



Our Firm Foundation

Volume 21, Number 2

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The Seventh-day Sabbath

Christ Our Righteousness

The Immutable Law of God

The Non-Immortality of the Soul

The Three Angels' Messages

The Sanctuary

The Fruits *of* *Holiness*



Lee Forbes

Live Like You Were Dying

How many of your plans for the future have you surrendered to the Lord?

Recently, I heard a song about a fellow who had a short time to live and the way he lived after that. He began to focus more on his relationships. Should we not all do the same? "We then, as workers together with Him, beseech you also that ye receive not the grace of God in vain. (For He saith, I have heard thee in a time accepted, and in the day of salvation have I succored thee: behold, now is the accepted time; behold, now is the day of salvation)" 2 Cor. 6:1. *Manuscript Releases*, vol. 16, 189.3; 190.1

How often have you been asked how you would live your life if you knew you had but a few days left? What has been your response?

I work with and teach young people both in the secular and spiritual environments. I hear the comments about the present and the plans for the future.

My concern is that, most of the time there is little or no mention of God in their plans. It is disconcerting to observe that this population group is more concerned about their temporal life at the expense of submission to God at such a time in earth's history. With the current concentration of local and global catastrophic events, the precariousness of life has become more evident. Take for instance the patriarch Job. One moment he is a prosperous man. The next moment, he is sitting in a pile of ash covered with noisome boils in the company of a wife urging him to curse God so he can die. But his long-established relationship with God gave him resolve to trust the Lord to the end.

See Job 13:15".

What would you do differently if you had to live like you were dying? Furthermore, are not we as Christians dying anyway? In 1 Corinthians 15:31, Paul makes this statement, "I protest by your rejoicing which I have in Christ Jesus our Lord, I die daily." What does that mean to you? Could it mean that we should live everyday as if it were the last day of our lives? If anyone knew how to live as though his next few moments could be his last it was Paul. He was shipwrecked, stoned, left for dead to name but a few. See Colossians 4:5,

In an article entitled, "Talk to Ministers," the Spirit of Prophecy makes this statement, "Let none here shut themselves away from God by their perversity of spirit, and then keep complaining that they have no light. Arise, dear souls; arise by faith, and do what you ought to do. Christ says, Follow Me, and you shall not walk in darkness. Let go your human wisdom, and ask God for that wisdom which is pure, elevating, and ennobling, and it shall be given you. Come up out of the cellar of doubt, of unbelief, of jealousy, and evil surmising, into the upper chamber of faith, hope, courage, and thankfulness. Make melody to God in the heart. The garden of the Lord is strewn with precious flowers. Gather the roses and the lilies and the pinks from God's spiritual garden. . . . Let not the world receive the impression that there is no peace nor joy nor happiness in serving the Lord. {1888 145.1}

It is Satan's work to misrep-

resent the Father and His Son, to misrepresent truth and gloss over error, making it appear as truth. But connected with God, we may distinguish between the genuine and the spurious. Light will dispel darkness. Why should we not avail ourselves of God's gracious promises, returning the glory to Him in heartfelt thanksgiving? Christ died for us that we might enter into possession of eternal riches. With hearts filled with gratitude to God, let us use the opportunities He has placed within our reach, that we may be fitted and prepared for the mansions Jesus has gone to prepare for those who love Him. If we fail through indolence, unbelief, worldliness, or covetousness, we shall suffer irreparable loss, for we shall lose an eternity of bliss. I tell you in the fear of God that day by day we are forming characters that will decide our destiny for weal or for woe. {1888 145.2}

Heaven is a holy place, and there entereth into it nothing that defileth. We cannot be truly happy here unless God's will is our will, unless we are sanctified to God, body, soul, and spirit. The more we think of heaven, the more happiness we shall have.—*Manuscript 8a, 1888. {1888 145.3}*"

Friends, we have precious little time left! Live it to the fullest! And live it for God! 📖



Lee Forbes lives in West Virginia. He is a roofing contractor by trade, but his favorite pastime is teaching others how to study God's Word.



Our Mission - It is the mission of Hope International and the editors of *Our Firm Foundation* to clearly present Christ and His truth. The days remaining for this world are few, and we must work quickly. We must boldly proclaim the historic truths of Adventism that place us on so firm a foundation in the midst of this troubled world.—Editors

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The Fruits of Holiness

Holiness will lead its possessor to be fruitful,
and abound in all good works.

Ellen G. White



Holiness of heart and purity of life were the great subjects of the teachings of Christ. In His sermon on the mount, after specifying what must be done in order to be blessed, and what must not be done, he says, "Be ye therefore perfect, even as your Father which is in heaven is perfect." Matthew 5:48. Perfection, holiness—nothing short of this would give them success in carrying out the principles He had given them. Without this holiness, the human heart is selfish, sinful, and vicious.

Holiness will lead its possessor to be fruitful, and abound in all good works. He will never become weary in well-doing, neither look for promotion in this world; but he will look forward to be promoted by the Majesty of heaven when He shall exalt His sanctified and holy ones to His throne. Then shall He say unto them, "Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world," enumerating the works of self-denial and mercy, compassion and righteousness, they have wrought. Matthew 25:34.

Holiness of heart will produce right actions. It is the absence of spirituality, of holiness, which has led to unrighteous acts—envy, hatred, jealousy, evil surmisings, and

every hateful and abominable sin.

The words of Christ have been plain. "Strive [agonize] to enter in at the strait gate: for many, I say unto you, will seek to enter in, and shall not be able." Luke 13:24. Professed Christians are not all Christians at heart. There are sinners in Zion now, even as there were anciently. Isaiah speaks of them in referring to the day of God:

"The sinners in Zion are afraid; fearfulness hath surprised the hypocrites. Who among us shall dwell with the devouring fire? Who among us shall dwell with everlasting burnings? He that walketh righteously, and speaketh uprightly; he that despiseth the gain of oppressions, that shaketh his hands from the holding of bribes, that stoppeth his ears from hearing of blood, and shutteth his eyes from seeing evil; he shall dwell on high: his place of defence shall be the munitions of rocks: bread shall be given him, his waters shall be sure." Isaiah 33:14–16.

Consequences of Ignoring Reproof

The people of God are not ready for the fearful, trying scenes before us, not ready to stand pure from evil and lust amid the perils and corruptions of this degenerate age.

They have not on the armor of righteousness, and are unprepared to war against the prevailing sin and iniquity around them. Many are not obeying the commandments of God; yet they profess so to do. If they would be faithful to obey all the statutes of God, they would have a power that would carry conviction to the hearts of the unbelieving.

Men and women professing godliness, yet not sanctified by the truth they profess, will not change materially their course of action, which they know is hateful before God, because they are not subjected to the trial of being reproofed individually for their sins. They see in the reproofs given to others, their own cases faithfully pointed out before them. They are cherishing the same evils.

By continuing their course of sin, they are violating their consciences, hardening their hearts, and stiffening their necks, just the same as if the reproofs had been given directly to them. In passing on, and refusing to put away their sins and correct their wrongs by humble confession, repentance, and humiliation, they choose their own way, and are given up to the same, and are finally led captive by Satan at his will.



They may become quite bold because they are able to conceal their sins from others, and because the judgments of God are not seen in a visible manner upon them. They may be apparently prosperous in this world. They may deceive poor, short-sighted mortals, and be regarded as patterns of piety while in their sins. But God cannot be deceived. "Because sentence against an evil work is not executed speedily, therefore the heart of the sons of men is fully set in them to do evil. Though a sinner do evil an hundred times, and his days be prolonged, yet surely I know that it shall be well with them that fear God, which fear before him: but it shall not be well with the wicked, neither shall he prolong his days, which are as a shadow; because he feareth not before God." Ecclesiastes 8:11-13.

The life of the sinner may be prolonged upon the earth, yet not in the earth made new. He shall be of that number whom David mentions: "For yet a little while, and the wicked shall not be: yea, thou shalt diligently consider his place, and it shall not be. But the meek shall inherit the earth." Psalm 37:10-11. Mercy and truth are promised to the humble and penitent, and judgments are prepared for the sinful and rebellious. "Justice and judgment are the habitation of Thy throne." Psalm 89:14. A wicked and adulterous people will not escape the wrath of God and the punishment they have justly earned.

Obedience Required

Man has fallen: and his is a work of a life-time, be it longer or shorter, to recover from

his fall, and regain, through Christ, the image of the divine, which was lost by sin and continued transgression. God requires a thorough transformation of soul, body, and spirit, in order to regain the estate lost through Adam; and He mercifully sends rays of light to show

who profess to be looking for and loving the appearing of Christ, should not follow the course of worldlings. They are no criterion for commandment-keepers. Commandment-keeping Adventists are occupying a peculiar, exalted position. John viewed them in holy

The Seventh-day Adventists who profess to be looking for and loving the appearing of Christ, should not follow the course of worldlings.

man his true condition. If he will not walk in the light, he manifests a pleasure in darkness. He will not come to the light lest his deeds shall be reprov'd. See John 3:19-21.

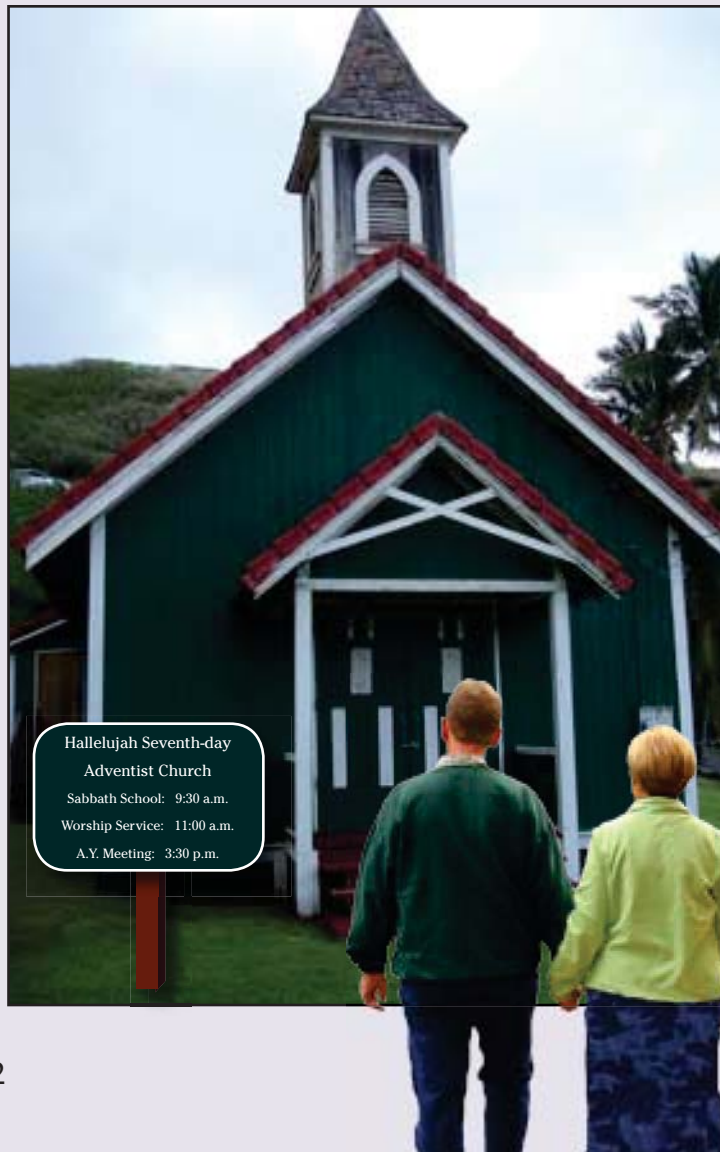
The Seventh-day Adventists

vision, and described them. "Here are they that keep the commandments of God, and the faith of Jesus." Revelation 14:12.

The Lord made a special covenant with His ancient Israel if they

would prove faithful: "Now therefore, if ye will obey My voice indeed, and keep My covenant, then ye shall be a peculiar treasure unto Me above all people: for all the earth is mine: and ye shall be unto Me a kingdom of priests, and an holy nation." Exodus 19:5-6. And He thus addresses His commandment-keeping people in these last days: "But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should show forth the praises of Him who hath called you out of darkness into his marvelous light." "Dearly beloved, I beseech you as strangers and pilgrims, abstain from fleshly lusts, which war against the soul." 1 Peter 2:9, 11.

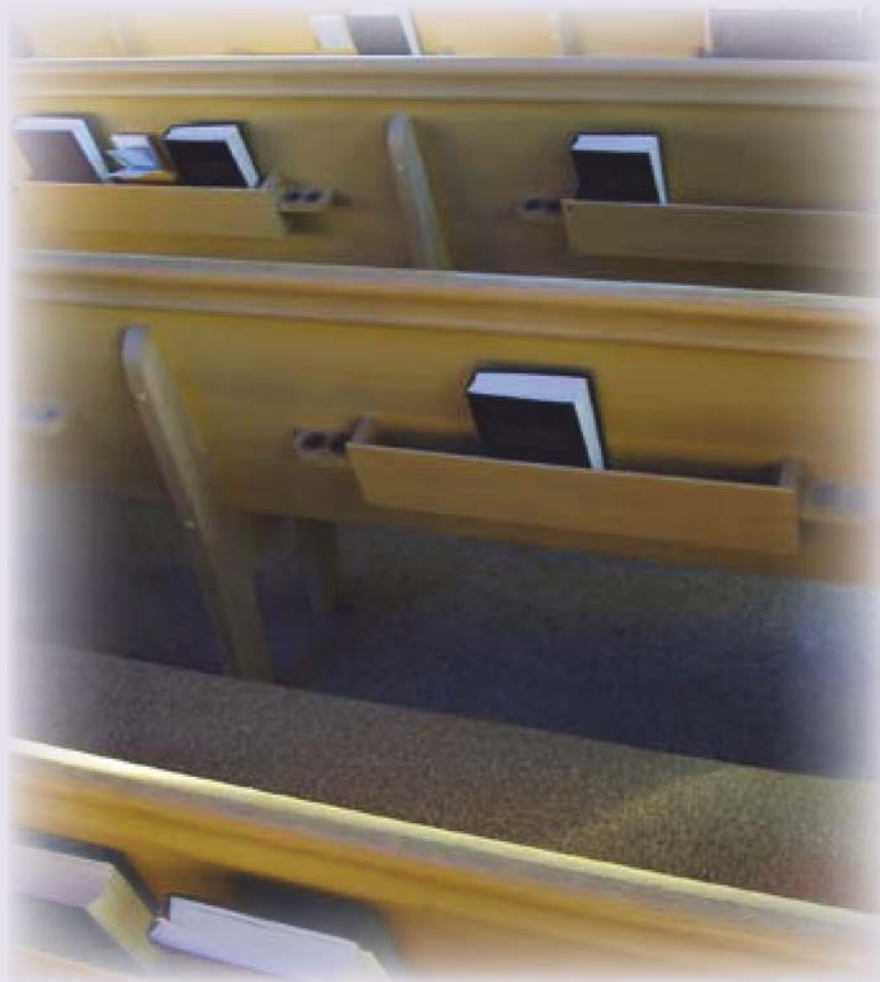
Seventh-day Adventists, above all people in the world,



Hallelujah Seventh-day
Adventist Church
Sabbath School: 9:30 a.m.
Worship Service: 11:00 a.m.
A.Y. Meeting: 3:30 p.m.

Photos: © StockPhoto.com (church), Hemera Photo Objects CD (couple & grapes)

should be patterns of piety, holy in heart and in conversation. The warnings, corrections, and reproofs are not given to the erring among them because their lives are more blameworthy than professed Christians of the nominal churches, or because their acts and examples are worse than those of people who will not yield obedience to the claims of God's law; but because they have great light, and have by their profession taken their position as God's special, chosen people, having the law of God written in their hearts.



They signify their loyalty to the God of heaven by yielding obedience to the laws of His government. They are God's representatives upon the earth. Any sin or transgression in them separates them from God, and in a special manner dishonors His name, by giving the enemies of God's holy law occasion

to reproach His cause and His people, whom He has called "a chosen generation, a royal priesthood, an holy nation, a peculiar people," that they should show forth the praises of Him that hath called them out of darkness into His marvelous light.

Reproof Accepted

The people who are at war with the law of the great Jehovah, who consider it a special virtue to talk, and write, and act the most bitter and hateful things to show their contempt for that law, may make a high and exalted profession of love

to God, and apparently have much religious zeal, as did the Jewish chief priests and elders; yet in the day of God, "Found wanting" will be said by the Majesty of heaven. Daniel 5:27. "By the law is the knowledge of sin." Romans 3:20. The mirror which would discover to them the defects in their char-

acter, infuriates them, because it points out their sins.

But the people who profess to keep the law of God, He corrects, He reproofs. He points out their sins, and lays open their iniquities, because He wishes to separate all sin and wickedness from them, that they may perfect holiness in His fear, and be prepared either to die in the Lord, or to be translated to heaven. God will rebuke, reprove, and correct them, that they may be refined, sanctified, elevated, and finally exalted to His own throne.

Ample provisions have been made for all who sincerely, earnestly, and thoughtfully set about perfecting holiness in the fear of God. Power and strength, grace and glory, have been provided through Christ, to be brought by ministering angels to the heirs of salvation. None are so low, and corrupt, and vile, but that they can find in Jesus, who died for them, strength, purity, and righteousness, if they will put away their sins, stop their course of iniquity, and turn with full purpose of heart to the living God.

He is waiting to strip them of their garments, stained and polluted by sin, and to put upon them the white, bright robes of righteousness; and He bids them live and not die. In Him they may flourish. Their branches will not wither nor be fruitless. If they abide in Him, they can draw sap and nourishment from Him, be imbued with His Spirit, and walk even as He has walked, overcome as He has overcome, and be exalted to His own right hand. 📖

Review and Herald, September 7, 1886.



Ellen G. White, 1827–1915, received the spiritual gift of prophecy, and the fruits of her life and work accord with the biblical tests of a true messenger of God. To this day, her counsels are an incalculable blessing to God's people around the world.



Your Television and Eternity



Admiral Ncube

Part 3

***Expending the powers of the mind on secular trivialities
can culminate into irreversible spiritual damage.***

In this concluding series, the writer emphasizes the perversion of truth by those who try to imitate it in producing so-called religious programs—Editors.

Perversion of Truth

Just because drama is religious or true does not mean it is good. On the contrary, it may be more dangerous not only because it appears harmless, but because it may border on sacrilege or blasphemy. There is a lot of exaggeration and perversion of truth in most of the religious drama being screened. The love for money induces the producers to exaggerate some scenes. These errors will never convert or sanctify anyone. (See *Review and Herald*, September 30, 1909.) It is highly probable that many view such works to merely satisfy their love of fiction. How else can they listen to a perversion of truth without their conscience being stirred?

Cecil B. DeMille produced a movie called "The Ten Commandments." Many Adventists justified their attendance by stating that it was a *religious* movie. But *Time* magazine, in its issue of

November 12, 1956, from a non-Christian view point pointed out:

"With insuperable piety, Cinemogul DeMille claims that he has tried 'to translate the Bible back to its original form,' the form in which it was lived. Yet what he has really done is to throw sex and sand into the movie goer's eyes for almost twice as long as anybody else has ever dared to. [The film is about three and a half hours long.] He throws it very cleverly indeed. The dancing girls are numerous, nubile and explicitly photographed. Yul Brynner, as the Pharaoh, swaggering barelegged across the screen, will delight his millions of feminine admirers. Even Moses, a part in which Charlton Heston is ludicrously miscast, looks less like a man who staggers into the desert to find God than one who flies to Palm Springs to freshen up his tan. . . . There are moments, in fact, when it seems that the Seventh Commandment is the only one DeMille is really interested in; to the point where the Exodus itself seems almost a sort of Sexodus—the result of Moses' unhappy (and purely fictional) love life.

"Is this blasphemy? Technically not; but it is sometimes hard to determine where the fine line between bad taste and sacrilege is to be drawn. When God speaks to Moses from the burning bush, out booms a big, creamy bass voice that sounds like nothing so much as a TV announcer making a pitch for a local funeral home. At such moments it is impossible to avoid the impression that the moviemaker, no doubt without intending to, has taken the name of the Lord in vain."

What we need is a thorough knowledge of God's will not acted out by ungodly men and women but from a diligent study of His Word. As we prepare for eternity, we need to make hard decisions about guarding the avenues of our minds. Religious movies, in whatever form they come, are condemned of God. They are contrary to the principles of purity and honesty set out in God's Word. May God help us to shun them and find true joy in Christ.

"These things have I spoken unto you, that My joy might remain in you, and that your joy might be full.' John 15:11. The joy that comes

from any source other than Christ is valueless. It is a pretense, an emotion that brings no abiding satisfaction." *Signs of the Times*, September 7, 1904.

Sports and News

Some may ask, What about sports? From inspiration, the danger is so much emphasis on competition thus promoting pride and self-glorification. The excitement which is ignited among those who watch and those who participate, is not favorable to the perfection of character given that humility and meekness are qualities of a true Christian. Furthermore, God's counsel through Ellen White enlightens us that through sports Satan intends to interpose between

is not favorable to the perfection of Christian character." *Adventist Home*, 499.

"How much time is spent by intelligent human beings in horse racing, cricket matches, and ball playing! But will indulgence in these sports give men a desire to know truth and righteousness? Will it keep God in their thoughts? Will it lead them to inquire, How is it with my soul?

"All the powers of Satan are set in operation to hold the attention to frivolous amusements, and he is gaining his object. He is interposing his devisings between God and the soul. He will manufacture diversions to keep men from thinking about God. The world, filled with sport and pleasure loving, is always

If we cannot control the TV in the home, then we should look for other ways of obtaining news.

God and us. We therefore, are much safer staying away from such amusements for their influence is not favorable to the perfection of Christian characters.

"I do not condemn the simple exercise of playing ball; but this, even in its simplicity, may be overdone. I shrink always from the almost sure result which follows in the wake of these amusements. It leads to an outlay of means that should be expended in bringing the light of truth to souls that are perishing out of Christ. The amusements and expenditures of means for self-pleasing, which lead on step by step to self-glorifying, and the educating in these games for pleasure produce a love and passion for such things that

thirsting for some new interest; but how little time and thought are given to the Creator of the heavens and the earth!" *Counsels to Parents, Teachers, and Students*, 456.

Though the TV can be useful as a source of information, we need to exercise great caution in selecting programs that meet the biblical standard for purity. Restrictive resolutions have in many cases failed because of the content of some of the commercials that come in between the "good and educational" programs. In some instances, the educational and informative programs may contain a few words bordering on profanity. This makes policing very difficult. How do you know what will flash on the screen next and hypnotically grab you until you have watched the whole thing? If we cannot control the TV in the home, then we should look for other ways of obtaining news.

Children's Programs

Even the so-called "harmless" cartoons are actually filled with more violence than most adult films. A study revealed that the cartoons contain 98% violence with an average of 30 acts of violence every two minutes! Have you ever wondered why our children know more about shooting, killing and fighting than anything else? To make matters worse we buy them guns, knives and other weapons as toys! What on earth are we teaching them?

Worse still have you noticed how parents and teachers are generally portrayed in most TV programs? Very often they are depicted as incompetent and old-fashioned with no ability to make sound decisions. Marriage is also represented as a dull game in which both players cheat or are unfaithful. Most of these shows subtly undermine and erode the basic principles of home and society. It should be no great wonder that our greatest social problem today is how to keep the family from disappearing as the foundational unit of society.

Unsanctified Actors

The private lives of actors and actresses in the business of drama cannot pass without comment. Can you think of an actor or actress of note who has not gone through the divorce court? Or one who does not smoke and/or drink alcohol? Who among us would buy food produced under filthy and unhealthy conditions? Such a place cannot possibly produce good, wholesome food. The same can be applied to actors and actresses whose lives are contrary to the principles they try to portray in the commercial religious drama. We cannot allow unsanctified actors to "minister" to us what they do not practice. In fact, no drama portrayed by unsanctified actors and actresses can possibly be good.

"There are fearful woes for those who preach the truth, but are not



sanctified by it, and also for those who consent to receive and maintain the unsanctified to minister to them in word and doctrine. I am alarmed for the people of God who profess to believe solemn, important truth, for I know that many of them are not converted nor sanctified through it. Men can hear and acknowledge the whole truth, and yet know nothing of the power of godliness. All who preach the truth will not themselves be saved by it. Said the angel: 'Be ye clean, that bear the vessels of the LORD.' Isaiah 52:11." *Testimonies*, vol. 1, 261–262.

Thought Questions

In conclusion, the TV is less a necessity than a snare in most homes. The truth is if we cannot control the TV in our homes then, sadly, it is controlling us! Our so-

ciety is sinking deeper and deeper into sin and as professed followers of God we cannot afford to be naïve by joining the bandwagon of iniquity. The time has come for us to take an inventory of our lives. Here are some questions to consider:

- 1 Is the TV set in your home for God's glory?
- 2 How many hours a week do you spend watching TV? Compare these with the total devotional time you have per week.
- 3 Could it be that the TV is an idol in your home and life?
- 4 Are you able to host Jesus in your home without changing your TV channels?
- 5 Are you prepared to have Jesus come and find you before your TV set without feeling embarrassed?

"Many who suppose they are

going to heaven, are blindfolded by the world. Their ideas of what constitutes a religious education and religious discipline are vague, resting only on probabilities. There are many who have no intelligent hope, and are running great risk in practicing the very things which Jesus has taught that they should not do, in eating, drinking, and dressing, binding themselves up with the world in a variety of ways. They have yet to learn the serious lessons so essential to growth in spirituality, to come out from the world and be separate. The heart is divided; the carnal mind craves conformity, similarity to the world in so many ways that the mark of distinction from the world is scarcely distinguishable. Money—God's money—is expended in order to make an appearance after the world's customs; the religious experience is contaminated with worldliness; and the evidence of discipleship—Christ's likeness in self-denial and cross-bearing—is not discernible by the world or by the universe of heaven." *Fundamentals of Christian Education*, 311.

God is not seeking to deprive us of happiness this side of heaven. Excess baggage has to go. We do not need the TV to have happy homes as many have been led to believe. What we need is Jesus is our lives and homes then true Christian joy which is one of the fruits of the Spirit will be manifest. May God help us to make decisions for eternity. 📖

Series concluded.



Admiral Ncube writes from Harare, Zimbabwe. He works for Project Prepare Ministry, whose goal is to prepare God's people for the soon coming of our Lord Jesus Christ.

Deception

Part 1

David Herbert

There never was a time when it was so important for the followers of Christ to study the Word as it is now.

Could it be that many of Jesus followers are deceived as to their true condition before God? We are facing falsehood from within and without. The climax of this earth's history and the close of our probation is upon us. May we not be self deceived and taken astray by error.

“What greater deception can come upon human minds than a confidence that they are right, when they are all wrong? The message of the True Witness finds the people of God in a sad deception, yet honest in that deception. They know not that their condition is deplorable in the sight of God. While those addressed are flattering themselves that they are in an exalted spiritual condition, the message of the True Witness breaks their security by the startling denunciation of their true situation of spiritual blindness, poverty, and wretchedness. The testimony, so cutting and severe, cannot be a mistake; for it is the True Witness who

speaks, and his testimony must be correct. . . .

“We are very much wanting in Bible humility, patience, faith, love, self-denial, watchfulness, and a spirit of sacrifice. We need to cultivate Bible holiness. Sin prevails among the people of God. The plain message of rebuke to the Laodiceans is not received. Many cling to their doubts and their darling sins, while they are in so great a deception as to talk and feel that they are in need of nothing. They think the testimony of the Spirit of God in reproof is uncalled for, or that it does not mean them. Such are in the greatest need of the grace of God and spiritual discernment, that they may discover their deficiency in spiritual knowledge. They lack almost every essential qualification necessary to perfect Christian character. They have not a practical knowledge of Bible truth, which leads to lowliness of life, and a conformity of their will to the will of Christ. They are not living in obedience to all God's requirements.” *Review and Herald*, September 16, 1873.

“‘There is a way which seemeth right unto a man, but the end thereof are the ways of death.’ Proverbs 14:12. Ignorance is no excuse for error or sin, when there is every opportunity to know the will of God. A man is traveling, and comes to a place where there are several roads, and a guide-board indicating where

each one leads. If he disregards the guide-board, and takes whichever road seems to him to be right, he may be ever so sincere, but will in all probability find himself on the wrong road.” *Signs of the Times*, July 17, 1884.

“Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise. For the wisdom of this world is foolishness with God. For it is written, He taketh the wise in their own craftiness. And again, The Lord knoweth the thoughts of the wise, that they are vain.” 1 Corinthians 3:18–20.

“If any man among you seem to be religious, and bridleth not his tongue, but deceiveth his own heart, this man's religion is vain.” James 1:26.

“If we say that we have no sin, we deceive ourselves, and the truth is not in us.” 1 John 1:8.

Jesus placed much emphasis on our need to watch and pray so that we will not be lead astray from His holiness. Questioned privately by His disciples, Jesus revealed much about end-time events. Repeatedly we are warned in Matthew chapter 24 to beware of deception.

“And Jesus answered and said unto them, Take heed that no man deceive you. . . . Many false prophets shall arise, and shall deceive many. . . . Then if any man shall say unto you, Lo, here is Christ, or there; believe it not. For there shall

arise false Christs, and false prophets, and shall shew great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect." Verses 4, 11, 23–24.

It seems obvious that we can be led astray by the ideas of men both inside and outside the church.

"And Jesus answering them began to say, Take heed lest any man deceive you." Mark 13:5.

"Little children, let no man deceive you: he that doeth righteousness is righteous, even as He is righteous." 1 John 3:7.

"To the law and to the testimony: if they speak not according to this Word, it is because there is no light in them." Isaiah 8:20. The people of God are directed to the Scriptures as their safeguard against the influence of false teachers and the delusive power of spirits of darkness. Satan employs every possible device to prevent men from obtaining a knowledge of the Bible; for its plain utterances reveal his deceptions." *The Great Controversy*, 593.


"It is not enough to merely profess to believe the truth. All the soldiers of the cross of Christ virtually obligate themselves to enter a crusade against the adversary of souls, to condemn wrong, and sustain righteousness. But the message of the True Witness reveals the fact that a terrible deception is upon our people, which makes it necessary to come to them with warnings, to break their spiritual slumber, and

arouse them to decided action." *Review and Herald*, September 16, 1873.

"Tempted souls, whose hearts have ever been at war with the faithful reproving of sin, would cry, 'Speak unto us smooth things.' Isaiah 30:10. What disposition will these make of the message of the True Witness to the Laodiceans? There can be no deception here. This message must be borne to a lukewarm church by God's servants. This message must arouse the people of God from their security and dangerous deception in regard to their real standing before God. This testimony, if received, will arouse to action, and lead to self-abasement, and confessions of sins. The True Witness says, 'I know thy works, that thou art neither cold nor hot.' Revelation 3:15. And again, 'As many as I love, I rebuke and chasten: be zealous, therefore, and repent.' Verse 19. Then comes the promise, 'Behold, I stand at the door, and knock: if any man hear My voice, and open the door, I will come in to him, and will sup with him, and he with Me. To him that overcometh, will I grant to sit with Me in My throne, even as I also overcame, and am set down with My Father in His throne.' Verses 20–21.

"These wrongs and sins, which have brought the people of God in their state of wretchedness, blindness, and poverty, must be seen, and they arouse to zealous

repentance, and a putting away of these sins which have brought them into such a deplorable condition of blindness and fearful deception. The pointed testimony must live in the church. And this alone will answer to the message to the Laodiceans. Wrongs must be reprov'd, sins must be called sins, and iniquity must be met promptly and decidedly, and put away from us as a people." *Ibid.*

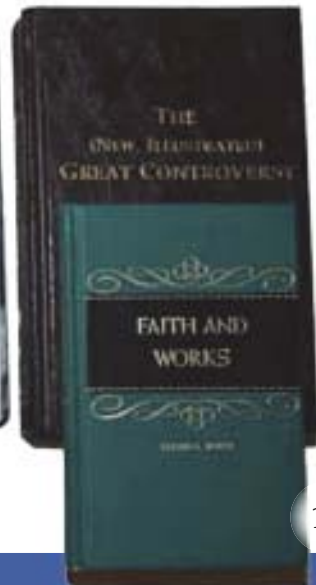
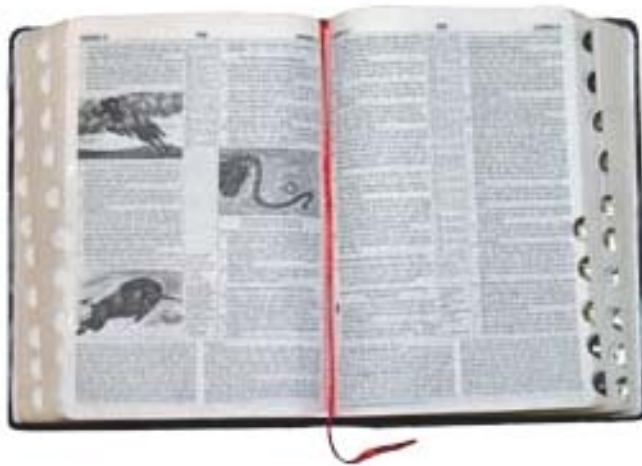
"Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat: because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it. Beware of false prophets, which come to you in sheep's clothing, but inwardly they are ravening wolves." Matthew 7:13–15. 

To be continued.

David writes from Florida where he lives with his wife, Ruth. He has a passion for the Lord's work. His interests include farming, country living and medical missionary work.



In part 2 of the article, the author emphasizes the pervasiveness of deception in the last days and exhorts the reader to be vigilant in studying the Word and praying—Editors.

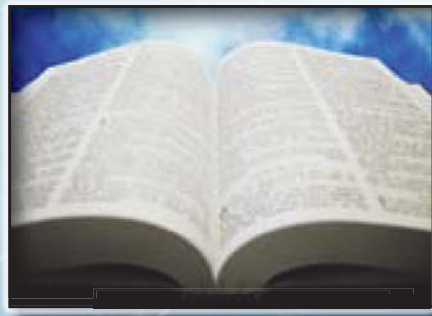


Habit

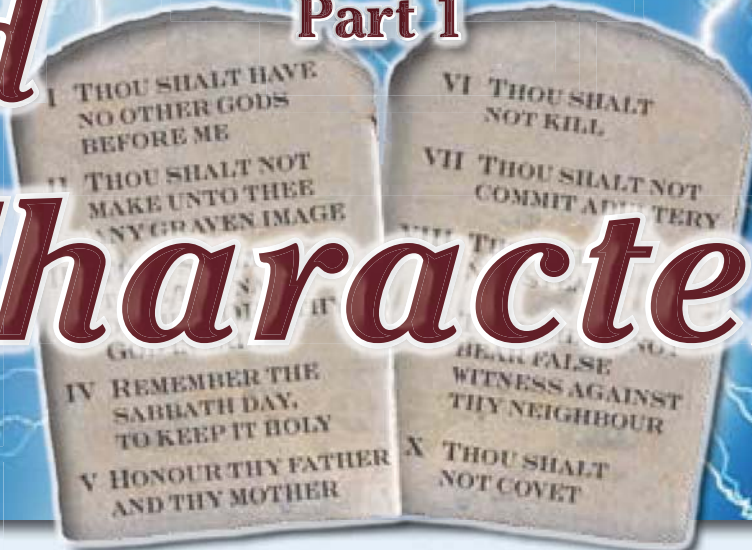
and

Character

Part 1



Randy Floyd



“Actions repeated form habits, habits form character, and by the character our destiny for time and for eternity is decided.”

It is through action that character is built. But just, how do actions affect character? That is where habits come into play. Habits are what happens when actions are repeated. Habits can truly be our good friends. Think of the time we save (without taking time to think it out as we once did) when we tie our shoe laces, drive our cars, or use the type writer or computer. Remember the hours it took to develop these skills that we no longer have to consciously repeat, over and over, just to get the job done right. I like the way Ellen White put it:

“The power of self-restraint strengthens by exercise. That which at first seems difficult by constant repetition grows easy, until right thoughts and actions become habitual.” *Ministry of Healing*, 491.

Habits are our built-in anti-stress kits. To the extent that wholesome habits control our lives is the extent to which we enjoy life. I don’t

mean that we will always be filled with emotional ecstasy, but we can live with a deep sense of joy about the bigger issues of life all the time. If we are not enjoying life, we may be plugged into the wrong socket. Some other power may be giving us energy.

Eternal Consequences

Habits have lasting consequences. “Actions repeated form habits, habits form character, and by the character our destiny for time and for eternity is decided.” *Christ’s Object Lessons*, 356.

When we remember that God will not and cannot save rebels, the issue of character becomes profoundly important—especially when we remember that before Jesus comes the proclamation is made that: “He that is unjust, let him be unjust still: and he which is filthy, let him be filthy still: and he that is righteous, let him be right-

eous still: and he that is holy, let him be holy still.” Revelation 22:11.

Character won’t suddenly be changed at the second coming of Jesus. You will be stuck with the character you have formed here and now. See *Testimonies*, vol. 5, 466.

Axons and Boutons

Now, the important question: How are habits made or unmade? Wise Solomon said that as a man thinks in his heart, so is he. Proverbs 23:7. We think with the brain cells that lie about an inch behind our forehead. These brain cells are the capital of the body, the power center for all that happens to every nerve and muscle. The brain’s messages are sent electrically at astounding speeds that scientists have not yet been able to replicate on the most advanced computer. And we have some computers making billions of decisions every second!

Most of the illnesses that physi-

cians deal with in their offices are mentally or emotionally induced (psychosomatic). We have all experienced the truth of this fact. When our willpower is at a low ebb, when the mind or emotions wrestle with bad news, we have difficulty resisting colds, or an upset stomach. Conversely, with good habits, positive attitudes, and trust in God, our bodies respond with resistance to disease and illnesses.

So, how does the brain work? The entire brain works on ten watts of electricity and performs math calculations that far outrun the world's largest computers. Each brain cell has many fibers called Dendrites that receive all kinds of information constantly. One long fiber called the Axon transmits messages between cells. Astonishingly, Ellen White with only third grade education, understood all this a hundred years ago.

"The brain is the capital of the body, the seat of all the nervous forces and of mental action. The nerves proceeding from the brain control the body. By the brain nerves, mental impressions are conveyed to all the nerves of the body as by telegraph wires; and they control the vital action of every part of the system. All the organs of motion are governed by the communications they receive from the brain." *Testimonies*, vol. 3, 69.

The microscope shows us that on the end of the axon are tiny enlargements called Boutons (French for buttons). These boutons secrete chemicals (ACH and GABA) that stimulate the next cell to send a message down the nerve path to whatever muscle or organ is to be activated. But there is no direct connection between the axon and the next cell's dendrites, only a tiny space, called a Synapse. How does this message get across the synapse? Through the chemicals of the boutons.

Here is where it gets interesting. Some axons have more boutons than others because those axons

have been stimulated more than others—more stimulation, more boutons. With more boutons, the easier it is the next time for similar messages to flow along that particular pathway. Habits are being formed.

How are boutons formed? Any thought or action forms a bouton. Thoughts and actions often repeated build more boutons on the end of that particular axon so that it becomes easier to repeat the same thought or action when the same situation avails itself again. Just like cutting across the lawn eventually wears a path, so repeated thoughts actually produce physical and chemical changes in our nerve



pathways. Thoughts don't vanish into thin air, they are etched into a biochemical pattern that we call habits.

Boutons Never Disappear

The good news and the bad news is that boutons never disappear. Right! Frightening as well as assuring. For example, recovered alcoholics tell each other that they are always alcoholics. So they avoid friends who drink and places where alcoholic beverages are likely to be sold or served. "Chocoholics" and smokers never lose the boutons that make it easier for them to "cave-

in again" either. Once again, with divine insight, Ellen White wrote these truths:

"Let none flatter themselves that sins cherished for a time can easily be given up by and by. This is not so. Every sin cherished weakens the character and strengthens habit; and physical, mental, and moral depravity is the result. You may repent of the wrong you have done, and set your feet in right paths; but the mold of your mind and your familiarity with evil will make it difficult for you to distinguish between right and wrong. Through the wrong habits formed, Satan will assail you again and again." *Christ's Object Lessons*, 281.

The Good News

But all is not bleak and hopeless. The good news is that the bad habit boutons can be over-powered by good habit boutons! Those who find it easy to be angry, to be lazy, or to be self-centered, can take comfort in the fact that with the right mindset and the power of God, new habits of self-control, industriousness, and caring can be firmly established. We are what we think.

Sounds too easy? Here is how we build more "yes" boutons or "no" boutons, whichever is applicable to the occasion. For example, when we are used to saying "yes" to bad choices, we must learn to build "no" boutons.

Research indicates that we can change almost any habit in a matter of weeks. The prevailing opinion is 21 days or 3 weeks. When we choose to resist temptation (whatever interrupts "abiding in Christ") when we say "no" the GABA secretion is secreted at the synapse. GABA puts the brakes on and keeps that cell from firing. With repeated resistance (saying "no" when before we were saying "yes"), more no boutons are formed. With more "no" boutons on the end of that axon that had formerly led to inappropriate sexual behavior or quick temper, GABA, the brakes, is more



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powerful, making it less likely to do wrong in that particular situation again.

Sounds too simple? There is a warning. The GABA secretion does not function well, most often not at all, when we lose sleep or get fatigued for whatever reason, good or bad. GABA (the brake on our decision making) is affected by fatigue much sooner than ACH (the accelerator on our decision making). When we are tired we find it easier to do and say what we please, long after we have lost our braking power. That is why committee meetings in the evenings, Saturday night flings, and night time confrontations with others (children, spouses, etc.) most often turn into regrettable experiences. When we are tired, the go-for-it, tell-it-as-it-is, have-fun attitude has no GABA to say “no.”

It Is About Choices

To get even more practical, most of life is a matter of conflicting choices—shall I or shall I not? One brain cell says “Why not, go for it!” The other says “no, you better not!” Which one wins? The one

with the most boutons built up by habit. One brain cell sees the extra piece of scrumptious pecan pie or the banana sundae; or the possibility of getting away with something that everyone else is doing; or eating between meals and skipping breakfast; or undue familiarity with the opposite sex. However, another cell now becomes activated; it sees the same opportunities and says “No, there is a better way. I chose to abide in Christ and all those negative choices will keep me from my full potential. I want to honor God (or my spouse, or child, etc.).”

All this choosing takes electrical energy. When negative temptation arises, 30 millivolts, shall we say, of ACH energy surge into your action cell. But your better self says (if you are not in fatigue), “Hold it! There are consequences for this that I don’t want to face. Don’t fire!” If the better cell has more boutons, GABA jumps into action with 40 million volts, shall we say, electrical power saying “no.” Because it takes only 10 million volts for a brain cell to fire, the one with the most boutons wins.

This scenario can be reversed, of course. If the brain cell saying “Go for it!” has the most boutons, ACH wins. Especially if the brain cells are tired and GABA is not functioning. Let us consider this again. All it takes to say “no” is 10 million volts of electrical power. 📖

To be continued.

In the next installment the author explains the divine current that is available to work in us to will and to do of His good pleasure.

Randy Floyd writes from Soledad State Prison, California. He has served as an evangelist, and is currently a Bible teacher in California.



Photo: © Paul Williams



The Papacy Under John Paul II - Part 2



Colin Standish

Are not those who neglect to study the intricacies of the history of mankind doomed to repeat its atrocities?

Lost in the adulation and euphoria for the deceased pope are the sober realities of some of his papal pronouncements. The magnitude of the implications of these communications can be assessed more clearly when it is recognized that they were proclaimed with the authority of “infallibility.” This is very sobering indeed.

In his Apostolic letter entitled, “Ad Tuendam Fidem” (To protect the faith) dated May 18, 1998, John Paul II reinforced and added to four canon laws. Note that these relate to the Catholic definition of truth, faith, and morals, and the consequences for those who set themselves against these teachings.

“**Canon 750**—§ 1. Those things are to be believed by divine and catholic faith which are contained in the word of God as it has been written or handed down by *tradition*, that is, in the *single* deposit of faith entrusted to the *Church*, and which are at the same time proposed as divinely revealed either by the solemn Magisterium of the Church. . . . All are therefore bound to avoid any contrary doctrines.” (All emphasis added.)

“§2. Furthermore, each and *everything* set forth definitively by the Magisterium of the Church regard-

ing teaching on faith and morals must be firmly accepted and held; . . . therefore, *anyone* who rejects propositions which are to be held definitively sets himself against the teaching of the Catholic Church.”

“**Canon 1371**—The following are to be punished with a just penalty: 1) a *person* who . . . teaches a doctrine condemned by the Roman Pontiff, or by an Ecumenical Council, or obstinately rejects the teachings mentioned in canon 750 §2 or in canon 752 and, when warned by the Apostolic See or by the Ordinary, does not *retract*; 2) a *person* who in any other way does not obey the lawful command or prohibition of the Apostolic See or the Ordinary or Superior and, after being warned, persists in disobedience.”

“**Canon 1436**—§1. *Whoever* denies a truth which must be believed with divine and catholic faith, or who calls into doubt, or who totally repudiates the *Christian* faith, and does not *retract* after having been legitimately warned, is to be punished as a *heretic* or an *apostate* with a major excommunication; a cleric moreover can be punished with other penalties, not excluding deposition.

§2. In addition to these cases,

whoever *obstinately rejects* a teaching that the Roman Pontiff or the College of Bishops, exercising the authentic Magisterium, have set forth to be held definitively, or who affirms what they have condemned as erroneous, and does not retract after having been legitimately warned, is to be punished with an *appropriate* penalty.”¹

The menacing force of these words has not been lost upon careful students of Church history. Notice the all encompassing language—“a person,” “anyone,” “whoever.” Clearly this canon law is directed to the human race and is not restricted to Roman Catholics. Note further how quickly the word “Christian” is substituted for “catholic” (universal). Further, notice the word “retract.” Equate this with the word “recant” used so commonly in the papal persecution of the Middle Ages.

However, most terrifying are the words, “punished as a heretic or an apostate.” The nature of the punishment is not fully stated in this canon. However, students of Medieval history cannot but conjure up the frightful scenes of the torture of the rack and the burning at the stake of godly Christians who refused to deny their Lord by recanting their

Bible-based beliefs and practices.

Even more ominous are the words “is to be punished with an appropriate penalty.” Like civil law, which applies common law (judgments which set precedents) canon law depends greatly upon precedence. We know from history what these precedents are.

Thirteen days later in another

Roman Empire in 800, the papacy for the next thousand years had the arm of some of the mightiest powers as its protectors and enforcers.

However in 1798 when Pope Pius VI was taken captive, the Roman Church lost the power of the state to enforce her judgments and edicts. Thinking that Nazi Germany was likely to emerge as

The leopard-like beast of Revelation, chapter 13 could not be God’s chosen church for it is described as blasphemous (verses 1, 5, 6); having great power and authority from Satan (verses 2, 5); fully recovering from a deadly wound (verse 3); yet the whole world would be amazed by this power (verse 3); it would be worshipped (verses 4, 8); it would be a fearsome persecutor (verse 7); only the saints who follow God’s Word will not worship Satan (verse 8).

The deadly wound took place in 1798 when Pope Pius VI was held prisoner in France and the papacy was declared by France to be “dead.” That wound has now been fully healed.

United States in Prophecy

It was not until the middle of the nineteenth century that the second beast of Revelation 13:11–18 was identified by a young man, John Nevins Andrews, to be the United States of America. He perceptively followed the symbolism of Revelation 13.

The first beast power rose from the sea (verse 1). Waters represent multitudes: “The waters which thou sawest, where the whore sitteth, are peoples, and multitudes, and nations, and tongues.” Revelation 17:15.

The papacy arose in the sixth century from one of the most dense-

The deadly wound took place in 1798 when Pope Pius VI was held prisoner in France and the papacy was declared by France to be “dead.”

Apostolic letter, “Dies Domini” (The Lord’s Day) John Paul included these words: “Therefore, also in the particular circumstances of our own time, Christians will naturally strive to ensure that civil legislation respects their duty to keep Sunday holy.”²

Do these words support the claims of many that the papacy has changed? Certainly not! Rather, sadly, they reinforce the determination of this pope while speaking words that multitudes interpreted as kind and loving, embracing those of other faiths and leading the Christian and even the non-Christian world to unity, he was rather laying the foundation for fearful persecution of dissenters in the near future by invoking the power of the state to carry out the punishment prescribed by the Roman Church. This is a determined effort to destroy the separation of church and state.

Papal Political Alliances

Ever since Clovis King of the Franks in 508 determined to protect the papacy, the Roman Church has sought the power of the strongest nations to enforce its dictates against “heretics” and protect itself from opposition. When Charlemagne the Great established what became known as the Holy

the greatest power on earth, Pius XII aligned the Vatican state with this ruthless power, which proved to be a serious misjudgment.

However, John Paul II has made no such mistake. He aligned himself with the United States, which today is the mightiest military power in the world. This is plainly foretold in biblical prophecy.

Until the early part of the twentieth century, most Protestants recognized the papacy as the religio-political power described in Revelation 13:1–10. There was no doubt that the description of this beast was symbolic of a mighty religio-political power in the latter part of church history.



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ly populated regions of the world at that time. This second beast rose from the earth (verse 11). Andrews recognized that this was a contrast; thus this nation would rise in a very lightly populated part of the world. This could not be the densely populated regions of Europe, Asia or Africa.

He noted the reference to a lamb—a young animal—in contrast to the other prophetic animals which were mature. See Daniel chapters 7 and 8, and Revelation chapters 12 and 13. Thus he rightly recognized that this lamb was symbolic of a young nation arising in a sparsely populated area of the world in the latter part of earth's history.

This nation would become a mighty military-political power. In spite of the fact that in the middle of the nineteenth century, "Britain ruled the waves" and the might of the Prussian Empire (Germany) was dominant in continental Europe, Andrews realized this nation could be none other than the United States.

His identification was even more amazing when we consider that the United States was operating at this time unwaveringly under the Monroe doctrine in which it had pledged itself to limit its sphere of military involvement to the region of the Americas. The doctrine was voted by Congress in 1823 and remained inviolate until 1917, when the United States entered the first world war as a combatant, 34 years after the death of Andrews in 1883.


It will be noted that Scripture reveals that the United States will become the enforcer of papal policies:

"And he exerciseth all the power of the first beast before him, and causeth the earth and them which dwell therein to worship the first beast, whose deadly wound was healed. ... And deceiveth them that dwell on the earth by the means of those miracles which he had power to do in the sight of the beast; saying to them that dwell on the earth,

that they should make an image to the beast, which had the wound by a sword, and did live.

"And he had power to give life unto the image of the beast, that the image of the beast should both speak, and cause that as many as would not worship the image of the beast should be killed. And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: And that no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name." Revelation 13:12, 14–17.

The secret alliance between the Vatican and the United States which led to the overthrow of Eastern European Communism was disclosed in the cover story of *Time* magazine, February 24, 1992 entitled, "Holy Alliance." We might well ask if there is a similar secret alliance between the Vatican and the United States to effect the same results for the world of Islam. After all, Islam has to be humbled and greatly weakened before the papacy can gain the worship of the whole world as revealed in Revelation 13:8:

"And all that dwell upon the earth shall worship him, whose names are not written in the book of life of the Lamb slain from the foundation of the world." Revelation 13:8. 

To be continued.



Colin Standish, speaker and author; writes from Rapidan, Virginia, where he serves as president of Hartland Institute.

Notes:

- ¹ John Paul II, "Apostolic Letter *Motu Proprio*, 'Ad Tuendam Fidem,' by which certain norms are inserted into the *Code of Canon Law* and into the *Code of Canons of the Eastern Churches*," Rome, May 18, 1998, www.vatican.va.
- ² "Apostolic Letter 'Dies Domini' of the Holy Father John Paul II, to the bishops, clergy, and faithful of the Catholic Church on keeping the Lord's Day holy," Rome, May 31, 1998,



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Ellen G. White Scrapbooks

Paul's Canary

"Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths." Proverbs 3:5,6

"I don't see why I was made this way. I was such a sickly baby, everyone thought I would die. I wish I had—" Paul paused when he thought of his weary mother and how happy he would be when she came home.

He was crouching on a seat by the one window in the room, looking out at the tall buildings and the wet boards of the near-by houses. Sometimes, leaning out far enough, he could see the paved yard, with its pile of boxes and rubbish.

Paul was far from strong. His deformed legs could hardly carry him about.

"I'm of no use at all," cried Paul. "I'm only a trouble to mother. I don't believe there is another creature in the world as helpless as I am."

As he spoke, a gust of wind shook the loose sash and blew the rain furiously against the panes. The blinds next door rattled as the storm seemed to gather force and beat against the window. Then Paul started forward with breathless curiosity to examine a little dripping object that the wind had blown onto the ledge by the window. It was a bird, apparently helpless, scarcely fluttering as it clung feebly to the stone.

"Oh, poor bird, I'll bring you in!" cried Paul. Opening the window, he gently reached out his

hand. In his haste he forgot to fasten up the sash and it pressed heavily on his shoulders. The wind blew his hair into his eyes and the rain drenched him; but he did not worry about this, his only thought was for the weak creature he hoped to rescue. The storm seemed determined to snatch the bird away before he could reach it. At last, however, he gathered the wet bird in his hands and drew it into the room. Before he thought of changing his clothes, he wiped, stroked, and blew the bird's feathers, trying to fan the spark of life.

The bird lay in Paul's hands hardly moving. Slowly it began to revive and to pick at its feathers.



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Then Paul considered himself. He had no other pants and jacket, so he wrapped himself in a blanket, taking his new pet under its folds. In the warmth and darkness, it slept. Paul, with a new feeling of content, watched it until he, too, fell asleep.

When his mother came home, she feared he was sick; but on turning back the blanket, she was greeted by a lively chirp from the bird, which was now dry and comfortable. The little fellow displayed a handsome suit of black and yellow. One of his wings was injured, and parts of two toes were gone; but he was bright and chirpy and very hungry.

"Why, Paul, where did this come from?"

Paul related the rescue, and ended by asking: "Isn't he pretty?"

"Yes; but he must have some seed. I'll see if they won't give me a bit downstairs," said mother.

Soon she returned with some birdseed, and, to Paul's satisfaction, the bird began to eat. A little water in a cup served him for drink, and he slept on a stick that Paul balanced between two chairs.

Income for Pet

In the days that followed, Paul no longer complained or felt discouraged while his mother was absent earning their living. Pet, as he named



the bird, was his playmate. Paul taught the canary to take seed from his lips, to lie dead at a word of command, and to pull his master's hair or eyebrows to get attention.

Now, the birdseed that mother had borrowed soon disappeared, and Paul wondered how to get more. It would not be fair to use mother's money. Could not he earn some? He thought and thought.

The window next to his room jutted out so that he often saw Mary sitting at her work. She was sorry for the lame boy, and spoke to him. He made up his mind that she might help him. One day, as she sat plying her nimble fingers, he called: "Mary, please. What do you call you work?"

She looked up and smiled. "Tatting."

"Is it hard to do?"

"Oh, no! It's easy; you can learn it."

"Could I make enough to buy Pet some seed?"

"Why, yes; do you want me to teach you?"

"Oh, do!" cried Paul eagerly.

"I'll come in tonight."

So she did. Paul's fingers were straight and strong and he had a will to learn. Pet tried to investigate the process, pulling the thread;

but Paul sent him to bed, and worked away until he could make the stitches as Mary did.

"I'll sell it for you at the same place I take mine; and if you are industrious, you'll more than buy Pet's seed—a cage, too, perhaps."

"Oh, he doesn't want a cage."

After that, Paul sat in his window as busy as anyone. He was happy over his work; and when a few pennies were left over

after buying the seed, and he could buy some fruit for mother's lunch, he was as happy as any other child. Mother declared that her son was growing straighter, and someday he would be strong and would take care of her.

Heroes

Some months after Paul rescued Pet, he was wakened by feeling something on his face. As he opened his eyes, he felt Pet pulling his hair with such strong tugs that it was far from pleasant. The morning light was stealing into the room, its gray cold making everything look dim and strange. Pet pulled and tugged at his master's hair.

"It's not day," said Paul, trying to send Pet away; but the bird would not go. Finally, Paul had to get up and put the canary on his perch. As his hand touched the wall, he noticed it was quite hot. Pet refused to stay on his perch, clinging instead to his master's shoulder.

"Mother," cried Paul, "mother, wake up!"

His mother was weary, and made no reply. As Paul listened, he heard the roar of fire and smelled the smoke. Springing on his mother's bed, he wakened her and told her of the danger. She ran to the hall and aroused their neighbors; and in a moment the large house, with its many families, was in confusion. The next room was in flames. The fire had started from some clothes that were hung too near the stove; and if it had not been for Pet's alarm it would have been serious. As it was, the firemen came and soon extinguished it, though Paul's room was badly burned and he was obliged to sit with Mary the next day.

Everyone in the house came to see the lame boy and the canary that had saved their property and perhaps their lives. Paul was praised; and so many people wanted Pet, that Paul was afraid they would carry him off. Then came the man who owned the house, and he

told Paul that he had saved him many thousand dollars, and asked him what he would like to have. Paul's face flushed, and then he timidly said: "Some crutches, sir, so that I can go into the street."

"You shall have them," replied the man. Paul's mother received a sewing machine, so that she did not need to go out to work; and Pet had a comfortable cage to sleep in, and all the seed he could eat. 📖

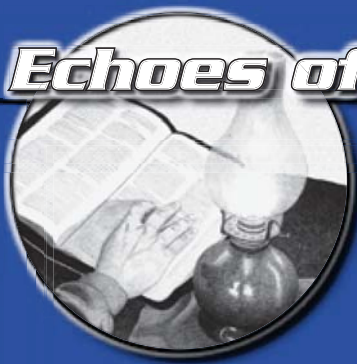


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Echoes of the Pioneers



A Message of Supreme Importance

A.G. Daniells

As our pioneers unflinchingly contended for the faith that was once delivered to the saints, so should we.

In 1888 there came to the Seventh-day Adventist Church a very definite awakening message. It was designated at the time as "the message of Righteousness by Faith."

Both the message itself and the manner of its coming made a deep and lasting impression upon the minds of ministers and people, and the lapse of time has not erased that impression from memory. To this day, many of those who heard the message when it came are deeply interested in it and concerned regarding it. All these long years they have held a firm conviction, and cherished a fond hope, that someday this message will be given great prominence among us, and that it would do the cleansing, regenerating work in the church which they believed it was sent by the Lord to accomplish.

Among the influences which have led to this conviction is the divine witness borne to the proclamation of the message of Righteousness by Faith as it was set forth at the time of the General Conference held in the city of Minneapolis, Minnesota, in the year 1888. From the very first, the Spirit of Prophecy placed the seal of approval upon the message and

its presentation at that time. In the plainest and most positive language we were told that the Lord was leading and impelling men to proclaim this definite message of Righteousness by Faith. Of that epochal Conference, and the men who gave the specific message, it is declared.

"The Lord in His great mercy sent a most precious message to His people. . . . This message was to bring more prominently before the world the uplifted Saviour, the sacrifice for the sins of the whole world. It presented justification through faith in the Surety; it invited the people to receive the righteousness of Christ, which is made manifest in obedience to all the commandments of God. Many had lost sight of Jesus. They needed to have their eyes directed to His divine person, His merits, and His changeless love for the human family. All power is given into His hands, that He may dispense rich gifts unto men, imparting the priceless gift of His own righteousness to the helpless human agent. This is the message that God commanded to be given to the world. It is the third angel's message, which is to be proclaimed with a loud voice, and attended with the outpouring

of His Spirit in a large measure." *Testimonies to Ministers*, 91-92.

Every sentence in this comprehensive statement is worthy of most careful study. Let us briefly analyze it:

1 *A Most Precious Message*—"The Lord in His great mercy sent a most precious message to His people."

2 *The Object*—"This message was to bring more prominently before the world the uplifted Saviour, the sacrifice for the sins of the whole world."

3 *The Scope*—a) "It presented justification through faith in the surety." b) "It invited the people to receive the righteousness of Christ, which is made manifest in obedience to all the commandments of God."

4 *The Need*—a) "Many had lost sight of Jesus." b) "They needed to have their eyes directed to His divine person, His merits, and His changeless love for the human family."

5 *The resources*—a) "All power is given into His hands," b) "that He may dispense rich gifts unto men," c) "imparting the priceless gift of His own righteousness to the helpless human agent."

6 *Extent*—"This is the message that God commanded to be given to the world."

7 *What It Really Is*—“It is the third angel’s message, which is to be proclaimed with a loud voice, and attended with the outpouring of His Spirit in a large measure.”

It is difficult to convince how there could be any misunderstanding or uncertainty regarding the heavenly endorsement of this message. It clearly stated that the Lord sent the message, and that He led the minds of the men who were so deeply engrossed by it and who proclaimed it with such earnestness.

It should be borne in mind at this time that the course taken by the messengers in subsequent years has nothing to do with the positive statement, oft repeated, that they were led by the Lord to declare this fundamental truth of the gospel to His people at that particular time.

Not only was it the purpose of God to set this message of Righteousness by Faith before His church; it was to be given to the world. And finally, it is declared to be the “third angel’s message, which is to be proclaimed with a loud voice, and attended with the outpouring of His Spirit in a large measure.” It is evident that the application of this message was not limited to the time of the Minneapolis Conference, but its application extends to the close of time; and consequently it is of greater significance to the church at the present time than it could have been in 1888. The nearer we

approach the great day of God, the more imperative will be the need of the soul-cleansing work which that


place in the closing period of the great movement with which we are connected. 



Photo: © Paul Williams - Glacier National Park

message was sent to do. Surely we have every reason for a new, more wholehearted study and proclamation of that message.

God’s messages and providences are always great with meaning. They are always necessary for the accomplishment of the particular work with which they are connected. He orders them for the fulfillment of His purposes. They cannot be set aside. They cannot fail. Sooner or later they will be understood, accepted, and given their proper place. Therefore it must be expected that the message of Righteousness by Faith, which came so definitely to the church in 1888, will be accorded a dominant



A.G. Daniells was one of the dedicated pioneers of the Seventh-day Adventist Church. He was a close associate of the White family for over forty years and served the Church as General

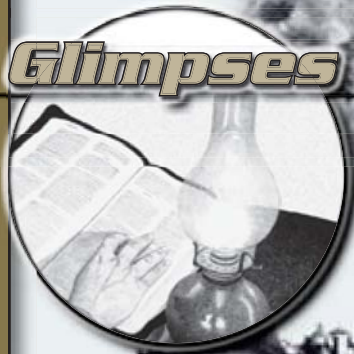
Conference President from 1901 to 1922. His contribution to the work continues to bless the church.

This article was taken from Christ Our Righteousness, pages 23–26. You may order this book from the Illinois Adventist Book Center for \$6.99. Please call 1-800-765-6955 for details.

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Glimpses of the Pioneers



James White:



Sorrows And Joys



The Pioneers upon whose spiritual shoulders we stand, fought unyielding on the field to pursue a crown of righteousness that fadeth not.

Energetically, James paced up and down the Rochester railway station platform to keep warm. He was waiting for the afternoon train from Albany that early winter day in 1852. A cold wind blowing from the north and a light snow falling made it uncomfortable outside the waiting room. But that room was blue with tobacco smoke. Ever mindful of the necessity to protect his lungs, James preferred the fresh, if cold, air outside.

After a time the train pulled into the station. James hurried alongside the train, scanning the faces of the passengers alighting. Then he saw his brother and sister, Nathaniel and Anna, descending the steps of a coach. Nathaniel had been staying in Boston and had come to Rochester hoping to regain his health in the less rigorous climate of New York. Anna had come to care

for him and help lift some of the burdens from Ellen's shoulders.

James was shocked to note how much his brother had failed in health since visiting him in Boston a few weeks previously. Nathaniel's flushed cheeks and hollow cough pointed toward tuberculosis and an early grave. James greeted the two cordially, then led them to the waiting sleigh and drove them through the gathering dusk to the big house on Mount Hope Road.

In spite of good food and loving care, Nathaniel grew weaker. Anna did all she could for him, carrying him his meals and helping to feed him as he lay propped up in bed. Nathaniel died calmly, peacefully, on May 6, 1853,¹ only a few days after Uriah Smith joined the Rochester company. He was laid to rest in the Mount Hope Cemetery, Rochester.

The circumstances of Uriah Smith's connecting with the paper were similar to those that brought his sister, Annie, to Rochester. As we saw earlier, it was through a poem sent to the *Review* that James White first learned of Annie Smith. Some two years later he received a poem written by her brother, Uriah.

"The Warning Voice of Time and Prophecy," James read as he looked over the poem. He recalled Annie's first contribution. Some of her poems had already been set to music and were being sung by Adventists. One such poem had appeared in the *Review* several months before,² which was destined to be her most popular hymn, and has been sung ever since. This is believed to be a biographical poem, the first stanza referring to Joseph Bates, the second to James White, and the third to J. N. Andrews, perhaps.³ Here is

the stanza some have said refers to James White:

"And one I saw, with sword and shield,
Who boldly braved the world's cold frown,
And fought, unyielding, on the field,
To win an everlasting crown.
Though worn with toil, oppressed by foes,
No murmur from his heart arose;
I asked what buoyed his spirits up,
'O, this,' said he, 'the blessed hope.'"

There was no danger of Uriah's poem ever being set to music! It was 35,000 words long. Later, James ran it as a series in five issues of the *Review*.⁴

James showed the poem to Annie. "Do you think he would come and join our staff if I invited him?" he asked.

"I think he would. Six months ago he took his stand and resolved to keep the Sabbath. Since then his ambitions have changed."

James promptly wrote to Uriah. In reply, the young man said he would be glad to work on the *Review and Herald*. So Uriah arrived at the office while his poem was being run in the paper. For the next 28 years he and James White were to be closely associated in the publishing work.

Nathaniel's death was a severe blow to James and Ellen. James may have wondered whether he too was marked for a consumptive's grave, for at the time his own health was a cause for concern.

Meanwhile, the *Review and Herald* had already published appointments for him to meet with believers in New York and Michigan. He asked himself whether it was wise to take the risk and go. He and Ellen both pondered the question, "Must we be driven from the work by bodily infirmities? Would Satan be permitted to exercise his power upon us?"⁵

They decided to carry out their plans and walk out by faith. God honored their trust. It seemed that every hour they traveled, they became stronger. Not one appointment was missed on that long

itinerary.

Meanwhile, invitations continued to pile up on Elder White's desk, calling for him to hold services in churches near and far. He found it very difficult to turn down these requests, particularly when he knew of the conditions in the churches that needed correcting. In those days of loose organization, or none at all, Ellen White's testimony often served to point out grave dangers threatening the little companies and helped to draw the believers together.

During the spring of 1853, shortly after Nathaniel's death, James and Ellen made a trip to meet appointments in New York State and Michigan.

One of the churches they were to visit was at Jackson, Michigan. The Jackson church, the first Seventh-day Adventist church in that State,



had been raised up by Elder Bates. The group there consisted of several extremely warmhearted, generous Christians, always willing to come to the aid of Elder White when he was in need of money to carry on the work.

It was well that James and Ellen visited Jackson, for they were needed there to straighten out a very confused situation. Ellen was given a vision regarding the wrong course of two men, H. S. Case and C. P. Russell who were influencing some of the members. She plainly showed the two men their wrong. Except for Case and Russell, and a few others, the group drew together in unity.⁶ But these two men openly rejected reproof and shortly afterward withdrew from the church. They began to print a paper, ironi-

cally called the *Messenger of Truth*. Their work was to tear down what James and Ellen White were seeking to build up. Into their paper went every word of malicious scandal they heard or could invent, and Elder and Mrs. White were the prime targets for their attacks.

Copies of the *Messenger* were sent to James White, with the hope that the Adventist leader would respond in kind. This James declined to do. Like Nehemiah of old, he was too busy building Zion to come down and argue with these opponents. Many years later, however, James White was to meet some of the charges fabricated by Case and Russell.

During their trip to Michigan, the Whites visited the Adventist groups at Tyrone, Sylvan, Bedford, and Vergennes. At Bedford James started to preach, but became faint and was forced to sit down. He requested Elder Loughborough to preach for him. As Loughborough began, James went outside into the fresh air and lay down under a tree.

A Brother Kelsey came out to help the sick man. James asked whether he had a horse he might borrow. Kelsey said he did, and brought the animal to him. The minister mounted and rode away to the home a mile and a half down the road where he and Ellen were staying.⁷ He rested during the remainder of the day while Loughborough preached the sermon and conducted a baptism in a nearby lake. Fortunately, Elder White's indisposition was only temporary and the following day they journeyed to Vergennes. A brother A. A. Dodge was to drive the wagon.

It was a very uncomfortable ride. Like many roads at that time, the one they were traveling on was built of logs laid closely together, well named a "corduroy road." The passengers received many a painful jolt as the springless wagon bumped over the poles.

Driving past a log house in the forest, James suggested that they



stop and ask for something to drink. In response to their knock, a woman opened the door and invited them in. She gave them refreshments and asked where they were going. When James said they were on their way to meet preaching appointments, she begged them to stop and hold meetings in her area. She was hungry for spiritual food. She said that she had attended some spiritist meetings but couldn't accept the teachings because they didn't seem to square with the Bible.

Regretfully, James told her they had appointments to meet and people would be expecting them. Since it was Friday afternoon and they still had some distance to go, they had to leave. Placing some literature in her hands, they drove on.

For some distance, the driver and his passengers were deep in thought. James wrote in the *Review* that their feelings were indescribable, as they realized that all over that vast area there were thousands of souls hungering for the bread of life. They prayed that more workers might be sent into the harvest field.

Another incident took place while they were returning from Vergennes to Jackson. Because of excessive heat and a desire to spare the horse, they drove much of the night and rested during the daytime. Seeking a place where they might sleep, they stopped at another frontier home. They found a woman alone with her children. In response to their request for a short rest, she gladly made them welcome.

While James and Ellen were sleeping, Brother Dodge talked with the lady. Her husband, who was not at home, was a Christian but belonged to no particular church. Then she asked Brother Dodge a startling question, "What authority do you find in Scripture

for resting on the first day of the week?"

"I will tell you before we leave," replied Dodge.

When James awoke, Dodge repeated the question. The surprised minister gladly outlined for the woman the Bible teachings on this important point of the third angel's message. She was deeply touched when Elder White suggested that they pray together. The mother and her children knelt while they prayed. The visitors then left Adventist publications with her, along with the address of the Rochester office so she might contact them if she wanted more literature.⁸

Two months later Elder White received a letter from the husband of the woman visited last. He had read the papers, had fully accepted their contents, and wished to be baptized as soon as possible. Is it any wonder that James White enjoyed traveling, preaching the gospel to the poor?

On this tour, James and Ellen White for the first time met with a company of Sabbathkeepers in Battle Creek. The Adventists in the vicinity met and half filled the living room of one of the believers' homes. Before parting from them, James remarked that if the brethren and sisters remained faithful, there might yet be a church raised up in Battle Creek. Prophetic words indeed!

In the fall of 1853 James and Ellen went on what was becoming their customary autumn "eastern tour." It lasted two months. Companies of believers were revisited, old friends were greeted and new friends were made.

Of all the visits made on this tour, none brought greater joy than the one they made at the home of Stockbridge Howland in Topsham, Maine. Joyfully they had anticipated a reunion with their first-born son, Henry. It had been so long since he had seen them that possibly at first he felt rather

strange in their presence. Perhaps, when they told him he was going home with them to Rochester, he was not too sure that he wanted to leave his dear foster parents with whom he had lived for nearly five years. But, of course, during the days they stayed at Topsham, he became acquainted with his father and mother and, no doubt, looked forward to seeing his 4-year-old brother.

Before leaving the Howland home the Whites expressed their deep appreciation to them, particularly to the daughter, Frances, for having given their child such loving care and training. Now he was returning to his parents, a "well-disciplined, praying boy."⁹

A few weeks later, Henry and his parents arrived in Rochester. James and Ellen were happy to have their family together again, and James resolved to spend more time with his children in the future than he had in the past.

Virgil Robinson was the great-grandson of James and Ellen White on his mother's side and the great-grandson of William Farnsworth (one of the first Seventh-day Adventists) on his father's side.



This article was taken from Virgil Robinson, James White, 94–99. This book is available from Hope International for \$11.99 plus shipping and sales tax (see page 30).

Notes:

- ¹ *Review and Herald*, May 26, 1853.
- ² *Ibid.*, August 19, 1852.
- ³ *SDA Encyclopedia*, article "Smith, Annie Rebekah," 1200.
- ⁴ *Review and Herald*, March 17 – May 12, 1853.
- ⁵ *Life Sketches*, (1888), 301.
- ⁶ *Ibid.*, 302–303.
- ⁷ *Ibid.*, 303.
- ⁸ *Review and Herald*, July 7, 1853.
- ⁹ *Ibid.*, November 1, 1853, 133.

Questions

&

Answers

Question: What is the fourth angel's message?

Answer: The fourth angel's message can be found in Rev. 18 and is basically a reiteration of the second angel's message of Revelation 14 according to the Spirit of Prophecy. "The substance of the second angel's message is again given to the world by that other angel who lightens the earth with his glory. These messages all blend in one, to come before the people in the closing days of this earth's history. All the world will be tested, and all that have been in the darkness of error in regard to the Sabbath of the fourth commandment will understand the last message of mercy that is to be given to men." *Selected Messages*, book 2, 116. Notice that it is a blending actually of all three angel's messages for the people of the last days. As we study the scriptures we will see more and more evidence of scriptural reference to the Sabbath that we did not previously consider. God's Sabbath is all pervasive not only in our spiritual relationship to God but also in our relationship to the rest of the world. Now is the time to grow in our Sabbath experience so that we will reflect the character of Christ in our everyday experiences or else we will fail to see the fall of Babylon until it is falling in all around and on us!

Note to our readers:

Hope International welcomes questions that lead into a deeper understanding of scripture and Spirit of Prophecy from our readers for our question and answer column.

We would also like to let our readers know that the answers we provide are not exhaustive. They are synopses and mind prompters that are intended to whet the readers' desire to study the Word more under the tutelage of the Holy Spirit.

Hope International

Volume 21, Number 2

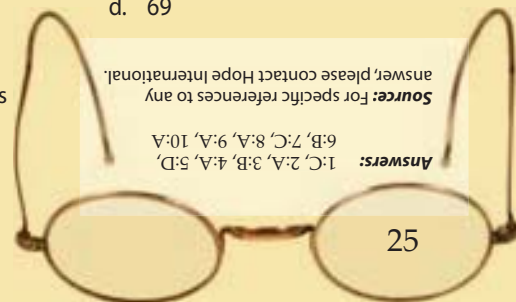
Historical Footnotes

"We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history." —E. G. White, *Life Sketches*, 196. Many today have neglected to study the history and people that made up the early days of the Advent movement. To help encourage interest in Adventist history, we have put together questions about people and events of our past. Our goal is to spark faith, and *further study* into "the way the Lord has led us, and His teaching in our past history."

1. Ellen White declared at a General Conference session: "if the people of God had preserved a living connection with Him, if they had obeyed His Word, they would today be in the heavenly Canaan." What year was this?
 - a. 1888
 - b. 1864
 - c. 1903
 - d. 1915
2. Back in 1856, James White wrote a short editorial about those who felt they could not afford to pay \$2 a year for the Review. What were these "poor" Adventists spending their money on?
 - a. Tobacco, tea, and coffee
 - b. Frivolous clothing and bicycles
 - c. Expensive houses and furnishings
 - d. Other periodicals and journals
3. In what year did the Adventist believers begin to understand that the "Laodicean message" in Revelation applied to them?
 - a. 1844
 - b. 1856
 - c. 1886
 - d. 1901
4. In a fascinating experience of faith, while trying to cross the Mississippi river in winter, what problem did James and Ellen encounter?
 - a. A foot of water flowing over the ice
 - b. A terrible snowstorm
 - c. A broken sleigh rail out on the cracking ice
 - d. A rainstorm melting the ice
5. After crossing the Mississippi, in the dead of winter, the Whites and others were traveling by sleigh to Waukon, Iowa. How long a trip was that?
 - a. 4 hours
 - b. 8 hours
 - c. 2 days
 - d. 4 days
6. Ellen White asked the question "What doest thou here, Elijah?" three times to whom?
 - a. James White
 - b. J.N. Loughborough
 - c. Hiram Edson
 - d. J.N. Andrews
7. A Dr. Lord was present at one of Ellen White's visions and after examining her said "her heart beats, but there is no _____"
 - a. sound
 - b. movement
 - c. breath
 - d. pulse
8. When was the "Investigative Judgment" doctrine first dealt with in the Review?
 - a. 1857
 - b. 1864
 - c. 1888
 - d. 1903
9. What was the first Adventist church in Battle Creek affectionately called?
 - a. House of Prayer
 - b. Dime Tabernacle
 - c. The Tabernacle
 - d. Ebenezer
10. How old was Ellen White when she began to speak to large non-Adventist audiences?
 - a. 29
 - b. 39
 - c. 49
 - d. 69

answer, please contact Hope International.

Answers: 1-C, 2-A, 3-B, 4-A, 5-D, 6-B, 7-C, 8-A, 9-A, 10-A





Picture Perfect?

News Item: “Hundreds of Chicagoans flocked last week to an expressway underpass, bringing with them flowers, candles, and paintings to create a makeshift shrine to the Virgin Mary. The reason: They believe that they see her image in a stain from salt run-off on a concrete wall. ‘We believe it’s a miracle,’ said visitor Elbia Tello. ‘We have faith, and we see her face.’” *World*, April 30, 2005, 11.

End time Perspective: “When the Son of man cometh, shall He find faith on the earth?” Luke 18:8.

Do you think this is the kind of faith Jesus will be looking for when He comes?

“The truth taught by Christ was designed for the whole human family; the only true faith is that which works by love and purifies the soul. It is as leaven that transforms human character. The truth brought into the soul temple cleanses it of moral defilement; but where there is no change in the characters of those who profess to believe it, it is

evident that it is not taken into the soul temple, and is simply no truth to those who advocate it. Such are under a deception.” *Review and Herald*, April 30, 1895.

That is the faith that Jesus is looking for—faith that *changes* us!



Go Figure

News Item: “71%—Americans who consider the United States a ‘Christian Nation.’

“60%—Americans who said this in 1996.” Ted Olsen, *Christianity Today*, July 2005, 16.

End time Perspective: Americans are considering our nation more of a Christian one than they did just a few years ago. Unfortunately, it is when this nation appears the most Christian, that it speaks the most like a dragon. “Let the principle once be established in the United States that the church may employ or control the power of the state; that religious observances may be enforced by secular laws; in short, that the authority of church and state is to dominate the conscience, and the triumph of Rome in this country is assured.” *The Great Controversy*, 581.



Baby Empathy?

News Item: “One of the earliest emotions that even tiny babies display is, admirably enough, empathy. In fact, concern for others may be hard-wired into babies’ brains. Plop a newborn down next to another crying infant, and chances are, both babies will soon be wailing away. . . .

Does it mean that the baby is truly concerned for his fellow human, or just annoyed by the racket? A recent study conducted in Italy . . . has largely settled the question. Researchers played for infants tapes of other babies crying. As predicted, that was enough to start the tears flowing. But when researchers played babies recordings of their own cries, they rarely began crying themselves. The verdict: “There is some rudimentary empathy in place, right from birth.” *Newsweek*, August 15, 2005, 35.

End time Perspective: “Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of

heaven." Matthew 18:3. God creates children with empathy, but where does it go by the time we become adults?

Let us become more like our Savior: " 'Jesus wept.' John 11:35. Though He was the Son of God, yet He had taken human nature upon Him, and He was moved by human sorrow. His tender, pitying heart is ever awakened to sympathy by suffering. He weeps with those that weep, and rejoices with those that rejoice. See Romans 12:15." *Desire of Ages*, 533.



Powerful Spell

News Item: "When is the release of a book an international cultural event? When the book is the latest Harry Potter installment. Costumed fans descended upon bookstores on July 15–16 and made *Harry Potter and the Half-Blood Prince* the fastest selling book ever. . . .

"In the United States and in Great Britain, *Harry Potter and the Half-Blood Prince* sold 9 million copies in the first 24 hours after going on sale July 16. That makes the sixth book in the series the fastest-selling book of any kind ever. . . .

"Ms. Swem, a self-proclaimed pagan [reader], initially feared that the books would poke fun at her occult practices, but was pleasantly surprised." John Dawson, *World*, July 30, 2005, 16–17.

End time Perspective: "And the soul that turneth after such as have

familiar spirits, and after wizards, to go a whoring after them, I will even set My face against that soul, and will cut him off from among his people." Leviticus 20:6.

"And when they shall say unto you, Seek unto them that have familiar spirits, and unto wizards that peep, and that mutter: should not a people seek unto their God? for the living to the dead?" Isaiah 8:19.

"And I saw three unclean spirits like frogs come out of the mouth of the dragon, and out of the mouth of the beast, and out of the mouth of the false prophet. For they are the spirits of devils, working miracles, which go forth unto the kings of the earth and of the whole world, to gather them to the battle of that great day of God Almighty." Revelation 16:13–14.

Is it not a marvelous sign of the end of all things when the fastest selling book ever is a book on wizards, spirits and demons? It is also a sign of how easy the world will be taken in Satan's snare.

Ratzinger says we are not "Churches"

News Item:

"When Pope Benedict XVI was still Cardinal Joseph

Ratzinger, the Vatican's chief doctrinal watchdog, he issued an official document in 2000 that shocked many Protestant leaders. It said that other Christian faiths, excluding the Orthodox churches, 'suffer from defects' and therefore are 'ecclesial communities' and not 'churches in the proper sense.' Only Catholics are assured of salvation, it said.

"But since his election in April, the new pope seems intent on mending the ecumenical fences." *World*, July 2/9, 2005, 30.



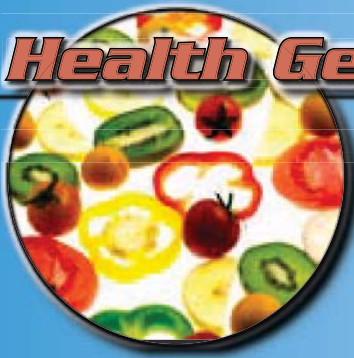
End time Perspective: "The Romish Church now presents a fair front to the world, covering with apologies her record of horrible cruelties. She has clothed herself in Christ-like garments; but she is unchanged. Every principle of popery that existed in past ages exists today. The doctrines devised in the darkest ages are still held. Let none deceive themselves. The popery that Protestants are now so ready to honor is the same that ruled the world in the days of the Reformation, when men of God stood up, at the peril of their lives, to expose her iniquity. She possesses the same pride and arrogant assumption that lorded it over kings and princes, and claimed the prerogatives of God. Her spirit is no less cruel and despotic now than when she crushed out human liberty, and slew the saints of the Most High. . . .

"It is not without reason that the claim has been put forth in Protestant countries, that Catholicism differs less widely from Protestantism than in former times. There has been a change; but the change is not in the papacy. Catholicism indeed resembles much of the Protestantism that now exists, because Protestantism has so greatly degenerated since the days of the reformers." *Great Controversy*, 1888 edition, 570–571.

Contributor: Joe Olson



Photo: ©Paul Williams - Northwest Montana



Garlic and Arthritis

Garlic has been used throughout history for the treatment of a wide variety of conditions. Sanskrit records document the use of garlic remedies approximately 5,000 years ago, while the Chinese have been using it for at least 3,000 years. The Codex Ebers, an Egyptian medical papyrus dating to about 1550 b.c., mentions garlic as an effective



remedy for a long list of ailments. In general, garlic has been used as a medicine throughout the world for a very long time.

Dr. Jack Soltanoff at West Hurley, New York, reports that garlic is very helpful in arthritic pain relief. He states that one clove daily may be chewed and swallowed. It may also be chopped fine and stirred into a salad or sprinkled on other foods. For a painful joint, peel two large heads of garlic, chop and soak in one-half cup of warm olive oil for five minutes. Dip a thick sock in hot water and wring out the excess water. Fill the sock's toe with the garlic-olive mixture, and rub it over the painful joint for three to five minutes.

A Rusk Institute of New York physical therapist, Barry Ostrow, suggests wrapping diced garlic in a hot damp washcloth and rubbing the painful area for 15 to 20 minutes. For those who prefer cold to hot applications the garlic may be placed in a damp washcloth and frozen. Joint pain of a new onset may be treated with the application of the cold garlic pack for ten minutes every two hours for the first 36 hours. Chronic pain may be treated with 10- to 20-minute hot applications two to three times a day.

Reprinted from The Miracle of Onion and Garlic, 7-8, by M.E.T. Ministry. You may order this book from Hope International for \$2.99 each. Please see page 30 for shipping and sales tax information

Prophetic Insight: *Perilous times are before us. The whole world will be involved in perplexity and distress, disease of every kind will be upon the human family; and such ignorance as now prevails concerning the laws of health would result in great suffering and the loss of many lives that might be saved." Counsels on Health, 503.*



Disclaimer: *Hope International does not offer medical advice or prescribe the use of diet as a form of treatment for sickness without the approval of a healthcare professional.*



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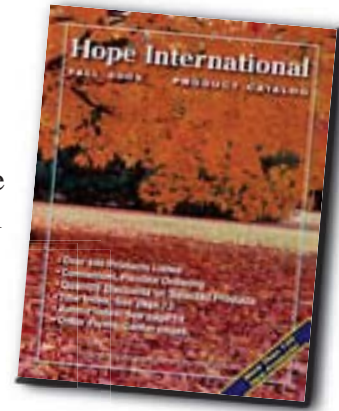
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Bulk, 70 g (2.5 oz), for tea

HXBO-BOBK **\$12.70**

Extract, 200ml

HXBO-BOEX **\$24.60**

60 capsules, 500mg each

HXBO-BOCA **\$17.80**

Cascara Sagrada Bark

Cascara Sagrada aged bark is a mild stimulant laxative from nature for the relief of occasional constipation (irregularity).

100 capsules, 450 mg each

HXNH-CSBA **\$6.80**

Chelated Magnesium

This mineral supplement is vegetarian and hypoallergenic.

90 tablets, 250 mg each

HXCL-CMAG **\$6.30**

Cratae-Loges

Cratae-loges is said to relieve the heart by minimizing excessive rises in blood pressure and pulse rate upon physical exertion.

100 coated tablets

HXDL-CRAT **\$30.85**

Dysto-Loges N

Dysto-loges is said to have a centrally sedating effect and does not lead to daytime tiredness.

50 tablets

HXDL-DYLN **\$16.87**

Dysto-Lux

Dysto-Lux contains the herb St. John's Wort, which has long been established as a reliably effective and well-tolerated antidepressant.

100 coated tablets, 200 mg each

HXDL-DYLU **\$24.00**





Evening Primrose Oil

Solgar's Evening Primrose Oil is a premium quality primrose oil, cold-pressed without the use of chemical solvents. 10% Gamma Linolenic Acid.

60 Capsules, 1300 mg each
HXSO-EPOI **\$15.50**

Flexi-Loges

Flexi-loges it is an herbal formula containing the devil's claw extract. For the first time the efficacy of devil's claw in osteoarthritis was shown in a placebo-controlled, double-blind study with this extract.

100 tablets
HXDL-FLEX **\$37.00**

French Green Clay

Extracted from a quarry in France, this dried clay readily mixes with water due to its high purity. It is highly absorbent and is useful for deodorizing and cleansing.

Powder, 8 oz.
HXNF-FGCL **\$6.00**

Gamma E Tocopherol Complex

Vitamin E is an antioxidant derived from plants. It is actually a family of nutrients, each with their own subfamilies of alpha, beta, gamma and delta substances.

60 softgels
HXNS-GETC **\$11.20**

Ginko Biloba

According to clinical studies, ginkgo biloba extract has been shown to support circulation to the brain, as well as to the extremities.

120 capsules, 120 mg each, standardized
HXNS-GBIL **\$11.20**

Gotu Kola

Gotu Kola herb is harvested from its natural wild environment in nutrient-rich marshlands of India. Gotu Kola is widely used in many parts of the India (ayurvedic) system of traditional medicine.

100 capsules, 435 mg each
HXNH-GKOL **\$6.80**



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✉ I have been intensely interested in each issue received from you. They are such a source of rich blessings and timely information. It is the only magazine I read again and again. *Our Firm Foundation* has helped me many times in preparing for the Sabbath School class I teach.
GR; Oregon

✉ Thank God for your great work.
DP; New York

✉ May the Lord bless you and everyone at Hope International in your work. There is a great hunger for the truth among many of our people, and they are too often not being fed from the pulpits.
DP; North Carolina

✉ Brothers and Sisters, May God bless and keep you. May His face shine upon you and be gracious to you. May the Lord lift His countenance upon you and give you peace. May the Lord keep you in the palm of His hand.
MC; Michigan

✉ God bless you and may you continue doing what I can not do.
EMS; Nebraska

✉ Hold on to that which is right. Be proud of our prophet. Through her, God shows us much light. We are so blessed as a people to have her. We must have the courage of an army with banners. Jesus is almost here. He will give us all the strength we ever need. Praise God.
JS; Canada

✉ May God richly bless you all at Hope in the wonderful outreach you do. I pray for you all (and me and mine!) stand firm through what is ahead, and realize more each day the wonderful reward that awaits us if we are faithful
DS; Australia

✉ I had live-in friends who subscribed to *Our Firm Foundation* magazine. The magazine kept on coming long after these friends had gone. So, one day, I picked the magazine up and began to read. I loved it and found it a blessing of timely importance. Now I have paid a full subscription for myself.
SL; Michigan

✉ May God abundantly bless you daily.
BMT; California

✉ I am extremely pleased with the urgency with which you are promoting the three angels' messages. I love reading *Our Firm Foundation*. It gives me confidence to stand in these critical end-time days.
Please be informed that I identify with you in your mission.
RG; Florida

✉ May God bless you for the good work you are doing for Him, spreading the word worldwide. May He give you strength and wisdom. I am very much blessed with your materials.
JNN; Hawaii

✉ My friends and I read *Our Firm Foundation* and enjoy it immensely. I would like to know when Hope International plans to come to Denver for meetings. I will be calling around to find a place to host the meetings. Many individuals are looking forward to the meetings.
SS; Colorado

✉ We are happy to be receiving *Our Firm Foundation*. The articles are wonderful and the magazine is so attractive. They encourage us to be ready for Jesus to come.
AB; Canada

✉ I praise God for what He is doing through you and just want to use this medium to say I really enjoy your publications. I would not like to miss any of them. A lot of people have been blessed by the material in the magazine through my outreach ministry. They want to be receiving their own publications now. Laymen are doing a lot of outreach work through the publication.
NOM; Nigeria

✉ Thank you for sending me a copy of *Our Firm Foundation*. The articles are timely.
ACW; California

✉ I like your publication and you have my support.
God bless.
D&JT; Maine

✉ May the Lord continue to bless this wonderful ministry. I am greatly blessed by it.
VK; California

Hope for Health



A comprehensive Health Retreat Program that can turn your life around.

Hope International is offering a health retreat program that promotes healing for your body, mind and soul. The Health Retreat is located right on the campus, which frees guests from the hassles of transportation arrangements.

The Health Retreat package consists of vegan meals, massage treatments by experienced personnel, sauna treatments, whirlpool treatments, clay bath treatments, a fully furnished work-out room, and spiritual nourishment for only \$210.00 per day.

Our top-of-the-class specialties are the natural African and European herbal remedies and the unique "clay bath" whose benefits you have to personally experience.

The mouth-watering cuisine feeds the hungry without exploiting the animals.

You don't want to miss this health restoration/ health rejuvenation experience. Come and see for yourself what "Hope for Health" has to offer you and your loved ones!

Hope International will provide their guests with transportation to and from the regional airports on arrival and departure, free of charge!

Our natural health and wellness program is about promoting personal health and fitness through the natural therapies, exercise, fresh country air, pure water, plenty of sunshine, sweet and quiet rest, a healthy diet, nutritional supplements, spiritual nourishment, and developing a healthy outlook to life that promotes resilience to disease.

Disclaimer

Our guests take full responsibility for whatever decisions they make regarding their own health care at Hope for Health, based on informed consent. No one is forced or coerced into participating in any program.

Hope for Health does not offer medical advice. Nothing offered by Hope for Health is to be considered professional advice for medical diagnosis or treatment.

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