

# OUTLOOK

MAY 2023



**RAISING  
RESILIENCY  
IN ADVENTISM**



### PERSPECTIVES

**4 UNTIL THEN**  
—Lori Peckham

### FEATURES

**6 THE BEAUTY IN EXISTING**  
—Caleb Schaber

**7 WHAT IF?**  
—Evan Majors

**8 EDUCATING THROUGH THE UNKNOWN**  
—Andrew Sagala

**9 FOR SUCH A TIME AS THIS**  
—Jacob Sanchez

**10 TOUGH CALL**  
—Andrew Allen

**11 OUT OF THE DARK**  
—Charles Metz

**12 HOBBY IN THE LOBBY**  
—Annelise Jacobs

### NEWS

**16 CENTRAL STATES**

**18 DAKOTA**

**20 IOWA-MISSOURI**

**22 KANSAS-NEBRASKA**

**24 MINNESOTA**

**26 ROCKY MOUNTAIN**

**28 ADVENTHEALTH**

**30 FAREWELL**

**31 INFOMARKET**

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“We often forget that we live in a world of endless beauty because we are blinded by the negativity in our lives. We forget that this negativity can be beautiful in its own right.” —p. 6





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NEWS AND INSPIRATION



### Ashwagandha

Appears good for stress, but should you take it?

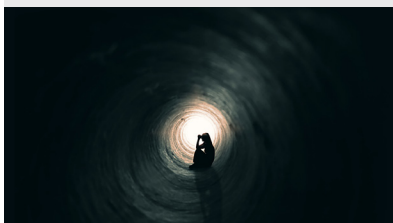
[outlookmag.org/ashwagandha](http://outlookmag.org/ashwagandha)



### Screen Time and You

What effect does screen time have on adults?

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### From Grief to Glory

Worshipping through lamentations

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## RAISING RESILIENCY IN ADVENTISM

Welcome to this special edition of OUTLOOK magazine featuring stories written by Union College students. As we continue to focus on the theme of resiliency, I hope you will be inspired by the messages they share.

A recent survey by *USA Today* found nearly 33 percent of participants aged 18-24 had been diagnosed with or received treatment for clinical depression or anxiety. Experts believe it's critically important right now to track the role of vitality and resiliency as the nation emerges from the coronavirus pandemic. And the students who wrote the following articles also believe that.

How about you? Are you flexible enough to be stretched and twisted and not snap but return to your original (or even better) shape after a storm has struck your life?

Our collective prayer for each person is that you may...

Be strong with God's strength  
Bright with God's beauty  
Held in His peace  
Alight with His love.

—*Prayer of Blessing adapted from Pastor Kessia Reyne Bennett*



BRENDA DICKERSON  
editor



## ON THE COVER

Students from the Union College Feature Writing class explore the concept of resiliency.

More on p. 4

Photo by Steve Nazario

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# Until Then

## He stole every morsel of food he could get,

including a whole loaf of bread he swatted off the countertop and a stick of butter left on the table. He twirled in greeting when we walked in the door, even if we forgot something and came back one minute later. He photobombed our pictures with a lopsided, tonguey grin. He dashed to the piano and howled joyfully when I plunked out songs I'd learned during piano lessons with my mom.

But cancer took away his appetite, his energy and his smile. When he stopped eating and had seizures, we took him to the vet one final time.

I sobbed when we got home that night last October. And every day for weeks. And even now months later. Somehow the loss of Davey, our rescue dog of 12 years, brought on fresh grief for my father's strokes and death several years ago. And my mother's dementia and fatal heart attack several years before that. And the end of my grandmother in 1993 and my grandfather in 1985.

One day I tearfully confided in a friend, "I must have a lot of unresolved grief. All of a sudden I'm mourning not only my dog but all the loved ones I've lost."

"Not necessarily," she said. "The body remembers. It remembers what the grief felt like and makes those associations."

They say resiliency is about the ability to return to the original size and shape after being stressed or moved. *That's not me*, I thought. *I'm a resiliency failure.*

As I looked at our black piano, the shiny lid covering the keys, I told my husband, "I don't

think I'll ever play the piano and sing again. I'll just cry without Davey dueting beside me." I also knew I'd hear echoes of my mom's chord flourishes while my dad belted out the words to his favorite song, "Until Then."

"My heart can sing when I pause to remember, a heartache here is but a stepping stone, along a trail that's always winding upward. This troubled world is not my final home."

In my search for resiliency, I came across 2 Cor. 4:8: "We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair." The "yet" and "but" are the keys. We're punched *but* not knocked down, hurt *yet* not hopeless.

Life on this earth stresses us, tears us and leaves us with stretch marks. In my experience we don't come through just as we were before. But our confidence in Jesus and His return is the elastic that helps us snap back, get up and sing along.

Until then. 0

## Davey helping Lori decorate for Christmas. He loved to open presents ... everyone's presents.



Kim Peckham

**Lori Peckham teaches communication and English courses at Union College. She has served as editor of *Insight* and *Women of Spirit* magazines and the "Guide's Greatest" book series, as well as written for numerous publications.**

(l-r) Andrew Sagala,  
Evan Majors, Caleb  
Schaber, Charles  
Metz, Jacob Sanchez,  
Professor Lori Peckham,  
Annelise Jacobs,  
Andrew Allen



# THE Beauty IN EXISTING

// The great art of life is sensation, to feel that we exist, even in pain. //

—Lord Byron

We often forget that we live in a world of endless beauty because we are blinded by the negativity in our lives. We forget that this negativity can be beautiful in its own right. By recognizing this beauty, we open ourselves to a new way of viewing the world around us. This view can transform our grief to gladness and our worries to wonder. It is a view that has even personally helped me through some of my hardest difficulties and brought me closer to God on the other side.

This view comes from the 19th-century movement called Romanticism. Romanticists believed in spending time appreciating nature and leaning on one's emotions rather than reasoning in order to have our hearts soar from the realization that life is good and nature is sublime.

By adopting this mentality, we can find resilience through the toughest hardships. However, taking on an entirely new perspective to life is a lot easier than it sounds. To help you become a 21st-century Romanticist as well, I will share with you a little of what has helped me in my own struggles.

Seven years ago, I saw the Rocky Mountains for the first time. Staring at the towering spires of rock and snow filled me with a sense of sublime wonder and joy that I later learned were the same feelings that started the Romanticism movement. Ever since that day, I have found solace in the mountains. However, my true adoption of Romanticism ideals didn't come until my grandfather passed away.

My grandfather helped me find a

new love for God through our talks as I worked for him one summer on his farm. Seeing him slowly forget who my brother and I were, and not being able to see him at all during his final months, filled me with a sadness so deep I could never properly express it to those around me.

I wished for nothing more than to see the mountains. The snow-capped peaks brought me a joy I wished for more than anything during that time. But I was in school and couldn't afford to drive to Colorado for the weekend, so I had to settle for the nature around me.

I stared at the slowly swaying grass of the fields. I watched the colors of the sunset over a nearby lake day after day. The rising moon became a beacon of joy for me on sleepless nights. My favorite were the cumulonimbus clouds that shot into the sky like immense towers. I think it's because they reminded me of the mountains.

**It was these little things that brought me comfort.**

These tiny glimpses of our Creator's divine creativity are what got me through that pain that I couldn't express.

**Caleb Schaber is a sophomore communication major from Lincoln, Nebraska. He enjoys writing short stories, scripts and plays, and is currently working on his first novel. Being an environmentalist at heart, he loves nature and wants everyone around him to share the same appreciation for it.**

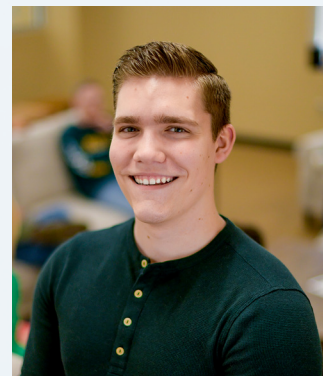
Unfortunately, this period of relief didn't last very long before I lost someone else close to me.

The death of my godfather, Michael Jaquez, brought me back to the same place I had fallen before. A sadness buried so deep within me that I couldn't let it out. At least, not all at once. Instead I did what I had done before—I looked for comfort.

This time, however, I couldn't turn to the nature that had helped me before because it was winter. So instead, I looked to the little things. The creaks and crunches of ice in the branches of a frozen tree. Light glinting off the snow in the evening. Cold air biting my face as I hiked outside. Through these little things I saw in nature, I was able to release my sadness and build up a resilience to hardships.

Life is full of sadness and events we wish had not happened, but it is also full of endless beauty. Just as David says in Ps. 50:2, "Out of Zion, the perfection of beauty, God shines forth." We do not need a grandiose moment to have God reveal Himself to us. We merely need to exist in the now. Trust our emotions. Find God in nature. Love the little things. **O**

Caleb Schaber admires the view from atop Cadair Idris in Wales, UK.



# What if?

## Coping with uncertainty



**M**an versus concrete:  
who wins?  
SNAP!

That question was answered once my shoulder collided with the pavement as my skateboard slid backwards. I pulled myself up to my feet and instantly realized what had happened: I had broken my collarbone. Having never broken a bone before, I didn't know what to do. All I knew was that I needed medical attention.

I staggered to the cafeteria with my face white as a sheet. After nearly fainting twice, I sat down in a nearby chair. A few minutes later, my friend saw me and rushed me to the nearest urgent care. Once the adrenaline wore off, all I could think about was the searing pain in my shoulder. The nurse helped me back into the X-ray

room. The radiologist took one X-ray and then said she needed to take another of my arm.

"But it's my shoulder that's injured."

"Yes, but I'm seeing something weird in the arm too."

"Alright." I didn't think much of it. All I could think about at this point was my collarbone.

After I was done getting X-rays, I was taken to the examining room. The physician's assistant walked in to tell me what they saw: "So you've definitely broken your collarbone." This confirmed what I already knew. The next thing she said sent shockwaves through me. "Well, we found a tumor in your right arm."

Everything after that was a blur. All I remembered was the PA explaining to me what I should do next. I went into a panic and called my parents to make them aware of this crisis. Another friend picked me up and took me back to the dorm and I was still panicking. All I could think about were the what-ifs.

*What if it is cancer? What if I*

**Evan Majors is a sophomore English and communication major from Lincoln, Nebraska.**



**X-ray of Evan's bone tumor and clavicle fracture (April 4, 2022)**

*have to drop out of school? What if I lose my arm? What if I die?*

Everyone was busy talking about next semester; meanwhile, I didn't know if I was still going to be around.

Fortunately for me, I had a very good group of friends who were there for me when I needed them most. They got me to my orthopedic appointments, where I experienced a tiny bit of relief when I was told my collarbone would heal without surgery. They all spent time with me to help take my mind off the cancer side of things. They helped me accomplish tasks I wasn't able to do with my arm as messed up as it was.

A week and an MRI later, it was time for me to go to oncology and get a diagnosis for the tumor in my arm. My parents and I went to Omaha, Nebraska, to the only orthopedic oncologist in the state. We were seated in the examination room, and I almost went into another panic just thinking about what the doctor was about to say.

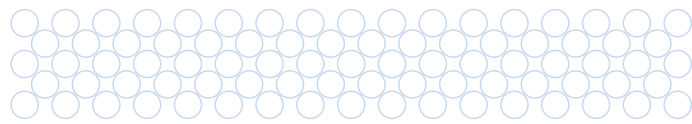
After what seemed like an eternity of waiting, the doctor came in and started discussing the tumor. He then said the following words: "I'm very confident that this is benign."

My dad and I let out a simultaneous, relieved "Thank God." The relief hit my mom so hard she almost threw up. The doctor continued: "We'll get you an MRI every three months for the next year to be sure nothing changes."

Sometimes life throws unexpected things at us at the worst possible times. What makes these uncertainties bearable is how we choose to navigate through them. In my case, I had a very good support system that carried me through the toughest week of my life. When dealing with uncertainty, it is important to avoid falling into the trap of what-ifs. Everything just might turn out all right. **0**



# Educating through the unknown



How pandemic nursing professors went above and beyond for their students

**“Resiliency is being able to bounce back from adversity** using your resources to help persevere through a situation and not decline as an individual.”

—Prof. Elysia Ockenga

Resiliency is not a trait we easily discover at a moment's notice. It takes time to nurture. Roles evolve during times of challenge. With the recent pandemic, students experienced the challenges of becoming dependents once again under a parent's roof, parents paying thousands of dollars in tuition that included a meal plan flushed down the drain, and having to coordinate classes with different time zones.

Whatever parents and students were feeling during this time, professors felt the same, maybe more. That is the consensual feeling of four nursing professors who taught during the spring semester of 2020, when the world was facing a time of uncertainty.

To talk about how resiliency is nurtured, the cookie-cutter dictionary definition of

resiliency is not adequate. Defining resiliency is personal. Nursing professor and vice president of academics at Union College Debbie Eno describes resiliency as the need “to keep going even though circumstances are not in your favor.”

Three years ago, the words “EXTENDED SPRING BREAK” as an email header were the best news to college students whose mental health and stress devoured them through the winter semester. To professors, however, those words had an entirely different meaning. Dr. Larinda Fandrich, professor of Medical Surgical II at Union College, revealed that “the extended spring break was more for the professors to organize class content and teach them to students through a new way.” It makes sense because a switch from in-person learning to remote learning requires a new level of instruction—from both professors and students.

Union College professors have other roles outside of teaching. One is to support their students, no matter what challenges they personally face. Another is to be an advisor—to guide students through their educational programs and establish communication between students and themselves. Three roles to juggle in an academic environment was tough with a world-altering phenomenon taking place.

Union College prides itself on having staff and professors willing to adapt to changes, but some challenges were tough to overcome within the span of a week. Becoming more technically savvy and finding ways to present hands-on concepts through the aid of virtual

simulations requires more than a weekly Zoom call.

**Being resilient was the glue that held it all together.**

Fundamentals professor Rebecca Randa describes the use of simulation as “being able to practice what students have learned, despite it being less hands-on.” Simulation became the lifeline of the students who were in Union's nursing program at this time. Yes, with the click of a button scenarios popped up, allowing students to utilize their critical thinking skills, just as a real nurse would.

Thankfully, Union College's nursing program has a standard of academic integrity that students must adhere to. With the change to remote learning, students still managed to keep the test average policy of Union College at 76%. Eno states that Union added a “pass or no pass” policy for those students who did not meet the requirement so they could retake the course with no penalty to their GPA.

Ockenga acknowledges that “there are always going to be challenges to learning. To overcome those challenges, communication is needed.” Students were encouraged to talk to their professors about anything at this time, from struggles in the classroom to struggles one might face being back at home with family.

College is a tough time. The pandemic made it even tougher. The flexibility and willingness of professors to find new ways to make sure their students got information was awe-inspiring. 0

Andrew Sagala is a junior nursing major at Union College from California.



Steve Nazario/Union College



# For Such a Time as This

Finding the modern-day Esthers around me

When I decided to pack my bags and move more than 1,500 miles from home for college at Union, I knew no one there. Yet I have met some of the most remarkable people. In times of uncertainty and vulnerability, we can see the biblical Esthers in those around us.

Through faith and resiliency, even with the possibility of death, Queen Esther was able to secure her people and fulfill the will of God. Throughout the book of Esther, one phrase sticks with me the most: “for such a time as this.” The pretext to these words shows an understanding that the deliverance of Esther’s people would come one way or another. But she was placed in her position for a reason, and it was her choice to answer the call.

In my time at Union College, I have witnessed those who have answered the call, seized their moment, and changed many lives, including mine. Here are a few of their stories.

As a sophomore at Union College, I met Professor Lori Peckham. Immediately, her desire and care for her students and those around her was apparent. Peckham has fought the battles of life yet continues to be a light in the lives of those around her.

During her time in graduate school in Southern California, life changed in a flash for Peckham when a truck pulling a horse trailer plummeted into her car. The accident resulted in her losing consciousness and being rushed to a hospital for evaluation. The EMTs were concerned about the possibility of a broken spine.

Peckham remembers looking up at the blood-splattered ceiling of the hospital wondering what life would be like if she was permanently paralyzed. She began to pray.

“I felt a peace come over me,” she said. It wasn’t reassurance that she was not paralyzed, but rather that no matter the outcome, hope for a good life still remained. She began to list what she could still enjoy—books, food, music, conversation—and

(l-r) Sarah Gilbert, Lori Peckham, Tanya Cochran

through faith and resiliency pushed through that experience and subsequent battles with a never-fading smile.

Sarah Gilbert remembers God pushing her as a student to go to Union College when she already had plans to attend another college. Later, Gilbert was again “pushed” by God to go back as a full-time employee. Gilbert made a deal with God that if three people (completely unrelated to the situation) would tell her to apply, she would.

Within one day of making this pact, she received the message to apply for the position three times. This decision would catapult her into a 45-year career in which she has earned the titles of professor, life coach and friend. Her enthusiasm for life and her desire to be a source of hope for all those around her have been an inspiration for hundreds—if not thousands—of students and colleagues.

Gilbert’s favorite quote that she shares with all the students who walk through her door says: “Those who are fighting the battle of life at great odds may be strengthened and encouraged by little attentions that cost only a loving effort” (Ellen White, *The Ministry of Healing*, p. 158).

Dr. Tanya Cochran has spent the past 17 years influencing the lives of countless students. During her second semester in her Ph.D. program, Cochran received a phone call from a previous professor, then president at Union, asking her to interview for an opening in the Humanities Division.

Apart from picking up her life and starting fresh far away from friends and family, Cochran has faced accidents, health concerns, broken relationships and the passing of loved ones.

Through it all, Cochran’s faith has been a driving force for her: “Through my experiences, as hard as some things in life have been, I really do feel God has been present for me, not just in spirit but actually working through the life of people who care about me.”

Aside from her desire to teach, her passion for connecting with others on a human level has always been there. “We are supposed to live in community. We can’t do everything by ourselves,” said Cochran. “When we’re struggling, that’s when we need people to come around.” 0

Jacob Sanchez is a senior communication major from Bakersfield, California, the fruit and oil capital of the United States.

See Jacob’s story on the next page.

Steve Nazario/Union College



# Tough Call

How resilience helped a student face tragedy



**U**nion College communication major Jacob Sanchez faced a difficult decision in October 2020.

He received a call to return to California if he wanted to say goodbye to his beloved grandfather. After getting the call in the middle of statistics class, Sanchez packed, informed his professors he was leaving and started the 24-hour drive home.

Leaving school in the middle of the semester was hard enough, but added to that was balancing online classes while working through the hospice process and end-of-life care with his grandfather.

"I had a hard time managing everything," Sanchez said. "School just wasn't a priority anymore ... and I wasn't sure if it would ever be again."

Once back home, Sanchez decided to stay and help manage things there. "My focus and heart were with my family in California. I just didn't want to leave." Sanchez faced even more difficult decisions as the semester progressed. After spending the remainder of the semester at home, Sanchez had to choose whether he wanted to return to school in Nebraska or stay with his family.

"It was a hard decision. I wanted to complete the school year, but I just couldn't see myself leaving my grandma and sister." After prayer, consideration and encouragement from his family, Sanchez returned to Union in the spring.

As a Christian, Jacob's unwavering faith served as an unyielding source of solace and resilience during the trying times. He firmly believed that with God's grace, he could overcome any obstacle that came his way. With a heart full of determination, Sanchez made a solemn promise to his late grandfather to achieve their shared dream—to become the first college graduate in their family. His commitment to realizing this dream propelled him forward, even in moments of doubt and uncertainty.

"Faith and family really helped me push through," said Sanchez. "The reason I was able to overcome the adversities in my college life is because of the support system I have, both in California and Nebraska." He recounts how he received calls and care packages from students, professors and staff. Many also offered prayers for his family.

**With every step he takes, Sanchez continues to draw strength from the steadfast love of his family and the guiding light of his faith.**

Adversity is an inevitable aspect of life that can leave a lasting impact on our experiences. Nevertheless, our ability to face and overcome adversity with resilience is a crucial factor in navigating life's ups and downs. Resilience, which is often defined as the capacity to recover from adversity, can play a vital role in shaping our personal growth and development.

As Christians, we can rely on our faith and community to provide a solid foundation for resilience. By grounding ourselves in our faith, we can find a sense of purpose, hope and strength to endure and overcome difficult circumstances. Our community provides us with a supportive network of people who share our beliefs and values, encouraging us to persevere and grow stronger together. Drawing on these sources of resilience, we can emerge from adversity with greater wisdom, compassion and strength, equipped to face the challenges of life with greater confidence and fortitude. **O**

**Andrew Allen is a senior communication major at Union College.**



# OUT OF THE DARK

How I built emotional resiliency skills to cope with life

“I’m such a failure. My grades are falling apart. I feel so alone.” This was me, sobbing my heart out at 10 pm in the deans’ office on that chilly October night.

Why was this happening? I knew I was having some mental health issues; I had been struggling in school a little more than usual. But all I knew in that moment was that I was having one of the worst panic attacks of my life.

Despite moving over 600 miles away to a college I had never visited or seen, I had an awesome first semester. Somehow I managed to get involved in just about everything. That fall, I worked three different jobs, along with taking 17 credits worth of courses and writing a weekly column for the school newspaper. You would think I wouldn’t have been able to handle it, but for a while I did, and rather well.

A couple of months into that first semester, however, I started getting a little more stressed than usual. I didn’t think it would be a problem, but that all changed when, after not feeling well, I randomly checked my Apple Watch and found that my heart rate had increased to 120 bpm. In short, I was having a panic attack.

I probably should have started evaluating my life at that point, but I ignored it and continued to add more things onto my plate. I started a music band, tried dating for a bit and filled my life with more and more events, responsibilities and commitments. I finished off my first semester with great grades and signed up for even more responsibilities for the next one.

But that’s when everything came crashing down.

For the next two semesters, I was seriously struggling. I broke down in the deans’ office twice over major panic attacks. My homework was weeks to months behind, and for the first time in my entire education, I stared the possibility of F’s in the face.

As I sat with the deans that late Tuesday night, I came to the morbid realization that I had zero skills to deal with the challenges I was facing in life. I had thought that, eventually, they would go away and things would all be great. But what I finally realized was that I don’t live in a world where everything will turn out great.

The Bible says God “has planted eternity in the human heart” (Eccl. 3:11). We instinctively think that things will get better and we will finally find

Charles (fourth from left) says his favorite thing in the world is having fun with his friends and co-workers at Union College.



Jolina Console

purpose. But the Bible also says that “this world is not our permanent home” (Heb. 13:14, NLT). We can’t expect this world to get better. Instead, what we need to do is develop skills to build resiliency even in the pain we continually experience.

The next few months saw a lot of changes for me. I started seeing a mental health therapist once a week, talking to accountability partners and making sure I took care of myself before agreeing to more commitments. And, while my story doesn’t have the “happily ever after” ending we’ve come to love in books and movies, things did get better. Bad things were still happening; unfortunately, until Jesus comes, they always will. But because of the skills I was developing, I was managing so much better.

I finally made some friends who are honestly closer to me than even family and developed a real and personal relationship with God I never thought possible.

If you are struggling with the pain of this world right now, I can relate. Between the horrific killing of Tyre Nichols and others, an ongoing war overseas and the aftermath of a global pandemic, there is a lot of hurt around us. As a familiar song says, this world isn’t our home; we’re just passing through. And while we pass through, we can still build skills to find resiliency amid the chaos. 0

## 5 WAYS YOU CAN BUILD RESILIENCY

**1 Learn to love yourself.** If you struggle with self-esteem, prioritizing yourself in commitments, relationships, etc., is a skill you may need to develop.

**2 Admit bad things happened to you.** Sometimes we try to belittle bad things in our past to try to move on from them—but this is actually counterintuitive. Admitting that we were abused or neglected and that this contributed to our current problems can help us to overcome them.

**3 Consider counseling.** While seeing a mental health therapist may or may not carry stigmas in your culture, there’s nothing wrong with talking to someone who is not only trained in counseling but also legally bound to confidentiality. It can help you so much in working through your day-to-day life.

**4 Pray more.** A relationship with God that extends beyond once-a-week church goes a long way toward helping you cope with life.

**5 Develop your network.** Know which of your mentors, best friends, and family you can trust. The ones who are there for you no matter what are the ones you can rely on.

Charles Metz is a sophomore theology major who loves his new hometown of Lincoln, Nebraska.



# HOBBY IN THE LOBBY

Giving your church resiliency through community

“The church is dead.”

These words fell on the desensitized ears of the church board in a small church in western Maine. Similar observations have echoed throughout the Adventist Church for as long as I remember.

“The youth are leaving the church.”

“People stopped attending church during the pandemic.”

“Christianity is dying.”

My first church closed when I was two. Then my family moved to the largest church in the district. This church had 108 members on the books and about 40 in attendance. When I was about 10, another church closed, leaving four churches in the district. A few years later, two merged into one.

My home church dropped to 15-20 in attendance during the pandemic. Morale was at an all-time low and something had to change. The pastor had a plan: Every board member should host a weekly event to make the church open and alive in the community.

One of the board members, Valerie Jacobs, felt the call. She worked full-time in a nearby hospital and already carried many responsibilities at the church, so time and energy were in short supply. She mulled over the dilemma: “I began to ask God to bring me His plan for a ministry that I could do and not be overburdened. I decided to wait for God to point out His plan.”

A few days later, Valerie ran into an acquaintance at work. This woman and several others used to sit in the hospital’s lobby and crochet, making lap afghans for every patient who passed through the hospital doors. When the pandemic hit, the hospital restricted access for all visitors. Even though the hospital had returned to normal status, the group was not allowed to resume crocheting in the lobby.

Right at that moment Valerie knew God had answered her prayer. “I have just the place for you!” she told the woman. Valerie invited her to bring the group to the Adventist church for a biweekly Monday craft night. The woman immediately called her friends to reassemble the crochet group.

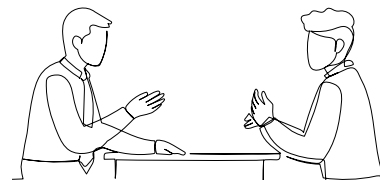
Valerie fell in love with the craft night idea and started inviting all her patients and coworkers.

“God brought the name ‘Hobby in the Lobby’ to my memory,” she said. “I first heard the name at the New Creation Church in Lincoln, Nebraska. We were there for a weekend visit to our kids at

**Annelise Jacobs is a senior communication major from Maine.**



Courtesy Annelise Jacobs



## HOW TO START A HOBBY IN THE LOBBY IN YOUR CHURCH

### START RUMORS

Create interest by mentioning the concept to people. The more support you have at the start means the higher the likelihood of success.

Talk to your pastor or the church’s event coordinator—they will be able to give you important information on the ideal times and locations for the group to meet.

### ADVERTISE TO THE CHURCH

Post the event in the bulletin and make sure it is in the announcements. If your church does social media, that would also be a good place to reach people.

### HAVE A FEW DEDICATED PEOPLE COMMIT TO COMING THE FIRST TIME

The first meeting’s attendance will likely be small, and that is normal. It’s good to have a guaranteed few for the next step.

### DOCUMENT

Take photos and write about how the first event went. These can be used for more effective advertising. If people see photos, they are more likely to be interested.

### WORD OF MOUTH IS THE BEST ADVERTISING

Encourage everyone to bring a friend ... or two! This event is a great opportunity to encourage friends to get together and spend time catching up.

Union, and our eldest daughter took us to that church. I remember thinking, *What a cool idea for a ministry name.* I texted Michelle Mesnard from New Creation for details on how they run their group, which she was happy to provide.”

Attendees to the event bring a variety of crafts. The original group brings their crochet; others bring knitting. A small group brings sewing machines and quilting projects. Occasionally someone will bring a new craft and teach the group. Valerie’s husband, Mark, brings a jigsaw puzzle, but always starts the evening baking a fresh batch of cookies from scratch for everyone to indulge in.

“Hobby in the Lobby is a relaxing change of pace for me,” Mark said. “There is always a lot of chatter and laughter. We would like to see it grow to a couple dozen people. Of course, I’d have to bake more cookies!”

Valerie Jacobs looks forward to continuing this ministry. “My goal for this group, which I might add are not Adventists, is to mingle and become friends, meet their needs by support and prayers, and introduce them to a Jesus who truly loves them. I’m leaving the conviction of their hearts to God and His timing, since I *know* it is His ministry and I’m satisfied with that!” 0





# SEEING THE BIG PICTURE OF ADVENTIST EDUCATION

**“W**rite this letter to the angel of the church in Smyrna. This is the message from the one who is the First and the Last, who was dead but is now alive: I know about your suffering and your poverty—but you are rich! I know the blasphemy of the those opposing you. They say they are Jews, but they are not, because their synagogue belongs to Satan. Don’t be afraid of what you are about to suffer. The devil will throw some of you into prison to test you. You will suffer for ten days. But if you remain faithful even when facing

death, I will give you the crown of life. Anyone with ears to hear must listen to the Spirit and understand what he is saying to the churches. Whoever is victorious will not be harmed by the second death” (Rev. 2:8-11).

Last year I had the opportunity to go on a Revelation’s Seven Churches tour in Turkey and Greece. My experience at the ruins of one of these cities had an unexpected and profound effect on me. As a group, we would get together and read the letter in Revelation for that city and discuss the context for that place and the believers who lived there. It was my practice to read the passage to myself after exiting the bus and entering the site.

As I was entering the ruins of Smyrna I began to read the passage in Rev. 2:8-11. It is hard to describe, but there is something about being at the actual location that brought these words to life for me. “I know about your suffering... Don’t be afraid of what you are about to suffer... But if you remain faithful even when facing death, I will give you the crown of life.” The impact of these words, in this place centuries later, brought me to tears. These people died centuries earlier, but stayed true to their Savior and their beliefs and are now resting in Jesus.

This brought everything into perspective for me. What is truly important? What matters most? Is it the daily concerns and challenges we face or is it something greater? Are we living to get the most out of this temporal life or are we living this life in preparation for the next?

As Seventh-day Adventist Christians, it is essential we do everything possible to help our children, our grandchildren, our nephews and nieces, even the children in our communities, to know and choose to follow Jesus so their names, too, are written in the Book of Life. An Adventist education is a big part of that.

I regularly hear reasons why parents choose not to send their children to an Adventist school. These reasons are temporal in nature, ranging from costs to not being prestigious enough. Parents ask if their kids can get into Harvard or Yale after attending an Adventist school. There is nothing wrong with attending an Ivy League school, but will that lead a student to make choices that have eternal value? What echoed in my mind while visiting Smyrna was “... If you remain faithful even when facing death, I will give you the crown of life.”

I challenge you to open your Bible to Rev. 2:8-11 and read the message from Jesus to Smyrna. After reading this passage, simply ask yourself what is important in the grand scheme of things.

Both of my parents have passed away. They too are resting in Jesus, just as the believers in Smyrna are. In another generation or so they will likely be forgotten, but while they were alive they did the best they could and gifted me with an Adventist education in the hopes I would also choose to follow Jesus and accept His offer of eternal life. **0**

Jeff Bovee is education superintendent for the Kansas-Nebraska Conference.



Photos Courtesy Kansas-Nebraska Conference

# HISPANIC YOUTH CONGRESS 2023

13 TO 16 JULY



# heaven

— don't miss it for the world —



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[HTTP://MARANATHACAMP.ORG](http://maranathacamp.org)



Seventh-day  
Adventist Church

MID-AMERICA UNION  
CONFERENCE

## Mid-America Pathfinders Display Extreme Bible Knowledge

Sixteen teams of Pathfinders representing all six conferences in Mid-America territory gathered on Sabbath, Feb. 18, at the College View Church in Lincoln, Nebraska, for the Mid-America Union Pathfinder Bible Experience. After placing first in similar area and conference-level events, these teams, each composed of up to six members plus an alternate, worked together to answer 90 questions from the Gospel of John and the *Andrews Bible Commentary*.

This is the first time since the beginning of the

Venus Douglas



pandemic that the union-level event has been held entirely in person. The teams were spaced throughout the sanctuary in an orderly manner. Many Pathfinder club staff and family members were in the audience to show support for their young people.

Ten of the 16 teams

received a first place ranking at this year's event. Those teams receiving a first place ranking, which is a score of 90 percent or higher (in relation to the top team score), were eligible to go on to the division level PBE held this year on April 21 and 22 in Tampa, Florida.

According to the North American Division PBE website, this event was developed to help Pathfinders and young people meditate and reflect on what the Bible says and how it applies to their lives. The website features ideas for application to help Pathfinders use what they study and apply it to their daily experience at home, school and church.

The PBE Bible books for next year are Joshua and Judges.

Information on this page compiled by OUTLOOK staff

## Former Review Editor Bill Johnsson Laid to Rest

Dr. William "Bill" G. Johnsson, scholar, professor, writer, advocate and editor of *Adventist Review* magazine for 24 years, died on March 11 in Loma Linda, California. He was 88.

Johnsson devoted his life to serving others, sharing a message of hope and compassion. His associates described him as a true Christian gentleman.

According to family, some of the most meaningful work of Johnsson's life came after he retired at age 72. At the request of then-General Conference president **Jan Paulsen**, he worked to introduce Adventists' values and mission to religious and government leaders in the Muslim world.



Courtesy Ray Teiz

Dr. Johnsson's family has requested that in lieu of flowers, donations may be made to the William Johnsson Center for Understanding World Religions at Loma Linda University Health: [bit.ly/3FVFU4H](https://bit.ly/3FVFU4H).

## Adventist Giving App Updated

When church buildings in the North American Division closed in 2020 due to COVID-19, ministry did not end but successfully pivoted online. And thanks to God's blessings and church members' generosity—and the AdventistGiving platform—giving across the division did not decline, as expected. Rather, tithes and offerings have increased over the last few years of instability and uncertainty.

In 2023, online giving is still going strong, and the NAD's treasury department is pleased to announce that a new and improved version of AdventistGiving is available at [adventistgiving.org](https://adventistgiving.org).



Learn more about AdventistGiving and access the improved version of the app at [adventistgiving.org](https://adventistgiving.org).

## Denver Pastor Thriving Through Resiliency

### Post 1/3

Long story short.

I was diagnosed with congestive heart failure at the beginning of this year.

Listen.

When I say I was shooketh?!

Moved to Denver for a pastoral assignment.

Had trouble breathing.

Thought it was the altitude.

Got worse.

Yea.

Life takes on new meaning when you can't breathe smh.

Thankfully, I'm still here. Getting stronger each day.

And seriously heeding the command that says Let everything that has BREATH praise the Lord! \*Quickens immediately\*

Huge thanks to the family, friends and colleagues who have been carrrrrrrying me through this ordeal. Y'all know who you are.

And to my ladies in House of Women ... thanks for sticking it out with me. It means SO MUCH.

Special thanks to the Park Hill SDA church and the Central States Conference Administration for their love and support.

"My flesh and my heart may fail, but God is the strength of my heart and my portion forever" (Ps. 73:26 NRSV).

### Post 2/3

As I continue to recover, I've had time to write and reflect so let me also say this. Especially to my black sisters. During this Women's History Month. Respectfully.

Do. What. You. Need. To. Do.

To set yourself free from any trauma, stress and worry birthed in environments that endorse and uphold systems of capitalism, racism, misogyny,

patriarchy, sexism, abuse and religious trauma.

Your body was designed to be loved, not lampooned by systems, institutions and structures committed to denigrate and depress you.

Leave the relationship

Leave the friendship

Leave the family member

Leave the job

Leave the company

Leave the specific church or ministry and find another.

Even leave social media pages if you must.

Cuz it's making you sick. The unhealthy habits you have aren't all your fault, sis. Some of us have stress related to people and places who hurt more than help.

Be set freeeee!!

### Post 3/3

And then to my fellow co-laborers in ministry ...

Listen to what your body is telling you, doc.

Stop pushing yourself to preach when you're feeling tired and get one of your elders to do it because ... smh

Regardless of what caused my condition (we don't know for certain)

My heart literally said NO MORE!!! I'm done.

I'm exhausted keeping you alive in an unhealthy approach to ministry.

So yea.

I can't wait to preach again.

I can't wait to teach again.

I can't wait to sing again.

I can't wait to dance again.

I can't wait to run after my nephews again.

I missssssssssss itttttt.

But the couple times I've done anything has left me exhausted.

So.

Despite what the spiritually deep people will say, let's cancel living and ministering while sick and tired just so Jesus can carry us and get the glory.

Been there. Done that. ZERO stars. Do not recommend.

Grateful for being kept thus far but no thanks.

I want God to get the glory out of a healthy, joy-filled life and ministry going forward for a change.

You feel me?

Until then.

I will rest and heal.

I will grieve and lament.

I will love and live.

Without apology.

Thank God for his grace. Thank God for his mercy. And thank God for the power of his healing love.

Keep me lifted.

"And I will not keep silent

I will always worship you.

As long as I am breathing,

I will always worship you ..."

Kimberly Bulgin is associate pastor at the Park Hill Church in Colorado.





# Park Hill Church Utilizes Mission Impact Funding

The Denver Park Hill Church was blessed to receive a Mission Impact Fund grant from the General Conference for 2023-2024. The church was one of 19 grantees selected worldwide. Our goal is to be a “Light on a Hill” to our community with health as the principal tenet and entering evangelistic opportunity.

In 2021, we enlisted the aid of Percept Group, Inc., to produce a demographic analysis of a one-mile radius surrounding our church, representing 19,339 residents. Our goal was to develop a “ministry area profile” of our local community to best determine how to meet the needs of our specific population in a relevant, sustainable and effective manner to ultimately make disciples as admonished in Matt. 28:19-20.

The demographic study we commissioned also identified six primary areas of concern or need among the residents living within that one-mile

radius surrounding our church:

1. Health and Wellness
2. Crime and Safety
3. Personal Finances
4. Racism and Social Justice
5. Family Disintegration
6. Spiritual Guidance and Teaching.

In 2022 the church determined that the first step in rolling out our strategic plan was to get to know our neighbors better. To that end, Denver Park Hill held an all-day community block party themed “Getting to Know You” last August. The block party addressed each of the identified areas of concerns or need in a collective way.

Our four objectives in hosting this event were to: maintain missional stewardship of our surrounding community, help create a healthier community by resourcing their predetermined needs, develop a database of community members to keep them apprised of ongoing church-sponsored activities, and foster

continuing relationships with our neighbors and friends that could potentially open doors to extend the gospel invitation.

With the Mission Impact Fund granted in 2023 we will continue our outreach entitled “Healthy Community” on Aug. 6. The theme encompasses resources for physical, mental, financial and, most importantly, spiritual health.

This year, Denver Park Hill will partner with hospitals and the Rocky Mountain Lifestyle Center utilizing NEWSTART (Nutrition, Exercise, Water, Sunshine, Temperance, Air, Relaxation and Trust) as the foundational components of the health fair. Various tents will house information, food, activities and health assessments related to the NEWSTART program.

In addition there will be a farmer’s

market, entertainment, Jovial Gardens (a nonprofit group that teaches participants how to easily plant a garden in their yard for a sustainable food source), educational and fun activities for children, job fair, college/vocational school fair, gang violence information, Jayden’s Place (an organization that provides a safe place for youth), free food and much more. City officials, police and firefighters for the Park Hill community have been invited to attend.

Please pray for the members of the Denver Park Hill Church as we reach out to our community in love through the power of the Holy Spirit.

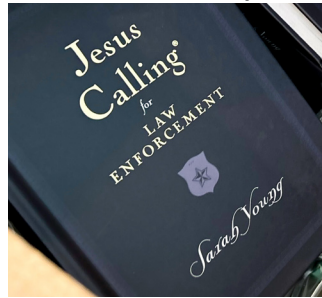
Deborah Jackson is a member of the Park Hill Church in Denver, Colorado.



Photos Courtesy Central States Conference

# Watertown Church Shows Appreciation for Local Police

Photos: Jan Rickard



In honor of National Law Enforcement Appreciation Day, church leaders hosted an event and gave 60 copies of a special devotional book to local officers.

With Jan. 9 being National Law Enforcement Appreciation Day, the Watertown Church wanted to let their local law enforcement officers know how much the church members appreciated them.

They did this in a couple of ways. The first was by placing a large vinyl banner in the front yard of the church saying, “Thank you to the men and women in Blue.”

Secondly, parishioners invited the police chief and

his assistant, and any other officers who were able to come, to their church service on Jan. 7. During the service, a couple members of the congregation shared their testimony of thankfulness in specific situations for local police officers.

**Assistant Police Chief Ryan Remmers** shared how he became an officer of the

law and what it means to him. Being in the church was a particularly special opportunity for Officer Remmers as he had attended church in this building for 20 years prior to the Adventists purchasing it.

A plaque was presented to him on behalf of the Watertown Police Department that read,

## DAKOTA CAMPMEETING

May 31 - June 3, 2023

Revive Us  
AGAIN

Speakers: Craig Carr, Esther Knott, Bradford Newton, Tim Roosenburg  
Musical Guest: Hugo Yin

## New Member Shares Testimony of Finding Freedom

“In recognition of Law Enforcement Appreciation Day, the Watertown Seventh-day Adventist Church presents this award to the Watertown Police Department in appreciation for their dedication to our community. In an often thankless job, where going above and beyond the call of duty is the norm, please know that we recognize and appreciate your hard work and sacrifice. Your friends at the Watertown Seventh-day Adventist Church pray for you.”

In addition to the plaque, 60 hardcover devotional books, *Jesus Calling for Law Enforcement*, were given to the department—enough for each officer to have one.

At the fellowship dinner afterward, members each had an opportunity to express their appreciation in person. It was a special day, and in addition to the prayers for the safety of each officer, the church members’ prayer for each of them and their family members is to find the devotionals a blessing. They hope the book will show God’s infinite love for them personally and find them in the kingdom when He returns.

Darla Anderson is head elder of the Watertown Adventist Church in South Dakota.

**O**n Sept. 10, 2022, **Pastor Mike Temple** baptized **Linda Edwards** in the Grand Forks Seventh-day Adventist Church. Just prior to her immersion, Linda read her story from the baptismal tank. Below is her testimony.

**Testimonial:** a statement recommending a person or thing. And yes, I recommend Jesus.

You know, as a kid I went to a few religion classes, so I knew a little about God and Jesus. One evening at home the house was filled with an argument, so I went outside. I dug a cavern into a snow pile and lay there. It was peaceful, and I thought about God. But it was probably the other way around—I thought about God and became peaceful.

Things didn’t get easy, though. Separation, relocation. Honor thy father and thy mother? No.

I was angry and rebellious, and then I was assaulted. Just like an elephant that is poached and has its face cut off, I had no identity. I wasn’t dead, but I was. I was lost, hurt, grieved, confused and alone—without a face.

Then I saw a preacher on television. He preached about Jesus, and I thought I’d give it a try. So I chose a day, like I had to wait, and I said a prayer. Immediately the weight of despair lifted. But

now what?

I had a Bible, and I learned of truths, but for some reason I couldn’t quite believe, so time moved on. I thought I was good, but I still grieved, faceless. Then it became legal for me to drink alcohol, and wow! I felt happy again.

It wasn’t long before alcohol turned into bad decisions, which turned into bad decisions and then no decisions. More grief, more sorrow. More drinks, more drugs.

Years went by. More drinks, more drugs, much sorrow. I was pretty much drinking every day. I could have easily thrown up even before I went out for the evening, that’s how sick of it I was. But still, I went out and drank some more. I now realize I was a slave to sin.

I spent 20 years of sinking, wallowing in muck and mire. But God is true. Hallelujah! Looking back, I now recognize some of the promptings of the Holy Spirit that led me to stop smoking, stop drinking, stop drugs and start caring.

I started to see myself again, and then I remembered God. I wanted to get to know Him. I began going to church. First one church, then another.

It was good. It felt like I was where I needed to be. Parts of the service made me uncomfortable, and there was

Leanne Erickson



a lot I didn’t understand, but I felt good.

And then I relocated. The pastor recommended a church to attend, but after the move I wasn’t sure I wanted to stay in that denomination.

One day I was driving home listening to the radio, and the songs were all about Jesus. I understood God, but I didn’t understand Jesus, so I said a prayer, and wow! God is true. Hallelujah!

I happened upon 3ABN and the Adventist Church. Then someone handed me a book, *The Desire of Ages*. I got to know Jesus, which sealed the deal for me, and now I’m home.

Linda Edwards is a member of the Grand Forks Seventh-day Adventist Church in North Dakota.

# Columbia Church Holds Groundbreaking Ceremony

The Columbia Church family celebrated another milestone last February in “finding more space.” Pastor Hiram Rester, members of the Building Committee and leadership from the Iowa-Missouri Conference broke ground for an addition to the church building. As shovels of sod and soil moved, there were cheers of praise from members, including seventh and eighth grade students from College Park Christian Academy. A reception of tasty and beautifully displayed treats followed in the church basement.

“Space challenges,” “space allocation,” “space limitations,” “multi-use,” “crowded” or other similar phrases have been common for a while in discussions when the Church Board determines use of church facilities. It is a good problem to experience. Currently there is a Swahili-speaking group, a Spanish-speaking group, and an English-speaking group meeting at the same time Sabbath mornings to worship in different parts of the church-school campus. Sabbath school classes, fellowship meals and Mid-week Refresh classes have found it necessary to move locations as needs change.

A renewed desire to find a solution to the need for space to use in ministering to the members and community has kept the



Photos Courtesy Iowa-Missouri Conference

Building Committee working. The architect completed drawings for a two-story edition that moves a prominent main entrance of the church to what is currently closest to the parking area. This is where most people who attend enter the building.

The plans also increase the sanctuary setting by 60 seats to 299, reverses the front of the sanctuary to what is now the back, includes a spacious foyer, additional classrooms, and elevator access for those who find steps a barrier. The city approved the architect plans and the church in business meeting voted to proceed with building the addition.

The gifts for the addition have demonstrated support for the project. It was announced during the groundbreaking service that



(top, l-r) Nathan Crouch, Marc Bales, Phil Figueiredo, Pastor Hiram Rester, Rob Alfalah (executive secretary of the Iowa-Missouri Conference), Joe Parmele, Dr. Sid Christiansen

(bottom) Pat Parmele prepares for the reception.

over \$750,000 is currently on hand for the project. This support of the Columbia Church has been a blessing to the congregation at each phase of the church

development. Truly it is heartening to see “what God has done.”

Dora Hallock is communication leader for the Columbia Church in Missouri.

# IOWA-MISSOURI CONFERENCE

## CAMP MEETING

JUNE 6-10, 2023

## SUNNYDALE ADVENTIST ACADEMY

# IGNITE

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**JOSEPH IKNER II,**  
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**RON HALVORSEN JR.,**  
SENIOR PASTOR,  
NORTH CASCADE  
CHURCH,  
WASHINGTON  
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TO REGISTER



## Enterprise and Salina Churches Host Marriage Retreat

A marriage retreat hosted by the Enterprise and Salina district in Kansas took place Feb. 17-18. **Pastor Michael Halfhill**, lead pastor of the Piedmont Park Church in Lincoln, Nebraska, was the guest presenter. The retreat drew about 15 couples, as well as singles and young people interested in improving their relationships.

Pastor Halfhill proved to be a dynamic and engaging speaker who was able to connect with those in attendance. He tailored his presentations to be relevant to everyone, regardless of age, background

or relationship status. During the retreat, he covered a wide range of topics including communication, conflict resolution, finances, relationship roles and intimacy. His insightful and practical advice was well received, and many attendees commented on how helpful they found his presentations.

The retreat concluded with a recommitment ceremony and a special dinner for all attendees. The ceremony was a touching moment for couples to reaffirm their commitment to one another, and the dinner provided an

Keith Acker



opportunity for everyone to socialize and share their experiences from the retreat.

The Enterprise and Salina district marriage retreat provided a safe and supportive environment for couples to come together, learn from each other and strengthen

their relationships. The event was a testament to the importance of investing time and effort in relationships and the positive impact that doing so can have on our lives.

.....  
Saul Dominguez is communication director for the Kansas-Nebraska Conference.

## Tim Osborn Ordained to the Gospel Ministry

**Tim Osborn** was ordained to the gospel ministry on March 11, 2023 at the Kearney Church in Nebraska. Osborn, along with his wife **Brittany** and son **Noah**, serves as the pastor of the Kearney, Holdrege, Broken Bow and Beaver City churches.

Osborn's ordination sermon was given by **Virgil Covel**, ministerial director for the Kansas-Nebraska Conference and the pastoral charge was given by **Mel Santos**, vice president for administration. The ordination was very well represented by the entire church district, and all were greatly encouraged by the ordination.

Osborn felt Christ leading him to full-time ministry at 13 years old while growing up in central Nebraska. Understanding what this

means has been an incredible learning experience. A mission trip to India during high school instilled within his heart a passion for missions. After attending Union College and Andrews Theological Seminary, Osborn spent two years as a Bible teacher and school chaplain in Macau, China.

Osborn also developed an interest in leading and equipping small churches for growth. After two years in China, he felt God was calling him back to the states for pastoral work. He spent the next six years pastoring in upstate New York. He enjoyed pastoring the rural mountain churches and enjoyed hiking and other outdoor activities in his free time.

It was in New York that Osborn met the love of

his life. It became evident right away that she was also passionate about serving God. They were married in October 2019. Brittany has been a tremendous blessing as a partner in ministry and the home. The Osborns enjoy playing music together and exploring the great outdoors in their free time.

.....  
Saul Dominguez is communication director for the Kansas-Nebraska Conference



Photos Courtesy: Kansas-Nebraska Conference



# Carl Goff Ordained in Chanute, Kansas

Photos Courtesy: Kansas-Nebraska Conference



**C**arl Goff was ordained to the gospel ministry on Feb. 25 in Chanute, Kansas. Goff, along with his wife and ministry partner **Debbie**, is currently serving as the pastor of Chanute, Fort Scott, Iola and Thayer churches.

There was strong representation from the entire district of churches as all were gathered in support of their newly ordained pastor. The ordination sermon was given by **Ron Carlson**, president of the Kansas-Nebraska

Conference, and the pastoral charge was given by **Mel Santo**, vice president for administration.

Goff grew up in the small town of Easton, Kansas. As a child, he attended a Sunday church where his grandfather was the pastor. He has fond memories of his grandfather preaching. Goff would think, *I want to be a pastor someday.*

After high school, Goff worked as a machine operator at Hallmark Cards for seven years. One of his

passions was being a volunteer firefighter for the Easton Township Fire Department.

Goff first heard about the Adventist message when he met his future wife, Debbie, at Kansas City Community College in January 1987. Both were enrolled in the Emergency Medical Technician course.

In 1987 Goff left Hallmark Cards and began a 25-year career with Leavenworth County EMS. He served as a paramedic and assistant chief of fire ground operations for the fire department and then as shift captain for Leavenworth County EMS.

Carl and Debbie were

married on Oct. 14, 1989. They raised six children: **Donald, Diana, Dana, Ladonna, David and Aaron.** They have also raised four grandchildren: **Taylor, David, Dustin and Cayden.** They have one great-grandson, **Liam.**

Debbie was an Adventist for several years. Her father, grandfather and grandmother were also Adventists. She prayed for many years that Carl would become an Adventist. Finally, in September 2011, he began attending church and immediately desired to work for the Lord.

Goff served as head elder for the Leavenworth Church for many years, then decided to pursue a degree in religion. He received his bachelor of arts in Theology at Southwestern Adventist University in Keene, Texas.

He served as a student pastor in Desoto and Corsicana, Texas, for two years. He also served as a missionary in Cali Columbia, South America. Carl completed his master of arts in Pastoral Ministry from Andrews University in December 2021. Goff and Debbie continue to be passionate about doing God's work and plan to serve as a pastoral team for many years.



Pastor Carl Goff and his wife Debbie serve the Chanute, Fort Scott, Iola and Thayer churches in southeastern Kansas.

Saul Dominguez is communication director for the Kansas-Nebraska Conference.

# Jeff Scoggins to Serve as Minnesota Conference President

On Tuesday, Feb. 28, Minnesota Conference leadership learned that **Pastor Jeff Scoggins** accepted



Courtesy Jeff Scoggins

the call to serve as president of the Minnesota Conference of Seventh-day Adventists. The Conference Board of Trustees and Conference Nominating Committee met on Sunday prior, led by Mid-America Union president **Gary Thurber**, to find an administrator for the conference. “We are excited to have Jeff Scoggins returning to the Mid-America Union as the Minnesota Conference President,” said Thurber. “He brings with him a global perspective that will aid in reaching our diverse population and a connection to the Midwest that will allow him to reach those who have called Minnesota home for generations.”

Jeff Scoggins, who

currently serves as the planning director for Global Mission at the General Conference, said of the call, “We have been surprised by the invitation and humbled by the trust being placed in us by the people of Minnesota. We are looking forward to coming back and ask for everyone’s patience and prayers as we try to wrap up our work here and make this complicated transition over the coming months.” Scoggins will officially start as president on June 1, with his physical transition to take place sometime in the weeks following.

Currently, Scoggins oversees strategic planning for Global Mission initiatives around the world. Prior to

his current assignment, he served as a pastor for 12 years in Minnesota. During that time, he earned his M.A. in Pastoral Ministry from Andrews University. He is the author of several books to help ordinary people with their Bible study.

Jeff is married to **Rebecca (Lane) Scoggins**. They have two boys, **David** (19) and **Erik** (16).

Please pray for Elder Scoggins and his family, and for the Minnesota Conference, as we look forward to this next chapter.

Savannah Carlson is director of communication for the Minnesota Conference.

## MN Camp Meeting June 6–10, 2023

On the campus of Maplewood Academy, Hutchinson, Mn

Presenting Shawn Boonstra | Register at [campmeeting.mnsda.com](http://campmeeting.mnsda.com)

“But as it is written: “Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him.”

2 Corinthians 2:9 NKJV



Seventh-day  
Adventist Church

MINNESOTA CONFERENCE



# Minnesota Welcomes Six Newly Hired Pastors

## Gabriel Gutierrez Jr.

is the new senior pastor of the Minnetonka Church. Pastor Gabriel has been a pastor in the Greater New York Conference, the Rocky Mountain Conference and is coming to us from the Northern California Conference where he has been the pastor for the Antioch Church. Much of Gabriel's ministry centers on family, which is his greatest passion in God's work. Gabriel and **Rachel** have been married for 10 years and have two children. Their son **Avraham** is four, and their daughter **Noa** just turned two. Rachel also works for the North American Division Jewish Ministries, where she is marketing director. Pastor Gabriel and Rachel are thrilled to move to Minnesota and lay down roots here with their children.



**Marion Miller** is the new pastor of the Detroit Lakes district, which includes Detroit Lakes, Moorhead and Fergus Falls. Pastor Miller came to Christ along with his twin brother **Murray** while they were both troubled youth in jail. Having read the book *Three Hours to Live*, Pastor Marion decided to turn his life over to God in a desperate prayer. God amazingly answered that prayer and ultimately led both him and his brother into pastoral ministry. Pastor Marion loves to tell everyone his testimony and share Jesus with others. He comes to the Minnesota Conference having served in the Dakota, Oregon and Carolina conferences. He and his wife **Elva** have two teenage children, **Caleb** and **Candace**.



Photos Courtesy Minnesota Conference

**Edwar Ariza** is the new pastor of the South Saint Paul Hispanic District, which includes the South St. Paul, Maplewood and East Side churches and the most recent addition, the Apple Valley church plant. Pastor Ariza has served in ministry for more than 14 years and is an ordained minister. He came from El Alto Magdalena Conference where he has served as a district pastor and departmental leader for evangelism and church ministries. Together with his wife **Marly** and his three children, **Daniela**, **Daniel**, and **Jose**, they form a ministry team that serves the church through music and church ministries for effective service.



**Daniel Borja** is the new pastor of the Minneapolis Hispanic district which includes the Minneapolis, Northeast, Northwest Metro and Hopkins churches and the Brooklyn Center church plant. Pastor Borja has served in pastoral ministry for more than 12 years and is an ordained minister. He came from the Colombian Islands Mission where he served as San Andres North district pastor and as youth, evangelism and communication departmental coordinator. Together with his wife **Joyce** and his two children, **Gabriel** and **Alai Daniela**, he forms a strong ministry that inspires members to serve in all areas and capacities.



## Alexander (Sasha)

**Bolotnikov** is the new pastor for the newly formed district of Pathways and The Edge churches. He comes to us from the Oregon Conference with over 20 years of experience, where he pastored two churches. He currently also works for NAD Jewish Ministries and has produced many documentaries about Israel for Hope Channel and 3ABN. He is an accomplished author, public speaker and TV program director, and is fluent in Hebrew, Russian, Ukrainian and English. We welcome Pastor Sasha, his wife **Irena**, and their 10-year-old son **Jacob**.



**Paul Nguyen** is the new pastor for the St. Paul district, which includes St. Paul First, St. Paul Eastside and Stillwater churches. Pastor Nguyen came to us from Texas, where he was an associate pastor and chaplain for over 20 years. He loves to do visitations and feels it is vital to ministry. Pastor Nguyen and his wife **Cathy** have two children: **Tiffany** is 14 and **Natalie** is 10.



Minnesota is so excited to have these talented and spirit-filled pastors and we can't wait to see where God leads!

Karen Lewis is ministerial director of the Minnesota Conference.

## MHA Hosts First Middle School Robotics Tournament

The Mile High Academy gym came alive on Feb. 12 for the first annual Adventist Robotics and FIRST Lego League Superpowered Robotics Tournament. Adventist Robotics was founded in 2004 and operates the FIRST robotics tournaments and STEM engagements for Pre-K through 12th grade students across the country.

In the weeks leading up to the tournament, students were encouraged to design, build and code a LEGO robot that would navigate through missions and innovative solutions to real-world problems. Teams were given two-and-a-half minutes to complete missions with their robot. Not only was it a challenge to get the robot to complete the mission, but it was a huge opportunity for the teams to showcase their teamwork.

“To get through robotics, you need to learn from your mistakes, use teamwork and stay positive” said **Natalie**, an HMS Richards Adventist School student.

The day started at 7:30 am with check-in, coaches’ meetings and time for each team to prepare for the competition. The teams went before a panel of three judges



to introduce their robot and present solutions on a problem they were tasked to solve in relation to energy production and storage.

“My favorite part [of the tournament] was presenting the innovation project to the judges,” said **Josh**, an MHA seventh grader.

Sponsored by the Mid-America Union Conference, Rocky Mountain Conference and Mile High Academy, four teams from Brighton Adventist Academy, HMS Richards Adventist School, and Mile High Adventist Academy participated, with the hope of winning the Champions Award and an invitation to the Adventist Robotics championship in Orlando, Florida, later this year.

Awards were given in five categories, as follows:

1. Core Values Award: MHA Team A

2. Innovation Project Award: HMS Richards Adventist School
3. Robot Performance Award: MHA Team A
4. Robot Design Award: Brighton Adventist Academy
5. Champions Award and Invitation to Adventist Robotics Competition: MHA Team B

Even though Brighton didn’t receive the Champions Award, seventh grader **Fidel** reflected, “I was excited for the event. It was definitely a learning experience for next time and what we will improve upon the second time around. It was a great experience for everyone, and the teams helped each other now and then. We were proud of our accomplishments.”

**Mel Wade**, director of Adventist Robotics and technology coordinator for

the Florida Conference, worked directly with MHA in the months leading up to the tournament and attended the event as well. His role at Adventist Robotics is invaluable as he shares his knowledge and oversees robotics tournaments across the United States.

“I was so impressed by the collaboration and spirit of each team,” said **Diane Harris**, RMC director of education. “The staff and volunteers that came out to support their schools speaks to the beauty of the Rocky Mountain Conference. A special thank you to Mr. Wade and his dedication to making robotics tournaments happen in our Adventist schools.”

MHANews with RMCNews



View the robotics tournament at [milehighacademy.org/msrobotics](https://milehighacademy.org/msrobotics). For more information about Adventist Robotics, visit [adventistrobotics.net](https://adventistrobotics.net).

Photos Courtesy Rocky Mountain Conference



## Young Adults Lead Congregational Dialogue at Cedaredge Church

When the church gathers on Sabbath morning, you never know who may be listening. Not all the listeners are inside the building if the worship service is being streamed online.

Rachel Williams, a Gen Z young adult and a leader in the Cedaredge Adventist Church, looked into the faces of the worshippers as she began her Feb. 18 sermon titled “Preparing, Not Fearing.” She could see that they related as she shared questions she had from her own experiences, and answers she had discovered in God’s Word.

Williams identified fear as

something resulting from life’s “rough patches” and “everyday problems” as well as concerns about a future “time of trouble.” She said we must not minimize trouble, but face it with the faith of Jesus.

At Williams’ invitation, the sermon took the form of a dialogue. She asked the congregation to respond to two questions in turn. First, *The faith of Jesus, what does it look like to you?* And then, more personally, *What does you having the faith of Jesus look like?*

One church member’s Millennial grandson from out of town told his grandfather

Rachel Williams preaches at the Cedaredge Church in Colorado.

Steve Schwarz



that he enjoyed the interactive discussion. And he confided that it could be applied in his own life.

After church, one Boomer said the sermon was “a home run!” And a Gen-Xer agreed.

As the congregational dialogue was going on, another Millennial slipped into a pew. The highlight, among highlights of worship, was when he said he had been watching online and had come to join

the conversation. He stayed for lunch.

Williams believes that churches, no matter how small, need to consider putting their services online because you don’t know who is watching. Or might show up.

Steve Schwarz is pastor of the Delta and Cedaredge churches in Colorado.

## Teacher Moves from Life-threatening Moments to Victory

Annette Treat, head teacher at SonShine Academy in Worland, Wyoming, learned firsthand how close God is to her and to her school.

In July of 2022, Treat went to the hospital to have routine surgery performed. Unbeknownst to Treat or her surgeon, a hole formed in her small intestine during her simple procedure and she began to get sick. Over the next few days, sepsis filled her body and her organs started

shutting down.

She was flown by helicopter to a hospital in Billings, Montana, where she underwent a second surgery. There, they discovered the hole in her small intestine and repaired it, but the damage had been done. She would require two more surgeries to clean out the infection, and doctors recommended she be put in a medically-induced coma for eight days.

As Treat endured the surgeries and the uncertainty of the future, she knew God was

with her. “Some of the most precious times I have ever spent with Jesus were during the weeks following the coma,” she says. “Jesus was close to me and real to me, every day and night. I was never afraid, and I never felt alone. I saw Jesus’ face. He was always smiling lovingly at me.”

As Treat was fighting for her life, her church and school board began formulating a plan for the school year. They stepped out in faith, knowing God would provide the people and the plan to move forward. Through prayer and cooperation, volunteers and subs filled in where needed and made it possible for the school to continue to operate.

The healing process has

not been easy for Treat, but after four months of physical therapy, she gained back her strength and is walking and doing exercises on her own.

In January 2023, Treat was able to return to her classroom. “It feels absolutely lovely to be back in the classroom!” she says. “The school board and my substitutes did such an amazing job of holding down the fort while I was gone.”

Treat knows firsthand that with God all things are possible, no matter how scary or intimidating they may sound. “If God is with you, who can be against you?”

Stephanie Gottfried is the RMC education administrative assistant.

Read the full story at [outlookmag.org/annette-treat](https://outlookmag.org/annette-treat).



Courtesy Annette Treat

Annette Treat, head teacher at SonShine Academy in Worland, Wyoming, shares a beautiful moment with her husband.

# Like Mother, Like Daughter

## Sisters inspired by Mom to pursue nursing careers



At a young age, **Angie Crabtree** knew she wanted to be a nurse. Her mom, **Marcia**, was a labor and delivery nurse at AdventHealth Shawnee Mission Birth Center in Kansas. Crabtree remembers visiting her mom at the hospital as a young girl, eating in the cafeteria and attending hospital-sponsored family events. What she didn't know at the time was how closely their careers would mirror each other.

Crabtree and her sisters, **Jamie Hoelting** and **Melissa Vincent**, decided to study nursing. Crabtree and Hoelting worked as information associates at AdventHealth Shawnee Mission to pay for their nursing studies. After finishing, they became nurses in the

same birth center where their mother worked during their childhood.

Crabtree has now been a nurse in the neonatal intensive care unit for more than 20 years and is a charge nurse in that unit. Hoelting worked in the mother baby unit for 16 years before moving to the gastrointestinal unit recently. Like their mother, both women also gave birth to their children at AdventHealth Shawnee Mission.

"I guess my mom made this place look pretty amazing," said Crabtree. "She retired in July 2021 after 49 years as a nurse, but she always felt cared for at AdventHealth and I feel the same. The birth center and team members who worked there became a family for me from the very beginning. I

Angie Crabtree (left) and Jamie Hoelting (middle) with their mother, Marcia.

feel like I grew up here. It's home away from home for us, and I want to help others feel that way too."

Crabtree admits that her inspiration to become a nurse came primarily from her mother. During her childhood, she recalls how she and her mom would see former patients in the grocery store. People would stop and tell her mom how amazing she was and thank her for helping them.

"I was always so proud of how hard she worked and the difference she made for others," said Crabtree. "I wanted to be like her and make a positive impact on others. However, I wasn't sure I was qualified to be a nurse. At first, I was scared of our tiny patients when working as an IA, but I am so grateful I challenged myself and found my calling just like my mom."

Crabtree has never regretted her choice to be a NICU nurse. She has the privilege of being there when babies are born and helping them transition to life outside their mother's womb. She also bonds with families who spend months in the NICU and watch parents take their babies home after overcoming many obstacles.

"Going to the NICU is scary," said Crabtree. "No one decides to have a baby and plans on being in the NICU. I love being there to welcome parents and explain what we are doing to help their little one."

Crabtree's favorite part of her job is when families come back to visit years later. "We get to see babies, toddlers and preschoolers growing and thriving," said Crabtree. "That's when you feel all the love. It's an amazing feeling to know you had a hand in helping that child and their family."

For those considering a career in nursing, Crabtree suggests taking the time to find your passion. If you are passionate about your work, it doesn't feel like work.

"I am so grateful to have a career that I love," said Crabtree. "Some days are stressful, but I get to help tiny humans thrive and teach families to care for their little miracles. It's amazing work."

Jackie Woods is a freelance writer and project manager for AdventHealth in Kansas City.



Learn more about a nursing career at AdventHealth in Kansas by visiting **JoinAdventHealth-KC.com**.

# Never Too Late to Chase the Career You Want

## Overcoming obstacles and taking advantage of second chances



Andy Shaw

School never came easy for **Tera Khazanov**, an operating room registered nurse resident at Porter Adventist Hospital in Denver, Colorado. Beginning in elementary school, she noticed she struggled keeping up with her peers when it came to schoolwork.

“It was a consistent fight keeping up with the norm. I was always needing additional help from teachers and tutors, and I was spending more time on coursework than my classmates,” said Khazanov. “If it took the average student one hour to do an assignment, it typically took me two.”

These learning difficulties followed Khazanov through middle and high school and continued as she prepared to attend college.

“My high school really didn’t prepare students for

options outside of going to college. There was no discussion of any other path I could take. I did end up going to a few different colleges, including a large state school, and ended up struggling at all of them to the point I was failing many of my classes,” Khazanov said.

She always thought she might have an impairment affecting her learning, but it wasn’t until her 20s that she received a diagnosis for attention deficit hyperactivity disorder.

“It was such a relief to have a name and diagnosis for my struggles. My doctor said I had one of the most severe cases of ADHD that he has seen come through his practice, but I was able to be prescribed medication and have been going to therapy, which has been a big help.”

Because of her challenges in school, she thought her aspiration of becoming a registered nurse was nothing more than a fantasy. It wasn’t until a chance meeting with AdventHealth University Denver faculty members that she saw pursuing her dream career as a real possibility. AHU Denver offers fully

accredited healthcare degree programs in radiography, sonography and nursing in a faith-based environment and with clinical training at world-class medical facilities throughout the Denver area.

“I’ve always been drawn to healthcare, and I’ve been in the health field for almost 20 years,” shared Khazanov. She wanted to help her community, but never imagined going far because of her struggles with school.

“I was first introduced to AHU by chance. I happened to meet some of the faculty while working, and then was invited to meet with them to discuss my interests. During that meeting I learned that AdventHealth University was a faith-based school that focuses on smaller class sizes and providing resources for student success.”

With the small class sizes, engaged professors and frequent check-ins that staff had with students, AHU seemed like a much better environment for Khazanov to succeed, and she began taking courses toward her bachelor’s degree in nursing in December 2019. In addition to small student-to-faculty

ratios, AHU Denver provides and encourages free online and on-site tutoring with instructors.

“At my other colleges, I felt like I was a number and that my presence there wasn’t significant. I truly felt valued at AHU and was given numerous resources to help me do well,” Khazanov said. “I don’t want to make it seem like this was suddenly easy for me. It was extremely challenging, but having those resources available to me helped guide me to graduate and then to pass my state board exam.”

Now, after earning her nursing degree in 2022 at age 41, Khazanov is completing her residency at Porter Adventist Hospital, a long-time dream come true.

“It’s been a very exciting experience so far. I’m still glowing off the fact that I’m finally an RN,” she said. “For anyone who feels like they are going down the same path I did, my biggest piece of advice is to just keep going. It’s never too late to chase the career you want; you just have to keep going.”

Jordan Vogel is a writer for Centura Health.

Khazanov with Reynold Acosta, director of spiritual care for AdventHealth University. Acosta presents Khazanov with the Caring in Nursing award, voted on by faculty.

(far right) Khazanov with her nursing professor, Barb Chevront, during AdventHealth University’s nurse pinning ceremony inducting her into Sigma Theta Tau (nursing honor society).



Photos: AdventHealth Rocky Mountain



# FAREWELL

**Barton, Fred O.**, b. Oct. 26, 1936 in Akron, CO. d. Dec. 19, 2022 in Lone Tree, CO. Member of Denver South (CO) Church. Preceded in death by 2 sisters; 3 brothers. Survivors include wife LaVonne; daughter Peggy Gleason; sons Donald and Roger; 8 grandchildren; 8 great-grandchildren.

**Correction: Bray, Lois M. Daniels**, b. Sept. 4, 1923 in Bertha, MN. d. Feb. 26, 2023 in Lincoln, NE. Member of Thief River Falls (MN) Church. Survivors include daughters Jeri Lyn and Laura; sons Bruce and Bryce; 9 grandchildren; 14 great-grandchildren.

**Davis, Barry**, b. Sept. 29, 1949 in Philipsburg, NJ. d. March 16, 2023 in Minot, ND. Member of Minot Church. Preceded in death by wife Jill. Survivors include sons Aaron and Johnathon;

1 sister; 1 brother. Served in the U.S. Air Force for 20 years (1969-1989).

**Finch, Jean Margaret (Buckland)**, b. Dec. 9, 1948 in Liberal, KS. d. March 13, 2023 in Liberal, KS. Member of Liberal Church. Survivors include son Stephen; 1 sister; 1 brother; 2 grandchildren.

**Gray, Fred**, b. Feb. 24, 1929 in Salina, KS. d. Feb. 2, 2023 in Norfolk, NE. Member of Norfolk Church. Preceded in death by wife Joyce; 5 sisters; 3 brothers. Survivors include daughter Linda; sons Wayne and Roy; 1 brother; 3 grandchildren; 3 great-grandchildren.

**Jonietz, Lillian Shirlee (Hass)**, b. Dec. 31, 1927 in Cleveland, ND. d. March 7, 2023 in Jamestown, ND. Member of Jamestown Church. Preceded in death by 3 brothers. Survivors include

husband Kenneth; daughters Vickee Anderson and Sally Nuhsbaumer; son David; 5 grandchildren; 5 great-grandchildren.

**Correction: Malcom, Tammy Sue**, b. Jan. 18, 1963. d. Jan. 8, 2023 in Cozad, NE. Lifelong member of the Seventh-day Adventist Church. Survivors include mother Phyllis Gardner; sister Tracy Labrie.

**Miller, Roy Edward**, b. Jan. 12, 1943 in Ellendale, ND. d. March 16, 2023 in Ellendale, ND. Member of Dakota Conference Church, long-time member of Ellendale Church. Survivors include wife Virginia; daughter Kerry Hample; son Kirk; 1 sister; 2 brothers; 6 grandchildren.

**Moseley, Shirley (Teppo)**, b. Aug. 5, 1937 near Newell, SD. d. March 7, 2023 in Baker, MT. Member of Bowman

(ND) Church. Preceded in death by husband Max; 3 brothers. Survivors include daughters Maxine Rasmussen, Shirrel Moore, Tracy Teigen, and Hope; 1 sister; 1 brother; 8 grandchildren; 3 great-grandchildren.

**Schimmelpfennig, Shirley**, b. Oct. 16, 1931. d. March 24, 2023 in St. Louis, MO. Member of St. Louis Central Church. Preceded in death by husband Arthur. Survivors include daughter Donna; son Mike; 5 grandchildren.

**Wiggle, Mitzi L.**, b. Dec. 19, 1932 in Portland, OR. d. Oct. 3, 2022 in Lincoln, NE. Member of College View (NE) Church. Survivors include husband Jerry L.; daughter Annette R. Quirindongo; son Eric L.; brother William O.T. Smith; 4 grandchildren; 6 great-grandchildren.

SUNSET CALENDAR	May 2023				
	COLORADO	MAY 5	MAY 12	MAY 19	MAY 26
	Denver	7:56	8:03	8:10	8:16
	Grand Junction	8:09	8:16	8:22	8:28
	Pueblo	7:52	7:58	8:04	8:10
	IOWA				
	Davenport	8:02	8:10	8:17	8:23
	Des Moines	8:15	8:22	8:29	8:36
	Sioux City	8:28	8:36	8:43	8:50
	KANSAS				
Dodge City	8:32	8:39	8:45	8:50	
Goodland	7:42	7:49	7:56	8:02	
Topeka	8:18	8:24	8:31	8:37	
MINNESOTA					
Duluth	8:21	8:30	8:39	8:47	
International Falls	8:32	8:41	8:51	8:59	
Minneapolis	8:21	8:30	8:38	8:45	
MISSOURI					
Columbia	8:04	8:11	8:17	8:23	
Kansas City	8:13	8:20	8:26	8:32	
St. Louis	7:55	8:01	8:08	8:14	
NEBRASKA					
Lincoln	8:25	8:33	8:39	8:46	
North Platte	8:42	8:50	8:56	9:03	
Scottsbluff	7:56	8:03	8:10	8:17	
NORTH DAKOTA					
Bismarck	8:56	9:05	9:14	9:22	
Fargo	8:40	8:49	8:58	9:06	
Williston	9:11	9:21	9:30	9:38	
SOUTH DAKOTA					
Pierre	8:48	8:56	9:04	9:11	
Rapid City	7:59	8:07	8:15	8:22	
Sioux Falls	8:32	8:40	8:47	8:54	
WYOMING					
Casper	8:08	8:16	8:24	8:30	
Cheyenne	7:59	8:06	8:13	8:19	
Sheridan	8:16	8:24	8:32	8:39	
OUTLOOK	<a href="http://www.outlookmag.org">www.outlookmag.org</a>				

SUNSET CALENDAR	June 2023					
	COLORADO	JUN 2	JUN 9	JUN 16	JUN 23	JUN 30
	Denver	8:21	8:26	8:29	8:31	8:32
	Grand Junction	8:33	8:38	8:41	8:43	8:44
	Pueblo	8:15	8:20	8:23	8:25	8:25
	IOWA					
	Davenport	8:29	8:34	8:37	8:39	8:40
	Des Moines	8:41	8:46	8:50	8:52	8:52
	Sioux City	8:56	9:00	9:04	9:06	9:07
	KANSAS					
Dodge City	8:56	9:00	9:03	9:05	9:06	
Goodland	8:07	8:11	8:15	8:17	8:17	
Topeka	8:42	8:46	8:50	8:52	8:52	
MINNESOTA						
Duluth	8:54	9:00	9:04	9:06	9:06	
International Falls	9:07	9:13	9:17	9:19	9:19	
Minneapolis	8:52	8:57	9:01	9:03	9:03	
MISSOURI						
Columbia	8:28	8:33	8:36	8:38	8:38	
Kansas City	8:38	8:42	8:45	8:47	8:48	
St. Louis	8:19	8:23	8:26	8:28	8:29	
NEBRASKA						
Lincoln	8:51	8:56	8:59	9:01	9:02	
North Platte	9:09	9:13	9:17	9:19	9:19	
Scottsbluff	8:23	8:27	8:31	8:33	8:33	
NORTH DAKOTA						
Bismarck	9:29	9:34	9:39	9:41	9:41	
Fargo	9:13	9:19	9:23	9:25	9:25	
Williston	9:46	9:52	9:56	9:58	9:58	
SOUTH DAKOTA						
Pierre	9:18	9:23	9:27	9:29	9:29	
Rapid City	8:28	8:34	8:37	8:39	8:40	
Sioux Falls	9:00	9:06	9:09	9:11	9:12	
WYOMING						
Casper	8:36	8:41	8:45	8:47	8:47	
Cheyenne	8:25	8:30	8:33	8:35	8:36	
Sheridan	8:46	8:51	8:55	8:57	8:57	
OUTLOOK	<a href="http://www.outlookmag.org">www.outlookmag.org</a>					

**SERVICES**

**Earth Burger:** Adventist-owned plant-based fast food restaurant Earth Burger is now franchising. Sabbath closure is approved. All territories are currently available. For inquiries, visit [www.earthburger.com/franchise](http://www.earthburger.com/franchise).

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**Union College is building new graduate programs and is searching for candidates for the following positions:** Please view the job descriptions at [ucollege.edu/employment](http://ucollege.edu/employment) and direct any inquiries to Debbie Eno at [debbie.eno@ucollege.edu](mailto:debbie.eno@ucollege.edu). Occupational Therapy Program: Academic Fieldwork Coordinator Public Health Graduate Program: Program Director and two half-time faculty positions. Leadership Graduate Program: Program Director and one faculty position.

**EVENTS**

**Come join us for the Edgeley Seventh-day Adventist 50th Anniversary:** July 29, 2023. HEAVEN BOUND: Edgeley Adventist Church, Edgeley, ND. Sabbath school: 9:30 am. Church service: 11 am. Catered meal. Afternoon service: 2 pm.

**Oak Park Academy Alumni Weekend Sept. 22-23, 2023.** All alumni, former faculty and staff are invited to attend this special reunion weekend. The 2023 Honor Classes are: 1943, 1948, 1953, 1958, 1963, 1968, 1973, and 1978. Location: Gates Hall, 825 15th St., Nevada, IA. For more information: Allayne Petersen Martsching, 402.312.7368 or email: [allaynemartsching@gmail.com](mailto:allaynemartsching@gmail.com).

**How to submit a classified ad:**

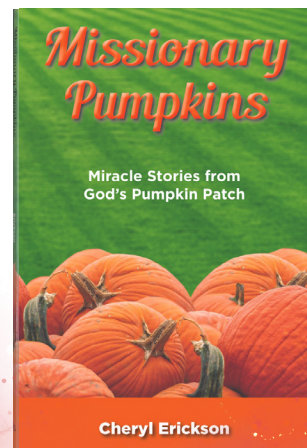
Please email information to Barb Engquist:

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— Breanna Hawk  
Communications major