

MARCH 20 2010

Record™

A man with short brown hair and a light beard, wearing a dark suit jacket over a white shirt, looks directly at the camera. He is in a crowd of people, with others blurred in the background.

**THE SABBATH:
RESISTANCE**
A CALL TO BE A COMMUNITY APART

**CREATION BAN IN
ADVENTIST SCHOOLS**

**ALCOHOL VS ADVENTISM:
IS OUR TRADITIONAL STANCE
STILL VALID?**

Brighter Rays of Light

Christian Services for the Blind and Hearing Impaired provides audio books for people who cannot read normal print due to disability. We depend on church members to give generously to this special biennial offering.

Donations over \$2 are tax deductible in Australia.

The How and Why

The offering on March 27 is for Christian Services for the Blind and Hearing Impaired.

It will benefit members of any Christian church or of the community who have a reading or hearing disability. This will also assist with the conversion from analog to digital audio medium.

The offering also helps with camps for visually impaired children and teenagers. They are able to attend camps organised by conference youth departments. It is often their first introduction to the Seventh-day Adventist Church.

Please give generously to the offering on **27 March 2010**



"I just want to say thank you for making it possible for me to listen to such wonderful stories. You do a marvellous work and God bless you all." - Eleanor Andrews, a member since 1981

I'd like to contribute \$ _____ to Christian Services for the Blind and Hearing Impaired

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Working together

Pastor Pablo Lillo

Our culture is changing rapidly, and if we do not change, we will lose the ability to effectively influence for Jesus. God calls for new ways of thinking. This is true throughout the Bible and the history of the Church. While it is true that the gospel of Jesus Christ is an unchanging message, given to us by an all-powerful God, we are partners with Jesus in bringing about the kingdom of God. Let us keep on working together as one church in the South Pacific in achieving His purpose.

We've known for many years the association between regular consumption of alcohol and heart and liver disease, cancer and other health problems. Advertising and the promotion of alcohol in the media and through sports sponsorships is a major contributing factor to the ongoing alcohol problem in our communities. However, I know of many Adventists who have taken a wishy-washy stand on alcohol. Yes, many Adventist church members think it's OK to consume alcohol, whether it's over a meal or when socialising with friends. What impact will this view on alcohol consumption have on our children?

I invited Dr David Pennington, a passionate Adventist and well-known surgeon to look more closely at how alcohol (page 17) affects our health and spirituality. Nathan Brown and Samir Selmanovic in their article, "The Sabbath: Resistance", (pages 15-16) challenge our world view of the Sabbath day. They state that, "for too many of us, Sabbath has simply become a nice Adventist habit we have inherited." Something we all need to think about. Why not go to our website <www.record.net.au> and vote on our latest poll question: "How has your Sabbath observance changed over time?"

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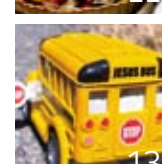
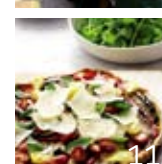
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knows
experiences
and shares
our hope in Jesus Christ!

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Children's ministries director honoured for her service

Daron Pratt—Sydney, New South Wales

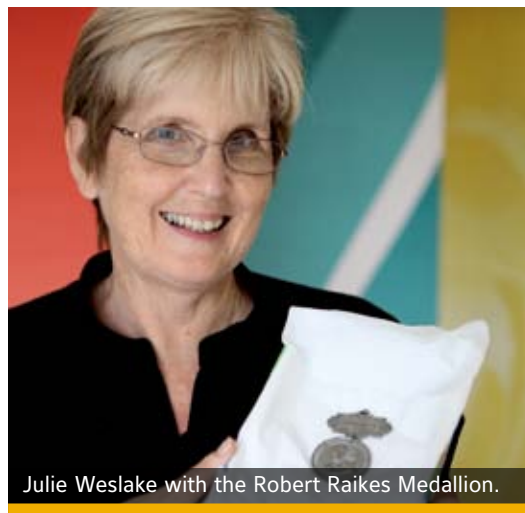
The South Pacific Division's Children's Ministries director, Julie Weslake, was recently presented with the Robert Raikes Medallion at the Kidsreach Childrens Ministries Conference, held February 20 at the Wesley Central Mission Centre in Sydney. The medal was presented by David Goodwin who is the director of Kidsreach International.

This expo was attended by children's ministries leaders and experts from churches and ministries across New South Wales. Mrs Weslake and Pastor Daron Pratt (NNSW conference Children's Ministries director) presented workshops at the conference. Mrs Weslake was recognised by her peers for her years of service, her inspiration and her vision in the area of children's ministries.

"I am thrilled to receive this award," says Mrs Weslake. "I accept it on behalf of all the people who spend an hour each week, either in Sabbath school or Sunday school, leading people to Christ."

Her passion for children's ministries began in primary Sabbath school, when, as a young junior, she would help her Mum run the various children's divisions. She has always worked with children and for children since then.

The medal she received was cast 130 years ago in 1880 to commemorate the 100 year founding of the Sunday School Movement by Robert Raikes in 1780. Robert Raikes (14 September 1736–5 April 1811) was an English philanthropist and Anglican layman, noted for his promotion of Sunday schools. Pre-dating state schooling and by 1831 educating 1,250,000 children, they are seen as the first schools of the English state school system.



Julie Weslake with the Robert Raikes Medallion.

NOW @ THEN



In 2008, there were **10,586** baptisms in the South Pacific.

In 1999, there were **22,788**.

Church company celebrates its inauguration

Tammy Zyderveld/Ross Baines—Mount Tamborine, Queensland

Pastor Neil Watts and his wife Joy welcomed the new Mount Tamborine Group into the South Queensland Conference last month. The group, formed on Mount Tamborine seven months ago with just a handful of people, has grown significantly to about 20 adults and four children.

Retired pastor, Ross Baines, and his wife, Elizabeth, were also welcomed by the group at Mount Tamborine, as this was their first Sabbath since being appointed there. "We are looking forward to the challenges that will face us to carry out God's work in this area in 2010," says Pastor Baines.

The day of inauguration was followed by the anointing of one of the group, a cancer sufferer, carried out by Pastor Ken Martin, Pastor Watts and Pastor Baines.

The new company meets in the library of St Bernards School located on Mount Tamborine on the scenic rim of the Gold Coast.



Pastor Neil Watts and his wife (left) meeting church members.

Karalundi welcomes new principal

Romela Sanggalan—Meektharra, Western Australia

Karalundi Aboriginal Education Community has welcomed its new principal, Dr Paul Buschenhofen, replacing the school's principal of three years, Anne Tonkin.

Sir Paul, as Karalundi students call him, holds a doctorate degree and has been working as Karalundi deputy principal since August 2009 to overlap with Mrs Tonkin and "learn the ropes". He has worked with indigenous children in a day school in the Northern Territory, as a principal in Thailand, associate professor in Papua New Guinea and China, and as a lecturer at Edith Cowan University, Western Australia. Dr Buschenhofen is enthusiastic about his role and aims to impart not just good education but Christian values, which, he explains, means making a difference in the lives of kids and future generations.

"Karalundi is teaching positive Christian values, this is a caring school. We will make sure that this reputation is maintained and even increased," he says.

Dr Buschenhofen was officially introduced to members of the Karalundi Executive Committee at the close of the recent Karalundi recognition weekend.

"Wherever I've been, God has led me. Wherever I've gone, God creates an opening. Karalundi is more than another door opened, it's a door where God wants me to enter and advance His work in the lives of the students and teachers." Aside from a new principal, Karalundi will also have new teachers and staff next year.

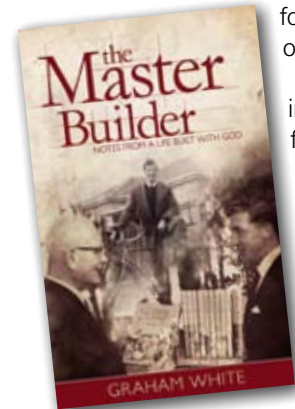


Mrs Anne Tonkin with new principal, Dr Paul Buschenhofen.

New story shares passion, skills with evangelism

Nathan Brown—Warburton, Victoria

A veteran literature evangelist, publishing leader, pastor and church planter has shared his story and passion for evangelism in a new book published by Signs Publishing Company. *The Master Builder* is Pastor Graham White's memoir but also focuses on how to share faith with those of other faiths.



The Master Builder: Notes from a Life Built With God by Graham White is available from Adventist Book Centres.

"Graham White was a specialist in reaching men and women of all faiths," says former director of Publishing Ministries for the South Pacific Division (SPD), Pastor Terry Goltz, "and he shares those bridge-building secrets that will help readers win the hearts of many people, too."

Growing up in South New Zealand, Pastor White worked throughout Australia and New Zealand, primarily as a litera-

ture evangelist but also as a leader of the church's literature evangelist teams in various regions. Now retired in Brisbane (Qld), his continuing passion to share the good news of God's love is demonstrated in the telling of his story of how God has led and blessed in his life and ministry.

"Graham's story demonstrates what God can do through an ordinary person who steps out, trusting Him," adds Pastor Kevin Geelan, associate director of Publishing Ministries for the SPD. "*The Master Builder* weaves a web of experience, anecdote and story that will enthrall you, and make you want to taste the same things in your own life. The book is written in such a way that anyone who desires to replicate Graham's skills in opening doors to people of other faiths will find an invaluable resource on how to do this in a friendly and practical way." *The Master Builder* was launched at camp meetings in Australia and New Zealand.



What does a Catholic smell like? *Monastery Greetings* knows. Distributing products made in abbeys, convents and monasteries, they've released a perfume called "Innocente". Inspired by the painting "L'Innocente" by William Adolph Bouguereau, its scent is described as lavender evolving into fresh-ironed linen.—*Monastery Greetings*



Klass Hendrikse describes himself as an "atheist pastor" who doesn't believe in a divine being. He sees God as a "quality" created through positive relationships. The Protestant Church of the Netherlands has declared that while it doesn't agree with his theology he will continue in his role.—*Ecumenical News International*



Gospel for Asia says nine months after Cyclone Aila tore through Bangladesh, more than 200,000 survivors are still homeless and bracing for the monsoon season. Low-lying areas of the country affected by the cyclone are prone to flooding on a daily basis.—*Mission News Network*



A group of traditional Anglicans in Australia has voted to accept the Pope's recent invitation to convert to full communion with the Roman Catholic Church. The Australian branch of "Forward in Faith" has set up a working group to manage the transition.—*Ecumenical News International*



After decades of spiralling divorce rates, American statistics show the trend may be turning. Figures show the divorce rate has fallen each year since 2007. Relationship counselling experts suggest the economic downturn has influenced the numbers, with couples waiting until they can afford a divorce.—*Christian Newswire*



In the lead-up to Easter, some Christians observe Lent, a period of self-denial and fasting. But in a new twist, Christians in Great Britain are being asked to consider a "carbon fast". Switching off lights, candle-lit dinners, and cutting down on electronic entertainment are among the suggestions.—*Council for World Mission*



Child traffickers are believed to be posing as missionaries in India. Traffickers approach poor families, offering to care for and educate their children in mission homes. But the children are then forced into slavery and sexual exploitation.—*Mission News Network Newswire*



Baptists in Uzbekistan are in shock after their president and treasurer were removed from their positions and fined for "unpaid taxes". State media has frequently criticised Protestant churches and authorities are cracking down on all religionists, including those of the Muslim majority.—*Forum 18*

Creation ban in Adventist schools

Kent Kingston—Adelaide, South Australia

An Adventist school in South Australia (SA) has been told by a state accreditation officer to remove a "days of creation" display from a primary classroom.

The instruction demonstrates that the SA Non-Government Schools Registration Board (NGRSB) is serious in implementing a new policy that states: "The Board does not accept as satisfactory a science curriculum in a non-government school which is based upon, espouses or reflects the literal interpretation of a religious text in its treatment of either creationism or intelligent design."

Carel Neuhoff, education director for the South Australian Conference, says there was no consultation with independent schools about this new policy; neither were they informed about its inclusion. Prescott Schools has found some support from other independent schools and Christian political lobby groups. Christian schools in other Australian states are also concerned and have identified growing opposition towards the inclusion of creation and intelligent design in the classroom.

In a meeting with Prescott Schools administrators, the SA Minister for Education, Jane Lomax-Smith, stated she supported the new policy. She also suggested that the new Australia-wide curriculum would be likely to take a similar position. The Minister indicated she will not intervene at this stage as the NGRSB functions as an independent statutory body. She recommended

Prescott Schools make submissions directly to the NGRSB.

What has not yet been tested is the impact of Australia's UN-derived human rights legislation which states: "Every child shall enjoy the right to have access to education in the matter of religion or belief in accordance with the wishes of his parents . . . and shall not be compelled to receive teaching on religion or belief against the wishes of his parents or legal guardians . . ."

Regardless of legal wrangling, the South Australian Conference and the Prescott Schools system is determined to maintain a principled approach. In an official joint statement they called for the withdrawal of the new policy and for "serious consultation with representatives of faith-based schools to address any specific concerns that the board might have in respect of the teaching of the science curriculum".

Prescott Schools say they "reserve the right to critique evolutionary theory as well as the theory of intelligent design". "We are of the opinion that this new policy is primarily about the politics of competing ideologies in science education."



New policy leaves few moves for teaching creation in science class.

Kiwis run for ADRA

Evan Frey—Auckland, New Zealand

The Adventist Development and Relief Agency (ADRA) Mission Bay Charity Run around the Auckland waterfront was threatened by forecasts of wet weather but the day saw ideal running conditions with overcast skies followed by perfect temperatures for the prize giving function. The run raised more than \$NZ65,340 for the work of ADRA New Zealand and is a result of corporate and entrant sponsorship, individual fundraising activities and on-the-day donations.

"This amount will allow ADRA to continue to provide sustainable development programs and relief from disasters both in New Zealand and overseas," says ADRA New Zealand CEO, Clinton Rappell, in his acceptance speech. "We are extremely proud of the Mission Bay Run and the organisers and we look forward to working again with our project partners in making the best use of this money which will expand to over \$NZ300,000 once the government contribution is added."

The ADRA NZ tent sported a "Vietnam" theme complete with bamboo walls and a calf that bleated almost on command, and the story told in the full-sized pictures on the inner walls graphically explained the situation in Vietnam where ADRA animal banks, horticultural workshops and sanitation programs are changing entire communities. Visitors to the tent were able to learn about real people who live in poor conditions and how ADRA is providing a better future by investing in development programs.

While accepting the cheque from run coordinator, Keryn McCutcheon, Mr Rappell emphasised that there are entire communities that will be able to shift from a state of absolute desperation into one of self-sufficiency and financial independency thanks to the projects that can be undertaken using these funds. Special awards and prizes were given for the fastest recorded times as well as top sponsorship and spot prizes.

Sanitarium Health Food Company and Life Health Food were busy all day and the restorative massage tent was well supported.



Church buildings damaged in earthquake

Felipe Lemos, Healy Mayr and Ansel Oliver—Silver Spring, Maryland, United States

"I encourage our members to pray for the people of Chile and the church members and institutions that have been affected," says Pastor Barry Oliver, president of the South Pacific Division.

An 8.8-magnitude earthquake, one of the most powerful in recorded history, shook the South American country early Sabbath morning, February 27, taking more than 790 lives and damaging public and Seventh-day Adventist Church infrastructure around the quake's epicentre.

Four church members are dead and 10 churches have been completely destroyed. Church officials reported structural damage to churches in Los Angeles, the Chile Union Mission office, located in Santiago, the South Chile Conference office, located in Temuco, and Chile Adventist University in Chillan. Fellowship halls at Adventist churches are available to the

public in need of assistance.

The Adventist Development and Relief Agency (ADRA) is coordinating with federal emergency officials to provide aid and a small crew is assisting with urban rescue efforts among collapsed buildings.

ADRA dispatched a truckload of water to the cities of Talca and Concepcion. Mattresses, blankets and other basic necessities are also being procured for distribution. ADRA International and ADRA South America have pledged an initial \$US105,000 to help in relief efforts in Chile. ADRA is accepting donations for the Chile Earthquake Response Fund at its website <www.adra.org>.

There are some 120,000 Adventist Church members in Chile, worshipping in about 600 churches and 260 organised groups.



ADRA volunteers pack boxes for families isolated by the earthquake.



USA Secretary of State Hillary Clinton and Chile's President Sebastian Pinera.



Mrs Clinton meets with Chile's ADRA director, Cristian Pincheira.



After visiting an Ugandan orphanage, Sarah Duffield wanted to make a difference. Ladies from the Brisbane Central and Yandina churches (Qld) and the Stafford Heights Baptist church helped knit 585 small, colourful vests for the babies and toddlers. —Kym Duffield, *Focus*

Church in the Fields (Macquarie Fields, Sydney) celebrated two firsts with the launch of the church as an official church company and the first baptism of eight people—seven coming from the community. Church planter Andre Afamasaga (left), together with Roger Vince, baptise Suzanne Bocking. —Intrasyd

Julia Young is the first woman to become principal in the 91 year history of Sydney Adventist College. The college commenced at Patterson Street, Concord, then relocated to Auburn, then Burwood in 1937. The school moved to the present site in Albert Road, Strathfield, in January 1953. —RECORD staff

Mamarapha College (WA) student, James Spratt, visited Cairns (Queensland) to attend an indigenous Men's Leadership course. While out walking one morning he met Australian Prime Minister Kevin Rudd who was happy to stop and chat. —NewsWest



Nick Dixon was one of 62 people from Kellyville and Parramatta churches (Sydney) who travelled to Cambodia and Thailand as part of Project 3:18. They visited communities where there has never been a doctor. —IntraSyd

East Prahan (Vic) member Mary Drost has been honoured with an Outstanding Community Service Award, and received an Order of Australia medal for her community work from Governor of Victoria, Professor David de Kretser. —IntraVic

James (pictured left with counsellor Melissa at Summer Camp at Howqua, Victoria) is from a non-Christian background, but has chosen to attend church by himself for the past three years. AUTHENTICITY is the theme for Victorian youth in 2010, launched at the GET REAL! summer camps. —IntraVic



Carmel Adventist College (WA) was successful in applying for \$A250,000 in Australian Government funding which will see 180 new student computers installed within 18 months. The school library is currently undergoing a \$A125,000 facelift thanks to the government's National Schools Pride Program. —Gavin Williams

Jim Tooley, 82, (right) is the longest attending member of the Timaru church (South NZ). Mr Tooley cuts the 55 year anniversary cake. He worked on the church's construction more than half a century ago. —Myra Laurenson

Mark Turner, pastor at Narromine and Parkes churches (south NSW) played the piper—on bagpipes—and was followed by kindergarten kids during the South New South Wales camp. The Adventist Alpine Village at Jindabyne played host to the 450 campers for more than a week. —Imprint

Clayton Trigwell teaches teen camper Sharna the essentials of staying alive while kite boarding during summer camp kite surfing day in Western Australia. —NewsWest

Ray of hope lights vision

by Jarrod Stackelroth

"The ministry of Christian Services for the Blind and Hearing Impaired (CSFBHI) is a much-valued service of the church, helping fulfil our commission to reach those with these unique needs," says Les Relihan, outgoing manager of CSFBHI. Operated under the umbrella of the South Pacific Division, CSFBHI has provided books, the Sabbath school lesson and annual week of prayer readings for those who have difficulty reading.

This year will be an exciting year for CSFBHI, as it experiences change and plans for the future to effectively reach even more people. In 2009, it was decided the Adventist Media Network (AMN) would care for CSFBHI and a new director would be appointed. The changes mean husband and wife team, Les and Irene Relihan, who have served the ministry since 2001, are stepping down from managing CSFBHI, although the couple will still be involved. They would like to thank the volunteers, the church and all those who have supported CSFBHI in offerings and donations over the years. "We are excited about the new outreach opportunities that will be presented this year," says Mr Relihan.

"In being of service to the members, we seem to have received the greater blessing. The expressions of appreciation that constantly flow in are inspiring and rewarding. Our members will not be forgotten—a Memories Album has been created including the names of those who are no longer with us," says Mrs Relihan. "Shortly before going to print we learned of the passing of Eleanor Andrews, aged 102. We honour her for her exemplary life and long-standing membership with our ministry."

"Over the years, and under the expert guidance of Les and Irene Relihan, Christian Services for the Blind and Hearing Impaired has generated considerable goodwill amongst those whom it serves," says Pastor Greg Evans, associate director of media ministries at AMN. Pastor Evans will take over management of CSFBHI.

As it stands, CSFBHI has almost 1000 audio books in its library. The library includes the Bible, Spirit of Prophecy

books, health, nature, history and biographical titles, which have been lent out to those with vision impairments since the ministry started in 1973. Recent advancement in technology has meant the cassette tape is basically obsolete so the work has begun to transfer many of the titles in the library from analogue to digital format. It is hoped this will be completed during this year. "With the introduction of new digital technology, it will not only continue to serve these people more efficiently but also add a new dimension to its service—that of evangelism to a wider group of people," says Pastor Evans. AMN will now add new books, commission new readers, maintain the personal relations with members, writing and corresponding with them, as well as updating the catalogue.

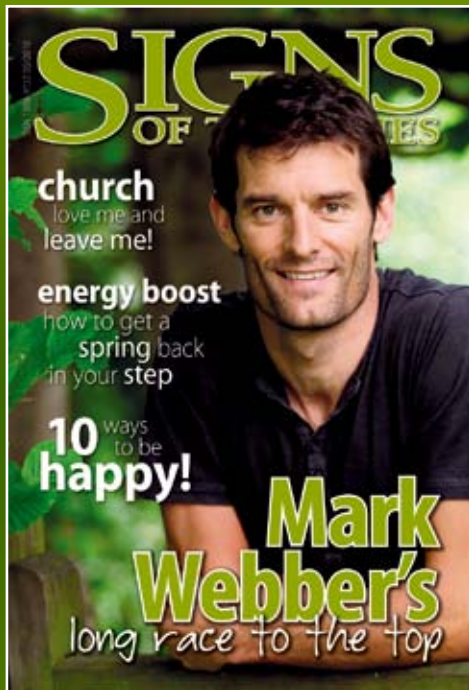
CSFBHI is also beginning a new partnership with Vision Australia Information Library Services (VAILS). This means that CSFBHI members will need to become VAILS members. All the titles in the VAILS catalogue will be available to them and they will be able to get a "DAISY player", a portable digital player. The CSFBHI titles will provide an evangelistic outreach opportunity, as they will also be available to all VAILS members. "Vision Australia, formed following the merger of the Royal Blind Society, the Royal Victorian Institute for The Blind, and others, will begin to make available our audio literature to all of its members, both Christian and non-Christian alike," says Pastor Evans. "As such, the potential of the ministry has moved up to a whole new level. These are truly exciting times for CSFBHI and the people it serves."

The CSFBHI offering next week, March 27, is an important part of this process. With the support of church members all of these conversions and upgrades will be possible.



Les and Irene Relihan.

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OPINION

Kristina Mazzaferri

Prayers of pain

A believer's desperate prayer disturbs a priest but brings blessing to God's people.

The book of Samuel, a story of the abundant growth of God's people, opens with a story of emptiness—the cry of a barren woman in prayer. Hannah prays for a child. She makes her request and dedicates her prayer's answer to God, offering her son "unto the Lord all the days of his life" (1 Samuel 10-11).

Out of a praying person's pain, God blesses. Samuel, the blessing in Hannah's life, and in the life of God's people, came in answer to years of sorrowful supplication.

At the sanctuary Hannah prays silently and desperately for a child. The High Priest mistakes her voiceless prayer for a drunk. "No my lord," she replies. "... I have drunk no wine ... but I have been pouring out my heart to God. Do not regard your servant as a worthless woman, for out of the abundance of my complaint and grief have I spoken" (1 Samuel 15-16).

Only God can determine the nature and authenticity of our prayer. Are we so committed to our order of service that we are living and worshipping in service of order? Although God ultimately brought great order to the corrupt disarray that characterised God's people in Hannah's time, it was only through the disorder of a praying person crying a lifetime's worth of pain.

Is an abundant grief driving you to tears in the sanctuary? Is God sharing a burden with you for God's people that seems so great only a drunk would take it on in prayer? How often do we only see the lips moving and do not perceive the innermost prayer of pain of a fellow pilgrim?

God does not regard us as worthless when our prayers speak out from an abundance of complaint and grief. Sometimes our only prayer has no voice. In offering this pain to God in prayer, Hannah's pain and prayer extend far beyond her own life and still speak to us now. So does God's response.

Kristina Mazzaferri is senior chaplain at the Sydney Adventist Hospital.



OPINION POLL

How has your Sabbath observance changed over time?

- I'm more careful
- I'm more relaxed
- It's about the same



Please visit record.net.au to answer this poll or email news@record.net.au. You can find the latest poll online or email suggested questions.

R HEALTH FEATURE

Can't get no satisfaction?

Satiation and satiety are both important in determining how much food we eat and our total energy intake. Satiation is the feeling of fullness we get while we are eating that signals to us it is time to stop eating. Satiety—the feeling of fullness we have for a period of time after a meal has finished—is often what determines when we next eat. Many factors can cause us to ignore these feelings of fullness, such as the availability of great tasting food, eating in social situations, boredom and hormonal cravings! But ignoring satiation and satiety and repeatedly overeating eventually results in weight gain, accompanied by associated health issues. To help in weight control it has been recommended over the years that we eat slowly to allow time for our brain to register we are getting full. The latest research from the 2009 British Nutrition Society Satiety Conference has taken a new approach—looking at satiety rather than satiation. It has suggested the key to maximising satiety is found in the kinds of food we eat. Research suggests the energy density of foods can be crucial to understanding how to eat sufficient quantities of food to feel full, but also to lower calorie intake. Energy density refers to the number of calories contained in a food divided by the serving size in grams.

It stands to reason that eating large amounts of low energy dense foods and small amounts of high energy dense foods will help us feel fuller and keep our total calorie count in check.

Energy density = number of calories/weight of serving size (grams). Very low energy density foods = less than 0.6, eg apples, broccoli, trim milk, porridge. Low energy density foods = 0.6 to 1.5, eg bananas, kumara, legumes, whole

milk. Medium energy density foods = 1.6 to 4, eg avocado, chicken, fish, cheese, bread. High energy density foods = more than 4, eg chips, chocolate, nuts. By making more of your meals from foods with very low, low or medium energy density and keeping the high density foods for occasional treats, you will maximise satiety for you and your family.

Satiety helpers; Fluids and Fibre

- Foods high in water (fruit and vegetables) or foods cooked in water such as soups, casseroles and rice have lower energy density
 - Foods rich in fibre have been linked to satiety and also tend to be lower in energy density
- So try the following satiety hints:
- Add extra fluids where possible in cooking eg an extra tin of tomatoes to pasta sauce
 - Add legumes to meals and reduce meat content
 - Drink more low energy density fluids such as herbal teas and water instead of soft drinks, juices and alcohol
 - Choose wholegrain varieties of bread, rice and pasta
 - Bulk up meals by adding extra vegetables and reducing quantities of higher energy density foods
 - Avoid or reduce salad dressings. These are high in energy but have little volume to increase satiety
 - Add extra fruit to desserts and reduce cream and icecream.

Call us for a free copy. It is full of recipes that you can enjoy with your family and friends. Also, if you would like credible and practical advice about health and nutrition contact us at the Sanitarium Nutrition Service on 1800 673 392 (in Australia) or 0800 100 257 (in New Zealand). Alternatively, you can email us at nutrition@sanitarium.com.au (Australia) or nutrition@sanitarium.co.nz (New Zealand). It's free and we'd love to hear from you.



R RECIPE

Sweet potato tart with grilled vegetables

- 2 sheets shortcrust pastry
- 200g ricotta cheese
- 1 tbsp Parmesan cheese
- 6 slices chargrilled capsicum (cut in half)
- 1/2 punnet cherry tomatoes
- 600g sweet potato cooked and mashed
- 2 tbsp low-fat cream
- 6 slices chargrilled eggplant (cut in half)
- 1/2 punnet yellow grape tomatoes

1. Place 2 sheets of shortcrust pastry overlapping slightly on the bench, lightly roll to combine joins. Spray a 24cm x 4cm tart tin and line with pastry; trim and prick the base. Cover with baking paper filled with pastry weights or rice. Cook in a moderate oven at 180°C for 15 minutes. Remove the paper and weights and bake for a further 5-10 minutes or until golden.

2. Mix ricotta, cream and Parmesan to make ricotta mix. Line the tart with sweet potato mash and ricotta mix.

3. Arrange eggplants and capsicum in a fan shape. Top with tomatoes and bake for a further 10 minutes or until heated through. Serve garnished with basil and shaved Parmesan. Serves 6.

Preparation time: 20 minutes Cooking time: 30 minutes

Tips: Crumbled feta cheese would also make a nice topping to this recipe.



Energy density: 0.85



OPENING HIS WORD

David McKibben

Inspiring words

The Bible is recognised as an outstanding literary work. However, it claims to be much more than a collection of human ideas and aspirations; rather, it asserts that its authors were inspired by God to write what they did. **Read 2 Peter 1:20, 21**

How were the Bible writers affected by their encounters with God?

These events occurred in a definite place and in a specific time-frame. For example, note the specific details of Jeremiah 1:1-3 and Ezekiel 1:1-3

The senses and the emotions were involved in these experiences. Note the response of the prophet recorded in Isaiah 6:1-8

How did God interact with His human writers?

Some authors received a direct command from God to write. **Read Jeremiah 36:1-3**

In some instances the writers summarised the essence of a vision or an experience. **Read Daniel 7:1**

Some authors wrote after conducting research. **Read Luke 1:1-4**

On occasions they did not fully understand what they were writing. **Read Daniel 12:8-9 and 1 Peter 1:10-12**

God inspired the various Bible writers in their work. Around 40 different authors from diverse backgrounds and historical periods were involved in the writing of Scripture. This diversity is reflected in the different styles of Biblical writing. In the process of inspiration, the Holy Spirit did not override a person's individuality, yet the outcome is the Word of God.

Read 1 Thessalonians 2:13

In summary, the Bible is not a mixture of God's words and human words, but His Word expressed in our human language.

Pastor David McKibben is ministerial secretary for the South Australian Conference.



HEALTH WISE

Dr James Wright

Always tired

"I'm always tired!" How often does one hear that sad refrain. Is it true or simply an excuse for opting out of some undesirable chore? It can be a bit of both. "Psychosomatic fatigue" is "all in the mind". If one so wishes, it's not hard to feel lethargic, and lacking energy and vitality to escape what could be an exercise in misery. That, I believe, is a minority reason. Many either wake up feeling fatigue, others suffer it as the day progresses.

What should you do? If you suffer from fatigue, first visit your friendly GP. Here, a blood screen and general physical check will indicate if there is a physical reason. And often there is. In Australia, despite our relatively good diet, anaemia is common. This means "poor quality blood". There are not enough red blood cells and haemoglobin (the red stuff in the red cells which carry oxygen to the tissues). If insufficient, fatigue is inevitable.

Many women have heavy menstruation. Blood loss must be made up during the next month. Unless this occurs, chronic tiredness is guaranteed. A few interventions will give a quick answer and a management plan can be worked out. Iron tablets (given with vitamin C) greatly improve red cells.

Fatigue maybe an early symptom of diabetes (all age groups), so blood sugar levels must be checked regularly and treated if positive. Occasionally, there is a nasty disorder of bone marrow where the cells are manufactured. This must be identified and aggressively treated. Sometimes, mid-afternoon fatigue means "hypoglycaemia", too little sugar to the brain. Eating a piece of fruit or having a wholemeal sandwich will pep it up. At all times, follow your doctor's advice.

More at <www.docwright.com.au>

WHY I BECAME AN ADVENTIST

I was originally introduced to Seventh-day Adventists by my friend, Tom Osborn, in Suva, Fiji, many years ago. We were both studying at the Fijian Technical Institute. Later, he became a pastor and a church leader. I was working for the public works department and was fortunate enough to get a scholarship to study civil engineering at Wollongong University (NSW). I was always sure that God had a plan for my life but I wasn't sure what it was. I became an active member of the Assemblies of God church for more than 20 years.

But recently I became sick, and a Seventh-day Adventist cared for me. He brought me along to Mountain View church, Sydney. I had always struggled with the Sabbath teaching and even thought Adventists were a bit exclusive. But the church members were so friendly—it changed my opinion. I actually loved the people. I continued to look into the Word and found the Sabbath started back at creation—in fact it was the pinnacle of the creation week—and we should worship the Creator. That really touched me. I was now attending two churches—one on Sabbath and one on Sunday. I realised I had to make a full commitment so I was baptised as a Seventh-day Adventist Christian on November 14. —Phillip (Vilive) Varo



the "Jesus bus"

by Krystle Praestiin

"It's not about getting people to go to church, it's about us going to them," says Allan Tuionetoa, minister of the Seventh-day Adventist church in Coober Pedy, South Australia. Living underground in the small desert town was never where Allan and his wife, lolani, saw themselves. Yet ever since they arrived in August, 2009, Allan has been intentional about reaching out to his community rather than waiting for his community to reach out to him. From the moment he introduced himself to the local council, the police, shop attendants and anyone in direct contact with the community, he has not run short of opportunities to demonstrate God's love through his numerous community roles.

Whether it is driving the school bus, running a Kids' Club or being a spiritual counsellor at the Drug and Alcohol Centre, Allan is not content to just stay within the four walls of his church.

Each morning at 8 am the roar of the school bus coming to life cuts through the quiet of the outback, just in time to do the rounds, picking up eager students for school. On Monday, Tuesday and Wednesday Allan will start even earlier, at 7 am, to take students to the "Good Start Breakfast Club", supported by Sanitarium and the Red Cross, where he also serves breakfast. If he finds time Allan will then drive the bus through town to be greeted by exuberant shouts of, "Pastor, Pastor, take me here, take me there!" The door will open and in will hop a grateful passenger, happy to be escaping the 60 degree Celsius heat as they journey to their desired destination—their aunt's house or the shops. Locals who have had the pleasure of riding on Pastor Allan's bus have lovingly nicknamed it the "Jesus Bus".

"When you are in the community the people know who you represent," says Allan, "and when they know you want to help them, they will ask." For many of the locals Allan the bus driver is the only picture of Jesus that they have ever seen.

Every Wednesday, Allan and his wife run a Kids' Club for about 45 kids, aged between five and 14. They sing about Jesus and do various activities together. In summer, they run the Kids' Club twice a week and take all the children to the local pool, where they buy each one of them an ice-cream. One of their most memorable experiences at Kids' Club came from the Christmas party they had for the kids and their parents. The children sang songs for their parents and then wrote Christmas wishes to be hung on the Christmas tree. As Allan walked around the tree reading each wish, he was blown away by what they had written. Instead of toys, most of the children had written wishes like: "I wish my parents would come to know Jesus", or "I wish my parents would stop fighting", or "I wish my parents would stop drinking". Kids' Club has been a doorway for the Tuionetoas to meet and interact with parents. Some have requested Bible studies, counselling or visitations.

At times, Allan is disheartened by the sporadic attendance at church and the continued poor lifestyle choices made by many in the Aboriginal community, which his ministry work is focused on. But it is the small changes in thought and attitude that inspire Allan to keep doing what he does. Those Christmas wishes point to a new hope planted into the hearts of each child that Jesus can make changes not only in their lives but also in the lives of their parents.

"This is an exciting initiative. I believe that the Holy Spirit has really directed God's work in Coober Pedy," says Pastor Garry Hodgkin, president of the South Australian Conference.

So to you Allan says, "Just go! Do not get comfortable within the walls of your church. Take the message to the people. Not to increase church numbers on your records, but to tell them that Jesus is good."

Krystle Praestiin was volunteering with RECORD when she spoke with Allan.

by Nathan Brown
& Samir Selmanovic

The Sabbath: Resistance

We live hurried and busy lives—and too many of us choose to see this as some kind of badge of honour. The busier we are, the more important we are—or so we tell ourselves and each other. At the same time, our society and culture keep telling us that we need to work still harder, to get more things, to upsize our lives to really make it. The countless advertisements we see or hear everyday have a single message: “Unless and until you buy what we are selling, you will never be happy.” The problem is that these images of what constitutes a happy life are an artificially created reality.

So we purchase electronic gadgets, miracle beauty products, recreational equipment, kitchen appliances, pieces of furniture and gourmet foods. But when they are taken out of their boxes or packaging they arrive in our world—not the ideal world of the people in the ads—where we are too busy or too tired to sit in it, drink it, use it, wear it or put it in our hair. And now we have to work harder to pay for this “thing” we did not really need or want. For our entire economy to work, we must always feel like outsiders trying to get in.

Rabbi Abraham Joshua Heschel identifies this trend in *The Sabbath: Its Meaning for Modern Man*: “Technical civilisation is man’s conquest of space. It is a triumph frequently achieved by sacrificing an essential ingredient of existence, namely, time. In technical civilisation we expend time to gain space. To enhance our power in the world of space is our main objective. Yet to have more does not mean to be more.”

Heschel goes on to compare this with God’s creation of space and time. In Genesis 2:3, “God blessed the seventh day and declared it holy.” Among all the religions of the world—primarily focused on holy places—this declaration of “holiness in time” is unique. At the creation of the world, an interval of time was declared to represent the mystery and majesty of the divine. Human beings like to put God into things, into space rather than into time, because we can exploit space and things and control them. But God is much harder to control if He is present in time. We cannot capture, buy, collect or manipulate time.

In the Bible, the kingdom of God is not primarily made of things. Instead, it is made of relationships, events, experiences, feelings and words—all non-material things that take place in time. Writes Heschel, “Six days a week we wrestle with the world, wringing profit from the earth; on the Sabbath we especially care for the seed of eternity planted in the soul. The world has our hands, but our soul belongs to Someone Else.”

This is why Sabbath is a call to be a “community of resistance”. For too many of us, Sabbath has simply become a nice Adventist habit we have inherited. And while other people of faith have renewed interest in the concept of

Sabbath, to a large extent we have stripped Sabbath of its spiritual significance.

We need to learn to see Sabbath as a symbol of a life lived well in the kingdom of God, as one of the Bible’s most cherished spiritual disciplines. Sabbath is a practice that will help replace the system of ideas we have absorbed from the culture around us with the idea system Jesus embodied and taught. Which is exactly why the practice of Sabbath can be so difficult. We need to work to quiet the voices in our head that have been telling us all of our life that we must have money, power or sophistication to be judged worthwhile.

Sabbath is dangerous, because the Sabbath practice is a slippery slope to disillusionment with the principles on which the rest of the world is based. If the practice of Sabbath grows, the economy will not grow as quickly. Consumers will stop falling in line with corporations and politics as usual. When consumerism is our civil religion, Sabbath is an act of civil disobedience.

On Sabbath, we are transformed from being consumers to living as citizens of the kingdom of God. Jesus said, “Your heavenly Father already knows all your needs, and he will give you all you need from day to day if you live for him and make the kingdom of God your primary concern” (Matthew 6:33, NLT). And Sabbath is one practical way to do that.

On Sabbath, what is productive, efficient and rational is not what produces the most money or power, but what produces the most love, caring, joy and wonder. On Sabbath, we toy with a dangerous idea that the world could be based, not on the logic of domination and control, but on compassion, cooperation, patience and sacrifice.

“Happiness is the single commodity not produced by the free-market economy. Worse than that, when we are happy, we don’t feel the need to buy anything. The Sabbath, a day of delight, a day to be at peace with all we have, is a radical, dangerous prescription. Because happy people will grind the wheels of progress to a terrible halt; a bloodless revolution, without a single shot being fired” (Wayne Muller, *Sabbath*). By remembering Sabbath, we remember that “time is better than money” and we re-imagine our lives in the kingdom of God, not as the products of corporate marketers.

On Sabbath, we should celebrate what is beautiful and sacred: sing songs, tell stories, eat together, rest and worship—and, in doing so, we give each other permission to live by different logic. Heschel puts it like this: “There is a realm of time where the goal is not to have but to be, not to own but to give, not to control but to share, not to subdue but to be in accord . . . The Sabbath is a day for the sake of life.”

Nathan Brown is a contributing writer for RECORD. Samir Selmanovic is author of It’s Really All About God and writes from New York City, USA.

For too many of us, Sabbath has simply become a nice Adventist habit we have inherited.

BEST EDITORIAL

Lynette Rowland, VIC

Just wanted to say thank you to Kent Kingston for writing "The myth of security" (Editorial, January 30). It's the best editorial I have read in 12 months. Our problem today for our church members is security and our wanting to achieve it through everything but placing our trust and belief in God only. Well done.

GRATIFY OUR SENSES

Harold Gotting, NT

In response to "Drums in Church?" (Letters, February 20), the writer finds it difficult to attend church because he dislikes the music. Is not the purpose of attending church to praise and worship God? Is not our attendance at church due to the fact that we love Him because He gave His only Son so we may have life eternal?

Sabbath is not a day we come to church to gratify our senses and see what we can get out of the service—it is a day when "all flesh shall come before God to offer their sacrifices". In other words, we come to give, not to receive.

The writer quotes Psalms 81:2 as a referral for drums in church. In my research I looked up several versions of the Bible and the word "drum" was not found. The word "timbrel" or "tambourine" does not equate to "drum". If we want our churches to grow, give "all brainers (left and right)" Jesus Christ and His pure doctrine, for if He is lifted up, will draw all to Him.

Our leaders need to restore our churches to the high standard required by God from us, conducting ourselves in a manner, both inside and outside the sanctuary, in all ways mak-

ing Jesus Christ proud to call us His own.

Zeb Hourigan, NSW

I think the issue of "Drums in Church?" (Letters, February 20) is not about whether drums are good or bad, it is whether drums should be played within the church during sacred Sabbath hours, and if God accepts worship with drums.

If we look to Scripture and study it, no drum was ever allowed in the sanctuary during holy sacred worship to God. Drums were used as a calling mechanism to the people of Israel, much like a bell would summon us at lunch break. They were used in war. They were kept for timing outside the sanctuary service. The context in Psalms 81:2 "to drum" really means to keep timing with the tambourine. New age Bible translations have manipulated this to justify the use of drums within God's sanctuary.

NOT REACHING THEM

Danny Bell, WA

Mark Baines' article reporting results of a recent survey "Disconnected" (Feature, February 20), while far from conclusive, undergirds a common theme of church growth and member retention in our church.

Another recent Australian Union survey similarly showed that the average age bracket we are not seeing in church are the 25 – 35s, and I believe it is not entirely their fault that they are missing. Churches that adopt a position of standing at the door and calling out to the current generation with traditional methods will not reach them. I have even heard a church member say in a recent Sabbath School class, "if they don't want to hear the message then that is their problem". I must

say, this is a shocking attitude to take and a form of denial.

What was also confirmed in Baines' survey is that we offer a very narrow avenue for service and involvement for people. If members, especially younger ones, do not warm to our methods or style then we wipe our hands of them and appease our consciences with Adventist clichés and quotes from the Spirit of Prophecy in order to satisfy ourselves that we have done enough.

BALANCED APPROACH

Dr Franco Giarraputo, QLD

While I respect the right for the SPD Health department to invite which ever speakers it chooses, "Dr Nedley's natural alternative for dealing with depression" (News, March 6), I was surprised that a program about such an important affliction as depression (affecting more than 1 in 5 Australians) was offered without, it seems, providing a balanced and evidence-based approach to the problem.

RESPONSE: Kevin Price (Health director—SPD)

We are agreed that depression is a major problem within the community and also, I believe, within our Church. A brief report in RECORD news does not do justice to the full content of the program and the evidence that was offered.

The role of lifestyle and spirituality in depression intervention is a growing area of interest. While Dr Nedley was here in Australia we utilised his experience and expertise in running community educational programs. There is so much we need to do to assist those who are battling with depression. If you are suffering from depression, I would encourage you to seek professional treatment.

Note: Views in letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all letters received are published. See Page 3 for contact details.

Alcohol vs Adventism

by David Pennington

Alcohol consumption, especially in excess, has long been considered by many doctors to be a danger to health. Cirrhosis and cancer of the liver, some forms of psychosis and dementia, pancreatitis, and a host of other diseases are listed in medical textbooks as results of alcoholism.

However, in 1998 a study by Dr Serge Renaud, published in the journal *Epidemiology*, showed an apparent reduction of risk for cardiovascular disease of moderate wine drinking for the French compared to the Americans. This became known as "the French paradox" and was widely seized upon by the wine industry and the media (whose advertising revenue partly depended on the former) as a health benefit for wine drinkers. It wasn't long before the discovery was made that red wine had significant levels of the antioxidant resveratrol, which was preserved from oxidative degradation by the way wine is stored in bottles. This compound, along with a number of others, such as flavonoids, polyphenols and tannins, was identified as being in high concentration in fresh grape skins, especially red grapes grown in harsh climates. Not only were these compounds beneficial to the arterial system, but were found to reduce the risk of certain cancers. Moreover, resveratrol was identified by Australian researcher, Dr David Sinclair, working at the Harvard Medical School, as a promoter of longevity in animals.

The conundrum is that alcoholic beverages have been established as promoters, if not causes, of many cancers, including mouth, pharynx, larynx, oesophagus and liver? Moreover, alcohol consumption, especially in excess, next to tobacco, is the major preventable cause of death and hospitalisation in Australia and most of the Western world. According to the Commonwealth Department of Health and Ageing, in 2002 the all-up costs of alcohol-caused death, disease, injury and crime to the economy was \$A7.6 billion¹

Furthermore, the argument that moderate consumption is health-beneficial has been heavily eroded by recent

findings that even very small amounts are dangerous to the unborn child, that women are much more susceptible to alcohol damage than men, that even "moderate" drinking multiplies the health dangers of smoking, and that binge-drinking is becoming a major threat to social cohesion in Western society. An estimated 13 per cent of mature adult drinkers become alcoholics.

If we look further into the resveratrol story, we find that this substance is present at useful levels in fresh red grapes (not raisins or sun-dried grapes). A 2005 study by Wang et al in the *International Journal of Molecular Medicine* showed that the protective cardiovascular effects of resveratrol were equally present for de-alcoholised wine as for alcoholic red wine, showing that alcohol is not part of the protective mechanism.⁴

The position taken by Seventh-day Adventists for nearly 150 years has been that the risks of even moderate alcohol consumption far outweigh any perceived benefit, either social or health-wise. Moreover, on another plane, Ellen White identified alcohol as a major inhibitor of spiritual development. Her warnings, far in advance of her day, have been completely vindicated by scientific research of the 20th and 21st centuries. The case is fairly clear: abstinence combined with a healthy vegetarian diet, weight control and avoidance of smoking leads to at least a 10 year survival benefit, and a much healthier life overall. R

An estimated 13 per cent of mature adult drinkers become alcoholics.

¹ Sinclair D, Komaroff AL. Can we slow aging? *Newsweek* 2006 Dec 11.
² Alcohol and Cancer—Position Statement, Cancer Council of NSW, see: <www.cancer.org.au/File/PolicyPublications/PSalcoholAUG08.pdf>
³ Letenneur, L. *Biol. Res.* v 37 n 2, Santiago 2004.
⁴ Wang Z, Zou J, Cao K, Hsieh TC, Huang Y, Wu JM, *International Journal of Molecular Medicine* 2005 Oct;16(4):533-40.

Dr David Pennington is the senior plastic surgeon at Sydney's Royal Prince Alfred Hospital. He has long been an advocate of the Adventist lifestyle.

SNAP SHOT

With Barry Oliver



The first of the 10 Commandments gives us the most important principle of Christian living. Paraphrased it directs us to put God first in everything. Everything else that God asks of us and everything else that we return to Him in response flows from just how this principle works out in our daily lives.

When Jesus summarised the teachings of the law and the prophets, He simply said, "You shall love the Lord thy God with all your heart." When John recounted his vision of three angelic messengers flying in the midst of the heavens for all to see, he recorded the words of the first angel as a directive to "Fear God and give glory to Him for the time of His judgment has come and worship him who made the heavens, the earth, the sea and the springs of waters."

The call for the people of God to elevate God above everyone and everything in their lives permeates the pages of Scripture. We read the Psalms, it is there. We read the major and minor prophets, it is there. The gospels, the epistles of Paul, Peter and John repeat the call to the people of God—in fact all people—to put God first in everything. On the sea of glass those redeemed of the ages will reflect on the greatness of God and proclaim: "Great and marvellous are your deeds, Lord God Almighty."

A church that puts God first in everything will be a strong, healthy church. The individual who puts God first in everything will have a strong, healthy faith. Every day my prayer should be that God will be first for me in everything.

I wonder what it would be like to belong to a church where every day we all were praying just such a prayer?

Dr Barry Oliver is president of the South Pacific Division.

TIMARU, South New Zealand

Kimmy Afu

I've been attending Timaru church for seven years. Timaru is located about 160 kilometres south of Christchurch City in the Canterbury region of South New Zealand. The seaside city of Timaru is built on the rolling hills created from the lava flows of the extinct Mt Horrible volcano. The population of Timaru is 40,000; we have a weekly attendance of 40 people. Everyone in the church is encouraged to get involved in church life, to serve and give of their time. When someone is absent from our worship on Sabbath, we contact them to let them know we missed them and ache for them. We recently ran an evangelistic program called *Footsteps of Paul* where many from the community attended.



R MY MINISTRY IDEA

A cooking demonstration in a church hall. Nothing unusual. Except for the fact that there were 35 Muslims present.

Iyeling Miller (centre) was brought up in Malaysia and says negative family experiences left her with a hatred of Muslims.

"But God changed my heart. They are very sincere people—I love them very much."

A year or so ago, Iyeling, an active member at Parramatta Adventist Church in Sydney, began to attend a local mosque regularly and developed close friendships with the sheik (mosque leader), his family and other Muslims.

She was surprised at the gratitude she received when she invited some of her new friends home for Christmas dinner. "For years I've wondered what Christians do on Christmas," one of them said, "Now I know."

Iyeling discussed health and lifestyle matters with the sheik on a number of occasions. There was common ground here, as Islam strictly forbids alcohol and pork. So when Iyeling suggested some healthy cooking courses, the sheik jumped at the opportunity.

"I got Myrna Fenn and Vivienne Doust in to do the demonstrations," says Iyeling, "Professionals—I wanted the best."

Numbers grew as the program progressed and people became more comfortable with one another. The meal after the demonstration was quite late in the evening and the guests were surprised that even after second and third helpings they didn't feel bloated. Iyeling recalls some of the men saying, "It must be because there is no meat—and we didn't even miss it."

Since the cooking demonstrations concluded, further exchanges have occurred, with a number of Parramatta members visiting Muslim homes during Ramadan and Adventist speakers making well-received presentations at the mosque. Similar events are planned for the future. —Kent Kingston



POSITIONS VACANT

■ **School Principal/Manager—Currawah Adventist College (North NSW)** invites applications from experienced high school teachers and administrators for the position of principal/manager for the new Aboriginal boarding high school near Brewarrina, NSW. The intention is to provide a unique education primarily for Aboriginal young people in a values-oriented, skills-based, Seventh-day Adventist boarding environment. The curriculum for the education program will be based on the New South Wales Board of Studies courses for Grades 7–10 (stages 4 and 5) with an emphasis on literacy, numeracy, social development and employability skills. Integrated into this program will be a range of culturally-enriching activities and themes drawn from the Indigenous community of western New South Wales. The development of resilience as a vital part of an effective life and the practical values inherent in an integrated boarding/agricultural/educational program will be important points of focus. For further information, please contact Ralph Luchow on (02) 4951 8088 or at <ralphluchow@adventist.org.au>. Applications close **March 26, 2010**.

■ **Building Construction Manager—Seventh day Adventist Aged Care (Victoria) Ltd** is seeking the services of a building construction manager on a contract basis. The person we are seeking must be a construction all rounder, with a desire to maximise their career/business with our organisation which has a strong opportunity for future growth and must be committed to the ethos of Seventh day Adventist Aged Care (Victoria) Ltd. Ideally this person must have hands on experience in the building industry or similar, understand regulatory compliance with aged care and retirement villages, contract and project management, liaising with people at all levels from the board of directors to the management team, the architects and consultants and tradespeople. This role will be located in Melbourne, Vic. The successful candidate must be able to commence work mid-April. For more information, please log in to <www.adventcare.org.au> or phone Serle Harvey on (03) 9259 2323.

■ **International Program Coordinator – Adventist Development and Relief Agency (ADRA New Zealand)** is seeking an active and dynamic person, with suitable qualifications and experience in community development or a related field. The successful applicant will demonstrate ability to work cross-culturally with sensitivity to human rights and gender issues, while meeting reporting and monitoring requirements for government and privately funded projects. Skills include project management, project assessment and monitoring, reporting and ability to work within NZAID guidelines, and develop strategic plans for international projects, along with the ability to manage government and implementing partner relationships. Significant travel, as covered by ADRA's travel policy, may be required. Applications are sought from suitably qualified persons who would be able to meet all of the above criteria and should be addressed to Clinton Rappell at <clinton@adra.org.nz> or Private Bag 76–900 Manukau City 2104. Applications close **March 29, 2010**.

■ **Marketing Coordinator – Sydney Adventist College (Strathfield, NSW)** is seeking to appoint a part-time (three days a week) coordinator who will be responsible for the active promotion of Sydney Adventist College within its local and extended communities. This role's purpose is to increase the school's presence as a quality Christian education provider and coordinate a sustained marketing communications campaign targeted at increasing the school's enrolment base. The successful applicant will have excellent written and verbal communication skills, IT competence, strategic thinking skills, an ability to coordinate successful school events and be supportive of the ethos of Adventist education. Tertiary qualification or experience in marketing, communications or public relations is essential. A detailed position description is available upon request. Applications can be submitted to Julia Young email <youngj@sac.nsw.edu.au> or contact (02) 9764 3200 for more information. Applications close **April 1, 2010**.

For more employment options go to adventistemployment.org.au



POSITIONS VACANT CONTINUED

■ **Activities Assistant/Groundsperson—Camp Somerset (Qld)**. This full-time position's duties include: assisting the program manager with the delivery and development of activities; grounds maintenance; program development and plenty more. If you have previous experience in the outdoor industry and grounds maintenance and have qualifications in outdoor education we would love to hear from you. Contact us on (07) 5426 0126 or email <info@campsomerset.com> for a position description. Applications close **March 22, 2010**.

For more employment options go to adventistemployment.org.au



VOLUNTEERS!

Assistant Boarding Deans—Longburn Adventist College (Palmerston North, NZ)

requires the services of two volunteers for 2010 as assistant boarding deans. Accommodation, meals and a stipend provided. Ideally these vacancies would suit a tertiary student planning on a gap year and it must be someone who can demonstrate they are able to work with young people. This is an exciting opportunity for someone contemplating youth work.

Email: <volunteers@adventist.org.au>
For more positions visit <www.adventistvolunteers.org>



WEDDINGS

Beks—Miles. Jaith Beks, son of Joseph and Lauren Beks (Port Fairy, Vic), and Sara Tui Miles, daughter of Martin and Marion Miles (Te Poi, NZ), were married 21.2.10 on Shelley Beach, Mount Maunganui. A picturesque reception followed afterwards on the Te Poi family farm.

Doug McLeod

Dixon—O'Donovan. Peter Dennis Dixon, son of Robert and Heather Dixon (Cooranbong, NSW), and Barbara Mary O'Donovan, daughter of John and Hilda O'Donovan (Corke, Ireland), were married 14.2.10 in Ladies Chapel, Avondale College, NSW.

Wayne French

Ilford—Ball. Darrin James Ilford and Dorothy Ruth Ball (both of Gold Coast, Qld) were married 14.2.10 in Coolibah Downs Chapel, Nerang.

Raymond Kent

Thomson—Rodrigues. Michael Nathan Thomson, son of Neville and Lyn Thomson (Kenwick, WA), and Stephanie Gail Rodrigues, daughter of Vincent and Janice Rodrigues (Singapore), were married 14.2.10 at Golden Ponds, Mundijong, WA.

Don Fehlberg

OBITUARIES

Aveling, Frank, born 11.9.1907 in Alberton, SA; died 15.1.10 in Victoria Point Adventist Retirement Village, Qld. On 7.6.1942, he married Ida Davidson and had five children, Anne, Jeanette, Neil, Glenn and Leigh; 13 grandchildren and nine great-grandchildren. Frank was an ingenious man with deep dedication to the mission work in several mission locations in the South Pacific. As a testimony

APPRECIATION

Davis. Allan and family, and sister, Bernice, wish to thank friends and loved ones for the cards, flowers and expressions of sympathy at the loss of their wife and mother, grandmother and sister. Your support has brought great comfort as we wait for that glorious morning when Jesus returns.

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to his dedication, wherever he set up a sawmill there is now a large church mainly due to the godly influence of Frank and Ida.

*Len Barnard, Nelson Palmer
Orm Speck*

Bastian, Meta Mavis June, born 27.6.1913 at Guildford, WA; died 8.1.10 in Bellingin Hospital. In 1936, she married Stanley Gordon Bastian. She was baptised in the Perth church. She is survived by Eric (Cooranbong), June and Earnie Stewart (Warburton) and Robina and Bill Townend (Singapore). Her passing closes the history of a couple who no doubt will hear the "Well done good and faithful servant."

WR Cross, RW Townend

Schneider, Hazel Linda (nee Merton), born 21.3.1925 at

Rainbow, Vic; died 13.12.09 in Valley Private Hospital, Mulgrave. She married Richard Schneider on 29.8.1946 in old Ballarat church. She was predeceased by her daughter, Helen Joy; and her husband, Richard. She is survived by her daughters, Faye and Joylene; her grandsons, Leighton, Richard and Kelynn; and great-grandson Asher Richard. She was a special influence in our lives and a champion for Jesus.

David Butcher, Ken Mead

Wallwork, Joseph (Joe), born 26.12.1950 in Apia, Samoa; died 26.1.10 in Rockhampton Base Hospital, Qld. He is survived by his wife, Jean (The Caves, Qld); his son, Tom (Brisbane); his stepchildren, Tarley Jordon, Michael Jordan (both of Sydney, NSW) and Jessica and Matthew Whereat (The Caves, Qld); and

his eight brothers and sisters. Joe was well loved and highly sought after as a trusted family member, friend, colleague and mate. He never lost faith in Jesus and the promised eternal life to come.

Andy Krause

ADVERTISEMENTS

Avondale School would like to invite any of its past students and staff to a special reunion celebration on Sabbath, April 24, 2010. We are celebrating 30 years at the current site. If you know family and friends who may like to come please contact us at <kzeuschner@avondaleschool.nsw.edu.au>. Registration will be available soon at the Avondale School website <www.avondaleschool.nsw.edu.au>

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Finally

If the church wants a better preacher, it only needs to pray for the one it has.

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