

NEWS AND INSPIRATION FROM THE SEVENTH-DAY ADVENTIST CHURCH IN MID-AMERICA

# OUTLOOK

MARCH 2012

A photograph of a man and a woman hugging. The man is on the left, wearing a dark blue button-down shirt, and has his arms around the woman. The woman is on the right, wearing a plaid shirt, and is smiling broadly. They are both looking towards the camera against a light blue background.

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Cover Photo: Pastor Scott Haakenson, evangelism director at Sunnydale Adventist Academy, and his wife, Beth, who participates in his ministry with students and also is the art teacher. Photo courtesy of Beth Haakenson.

## IN THIS ISSUE

Seventh-day Adventists are blessed not only with biblical truth but with divine principles for healthy living. National media attention has sparked curiosity about how Ellen White's counsel more than a century ago represents the best wisdom of contemporary medical and nutritional science. Mid-America is blessed with five (soon to be six—see p. 27) Adventist Health System hospitals, along with several lifestyle centers (such as Colorado's Eden Valley and Dakota's Black Hills Health and Education Center, both of which Outlook reported on recently). This month we feature what is happening in healthy lifestyle education and outreach at Sunnydale Adventist Academy in Missouri. I think you will be thrilled about what students there are learning and doing, and also with the testimony of staff members. As you turn the page, Iowa-Missouri conference president Dean Coridan explains Sunnydale's philosophy in his guest editorial.

—MARTIN WEBER

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# The Enduring Effectiveness of Health Ministry

by Dean Coridan



**A**s we dwell in this land of sin and death, it is a great comfort to understand that our heavenly Father not only cares about our spiritual condition, but is just as caring about our entire being. “Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers” (3 John 2, NKJV).

The very cornerstone of Adventist theology and worldview is that God cares for us as whole persons who are spiritual, physical, mental, emotional and social beings. He has given, therefore, great and good gifts to benefit and bless us and the world in which we live.

I saw a statement in *Counsels on Health* that leads me to believe that we have a great door of opportunity open before us of which we should take full advantage. It reads:

“As religious aggression subverts the liberties of our nation, those who would stand for freedom of conscience will be placed in unfavorable positions. For their own sake, they should, while they have opportunity, become intelligent in regard to disease, its causes, prevention and cure. And those who do this will find a field of labor anywhere. There will be suffering ones, plenty of them, who will need help,

not only among those of our own faith, but largely among those who know not the truth” (p. 506).

This door of opportunity is open to all of us. Each of us should take full advantage of it. I believe that now is the time for all our schools to pay attention to the Seventh-day Adventist worldview of God’s care for the whole person.

Especially in our boarding academies, this opportunity exists. We have the ability to create a learning environment that many young people cannot experience anywhere else. We may work to fit students for a lifetime of service to their own families, and to the communities in which they will live. In our boarding schools, the principles of healthful, balanced living can be experienced every day. The students can learn practical ways to prevent disease and to preserve health. They can participate in the production of food, in the preparation of healthful meals, and in the right use of simple remedies that can bring about recovery from the many lifestyle diseases of our nation. Our young people can learn the prevention of childhood obesity and diabetes, high blood pressure and heart disease. We can help prepare them to stand at the head of families, and to benefit their neighbors both at home and abroad.

I believe our day of opportunity includes the openness of society to be taught prevention of disease to a degree that we have not witnessed in many years. What a blessing it would be for our young people to become even greater agents of change in our churches and communities. What a great thing it would be if partnerships could be developed between Seventh-day Adventist healthcare systems and our boarding academies to impact the communities around our schools together.

Our goal at Sunnysdale Adventist Academy is to integrate the principles of healthful living into every day of life and then to integrate the students into the surrounding community through acts of service and kindness. Sunnysdale Farms, an industry developed in recent years through the establishment of several greenhouses worked by the students, is one of many ways we are choosing to let our neighbors know that God desires them to “prosper and be in good health” (NASB).

God has given us a great gift in the knowledge of health and prevention of disease. May we take full advantage of every opportunity He grants to be a blessing to the people around us. **U**

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Dean Coridan is president of the Iowa-Missouri Conference.



# Sunnydale Students are Growing

by Michelle Miracle



All photos courtesy Michelle Miracle and Chris Overton



**(page 5)** Students building the Sunnydale Farms Market

**(top)** Plants/flowers for sale in Sunnydale Farms Market

**(middle)** Students preparing soil for planting in one of three high tunnel greenhouses on campus

**(bottom)** Organic produce provides food for students and income from sales.

**Sunnydale Adventist Academy in Centralia, Missouri is gradually reshaping the secondary education experience by giving students opportunity to train for church leadership roles, participate in local and international outreach efforts, and gain practical work experience.**

“The only way to save our young people is to give them a higher mission than the world is giving them,” said Dean Coridan, Iowa-Missouri Conference president. “We provide students an understanding of what it means to be a leader in their local church—whether as an elder, deaconess, Sabbath school teacher, audio visual coordinator, etc. We also want to help them learn how to integrate mission work into whatever career they choose.”

One of many work opportunities on campus is with Sunnydale Industries (SI), a nonprofit manufacturing business owned and operated by Iowa-Missouri Conference. For years SI has employed students in assembling brushes and oxygen tent respiratory canopies, but their most recent endeavor involves giving people and organizations the opportunity to grow mass quantities of produce on their own property.

Since 2009, Sunnydale has maintained three high-tunnel greenhouses on campus where student employees plant, cultivate and harvest produce. Vegetables grown in Sunnydale Farms greenhouses are used by the cafeteria in making student meals. Last year a market was built on campus to sell greenhouse-grown fruits, veggies and flowers. The building is the combination of two One-Day School structures

donated by One-Day Project founder Garwin McNeilus.

The success of this additional SI industry spawned the idea to build and sell greenhouses. Churches, schools or other organizations could have their own fund-generating greenhouse(s) to support various ministries, or individuals could grow their own fruits and vegetables.

In late 2011, Sunnydale students began the process of manufacturing greenhouse kits for sale. Greenhouses of various sizes will be built with the same frame material as the One-Day Church/School structures. McNeilus has donated the building materials needed for the first batch of frames. A generous gift of \$20,000 from Adventist-laymen’s Services & Industries (ASI) will help purchase assembly materials. There will be two size options: large (20’ wide x 120’ long) and standard (20’ wide x 30’ long). Availability dates for the kits are not finalized.

For more information on the greenhouse kits, contact Larry Overton, SI manager at 573.682.2128.

Michelle Miracle is communication/SS director for the Iowa-Missouri Conference.



# God Turned My Nightmare Into a Dream

*A vision of health, laughter and life*

by Beth Haakenson

Courtesy House of Brokers Realty



This historic estate on four acres in Centralia, Missouri features 10,000 square feet of finished space in the main building—well suited for the envisioned lifestyle education center.

Five years ago (due to complications from surgery) I suffered a stroke, sepsis and endocarditis. After a month in the hospital and another month on IV antibiotics, I got the medical “all clear.” So the worst was over, I imagined. Actually, it was just the beginning of a journey from sickness to recovery—and then to my present dream for a ministry of healing through establishing a lifestyle center.

During those years of illness, my body would sometimes simply shut down—I couldn’t open my eyes, move or speak. I experienced uncontrollable tremors that could last an hour or more. I used a cane for over a year, and for a couple of months my body was simply too weak to hold myself up. I needed a wheelchair even in the house. Sometimes Scott, my husband, would have to assist me even in the simplest personal care.

By spring 2011 I had near continual fatigue and constant pain. More than one doctor frankly confessed that I had them “stumped.” Five physicians,

including three at the renowned Cleveland Clinic, diagnosed me with fibromyalgia. They told me there was no cure, so I just had to cope with my suffering.

One morning Scott spent more time than normal in his devotions, pleading with God concerning my health. God answered, saying I needed to do a “cleanse.” That was all we had to go on. About an hour later, Scott had a meeting with a dear friend. One of the first things she said was, “I don’t know why, but I was very impressed to bring you this book. It’s my ‘bible’ on cleansing.”

It was an old out-of-print Adventist book, *The Life of the Flesh is in the Blood*, by Edward Bergholt. It outlines a six-day program for cleansing the blood, liver, kidneys and lymph nodes using simple hydrotherapy, exercise and diet. We knew God was pointing us in this direction. Detoxing is never a pleasant experience, but by the sixth day I felt a vitality I had never experienced before.

Over the next two months my

health continued to improve. I had no fatigue and little pain. I found a new love for life and ministry and wanted to be like Peter’s mother-in-law, using my gift of health to serve God. Don’t get me wrong—I served Him in my sickness, but other than intercessory prayer, my help to others was greatly limited. Now I was continually asking how I could serve Him.

Then our dream was born. There is a large house five minutes from Sunnysdale Adventist Academy that used to be a bed and breakfast inn, among other things. It has been for sale for a year and a half—one of those things you pass by without a thought. But one day Scott saw this house in a new way: as a lifestyle center.

Scott and I are practical people; we’ve never been dreamers. But, we decided

**If this vision is not just of us, but of God, then I believe He has (or will) share it with more of His people.**



Courtesy Beth Haakenson



As I peeked in the windows I could “see” people in the building visiting and laughing with one another. I could imagine them learning God’s way of healthy living, marriage, parenting, peacemaking and handling finances. I could see pastors and their wives, lay people and medical professionals all presenting various seminars and assisting in health programs, including massage and hydrotherapy.

to leave the thought in the back of our minds. A few days later I felt impressed to drive by the house. I pulled into the driveway and heard a small voice say, “Get out and pray.” I did. Being the end of November, everything was dead, but I could see it all alive, blooming and beautiful—a strange experience for me. I called the realtor and left a message stating we were in the dream stage, but would have interest in looking at the property if she was willing to take the time. She returned my call, and we set up a time to go through it with her and the owner. Before the scheduled day I made another visit to pray. As I peeked in the windows I could “see” people in the building visiting and laughing with one another. I could imagine them learning God’s way of healthy living, marriage, parenting, peacemaking and handling finances. I could see pastors and their wives, lay people and medical professionals all presenting various seminars and assisting in health programs, including massage and hydrotherapy.

When I received the layout of the house via Internet, I again could see how the house could function as a lifestyle center. There was one particular bathroom with storage areas on either side. Would it be possible for one of them to be turned into a hydrotherapy shower?

The day for the showing arrived. I had a 12-year-old girl staying with me that day. Her mother granted permission for her to accompany my husband and me so she could focus on praying while Scott and I focused on the house, owner and realtor. I told her that sometimes God shows us how to pray by whispering ideas or even pictures into our minds. Other times we may not know how to pray, but we can trust the Spirit to intercede for us (see Rom. 8:26, 27).

The owner wanted to hear all about our vision. She seemed excited for us, even suggesting some ideas of her own. At one point I asked if they thought the storage area next to the downstairs

bathroom could be turned into a hydrotherapy shower. The owner gave us a strange look, then led us back to the area. She explained that the adjoining room, now the multipurpose room, used to be an indoor pool (which is still beneath the floor) and for that reason, the storage area I was referring to actually used to be a shower. Wow!

We left the owner and realtor with the understanding that unless God confirmed it by support from others in our church family, this dream would never amount to anything. We would keep in touch if circumstances so led.

Back in the car, our young friend had something to share. When we were inspecting one of the bedrooms, this girl had imagined two massage therapists treating patients. I had forgotten to mention my hope for massage therapy while we were touring the house. Had God given her that picture filling in the vision that maybe He has for this house?

I don’t know, but just the possibility of it intrigues me.

If this vision is not just of us, but of God, then I believe He has (or will) share it with more of His people. I cannot say for sure that it is God’s vision, but *Outlook* magazine invited me to share it with you, and now you are reading it. Perhaps you will feel impressed to pray about it as well.

Here is my vision for this “House of Isaac,” as I call it: to share with people God’s way of living. Specifically, that they receive Him and His ways and experience a fulfilling, happy life here on earth and the hope of eternal life in Christ. I would love to see in reality that house become a place of health, laughter and joy for God’s present and future children of promise!

.....  
Beth Haakenson is the art teacher at Sunnydale Adventist Academy. For more information about this project, contact Beth at 573.682.7561 or bhaakenson@sunnydale.org.

## More About Beth

by Cassi Fitzpatrick

Until age 10, Beth Haakenson lived in upstate New York. After attending public schools in Cincinnati, Southern University was her next stop. This was her searching ground for God and who He would be in her life.

While walking around the school’s track, Beth vented to God, “If Christianity is what I think it is, I don’t want to be a part of it. If it’s different, then I’d be happy for You to show me.”

And He did. Beth joined the Y.E.S. Team (Youth Experiencing Salvation), which was a task force position traveling to academies leading weeks of prayer and starting small group Bible studies in dorms.

One day during Beth’s devotional time she read about the leper in Matthew 8 who knelt and cried out: “Lord, if You are willing, you can make me clean.”

Jesus reached out His hand and touched the man. ‘I am willing,’ He said. ‘Be clean!’ Immediately he was cleansed of his leprosy” (verses 2-3).

That day—that verse—changed Beth’s life. ‘I asked Him to help me know He truly loved me and He reached out, hugging me, saying, ‘I love you.’ And I’ve known it ever since.”

The next year she served Jacksonville Junior Academy as a taskforce chaplain. She and Scott were married in 1995 and now have two teenagers, Caleb and Ryan, who attend Sunnydale Adventist Academy and Elementary School. Scott is director of evangelism there, and Beth teaches art.

.....  
Cassi Fitzpatrick is a senior communication major at Union College and a student intern for the Mid-America Union.





# A Piece of My Heart

by Larry Bucher

Courtesy, Larry Bucher



**You never know what will happen next at a mission hospital. The attending surgeon and his wife asked me to go with them to the emergency area to see an infant who might need surgery. I had no idea how much this encounter would impact my life.**

As a child, I wanted to be a doctor. That changed one January afternoon when I was 14. My cousin, also 14, was like a brother to me. It was a sunny day, so we decided to drive the tractor through the countryside and enjoy the fresh air.

When we came back into town, I stopped at his house to let him off, but he wanted to ride several blocks to the grocery store where his father was picking up supplies. The road was clear, so we turned the corner and headed toward the store. As we did, we heard a truck start up about a block away. As its motor revved louder and louder, we eased the tractor to the side of the road. My cousin screamed just before impact and all went dark.

As I regained consciousness, rescuers placed me in the back seat of a car and laid my cousin across my lap. He gurgled out his last breath on the way to the hospital. That's when I lost interest in being a doctor.

The next year an Adventist electrician moved to town and hired me to help install fire alarms in nursing homes. He tried to study the Bible with me. I had always gone to Sunday school with my mother and wasn't interested in his studies—until he brought up the state of the dead. That caught my attention! My cousin wasn't in heaven observing the pain of those grieving for him.

I was baptized at the beginning of my senior year of high school.

After graduation I followed in my father's footsteps as a mechanic and machinist. I loved my work, but the thought of the suffering in the world was always with me.

One day an advertisement caught my eye in our church union magazine. It was about a nursing program. By then, my wife and I had two children. Medical school was out of the question, but maybe I could become a nurse. I was accepted and signed up for classes on my 29th birthday. After graduation, I spent the summer working in ICU and then entered anesthesia school. In just six years I went from mechanic to a mission hospital emergency room in Africa!

## My Bush Baby

The infant who came from the bush country to our hospital was near death. Yet at the sound of my voice, this dying child reached up, grabbed my finger and held on with strength I could not imagine. That baby died while tightly clutching a piece of my heart. In the many years that have passed, I have often shed tears for her.

One morning while still lying in bed I was thinking of that baby again. As usual, tears began to flow. Then I remembered something in *The Great Controversy* describing the resurrection: "Little children are borne by holy angels to their mothers' arms" (p. 645). And then in *Selected Messages*: "Angels receive the motherless infants and conduct them to the tree of life" (vol. 2, p. 260).

I hope that baby's mother is there in heaven to receive her at the hands of holy angels. But that particular morning I found myself praying: "If her mother isn't there, bring the child to me. She has a piece of my heart clasped in her hand."

Larry Bucher is a member of Piedmont Park Church in Lincoln, Nebraska.

**It is one of God's mysteries how a Methodist mechanic from a small Midwestern town can become a nurse anesthetist and operating room supervisor at an Adventist hospital in Africa.**



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# CHIP Transforms a Cardiac Cripple

*Health Ministry that Reaches Hearts*

by Marilyn Saylor and Kathy Pflugrad



Tom Kalinoski credits CHIP with renewing his hope and health. His active lifestyle has been restored after doctors consigned him to life as an invalid.

“There is nothing more we can do for you.”

Those aren't words any man wants to hear from his physician. Months earlier, Tom Kalinoski was an active forty-something who loved outdoor work. Now he was face-to-face with hopelessness.

Kalinoski had suddenly found himself tiring quickly and requiring frequent breaks from fall chores around his home in Thief River Falls, Minnesota. By spring, the smallest task left him winded. Symptoms intensified—heaviness in his chest and knifelike pain in his left arm. “It was getting hard to do anything,” he recalls.

After failing a stress test, Kalinoski underwent an angiogram. A *stent* or two and *I'll be back to work in no time,*

he thought. But the grim-faced cardiologist reported, “You have five blockages in the arteries to your heart. All are 95 percent blocked or worse—one is 100 percent blocked. You need open heart surgery ASAP.”

“Open heart surgery was the worst thing I'd ever been through. Afterward I vowed never to do that again,” Kalinoski remembers. Soon, though, his symptoms returned. Six months post-surgery an angiogram showed all five vessels completely scarred—and inoperable. Instead of facing another surgery he heard that dreaded pronouncement, “There's nothing more we can do.” His doctors prescribed the lifestyle of a cardiac cripple and told Tom, “You just have to live with it. You have no choice.”

Several miserable years passed. Then Kalinoski learned about CHIP. “I had nothing to lose—I decided to go for it.” Tom liked CHIP's balanced approach and appreciated the lack of pressure. “We weren't told ‘This is what you have to do.’ We were given proven reasons why we would want to choose to live differently. There was a lot of friendly support. Food samples at every class were a big help, too.”

When the program ended a few weeks later, Kalinoski was delighted with his results. His cholesterol had dropped 54 points and his blood pressure—high since his teens—was down. His doctor reduced three of his medications. “I feel great!” Tom enthused. “CHIP taught me the reasons to choose a healthier lifestyle, and I will stick with the program because it makes sense.”

Tom has kept that promise. Three years later his cholesterol sits at 151. He is off all medications except a baby aspirin and an occasional long-acting nitro. Tom is happily working in his yard again, his life transformed.

Meanwhile Marilyn Saylor, a neighbor, finds health ministry tremendously fulfilling. She has directed 14 CHIP programs in Thief River Falls and cites story after story of lives touched with hope and healing.

You, too, can bring the proven results and priceless benefits of CHIP to your community. Plan now to attend CHIP Leadership Training at the Minnesota Conference office March 16-18, 2012. For full details, visit: [www.sdachip.org/workshops.html](http://www.sdachip.org/workshops.html) or call 423.546.4719.

**His doctors prescribed the lifestyle of a cardiac cripple and told Tom, “You just have to live with it. You have no choice.”**



**PROVEN RESULTS**

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## Thompson Kay Wins Lifetime Achievement Award

The director of TEAMS Educational Center, a Nebraska-based nonprofit serving disabled people and their families, has won national recognition from the North American Division of Seventh-day Adventists. Thompson Kay received a Lifetime Achievement Award from the denomination for his ministry to the disabled, particularly those with hearing impairment and dyslexia.

A native of Georgia, Kay moved to Lincoln to work as director of deaf services for Christian Record Services, an international organization that primarily serves the visually impaired. In 2000 Kay launched TEAMS. Beyond administrative duties, he and his wife, Ethel, assist children and adults through personal tutoring, sign language classes and educational workshops. They have developed a unique approach that helps students discover their individual learning process. Nationally, Kay presents seminars on disability awareness competence to educators, business leaders, clergy and parents of students with disabilities.

“People with disabilities need love, acceptance, and respect—just like non-disabled people do. They need us to be kind and considerate as we help them cope with their situation,” stated Kay.

Along with managing hearing impairment and dyslexia, TEAMS specializes in ADD (Attention Deficit Disorder), the most common behavior dysfunction diagnosed in children and teens. Students with such disabilities tend to read below their grade level and intellectual capacity. Many are greatly benefited by personal tutoring as well as the licensed after-school program provided at TEAMS’ facility.



Courtesy Thompson Kay

**People with disabilities are first of all people. May God help us overcome any barrier keeping us from accepting and interacting with them.**

Kay typically concludes seminars with an admonition: “If you forget everything else I say, please remember this. People with disabilities are first of all people. May God help us overcome any barrier keeping us from accepting and interacting with them.”

TEAMS, a 501(c)3 nonprofit organization, can offer services at low cost because of tax-deductible donations. For more information, contact Thompson or Ethel Kay at 402.483.5395 (V/TTY) or [teamsed@windstream.net](mailto:teamsed@windstream.net).



## Christmas Dinner Giveaway

by Sharon Tate



Courtesy/ Central States Conference

Guests from homeless shelters enjoyed Christmas dinner at Philadelphia Church in Des Moines.

In December the personal ministries department of Philadelphia Church in Des Moines, Iowa hosted a Christmas dinner for homeless persons. Driving the church van, deacon **Derek Covington** went into the community several times and brought

back people from three local homeless shelters. More than 30 guests attended the dinner.

Members of Philadelphia Church put up Christmas decorations, served food, and sat down for fellowship with their guests. Vegetarian turkey, greens, cornbread, macaroni

and cheese, cranberries and many desserts made a delicious meal. Gift bags handed out after dinner contained much-needed items: hats, gloves, sweatshirts, socks and toothbrushes.

All guests seemed delighted with the atmosphere, the

company and the food. Several have subsequently attended Sabbath worship services.

.....  
Sharon Tate is a member of Philadelphia Church.



## “Dakota Kids” on a Mission

Testimonies of God’s Faithfulness

by Jacquie Biloff

Courtesy, Jacquie Biloff



Ileah Schmuhl is serving as a student missionary in Addis Ababa, Ethiopia.

While most Mid-Americans enjoy the comforts of home, family and friends, four Dakota youth are on overseas missions: **Spencer Way** (Bismarck, ND) in Koza, Cameroon; **Tabitha Schumacher** (Lehr, ND) and **Mary Erickson** (Cleveland, ND) in Buea (“boy-ya”), Cameroon; and **Ileah Schmuhl** (Jamestown, ND) in Kalalaa, Ethiopia. They arrived at their destinations in September 2011. (Schmuhl says the calendar and time system is unique in Ethiopia however—it is 2004 there and 11 days behind the Gregorian calendar.)

Following are their reports of God’s faithfulness amid challenging circumstances.

Way (business management major at Union College) serves at Koza Adventist Hospital’s accounting office. “My work involves developing

internal controls to improve the distribution of supplies throughout the hospital. I have inventoried the entire hospital, begun organizing the stock room, and developed a program to track medicine coming in and out of the stock room and pharmacy. After my daily work at the hospital is finished, I go to the local Adventist school to help students with English. Some days students come, some days not, but I almost always have children who practice vocabulary with me. The rest of my time is filled with studying French and visiting friends from the church and hospital.

“There are no safe havens, ‘Little Americas,’ in Africa. To escape the feeling of being here one would have to actually depart. The ‘Africaness’ of Cameroon is overwhelming. ...not even the blind could

miss the poignancy of poverty. It is so thick and tangible every day that you can feel the pain—which locals ignore as commonplace—long before your eyes can take it in.

“Does the assailing stench of everyday life cause you to smell your shampoo every morning, knowing it is the last thing till tomorrow morning’s shower that will not reek of something you would rather not identify? It’s my ritual now to inhale till I can no longer smell it.

“My guava trees produce vigorously, ripening a few at a time. The first missionaries here planted lots of trees and transformed this town, a sun-soaked hot pan, into a shady oasis. They wrote in letters home that they made guava preserves. I don’t think I’ll have enough of the fruit to attempt that, nor do I want to risk wasting precious gas. If

the gas runs out I am back to cooking on the fire. I have a banana tree and a mango tree to go with the guavas. They have not begun to produce, but I have high hopes—mango is a favorite fruit of mine and the bananas here are sweet and delicious.”

Schmuhl (health science: pre-optometry major at Southern Adventist University) teaches 3a and 3b English at the Learning Village outside of Addis Ababa, Ethiopia. She also works at an optometry clinic (about a 30-minute walk) and tutors individual piano and guitar lessons for five students. Monday evening Schmuhl leads a Bible study with **Ting**, a fellow nursing student. Sundays they assist with Pathfinders.

“In Ethiopia there are over 83 different languages and more than 200 different



dialects. Not everyone knows the official language, Amharic, which Ting and I speak. Nevertheless, when we got lost on our way to climb Yerer Mountain, it was a blessing that those hiking with us could speak the local language and direct us on our way.

“Retired surgeon **Dr. Fekede**, along with his sister, launched Kalalaa Learning Village 11 years ago on their own property. They also built a clinic. Unfortunately many cultural barriers restrain people from utilizing the facility. Dr. Fekede also established land for farming and a dairy, as well as a mill. Now people, after harvesting teff, wheat or any other grain, can grind it locally instead of hauling it miles into Addis on a donkey.

“Both Ting and I are challenged daily with overcoming cultural barriers to healthcare. However, we’ve learned that God is so much bigger than what we can imagine, and that even when it seems hopeless we just have to keep trying.”

**Pastor Rich Carlson**, Union College chaplain and vice president for spiritual life, flew to Cameroon in October to check on the student missionaries. He arranged for Way, Schumacher and Erickson to meet in Douala and climb Mt. Cameroon (old Mt. Fako). Their adventure entailed hiking 17 hours over two days at roughly a 45-degree angle to scale the summit—an elevation of about 14,000 feet.

Schumacher (elementary education major from Union College) comments, “We set out at 5:45 am—not quite midnight for those in Central Time back home—and hiked ‘all night’ (for you) until we reached Hut 2 around noon here, a total of 5 hours and 45 minutes the first day. At one point where we were feeling pretty tired out, slow, and pathetic, we asked

our guide what the fastest ‘white man time’ was from the countless people he has taken up the mountain. To our shock he said, ‘This is the fastest time.’ We questioned in disbelief and sure enough, getting to Hut 2 usually takes his groups 8 hours and we did it in under 6! I guess Mount Cameroon has just never seen a group of ND kids!”

Schumacher said the start of the climb is like a jungle in a rain forest. “As you climb, you traverse through the equivalent of landscapes from many different states until eventually you reach North Dakota at the summit! The sights of God’s amazing creation were too numerous to absorb as we climbed. Though physically exhausting, it was mentally and spiritually refreshing!”

Schumacher then offered some advice: “I suggest that we Americans should not feel guilty. For example, feeling guilty for taking a warm shower does nothing for the temperature of the water in Africa. The key is to be thankful for what you have. When there is something you can do to help others, do it, but when guilt creeps up, identify the blessing that is causing you that guilt and just thank the Lord for it! People who have much less than you can be much happier than you if you’re forgetting to thank God for everything. Remember, it’s really not about what we have—it’s Who we have!”

Erickson (nursing major from Union College) says, “God has been showing me how much he cares about even the little things in my day-to-day life. For example, a few days ago, Tabby and I were at market. It was nearing the end of the day, so everything was winding down. Wheelbarrows, carts and trucks crowded the pathways in the market as the sun set. People were everywhere carrying all kinds

of things in their hands and on their heads. Market vendors were yelling out their final prices for their produce.

Tabby and I were making our way through the crowded darkness back toward the street to catch a taxi when we stopped to buy a few things. I reached into my small moneybag that hung over my shoulder to get some cash. Some paper fell out of my bag. I picked it up thinking it had just fallen out when I reached in to get my money. We continued to make our way out of market through the crowd. Upon finally reaching the street, I noticed more things falling out of my bag. I looked inside and noticed that my debit card was gone!

“People were pushing us from every side and it was now dark. Tabby and I said a quick prayer and started retracing

our steps into the market. We didn’t have a light, but we kept looking and asking around to see if anyone had seen the card. Having no success amid the crowded darkness, we decided to just go home.

“On our way out we bought some potatoes. The vendor had several buckets of them. We selected which bucket we wanted and the vendor poured the potatoes into a bag. Out of the bottom of the bucket came my debit card, landing on top of all the potatoes! We could not believe our eyes! How the card got there and how we happened to pick that bucket of potatoes with the card in it—I have no idea. All I know is that God was at market that day. And not only that day—He’s with us all the time.”

.....  
Jacquie Biloff is communication director for the Dakota Conference.



(left to right) Pastor Rich Carlson, Tabitha Schumacher, Mary Erickson and Spencer Way during their two-day trip to Mt. Cameroon.

Courtesy Rich Carlson







## New Recognition for Adventist Veterans

*A testimony from Iowa-Missouri Conference communication/  
Sabbath school director Michelle Miracle*

In late 2005, church member **Rosalee Dye** contacted the Iowa-Missouri Conference about sending a copy of the official Seventh-day Adventist logo to Veterans Cemetery in Jacksonville, Missouri. She wanted it etched on the headstone of her late husband, **Burton**. Since the headstone was about to be made, I rushed a fax off to the cemetery with the black and white logo they needed.

A few days later I got word that the Adventist logo could not be put on Burton's headstone because the logo was not on the Veterans Administration's (VA) official "Emblems of Belief" list. To achieve that I needed to send the VA, via the cemetery, specific documentation regarding the validity of our organization.

Surprised that this process didn't appear to have been previously initiated by the Adventist Church, I decided it was time. An organization cannot on its own start the process of adding its emblem to the list; a written request must come first from the next of kin of a deceased veteran. Since Mrs. Dye had already started the process, we as a church needed to submit a letter, signed by a primary contact person, that certified the emblem was widely used and recognized as our official logo.

I contacted **Roger Smith Jr.** (now deceased), then director of communications at the General Conference, and enlisted his help in compiling the necessary documents. After mailing in that pile of papers, I patiently waited for a response.

What ensued were two years of phone calls and emails to the VA person in charge of Emblem of Belief

Management. I was assured on every occasion that our paperwork had been received and would be reviewed for approval. Then in 2007, the VA changed the way Emblem of Belief requests were evaluated—which tabled our request. Were all our efforts for nothing?

Throughout the process I had been conferring with my dad, a Vietnam veteran and clinical social worker/team leader for Citrus Heights (California) Vet Center. He assured me that just because the wheels of the VA turn slowly, it didn't mean they weren't turning.

In 2009, after two more years of active waiting and consultation with the VA, I was ready for a new strategy. My dad suggested enlisting the aid of a U. S. senator. I wrote to Iowa senator and Navy veteran **Tom Harkin**, asking him to help in any way he could with the Adventist Church's emblem request. His sympathetic staff requested detailed information about our submission. A letter, written and signed by Harkin, asked the VA about the status and reason for delay of our emblem request. The VA explained to him that the Adventist Church would have to wait for a decision until changes to the Emblem of Belief evaluation process were approved.

Finally in March, 2010 Rosalee Dye received a letter from the VA stating that the rules had changed and now any emblem—whether on the official list or not—could be requested for etching on a headstone. I read her letter with tears of joy, praising the Lord for His goodness and the patience granted me throughout the trying process.

I then sent our Seventh-day Adventist logo to the VA, and within a year it was etched on Army Lt. Burton Dye's headstone. He had served in the U. S. Army for 16 years, four of them overseas during WWII. I believe that his is the first headstone to receive our denominational logo.

Content with the VA's approval of Mrs. Dye's request, and uncertain that the logo would ever be added to the official Emblem of Belief list, I stopped checking the VA website for updates. Then in March, 2011 I visited the site—and cried again as I saw the Adventist logo finally on the official list. So now our church logo is available to be etched on any headstone of any veteran buried in a national, state veteran's, or military post/base

cemetery. The request must come from the decedent's next-of-kin, or someone authorized in writing by that relative, or a personal representative pre-authorized in writing by the decedent. Then the logo can be added to any headstone, even one already in place. The process is described in detail at [www.cem.va.gov](http://www.cem.va.gov).

I thank Rosalee Dye for the service of her husband, Lt. Burton Dye. I also want to thank my father and express my gratitude to all veterans for their selfless sacrifice, because freedom isn't free and you are not forgotten!

**(left) Headstone for Army Lt. Burton Dye in the Missouri Veterans Cemetery in Jacksonville, featuring the Adventist logo.**

## SNEAK PEAK:

2012 IOWA-MISSOURI CAMP MEETING

May 29–June 2

Sunnydale Adventist Academy

**Featured speakers include:**

**Tom Lemon**

president of the Mid-America Union

**Steve Wohlberg**

director of White Horse Media

**Elissa Kido EdD**

director of CognitiveGenesis research project

**For more information, visit:**

[www.imsda.org/campmeeting](http://www.imsda.org/campmeeting)



# REACH Initiative Adopted in Kansas-Nebraska

by John Treolo

Following the theme of the North American Division, **Ron Carlson**, conference president, introduced REACH Kansas-Nebraska at a recent pastors' meeting.

"This is to keep us all reminded why we're here, to REACH Kansas-Nebraska," Carlson said.

REACH offers five initiatives:

R—Revival

E—Education

A—Alignment

C—Community

H—Health

"We want to help say, 'I want to be revived; I want to be with Jesus every day; I want to teach and share God's Word; I want to align with others; I want to be part of a community,'" Carlson declared.



## CONFERENCE CALENDAR

### Mar 24 **KC One-day Women's Event**

Speaker: June Madrigal  
Contact: [scarlson@ks-ne.org](mailto:scarlson@ks-ne.org)

### Mar 24 **Lincoln New Creation Church Grand Opening**

5620 Coddington Ave  
Lincoln, Nebraska  
Speaker: Ron Carlson  
Contact: Michelle Mesnard  
402.304.0537

### Mar 25 **Breast Cancer Awareness Tea**

Lincoln Northside Church  
1800 N 73rd Street  
Lincoln, Nebraska  
Register: [www.pinkforcancer.com](http://www.pinkforcancer.com)

### Mar 30-31 **Wichita Youth Rally**

Contact: [tsager@ks-ne.org](mailto:tsager@ks-ne.org)

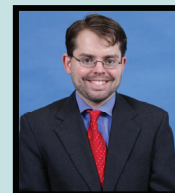
### Man Alive! Advance

April 20-22, 2012

### Real Men from Our Adventist Past

Speaker: Michael Campbell  
Lead Pastor  
Wichita South Church

Pastor Campbell specializes in Adventist history and Ellen G. White.



Concert Artist:  
2<sup>nd</sup> Mile  
College View Church



Praise Team: Revive  
Wichita South Church



To register:  
[jtreato@ks-ne.org](mailto:jtreato@ks-ne.org)  
785.478.4726



## Jim Glass Retires

by John Treolo

John Treolo



Jim and Sharon Glass at his retirement party

After nearly 36 years of denominational service, the latter 16 with Kansas-Nebraska Conference, **Jim Glass** retired with a distinguished career at the end of 2011.

Born in Flint, Michigan,

Glass took a double major at Andrews University—business administration and education. Attending Andrews proved beneficial in another aspect; he met his future helpmate, **Sharon**. Her brother

introduced them to each other. Three children were born to this union: **Brian, Maria and Lynette**.

After six years of secular employment (where he earned CPA certification), Glass began his service for the church as accountant for Michigan Conference in 1976. After 10 years, he became treasurer of New York Conference. In 1996 he came to Kansas-Nebraska Conference and became associate treasurer and the Association treasurer.

“I’ve always enjoyed working for the church, especially here with the variety it has brought,” Glass recalled. “Buying and selling parsonages, and working with church treasurers, has been gratifying.

“The rewards are a sense of accomplishment, getting things done,” he said. “It’s the sense that you are making a contribution, having some kind of purpose.”

Glass said one of the highlights of his tenure in Kansas-Nebraska was the Holy Land trip in 2000. “That was such a privilege and blessing. The travel I have done has given me special enjoyment.”

In retirement, Glass plans to join Sharon in doing volunteer work for the church and community. He also plans to spend more time with his five grandchildren.

John Treolo is communication director for the Kansas-Nebraska Conference.

## Burton and Perrault Sleep in Jesus

by John Treolo

**Dr. Wilbur A. Burton**, pastor, missionary, educator and departmental director who served the church for nearly 50 years, passed away December 5, 2011. He was 80.

Born in Oklahoma, Burton received degrees from Southwestern Adventist Junior College, Walla Walla College, Andrews University and his doctorate from Kansas State University. He married **Esther Louise Hoehn** in 1951. Four children were born to this union: **Mary, Joy, Reginald and Wilma**.

Beginning his denominational career as a teacher/principal in Idaho, Burton was also a missionary in Guam, Palau, Japan and Vietnam. In 1975 he came to Kansas and for the next two decades served as education superintendent, pastor, youth and trust service director

(in what is now the Kansas-Nebraska Conference).

**Joanne G. Perrault**, who taught at Helen Hyatt Elementary School (now College View Academy) for 38 years, died in her sleep January 1, 2012. She was 67.

A native of St. Paul, Minnesota she graduated from Union College and received a Master of Arts degree from Loma Linda University. After retiring from teaching, she worked at the Adventist Book Center in Lincoln, Nebraska, always sharing the same cheerful attitude she had expressed as a teacher.

Further obituary information appears in the Farewell section of this magazine.

Personal note from the author: *Dr. Wilbur was one of my first pastors to interview for a constituency report in*



**Dr. Wilbur A. Burton**  
(Mar. 20, 1931–Dec. 5, 2011)

*1987. He had baptized Joy Swift in the Manhattan (KS) Church, author of They’re All Dead, Aren’t They? Miss Perrault was my son Nathan’s second grade teacher at Helen Hyatt. I am*



**Joanne G. Perrault**  
(Jan. 4, 1944–Jan. 1, 2012)

*proud to recall both of these dedicated Adventists as dear friends.*

Courtesy Kansas-Nebraska Conference



# Students Aid Local Humane Society

Capital City Service project brings students and animals together

by Katie DeVost

Katie DeVost



Students celebrate with their teacher and volunteers at the completion of their project.

Recently upper grade (5-8) students of Capital City Adventist Christian School contributed time and effort to

help Animal Humane Society of Woodbury. Volunteers **Sharon Blackie** and **Eun Sook Jasper**, along with teacher

**Katie DeVost**, supervised the production of items much needed and fairly simple to put together.

Small heating pads are useful when animals recover from surgery. Students sewed fabric rectangles, filled them with rice, stitched them closed and then sewed a separate pillowcase removable for washing. DeVost, Blackie and Jasper brought in their own sewing machines for students to use, and Blackie also donated and pre-cut all the fabric—appropriately themed animal prints. The students made 16 designer-style heating pads.

Another item required students to stuff 80 empty toilet paper tubes with Timothy hay, which rabbits

and guinea pigs enjoy gnawing on. The final project was to decorate empty plastic eggs for cat toys. Most eggs were decorated as mice and turned out quite cute!

Students also collected old towels and blankets, as well as plastic grocery bags, which the shelter always needs. The class delivered the items being donated to Animal Humane Society and then enjoyed a tour of the shelter. A representative thanked the students for their hard work. The kids commented that it was a really fun trip and expressed satisfaction in being able to help the animals.

Katie DeVost is principal of Capital City Adventist Christian School.

## MINNESOTA CONFERENCE CONSTITUENCY MEETING NOTICES

### MINNESOTA CONFERENCE OF SEVENTH-DAY ADVENTISTS

Notice is hereby given that the 1st Quadrennial Session and the 107th Regular Session of the Minnesota Conference of Seventh-day Adventists is called to convene at the Armstrong High School auditorium located at 10635 36th Avenue North, Plymouth, Minnesota, on Sunday, April 29, 2012, for the purpose of electing officers and departmental directors and for the transaction of such other business as may properly come before the session. Delegates from the churches comprising the Minnesota Conference are on the following basis:

One (1) delegate for the organization and one (1) additional delegate for each twenty-five (25) members or fractional majority thereof.

The first meeting will be called to order at 10 o'clock a.m. on said date at which time all duly elected delegates shall be seated.

D. Edward Barnett, president  
Justin C. Lyons, vice president for administration  
Reginald Leach, vice president for finance

### MINNESOTA CONFERENCE ASSOCIATION OF SEVENTH-DAY ADVENTISTS

Notice is hereby given that the 1st Quadrennial Session of the Minnesota Conference Association of Seventh-day Adventists, a non-profit corporation under the laws of the State of Minnesota, will be held in conjunction with the 1st Quadrennial Session and the 107th Regular Session of the Minnesota Conference of Seventh-day Adventists at the Armstrong High School auditorium located at 10635 36th Avenue North, Plymouth, Minnesota, on Sunday, April 29, 2012, at 10 o'clock a.m. The purpose of the meeting is to elect the officers and members for the Board of Trustees for said Association, as well as transact any other business that may properly come before the delegates. All delegates to the Conference Session are the voting members of this Corporation.

D. Edward Barnett, president  
Justin C. Lyons, secretary



## Mall of America's "Miracle at Midnight"

*Southview Christian students witness to the birth of Jesus*

by Jeff Wines

Beautiful Christmas trees in the rotunda at Mall of America, several stories high, tower over the jostle of Christmas shoppers the afternoon of December 14. Students from Southview Christian School walk up on the stage, which faces Nickelodeon Universe theme park. They are dressed in costumes of many kinds: animals, kings, village people—a throwback to biblical times.

The music starts and young voices passionately ring out across the rotunda. Shoppers stop to watch and listen. Many lean over the railings to see Southview students singing and performing the play "Miracle at Midnight." Parents and church members proudly watch their young people proclaim Christ's birth through word and song.

As the play finishes, enthusiastic applause erupts from the audience. Sound waves ripple up from floor to floor. **Rayleen Hansen** (principal, choir director and grades 4-8 teacher) announces that they will sing a few more songs. Mentioning the birth of Christ and the wonderful gift that He gave humanity, she sits down at the piano and the young people sing their school theme song "So You Would Come." They close with "We Wish You a Merry Christmas." As the students exit, shoppers burst forth in applause once again in appreciation for having had their hearts and minds directed to Jesus and His birth.

Jeff Wines is youth and communication director for the Minnesota Conference.

(right) Southview Christian students perform at Mall of America in Minneapolis.



Jeff Wines



# New VP for Finance

by Mark Bond

Courtesy, Rocky Mountain Conference



George Crumley joins the Rocky Mountain treasury team, which includes Jim Jensen, associate treasurer; Donna Joiner, accountant; and Gerard Seaton, accountant. Crumley is pictured with his wife, Rhonda.

A changing of the guard is taking place in the treasury department of Rocky Mountain Conference. **George Crumley** has replaced **Rick Roy** as treasurer and vice president for finance.

In January, Roy announced he was accepting a call to be treasurer of Monterey Bay Academy in Central California. Roy had been treasurer for Rocky Mountain since June 2006. Previously he was in the Ohio Conference and also in the Adventist education system, to which he now returns.

“Rick is a treasurer whose heart and soul is committed to the church and its mission,”

stated **Gary Thurber**, Rocky Mountain Conference president. “We wish him only the best as he and **Jody** make their way over to Monterey Bay Academy.”

Roy admitted that he is looking forward to dusting off his surfboard and wetsuit, but also said he will “truly miss all his friends and colleagues here in the Rocky Mountains.”

Replacing Roy is George Crumley. He comes to RMC from Indiana, where he served as conference treasurer since 1998. Previously, Crumley was business manager for Great Lakes Adventist Academy in Lansing, Michigan, and

associate treasurer for Michigan Conference. Crumley holds a BBA in accounting from Andrews University, where he also earned a minor in religion.

“I have known George Crumley for nearly 20 years and have seen the Lord work through him on many occasions,” shared Thurber. “George is a committed husband and father, and someone who has a close walk with his Savior. He brings to Rocky Mountain a wealth of experience in working with our church’s treasury, and we are grateful that he accepted the call.”

George and his wife, **Rhonda**, have two children. Their

daughter, **Toni**, is a junior studying elementary education at Andrews University; **Joe**, their son, is a senior at Great Lakes Adventist Academy.

“Rhonda and I are excited to be making Rocky Mountain Conference our new home,” said Crumley. “I’m looking forward to working with the Rocky Mountain leadership team, as well as the members throughout the conference.”

Mark Bond is communication director for the Rocky Mountain Conference.



## RMC Welcomes Mark Bond

by Eric Nelson



Courtesy Mark Bond

Mark Bond (left) is the new communication and family life director for the Rocky Mountain Conference. He also enjoys making music with his family: (from left) Conna, Emily Beth, Chelsea, Adriana, and Taylor.

Rocky Mountain Conference is happy to welcome **Mark Bond** as the new director for communication and family life. Bond comes to Rocky Mountain from the Southwestern Union where he served as director of communication since 2008.

Mark graduated from Southwestern Adventist University with a degree in corporate communication.

In 1996, he opened a graphic design and communication firm that provided services to many Adventist entities including Pacific Press, Review and Herald Publishing Association, the Lake Union and Adventist Health System, working on a contract

basis until he accepted the call to the Southwestern Union. He has served the church in many capacities, including as art director for Florida Hospital and lead designer for the weekly *Adventist Review*.

“Twenty years in the communication field have convinced me more than ever how essential good communication is to every aspect of what we do,” says Mark. “I’ve found that especially true in church work and family life. I have a personal passion for bringing good communication to ministry, whether in print, online, or through personal interaction.”

Mark and **Conna**, his wife of 20 years, have two children in college and two still at home. **Emily Beth** and **Chelsea** are both freshmen at Walla Walla University. Son **Taylor** and daughter **Adriana** are homeschooled in the seventh and sixth grades, respectively.

“We are excited about the Bond family joining our ministry team here in RMC,” said **Gary Thurber**, Rocky Mountain Conference president. “Mark brings a wealth of experience, an exceptional skill set, plenty of creativity, and a Christlike spirit to our conference. Mark loves the church and is dedicated to

its mission. We welcome him and his family to our field.”

Eric Nelson is executive secretary for the Rocky Mountain Conference.



COMING TO  
**DENVER**  
IN APRIL

FOR MORE INFORMATION,  
SEE AD ON PAGE 30.



# Back In the Driver's Seat

Union College names Wagner president for the second time

by Ryan Teller

Steve Nazario/Union College



John Wagner has been appointed president of Union College by the board of trustees. This is Wagner's third term of service at Union. He has acted as interim president since June 2011 and served as both academic dean and president during separate stints in the 1980s.

**John Wagner** has spent most of his career guiding educational institutions and non-profit foundations down the road to growth and success, but he thought that was coming to a close. When the Union College Board of Trustees called Wagner out of semi-retirement to return to Union as interim president, he expected to stay just long enough for the board to find a permanent replacement for

**David Smith.** Now, just half a school year later, the board has removed the "interim" and asked Wagner to stay on as president.

"This is a very exciting time for Union College and I am honored to be here," Wagner said. "As we move forward and build a new science and math building and develop other initiatives, I know God will continue to bless this great college."

Though he didn't march the aisles of College View Church, diploma in hand, Wagner's previous service at Union helped him develop a love for this Midwestern campus. "My wife and I have felt more loyalty to Union than we ever did to the colleges we attended," explained Wagner, who previously served as academic dean at Union from 1980-83 and then as president from 1986-1991.

**Tom Lemon**, chair of the Union College Board of Trustees and head of the presidential search committee, believes Wagner's track record at Union speaks for itself. "John already has a strong relationship with our alumni and is able to articulate the Union vision," Lemon said. "The Our Promising Future capital campaign is at its peak right now. As the new science and mathematics building will begin to come out of the ground in the next few months, a president who knows the alumni, history and vision of Union College is extremely important."

As the college begins construction on the new science and mathematics building this spring and raises at least \$2 million more to reach the \$14.5 million capital campaign goal, Lemon feels that a consistent vision from the president will be vital to Union's continued success. "A college campus is more organism than organization," Lemon said. "By definition, organisms either grow or die, but they never stand still. John has demonstrated his ability to meet difficult circumstances in the past, and we believe he can lead the college through this period of campus change and growth."

Though daunting, the challenge of building a large new facility on campus is welcome compared to what Wagner faced during his first presidency at Union. "When I arrived as academic dean, Union was riding high," he remembered. A new Larson Lifestyle Center, computer terminals in every dorm room and a campus radio station made for lots of excitement both on and off campus. "But all the great ideas came with a price tag that none of us were aware of at the time."

Wagner left Union in 1983 to become the president of Southern College, now Southern Adventist University, in Tennessee. In 1986, reeling from the realization of more than \$9 million in debt, Union asked him to return as president. "There was a lot of belt tightening right from the start, but the campus understood that," Wagner remembered. "Even though we had to cut or say no, there was still a good spirit on campus."

During his time as president, his wife, **Lilya**, served as vice president for advancement, and the two worked side by side to help reduce the college's debt. When they left in 1991, the debt had been cut in half. Although Wagner went on to found and serve several not-for-profit foundations, the work he started at Union ultimately resulted in complete retirement of the debt in 1998.

"I think the highlight of that first term as president was the spirit of the campus," Wagner remembered. "We all worked together to achieve a goal that was really the





salvation of Union College.”

“When he was president, obviously we were struggling to make every penny count,” said **George Gibson**, a professor of history who had been hired by Wagner during his time as academic dean. He remembered Wagner putting the entire budget up on the wall during an employee meeting. “He told us that everything was up for grabs, including his own budget. He didn’t give himself preferential treatment, and that’s probably one reason why he was so well liked.”

Gibson recalled one encounter with Wagner during his previous presidency that summed up his leadership style. During a late afternoon hallway conversation, Wagner inquired how Gibson’s doctoral dissertation was

coming along.

“You’re using a computer aren’t you?” Wagner asked.

Gibson didn’t have a computer at home or in his office and explained that the one computer in the division office was always tied up during the day. Wagner beckoned him into his office.

“In those days, the computer department always made sure the president had a laptop as well as a desktop,” he remembered. “John handed me his laptop and told me to use it to write my dissertation.” Gibson went on to finish his PhD and has taught at Union ever since.

“John is the epitome of servant leadership,” said Gibson, who also served on the presidential search committee. “He has the ability to grasp what is on the horizon, know what should be

done and support the campus leaders who make it happen.”

“I see myself as a cheerleader,” Wagner explained. “I don’t get much done by myself, but I can be supportive of the people who have the expertise and success. I think it’s very important to recognize people’s accomplishments, even with just a note or an email.”

Wagner also believes in his “ministry of presence,” a term he borrowed from his former boss at Sligo Seventh-day Adventist Church where he served as part-time administrative pastor before returning to Union last summer. He makes it a habit to be at as many school events as possible—from awards ceremonies to basketball games to social events—and “I try to get to every building

on campus every week or two, just to say hi and see how things are going.”

“That’s John,” agreed Gibson. “He loves to be around people.”

Already once retired before serving at Sligo Church, Wagner doesn’t expect to lead Union for 13 years, as his predecessor did. His primary goal is to help the college see the successful completion of the science and mathematics complex and help develop initiatives to position Union for future success and growth. “We’ll see what happens,” he said. “But I’m hoping when I’m finished, God can say, ‘Well done.’”

.....  
Ryan Teller is director of public relations for Union College.

# UNION COLLEGE

*Experience the Spirit*

## CELEBRATING OUR PROMISING FUTURE

UNION COLLEGE HOMECOMING  
APRIL 5-8, 2012

### FEATURING:

UNIONAIRE REUNION (DAN LYNN ERA)  
REUNION CONCERT ON SATURDAY AT 6:00 P.M.

SCIENCE AND MATH COMPLEX GROUNDBREAKING  
FRIDAY AT 1:30 P.M.

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# CREATION Health: Rest

The second letter of the CREATION acronym calls for Rest

by Juliet Stoddard

Courtesy Adventist Health System



When thinking of rest, most people automatically envision sleep. But rest actually involves more. Everyone also needs mental, physical and emotional rest. For example, taking a regularly scheduled vacation is a form of rest that provides a change of pace, environment and activity, allowing mind and body to rest and recover.

In addition to daily or nightly rest, God instituted a weekly rest during creation. Humanity was created with an innate need for weekly rest, for which God gifted humanity with the Sabbath—one day

in seven to cease labor and focus on rest, worship and relationships.

Medical research reveals that God had it right. A *Washington Post* article titled “Sabbath Rest Good for the Body and Soul” (March 5, 2009) states: “In a world accumulating points by billable hours, full patient schedules, number of hours worked, promotions received, square feet of houses owned, number of cars in garages, number of shares of stocks owned, keeping the Sabbath—resting—helps us stay healthy and whole.

“Medical science has demonstrated that the effects of rest are significant, indicating the great role that rest can play in our physical and emotional well-being. Lack of rest and relaxation is associated with inattentiveness, inability to concentrate, impulsivity, moodiness, learning difficulties and health problems.

“Rest, quiet time, and meditation have been shown to enhance responses in the brainstem, that part of the brain that controls significant aspects of bodily functioning such as respiration, heart rate and blood pressure. Quiet and meditation decrease cortisol levels (substances that are increased in times of stress) and respiratory rates, increase serum protein levels and decrease blood pressure.”

When I lived in Florida it was easy to get to the beautiful beaches. There I would lounge while feeling the sand between my toes, the ocean breeze on my face and the sun warming my skin. I closed my eyes, listened to the sound of the surf and the seagulls, breathed in the fresh sea air and totally relaxed. Ahhh! I could practically feel my blood pressure going down! Those times were my personal rest therapy sessions. I didn’t have to be distracted by the numerous concerns that normally demand my attention.

After my mini breaks I always felt refreshed, relaxed and ready to face the next day. Experiences like this can be replicated by immersing yourself in your garden, walking in the countryside, spending a day at the lake, reading a good book or getting a massage. The options are as

wide as your imagination and can be solitary or social.

The most important (but often least valued) means of obtaining rest is sleep. Some people brag about getting by with as little as two to four hours of sleep each night, claiming that it does not negatively impact their productivity. This practice is sometimes validated by expressing a desire to emulate it. However, on average, adults require between six to nine hours of sleep daily to be at their best.

Many people need to set an alarm to get up every morning, but punctuality for going to bed can be just as important. Pick a time for shutting down every night and stick to it—even on weekends. Your body needs routine.

The biggest key to rest is making time for it! We need to give ourselves permission to take time out and make rest a top priority. Take short relaxation breaks often by stopping and doing nothing from time to time. Give yourself room to “simply be.”

The first letter of the CREATION Health system is “C,” for Choice. So make the choice today to get some rest and change your life for the better.

Juliet Stoddard is associate wellness coordinator at Shawnee Mission Medical Center.

Shawnee Mission Medical Center offers a series of lifestyle transformation classes using CREATION Health principles. For information visit [ShawneeMission.org/creationhealth](http://ShawneeMission.org/creationhealth).



## Standing for the Sabbath

*Answered prayer shows God at work on the new Castle Rock Adventist Health Campus*



Courtesy, Adventist Health System

The first phase of the Castle Rock Adventist Health Campus, a 24/7 emergency department with lab and imaging services, opened in September 2011. The second phase will include a full-service hospital, scheduled for completion in 2013.

Before the ribbon had been cut. Before employees were in their places and ready to serve. Before the first patients walked through the doors of the new Castle Rock Adventist Health Campus, a prayer was answered. And for administrator Brian Moore, it was an inspiring confirmation that God was in control as the healthcare ministry reached out to a new Colorado city.

Fast-growing Castle Rock desperately needed local healthcare services, and Moore had been part of the ambitious project since the beginning. He was energized by the opportunity to help transform the health of the community with an emphasis on wellness and disease prevention.

But on this Friday afternoon in July 2011, Moore had a problem. Construction on the first phase of the project, an emergency department with

imaging and laboratory services, had already been completed and subcontractors had moved on to other jobs. So he was shocked to receive word that inspectors were now requiring a significant last-minute overhaul in the electrical system.

He immediately drove to the construction site, where his project manager explained the situation. Unless crews could work the following Saturday, the facility's planned September opening would be postponed by an entire week.

Moore's mind raced with the implications. The schedule was minutely planned, and any delay would cost thousands of dollars, money far better spent on worthier projects or providing care to patients. And all that could easily be avoided if he authorized just one day of Sabbath work.

But the right choice was

clear. "We're a Seventh-day Adventist organization, and we observe a Sabbath rest," he told the construction team. "If we have to wait a week, that's just the way it goes."

As he prepared to leave the site that afternoon, Moore spent some quiet time with God, still seeking a solution to the problem. "Lord, we really need some help here," he recalls praying. Then, still at peace with his decision, he headed for home and a long-awaited week of vacation.

By the following Thursday, curiosity got the best of him and he called his office to find out what had happened. "Oh, didn't you hear?" Moore was told. Inspectors had taken the rare step of reconsidering their decision, and the changes were no longer required. No money was wasted. The project stayed on track, and opened on schedule.

Moore tells the story a lot, and it's a source of inspiration

as the second phase, a brand-new Adventist hospital, is scheduled for completion in 2013. "Not only do we have our mission behind us," he says, "but we already have an answered prayer in support of this facility."

.....  
This article was submitted by Stephen King, senior vice president for mission and ministry for the Rocky Mountain Adventist Health System/Centura Health, where he serves the four Adventist hospitals in Colorado. It was written by CMBell Company.



**Bennett, Frances**, b. Dec. 15, 1933. d. Dec. 3, 2011. Member of Kansas City Central Church.

**Bietz, Frieda (Haas)**, b. Nov. 19, 1913 in Stutsman County, ND. d. Dec. 18, 2011 in Fargo, ND. Member of Cleveland Church. Preceded in death by husband Arthur Bietz Sr.; son Arthur Bietz Jr. Survivors include daughter Evelyn Enslinger; sons Curtis Bietz and Larry Larson; 3 brothers; 4 grandchildren.

**Birth, Glen A.**, b. Nov. 1, 1923 in Sumner, NE. d. Dec. 13, 2011 in Loveland, CO. Member of Campion Church. Survivors include wife Odette; daughter Lela Currie; son Garry; 2 siblings; 6 grandchildren; 7 great-grandchildren.

**Boaz, Eugene**, b. Sept. 25, 1931 in Joplin, MO. d. Dec. 10, 2011 in St. Louis, MO. Member of St. Louis West County Church. Survivors include wife Mary; daughter Kathy Seale; sons Bob, Don and Melvin; 2 sisters; 8 grandchildren.

**Burton, Thelma L.**, b. Dec. 31, 1926 in Hancock County, OH. d. Dec. 14, 2011 in Littleton, CO. Member of Golden Church. Preceded in death by husband Irwin Barry Burton; 5 siblings. Survivors include daughters Alice Weakley and Grace Burton; son Irwin; 4 siblings; 4 grandchildren; 3 great-grandchildren.

**Burton, Wilbur A.**, b. Mar. 20, 1931 near Perkins, OK. d. Dec. 5, 2011 in Manhattan, KS. Member of Manhattan Church. Survivors include wife Esther; daughters Mary and Joy Burton, and Wilma Bing; son Reginald; 3 adopted children; 1 brother; 8 grandchildren; 2 great-grandchildren.

**Christensen, Berniece I. (Roth)**, b. Oct. 5, 1924 in Bazine, KS. d. Dec. 24, 2011 in Loveland, CO. Member of Campion Church. Preceded in death by husband Willard Christensen. Survivors include daughters Karen Christensen and Doris Hanson; son Allan; 6 grandchildren; 7 great-grandchildren.

**Curtis, Janice**, b. Nov. 23, 1939 in Grand Junction, CO. d. Jan. 8, 2012 in Bozeman, MT. Member of Worland Church. Survivors include husband Alden; daughter Shelley Weaver; son Barry; 1 brother; 6 grandchildren.

**Dix, Max**, b. Dec. 8, 1916 in Haxtun, CO. d. Dec. 14, 2011 in Yuma, CO. Member of Yuma Church. Survivors include wife Chrystine; daughter Reta Ross; 1

brother; 3 grandchildren; 5 great-grandchildren.

**Graham, Clyde, b.** Apr. 12, 1934 in Elmwood, WI. d. Dec. 15, 2011 in Jamestown, ND. Member of Jamestown Church. Survivors include wife Joyce (Kaldahl) Graham; daughters Janelle Tucker Jody Nelson; sons Craig, Jay and Jeffrey; 3 siblings; 3 grandchildren.

**Grey, Alice E.**, b. Feb. 3, 1923. d. Sept. 29, 2011 in Aberdeen, SD. Member of Aberdeen Church. Survivors include daughter Penny Tople; son Gordon; 3 grandchildren; 6 great-grandchildren.

**Hamm, Iris**, b. Aug. 1, 1920 in Wichita, KS. d. Dec. 24, 2011 in Denver, CO. Member of Denver South Church. Preceded in death by husband Menno. Survivors include 3 grandchildren; 4 great-grandchildren.

**Hamm, Menno**, b. Oct. 21, 1919 in Fairview, OK. d. Dec. 6, 2011 in Denver, CO. Member of Denver South Church. Survivors include 3 grandchildren; 4 great-grandchildren.

**Huston Luce, Mary May**, b. Jan. 8, 1935 in Caribou, ME. d. Oct. 3, 2011 in Farmington, IA. Member of Fairfield Church. Preceded in death by daughter Roselie; son Eric. Survivors include daughters Rhonda Franzosie, Holly Huston and Patricia Bruegge; 9 siblings; 10 grandchildren; 21 great grandchildren.

**Jones, Dorothy M.**, b. Nov. 20, 1922 in Pine Island, MN. d. Dec. 7, 2011, in Rochester, MN. Member of Rochester Church. Preceded in death by husband Jake; daughter Nadine; son Ron. Survivors include sons Kenneth and Stan; 3 siblings; 11 grandchildren; 13 great-grandchildren; 3 great-great-grandchildren.

**Kurtz, Harold**, b. Nov. 5, 1920 in Lucca, ND. d. Dec. 25, 2011 in Fargo, ND. Member of Fargo Church. Preceded in death by wife Bernice. Survivors include son Lynden; 1 brother; 2 grandchildren; 3 great-grandchildren.

**McFadden, Karen M.**, b. Apr. 19, 1948 in St. Helena, CA. d. Nov. 18, 2011 in Rochester, MN. Member of Rochester Church. Survivors include husband David; sons Jeff, Jevon and Joel; parents Arthur and Natalie Weaver; 5 siblings; 6 grandchildren.

**McHenry, Robert**, b. June 1, 1936. d. Nov. 24, 2011 in MO. Member of

Kansas City Central Church.

**Opitz, Marvin**, b. Oct. 29, 1947 in Day County, SD. d. Dec. 11, 2011 in Green River, WY. Member of Rock Springs Church. Preceded in death by father Frederick. Survivors include wife Vivian Opitz; sons Derek, Doyle and Dustin; mother Margerie; 5 siblings; 9 grandchildren.

**Pearce, James**, b. Mar. 7, 1939. d. Dec. 20, 2011. Member of Goldsberry (MO) Church. Preceded in death by wife Betty Smith. Survivors include daughter Sherry Ann; son James Jr.; 3 sisters.

**Perrault, Joanne G.**, b. Jan. 4, 1944 in St. Paul, MN. d. Jan. 1, 2012 in Lincoln, NE. Member of College View Church. Survivors include sister Judy Perrault.

**Perry, Sherry L.**, b. Feb. 10, 1950 in Glendale, CA. d. Dec. 24, 2011 in Shakopee, MN. Member of Renew Community Church. Preceded in

death by 1 brother. Survivors include daughters Kendra and Kirsten; sons Christopher, Jay and Jonathan; parents, Dr. J. Lee and Myrtle Hinkle; 4 siblings; 3 grandchildren.

**Schrenk, Ruth**, b. Mar. 27, 1937 in Bismarck, ND. d. Oct. 10, 2011 in Glen Ullin, ND. Member of Mandan Church. Preceded in death by parents Rudolph and Barbara Schrenk. Survivors include 4 siblings.

**Sherburne, Floyd**, b. May 15, 1909 in Butler County, IA. d. June 12, 2011. Preceded in death by wife Florence; 2 grandchildren. Survivors include sons Doyle, Floyd and Wiley; daughter Nyla; 1 sister; 8 grandchildren, 15 great-grandchildren; 4 great-great-grandchildren.

**Webster, Brenda**, b. Nov. 7, 1946. d. Dec. 11, 2011. Member of Springfield (MO) Church.

**Witwer, Norman**, d. Sept. 13, 2010. Member of Fulton (MO) Church.

## SUNSET CALENDAR

Colorado	Mar 2	Mar 9	Mar 16	Mar 23	Mar 30
Denver	5:54	6:01	7:08	7:16	7:23
Grand Junction	6:08	6:16	7:23	7:30	7:37
Pueblo	5:53	6:00	7:07	7:14	7:20
<b>Iowa</b>					
Davenport	5:55	6:03	7:11	7:18	7:26
Des Moines	6:07	6:15	7:23	7:31	7:38
Sioux City	6:17	6:26	7:34	7:42	7:50
<b>Kansas</b>					
Dodge City	6:34	6:41	7:48	7:54	8:01
Goodland	5:41	5:48	6:55	7:02	7:09
Topeka	6:17	6:24	7:31	7:38	7:45
Wichita	6:24	6:30	7:37	7:44	7:50
<b>Minnesota</b>					
Duluth	5:56	6:06	7:16	7:26	7:36
International Falls	6:00	6:11	7:21	7:32	7:42
Minneapolis	6:03	6:12	7:21	7:30	7:39
<b>Missouri</b>					
Columbia	6:03	6:10	7:17	7:24	7:31
Kansas City	6:12	6:20	7:27	7:34	7:40
Springfield	6:09	6:15	7:22	7:28	7:34
St. Louis	5:56	6:03	7:10	7:16	7:23
<b>Nebraska</b>					
Grand Island	6:25	6:33	7:41	7:48	7:56
Lincoln	6:19	6:26	7:34	7:42	7:49
North Platte	6:35	6:43	7:50	7:58	8:05
Scottsbluff	5:46	5:54	7:02	7:10	7:17
<b>North Dakota</b>					
Bismarck	6:31	6:41	7:51	8:01	8:10
Fargo	6:15	6:25	7:35	7:45	7:54
Williston	6:41	6:52	8:02	8:13	8:23
<b>South Dakota</b>					
Pierre	6:31	6:41	7:49	7:58	8:07
Rapid City	5:43	5:52	7:01	7:10	7:18
Sioux Falls	6:18	6:26	7:35	7:43	7:52
<b>Wyoming</b>					
Casper	5:57	6:05	7:14	7:22	7:30
Cheyenne	5:52	6:00	7:08	7:15	7:23
Sheridan	5:58	6:07	7:16	7:25	7:34



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**Southern Adventist University, Department of Biology/Allied Health, Fall 2012.** Prefer biology PhD teaching upper and lower division classes and has a strong interest in

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**Southern Adventist University seeks professor to teach literature and freshman writing.** Top candidate will hold a Ph.D. in English, have a record of successful teaching, be a Seventh-day Adventist Church member in good standing, and provide a statement of how he/she will present course content in harmony with each of the Three Angels' messages of Revelation 14: 6-12. Send CV and materials to Jan Haluska, English Department Chair, P.O. Box 370, Collegedale, TN 37315-0370, or [haluska@southern.edu](mailto:haluska@southern.edu).

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**Broadview Academy Alumni Weekend is May 4-5.** Honor Classes are 1942, 1952, 1962, 1972, 1982, 1987, 1992 and 2002. Location: N. Aurora SDA Church in N. Aurora, IL. Friday night vespers and Sabbath services. For communication WE NEED YOUR E-MAIL—POSTAGE IS TOO EXPENSIVE. Contact: Ed Gutierrez edjulie1@att.net or call: 630.232.9034.

**Enterprise/GPA Alumni Weekend April 13-15, 2012,** Enterprise, Kansas. Honor Classes: 1932, 1937, 1942, 1947, 1952, 1957, 1962, 1967, 1972, 1977, 1982, 1987, 1992, 1997, 2002, 2007. Visit www.alumni2013.org for more information and start making plans to attend!

**Northern Minnesota's Blackberry Church** invites all past members and pastors to a centennial celebration

and rededication. Events are planned for Friday evening and Sabbath. More details can be found at www.bb7day.com or find us on Facebook. **Platte Valley Academy Alumni Weekend April 20-22.** Events held at College View Academy in Lincoln, Nebraska. Honor Classes: 1942, 1952, 1962, 1972, 1982, 1987, 1992, 2002. Visit www.plattevalleyalumni.com for more information and start making plans to re-connect!

**Thunderbird Academy Alumni Homecoming** April 13, 14, 15 ~ Honor Classes are 62,72,82,87,92,97,02 ~ Friday, April 13: Evening Reception. Saturday, April 14: Sabbath School at 10 am and Church Service at 11 am. Speaker: Brent Yingling. More information please contact Wayne Longhofer at 480.948.3300, email wlonghofer@thunderbirdacademy.org.

**Washington Adventist University** celebrates Alumni Weekend, April 13-15, 2012. Join us for the grand opening of the Leroy & Lois Peters Music Center, April 14, at 8:00 p.m. Visit www.wau.edu/alumni for a list of events and activities or call 301.891.4133 for more information.

**Weimar Center of Health & Education** welcomes all Weimar Academy, College, and Staff Alumni to the annual joint Homecoming Reunion for precious fellowship and spiritual enrichment with several special speakers and events. April 13-15, 2012. Honor academy and college classes: '82, '87, '92, '02. Info: alumni@weimar.edu, 800.525.9192.

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The program will begin on Thursday evening and continue with music and workshops through the weekend to Sunday morning.

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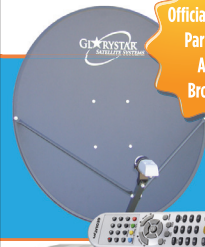
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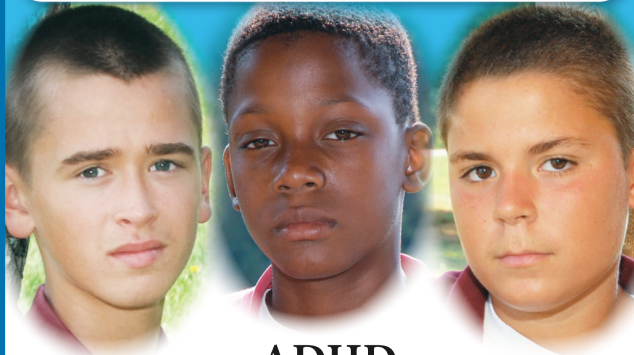
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