

NEWS AND INSPIRATION FROM THE SEVENTH-DAY ADVENTIST CHURCH IN MID-AMERICA

OUTLOOK

MARCH/APRIL 2013



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IN THIS ISSUE

Among those whom God is using most powerfully in Mid-America is David Klinedinst, resident evangelist of the Iowa-Missouri Conference for metro St. Louis. David would immediately insist that his success is because of the Spirit-filled team of pastors and lay leaders who prayerfully collaborate with him in outreach. In fact, David consented to have his photo on our cover only if we published the names of his team members (see p. 7). They represent 15 churches in four local conferences and two unions (Mid-America and Lake Union). What God is doing through them is so wonderful that Adventist Church world president Elder Ted Wilson decided to come to St. Louis (see p. 7) and affirm them in transcending ethnic and territorial boundaries in reaching metro St. Louis for Christ. *OUTLOOK* will keep you updated as this movement spreads.

—MARTIN WEBER

Cover Photo: David Klinedinst is the resident evangelist and leader of a collaborative team of pastors and lay members reaching St. Louis metro. Photo by Ron Quick.

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Article:

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Are you going to church for all the wrong reasons?
<http://bit.ly/UYORhI>



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Mid-America Students Attend 60th Annual Music Fest

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<http://bit.ly/14Vz0UX>





Collaboration Between Pastor and Parishioners

by Mic Thurber



I believe it's my calling to come every week to hear you preach and make sure that what you say is right."

That was the statement of welcome from a member of a church where I had just begun ministry—an unsettling introduction indeed to the new community and church family to which my family and I had just pledged our best energy and ministry investment.

At another church I pastored, our nominating committee was discussing who might be our new head elder. One member rose to say, "I believe it's the head elder's job to keep the pastor in check."

Neither of these voices represented the view and practice of the vast majority of members in either congregation, but both vividly reveal a mindset that undermines healthy collaboration between pastor and parishioner. It's my experience that the number of people with such a mindset does not have to be large to detour a church's ability to be the hands and feet of Jesus in a community.

I'm struck by the words of Acts, describing that time of incredible growth in the early church. Peter's Pentecost sermon led to the conversion of many, and those who were converted made some crucial decisions about how they would relate to one another:

They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer. Everyone was filled with awe, and many wonders and miraculous signs were done by the apostles. All the believers were together and had everything in common. Selling their possessions and goods, they gave to anyone as he had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved (Acts 2:42-47, NIV).

The last sentence is jolting: "And the Lord added to their number daily those who were being saved." This turns outreach and evangelism on its ear! First of all, it takes a huge weight off my shoulders to see it is the Lord who brings people in: "the Lord added..."

When I noticed that, it led me to ask why He would do that. In verses 42-46, we see a picture of a fully collaborating church: they were together. They ate together, prayed together, shared together, worshipped together—and were glad about it! Could it be that the reason they enjoyed the favor of all the people (verse 47) is that they had acquired the reputation of being a people who knew how to be together in healthy

and helpful ways? And can it be today that God adds numbers to certain church communities because it is safe to do so? Is it possible that He feels more free to bring new people in when He sees that they will be well cared for?

I've known churches that were, as a practical matter, organized around the principle of making sure the pastor was working hard enough for them. Don't get me wrong. Pastors *should* be fully dedicated to their mission—and rest assured that the vast majority are!

But I wonder what sea change might be felt in some churches if the pastor were freed up to fulfill his or her Ephesians 4 mandate: to "equip the saints for the work of ministry" and then find all working in partnership and collaboration with one another to be Jesus to their community?

One of my prayers for the great Mid-America Union territory is that all our churches will be safe communities to which the Savior can trust those He chooses to bring in. And I also pray that each one of us can find ways to work collaboratively with our pastors so that we all might know the profound joy of partnership with Jesus in the salvation of those around us. **U**

Mic Thurber is the new ministerial director of the Mid-America Union.



Meet Mic Thurber

by Martin Weber



(l-r) Kaylin, Gina, Cristine (holding Arya), Darrin, Jana and Mic

Mic Thurber is the new ministerial director of the Mid-America Union. He will begin his work March 1 after transitioning from the Keene (TX) Church on the campus of Southwestern Adventist University, where he has been the senior pastor since 2002.

“We are happy to welcome Elder Mic Thurber to our leadership team,” said Thomas L. Lemon, Mid-America Union president. “We believe that with Mic’s many years of service—both as a pastor and as a ministerial director—he is uniquely positioned to encourage, inspire and support pastoral ministry in our territory.”

One task of a union ministerial director is to ensure that local conference ministerial directors are supported and resourced, as they in turn work with local pastors to encourage lifelong growth and leadership development. Elder Thurber has served as ministerial director in the Southeastern California Conference and also as senior pastor of the Pacific Union College Church, Calimesa Adventist Church near Loma Linda, and San

Diego Central Church (now Tierrasanta). No stranger to Mid-America, Thurber taught Bible and music at Sunnydale Academy in Missouri before serving at his alma mater, Mt. Pisgah Academy, in North Carolina.

In addition to preaching Jesus and His marvelous grace, Pastor Mic’s passions are encouraging and supporting other pastors, photography, writing software, reading, and his family. Jana, his wife and best friend of 37 years, worked with Mic on staff as an associate pastor at the Keene Church. Prior to moving to Keene, she was a trust officer for Pacific Union College, and before that the paralegal/office manager at the Office of Legal Counsel at Loma Linda University.

Mic and Jana have three adult children: Gina, of Denver; Darrin, of Athens, OH; and Kaylin, a student at Southwestern Adventist University. Their first grandchild, Aryia, is the gift of Darrin and his wife, Cristine.

Martin Weber is editor of OUTLOOK.

Tom Lemon interviewed on “Turning Point”



Host Connie Jeffery with Tom Lemon

Thomas L. Lemon, president of the Mid-America Union, was featured on “Turning Point,” a new series of Hope Channel telecast interviews with Connie Jeffery. Elder Lemon shared personal experiences of how God has led in his faith journey. Dan Jackson, president of the North American Division, introduced the interview, which aired in early February.



To watch the interview, visit <http://bit.ly/VITRE9> or scan the QR code at left.

Watch other “Turning Point” interviews at www.theadventistchannel.com or tune into Hope Channel (schedule available online at www.hopetv.org).





Joining Forces in St. Louis

Fifteen churches collaborate in fellowship, worship and outreach

by David Klinedinst



Michelle Hansen

Tom Evans of the NADEI presents to pastors and lay leaders from four conferences in two unions who are following Christ's commission for unified outreach.

How can we reach the cities for Christ when we exist in isolation from one another?

You can go to any large city in North America and find multiple Seventh-day Adventist churches. Yet amazingly, the members often don't know one another. They may have been urban neighbors for years, perhaps decades, yet they don't fellowship or worship together. They don't minister to the city together. In fact they don't do anything together!

Hundreds of Seventh-day Adventists live in the same city without even knowing one another's names. How can we reach the cities for Christ when we exist in such isolation from one another? Should we not learn to work together, across ethnic lines, across geographic lines, across conference lines? St. Louis-area Adventists are beginning to do just that.

When I first moved to St. Louis as resident evangelist, I visited the various churches to get to know local Adventists. Soon Iowa-Missouri Conference pastors and I began meeting together regularly, laying plans to evangelize the city. From these

strategy sessions emerged Equipping University—a training program for lay members to learn personal evangelism, conducted by the North American Division Evangelism Institute (NADEI). It was the pastors' intention to bring Iowa-Missouri churches together twice a year for special training and joint fellowship.

The first weekend session attracted a full house at the Mid Rivers Church in St. Peters. But then something unexpected happened—something we call a “God-thing.” Two conferences began working together.

Here's how it started. One Sabbath when I wasn't scheduled to preach anywhere, my family and I visited the Berean Church in St. Louis—part of the Central States Conference, which is comprised mostly of African-Americans. Our Berean brothers and sisters warmly welcomed us, and someone invited us home for lunch. There we visited with the pastor and other delightful

members of his church.

When I related my experience to the St. Louis-area pastors of the Iowa-Missouri Conference, they decided to invite their local colleagues of the Central States Conference to join in the Equipping University initiative. And why not? We all live in the same city. We belong to the same denomination. We believe the same message. Why shouldn't we do this together?

Word about our joint initiative spread across the Mississippi River, beyond Mid-America Union territory to the Lake Union Conference. The pastor of the New Jerusalem Church (East St. Louis) of the Lake Region Conference joined our group. Then pastors from the Oakhill and Alton churches in the Illinois Conference joined as well. Now we had pastors from nearly 15 congregations meeting together every month.

We soon felt the need to do more than just meet together. We felt God's leading to reach out to the 2.8 million souls in



St. Louis together. To facilitate this, the pastors invited their members throughout the city to participate in the unity that they were experiencing. And so began a quarterly citywide prayer service for all churches, pulpit swapping Sabbaths and the formation of a Lay Mission Committee comprised of one or two members from each church. Thus emerged a vision to break down all barriers and work together to reach our city for Christ.

Seventh-day Adventists in St. Louis might have different colors of skin, different language groups, even different worship styles, but we are still one church. Our goal is fulfilling Christ's prayer: that His disciples "may be one, as You, Father are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me" (John 17:21, NKJV). This unity involves more than just getting along together while pursuing separate goals. Jesus "appointed seventy others also, and sent them two by two before His face into every city and place where He Himself was about to go" (Luke 10:1, NKJV).

And so our Lord specifically mandates working together in urban evangelism, declaring that belief in His very existence depends upon the willingness of His church to reach out to the world in Spirit-filled unity.

By coming together in St. Louis, pastors and lay leaders from four local conferences in two unions are obeying Christ's commission for unified and collaborative outreach. We anticipate God's blessing upon our efforts to reap a rich harvest for His glory.

David Klinedinst is the resident evangelist for the St. Louis area.

COLLABORATORS

Pastor Bryan Mann
Northside

Pastor Joseph Ikner
Berean

Pastor Claval Hunter
Lighthouse

Pastor Donald Rolle
Tabernacle of Praise

Pastor Fred Montgomery
Agape

Pastor Wayne Hosten
New Jerusalem

Pastor Vic Van Shaik
St. Louis Central

Pastor Jae Wook Lee
Korean

Pastor Rob Lechner
West County/Southside

Pastor Tony LaPorte
Mid Rivers English/Spanish

Pastor Dale Barnhurst
Alton/Oakhill/Fairmont

Pastor Roy Weeden
Sullivan

Pastor David Klinedinst
Resident evangelist

Brian Clark
Head elder, West County

Bart Humphrey
Elder, Mid Rivers

Gwen Prince
Head elder, Mid Rivers

Michael Kelsey
Head elder, St. Louis Central

Fred Nyanzi
Head elder, Southside

Joshua Plohocky
Bible worker, West County

Adventist World President Invited to St. Louis



Courtesy General Conference

Elder Ted Wilson, General Conference president, agreed to serve as keynote speaker for the St. Louis Mission Rally on February 22-23. Organizers asked Dr. Wilson to address the topic of large city outreach and the need for churches to evangelize collaboratively, in harmony with the following appeal from Ellen White:

"Behold the cities, and their need of the gospel! The need of earnest laborers among the multitudes of the cities has been kept before me for more than twenty years. Who are carrying a burden for the large cities? A few have felt the burden, but in comparison with the great need and the many opportunities but little attention has been given to this work" (Ellen G. White, *Testimonies for the Church*, vol. 9, p. 97-98 [1909]).



Palace of Peace Hosts Operation Angel Tree

by Enid Almedia

Last December Palace of Peace Church hosted an Operation Angel Tree service, providing clothing and toys to children of incarcerated parents in the community.

Each child received clothing, toys, toiletries and a Bible. Each of their caregivers received a \$20 fuel card, a \$20 gift card from a local grocery store, 60 pounds of food from Adventist Community Services, personal care items, a 2013 calendar, and a copy of *The Great Hope* by Ellen White.

One caregiver told the church sisters who took her home after the service:

“I had to ask someone to bring me because my car ran out of gas, and I had no money to buy any. I prayed and told God I was trusting Him to work it out. When I received the fuel card, all I could do was thank Him. All the gifts were way beyond anything I could ever dream of!”

She came to church the next Sabbath—a place where members value being God’s hands and heart to neighbors in need.

Enid Almedia is Prison Ministry director for the Palace of Peace Church.



Philip Baptiste

Gifts for children of incarcerated parents

Courtesy Central States Conference



After the senior prayer meeting at Denver’s Park Hill Church, Satan tried to destroy the joy of those who attended. The church van transporting them home was broadsided by a driver suffering a medical emergency. Park Hill’s van was knocked into another vehicle. Both drivers of the other vehicles had to be cut out of their cars and hospitalized, but the prayer meeting participants were able to walk away. Although the church van and the other vehicles were destroyed, no life was lost. Park Hill members glorify God for His deliverance.

CENTRAL STATES CALENDAR

FOR MORE INFO, VISIT WWW.CENTRAL-STATES.ORG

Mar 10 CSC Executive Committee Conference Office, 9:00 am

Apr 12-13 Focus on the Family Weekend Eastern Area

Apr 18-20 CSC Publishing Rally Kansas City, KS

May 23-25 Young Adult Wilderness Retreat Colorado

June 7-8 Rocky Mt. Area Campmeeting Denver, CO

June 14-15 Central Area Campmeeting Kansas City, KS

June 21-22 Eastern Area Campmeeting St. Louis, MO

June 28-29 Great Plains Area Campmeeting Omaha, NE

July 5-6 Great Lakes Area Campmeeting Minneapolis, MN

July 11-13 Central States Youth Congress Location TBA



Sharon Church Welcomes Pastor Gary Collins

by Philip Baptiste



Gordon Sims, Sr.

Pastor Collins (center), with wife Loretta and daughter Jordan, is surrounded for prayer by officers of the Central States Conference and local church elders at the Omaha Sharon Church.

The Sharon Church in Omaha is delighted to finally have a new senior pastor. After waiting more than a year, the 882-member congregation welcomed **Pastor Gary Collins** on January 5.

Collins comes to Omaha from Denver, where he served as senior pastor for the Boston Street Church. Gary and his wife, **Loretta**, along with their daughter, **Jordan**, are excited about this new assignment. Pastor Collins brings to the job a wealth of experience, particularly in empowering

leaders and conducting evangelism.

After hearing his introduction and first sermon, Sharon members perceived that Pastor Collins' gifts and talents are a perfect match for their congregation and an answer to their prayers. Boston Street Church is sad to see Collins go, but the members feel blessed to have had him as their leader and founding pastor.

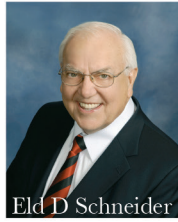
Five years ago, Pastor Collins was invited by the Central States

Conference to plant a church in Denver. Under the leadership of **Pastor Robert Lister**, the Park Hill and Community churches gave their full support. The Mid-America Union and the Central States Conference jointly funded the project. Pastor Collins conducted a six-week evangelistic series at Crown Plaza Hotel in Denver, which yielded over 70 baptisms—and the Boston Street Church was born.

Today Boston Street has its own church

building, 144 members and a diverse, growing congregation with over 25 nations represented. The Omaha Sharon Church is hoping that with Pastor Collins' evangelistic focus, they can have an even deeper impact for Christ in the city of Omaha.

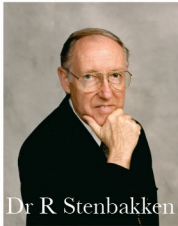
Philip Baptiste is communication director for the Central States Conference.



Eld D Schneider



Dr Sung Kwon



Dr R Stenbakken

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Dr Darold Bigger



Barbara Bigger



His Voice Quartet

JUNE 4 - 8, 2013

Campmeeting in Bismarck

DAKOTA CONFERENCE 18TH ANNUAL



MEN'S RETREAT



MARCH 8 - 10, 2013

**ROUGH RIDERS HOTEL
MEDORA, NORTH DAKOTA**



Students Purchase Pregnant Cow

by Mike Temple

Mike Temple



Students of Prairie Voyager Adventist Elementary School display the results of their walk-a-thon.

Teacher **MiKaela Miller** and students of Prairie Voyager Adventist Elementary School in Grand Forks, North

Dakota have found a way to help a family in another country through the Adventist Development and Relief Agency (ADRA)

gift program.

When a new lifestyle and fitness center opened in Grand Forks, **Pastor Mike Temple** made arrangements with the director for an indoor walk-a-thon to raise funds for the school's ADRA project. The students asked family and friends to sponsor them for each lap they walked (one sixth of a mile).

The week before Christmas break, participants arrived at the lifestyle center ready to walk. At the end of the three-hour session, the students and pastor had covered 346 laps together—the teacher kept

track—and raised \$846, much to the surprise of the lifestyle director.

Delighted with their accomplishment, the class then poured over the ADRA catalog, selecting gifts for their chosen family. They settled on a pregnant cow and tuition for a needy student.

Once again, Adventist education has proven itself as a force for good in the world through the lives it touches and through the children it educates.

Mike Temple is pastor of the Grand Forks Church.

Into all the World

by Jacquie Biloff

Dakota Adventists have a long history of mission service. This year eight young people are serving Christ around the world as missionaries.

Kendall Heinrich is teaching 2nd grade in Yap, Micronesia. **Angelica Miller** is teaching English

in Kolobrzeg, Poland. (Her blog is www.polandam.blogspot.com.) **Leah Nyirashishi** is a task force dean at Bass Academy in Mississippi. **Rebecca O'Hare** is teaching English, Bible, U.S. History and U.S. Government in Chuuk, Micronesia.

(Her blog is www.missionpossiblechuuk.blogspot.com.) **Nathan Roe** is helping with Peru Projects doing communications, photography and media in Pucallpa, Peru. (His website is www.nathanroe.com.) **Laura Schaffer** is a

task force assistant cook and office assistant at Dakota Adventist Academy. **Zach and Sarah (Heinrich) Timothy** have been teaching in Taiwan since 2008.

Jacquie Biloff is communication director for the Dakota Conference.



Kendall Heinrich

Yap, Micronesia



Angelica Miller

Kolobrzeg, Poland



Leah Nyirashishi

Mississippi, USA



Rebecca O'Hare

Chuuk, Micronesia



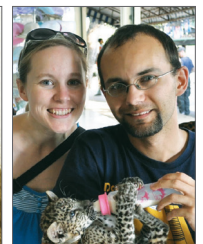
Nathan Roe

Pucallpa, Peru



Laura Schaffer

North Dakota, USA



Zach & Sarah Timothy

Taiwan



Equipping University Revisits St. Louis

by Michelle Hansen

Michelle Hansen



Tom Evans of the North American Division Evangelism Institute discusses church planting with lay leaders representing 15 churches in metro St. Louis.

Church members and pastors from four conferences, representing 15 churches, came together in St. Louis in January for another session of Equipping University.

Equipping University is a professional lay training program that empowers

members for effective ministry in their church and community. The presenters are professors from Andrews University and the North American Division Evangelism Institute (NADEI).

This recent weekend session focused on

preparing a church to plant a new congregation. NADEI teachers challenged attendees to plant at least 10 churches in the next year. The St. Louis metro has 2.8 million people—a population base that should support a minimum of 113 Adventist churches.

Such a goal may seem daunting, but it is attainable through God’s Spirit. NADEI’s **Tom Evans** declared: “The active ingredient in moving the gospel forward is the Holy Spirit. You can have all the evangelism training you can get, but without the Holy Spirit, the effort will not be effective.”

On Sabbath morning **Elder Dean Coridan**, Iowa-Missouri Conference president, took church planting down to its

core. “You don’t need to mail out 2.8 million brochures—you are the brochure! Soul winning is a person-to-person endeavor. It’s not institutionalism.”

Coridan used the covenant that God made with Abraham as a model for church planting today. “The covenant states that ‘through you every family shall be blessed.’ So we should be going to our neighbors, finding out their needs, and praying that God will work a miracle in their lives. If you want to plant a church, go find a neighborhood and be a blessing there! It’s as simple as that.”

Michelle Hansen is communication and Sabbath school director for the Iowa-Missouri Conference.

Michelle Hansen



Debbie Quigley has been named manager of the Adventist Book Center for the Iowa-Missouri Conference. Debbie has carried the full responsibility of the ABC since the departure of the former manager, Stan Shireman, in late 2011. Conference officers and the Executive Committee appreciate the work Debbie has been doing and look forward to working with her in this official new capacity.

IOWA-MISSOURI CALENDAR

FOR MORE INFORMATION, VISIT WWW.IMSDA.ORG

- Mar 15-17** Life at its Best w/ Dr. Hans Diehl
St. Louis Central Church
- Mar 22-23** Mid-America/Lake Union ASI
Northside Church, St. Louis
- Apr 4-6** Elementary Music Festival
Sunnydale Adventist Academy
- Apr 26-28** Youth Rally/Academy Days
Sunnydale Adventist Academy
- May 17-19** Graduation Weekend
Sunnydale Adventist Academy
- June 4-8** Iowa-Missouri Camp Meeting
Sunnydale Adventist Academy



Nixa Adventists Impact Their Community

by Peggy Hunter

In recent months the Nixa (MO) Church welcomed several new members and also interacted with the community through literature distribution. On November 17, **Danny Norton** and his wife, **Laura**, were baptized. Their interest in Bible study was piqued while attending Revelation of Hope meetings a year earlier. A series of weekly studies with **Mike Hunter**, Nixa's head elder, convinced the Nortons that they had found God's remnant church.

The same Sabbath that they were baptized, **Pastor Mark Welch** welcomed **Dollie Gardner** into church fellowship by profession of faith. Already active in the Nixa community, Dollie has distributed over 2,000 pieces of literature with her sister, **Linda Colston**, and friend **JoAnn Hiller**.

In December, Nixa Adventists participated in the local Miracle on

Main Street parade. The church's float portrayed baby Jesus in a manger, watched over by Joseph and Mary (represented by **Rhett Stutzman** and **Mariah Rodriguez**). **Danny Norton**, **Perry Hunter** and **Peter Hansen** marched as the three wise men, carrying a banner proclaiming "Wise Men Still Seek Him."

The temperature on parade day was 72 degrees—a December miracle that drew out a crowd. Church members handed out 1,200 bags containing children's literature, candy and abridged *Great Controversy* books for the adults. Members plan to distribute 3,000 bags at the 2013 parade. Pastor Welch is excited that so many of the church's neighbors in Nixa are eager for life-changing materials.

.....
Peggy Hunter is communication secretary for the Nixa Church.



Nixa head elder Mike Hunter baptizes Laura Norton as her husband, Danny, looks on.



New member Dollie Gardner (left) has already distributed more than 2,000 pieces of literature with her sister, Linda Colston, and friend, JoAnn Hiller.

The Hannibal (MO) Church concluded 2012 by celebrating the baptisms of seven new members. Pictured between Bible worker Tim Wilson (left) and Pastor Tom Michalski (right), are new members (l-r) Glen Inlow, Gloria Dryden, Kathy Martin and Terry Martin.

In preparation for a Prophecy Seminar, Wilson led group and individual Bible studies, while members fervently prayed and made improvements to the church building. Pastor Michalski's riveting presentations during the seminar kept attendance strong, even after the venue shifted from the local community center to the church building.

Sabbath attendance has continued to swell during a follow-up series on the book of Daniel.



Courtesy Hannibal Church



KANSAS-NEBRASKA CALENDAR

FOR MORE INFORMATION, VISIT WWW.KS-NE.ORG



Mar 1-2

Kansas City Convocation

Friday: Chapel Oaks Church
Sabbath: New Haven Church
Speaker: Dan Jackson



Mar 1-3

Engaged Encounter

Lincoln, NE
Contact: anhardt@ucollege.edu



Mar 7-17

KS-NE Conference Mission Trip

Honduras



Mar 23

KC Area One-day Women's Retreat

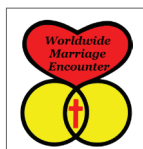
Ritz Charles Convention Center
Speaker: Dr. Rebekah Wang-Cheng
Contact: scarlson@ks-ne.org



Apr 12-13

Enterprise/Great Plains Academy Alumni

Enterprise, KS
Speaker: Dan Matthews
Contact: maasimo8@yahoo.com



Apr 12-14

Marriage Encounter

Lincoln, NE
Contact: anhardt@ucollege.edu



Apr 19-21

Men's Retreat

Broken Arrow Ranch
Speakers: Delbert Pearman, Ron Carlson
Contact: jtreolo@ks-ne.org



Apr 20

NAD Pathfinder Bible Experience

Lincoln, NE
Contact: tsager@ks-ne.org



Apr 26-27

Platte Valley Academy Alumni

Lincoln, NE
Speaker: Dr. Merlin Wehling ('93)
Contact: lharvey@cvak12.org



Apr 26-28

Hispanic Women's Retreat

Salina, KS
Speaker: Vudelin Valerio
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Sweigart Appointed VP for Administration

by John Treolo



John Treolo

John Sweigart, vp for administration of the Kansas-Nebraska Conference

At the December 2012 Executive Committee meeting of the Kansas-Nebraska Conference, **John Sweigart** was appointed vice president for administration.

"John has served our pastors well as their ministerial director over the past four years, and I am pleased to have him join our officer team," said **Ron Carlson**, president. "John is a talented man with sincere dedication to the cause of Christ. I'm confident he will continue to serve our conference well in this new position as we all work together to advance God's kingdom in our territory."

Prior to coming to Kansas-Nebraska, Sweigart served as a pastor in the Ohio, Central California and Carolina conferences. For five years he was ministerial secretary and evangelism coordinator for the Carolina Conference. Sweigart holds degrees from the University

of Cincinnati and a Master's of Divinity from Andrews University.

Sweigart and his wife, **Susan**, an administrative assistant at conference headquarters, have two grown sons.

"When President Carlson and Vice President Stricker asked me to consider moving from ministerial to administration, I was honored," Sweigart said. "It has been a steep learning curve and, while I miss many of the responsibilities I had as ministerial secretary, the opportunity to serve the church in a wider capacity is a privilege. I hope and pray that I can serve all our constituents and employees well as we advance the work of the kingdom of grace and hasten the Savior's return."

John Treolo is communication director for the Kansas-Nebraska Conference.



Great Bend Opens New Sanctuary Facility

by John Treolo

What began as a dream to honor the past, preserve the present and prepare for the future culminated January 5 in a consecration/open house service celebrating a new sanctuary for the Great Bend (KS) Church.

After worshipping for years in the school gymnasium, members added 3,000 square feet to the school complex for the sanctuary, which seats 150. They also built several classrooms, a mothers' room and space for audio/video equipment.

"For the first time, members have a place they can really be proud of, where they can invite people to a sanctuary that isn't just a converted gym," said **Terry Ruebush**, pastor of the Great Bend District.

Discussions about enlarging the sanctuary began in 2006, after **Dr. Bell Razafindrabe**, a native of Madagascar, and his family arrived. He had chosen to practice medicine in Great Bend instead of at Loma

Linda University Medical Center.

Dr. Bell (as he is known) reflected on their difficult choice: "We didn't know much about Kansas. The people were nice but we were used to a big community. I am glad we made this decision."

So are Great Bend members. The first Sabbath the Razafindrabes visited, only five others were in attendance. But after Dr. Bell's family moved in, many relatives followed. Today the church offers dynamic services that appeal to members of all ages and nationalities.

A three-year timeline to enlarge the facility began in November 2010, when members voted during a business session to build a new sanctuary. Groundbreaking occurred the following November, after which members and volunteers from other churches in the district did much of the work on the addition. The first service in the new sanctuary was

on November 10, 2012.

Featured speaker for the January consecration/open house was **John Sweigart**, vice president for administration of the Kansas-Nebraska Conference. He took members and guests back 3,000 years to remember Solomon's Temple: "This is your church. Share your temple wherever you are. God has called you to be a blessing to this church and community." Sweigart added, "The community needs to know this is a safe house of prayer for everyone. This place can be more glorious than Solomon's Temple."

Great Bend charter member **Doris Reile-Kneller** testified: "This is the finality of a dream. All the original members wanted this, but it didn't happen in their generation. It gives the community a new look at Adventism."

Following a fellowship meal, attendees witnessed the first baptism in the new sanctuary. **Jim Martin**, who

was pastor when Dr. Bell's family arrived, baptized his own daughter, **Adeline**, who spent half of her years attending the Great Bend Church.

The following week, Great Bend Chamber of Commerce and Economic Development held a ribbon-cutting ceremony to officially open the Adventist facility to the community. Nearly 20 Chamber of Commerce members were on hand, plus many church members. Pastor Ruebush cut the ribbon, cheered on by hearty applause and surrounded by students from Great Bend School.

"This brings recognition to a new business, a new facility," said **Carmie Green**, Chamber member. **Rachel Mawhirter**, the organization's marketing coordinator, added: "We are helping to commemorate a special occasion and to make sure business community residents are informed about what is going on."



Pastor Terry Ruebush teaches the Sabbath school lesson.



Great Bend charter member, Doris Reile-Kneller, shares a historical sketch during the consecration/open house service.



Jim Martin baptizes his daughter, Adeline, marking the first baptism in the new sanctuary of the Great Bend Church.

All Photos: John Treolo



Sharon Church Reaches Out to Shelter Residents

by Absalom Birai



Members of the Sharon Church are committed to being the hands and feet of Jesus in St. Paul.

Recently they hosted a Sabbath breakfast at the church facility for residents of a shelter for victims of

domestic violence. The smiles of five women and 10 children lit up the fellowship room as they interacted with Sharon members. After the meal, they received copies of *Happiness Digest* (a reprint of Ellen White's *Steps to Christ*) and were invited to take extra food back with them.

Two of the women requested to talk with a pastor regarding spiritual issues. Another left her children in Sabbath school class while she went to

change clothes for the worship service. All the women said they want to attend future events at the church.

Sharon Church is planning further outreach to homeless people in their community. Members are committed to show them a Savior who loves them with everlasting love, so their lives can be filled with hope.

Pastor Absalom Birai serves the St. Paul Sharon District.

Windom Welcomes Karen Refugees

by Ed and Doris Eigenberg

Courtesy Ed and Doris Eigenberg



(l-r) Hee Thaw Paw, Pastor Ed Eigenberg, Lah Htoo

Windom Church members are happy to welcome their first Karen refugees into membership. **Lah Htoo** and his sister, **Hee Thaw Paw**, came to America from a refugee camp in Thailand with other Karen people (an ethnic group native to southeast Asia). They spent three years in

California before moving to Minnesota. Lah Htoo has completed technical college and is now working as an interpreter for Worthington Community Education. He knows the English language so well that he is often called to Minneapolis-St. Paul International Airport to interpret for

refugees arriving from Thailand. Htoo was baptized last September, returned to his homeland in December to get married, and plans to be back in Windom this spring.

Hee Thaw Paw joined the Seventh-day Adventist Church in Windom through profession of faith the same day as her brother. She was working for Swift Packing Plant but quit her job to keep the Sabbath. She now is training for other employment. Her husband, **Ngae**, also hopes to make a job change soon because of Sabbath issues. Ngae's father and grandfather were Seventh-day Adventist pastors in Thailand; while in the refugee camps they distributed much literature and shared the gospel as they went about their daily routine.

Because of these connections formed at the refugee camp, many Karen immigrants are settling in Windom and Worthington, looking for housing and work. Unfortunately, obtaining a job with Sabbaths off is most difficult.

Retired pastor **Ed Eigenberg** and his wife, **Doris**, have come close to this group in ministering to them. Ed states, "God's work is breaking wide open here for Karen refugees and Hispanic people. But they really struggle to get jobs that accommodate the Sabbath." Windom Adventists continue to do all they can to welcome and assist these courageous, steadfast people.

Ed and Doris Eigenberg are a retired pastoral couple living in Windom.



Young Adults Form ACF Chapter at University of Minnesota

There was always the option of attending an Adventist university, but due to his involvement with and love for his local church **Derran Bedward** chose to study nearby. Majoring in kinesiology at the University of Minnesota Twin Cities, Bedward was convicted to support other Adventists on campus by forming a chapter of Adventist Christian Fellowship (ACF) in order to create a spiritual community by providing a place of belonging and encouragement for many students.

Together with university students **Cesar Garcia, Kiesha Dent, Veronica Williams, Valerie Williams,** and **Natalia Krasnobaieva,** Bedward persevered through challenges such as writing, ratifying and gaining approval for their ACF constitution. Within five and a half months their constitution was rejected three times before finally being approved. "This challenge only bonded our group together more tightly with an affirmation of faith and belief," Bedward explained.

What first inspired Bedward to seek formation of ACF on a public campus? He had been involved in a denominationally diverse Bible study group in high school in which his faith experienced growing pains and he developed as a leader. More recently he felt called to begin this group at the U of M by the

challenge resounding in his heart: "Plant seeds of light and truth wherever you go." His hopes, dreams and prayers for the group are to become a company of believers who express their faith on campus and in the community with a permanent presence

through volunteerism, outreach and God-centered Bible study.

If you are a student at the University of Minnesota and want to connect with a community of young adults with a passion for Christ, please see the information below.

If you're a pastor or church leader, please support this group with prayer and by encouraging young adults to connect with this fantastic opportunity.

For more information, visit <http://bit.ly/UtggTX> or contact Derran Bedward at 612.735.9111.



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RMC Welcomes New Youth Director

by Mark Bond

Courtesy Hamilton Family



Steve and Delinda Hamilton, with children Katie, Ashley and Andrew

The Rocky Mountain Conference is blessed to have **Steve Hamilton** join its team as the new youth director.

Steve comes from the Central California Conference, where he served as senior pastor for the Oakhurst Church near Yosemite. He has years of experience as both a youth pastor and senior pastor. Beyond his pastoral duties, he also coordinated numerous youth programs for the Central California Conference.

Hamilton wants

his ministry in Rocky Mountain to be more about people and less about programming. He shares, "Jesus wasn't unaware of programming dynamics. He knew how to choose a good location where a large group could gather. He knew the need for feeding a hungry crowd. But more importantly, He was focused on people. That's what I want to emulate—student-centered ministry focused on individuals." He continues, "Whatever programs we design and dream need to start with

individuals in mind."

Steve believes that the Christian experience can be condensed to three essential components: solitude, study and service.

"We need to learn how to have alone time with God in order to hear his voice—solitude. We need to learn to be grounded in the word—study. And we need to focus on the needs of others rather than ourselves—service. These three components are a three-legged stool. You can't take any of them away."

Gary Thurber, Rocky Mountain Conference president, declares, "I'm really excited about the youth ministry team the Lord has assembled here. God has blessed us with a strong foundation through the leadership at Glacier View Ranch and Mills Spring Ranch, and the keen direction of the Pathfinder leadership team. Then with the addition of

youth department assistant, **Jessica Beans**, and youth evangelism coordinator, **Jamie Houghton**—and now Steve at the helm—I believe God has brought all these pieces together to do something amazing!"

Steve and his wife, **Delinda**, didn't choose to move here because of the beautiful scenery; they came because they perceive God's calling. Delinda shares Steve's passion for youth ministry. She graduated from Andrews University with a degree in theology with emphasis in youth ministry. Her father worked for years as a youth director, and she grew up working at summer camps.

Please join Rocky Mountain Conference leaders in praying for the Hamiltons as they transition to their new ministry.

Mark Bond is communication director of the Rocky Mountain Conference.



ROCKY MOUNTAIN CONFERENCE TOWN HALL SCHEDULE

Get ready for a time of sharing, training, and fellowship. There will be six regional Town Hall meetings. Training seminars begin at 3 p.m., followed by supper at 6 p.m. Town Hall meetings begins at 7 p.m. Join us!

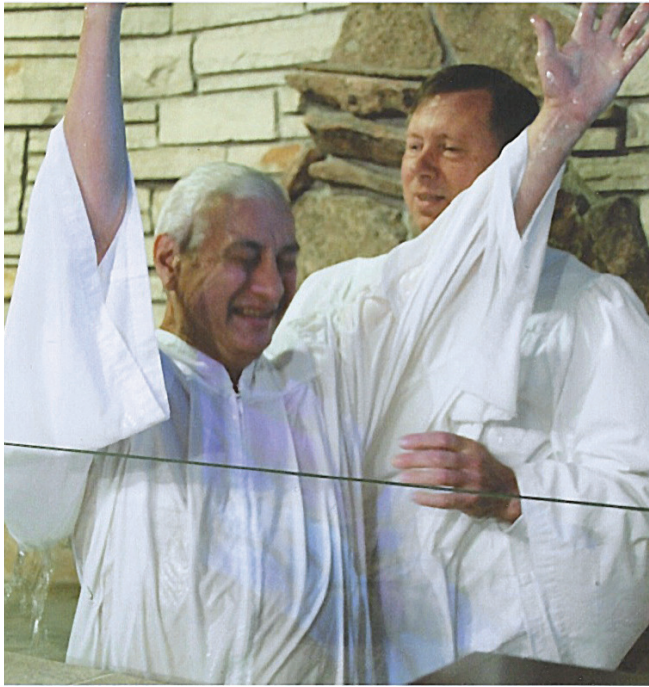
| March 30 | April 6 | April 13 | April 27 | May 4 | May 18 |
|---|---|--|--|---|---|
| Wyoming Town Hall Casper SDA Church 2625 Casper Mtn. Rd. Casper, WY 82601 | Metro Town Hall LifeSource Adv. Fellowship 6200 W Hampden Ave. Denver, CO 80227 | Northwest Town Hall Grand Junction SDA Church 730 Mesa Avenue Grand Junction, CO 81501 | Southeast Town Hall Colo. Spr. Cntrl. SDA Church 1305 N Union Blvd. Colorado Springs, CO 80909 | Southwest Town Hall Durango SDA Church 1775 Florida Rd. Durango, CO 81301 | Northeast Town Hall Campion SDA Church 300 42nd St. SW Loveland, CO 80537 |



Former Special Forces Soldier Joins the "Lord's Army"

by Bob Miller

Courtesy Rocky Mountain Conference



Alfredo Rodrigues rejoices as he is baptized by Eric Nelson, Rocky Mountain Conference vice president for administration.

Elder Eric Nelson, vice president for administration, set the pace for evangelism in the Rocky Mountain Conference for 2013. On the first Sabbath afternoon of the year, after delivering an informative and inspirational sermon, he performed a baptism for the International Company at the Arvada (CO) Church. Elder Nelson and **Elder Hubert Cisneros**, youth director for the Mid-America Union, shared in confirming by special prayer **Alfredo Rodrigues** as a new member of the International Company.

Rodrigues, a former member of the U.S. Special Forces, moved to Denver 18 months ago from Houston, and began to search for the

true church through the Internet. He located the International Church and continued his studies with leaders of the group. After many weeks of listening to messages by the lay leaders, he requested baptism.

He was excited to be "sworn in," so-to-speak, by the "XO" (second in command) of his new "company" and to be affirmed by a "staff officer" of his new battalion of the Lord's Army. The support and leadership of Elder Nelson and Elder Cisneros thrilled the members of the International Church on this special occasion.

Bob Miller is a member of the International Company in Arvada, Colorado.

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Learning to Communicate in a Digital World

New program helps students harness the power of social media

by Joellyn Sheehy

Ryan Teller/Union College



Harrison Smith found the perfect major for his chosen career when Union College decided to launch an emerging media emphasis as part of the communication degree program. The new emphasis will help students apply their skills in the digital world using online journalism, blogging, social media and video.

Harrison Smith likes computers. In fact, that's what he decided to study when he started college a couple of years ago. But through his job at a popular music blog he discovered that instead of learning the language of machines, he'd rather use them as tools to connect with people.

"I realized I wanted to change my major to communication in the middle of last semester," said Smith, a junior Union College student from Lincoln. "I talked with the chair of the Division of Humanities about what was available and when I mentioned that I work in social media she told me about the new communication emphasis in emerging media. I looked at the curriculum guide and thought, 'This is awesome.'"

Smith is one of the first

students at Union College to embark on the new emerging media emphasis in the communication degree program, which will start in the 2013-14 school year. The emphasis incorporates classes that teach students to apply their communication skills to the online world—to be online journalists; use social media as part of public relations or marketing campaigns; tell stories using video, audio and multimedia tools; and understand how to leverage a worldwide audience and the immediate feedback of social media.

Already well immersed in the social media world, Smith works as an assistant to a local music blogger. The new emerging media emphasis is perfect to assist him in developing the skills necessary for his career. "I would love to

help businesses grow their presence in social media," he said. "I want to show them how to better interact with their customer base."

The emphasis is aptly timed as employers increasingly demand greater social media competency from their young employees. "In the past few years we've been seeing graduates going into jobs or internships and being tasked with running the entire social media presence of the organization," said **Ryan Teller**, director of Public Relations at Union College and one of the developers of the new program. "People think 'Oh, they're young, they know how to Facebook,' but there's a significant difference between Facebooking on a personal level and knowing how to use social media as an effective mass communication tool."

Six new classes will be offered to support the emphasis, including Digital Storytelling and Social Media Public Relations and Marketing. "Teaching these principles and skills is incredibly important for our communicators and marketers in getting jobs and being effective in today's market," emphasized Teller.

"The courses will mostly be taught by adjuncts who are practicing in the field right now," said **Michelle Velazquez Mesnard**, chair of the Division of Humanities. "I think part of the strength

of the program is that it will be taught by people who are doing these activities in their day-to-day work and are on top of the latest developments."

The new classes will also be incorporated in the curriculum of the religion program, including contributing toward a completely new major called Social Media Ministry. "Pastors and people working in churches need to be connected to social media and understand how to use it for the church and outreach," said **Bob Fetrick**, chair of the Division of Religion and associate professor of religion and communication. "This major will give pastors the skills to interconnect their churches, and church workers a new mode for evangelism. Ministry is ultimately about relationships, and social media is a great tool to strengthen those connections."

"What I love about social media is that it's instant," said Smith. "You can get a response from somebody in moments—there's no waiting. That, to me, is what's most rewarding: being able to help people right away."

To learn more about this new emphasis or any other program at Union College, schedule a free visit during one of our spring preview days. Call 800.228.4600 or go to www.ucollege.edu/experienceu.



50K Grant Launches Program to Help Students Discover Calling

by Joellyn Sheehy

Malcolm Russell, Union College's vice president for Academic Administration, doesn't regret his career path. But he wishes he had been more intentional, while in college, about discovering and following his calling.

More than a career

"My father was a teacher; I did well in school yet faced a poor job market when I graduated from college," said Russell. "The logical thing to do was go to graduate school. While there, I successfully interviewed for a job at the Department of State, but at the same time I was approached about filling a position at Andrews University. You may think of that as the Lord opening windows, but to me a calling is deeper than feeling that the Lord has opened or closed doors. It should lead to a deeper sense of what we're supposed to be doing with our lives."

Russell has been working with a group of faculty and staff, finding ways to help Union College students discover their calling before leaving college and entering the workforce.

Discover your calling

"When we look for our calling, we look for the connection between the passion God built into us and the various avenues that passion can shine through," said **Michelle**

Velazquez Mesnard, chair of the Division of Humanities. "Discovering our calling impacts every area of our lives—our education, our social pursuits and our spiritual pursuits. It is multifaceted and has everything from daily to lifelong applications. When we are living our calling, we live a more fulfilled life!"

Prepare for your calling

Union College was recently awarded a grant by the Council of Independent Colleges (CIC) to develop a program on calling and vocation and will receive \$49,150 to use during the next two years. Cooperation among students, faculty and administrators played a crucial roll in winning this grant.

The journey to receive the grant began in 2009 when representatives from Union were invited to a CIC seminar on vocation and calling, which later became the Network for Vocation in Undergraduate Education (NetVUE). Russell attended with faculty members in 2009 and then again in 2011 and 2012. "We've been trying to do something with calling ever since," he said. "We came back from the conferences enthusiastic and inspired to explore the idea of vocation further, recognizing that the first step was to create a core of people who understand the concept of calling and its value."

In 2012, after reflecting the unique roles that

students play on campus, Russell persuaded NetVUE that Union's students should join a regional conference, alongside faculty and staff. "The two Union students, **Joellyn Sheehy** and **Michael Rohm**, changed both the dynamics of the conference and the energy level at Union," says Russell. "Our students gained the respect of the other attendees, and when we returned to campus, we had the critical mass to advance the discussion."

"I have always had a passion for helping students discover their calling," said Mesnard, the faculty attendee at the 2012 NetVUE conference. "Developing a campus focus on God's calling connected so closely with my passion for helping students discover their calling that I couldn't resist attending. Our group actually walked away with the beginnings of a plan to implement a program on our campus. The workshop lit the fire. When there was a grant available, we couldn't help but apply for it."

Union College will use the money to launch an "Experience Your Calling" program in the fall of 2013 to help students discover their life missions. Planning and preparation for the campaign began in January. "This grant enables us to develop a more complete program," said Russell. "It gives us the opportunity to fund directors, create a retreat for faculty and staff who are interested in

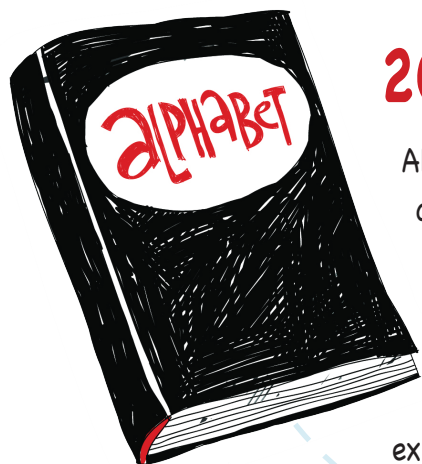
exploring vocation, as well as to host guest speakers on campus."

Faculty hope the new program will help students spend more time focusing on a plan for their lives. "My life would have been different if I had actually searched for my calling," said Russell. "I accepted a vocation without really considering it. We need to challenge students to think about their calling, encouraging them to listen to God and helping them prepare to follow His leading."

Experience your calling

Russell believes that helping students go beyond simply training for a career will take Union College to the next level in preparing students for service. "We've been the College of the Golden Cords for more than a century, and we need to remember that all those missionaries were called to serve, maybe for a school year or maybe for a lifetime. This grant gives Union an opportunity to be a leader among Adventist colleges in addressing vocation and calling. We hope that discovering vocation will soon become a part of our educational culture, much like mission service."

.....
Joellyn Sheehy is a junior International Rescue and Relief and premed major from the United Kingdom.



2013 Nondiscrimination Policy

All schools operated by the Seventh-day Adventist Church admit students of any race to all the privileges, programs and activities generally accorded or made available to students at its schools and make no discrimination on the basis of race, color, ethnic background, gender or country of origin in the administration of education policies, applications for admission, scholarship or loan programs, and extracurricular programs.



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Union College: 3800 S 48th St, Lincoln NE 68506 | 402.486.2600 | www.ucollege.edu

Central States Conference

Quad City Seventh-day Adventist Junior Academy: 4444 W Kimberly Rd | Davenport IA 52806 | 563.391.9499 | qcsda.org

St. Louis Unified School of Seventh-day Adventists: 9001 Lucas and Hunt Rd | St. Louis MO 63136 | 314.869.7800 | stlouisunifiedschool.org

V. Lindsay Seventh-day Adventist School: 3310 Garfield Ave | Kansas City KS 66104 | 913.342.4435 | www.vlindsayschool.org

Dakota Conference

Dakota Adventist Academy: 15905 Sheyenne Cir | Bismarck ND 58503 | 701.258.9000 | dakotaadventistacademy.org

Brentwood Adventist Christian School: 9111 Wentworth Dr | Bismarck ND 58503 | 701.258.1579 | brentwoodsda@gmail.com

Hillcrest Seventh-day Adventist Elementary School: 116 15th Ave NE, Jamestown ND 58401 | 701.252.5409

Prairie Voyager Adventist School: 3610 Cherry St, Grand Forks ND 58201 | 701.746.9644

Rapid City Seventh-day Adventist Elementary School: 305 N 39th St, Rapid City SD 57702 | 605.343.2785

Sioux Falls Adventist School: 7100 E 26th St, Sioux Falls SD 57110 | 605.333.0197 | sdachurchschool@svtv.com

Iowa-Missouri Conference

Sunnydale Adventist Academy: 6818 Audrain Rd 9139, Centralia MO 65240 | 573.682.2164 | sunnydale.org

Aspenwood Christian School: 3636 Aspenwood St, Sioux City IA 51104 | 712.224.2575 | aspenwood22.adentistschoolconnect.org

Bourbon Adventist Elementary School: 750 Old Hwy 66, Bourbon MO 65441 | 573.732.5531 | bourbon22.adventistschoolconnect.org

J.N. Andrews Christian Academy: 2773 Loggerhead Rd, Cedar Rapids IA 52411 | 319.393.1664 | andrewsca.org

College Park Christian Academy: 1114 College Park Dr, Columbia MO 65203 | 573.445.6315 | columbia22.adventistschoolconnect.org

Des Moines Adventist Jr. Academy: 2317 Watrous Ave, Des Moines IA 50321 | 515.285.7729 | desmoines22.adventistschoolconnect.org

Hillcrest Seventh-day Adventist School: 9777 Grandview Dr, Olivette MO 63132 | 314.993.1807 | hillcrest23.adventistschoolconnect.org

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Nevada Adventist Elementary School: 224 S 6th St, Nevada IA 50201 | 515.382.4932

Prescott Seventh-day Adventist School: 1405 Weisenborn Rd, St. Joseph MO 64507 | 816.279.8591 | prescott7day@yahoo.com

Rolla Adventist Elementary School: 814A Hwy O, Rolla MO 65401 | 573.364.2041 | rolla22.adventistschoolconnect.org

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Midland Adventist Academy: 6915 Maurer Rd, Shawnee KS 66217 | 913.268.7400 | www.midlandacademy.org

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Prairie View Adventist School: 5802 Hwy 20, Chadron NE 69337 | 308.432.4228 | www.prairieviewadventistschool.org
Three Angels Seventh-day Adventist School: 4558 N Hydraulic, Wichita KS 67219 | 316.832.1010 | www.threeangelschool.org
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Wichita Adventist Christian Academy: 2725 S Osage St, Wichita KS 67217 | 316.267.9472 | angf96.adventistschoolconnect.org
Yates Memorial Adventist School: 1710 E River St, Eureka KS 67045 | 620.583.7523 | yates22.adventistschoolconnect.org

Minnesota Conference

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Anoka Adventist Christian School: 1035 Lincoln St, Anoka MN 55303 | 763.421.6710 | anokaacs@yahoo.com
Capital City Adventist Christian School: 1220 S McKnight Rd, St. Paul MN 55119 | 651.739.7484
Detroit Lakes Adventist Christian School: 404 Richwood Rd, Detroit Lakes MN 56501 | 218.846.9764 | sandyd1990@gmail.com
Greene Valley Adventist School: 7240 Dresser Dr NE, Rochester MN 55906 | 507.282.7981 | tasl425@hotmail.com
Maranatha Adventist School: 700 10th Ave NW, Dodge Center MN 55927 | 507.374.6353 | maranathacs@hotmail.com
Minnetonka Christian Academy: 3500 Williston Rd, Minnetonka MN 55345 | 952.935.4497 | mca-sda.com
Northwoods Elementary School: 95 Academy Ln NW, Hutchinson MN 55350 | 320.234.5994 | nwschool@hutchtel.net
Oak Street Christian School: 2910 Oak St, Brainerd MN 56401 | 218.828.9660 | oakstreetchristian@live.com
Parkside Adventist School: 1390 Albers Path, Faribault MN 55021 | 507.334.6588
Southview Christian School: 15304 Co Rd 5, Burnsville MN 55306 | 952.898.2727 | southviewoffice@gmail.com
Stone Ridge Christian School: 115 E Orange St, Duluth MN 55811 | 218.722.7535 | stoneridge@questoffice.net

Rocky Mountain Conference

Campion Academy: 300 SW 42nd St, Loveland CO 80537 | 970.667.5592 | info@campion.net
Mile High Adventist Academy: 711 E Yale Ave, Denver CO 80210 | 303.744.1069 | info@milehighacademy.org
Adventist Christian School: 612 23rd Ave, Greeley CO 80634 | 970.353.2770
Brighton Adventist Academy: 820 S 5th Ave, Brighton CO 80601 | 303.659.1223 | office@baasda.com
Castlewood Christian School: 7086 E Park Dr, Franktown CO 80116 | 303.688.5353
Columbine Christian School: 1775 Florida Rd, Durango CO 81301 | 970.259.1189
Columbine Christian School: 2314 Blake Ave, Glenwood Springs CO 81601 | 970.945.7630
Cortez Seventh-day Adventist School: 540 W 4th St, Cortez CO 81321 | 970.565.8257 | cortezadventistschool@hotmail.com
Day Star Seventh-day Adventist School: 3912 O'Neal Ave, Pueblo CO 81005 | 719.561.9120 | daystarsda@comcast.net
Delta Seventh-day Adventist School: 762 Meeker St, Delta CO 81416 | 970.874.9482
Four-Mile Adventist School: 3180 E Main St, Canon City CO 81212 | 719.275.6111
H.M.S. Richards Seventh-day Adventist Elementary School: 342 SW 42nd St, Loveland CO 80537 | 970.667.2427 | principal@hmsrichards.org
Intermountain Adventist Academy: 1704 N 8th St, Grand Junction CO 81501 | 970.242.5116 | ia7@bresnan.net
Mason Christian Academy: 723 Storey Blvd, Cheyenne WY 82009 | 307.638.2457 | learning@cheyenneadventistschool.org
Mile High Elementary School: 711 E Yale Ave, Denver CO 80210 | 303.744.1069 | info@milehighacademy.org
Mountain Road Christian Academy: 2657 Casper Mountain Rd, Casper WY 82601 | 307.235.2859
N.L. Beebe Seventh-day Adventist School: 821 W Lake St, Fort Collins CO 80521 | 970.482.4409
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Spring Creek Seventh-day Adventist School: 14488 61.75 Rd, Montrose CO 81401 | 970.249.5500 | teacher@springcreekadventist.org
Springs Adventist Academy: 5410 E Palmer Park Blvd, Colorado Springs CO 80915 | 719.597.0155 | saa@springsadventistacademy.org
Sunshine Elementary School: 313 Craft St, Alamosa CO 81101 | 719.589.2557 | sunshinechristianschool@gmail.com
Vista Ridge Academy: 3100 Ridge View Dr, Erie CO 80516 | 303.828.4944 | vraoffice@vrak12.org
Wood Adventist Christian School: 1159 S Moline St, Aurora CO 80012 | 303.755.4483 | Wacsprincipal.director@gmail.com
Worland Seventh-day Adventist School: 660 S 17th St, Worland WY 82401 | 307.347.2026 | wacsl@live.com





The Role of Spiritual Care in Health

New ways of implementing a not-so-new idea: an interview with Stephen King

Courtesy Adventist Health System



How is the Adventist focus on the spiritual side of health affecting healthcare today?

The growing emphasis on the role of spirituality in healthcare is promising. We're paying more attention to how we can support that with patients—and not just in hospitals, but in physician offices, home health, and along all the touch points of care.

How might spiritual care look today in an Adventist hospital?

It requires a big change in how patients and caregivers think. Here's one example: you go to see your doctor, who sees that stress or other emotional or spiritual factors indicate a need for spiritual care. He/she might refer you to one of our spiritual care resources. In the old healthcare model, these resources are not available until your medical condition

has worsened and you are admitted to a hospital. But in the future, this is the goal.

So the caregivers themselves won't be bringing this to patients?

The financial model allows only so much time between a caregiver and patient, and often spiritual care requires more time. So while they can bring some aspects of this to their care, they can also make referrals when more resources are required.

What research is being conducted regarding spiritual care?

Extensive research is taking place at Harvard University and Duke University about the role of spirituality in health and recovery. They're finding increasing evidence that spirituality contributes to health, wellness, recovery and even disease

management—something Adventists have long believed. They're looking at specific things such as the role of forgiveness, the importance of faith communities, and the positive effects of prayer.

Adventist Health System, the Florida-based system that owns Colorado's five Adventist hospitals, is a major contributor to this conversation. They have done a lot of work through CREATION Health, and have also allotted funding for their member hospitals to develop health and wellness programs. We have a grant proposal before them right now to further develop CREATION Health models in our hospitals and communities.

As places for spiritual care, can churches partner with healthcare organizations?

Yes. We now believe that wellness is fostered best by peer support—where someone familiar with the road comes alongside you and provides support, encouragement and accountability. In the past, health classes have not been as successful as we'd hoped because people attended then went home and resumed their previous behaviors. But by pairing a patient with a supportive lay person—whether it's for diet, weight loss or chronic disease management—the needed support for change is provided. This presents

a great opportunity for our Colorado church members to partner with our Adventist hospitals.

Is anything like this currently happening in Colorado's Adventist hospitals?

Yes. Our organization has provided seed money for the Rocky Mountain Conference to fund a health coordinator position that develops this peer support. Members of congregations can become agents for change as they partner with individuals who want to set a new direction for their health. And in these settings there is always opportunity for ministry, as relationships form and needs become evident.

What can we learn from our own church history that serves as a guide for the future?

The traditional Adventist focus on the connection between spirituality and health is now a major theme in the American health environment. Our historic understanding and emphasis around that vital connection is reaching a propitious moment in American healthcare.

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This article was submitted by Stephen King, senior vice president for mission and ministry for the Rocky Mountain Adventist Health System/Centura Health, where he serves the five Adventist hospitals in Colorado. It was written by CMBell Company.



New Shawnee Mission Birth Center Focuses on Family

by Shelby Borel

Shawnee Mission Medical Center's (SMMC) new Birth Center delivers everything families expect and more. Doctors and nurses have worked with architects to design the ideal environment to bring new life into the world. The \$44 million facility offers beautiful open space, a tranquil environment and new resources for mothers and babies.

SMMC staff deliver nearly 4,000 babies each year. And because of a Level III Neonatal Intensive Care Unit (NICU), they can provide care for babies born as early as 28 weeks gestation. Neonatologists from Children's Mercy Hospital who staff the NICU care for approximately 99 percent of all babies born at the hospital without transferring them to another facility.

Regina Fraiya, RN, manager of SMMC's NICU, is especially excited about

the new facility. The NICU now features all private rooms with space for families to stay overnight with the baby. The Birth Center also has dedicated space for special programs necessary for families to cope with challenges they may face.

One of those spaces is the Respite Room. Having a child in the NICU can be a surprise for which families aren't prepared. The Respite Room is a bright, cozy space with a comfortable lounge area. Inside this room are couches, a TV, refrigerator, microwave, shower and other amenities to help families transition into spending time in the hospital. It serves as a place to relax and get away from the stress of their situation.

The Transition Room, designed to look like a small living space with a bathroom and sleeping area, is another addition to the NICU. Since many of the babies in the NICU

have special monitors, breathing tools or other medical equipment, it is important for parents to practice caring for their babies.

"When families stay in the Transition Room, it allows them to practice taking care of their sick baby on their own," said Fraiya. "Many of the people who stay in the Transition Room are first-time parents and are nervous taking care of a baby, let alone one who needs special attention. This room allows them to do just that with the comfort of knowing we are there to help if something doesn't go right."

While most birth experiences are positive, infant loss is also a reality. The Bereavement Room is reserved for families who have experienced a loss and need a place to grieve, say goodbye to their baby and to simply have some peace and quiet. The room is attached to a smaller

room which hosts the clay used for making baby hand and foot prints, baskets to present the babies to their families and a plethora of other supplies.

"The Bereavement Room is special to us. Before the new Birth Center we didn't have dedicated space for parents who had just lost their baby to grieve. This room is specifically designed for grieving families, making this unimaginably difficult time a little easier," said Fraiya.

These new facilities, along with beautiful new birth and post-partum rooms, family waiting areas and SMMC's outstanding nurses, doctors and other medical professionals, will help SMMC remain Kansas City's first choice for maternity care.

"The women's and children's program at Shawnee Mission is already known for its exceptional nursing care and phenomenal healthcare team," said Denise Martinek, executive director of Women's and Children's Services. "The new Birth Center will only serve to enhance the patient and family experience. Shawnee Mission recognizes childbirth as a sacred moment in a family's life."

To learn more about the new Shawnee Mission Birth Center, visit ShawneeMission.org/BirthCenter.



The new \$44 million Shawnee Mission Birth Center provides the Kansas City community with family-focused care in a modern, relaxing environment.

Shelby Borel is a writer for Shawnee Mission Medical Center.



Archdekin, Dylan, b. Nov. 11, 1993. d. Oct. 13, 2012 in St. Joseph, MO. Member of Three Angels Church in St. Joseph, MO. Survivors include fiancé Sierra Fennell; mother Anissa; sister Kinsey Archdekin; brothers Dustin Wiedmaier, Denver and Austin Archdekin.

Brunken, Marian, b. Sept. 13, 1921 in Attleboro, MA. d. Oct. 23, 2012 in Burlington, IA. Member of Burlington Church. Preceded in death by 2 brothers. Survivors include husband Walter; daughter Susan Dixon; 2 grandchildren; 2 great-grandchildren.

Buseman, Janet, b. Nov. 10, 1948 in Viborg, SD. d. Jan. 13, 2013 in Viborg, SD. Member of Hurley Church. Survivors include husband Dennis; children Kristie Beck, Lonnie Heibult and Jennifer Sawchuk; 2 siblings; 6 grandchildren.

Carpenter, Marilyn J. "Sally", b. June 10, 1927 in Greeley, CO. d. Dec. 23, 2012 in Pueblo, CO. Member of Pueblo First Church. Preceded in death by husband Merle. Survivors include brother Bill Anderson; sister Aldene Miller.

Carrick, Betty E., b. Nov. 15, 1929. d. Sept. 12, 2012 in Grand Junction, CO. Member of Grand Junction Church. Survivors include daughters Dawn McCalla, Robin Mayhow and Vernetta Hosler; sons Larry and Duane Drumm; stepson Ron Carrick; 2 siblings; 13 grandchildren; 12 great-grandchildren.

Cooper, Joan, b. Sept. 3, 1943. d. Oct. 27, 2012 in Montrose, CO. Member of Montrose Church. Survivors include husband Wesley.

Cooper, Robert, b. Apr. 15, 1946 in Ridgecrest, CA. d. Oct. 18, 2012 in Rogersville, MO. Member of Oak Grove Heights Church. Preceded in death by father. Survivors include wife Rita; sons Allen, Jerry, Robert and Steven; mother; 1 sister; 10 grandchildren.

Fisher, Floy J., b. Sept. 17, 1925 in St. Francis, KS. d. Nov. 8, 2012 in Haigler, NE. Member of Yuma Church. Preceded in death by husband Owey; 1 sister; 1 great-granddaughter. Survivors include daughter Sharna Richardson; sons Melvin and Garry; 1 sister; 7 grandchildren; 8 great-grandchildren.

Greet, Neil "Hap" F., b. Apr. 12, 1928 in Worland, WY. d. Nov. 11, 2012 in Worland, WY. Member

of Ten Sleep Church. Preceded in death by parents; 2 siblings. Survivors include wife Marjorie; daughters Barbara Hogeland and Margaret Flores; sons Marvin and David; stepdaughters Naomi Simpson and Sue Kump; stepsons Hank and Bill Kump; 3 siblings; 17 grandchildren; 14 great-grandchildren.

Hackley, Deloris A., b. July 28, 1931 in Kansas City, KS. d. Jan. 19, 2013 in Lincoln, NE. Member of College View Church. Survivors include daughters Danita Castillo and Deb Flowers; sons DeWayne and Richard; 4 grandchildren.

Hall, Charlene, b. Sept. 12, 1938 in Montrose, IA. d. Sept. 18, 2012 in Ft. Madison, IA. Member of Ft. Madison Church. Survivors include son Willie Sylvester; daughters Stephanie Gili, Teresa Range and Jeannine Finn; 7 grandchildren.

Hayes, Alma "Dale", b. Dec. 16, 1917. d. Dec. 28, 2012. Member of Pueblo First Church.

Jantzen, Leslie R., b. June 12, 1920 in Kismet, KS. de. Sept. 25, 2012 in Hutchinson, KS. Member of Hutchinson Church. Preceded in death by parents; 5 siblings. Survivors include wife Patricia; daughter Rachel Massey; 1 sibling; 2 grandchildren.

Jensen, Kristine, b. Aug. 26, 1927. d. Oct. 11, 2012. Member of Palisade Church.

Jorgensen, Gil, b. Dec. 12, 1924 in Brazil. d. Oct. 24, 2012, in Grand Junction, CO. Member of Grand Junction Church. Survivors include wife Rosella; sons Gary, Matthew, Daniel and Michael Hart; 11 grandchildren; 7 great-grandchildren.

Juhl, Lester L., b. May 13, 1919 near Bowsmont, ND. d. Dec. 6, 2012 in Hallock, MN. Member of Grand Forks Church. Preceded in death by parents; wife Hilda; sons Richard and Larry; 4 siblings; 2 grandchildren. Survivors include children Leland Juhl, Lyndon Juhl, Larelda Gingras, Quentin Juhl, Ted Juhl, Lavonne Juhl and Kandi O'Toole; 4 siblings; 10 grandchildren; 13 great-grandchildren.

Lee, Phillip J. Jr., b. June 27, 1959 in Shiprock, NM. d. June 14, 2012 in Shiprock, NM. Member of Waterflow Church. Preceded in death by mother. Survivors include wife Noel; sons Fred

Nelson, Adam, Vincent and Phillip Lee; father; 2 brothers; 10 grandchildren.

Martin, Velta, b. Dec. 26, 1925 in Haydock, IA. d. Nov. 11, 2012 in Des Moines, IA. Member of Albia Church. Preceded in death by husband Tom; daughter Joyce; sisters Hazel, Irene and Ellen Griffin; brothers Carl, Everett, Fred, Floyd and Culver Carter.

McMillen, Irene, b. May 29, 1936. d. June 10, 2012. Member of Denver South Church. Preceded in death by husband David. Survived by daughters Jane Herbel, Debra Wasmer, Mary Ellsworth and Beverly Bidwell; son James; 11 grandchildren.

Meyer, Clarence "Lance", b. Oct. 21, 1941 in Pittsburgh, PA. d. Sept. 8, 2012 in Grand Junction, CO. Member of Grand Junction Church. Survivors include parents Raymond and Mary Meyer.

Putman, Sally, b. July 11, 1937 in Albuquerque, NM. d. Sept. 23, 2012 in Tipton, MO. Member of Sedalia Church. Preceded in death by husband Alva; son Steven; 2 siblings. Survivors include son Alan; 5 siblings; 4 grandchildren; 5 great-grandchildren.

Rankin, Ruth L., b. Apr. 3, 1927. d. Jan. 15, 2013 in Lincoln, NE. Member of College View Church. Survivors include daughters Fauna Dean and Paula Tompkins; son William; 1 sister; 4 grandchildren; 1 great-grandchild.

Rice, William, b. July 15, 1920 in Fairfield, IA. d. Oct. 18, 2012 in Florence, CO. Member of Campion Church. Survivors include wife Eleanor; son Grantland; stepdaughters Nancy Atwood and Judy Paulien; 1 brother; 3 stepgrandchildren; 5 stepgreat-grandchildren.

Robinett, Vern, b. Jan. 13, 1924 in Casper, WY. d. July 28, 2009 in Casper, WY. Member of Casper Church. Preceded in death by parents; 5 siblings. Survivors include wife JoAnne; sons Roger and Guy; 1 sister; 5 grandchildren.

Rolof, Robert "Bob" L., b. Mar. 8, 1949 in Scotland, SD. d. Jan. 6, 2013 in Hermosa, SD. Member of Hermosa Church. Preceded in death by parents; 4 siblings. Survivors include wife Bonnie; daughters Jayme Stuen, Kelly Gorman, Terri Spero and Tammy Rolof; sons Eric and Greg Larson; 12 grandchildren.

Rush, Thomas A., b. July 4, 1942 in Denver, CO. d. Nov. 16, 2012 in Lakewood, CO. Member of Denver South Church. Survivors include brother Joe.

Sandridge, June F., b. Sept. 19, 1921 in Baldwin City, KS. d. Jan. 18, 2013 in Paola, KS. Member of Ottawa Church. Survivors include husband Frank; daughter Mary Jean Schuman; sons Larry and Neil; 9 grandchildren; 24 great-grandchildren.

Sang, Grace M., b. Jan. 9, 1929. d. Oct. 31, 2012. Member of Aurora First Church.

Snyder, Marvin M., b. Sept. 19, 1935 in Denver, CO. d. Oct. 27, 2012 in Ironton, MO. Member of Farmington (MO) Church. Preceded in death by parents; 3 grandchildren; 1 great-grandchild. Survivors include wife Eunice; daughters Sandra Carosella, Susan Viehman and Melanie Dunham; 4 grandchildren; 5 great-grandchildren.

Sowell, Bill, d. Sept. 7, 2012 in Reeds Spring, MO. Member of Three Angels Church. Served in US Marine Corp during Vietnam War. Preceded in death by son Billy Sowell, Jr.; daughter Tina Sowell; 1 sister. Survivors include wife Pamela; daughters Tracy James and Tonya Butler; stepson Sean Fitzmaurice; stepdaughter Kelly Fitzmaurice; 1 brother; numerous grandchildren and great-grandchildren.

Tafoya, Flossie P., b. May 27, 1929 in CO. d. Nov. 5, 2012 in Lakewood, CO. Member of Denver South Church. Survivors include sons Daniel and Frederick Tafoya Jr.; 5 siblings; 5 grandchildren; 1 great-grandchild.

Thomson, John E., b. Nov. 25, 1949 in Ft. Collins, CO. d. Sept. 3, 2012 in St. Maries, ID. Member of St. Maries Church. Preceded in death by parents; son Jeremy. Survivors include wife Bobbye; daughter Brenna Thomson.

Toth, Franklin K., b. May 17, 1936 in Chillicothe, OH. d. Mar. 27, 2012 in Craig, CO. Member of Craig Church. Survivors include daughters Judy and Konnie; son Steve; 4 siblings; 10 grandchildren; 2 great-grandchildren.

Watters, Evelyn "Blackie", b. Dec. 25, 1923. d. Nov. 27, 2012. Member of Arkansas Valley Church. Preceded in death by husband Carlyle.



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Southern Adventist University offers master's degrees in business, computer science, counseling, education, nursing, religion and social work. Flexibility is provided through some online and many on-campus programs. Financial aid may be available. For more information, call 423.236.2585 or visit www.southern.edu/graduatedegrees.

Summit Ridge Retirement Village is an Adventist community in a rural Oklahoma setting but close to Oklahoma City medical facilities and shopping. Made up of mostly individual homes, the village has a fellowship you'll enjoy. On-site church, assisted living, nursing home and transportation as needed. Call Bill Norman 405.208.1289.

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EMPLOYMENT

Adventist Health System is seeking a law student for a 6 to 8-week summer clerkship in 2013. This position is limited to students who have finished only one year of law school. Ideal candidates would be in the top 25% of their class. Duties include legal research and other projects. Please send resume and transcript to david.gordon@ahss.org!

Adventist University of Health Sciences is seeking applicants for the position of Program Director for a new Physician Assistant program. A master's degree is required;

doctoral degree is preferred. Adventist University is a faith-based institution which seeks candidates who fit the unique culture and mission of the college. Please email CV to: Dr. Len M. Archer, Assoc. VP for Academic Administration, Adventist University of Health Sciences, 671 Winyah Drive, Orlando, FL 32803; len.archer@adu.edu.

Andrews University seeks a Faculty member for Medical Laboratory Sciences. Medical Laboratory Scientist or equivalent with National/US recognized certification. Earned doctorate preferred with demonstrated laboratory expertise and broad experience in clinical chemistry. For more information and to apply visit: http://www.andrews.edu/HR/emp_jobs_faculty.cgi.

Andrews University seeks an Associate/Full Professor for Physical Therapy. Qualified candidates should have an earned entry level physical therapist degree from a CAPTE accredited program. An earned advanced doctorate is preferred. Must have two years of teaching experience and two years in management serving in a leadership role. For more information and to apply visit: http://www.andrews.edu/HR/emp_jobs_faculty.cgi.

Seventh-day Adventist Guam Clinic is embarking on a major expansion and is seeking physicians in Internal Medicine, Family Medicine, General Surgery, Orthopedic Surgery, Cardiology, Rheumatology, Pulmonology, Gastroenterology, OB/GYN, Urology, Pediatrics, ENT, Optometry, and Dermatology. Contact us to learn about our benefits and opportunities by calling 1.671.646-8881, ext. 116; emailing hr@guamsda.com; or visiting our website at www.adventistclinic.com.

Southern Adventist University School of Computing invites applications for a computing professor for fall 2013. A graduate degree in computer



science, software engineering, computer information systems, or computer engineering is required; candidates with a doctoral degree are preferred. Duties include teaching undergraduate computing courses, directing student projects, research, advising computing majors, and serving on University committees. The successful candidate will be a member in good and regular standing in the Seventh-day Adventist Church. Please send a curriculum vita to halterman@southern.edu.

Southern Adventist University School of Education and Psychology seeks faculty for Counseling programs. Qualified candidates must have an earned doctorate in Counseling or Counselor Education, preferably from a CACREP-accredited program, with a concentration in School or Clinical Mental Health Counseling. The candidate must have a strongly expressed commitment to Jesus Christ, and be a Seventh-day Adventist church member in good and regular standing. Submit curriculum vitae and cover letter to John McCoy, School of Ed/Psych, Box 370, Collegedale, TN, 37315-0370.

Southern Adventist University seeks graduate faculty to join our mission-focused team at the MSN and DNP levels. Candidate must hold current family/adult NP certification. Requisite qualities include interest in research, successful teaching and advanced practice nursing experience, flexibility, and commitment to SDA education. The candidate must be a member in good and regular standing in the SDA Church. Doctorate required. Send curriculum vitae or inquiries to Dr. Holly Gadd, hgadd@southern.edu. SAU School of Nursing, PO Box 370, Collegedale, TN 37315.

Southern Adventist University's School of Social Work seeks full-time faculty. Candidate must have MSW degree from a CSWE-accredited program and a PhD in related field. Candidates should be able to demonstrate CBT skills.

Must have a strongly expressed commitment to Jesus Christ, the teachings and mission of the Seventh-day Adventist Church, an SDA church member in good and regular standing. Please submit a curriculum vita via email to Rene' Drumm (rdrumm@southern.edu), Dean, School of Social Work, Southern Adventist University.

Southwestern Adventist University seeks full-time nurse educators in the areas of mental health, community health or pediatrics. Master's degree required; doctoral degree preferred. Must have some teaching experience and an unencumbered Texas nursing license. Contact Dr. Lenora Follett at 817.202.6670 or lenora.follett@swau.edu.

Southwestern Adventist University seeks a director of academic support and advising. Master's degree in developmental learning or related field required; doctoral degree preferred. Contact Dr. Amy Rosenthal at 817.202.6212 or arosenthal@swau.edu.

Walla Walla University seeks applicants for a full-time faculty position as Dean of the School of Education & Psychology to begin July 2013. For more information and to apply, please visit <http://jobs.wallawalla.edu>.

Walla Walla University seeks applicants for full-time, tenure-track faculty positions in Art and Biology. For more information and application process, please visit <http://jobs.wallawalla.edu>. All positions will remain open until filled.

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EVENTS

All alumni and friends from Enterprise Academy/Great Plains Academy: Plan on joining us for Alumni Weekend, Apr. 12-13. Honor classes end with 3 or 8. Guest speaker is Elder Dan Matthews, former host of Faith for Today. For more info, check our website: ealumni.org.

Alumni and friends of La Sierra Academy: Alumni Weekend 2013: Golf Tournament Sun., Apr. 21; Alumni Weekend: Fri., Apr. 26 - Sat., Apr. 27. Honor Classes '3s and 8s, at LSA Campus, Riverside. Information: JNelson@lsak12.com; web site www.lsak12.com; Coordinator Judith Nelson 951.351.1445 x 244.

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HOME COMING 2013: April 19-21. One University Changing the World. Celebrating 50 Years of Adventist Colleges Abroad. La Sierra University, 4500 Riverwalk Parkway, Riverside, CA. More Info: Julie Narducci; alumni@lasierra.edu; 951.785.2578; www.lasierra.edu/alumni.

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Submit letter of interest, curriculum vita, three references and/or letters of recommendation to:

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Adventist Health





SUNSET CALENDAR

| Colorado | Mar 1 | Mar 8 | Mar 15 | Mar 22 | Mar 29 |
|---------------------|-------|-------|--------|--------|--------|
| Denver | 5:52 | 6:00 | 7:07 | 7:14 | 7:21 |
| Grand Junction | 6:07 | 6:14 | 7:22 | 7:28 | 7:35 |
| Pueblo | 5:52 | 5:59 | 7:06 | 7:13 | 7:19 |
| Iowa | | | | | |
| Davenport | 5:53 | 6:01 | 7:09 | 7:17 | 7:25 |
| Des Moines | 6:05 | 6:14 | 7:21 | 7:29 | 7:37 |
| Sioux City | 6:16 | 6:24 | 7:32 | 7:41 | 7:49 |
| Kansas | | | | | |
| Dodge City | 6:34 | 6:41 | 7:48 | 7:54 | 8:01 |
| Goodland | 5:40 | 5:47 | 6:54 | 7:01 | 7:08 |
| Topeka | 6:16 | 6:23 | 7:30 | 7:37 | 7:44 |
| Minnesota | | | | | |
| Duluth | 5:55 | 6:05 | 7:15 | 4:24 | 7:34 |
| International Falls | 5:58 | 6:09 | 7:19 | 7:30 | 7:40 |
| Minneapolis | 6:01 | 6:10 | 7:20 | 4:29 | 7:37 |
| Missouri | | | | | |
| Columbia | 6:02 | 6:09 | 7:16 | 7:23 | 7:30 |
| Kansas City | 6:11 | 6:18 | 7:26 | 7:32 | 7:39 |
| St. Louis | 5:54 | 6:01 | 7:08 | 7:15 | 7:22 |
| Nebraska | | | | | |
| Lincoln | 6:18 | 6:26 | 7:34 | 7:41 | 7:49 |
| North Platte | 6:34 | 6:42 | 7:50 | 7:58 | 8:05 |
| Scottsbluff | 5:45 | 5:54 | 7:02 | 7:09 | 7:17 |
| North Dakota | | | | | |
| Bismarck | 6:29 | 6:39 | 7:49 | 7:59 | 8:09 |
| Fargo | 6:13 | 6:23 | 7:33 | 7:43 | 7:53 |
| Williston | 6:39 | 6:50 | 8:00 | 8:11 | 8:21 |
| South Dakota | | | | | |
| Pierre | 6:30 | 6:39 | 7:48 | 7:57 | 8:05 |
| Rapid City | 5:42 | 5:51 | 7:00 | 7:08 | 7:17 |
| Sioux Falls | 6:16 | 6:25 | 7:34 | 7:42 | 7:50 |
| Wyoming | | | | | |
| Casper | 5:55 | 6:04 | 7:12 | 7:20 | 7:28 |
| Cheyenne | 5:50 | 5:58 | 7:06 | 7:14 | 7:21 |
| Sheridan | 5:56 | 6:05 | 7:14 | 7:23 | 7:32 |

SUNSET CALENDAR

| Colorado | Apr 5 | Apr 12 | Apr 19 | Apr 26 | May 3 |
|---------------------|-------|--------|--------|--------|-------|
| Denver | 7:28 | 7:35 | 7:42 | 7:49 | 7:56 |
| Grand Junction | 7:42 | 7:49 | 7:56 | 8:03 | 8:09 |
| Pueblo | 7:26 | 7:32 | 7:39 | 7:46 | 7:52 |
| Iowa | | | | | |
| Davenport | 7:32 | 7:40 | 7:48 | 7:55 | 8:13 |
| Des Moines | 7:45 | 7:52 | 8:00 | 8:07 | 8:15 |
| Sioux City | 7:56 | 8:04 | 8:12 | 8:20 | 8:28 |
| Kansas | | | | | |
| Dodge City | 8:07 | 8:13 | 8:20 | 8:26 | 8:33 |
| Goodland | 7:15 | 7:22 | 7:29 | 7:36 | 7:43 |
| Topeka | 7:51 | 7:57 | 8:04 | 8:11 | 8:18 |
| Minnesota | | | | | |
| Duluth | 7:44 | 7:53 | 8:03 | 8:12 | 8:22 |
| International Falls | 7:51 | 8:01 | 8:11 | 8:22 | 8:32 |
| Minneapolis | 7:46 | 7:55 | 8:04 | 8:13 | 8:21 |
| Missouri | | | | | |
| Columbia | 7:37 | 7:43 | 7:50 | 7:57 | 8:04 |
| Kansas City | 7:46 | 7:53 | 8:00 | 8:06 | 8:13 |
| St. Louis | 7:29 | 7:35 | 7:42 | 7:49 | 7:55 |
| Nebraska | | | | | |
| Lincoln | 7:56 | 8:03 | 8:11 | 8:18 | 8:25 |
| North Platte | 8:13 | 8:20 | 8:28 | 8:35 | 8:43 |
| Scottsbluff | 7:25 | 7:33 | 7:40 | 7:48 | 7:56 |
| North Dakota | | | | | |
| Bismarck | 8:18 | 8:28 | 8:37 | 8:47 | 8:56 |
| Fargo | 8:02 | 8:12 | 8:22 | 8:31 | 8:40 |
| Williston | 8:31 | 8:41 | 8:51 | 9:01 | 9:11 |
| South Dakota | | | | | |
| Pierre | 8:14 | 8:23 | 8:31 | 8:40 | 8:48 |
| Rapid City | 7:25 | 7:34 | 7:42 | 7:51 | 7:59 |
| Sioux Falls | 7:59 | 8:07 | 8:15 | 8:24 | 8:32 |
| Wyoming | | | | | |
| Casper | 7:36 | 7:45 | 7:53 | 8:01 | 8:09 |
| Cheyenne | 7:29 | 7:36 | 7:44 | 7:51 | 7:59 |
| Sheridan | 7:41 | 7:50 | 7:58 | 8:07 | 8:16 |

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Sarah Winder, RN

- Compensation Analyst Sr.: Job #53155
- Manager-Internal Audit: Job #52501
- Weight Management Specialist: Job #52540

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