RECORD

November 12, 2005

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Building ties with Mongolia



Jonathan Duffy, director of Adventist Health, checks out the National Geographic report that notes Adventists as one of the world's longest lived people groups.

Adventists are longevity "all-stars"

SYDNEY, NEW SOUTH WALES

eventh-day Adventists are not only one of three groups of people around the world with a formula for living longer, but also the only group who are maintaining this longevity edge, according to the November issue of *National Geographic* magazine.

Studies by researchers have shown that Adventists in Loma Linda, California, are "longevity all-stars" who outlive their American counterparts by about 10 years. They "produce a high rate of centenarians, suffer a fraction of the diseases that commonly kill people in other parts of the developed world, and enjoy more healthy years of life."

"We believe that Adventists have a lot of

the answers to those unanswered questions [about health and longevity], particularly in relation to diet," says Dr Terry Butler, associate director of the Adventist Health Study at Loma Linda University, California, commenting on the report. "Adventists are a unique and special group when it comes to studies of diet and disease and longevity. We believe [continuing studies of] Adventists will help answer some of those questions."

He says there is compelling evidence from Loma Linda's various studies and from other studies around the world that show the Adventist lifestyle and health focus has benefits.

(Continued on page 3)

Employment database hits thousand mark

register-

WAHROONGA, NEW SOUTH WALES

he South Pacific Division's (SPD) Adventist Employment Database, where Adventists create profiles to be searched by Adventist employers, has hit its one-thousand mark since its launch in February last year.

Christina Alba, from Hamilton, New South Wales, is the thousandth person to upload her profile on the database, used by employing entities of the Seventh-day Adventist Church such as Sanitarium, Sydney Adventist Hospital and the SPD.

"It would be great to work for an Adventist employer and be part of the body of Christ in my work," she says. "Having only been an Adventist for five years, I didn't really know what opportunities there were to work for an Adventist employer and the employment database has really opened my eyes."

An average of about 40 profiles are uploaded on the database monthly, a "very user-friendly system that is of great assistance to church members," according to Ms

Alba.
With almost 80 applicants

The SPD employment web site.

ing in October, the employment database had its highest number of profiles uploaded for this year. Leighton Cantrill, recruitment promotions officer for the SPD, Sanitarium and Sydney Adventist Hospital, says, "It is true that success breeds success. The strong growth and job placements that we have achieved this year, right across the variety of Adventist employers, have been fantastic."

Mr Cantrill believes there is "a groundswell of Adventist members who truly understand what it means to serve and the Adventist Employment Database is one way in which they can do that."—

Melody Tan

For more information on the database, as well as scholarship opportunities in 2006, visit

http://adventist.org.au/employment

Adventists recognised as longevity "all-stars"

(Continued from page 1)

Jonathan Duffy, director of Adventist Health for the South Pacific Division, echoes these thoughts. He says studies of Adventists living in other developed countries, such as Australia, who follow the same formula would show similar results. "We are not talking about genetics," he says. "This is all about holistic lifestyle choices."

National Geographic writer Dan Buettner focused on three areas well known for their centenarians: Okinawa, Japan; Sardinia, Italy; and Loma Linda, California, USA. People in these areas also suffer a fraction of the diseases and enjoy greater health.

David McLain, the photographer who worked with Buettner on the project, says, "Adventists outlive their American counterparts by about 10 years. Quite simply, the Adventists have a religion that reinforces positive, healthy behaviours."

The healthy behaviours noted in the *National Geographic* report include vegetarianism, not smoking or drinking alcohol, and having a day to worship, rest and socialise. In the other long-living communities, the emphasis placed on family and community was also seen as being vital for the social component of long life.

However, the longevity of other cultures has been declining because of the introduction of fast foods and more sedentary lifestyles. "Interestingly, the Seventh-day Adventists are the only culture of longevity that we visited who are not losing their longevity edge," says Mr McLain.—*Melody Tan/Adele Nash/Wendi Rogers/ANN/*National Geographic

More @ www.nationalgeographic.com

Cook Islander honoured

RAROTONGA, COOK ISLANDS

orma Iro, leader of the Titikaveka Dorcas Society and previous head deaconess of the Titikaveka church in Rarotonga, Cook Islands, was recently honoured by the church's women's ministries for years of service in the church and community.

"Norma is a woman who has been faithful through hardship, and one who is active and dedicated to the church and the community," says Mrs Tuakama Taivairanga,

president of the Dorcas Federation in Rarotonga and women's ministries leader for Titikaveka church.

"I have no doubt that Norma rightly qualifies for such an honour."

Mrs Iro has been the leader of the Titikaveka Dorcas Society for many years. According to Mrs Taivairanga, she has been "outstanding in welfare work. She goes out of her way to cook for and visit old people in the village. She's carrying on this work in our church with all our support."—*Melody Tan*



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Australian church building relationship with Mongolia

CABOOLTURE, QUEENSLAND

group of Australian volunteers are looking to build their relationship with church members in Mongolia by helping them own their own church building.

Cliff Morgan—director of Volunteers in Action and part of a group from the Caboolture church (Qld) that has visited the city of Bulgan, Mongolia, twice in the past two years—has taken on the project as one of faith. "It is impossible to visit impoverished areas or people without it impacting on you," he says.

Currently the 80 church members in Bulgan meet in a single room, with limited facilities and no permanent place of worship. "Bulgan's present worship facility is not conducive to church growth," comments Mr Morgan.

According to the director of the Mongolia Mission Field, Pastor Dale Tunnell, the absence of their own buildings is a great challenge to the growth of the church in Mongolia. "New laws are being passed that say religious worship should not take place in government buildings, including theatres and schools," he reports.

"These laws are said not to be discriminatory, but in fact are. It is very difficult to find a room that can hold 20 or more that is not a government building."

Mr Morgan reports that goodwill created by their visits has allowed the church group in Bulgan to purchase a block of ground for a church building. But with only a few more than 700 church members in all of

Mongolia and unemployment rates around 45 per cent, "the funds that Bulgan members could contribute to a building would be insignificant," says Mr Morgan. "The church has a building fund that is small, but growing slowly, and members are willing to help demolish the existing home on the land when that is necessary. But they need our help."

The Caboolture group are planning a return trip to Bulgan for October next year. "It is our desire to have a finished church ready for dedication then," says Mr Morgan.

Mission Mongolia has been an initiative



Currently, the 80 church members in Bulgan meet in a single room, because of government restrictions and limited financial resources.

of the Australian Union Conference (AUC) to send evangelistic teams to this central Asian country. "We continue to have a strong relationship with Mongolia," says Pastor Chester Stanley, AUC president, who visited Mongolia himself to establish the link. "Their need for church buildings is desperate. Many groups of believers have no place to worship."

Pastor Stanley sees contributing to the building of a church as the next step in the mission the AUC has adopted. "The church is growing fast, but it is fragile," says Pastor Stanley. "Church buildings will help consolidate this growth."—Nathan Brown



♦ Alyssa Karvinen, a Year 12 student at Carmel Adventist College, WA, won second prize for her painting entitled "Peace" (pictured) in the "Outside the Frame" competition open to all high schools in the south-east sector of the Perth metropolitan area. Some 26 schools submitted 90 entries. The judges felt it captured the essence of peace, as well as displaying excellent blending and painting skills. Another Year 12 student, Natasha Morisco, received a

"Highly Recommended" for her **photography** entry.—**Jan Barnett**

◆ Laura Peterson of Trinity Gardens church, SA, has received the Crichton Award from the Children's Book Council of Australia for her illustration in the pic-

ture book
Eyes in the
Night. Mrs
Peterson (pictured, left,
with the
book's author,
Jan Ramage)
used Jim and
Kendrick



Watson, also from Trinity Gardens church, as models for the characters in the book. When Mrs Peterson is not illustrating books, she works as an instructor in visual arts and design.—*GrapeVine*

◆ A group of juniors and teens from the Port Macquarie church, NSW, recently spent their school holidays conducting God Factor, an outreach program, at Bishopdale church, Christchurch, New Zealand. A total of 48, including a 15-piece junior-teen band, conducted a four-night series over two weekends. The program consisted of drama, musical items, quizzes, "face your fears" activities



and teen preachers. Juniors and teens from Bishopdale church also assisted. Prior to the event, the Christchurch teens distributed invitation cards to their friends and between the weekend meetings visited church schools and promoted the program. Attendance built up from 25 on the first night, to about 100 on the fourth night, when 28 young people gave their lives to the Lord.—Trish Campbell/Bob Donaldson

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Good history

JOHN KNIGHT, NSW

The feature story on William Miller ("Meet William Miller," Feature, October 22), a pioneer of the Adventist faith, was excellent. Many adherents, especially younger people, have probably long forgotten or never heard much about the history of the church. A regular story would be appreciated.

For those with a further interest, *Light Bearers*—a history of the Adventist Church by Schwarz and Greenleaf—traces the history and includes the amazing work of the White family and many other early workers, up to the present. At 700 pages, it is a good holiday read and available at Adventist Book Centres.

Sanitarium all-black?

HAROLD GOTTING, NT

I wish to add my support to the "Guilt by association?" letters (October 15). Sanitarium's reply, that its aim is to encourage "happy, healthy and active lives" and to "promote a healthful, active lifestyle" is contradictory, and conflicts with the principles of Jesus and the Seventh-day Adventist Church.

"Thugby," as I call it, promotes violence and self-glorification that is common in all competitive sport. I have seen enough broken and dislocated bones and injuries to support our concerns.

The general public and Seventh-day Adventists do not see the policies or agreements between Sanitarium and the All Blacks, but see only an "association" that has prompted church members to write in.

Social distraction

JOHN CUNNINGHAM, NSW

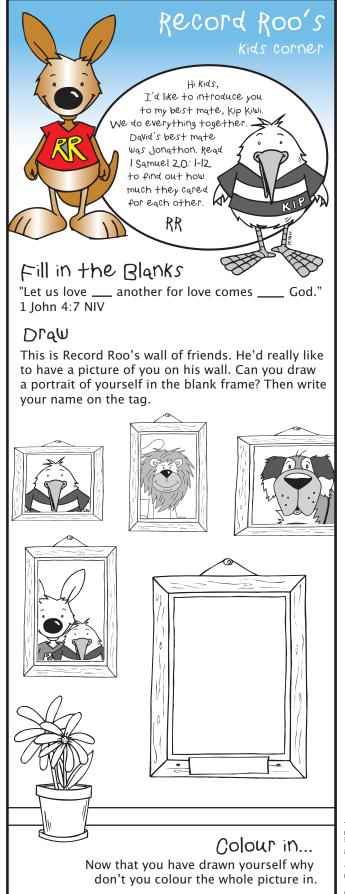
When my church speaks out on doctrinal issues it speaks for all of us. When it speaks out on social and political issues it speaks only on behalf of those members who agree with the opinions expressed (see "Symbiotic unity," Letters, September 24).

I have been angered more than once by editorials and articles in our official church publications expressing opinions with which I strongly disagree.

Social justice and political issues will always attract a variety of opinions and are therefore best left to each individual church member to express their own opinion independently of the church *if* they choose to do so.

The trend in recent years toward the development of a sociopolitical posture is a cause for concern. If we, like some other denominations, follow that road, we too will abandon our core business in favour of some social ideology.

Note: Views in Letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all letters received are published. See masthead (page 3) for contact details.



Appreciation

Moroney, Craig and Sheldon and the Ulrich and Moroney families sincerely appreciate the expressions of love, support and sympathy received following the sad loss of Kerrie, a devoted and loving wife, mother, daughter and daughter-in-law. The ongoing support of a loving church family, together with the many prayers, cards, calls and floral tributes have been a source of comfort and strength during this sad and difficult time.

Weddings

LaVersa—Saban. Cateno LaVersa, son of Modestina and Filomena LaVersa (Piazza, Arherina, Italy), and Virgenia Sacayan Saban, daughter of Domingo and Marcelina Saban (Cebu City, Philippines), were married on 24.7.05 in the Albury Adventist church.

Lawrence Landers

Sharp—Toa. Richard (Ricky), son of Peter and Anne Sharp (Qld), and Darlene Toa, daughter of Jeffery and Margaret Wells (NSW), were married on 18.9.05 in the Townsville Adventist church, Qld.

Cranville Tooley

Obituaries

Breaden, Clarice Muriel (nee Piper), born 28.12.1915 in Perth, WA; died suddenly and peacefully 23.9.05 on the Gold Coast, Qld, after taking a fall. In 1942 she married Pastor Frank Breaden, who predeceased her in 1999. She is survived by her daughters, Norelle (Perth, WA) and Heather (Gold Coast, Qld); and their families. Clarice was a committed Christian who loved her Lord dearly and longed for His soon return. Family and friends said goodbye at the Burleigh Gardens Adventist church on 30.9.05. She is sadly missed by all who loved and knew her.

Lloyd Robinson, Geoff Donovan

Carter, Marie Elva (nee Frauenfelder), born 26.2.1927 in Albury, NSW; died 22.9.05 in the Western General Hospital, Footscray, Vic. On 28.9.58 she married Peter, who predeceased her on 30.11.64. She was also predeceased by her sister, Bervl Power, on 17.8.79. She is survived by her children, Brendon (Cooranbong, NSW) and Kate Birch (Hoppers Crossing, Vic); her brothers, Keith (Cooranbong, NSW) and Neville Frauenfelder (Tongala, Vic); and her four grandchildren. Marie was a graduate of the Sydney Adventist Hospital in 1950; and the first matron of Coronella nursing home in Nunawading, Vic. She loved beauty; was content with little but gave much. She tried to be like Jesus and always relied on her God. Peter Owen

Christian, Richard Eugene, born 2.6.1915 on Pitcairn Island; died 18.9.05 in the Wyong Hospital, NSW. In 1935 he moved to New Zealand for educational advancement at Longburn College. In 1940 he married

Dorothy Coombs. Shortly after they moved to the Parramatta district, NSW, where Richard set up a joinery business and became a Master Builder. In 1983 they "retired" to Cooranbong. He is survived by his wife; his daughters, Margaret Robinson (Coffs Harbour), Marilyn Hansen (Cooranbong) and Susan Sloss (Juneau, Alaska).

Lester Hawkes, Rex Cobbin

Hughes, Glen Roydon, born 19.9.1938 in Brisbane, Old; died 20.9.05 in Sydney, NSW. Tragedy struck Glen while on holiday at Lightning Ridge, and he finally succumbed to his injuries several days after being evacuated to the burns unit of Sydney's Concord Hospital. He is survived by his wife, Helen (Nunawading, Vic); and his brothers, Keith (Cooranbong, NSW) and Derek (Yarra Junction, Vic). Glen was buried in the Lilydale Lawn Cemetery, following a service at the Nunawading church, which featured special music by the Victoria Welsh Male Choir, of which Glen was a member. Trevor Rowe, Moe Ioane

Spoor, Phyllis, born 30.12.1919 in Yorkshire, England; died 24.9.05 in the Townsville Hospital, Qld. She is survived by her children, Ane Boyland and Joyce Dever. Phyllis was a long-time member of the SDA church in Townsville, and was active in treasury work and the Sabbath school.

Cranville Toolev

Tod, Gwendoline Ann, born 12.9.1933 at Wagga Wagga, NSW; died 19.9.05 at the Adventist nursing home, Kings Langley, NSW. Gwen was baptised in 1981 by Pastor Bill Sleight. She was predeceased by her brothers and sister, Gavin, Ronald and Margaret. She never married, and is survived by her brother, Jack (ARV, Kings Langley). Robert Craig, Wal Taylor

White, Fred, born 13.9.1917 in Brandon, Qld; died 22.9.05 in the Ayr Hospital. He is survived by his wife, Nita; his children, Pastor Eric White, Barry, Glenda, Malcolm and Neil; his 12 grandchildren; and nine great-grandchildren.

Cranville Tooley

Advertisements

Note: Neither the editor, Signs Publishing Company, nor the Seventh-day Adventist Church is responsible for the quality of goods or services advertised. Publication does not indicate endorsement of a product or service. Advertisements approved by the editor will be inserted at the following rates: first 30 words or less, \$A44; each additional word, \$A2.20. For your advertisement to appear, payment must be enclosed. Classified advertisements in Record are available to Seventh-day Adventist members, churches and institutions only. See masthead (page 2) for contact details.

Volunteers. Adventist Health Association seeks expressions of interest from medical and paramedical graduates and undergraduates to serve on the yacht L'Oiseau, in the Eastern Solomon Islands Mission (see news story in RECORD dated August 13). Contact
bhands@flatrate.net.au> for details.

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For church-related employment opportunities visit the Employment section on the SPD web site <www.adventist.org.au>.



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Avondale's 24th science+ summer camp is on from Sunday, January 8-Sunday, January 15, 2006. And it is not just science! This year art and music are strongly represented in the subject list, along with many other options. Subjects that rock, heaps of fun in a Christian context, and lots of great new friends. Total cost: \$A345 residential; or \$A225 for day students only. Please contact Dr Lynden Rogers, Science Summer Camp Director for further information. Office: (02) 4980 2213; home (02) 4355 1494.

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Say congratulations with flowers! Avondale College graduation is Sunday, December 4. We have available lovely fresh flowers and would be happy to assist you. Phone Cooranbong Florist on (02) 4977 2547.

celebration—Illawarra Adventist School—December 9-11. 2005. Families and friends of IAS are invited to join us in celebrating 25 years at our Corrimal site. Weekend highlights include vespers Friday night, Sabbath school and worship service, followed by combined lunch. A dinner program is planned for Saturday night and will need to be reserved in advance. Festivities continue on Sunday with a school fete, inviting members of the community to come and join in our celebrations. Further information contact Ian or Leanne at IAS on (02) 4285 3485; or email <illsda@aspire.com.au>.

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South Bank Parklands
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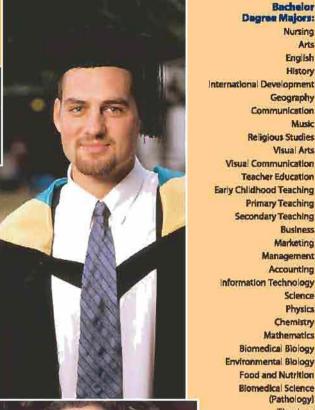
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