

MID-AMERICA SEVENTH-DAY ADVENTIST NEWS & INSPIRATION

OUTLOOK

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APRIL 2023

REVERSING
HUSTLE
CULTURE
P. 12



Celebrating
Sabbath



OUTLOOK MAGAZINE

APRIL 2023

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"I try to hear God in every song and see Him in every smile." —p. 5



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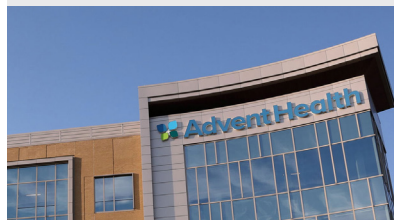


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SABBATH: RESILIENCY'S BEST BOOST

Resilience includes not only having the mental health skills to bounce back from something hard, but also *not allowing* one's emotional cup to be drained. In order to flourish, we as Christians need to find the practices that help us receive the life of God: prayer, worship, silence, sacrament, music, creating, the beauty of nature. And the Sabbath is a perfect time for all these practices, especially the beauty of nature.

"On the holy rest day, above all other days, we should study the messages that God has written for us in nature ... As we come close to the heart of nature, Christ makes His presence real to us, and speaks to our hearts of His peace and love" (*Christ's Object Lessons*, p. 25).

The Sabbath is a perpetual reminder of who we are, who made us, what He is doing for us, and what He will ultimately do for us when He makes a new heaven and a new earth. As we celebrate each Sabbath, we can know that all heaven celebrates with us in anticipation of that glorious time.



BRENDA DICKERSON
editor



ON THE COVER

**Alvin and Chrys
Prieto recently
married and
moved from the
Philippines to
North Dakota.**

More on p. 6
Photo by Reese Saxon

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OUTLOOK STAFF

- Editor:**
Brenda Dickerson
- Managing Editor:**
Barb Engquist
- Digital Media Manager:**
Hugh Davis
- outlookmag.org

DESIGN

Exploring Creative, LLC
exploringcreative.com

CONFERENCE NEWS EDITORS

**Central States
Cryston Josiah**
josiah.c@central-states.org
913.371.1071
central-states.org

**Dakota
Jodi Dossenko**
j.dossenko@gmail.com
701.751.6177
dakotaadventist.org

Iowa-Missouri

—
communication@imsda.org
515.223.1197
imsda.org

**Kansas-Nebraska
Saul Dominguez**
sdominguez@ks-ne.org
785.478.4726
ks-ne.org

**Minnesota
Savannah Carlson**
scarlson@mnsda.com
763.424.8923
mnsda.com

**Rocky Mountain
Rajmund Dabrowski**
rayd@rmcsda.org
303.733.3771
rmcsda.org

UNION COLLEGE

Ryan Teller
ryteller@ucollege.edu
402.486.2538
ucollege.edu

Happy Sabbath, Everyone!

How celebrating Sabbath helps us thrive

Have you ever finished a sentence on a Friday with the phrase, “Happy Sabbath!” when you were talking with a fellow Adventist? I know I have. I have written many texts with the same phrase. And I have sometimes wondered exactly what people believe gives them a “Happy Sabbath.”

Since I am being honest with you, I will tell you that as a young person in the elementary school years, my Sabbath joy increased the closer the sun was to setting. After the sun went down and after our family worship, I could then engage with friends in games and such. Later, while in high school at a boarding academy, I learned to love Sabbath because it saved me from having to worry about all my studies.

In my spiritual journey, as I have gotten older, the Sabbath’s true blessing and meaning have come to fill my heart. Now I am not a clock watcher, but rather just enjoy this day in which I don’t have to worry about how to put food on the table or to

make “the boss” happy. It is a day off work which the Lord knew we needed because He created us this way. From the beginning, the Sabbath was given to us by our creator and redeemer so we could hit the reset button in our lives to recalibrate our priorities and feed our souls with the love of Christ.

If there is one area where I believe the devil works the hardest in our lives, it is to bring confusion over what’s most important to us. He loves it when we fill our time doing good things while, somehow, we completely bypass the *most* important part of our lives ... a living, joyous walk with the Lord. The Sabbath helps us remember where we came from and how our Savior has led us.

Never compromise

While he was in college my eldest son, Ryan, completed a summer internship in the legal department at AdventHealth in Orlando, Florida. I will never forget what Ryan told me when the

summer was over and he had his exit interview with Jeff Bromme, chief legal counsel for the AdventHealth system.

Jeff had told my son, “Whatever you do, when you head off to law school, don’t ever compromise on studying on the Sabbath, or your friends will haunt you from then on to study with them on the Sabbath.” It truly touched my heart that this was the kind of counsel my son received from a very successful Adventist lawyer. Ryan heeded this counsel and it blessed him greatly!

We all know the verse in the book of Mark that states, “The Sabbath was made for man and not man for the Sabbath” (Mark 2:1). In other words, the Sabbath is truly a gift God gave to us. We should never waste

one, but rather be involved in activities that bring joy and meaning into a person’s life who needs our encouragement, or in fellowship with the saints and together worship our God and creator, or in taking time to enjoy God’s second book, nature, and ponder the glory and majesty of our God.

So “Happy Sabbath,” everyone! May your journeys through the seventh day of the week always be filled with the very best stuff life has to offer us! **0**

GARY THURBER

is president of the Mid-America Union.



A NEW QUESTION

I am sure you have heard it before: “Is the sun set yet?” It seems like all kids say it. Perhaps you remember saying it when you were little. I could not wait to run and play, talk about sports, or attend the church socials. “Is the Sabbath over?” is a question I would ask repeatedly.

Recognition set in when I heard my own daughters ask that same question. (Are Sabbath keeping kids born with that question on their lips?) Then remonstrance set in, when I thought to myself, “I must be doing something wrong. The Sabbath is supposed to be refreshing, a joy. We should be looking forward to it.”

The truth be told, when I was pastoring I worked really hard on Saturdays. I would

be so tired when the Sabbath ended that all I would want to do is sleep—just when my daughters wanted to have fun. I needed to break this cycle. I had to reboot.

Gen. 2:1-2 says that God took an intentional pause. He ended His work of creating the world and spent a full 24 hours with Adam and Eve. Being reminded that God wants to connect with me for a whole day changed my thoughts about how I wanted to spend the Sabbath.

You see, I realized that I was doing a whole lot of stuff on behalf of Jesus on the Sabbath, but enjoying Him wasn't on the list. When that truth set in, I became determined to spend more intentional time with my Lord—especially as it occurred to me that I was

missing out on precious moments I could spend with the One who gives me life, heals me when I'm physically and emotionally broken, provides for my financial needs, gives me direction when I'm confused, gives me clarity when the way is cloudy, and encourages me when leadership seems too hard to bear. He's given me a beautiful wife and three wonderful girls, a roof over my head, a decently running car and glazed donuts (okay ... so maybe not the donuts). And, in addition, He's given me a full 24 hours to actively ignore the hard stuff and revel in all the good!

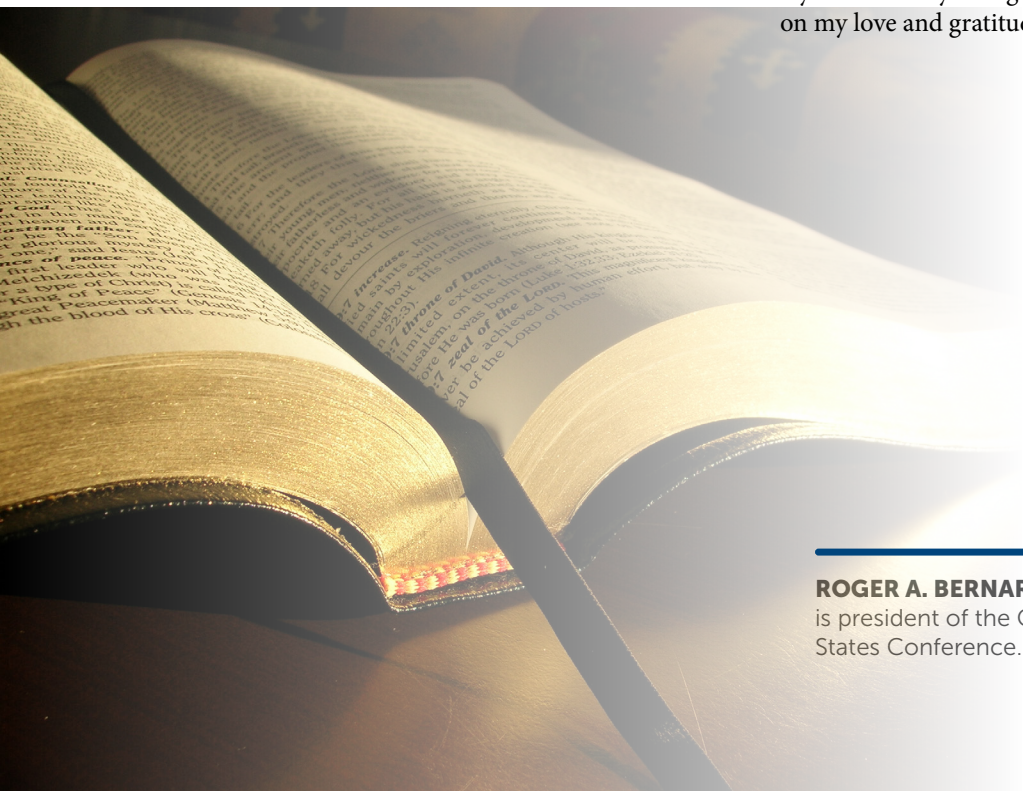
MAKING A SHIFT

Here are a few ways I have tried to make that change. I try to center my thoughts on my love and gratitude for

my Father, Elder Brother, and the Comforter BEFORE I review my sermon or my Sabbath 'to-do' list. I look at the patterns that the clouds make as I drive to church and I marvel at His creativity. Then I allow the beauty to clear my mind and I bask in the Father's goodness.

Then when I get to church, I try to hear God in every song and see Him in every smile. I try to keep the wonder of Him using my hands, and my mouth, and my feet, to work in tandem with Him. Working together with Him, listening for His voice, feeling Him near—this beats “stressing” any day.

Now when I contemplate my time with God and all He does for me, I find myself not wanting to leave our special time on the Sabbath, and a new question comes to me: “Is the Sabbath over already?” **0**



ROGER A. BERNARD

is president of the Central States Conference.



How Do You Celebrate the Sabbath?

Three Adventists share their perspectives

It's Friday and the sun is setting.

You look out at the sky and marvel at the streaks of pink hues turning purple. Do you feel joyful? Rushed? Disappointed? Ambivalent? Sabbath has arrived every week since Creation, and there are those who greet it with a nominal nod, those who celebrate it and those who see it as simply another day to end the week.

The question of how one spends their time on Sabbath was recently proffered to several people in the Mid-America Union. Here are some of the responses from a busy homeschooling family, a young couple and a big city pastoral family.

Georgia Russell



Rachel

Rachel Ashworth is the mother of three boys ages 9, 11 and 13. She and her husband both work from home and help in the homeschooling of their children. She writes a blog for OUTLOOK magazine entitled *Home, School, and Church*. (Rachel has suggestions here but check out her blog for more ideas: outlookmag.org/sabbathslowdown.)

Of course, not everything works for all people, and even Rachel admits they've had to evolve with their plans as the children get older. However, their small church in the boot heel of Missouri provides one of the biggest blessings: family. "After church, we, my brothers' family and sometimes church members go to my mom and dad's house for lunch. We spend all afternoon there, where the kids play and the adults visit."

Rachel's other suggestions include:

- "Since it was produced and made public, we have watched *The Chosen* every Friday night as a family.
- "I sing a Happy Sabbath song (to the tune of "Happy Birthday") to my youngest on Friday nights.
- "We just started a tradition this fall/winter of having a bonfire and roasting marshmallows around a campfire in the backyard to close Sabbath. Sitting around the fire without electronics, talking with the boys and enjoying nature is a special way to end it."

This busy family sees the Sabbath as a special time to relax and worry less about living and learning. They also love to visit others' homes.

When asked what advice Rachel had for others, she said, "I would encourage anyone who can do so to take time away from technology on Sabbath, especially social media. Also, there is tremendous pressure to do Sabbath right. Keeping the Sabbath was never meant to be about all the things we cannot do but all the things we can. It's a special day when we have time to call the people we love. We can sit in a chair, sip a hot drink and read. We can go on a drive to watch how the trees are budding or changing colors. We can save money by driving less and buying less. We can relax by choosing to loosen our schedule. If someone I know is struggling with experiencing Sabbath, I would ask them, *What can you do today to make it special?*"



Chrys

Chrys and Alvin Prieto are recently married with no children and have moved to the Dakotas from the Philippines. We seem to think that the Sabbath is mostly important for children—and it is—but what might you do as a couple?

Chrys started as a teenager getting involved in missions. She shares how her church group in the Philippines decided to spend one Sabbath visiting a remote area. “To reach the place, we had to walk about an hour uphill through the mountain. It was a long journey, and the trails were so narrow and slippery. But when finally we reached the top, I was amazed at God’s creation. It was so refreshing that I felt like God was talking to me in nature. We spent our Sabbath by leading the Sabbath school (adult and kids), providing a divine service and hosting the AY program until the sun set.

“Also, we brought them necessities (food, clothing and some hygienic supplies) and you could see their faces filled with joy. Although it was exhausting travel, my heart was full because I got the opportunity to share God’s goodness especially to the indigenous people in the mountains.”

Her suggestions for making the Sabbath a happy day include the following:

“Sabbath is all about Him for what He has done in our lives, and so setting aside worldly cares or giving our burdens to Him will give us peace, and in that we will find rest for our souls. Also, we can celebrate Sabbath by following Christ’s example in helping others: feeding the hungry, clothing the naked, healing or taking care of the sick, visiting the prisoners, the fatherless and widows.”



Keith

Keith Hackle did not have the privilege of growing up Adventist. And it’s quite a story how a one-on-one friendship and Amazing Facts Bible studies brought this man and his family into the ministry of the Adventist Church. Now, Pastor Hackle shepherds the Agape Adventist Church in St. Louis, among other jobs.

Keith states, “Our Sabbath celebration has varied over the years, but constants have been: a family meal, taking photos, a reading of the Word, singing and occasionally a Bible-based film. One might say that initially we were semi-legalistic. We shied away from interactions with friends and family members who weren’t Adventist, and we over-analyzed every action and decision—largely because we were serious about the decision we’d made and didn’t want to offend our God. What helped us was having a group of individuals who had children like we did, loved God like we did, and invited us to potlucks. At these gatherings we learned what it means to make Sabbath a delight.”

Perhaps you would think a pastor has pat answers that you’ve heard too many times, but not this one. Keith says that the Sabbath transcends occupation and location. And it teaches us balance. “No matter where we are or what’s going on, we believe the Sabbath is still special.”

Keith also offers powerful advice on how to enhance your Sabbath experience: “Allow your Sabbath experience to be a reflection of your relationship with God, not your attempt to live up to the expectations of mankind. I don’t want to intentionally offend Him, misrepresent Him or underrepresent Him. I seek to make the Sabbath a delight for not only me but also for Him as He spends this special time with me. To enhance your Sabbath experience, seek opportunities to make your Father smile!”

I love this! And I love seeing similar important answers peppered throughout these interviews—time in nature, getting together with family and friends, missions and helping others. But most of all, it’s having that relationship with Jesus that propels you into His arms on Sabbath, the celebration of getting closer to the One we love and who loves us so much more. 0

Reese Saxson is a member of the Bismarck Church in North Dakota.

RESTORING the joy of Sabbath

PART 2

The gift of the Sabbath has become more and more meaningful to me over the years as it relates to my identity as God's child for whom He deeply cares. Sabbath offers each of us physical rest from our daily labors, but also emotional recovery and spiritual renewal. Just think, God knows and loves you so well He gave you a weekly break from the hustle and hurry of life's multitude of meaningful tasks in graciously providing an entire day each week for your rest, recovery and enjoyment of Him.

God had something extra in mind as He created the gift of Sabbath—a full stop at the end of the work week of which He would later command, “In it you shall do no work,” (Ex. 20:10). As Seventh-day Adventists, the beautiful message of Sabbath is found right in our name: a special gift of grace to share with the busy and stressed-out world around us.

But the Sabbath is more than a day off from our daily jobs and necessary errands; it's an invitation to rest in the

work of God and acknowledge that He can sustain the world without our assistance as we find true rest from our strivings for breadwinning. This once-a-week “letting go and letting God” is an extremely important Sabbath-infused practice that affects every area of our daily life of faith in God—trusting Him to protect and provide while we rest. We must be careful to let go of such self-dependence that shares its roots in perfectionism.

The “Messiah complex,” a belief that everything will fall apart without my personal and constant effort, presents a challenge for many to take their hands off the wheel. As a seminary friend once said, “Rest well and keep in mind that God does not have pajamas: ‘He Who watches over Israel, shall neither slumber nor sleep.’” (Ps. 121:4).

The Sabbath is an invitation

to stop *doing* and start *being*. I believe that our truest identity as God's child is most evident when we Sabbath with our “Abba”

Father, Whose very name is found in the title of the seventh day: sABBATH. While the temptation remains to draw our identity from our performance and productivity, the Sabbath offers us the challenge to see ourselves through God's eyes of grace, detached and indifferent from our works.

In fact, our overwork can mask our feelings of inadequacy from others and ourselves by just staying busy. However, like a baby napping on the chest of its father, our value is not tied to any accomplishment or achievement, but simply the wonder and safety of being held in the capable embrace of a loving parent. The Sabbath serves not only as physical rest from work, but as a restorative boundary to our emotional and spiritual well-being as we stop comparing and striving and simply rest in the abiding arms of Jesus' complete acceptance and love.

The more anxious and

busy life gets, the more I am convinced that God designed us to have both daily, short-term rest as well as weekly, long-term recovery routines in our lives. Even the week of Creation is marked with a daily pause of God ending His work and pronouncing it good (see Gen. 1:4, 10, 12, 18, 21, and 31). I think of this as the “pause of Go(o)d,” in which God paused His daily labor, reflected on what He had made, and with a slight sense of completion, “called it good.” The pause of good is a feeling you are familiar with when you step back and take a breath from your daily toil.

IDENTITY AND VALUES

For a moment, let's compare your emotional and spiritual life to that of the physical training of an athlete. Karen VanBaak of UC Sports Medicine and Performance Center advises college and high-performance athletes to include a healthy rhythm of rest and recovery within their training regime. Addressing long-term recovery, VanBaak says, “I think days of doing nothing are really important. I want almost all of the

athletes I take care of to take a full rest day every week.”¹ Whether a pause after a workout, or an entire day off from training, these rhythms of work and rest are evident in agriculture, construction, education, manufacturing, sports and transportation.

When we attach our value and importance to how busy we are, taking time to rest can bring on anxiety that we’re letting others down, guilt for caring for ourselves, and even a sense of irrelevance that things may go on without us. We’re familiar with the gospel story of Jesus calling aside His disciples from their labors of ministry. Mark 6:31 could easily describe our hurried and hectic lives here in 2023 as Jesus invites, “Come aside by yourselves to a deserted place and rest a while. For there were many coming and going, and they did not even have time to eat.”

As I recently heard NAD president Elder G. Alexander Bryant say, “The same Jesus who calls us to service also calls us to rest.”² Also addressing the stewardship of our emotional and spiritual energies that make up this important balance between service and rest, Ellen White commented: “Christ is full of tenderness and compassion for all in His service. He would show His disciples that God does not require sacrifice but mercy. They have been putting their whole souls into labor for the people, and this was exhausting their physical and mental

strength. It was their duty to rest. Christ called them to rest that they might spend a few hours with Him. How thoughtful and tender was His love and care for them!”³

The effort required for healthy engagement with family, people and our vocation can be both exhilarating and exhausting. It only makes sense that in order to put one’s entire soul into heartfelt labor for others, one needs to maintain the mental and physical strength to do so 100 percent. The temptation is to live on half-a-tank all the time, to only have a portion of our tired selves to offer at any given time, but not stopping often enough to restore our weary souls. Mrs. White declares that in order to have this vitality, “It was their duty to rest.”

“Are you tired? Worn out? Burned out on religion? Come to Me. Get away with Me and you’ll recover your life. I’ll show you how to take a real rest. Walk with Me and work with Me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with Me and you’ll learn to live freely and lightly” (Matt. 11:28-30 MSG).

Still need permission to rest? In a Stanford University study along with The Institute of the Study of Labor, it was discovered that long weekly hours and long daily hours *do not* necessarily yield high output. And that productivity per hour *falls* after a person works more than 50 hours

a week. After 55 hours, productivity drops so much that it’s almost pointless to keep working. In fact, the study revealed that working 70 hours or 55 would result in pretty much the *same level* of productivity. That doesn’t appear to add up, and yet that’s the beauty and mystery of Sabbath. Like returning a tithe of our time to God, He enables us to accomplish more in six days than if we worked all week long.

Yet the real blessings are not just physical, but the increase of the quality of our lives as a result of balancing work and rest. We will find a deeper experience with God through unplugging from being defined by our employment and recharging our souls through quality time with Jesus and those we love. 0

Craig Carr is ministerial director for the Mid-America Union Conference.

Sources

1. www.uhealth.org/today/rest-and-recovery-for-athletes-physiological-psychological-well-being
2. G. Alexander Bryant, NAD Ministries Convention, Keynote address, Jan. 8, 2023
3. Signs of the Times, Aug. 5, 1897, par. 6



Celebrating Sabbath

An Active Reversal of Hustle Culture

There is a phrase that has stuck with me since I first heard it in Sabbath school at 12 years old. “Busy is an acronym for Being Under Satan’s Yoke.”

If asked to describe ourselves, odds are the first thing we’ll say is our job. For many of us what we do is who we are. Though coined in 1971, the 1980s was when the word “workaholic” was considered a virtue.

However, the 2010s was when overworking was glamorized into an aesthetic. With the rise of self-made entrepreneurship, buzzwords like “girl boss,” “the grind” and “hustle” gained traction. No longer chasing company loyalty, “entrepreneurs” (a wax-like term ready to be molded to any definition) had more autonomy, but fewer boundaries. What few boundaries remained were obliterated during quarantine.

Books, studies and countless articles have documented the damaging effects of Hustle Culture. So why has it prevailed?

In short, Hustle Culture speaks to an ingrained narrative introduced by sin. This narrative says work is life, taking the place of pleasure with productivity as a sign of worth. And success is a god that we must suffer in isolation to appease. Anyone who does not abide by this lifestyle is classified as weak, unable to keep up with the alpha pace in a sociological survival of the fittest. It isn’t a coincidence the Sabbath fosters a challenging narrative.

A divine commitment

In Genesis 2:2, God created the Sabbath day and said it was “very good.” Exodus 20:8-11 and other verses speak to God making the Sabbath holy, with no labor being done by you or anyone within your sphere. Throughout Christ’s ministry, we are given consistent examples of Jesus observing the Sabbath and taking regular rest.

For those who believe their worth is in how much they produce, the Sabbath’s identity as a day of rest is a threat. Sabbath reminds us that our worth and value are not in our work but in our identity in God. It is redefining the foundation of our pursuits.

When Adam and Eve were created, the first thing they did was observe the Sabbath. For a modern mind, Sabbath’s place seems unnecessary within an Edenic existence. This

was before the fall, before work was a drain, before back-to-back Zoom calls that could have been an email, and before stressful economies.

We tend to view Sabbath as a post-fall response to a sinful world; however, it being the first activity Adam and Eve experienced on earth is profound. By Adam and Eve’s first full day being the Sabbath, God was setting the precedent for their lives. In his book *The Lost Meaning of the Seventh-day Sabbath*, author Sigve Tonstad states, “[The Sabbath’s] primary message is not human duty, but divine commitment... the seventh day brings to view God’s priorities.”

Sin reverses our identity and desires on a DNA level. Hustle Culture is a reversal of our intended identity and our attitude toward work and rest. Success has become a god in modern culture: we sacrifice for it, place our identity on it and neglect basic wellness in pursuit of it. Where Sabbath is a practice in contentment, success is, at its core, a bid for immortality.

In a brutal pursuit of personal brand, many believe isolation is necessary, seeing others as low-level competitors. Within this narrative, contentment equals stagnation, and easy is the enemy. Therefore, the more suffering one endures on the journey, the greater their validity. The existence of a holy day is a weekly monument to our humanity.

Leviticus 23:3 reminds us the Sabbath is a day of “sacred assembly,” highlighting a healthy community. It also reminds us hard work, though infinitely valuable, does not discern our worth. Most of all, it reminds us that our salvation has nothing to do with us. We do not need to “earn” salvation, any more than we need to “earn” rest.

The Sabbath, celebrated joyfully, is an Edenic remnant and an active reversal of Hustle Culture. 0

NICOLE DOMINGUEZ

is a writer and podcaster based in Chicago. For more, visit alcpodcasts.com/faitH-reconstructed.

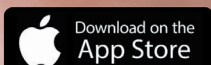


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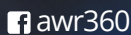
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RELATIONSHIP CPR #3

Assume Good Intent

AGI. WHAT THESE THREE LETTERS

stand for can dramatically improve any relationship in your life. Yes, that's a powerful statement; but I'm willing and able to back it up. As followers of Christ, we are to get along with everyone—at least as it depends on us (see Rom. 12:18). The concept behind these three letters will help you do that: Assume Good Intent.

Everyone you know will occasionally do or say things you do not appreciate. So how you will respond to whatever irritant has come your way? Seek to retaliate or give back double, and the results will likely cause hardship and pain in the relationship, if not destroy it altogether. On the other hand, if you try to ignore or pretend whatever the other has done doesn't really bother you, you better get a good supply of antacids because that approach can eat you up.

Let me propose a third option: AGI. Give the other the benefit of the doubt that he or she didn't mean to anger or upset you. And, even if they did, they were likely having a bad day and inappropriately took out their frustrations on you.

The reasons for their inappropriate behavior or tone could be limitless, and you can do damage by trying to ascribe a motive to their actions. A quote credited to Stephen Covey I've long appreciated is that "we judge ourselves by our intentions and others by their behavior." Too often we have an attitude that says, "I may have messed up, but I was well motivated, while you, on the other hand, simply messed up."

Assuming Good Intent on the part of someone who has offended you does not mean they did not hurt you or that it's okay for them to do it again. It simply means you acknowledge that they are no more or less perfect than you, and you attempt to give them as much benefit of the doubt

RON PRICE

is the author of three books and creator of Play Nice in God's Sandbox video series.



and grace as you can muster. Unfortunately, we tend at times to give others the benefit of the blame.

Prov. 19:11 says, "Sensible people control their temper, they earn respect by overlooking wrongs." That sure sounds like AGI to me. Or consider what we read in Col. 3:13: "Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others."

To Assume Good Intent is to ask yourself, "What's the best possible reason he or she just treated me so negatively or inappropriately?" It's putting yourself in their shoes for a moment instead of lashing out with a retaliatory strike. The latter may have some short-term benefit, but the former will have far better long-term results.

CHOOSING RESPONSE OVER REACTION

I guess it all depends on how much you value your relationship as to whether you decide to practice AGI or not. If you couldn't care less about the other person, then let them have it with all the bitterness and hostility you have at your disposal. If, on the other hand, you really don't want to have to hire and train a replacement worker or replacement mate or lose fellowship with a brother or sister, you may want to practice AGI instead.

Ken Futch, the author of *Take Your Best Shot*, has a marvelous way to practice AGI. When he receives a harsh or antagonistic comment from someone, he very calmly and softly says: "Well, that sounded like an attack. Is that how you meant it?" Again, please note I said in a calm and soft tone. When you do this, the other person is quite likely to respond with, "No, I'm sorry—I'm having a bad day, and I should not have taken it out on you. Please forgive me."

Again, I must emphasize that Assuming Good Intent does not mean you become a doormat or that you place a "kick me" sign on your back. It doesn't mean you let unacceptable behavior or performance go unabated and unaddressed. It simply means you take the time to respond appropriately and not create a conflict that might otherwise be prevented. Why not try it? Methinks you'll like it. **O**

SUITED UP FOR SERVICE

The scholars at V. Lindsay Elementary School are typically outfitted in school uniforms on any given school day, but on Jan. 16 they were particularly dressed to impress. Why? V. Lindsay was invited by the Martin Luther King Committee to be the featured guest artists for the 43rd city-wide celebration for the city of Kansas City, Kansas, and they were not only uniformed, but “suited up” for service.

Under the tutelage of Jessica Valentine, Ezrone Bernard and Sasha Mann, scholars’ vocal and elocutionary talents have been developed to the point that the school frequently receives requests to perform at community events. This occasion was especially meaningful because the lifework of Dr. King reflected, to a great degree, the biblical principles of justice, equity and service. The historical, cultural and spiritual significance of his life provide much for students to study and reflect upon.

This ecumenical gathering is the largest event of the year co-sponsored by the city/county government, the Baptist Ministers Union and the Wyandotte County District Attorney’s office. The mayor, city councilpersons, other dignitaries and area residents were all in attendance at the downtown Memorial Hall to hear the keynote address by Dr. William Houston Curtis, senior pastor of Mt. Ararat Baptist Church in Pittsburgh, Pennsylvania, a large, urban ministry that ministers to more than 10,000 members. Yet the audience may not have been prepared for what came before



Courtesy Central States Conference

Dr. Curtis stood to speak.

V. Lindsay upper-grads began with a dramatic recitation of Dr. King’s iconic address, *I Have a Dream*. Though often recited, the words seemed to take on new life as the scholars came to the last ringing phrase:

//
AND WHEN THIS HAPPENS,
AND WHEN WE ALLOW FREE-
DOM TO RING, WHEN WE LET
IT RING FROM EVERY VILLAGE
AND EVERY HAMLET, FROM
EVERY STATE AND EVERY CITY,
WE WILL BE ABLE TO SPEED
UP THAT DAY WHEN ALL OF
GOD’S CHILDREN, BLACK
MEN AND WHITE MEN, JEWS
AND GENTILES, PROTESTANTS
AND CATHOLICS, WILL BE
ABLE TO JOIN HANDS AND
SING IN THE WORDS OF
THE OLD NEGRO SPIRITUAL:
‘FREE AT LAST! FREE AT LAST!
THANK GOD ALMIGHTY, WE
ARE FREE AT LAST!’ //

The audience’s reaction—standing, vocally responding, applauding—was spontaneous, but as the old saying goes, the

crowd of over 700 hadn’t seen anything yet! All the scholars joined to sing, and again the atmosphere was charged with emotion. Many in the audience wiped tears away as they witnessed the performance.

Clarence Small, a member of the planning committee and long-time elder at Bethel Seventh-day Adventist Church, recalls the moment: “The audience was electrified! City officials and Dr. Curtis were in awe at the level of talent and musical discipline demonstrated by such a young group. At our debriefing, committee members agreed that V. Lindsay was the highlight of the program.”

It can only be considered divine alchemy that the visit of Dr. Curtis, author of a book entitled *Dressed for Victory: Putting on the Full Armor of God*, coincided with the presentation of V. Lindsay scholars to benefit the Kansas City community.

THE WHOLE ARMOR

The same can be said for our scholars at St. Louis Unified School, who visit each area church throughout the school year to share what

Scholars from St. Louis Unified School share a program at an area church.

they are learning and to serve congregants by taking part in Sabbath worship services. During one recent visit to the Agape Seventh-day Adventist Church, the children used American Sign Language to present a song. Nicole Droste, their teacher, began teaching ASL to the children last school year. Scholars also told the children’s story and presented a vocal selection.

Keith Hackle, pastor of Agape Church, made the occasion even more special as he included the children in his sermon. Using large Jenga game pieces, he talked about the importance of making wise decisions, while providing biblical examples.

He called the scholars to the front and had them withdraw a piece of the puzzle each time a decision was made, making the point that in the same way the structure was still able to stand throughout the effects of good and bad choices, in like manner, God can strengthen His children and cause them to stand and serve Him.

We are proud of our Central States scholars and teachers who give of their time and talent so willingly. Their academic studies are equipping them for success, but more importantly, they are suiting up for service, putting on the “whole armor of God.” **O**

Joann Herrington is education superintendent for the Central States Conference.

Trust, Love and Vulnerability

A timely message from Pastor Latoya Hazell-Alcide

In my younger days I believed that if people broke my trust, then it was not on me; the accountability was on them. I still believe that today, but to be honest with you, after many years of trauma and broken trust I am on a rebuilding journey.

Multiple trust breaches wear and tear at you, and if you do not consistently ground yourself in the beauty of the incomprehensible trust of our God, you can fall into the trap of withholding trust from others and even yourself. This may be a hard pill to swallow, but here are the trust codes my family blessed me with in my formative years:

- Give the trust which I want first, instead of mistrusting first until trust is proven.
- If trust is broken, communicate and give grace again to give an opportunity to restore trust. If it were me, I would want that chance.
- Live trusting. Feed it with an understanding of the trust given to me by God.
- Trust the trust. All people have the capability to give and receive.
- If the relationship ends, trust that there is a deeper reason which I may not know or understand, because humans are wired for trusting relationship

and community.

- Let go of the temptation for guilt and shame to take root. Therein lie the sprouts of defensiveness.

These trust codes may seem unrealistic to you, and even unsafe. I get it, because we live in a society of deep pain inflicted upon us, teaching us that trust should not be a gift freely given like smiles, hugs or even love. But may I submit to you that in addition to all of this, trust is encapsulated in love, and love is enshrouded by vulnerability.

We can't truly trust without love and we can't truly love without vulnerability. Wise Ways Consulting says it this way:

Trust and vulnerability are intertwined. In order to learn to trust each other, individuals must allow themselves to be vulnerable with those same people. Even the simple act of believing that someone will do what they say they will, is making oneself vulnerable and open to the possibility that they may be let down.

And isn't that what we all try to avoid? The hurt from being let down and feeling like our wisdom and decision-making process failed? We should have known they would let us down. Yet isn't that what vulnerability is all about? It's entering into spaces and relationships God has called us to—without our walls—and giving 100 percent of our heart, with the full understanding and knowledge that giving our heart is love.

To love is to trust, to trust is to be vulnerable, and to be vulnerable is to understand that the other person may choose to honor and reciprocate that gift, or choose the opposite.

C.S. Lewis in his book *The Four Loves* states: "There is no safe investment. To love at all is to be vulnerable. Love anything, and your heart will certainly be wrung and possibly be broken."

If I named all the pain living in this world has dished out to us, you would be reading for hours. But here are a few which fall under humanity's pain load: death, divorce, abuse of all kinds, oppression, slavery, trauma, sexism, racism, economic inequality, patriarchy, police brutality, mass shootings, church hurt, broken friendships, theft and betrayal.

These and more have caused us to walk around with raised "porcupine quills," and if anyone tries to enter into our personal (well-defended) spaces, they risk harmful encounters with us. This is not how we ought to live. This kind of life strips our quality of life and the longevity of life.

Please note: I am not speaking about the kinds of harm which would threaten our lives such as abuse, assault, violence, etc. From those, find safety and do the deep work of healing in order for your heart to be open to receive and be vulnerable in safe, God-sent relationships. I am also not suggesting that we discard healthy boundaries. Healthy boundaries are what will enable us to be in safe spaces with each other. Yet for everything else, how can we lay down our quills, discard our shields and give the best part of ourselves—our vulnerability—to each other?

Latoya Hazell-Alcide serves at the Linwood Boulevard Seventh-day Adventist Temple in Kansas City, Missouri.



To read the full article, go to: outlookmag.org/trust-love.

CSC Treasury Leadership Team Advances God's Kingdom

In June of 2022, the Central States Conference Executive Committee, moved by the Spirit, voted for **Kelley Paris** to be the new vice president for finance for the Central States Conference. Sister Paris has 30 years of experience in accounting and finance, and previously served as the associate treasurer/auditor for the Central States.

Prior to coming to our conference, Paris served with distinction as the director of accounting for AdventHealth in Orlando, Florida. Not only does Paris bring her expertise in the accounting field to our conference, she also brings a love for people and a remarkable gift of singing and worship. Our conference and Mid-America Union territory are blessed to have her as part of our leadership family.

At this same meeting, CSC Executive Committee voted for **Jonathan Green** to become the associate treasurer/auditor for the Central States Conference. Brother Green has been with the Central States Conference for 12 years and was serving as the senior accountant/IT director, while helping to fulfill some of our communication needs.

Green's attention to details, while being always gracious and kind in everything he does, has been a tremendous asset to our conference. To be very honest, all the pages in OUTLOOK magazine could



Courtesy Central States Conference

(l-r) Louinie Louissant, accountant
Jonathan Green, associate treasurer/auditor
Kelley Paris, vice president for finance

not contain the accomplishments and gifts that Green has shared with the Central States Conference over the years he has served here. We are more than grateful to have this Treasury leadership team in place, and our conference has already begun to see God move on our behalf both spiritually and financially.

A few months later, in August, we were blessed to be able to hire a young accountant and recent Oakwood University graduate, **Louinie Louissant**. What we realize is that God's calling to work for His church is not only for the pastoral or ministerial calling, but that calling is needed for other aspects of the denominational work.

What gives us great joy is that we have encountered youth and young adults who still have a desire to work for God's church. That brings us hope for the future, and trust that God is still in control and His Spirit will continue to lead and guide us, if we allow Him to.

This treasury team is already doing a tremendous job in recognizing areas where the conference can save, yet be effective in ministry. We are reminded in Scripture that the Holy Spirit is the One who brings all the gifts we need, so that the church is edified, and the name of the Lord is glorified.

Thus, we believe that even when it comes to the financial things of ministry, those

who serve in these capacities are also filled with the Holy Spirit and utilize these gifts to help effectively finish the work. We are excited for what the future holds for Central States Conference and believe that we are poised to do great things for the advancement of the kingdom in this part of the vineyard.

.....
Cryston Josiah is vice president of Administration for the Central States Conference.

Kidney Donor Doing the “Next Right Thing”

Eric Hawronsky



In her book, *The Next Right Thing*, **Emily Freeman** talks about all the decisions adults are faced with on a daily basis. It is estimated that we make approximately 35,000 decisions a day! Most are small enough that you may not even process that it was a decision, while others can change your path or others around you significantly.

“The daily choices you make aren’t always monumental, but they are always there,” Freeman writes. It can be hard to know which path is right or best for you. As Christians we often seek God’s guidance, but what happens if that connection gets clouded?

I lived in that cloud almost

my entire life. As a people pleaser, I often made decisions that would be better for someone else or to make others happy with me. I frequently prayed for God’s guidance but felt the pressure to please those around me rather than Him.

I was fulfilled by the praise of others and lived for that feeling when I made someone else happy. It was something that had been a habit in my life for so long that I was not even aware of the hold others’ opinions had on me.

It was late August 2021 when God started to pull me out of this cycle. It was at this time I was made aware of almost 100,000 Americans in need of a kidney, and that a



Eric Hawronsky



Greg Clements

healthy adult can donate one with a minimal consequence to their health.

As soon as I heard about this, I felt the desire to help in any way I could. With a lot of prayer and excitement, I started the process to see if I was a good candidate. I told God that if this was not a path I should take, to have there be any red flags in all the millions of tests they run on a potential donor. All of my tests came back perfect, which solidified this choice even more. I cried tears of joy when I was approved. I was going to donate!

On Feb. 22, 2022, my husband **Eric** and I woke up to a snowy morning in Minneapolis and headed to the University of Minnesota. Two days later I was

discharged without my left kidney, and with the knowledge that my recipient got his life back after five years of waiting.

Going forward with confidence

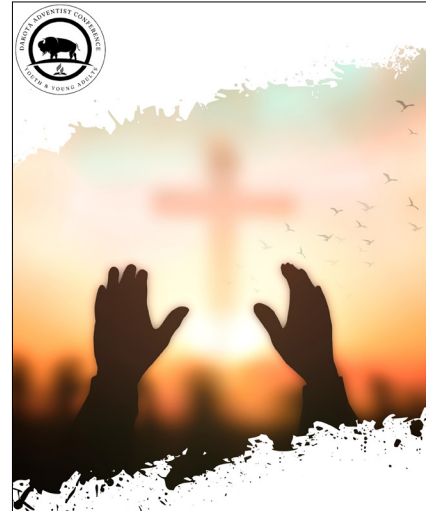
The weeks following my donation were the hardest—not physically, but mentally. Choosing to donate my kidney was one of the first decisions I had ever made without considering the input of others, and all my years of living this way made it hard to instantly stop. Especially with something so big. It was as if God had to heal my heart and remind me that in the end, it was only His opinion that mattered and He has always loved me, no matter

what choice I made.

Nowadays, I find so much less stress in deciding which path to take than I used to. Before my donation, there was so much pressure about the wrong decision and what the fallout might be for me emotionally. Now I can go forward with confidence that Jesus has my back.

If you ever find yourself at a crossroads and are not sure where to go, consider what Freeman says: “Jesus’ entire life was marked by living day by day, listening to and caring for those in his path and simply doing the next right thing in love.”

Marla Hawronsky is a wife, mother of two, registered nurse, and member of the Rapid City Adventist Church in South Dakota.




Who You Say I Am

DAKOTA CONFERENCE
YOUNG ADULT CAMP MEETING
JUNE 2 & 3, 2023

INSPIRING | MEANINGFUL | INCLUSIVE

SPEAKER: CRAIG CARR



DAKOTA ADVENTIST CAMPS



SUMMER 2023



Flag Mountain Camp

CUB (ages 8-10)	June 14-18
JUNIOR (ages 11-13)	June 18-25
TEEN (ages 14-17)	June 25-July 2



Northern Lights Camp

CUB (ages 8-10)	July 12-16
JUNIOR (ages 11-13)	July 16-23
TEEN (ages 14-17)	July 23-30



REGISTER ONLINE!

REGISTER: dakotayouthandyoungadults.org



Local Church Leaders Create “Protestant University”

Developing tools to examine principles of the Protestant Reformation

October 31, 2017. No, candy was not the priority for me (though I did enjoy 50 percent off on Snickers the next week, which is the best part of Halloween). The importance of that date was that 500 years had drifted by since Martin Luther stood against the tradition of millions. Yet, I felt like I was the only one who noticed.

Thousands died for what he taught. Schools, hospitals, churches and movements were raised and torn down because of his teachings. In many ways, the church I would preach in only days later was bathed in the thoughts that sprang from that fateful day. But my friends and family were unaware ... undisturbed ... uninterested.

I'm thankful that *some* people did notice and were moved by the Holy Spirit. Other pastors and elders in the Iowa-Missouri Conference felt an urge to revive the powerful teachings of the Protestant Reformation. A discussion at a pastor's meeting over this topic led to debates,

study, insight and prayer. There were two outcomes from our discussion:

1. Our church is built on the principles that Luther, Hus, Wesley and others found in Scripture centuries ago.
2. Our church has, at times, forgotten these principles and has also, in some cases, lost the confidence in Christ these truths provide.

“What can we do?” some pastors asked. “We could write a book,” some recommended.

“No, we need something more practical,” others said. One pastor suggested we write songs about the teachings, and another wrote a poem on one of the subjects. Although many ideas were shared, we realized we needed something accessible to church members.

It needed to be modern, useful and within our initial

budget of zero dollars. Not an easy goal, but through prayer, research and determination, a powerful tool for any local church was created: *Protestant University*.

Protestant University seeks to remind Seventh-day Adventists of the biblical Protestant foundation of their beliefs and discusses real-life application of those concepts in the modern world. The first stage of this school consists of five videos which cover the central pillars of the Reformation. The lecture-style videos are designed to be deeply informative and a guide to discussion. With an average length of 30 minutes, each video has built-in discussion times, which are supplemented by the accompanying handouts—all of which are available for free on the conference website (see below). Elders, pastors or any church member can use

the *Pillars of The Protest* to lead a small group discussion, whether at home or at the church.

Concurrently, the *Protestant University* team is also developing two additional forms of media. The first is a *Table Talk* series that deals directly with very practical matters of church life. In these videos, church leaders and members discuss different topics using Protestant principles as a guide on how to function in the home and the church.

The second involves a series of podcasts encompassing an array of topics including music, history and unique Adventist teachings such as the sanctuary beliefs. Easily accessible on podcast forums and YouTube, the *Protestant University Podcast* guests share their specialized insight into topics important to the Adventist listener.

Protestant University is designed to bring us back to the basics of biblical truth as they are in Christ. Its goal is to teach us how to apply Protestant principles in an Adventist context.

Let me only suggest that you start by experiencing these resources with your church family and friends and experience the blessing of learning, sharing and living Protestant values.

Joshua Hester pastors the Waterloo and Hawkeye (Iowa) churches and is a team member of Protestant University.



Access these free resources at: imsda.org/protestant-university.

Email questions or comments to: protestantuniversity@gmail.com.

P Protestant University

SAA Chorale Sings God's Praises to a New Audience

Courtesy Iowa-Missouri Conference



//
 Let everything
 that has breath
 praise the Lord;
 Praise the Lord.
 Ps. 150:6 //

This school year I wanted to try something new with our Sunnydale Adventist Academy chorale. On June 29, 2022, I came across information about the 2023 Missouri Music Educators Association performance submission. The deadline to apply was June 30.

The next 24 hours provided technology issues as well as answers to prayer, and somehow we submitted our application video before midnight. Next came the waiting game and the doubts. Would any other schools perform sacred choral music like our submission video? There were so many other schools with much better choral programs, with many more students from which to draw. We are just a small boarding academy; would we even be considered? How often do we find ourselves doubting the message of Phil. 4:13?

I decided to keep praying:

“God, you are in control. If you want us to perform, let us be a part of this convention and let us minister to those who will be there to listen to our music.”

After over a month of waiting, the news finally arrived. Much to my surprise, we were chosen as one of four high school choirs within the state of Missouri. I looked at my email over and over again just to be sure I was not mistaken. I was overjoyed!

Next it was time for us to decide on a 30-minute repertoire to be performed and, much to my surprise, the MMEA executive team was fine with us performing all sacred choral works. God is indeed good.

Another surprise came with the beginning of the school year when 95 out of 170 students signed up to audition for chorale. And after listening to our students, five pieces were selected

for our performance: “How Great Thou Art,” “Esto Les Digo,” “God Almighty Is,” “Soon and Very Soon” and “The Awakening.”

In preparation for this event, we performed a send-off concert on Jan. 25 at the Sunnydale Adventist Church. **Chris Cox**, the mayor of Centralia where our academy is located, presented us with a Mayor’s Proclamation declaring Thursday, Jan. 26, as Sunnydale Adventist Academy Chorale Day (2022-2023). He also joined in the celebration to congratulate the hard work of our students.

The next day we traveled to the convention. We left campus at 6:30 am bound for the Margaritaville Resort and Convention Center in Osage Beach, Missouri. The students were in good spirits. Many had been suffering from head colds and coughs,

but God was with us and all were well enough to perform with full voices. Our students sounded wonderful, like I have never heard them sound before. Our angels were singing with us.

They were all attentive, focused, and their blending was amazing. God surely had blessed our efforts and He was present during our performance. Many people there were amazed that we were from a school that has only 170 students.

Through this experience we have gained more unity within our chorale and our desire to sing God’s praises has grown greatly. He has proven again that He can do all things. Our goal has been—and continues to be—reaching as many souls as we can for His kingdom.

Joseph E. Choi is director of the music program at Sunnydale Adventist Academy.

Omaha Memorial Church Welcomes New Pastoral Family

The Omaha Memorial Church recently welcomed a new pastoral family.



On Jan. 21, **Pastor Sandro Sandoval** and his wife **Sarah** and his two children, **Stella** and **Sebastian**, were introduced to the congregation by **Melvin Santos**,

Kansas-Nebraska Conference vice president for administration. The event was marked by a prayer of dedication and an inspiring message from the new pastor.



Melvin Santos

Prior to his placement in Omaha, Pastor Sandoval served in the Columbus, Norfolk and Neligh District. His arrival at Omaha Memorial Church was a significant event, with outgoing pastor **Delmar Austin** passing the Bible baton to the incoming lead pastor. The entire pastoral team, including associate pastor **Jefferson Gibson** and all the elders, participated in the installation and charge.

Pastor Sandoval is excited about his new role at Omaha Memorial Church. He stated, "I am discovering that

Convocation Gathers Wichita Churches Together

The Wichita Convocation held last January in Wichita, Kansas, was a remarkable event that brought together people from different churches and communities to experience spiritual growth and renewal. The guest speaker, **Dr. Joseph Kidder**, a beloved professor

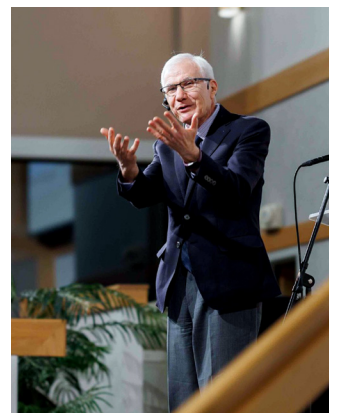
from the Theological Seminary at Andrews University, delivered a series of powerful messages that left a lasting impact on the congregation.

Friday night's service, held at the Three Angels Church, was particularly inspiring, as Dr. Kidder shared his

personal story and insights from God's Word. The congregation was moved by his powerful testimony and his ability to connect with the audience at a personal level. On Sabbath, the services were held at the Wichita South Church, where many of the church members from

surrounding churches were in attendance.

One of the most inspiring aspects of the convocation was seeing how all the churches came together to provide a unique, inspiring and representative service. It was not just a weekend of spiritual blessing but also a



Photos Courtesy Kansas-Nebraska Conference

Omaha Memorial is a vibrant church with a strong presence of young people, and legacy members that are eager to mentor and empower. I foresee our church, along with our wonderful elementary school, being a relevant part of our community.”

With his wealth of experience and passion for pastoral ministry, Sandoval is prepared to provide spiritual leadership and guidance to the members of the congregation.

Stories on these pages were written by Saul Dominguez, communication director for the Kansas-Nebraska Conference.

time to come together as one people. The presence of the Hispanic churches, with their youth leading out in worship during Sabbath school, was a strong indication of the diversity and inclusiveness of the event.

The Wichita Convocation provided an opportunity to learn from an inspiring presenter, to share in worship with others from different churches and to experience a sense of belonging in the service of God. The weekend offered a powerful reminder of the importance of coming together in faith, hope and love, and of the transformative power of God’s Word in our lives.

Kansas City Convocation Brings New Dynamics

The Kansas City Convocation held last January at the New Haven Church was a truly inspiring event that brought together members from various churches in the Kansas City area. The main speaker of the event was **Pierre Steenberg**, an associate religion professor from Union College. His unique perspective on biblical stories brought a deeper appreciation for Scripture among those in attendance.

The Sabbath afternoon concert was particularly impressive, featuring special music from local members with a variety of styles and in different languages. The event also included special programming for youth and children, ensuring that everyone was able to participate and engage in the convocation weekend.

In addition, the Commons, a new church service at New Haven Church, was a part of this convocation weekend and featured guest speaker **Anthony Lyder**, a



Guest speakers Anthony Lyder (above) and Pierre Steenberg (bottom right) offer attendees a diverse range of spiritual experiences.

seminary student at Andrews University. This added another dimension to the weekend, providing attendees with a diverse range of spiritual experiences.

The KC Convocation seeks to provide a unique and inspiring spiritual experience for all, young and old, and to draw people closer to Jesus. With its focus on bringing together different churches

and providing a range of programming, the convocation succeeded in doing just that. This event was a celebration of God’s continual grace toward His church and in drawing people close together as they draw close to God.



Photos Courtesy Kansas-Nebraska Conference

Five Faces of Grace

Devotional thoughts by Pastor Ken Mayberry

What is grace? We're often told, "Grace is God's unmerited favor." But there's even more to the good news! Peter calls it "the manifold [many kinds of] grace of God" (1 Peter 4:10). Grace includes *everything* God is doing to save us, and it is multifaceted. Here are five faces of grace.

Edenic grace

The first is Edenic grace, also known as common grace. It belongs to all of humanity. When Adam and Eve sinned, they became totally unworthy of all the blessings of life: air, sunshine, food. Justice demanded the death penalty.

God had said, "From the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it you will surely die" (Gen. 2:17). But they didn't die that day because Jesus, the Lamb of God, stepped in and took their place! And God, in His forbearance, "passed over the sins previously committed" (Rom. 3:25). Edenic grace enables us to have another chance.

Prevenient grace

Because of sin, humans became totally depraved, unable to even respond to the gospel. Jesus said, "No one can come to Me unless the Father who sent Me draws him" (John 6:44). "And I, if I am lifted up from the earth, will draw all men to Myself" (John 12:32). And Paul says,

"It is God who works in you both to will [choose] and to do for His good pleasure (Phil. 2:13).

That working in us, that seeking, that drawing, can be referred to as prevenient grace, which enables us to respond to the gospel.

Converting grace

In John 3, Jesus told Nicodemus that he "must be born again" of the Spirit. Just like the wind, you can't see it, or where it comes from, but you can see the results. This takes place as "the Son of Man" is "lifted up." That's how it takes place. We are to look to the cross and live! Converting grace causes us to be born again.

Justifying grace

"Being justified [declared righteous] as a gift by His

grace [His unmerited favor] through the redemption [the price which was paid] which is in Christ Jesus; whom God displayed publicly as a propitiation in His blood [sacrifice of atonement, turning away God's just wrath, so that He may pour His love out on us] through faith" (Rom. 3:21-26).

"If you give yourself to Him, and accept Him as your Savior, then, sinful as your life may have been, for His sake you are accounted righteous. Christ's character stands in place of your character, and you are accepted before God just as if you had not sinned" (*Steps to Christ*, p. 62).

Justifying grace gives us our title to heaven.

Sanctifying grace

This takes place when God writes His law of love upon our hearts (Heb. 10:16), enabling

us to do what He wants.

"More than this, Christ changes the heart. He abides in your heart by faith. You are to maintain this connection with Christ by faith and the continual surrender of your will to Him; and so long as you do this, He will work in you to will and to do according to His good pleasure" (*Steps to Christ*, p. 62). Sanctifying grace is the work of a lifetime and gives us our fitness for heaven.

Grace is all completely undeserved favor! And it is all His doing. May you be saved by God's free grace.

Ken Mayberry is pastor of the Artichoke, Marshall, Pipestone and Windom churches in Minnesota.



The Way Church Shares Its Blessings

Highlights from The Way Church during 2022

Church camping trip

The Way Church and **Pastor Jared Little** led a group into the Boundary Waters Canoe Area in July. Seventeen people, including two leaders—Jared Little and **Andrew Miller**—and wilderness experts **Dave** and **Patty Berlin** from the Windom Church, canoed into Seagull Lake and chose two separate sites for the

party. Most of the group had never camped before, but all were excited about experiencing the peace of the wild.

Members got to go swimming, jump off rocks into the water, hike to a high overlook, explore the woods and lakeshore, go fishing, canoe at night and learn wilderness camp craft.

However, the highlight for



many was the opportunity to share together. Sabbath morning each person spent time alone to look for nature object lessons to share. Each one was unique and

thought-provoking. Sabbath evening all were inspired by the testimonies of God's providence that many in the group related.

High Sabbath

August 13 was a high Sabbath at The Way Church, with a baby dedication, elder ordination and a baptism.

Eden and **Fridah Yegon** presented their baby girl, **Raelee**, to be dedicated to the Lord. Family came from around the country, including **Pastor Godwin Sang**, Eden's brother currently attending seminary, who dedicated his niece. Eden and Fridah serve at The Way as elder and Sabbath school teacher.

Eden moved to Minnesota from Fargo to be near his mother, **Florence Sang**.

Fridah moved from Kenya and was staying with family. They met at vespers and started dating. They married five years ago. The church happily celebrated the new addition to one of our pillar families.

After the sermon, **Libny Dubreuze** was ordained as an elder, the first such ceremony for Pastor Jared Little. All ordained elders and pastors were encouraged to come forward for a special dedicatory prayer for Dubreuze and his wife, **Lizbeth**.

Dubreuze has attended The Way for about two years,

energetically and enthusiastically participating in church and activities. He and **Lizbeth**, originally from Colorado, married last year at North Star Camp. Currently, they are serving as interim lay pastors at St. Paul Eastside.

After the church service, everyone left immediately for nearby Snail Lake for the baptism. The day was comfortable but overcast and the beach was empty. Pastor Little led **Iosif Dubreuze** far out into the water where it was deep enough while the gathered congregation softly sang.

Iosif, Libny Dubreuze's



brother, has read and studied his Bible for the past year while actively participating in church. This summer, he continued studying while canvassing in the metro area, and he is very excited about following God all the way. He wanted to be baptized before attending Maplewood Academy in the fall.

Baptisms

On Sept. 17, three young people were baptized from



Photos: Sarah Little

the Westview Church.

Immediately after the church service, the church family drove to Lake Minnewashta. The weather was beautiful. Pastor Little baptized **Joshua Ewald**, **Xenia Birech**, and **Xavier Birech** in the cooling water while the congregation sang.

Josh is 22 years old and the son of **Mark** and **Kim Ewald**. The whole family has attended Westview for many years. Josh wanted to be baptized because

he loves Jesus. He was happy that his older sister and her family could come for this special day.

Xenia is 15 years old and the daughter of **Peter** and **Judith Birech**. They have attended Westview for seven years and Xenia participates enthusiastically in many areas of church. She thoroughly enjoyed the Bible studies and new things she learned with Pastor Jared, and wanted to publicly show

her commitment to God.

Xavier celebrated his thirteenth birthday on the day of his baptism. He is Xenia's brother, and they enjoyed studying with Pastor Jared together. He felt it was extra special to be baptized with his sister, and wanted to show that he was becoming a new person for God.

Sarah Little is married to Jared Little, pastor of The Way Church.

Pueblo Celebrates 20 Years of Broadcasting

Photos Courtesy Rocky Mountain Conference

Twenty years ago, Pueblo First Seventh-day Adventist Church had the vision of saturating the radio waves over Pueblo, Colorado, with the Three Angels Message. The church felt a great need of having a 24/7 outreach ministry to the city and surrounding area.

Through much sacrifice, work and education, the church started broadcasting on Jan. 11, 2003. Under the dedicated leadership of the first radio president, **Ron Cothran**, and with only a few staff members, the first programs were lined up and



long-lasting collaborations were established with Three Angels Broadcasting Network, Life Talk Radio, and Adventist World Radio.

On Jan. 21, 2023, Hope Radio of Pueblo celebrated its twentieth year of broadcasting with **Robert Peck**, AWR representative, thanks to numerous local radio pioneers and

supporting staff. During this time of memories and praises, Ron Cothran stressed the God-given unity that transpired as the church came together to purchase the frequency for low power radio broadcasting from the Federal Communication Commission. There was no lack of funds or dedication from church members to catch

this opportunity.

Cothran commented, “On the day the switch was flipped and the broadcasting started, there was no outstanding debt for the radio.”

Dan Hewill also reminisced about the beginnings of Hope Radio station, saying that he is “not anymore the same person from 20 years ago,” and that he saw the radio station as an opportunity to demolish the “wall of separation” between us and the community that surrounds us as a church.

Michael Baldauf, the broadcast engineer who faithfully served the radio

Mile High Academy Adds Mandarin to Foreign Language Opportunities

For decades, Mile High Academy has prided itself on its ability to offer various foreign languages. This school year, with an anonymous donation, MHA has expanded its foreign language offerings to include Mandarin for its middle school students.

A local Adventist pastor connected Mile High Academy with Excellerate Learning Academy, a family-owned business founded in October 2017 that is committed to providing language programs to schools across the country. EXLA gives schools, parents and students the opportunity to immerse themselves in learning a foreign language through interactive activities, games, movement and cultural appreciations.

Lorraine Saintus, EXLA chief operations manager, said,

“As Adventist business owners, we are excited to partner with Adventist schools such as Mile High Academy. It has been a pleasure working with the MHA administration and with the teaching staff. This connection is important for a successful partnership. And, most importantly, we always ask God to give us wisdom so we can assign the right teacher to each school.”

Proctored by MHA teacher **Jayne Blaire** and taught live via Zoom by **Shu Yin Chen**, MHA’s middle school Mandarin class meets every Monday and Wednesday afternoon. Chen has been teaching Mandarin for almost 30 years, both in her home country of Taiwan and in the United States. Under her guidance, the students are learning fundamentals such as greetings,

pinyin, tones and strokes. They are also learning about culture and holidays.

“It is important for students to learn the language, culture and history of China to allow them more global opportunities as they move forward in both their education and career paths,” said Chen.

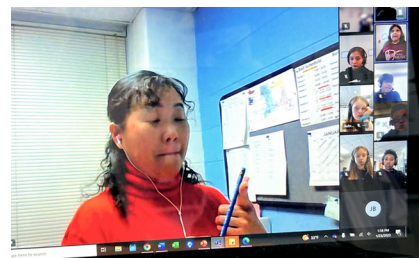
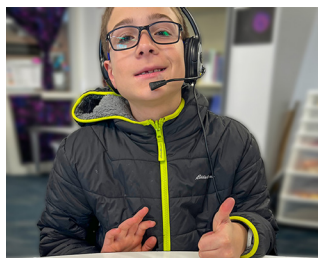
According to a recent study by Statista, Chinese (Mandarin) is the second most spoken language in the world, and is the third most spoken language in the United States. Mandarin is often considered one of the world’s most difficult languages to learn, taking hard work and determination.

MHA eighth-grader, **Alaina**,

commented, “It is a unique opportunity to learn a new language. Learning a different language is also beneficial because it can be a fun challenge.”

With several months remaining in the school year, Chen is excited to watch her students continue to grow and is grateful for the support she has received from her MHA colleagues. “The students are very dedicated to learning and are engaged in class. I am so thankful Excellerate Learning Academy selected me to be part of the MHA team.”

Karrie Meyers is the marketing and development staff at Mile High Academy.



Jude's Bassinet Ministry Supports Community Women in Need

station's technical challenges through the years, emphasized how he was able to see God's hand in the two-fold blessing of bringing the satellite down link and having the broadcast start on time come together in a miraculous way.

Delbert Hayden, current radio president, said he couldn't agree more with all the previous speakers, further emphasizing God's leading hand in sustaining and supporting the radio station. He commended more than two dozen individuals who were and continue to be directly involved in the support and running of the radio station. In addition, he said none of what happened during the last 20 years was possible "without the sure guidance and love of the heavenly Father, whose desire is that all would be saved."

The celebration culminated in the presentation of awards and gifts of appreciation to all involved through the years, followed by an inspiring talk by Robert Peck on the impact of the radio ministry throughout the world and a fellowship meal we all thoroughly enjoyed.

During the last three years, the radio station team has worked hard on creating a recording studio, upgrading the production side of the station with all new equipment and better software and receiving professional training.

We pray here at Pueblo that many more will be reached for Christ through the radio waves, and we hope our story inspires others to do the same.

Anton Kapusi is pastor of the Pueblo First Adventist Church.

Lana Wilson lost her one-year-old grandson in a tragic accident in 2018. As she worked through her grief and heartbreak, God planted a desire in her heart to create a bassinet ministry. Through God's grace, Jude's Bassinets became a reality, first as a non-profit, and later taken over by the women's ministry at True Life Community Seventh-day Adventist Church.

From its inception, the mission of this ministry was to provide all the items needed to care for a newborn baby. We serve women who are without the means to acquire the items on their own. In so doing, a connection is forged that reflects God's love and care and becomes a way to provide continued spiritual support once the baby is born.

Jude's Bassinets receives referrals for an expectant mother in need directly from church members and by partnering with a social worker from a Denver area hospital. For example, "my hairdresser's daughter needs your help" or "I know a pregnant woman who is living in a hotel."

The ministry members then call the referral and complete screening that includes accurate demographics, expected date of baby's birth and review of the items we can supply. This way each woman's gift can be customized especially for her.

Currently, the ministry can provide diapers and wipes, bath supplies (including a basin), clothing (sleepers,

Courtesy Rocky Mountain Conference



The Jude's Bassinet ministry team meets often to plan for serving their community.

T-shirts, pants and socks—all typically in newborn size), laundry supplies, a Pack 'n Play or bassinet and a new car seat, if needed. Church members also graciously donate handmade sweaters, booties, hats and blankets. All the items are new and unused. And most importantly, a devotional book for women and a children's Bible finish off the package.

A ministry member either calls the recipient, or is notified by them, when the baby is born, and the bassinet is delivered to the home. The individuals who deliver the gift are blessed by this opportunity to meet the recipient, take pictures, ooh and ah over the newborn, and pray with this new family. This encounter also provides an opportunity to invite recipients to attend TLC or other church functions.

Last year, each bassinet recipient also received a Thanksgiving basket and/or a gift from the Christmas for Kids ministry. Another ministry member sends greeting

cards throughout the year to recipients, and a plan is in place to begin sending a card for the baby's first birthday.

To date, the ministry has reached 103 women including an expectant woman who just had a baby shower only to have her apartment and belongings destroyed by fire, and a woman who was new to the United States with little family support whose baby had a lengthy hospital stay. We were also able to serve a mother of three, expecting her fourth child, living in a hotel.

While it is true that running this ministry comes at a cost, never once has there been concern that the money would run out. Just as the widow's jar of oil was never empty, so too with the funds that support this ministry. God simply continues to provide. Donations large and small are received. Baby items are donated. Somehow, there is always just enough!

Bob Reynolds is pastor at True Life Community Seventh-day Adventist Church in Denver, Colorado.

AdventHealth Complex Update

New exterior paint is brightening the finish and will match the new building.

The old Larson lower-level entrance has been filled in to prevent flooding.

A new walkway has been poured that connects the existing sidewalks.

The new roof over the pool replaces metal that was damaged from extended exposure to pool chemicals.

A new entrance will connect the Nursing Program to the south parking lot and provide mobility access to the classrooms and offices.

Work has begun on the new AdventHealth Complex that will expand the old Larson Lifestyle Center and house the new Reiner Wellness Center, pool, Nursing Program and Health and Human Performance Programs. The new building will add 45,000 square feet

of student recreation area with sports courts, a walking track, expanded workout facilities and space for a turf field. Learn more about the new facility, watch a live construction cam and discover how you can make a difference at ucollege.edu/fit.





The pad for the new building has been leveled and construction will begin in Spring 2023.

To lock in prices, the steel for the new building has already been purchased and is waiting next door in the parking lot.

The utilities that ran through the construction site have been moved closer to the street and the power poles will soon be removed.

Join the Wall of Champions

Want to be a permanent part of the AdventHealth Complex? You can help us complete the \$13 million Fit for the Future Campaign and secure your spot on the Wall of Champions.

The Wall of Champions will be displayed prominently in the new facility. Take a look at the artist's concept below and consider what icon and size you might like to reserve.

As a champion donor, you'll get to choose between four sizes and 12 icons. You may choose to commemorate a plaque on your own behalf, honor someone else, or feature an organization such as your company or church.

A few of the icons are shown at right. To learn more or join the Wall of Champions, visit ucollege.edu/champions.



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AdventHealth Honors Organ Donors and Recipients During Donate Life Month

April is National Donate Life Month and a time when AdventHealth in Kansas celebrates organ donors and recipients in a special way through collaborating with Midwest Transplant Network on the Wall of Heroes project.

The Wall of Heroes honors those providing the selfless gift of organ, eye and tissue donation, as well as those whose lives were saved or improved because of these gracious donations.

“Our Wall of Heroes was initially constructed in 2011 to honor patients who had passed away at AdventHealth Shawnee Mission and gave the gift of organ donation,” said **Kristen Frost, DNP, APRN, Critical Care** at AdventHealth Shawnee Mission. “The Wall of Heroes was redesigned in 2015 to include more names, including those of tissue and cornea donors. In 2022, we expanded the number of display plaques on the Wall of Heroes as the number of heroes that we list continues to grow.”

Currently, there are 212 names on the Wall of Heroes. Each April, AdventHealth holds a ceremony for donor families. It’s a special way to honor those who have so altruistically and compassionately given the gift of life to another person.

Families who have lost a loved one are invited to a chapel ceremony and reception where they can view their loved one’s name on the Wall of Heroes. All

Courtesy AdventHealth



The Wall of Heroes at AdventHealth Shawnee Mission

family members also receive a special, handmade stained-glass gift to remember their loved one.

“The Wall of Heroes celebration is one of the most touching times of the year,” said Frost. “The feedback we receive from donor families is always so heartwarming and seeing their reactions to the Wall of Heroes makes everything worth it. Their loved one gave one of the greatest gifts by being a tissue, eye or organ donor and celebrating their loved one’s life—with happy stories or through tears—is the best honor.”

According to the U.S. Department of Health and Human Services, more than 105,000 men, women and children are waiting for organ transplants. On average, 17 people a day die because of the lack of available organs. But it doesn’t have to be that way. A single organ donor can save up to eight lives and improve the quality of life for more than 75 more.

Andrew Widman knows firsthand the importance of these statistics. Widman, who was born with a congenital heart defect, is one of

many organ recipients who considers his donor a hero. In March 2017, Widman underwent a heart transplant, giving him the most important gift imaginable: the gift of life.

“My heart was essentially hooked up backward,” said Widman. “For my entire life, I had always been limited in physical activities. After receiving a heart from my hero donor and donor family, I am now able to do things that I was never able to do.”

The experience has changed Widman forever, not only from a physical standpoint, but also mentally and spiritually.

For the past five years, Widman has served as an organ donation ambassador and advocate, telling his story in classrooms, hospitals and other venues. Knowing that he has truly been blessed and feeling grateful for his renewed life, he spends time encouraging others who need transplants or are considering becoming a donor.

“My family and I are so grateful for my gift of life,” said Widman. “I especially want to thank my hero heart



AdventHealth Shawnee Mission invites all to join in the celebration this month. Here are a few ways to get involved:

- Share the importance of organ, eye and tissue donation with family, friends and colleagues
- Join the organ, eye and tissue donor registry, then tell others about your decision
- Participate in Blue and Green Day on Friday, April 14, honoring National Donate Life Month, by wearing blue and green and sharing pictures on social media

If you are considering organ donation and need more information, visit Midwest Transplant Network at **mwtn.org**. To learn more about AdventHealth in Kansas, visit **AdventHealthKC.com**.

donor and the donor family for saving my life. I don’t know who they are, but I think about them every day.”

Jackie Woods is a freelance writer and project manager for AdventHealth in Kansas City.

Olympic Gold Medalist's Father Receives the Gift of Life

Courtesy Centura Health



Approximately 90,000 people are on the national transplant waiting list in need of a lifesaving kidney. In Colorado alone, there are more than 1,500 people on the organ donor waiting lists. **Dick Franklin**, father of five-time Olympic gold medalist, **Missy Franklin**, was one of the thousands waiting for the gift of life.

Dick was in end-stage kidney failure from polycystic kidney disease, or PKD, an inherited genetic disorder that runs in the Franklin family. “Unfortunately, I got it from my dad,” Dick told Denver’s 9NEWS. “Fortunately, it was a very late form, so I had a very healthy life up to a few years ago and the kidney function really started to go through the floor.”

Dick and his family knew it could take years to find the perfect donor match, and that there were no guarantees. They were hoping for a miracle.

As Dick and his wife, DA,

prepared to begin the complicated and often difficult dialysis process, she posted one final request on social media about his need for a donor. More than 40 kind people reached out wanting to help but a match was not immediately found. Missy even offered to be her dad’s donor, but her parents didn’t want her to make such a sacrifice with a young, growing family.

Just as the Franklin family began to lose hope, they received *the* call. Physicians at Centura Transplant at Porter Adventist Hospital in Denver, Colorado, told the family they’d found a match!

“It was a very surreal moment when we found out not only did we have a match, but she was an Olympic gold medalist in swimming. It was just a full circle moment,” said Missy.

DA’s Facebook post was seen by **Crissy Perham**, a mom, sister, wife and a two-time gold medalist at the 1992 Olympics. Initially,

she was one of two people who met the criteria to be a donor for Dick. Ultimately, final tests showed she was the only match.

In August 2022, Centura Transplant surgeons performed the procedure, and both Dick and Crissy were discharged from the hospital and on the road to recovery within a few days.

The surgeons at Centura Transplant have a combined 46 years of transplant experience at three major U.S. transplant centers and have performed more than 1,000 kidney transplants over the past four decades.

“As a daughter, that just made me feel so good knowing that not only they had the most competent care team in the country but a care team that was so kind and that they enjoyed spending time with,” said Missy.

Centura Transplant nephrologists have managed more than 3,000 patients following kidney transplants and take pride in developing long-term relationships with their patients.

“It’s just so special to see the level of care and how every person on his and Crissy’s team was going above and beyond, not just to make

this successful, but to make it a positive experience and to make them as comfortable as possible,” said Missy.

After initially planning to stay anonymous, Crissy decided to identify herself to the Franklins since they’re all in the swimming family and have an opportunity to spread hope.

“This is really special that we have found each other because of the Olympics and swimming—here we are sharing an organ. I don’t know, we should talk about this,” Crissy said. “I’m proud of what I did and I’m a really, really, really healthy person and taking one kidney away from me doesn’t drastically impact my life. Yet it’s going to drastically impact the whole Franklin family.”

Crissy and the Franklins are now on a mission to help spread the word about living organ donation.

“We want to bring awareness of the importance of organ donation because there are Crissy Perhams in the world—there are amazing people who can save us, and Crissy is ours,” Missy told Denver’s 9NEWS.

By Brianna DiPilato and Kevin Massey



Courtesy Franklin Family

FAREWELL

Anderson, Fonda L., b. June 6, 1946 in Boone, IA. d. Dec. 1, 2022 in Black Hawk County, IA. Member of Waterloo (IA) Church. Preceded in death by husband Paul; daughter Marcia; twin brother. Survivors include son Mark; 3 sisters; 1 brother; 1 granddaughter.

Bergman, Nedra, d. Feb. 9, 2023 in Grand Junction CO. Member of Grand Junction Church. Preceded in death by husband Harry. Survivors include Robert and Lyle Reiner; 2 brothers; several grandchildren and great-grandchildren.

Bray, Lois M. Daniels, b. Sept. 4, 2023 in Bertha, MN. d. Feb. 26, 2023 in Lincoln, NE. Member of Thief River Falls (MN) Church. Survivors include daughters Jeri Lyn and Laura; sons Bruce and Bryce; 9 grandchildren; 14 great-grandchildren.

Cook, Lou Ann, b. 1932. d. March 2, 2023 in Grand Junction, CO. Member of Grand Junction Church. Preceded in death by son David. Survivors include husband Bob; daughters Bonnie and Donna; 1 granddaughter.

Dockter, Deloris Alvi-na (Vossler), b. May 18, 1934 in Mercer, ND. d. Feb. 6, 2023 in Bismarck, ND. Member of Bismarck Church. Preceded in death by 5 brothers. Survivors include husband Reuben; daughter Bonnie Sundby; son Leslie; 1 grandchild; 3 step-grandchildren; 12 great-grandchildren; 10 great-great-grandchildren.

Esquivel Marquez, Jose C., b. Sept. 15, 1943 in Parras de la Fuente, Coahuila, Mexico. d. Jan. 26, 2023 in Sioux City, IA. Member of

Sioux City Church. Survivors include wife Patty; children Jose, Benjamin, Patricia, Joseph, and Janet; 3 grandchildren; 1 great-grandchild.

Fisher, Margaret Fay Garner, b. Nov. 18, 1929 in Lamesa, TX. d. Dec. 26, 2022 in Elk City, KS. Member of Sedan (KS) Church. Preceded in death by husband Chester; 1 daughter; 3 sisters; 4 brothers. Survivors include daughters Charlene Davis, Sandra Wolfe, and Betty Jean Exley; son Eldon; 8 grandchildren; 20 great-grandchildren; 1 great-great-grandchild.

Foster, Naecarma Leiba (Slawson), b. May 26, 1930 in Clayton, MI. d. Jan. 26, 2023 in Winsor, CA. Member of Fort Lupton (CO) Church. Survivors include daughter Naedo; son Stefan; 6 grandchildren; 6 great-grandchildren.

Hopkins, Larry James, b. Nov. 5, 1931 in Inman, NE. d. Jan. 12, 2023 in Scottsbluff, NE. Member of Scottsbluff Church. Preceded in death by first wife Mary Hope; daughter Lynn Hope; 8 siblings. Survivors include wife Margaret; son Larry; stepchildren Michael Grant, Teresa Jepsen, and Sheryl Garnick; 9 grandchildren. Custodian and truckdriver for many years at several schools in the Mid-America Union.

Kneller, Henry "Roger", b. Aug. 25, 1942 in White-mouth, Manitoba, Canada. d. Jan. 4, 2023 in Wichita, KS. Member of Great Bend (KS) Church. Preceded in death by 2 sisters; 1 infant brother. Survivors include wife Doris Reile-Kneller; daughters Deanna and Marina Reile-Rodriguez; sons Brendon and Bruce; 3

sisters; 12 grandchildren; 6 great-grandchildren.

Krutzfeldt, Amalie (Molly) A., b. June 14, 1930 in Steingrun, Czechoslovakia. d. Dec. 25, 2022. Member of Council Bluffs (IA) Church. Preceded in death by husband Melvin; daughter Loretta; 1 brother. Survivors include children Gerald, Liane, Jennifer, Jackie, and Jeff; 1 brother; 6 grandchildren.

Lundt, Roxanne, b. Aug. 3, 1956 in Minot, ND. d. Feb. 13, 2023 in Jamestown, ND. Member of Jamestown Church. Preceded in death by father Harold. Survivors include mother Theresa; 2 sisters.

McCombs, Mona L., b. Sept. 6, 1966 in Marshalltown, IA. d. Feb. 10, 2023 in Haverhill, IA. Member of Newton (IA) Church. Survivors include husband Matt; daughters Jeaneia and Qaitlyn; 3 siblings.

McMillen, Fonda R., b. July 4, 1941 in Olney, TX. d. Oct. 21, 2022. Member of Springfield (MO) Church. Preceded in death by husband JL; 1 sister. Survivors include children Trent and Tonya; 6 grandchildren.

McTaggart, Tena Claire, b. Sept. 15, 1938 in Mason City, IA. d. Jan. 29, 2023. Member of New Haven (KS) Church. Survivors include husband Allan; children Scott, Rick, and Jay; 1 sister; 1 brother; 11 grandchildren; 8 great-grandchildren.

Nelson, Eleanor Erma, b. Oct. 27, 1924 in Hermosa, SD. d. Dec. 26, 2022 in Huron, SD. Member of Huron Church. Preceded in death by husbands Leo and Bill; children Daniel, Donald, George, and Leo; 11

siblings. Survivors include daughter Sharon Nelson; sons James and Tim.

Pendleton, Velma I., b. Jan. 13, 1928 in Braintree Hill, VT. d. Nov. 12, 2022 in Loveland, CO. Member of Loveland Church. Preceded in death by husband Robert; son Warren. Survivors include sons Robert Jr. and Reed; 4 grandchildren; 8 great-grandchildren; 4 great-great-grandchildren.

Reasoner, Beverly J., b. April 11, 1948 in Willow Springs, MO. d. Nov. 27, 2022 in Cedar County, MO. Member of Nevada (MO) Church. Preceded in death by 1 sister. Survivors include husband Eddie; children Michael, David, Becky, and Amy; 2 sisters; 1 brother; 11 grandchildren.

Taylor, Hank R., b. Jan. 19, 1952 in Windsor, MO. d. Feb. 10, 2023 in Calhoun, MO. Member of Clinton (MO) Church. Preceded in death by 2 infant brothers. Survivors include 2 sisters; 1 brother.

Zeelau, Steven, b. July 30, 1945 in Prescott, WI. d. Feb. 13, 2023 in Littleton, CO. Member of Newday (CO) Church. Survivors include daughters Glendy Crossan and Kerri Guerin; 1 sister; 5 grandchildren; 1 nephew.

How to submit an obituary

Please email Barb Engquist at **Barb.Engquist@maucsda.org**

Or go to **outlookmag.org/contact**

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Sycamore Academy: Looking for Certified Teachers to join us in Christian online education (grades 1-12). Work part-time from home tutoring "live" in a Zoom environment. If interested, please call us at 817.645.0895.

Union College is building new graduate programs and is searching for candidates for the following positions. Please view the job descriptions at ucollege.edu/employment and direct any inquiries to Debbie Eno at debbie.eno@ucollege.edu. Occupational Therapy Program: Academic Fieldwork Coordinator; Public Health Graduate Program: Program Director and two half-time faculty positions; Leadership Graduate Program: Program Director and one faculty position.

Union College seeks applicants for History Professor. Ph.D. in History preferred, Master's degree in History required. This is a full-time, exempt position to begin June 1, 2023. See the full job description and instructions for application at ucollege.edu/employment. Full benefit package includes tuition subsidy for dependents. Direct inquiries to Bruce Forbes at bruce.forbes@ucollege.edu.

EVENTS

Come join us for the Edgeley Adventist Church's 50th Anniversary July 29, 2023: Heaven-bound. Edgeley Church, Edgeley, North Dakota. Sabbath school: 9:30 am; church service: 11 am; catered meal; afternoon service: 2 pm.

SUNSET CALENDAR					
April 2023					
	APR 7	APR 14	APR 21	APR 28	
COLORADO					
Denver	7:28	7:35	7:42	7:49	
Grand Junction	7:42	7:49	7:56	8:02	
Pueblo	7:25	7:32	7:39	7:45	
IOWA					
Davenport	7:32	7:40	7:47	7:55	
Des Moines	7:44	7:52	8:00	8:07	
Sioux City	7:56	8:04	8:12	8:20	
KANSAS					
Dodge City	8:07	8:13	8:19	8:26	
Goodland	7:15	7:22	7:29	7:35	
Topeka	7:50	5:57	8:04	8:11	
MINNESOTA					
Duluth	7:43	7:53	8:02	8:12	
International Falls	7:51	8:01	8:11	8:22	
Minneapolis	7:46	7:55	8:04	8:13	
MISSOURI					
Columbia	7:37	7:44	7:50	7:57	
Kansas City	7:46	7:53	8:00	8:06	
St. Louis	7:28	7:35	7:41	7:48	
NEBRASKA					
Lincoln	7:56	8:03	8:11	8:18	
North Platte	8:12	8:20	8:27	8:35	
Scottsbluff	7:25	7:33	7:40	7:48	
NORTH DAKOTA					
Bismarck	8:18	8:28	8:37	8:47	
Fargo	8:02	8:12	8:21	8:31	
Williston	8:31	8:41	8:51	9:01	
SOUTH DAKOTA					
Pierre	8:14	8:22	8:31	8:40	
Rapid City	7:25	7:34	7:42	7:51	
Sioux Falls	7:59	8:07	8:15	8:23	
WYOMING					
Casper	7:36	7:44	7:52	8:00	
Cheyenne	7:29	7:36	7:44	7:51	
Sheridan	7:41	7:50	7:58	8:07	

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