paris, which was quite an event, the Second World War having only just ended.

She met her future husband, John Saunders, when she went to the new rollerskating rink, and introduced him to Jesus. He was baptised and they were subsequently married in 1954. Sadly, John passed away in 1985 and so she spent many years as a widow.

She was a keen birdwatcher and would often visit the bird sanctuary at Minsmere in Suffolk, sometimes taking young people with her. She also loved swimming in the sea until recently.

Dorothy served her church and community faithfully and at various times she was head deaconess, Pathfinder leader, organist, choir leader and Sabbath School teacher. Latterly, as her health failed, she was grieved that she could not attend church as regularly as she would have liked. She was very loyal though, and when she was able to go, although unable to see or hear much of the services, she really appreciated the hugs of friendship.

She will be truly missed by her three children: Janice, Adrian and Gerald, and their partners; her nine grandchildren; three great-grandchildren; and also by the Alen family and the Ipswich church.

We all look forward to receiving the promise of eternal life, which sustained Dorothy during her Christian experience.

The family would like to thank

all those who attended the funeral and sent messages of sympathy.

MARGARET ALEN



Open Day transport

Brother Hubert Smiley is arranging the usual coach transport to the Stanborough Press Open Day this year, from both London (Croydon, Brixton, Battersea and Fulham) and the West Midlands (Pendeford, Wolverhampton, Great Brickkiln, Walsall, Handsworth and Camp Hill).

For details, including fares, please phone 07868288310 or 01384213803, or email Hubert.smiley18@gmail.com. Failing those methods, dial 07831958114 or 07736509625.

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Sunset

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	London	Card	Nott	Edin	Belf
Aug 26	7.59	8.12	8.06	8.22	8.29
Sept 2	7.44	7.56	7.50	8.04	8.12
9	7.28	7.40	7.34	7.45	7.54
16	7.12	7.24	7.17	7.27	7.37

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