


# Record™

May 15 2010

ISSN 0819-5633



**1000 RESPOND TO ANZAC SPECIAL  
FAMILY CONFERENCE TARGETS DOMESTIC VIOLENCE  
CHAMBERLAIN FORGIVES A NATION**

## Community praise God for new directions

David Gibbons—Sabeto, Fiji

More than 1000 people turned up in Sabeto to join locals and celebrate the future relocation of Fulton College in Fiji.

The tertiary college run by Adventists has been graduating theology, education and business students for more than 70 years. But a new lease of land had to be secured first.

New land was found in Sabeto (close to Nadi international airport on the west coast of the main island) and the traditional, contractual tabua, or whale tooth, had previously been given to the paramount chief who owns the land.

This celebration saw Seventh-day Adventist pastors and church members from all over the Fijian islands come to give additional tabua, drums of kerosene, traditional floor mats and a cow.

"This has been a great day of celebrating God's clear direction," says Trans Pacific Union president, Pastor Waisea Vuniwa (pictured right). "The church is thrilled that Fulton College will continue to train young people for service."



Village leaders exchange tabua with church officials.

The Sabeto paramount chief, his clan and the villagers—most of whom are Christians—are pleased that God will have such an obvious presence on their land.

Church leaders from the Division, Union, mission and local churches enjoyed meeting with the locals, sharing food and music, and many speeches praising God.



Piles of goodwill gifts in front of the village hall help to seal the exchange.



Pastor Waisea Vuniwa presents traditional whale's tooth.

## Longburn celebrates God's faithfulness

Carl Herghenan—Palmerston North, New Zealand

The 2010 Longburn Adventist College Homecoming was held at the college in April for students of 1969 and earlier. More than 60 students from all over Australia, New Zealand and wider areas came together to celebrate times past and laugh about the mischievous things that went on. Some attendees had not been reunited for over 40 years and really enjoyed catching up.

Guests were delighted with the messages from speakers Miroslav (Fred) Stillinovic and Dr John Hammond. The theme for the weekend was, "Faithful, because He is faithful" and looked at the concept of faith in God until the end.

Attendees shared their life-changing experiences at

Longburn and how God has led in their lives since.

"It has been great to see some old friends who I have missed and it has been a weekend to remember," says Ivan Hillsdon.

Longburn Adventist College has operated as a boarding school for 102 years and boasts more than 5000 graduates.



Robyn and Donald Strawbridge and John Edwards catch up on good times at Longburn.

Stay up to date...  
subscribe to

Record-eNews

A weekly newsletter including:

- Latest news stories
- Infocus news update
- Download the latest Record pdf
- Have your say on the opinion poll

Visit  
[www.record.net.au](http://www.record.net.au)



## Imagine a church . . .

Pablo Lillo

The experience of staying overnight in a five-star hotel is vastly different from bedding down in a cheap motel. I should know—I've spent more nights in 2-3 star motels than I would like.

But when I've entered a five-star establishment, I've discovered a world of state-of-the-art facilities and unparalleled service. The management, ambience, customer service and dining must be worthy of the five stars—the highest rating for superior service in attitude, accommodation and resources. In a five-star hotel you'll experience the best food, rest and attention. The result is a morning where you wake up invigorated, refreshed and ready to tackle anything in the best possible fashion. It's memorable.

In a church environment, people should also look for the highest quality and promote excellence. From clean hallways and entry foyers, beautiful gardens and tidy parking areas, up-to-date signage, well-kept toilets, attractive classrooms, and most importantly, a place of worship beyond compare.

Imagine a church filled with people who do their best in whatever area of church life in which God has called them to serve. Then imagine yourself attending a worship service worthy of five stars. Our constant challenge is to search for and encourage our congregation to be a five-star church—a body of believers who seek excellence for the Lord in every endeavour.

So, how does your church rate? Is it a five-star church or a one-star church? Are you proud to drive into your church carpark, then walk into your church foyer? What do you see? If you were a visitor, what would be your first impression?

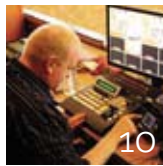
In this edition, Grenville Kent (p14) challenges us to remain faithful in marriage. A parent who is desperate for answers (p11) seeks the Lord in prayer. We also invite you to respond to our poll question (page 16).

## CONTENTS



### NEWS

- 03 Community praises God for new directions
- 05 Chamberlain forgives a nation
- 06 Family conference targets domestic violence
- 07 Video ministry kick-starts church
- 09 1000 respond to Anzac special



### FEATURES

- 11 A mother's pain
- 13 Avoiding the blues with good mood foods/Recipe
- 14 The real Mile High Club



### COLUMNS

- 10 Health wise
- 12 Opinion
- 18 Record rewind
- 19 Kids' space
- 20 Notice board
- 22 My story
- 23 Letters



## Church holds crime scene investigation

*Ken Vogel—Ringwood, Victoria*

Members of the Pine Rivers Seventh-day Adventist and Wesleyan Methodist churches used popular television entertainment to spread a spiritual message at Easter. The program, CSI Easter, was a joint venture of the pastors of both churches. Forensic investigations and trials took people through the crucifixion and Resurrection.

Adventist Pastor Darrin Parker and Wesleyan Methodist Pastor Jake Gerber conceived the idea of bringing the messages of Easter to a wide audience through the popularity of television crime shows. "The populace

seems to be fascinated with crime scene investigation and we decided to combine the Christian tradition with the popular," says Pastor Parker.

On Good Friday night a communion service was then held and a number of the Wesleyan church members took part.

On Sabbath Pastor Parker spoke about the illegalities of the trial of Jesus. The youth presented a challenging drama that reflected on the truth of the cross and what Christ's spilt blood meant to various people present at the time as well as those living today.



Pastor Jake Gerber, Pastor Darrin Parker and Kevin Isles prepare to investigate CSI Easter.

On Easter Sunday about 30 members of the Pine Rivers church joined with the Wesleyan group to continue the Easter celebrations.



Lindy Chamberlain was cleared in 1986, after being sentenced for life in 1982

## Chamberlain forgives a nation

*Herald Sun—St Ives, New South Wales*

Lindy Chamberlain-Creighton had a nation to forgive and at St Ives Baptist church recently she revealed how she did it.

Thirty years after her baby daughter Azaria was taken by a dingo at Uluru and she was wrongly accused of murder, she said there were times when she wanted to give people "a good smack".

"But it's not up to us to do that and that's where forgiveness comes in," she told a packed congregation in Sydney's north.

She told the gathering that there were times when she could not understand what God was doing to her, but the guilty verdict now made sense.

"If I had not been found guilty, I would never have convinced so many people I was innocent," she says.

"They would have said, 'She had a good lawyer. But God let it go and let it go, until every court in the land had said no, and then the matinee jacket turned up, and that was the crown's proof I was a fanciful liar because it (the jacket) didn't exist—and there it was.

"But you think, 'Well, God did have His hand over it after all'. He can bring good out of bad."

## Students take the community's pulse

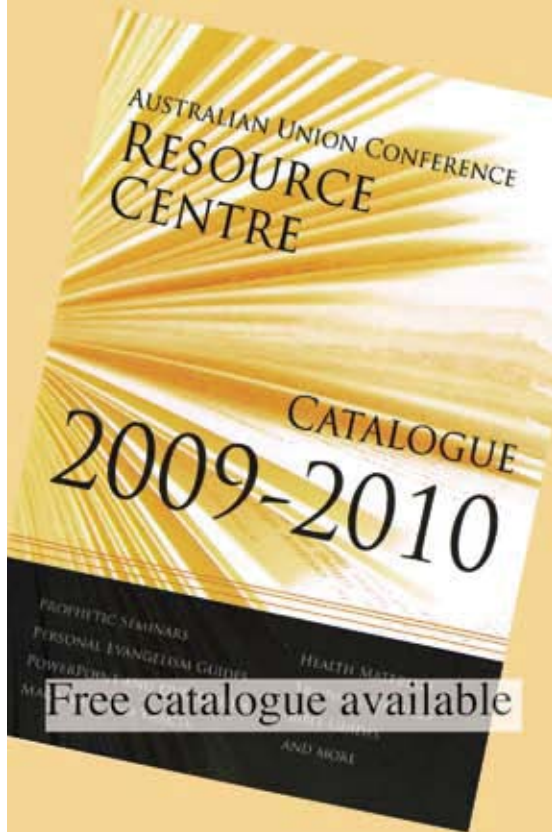
*Scott Thomas—Rollands Plains, NSW*

Eastward Missionary College has commenced this year with record registrations for its full-time course. All 18 students have completed the introductory LIGHT (Lay Institute for Global Health Evangelism) course. Students have come from NSW, Victoria, WA, Korea and Canada. The group conducted a health expo on March 14 in Nambucca Heads, organised by local church Health Ministries leader Andrew Lumsden (2009 Eastward student). At the street market venue, students conducted a range of health assessment measures including the Harvard Step Test, Peak Flow Test, blood pressure, a health age questionnaire, seated massage and demonstrated contrast baths. Some also tried their skills in health and spiritual counselling. Crowds started to swell mid-morning after a slow start, and more than 30 community and church members were taught new health and spiritual principles. The students were able to engage in some deep conversations with members of the Nambucca Heads community.



The Eastward Missionary College class of 2010.

# Resources for sharing the gospel message



BIBLE SEMINARS - BIBLE  
GUIDES - DVDS, TRACTS,  
TRAINING MATERIAL ETC

289 Maroondah Highway,  
Ringwood Victoria 3134  
Phone: (03) 9871 7592  
Email: [resources@adventist.org.au](mailto:resources@adventist.org.au)

## Family conference targets domestic violence

Trafford Fischer—Apia, Western Samoa

More than 60 people from various church, community and government groups attended the 2nd National Family Conference for Western Samoa with a special emphasis on domestic violence, held from April 7 to 8.

The conference was organised by Pastor Paulo Pelenato, General Secretary and Family Ministries director for the Samoan Mission. Pastor Pelenato stated that the Seventh-day



The attendees at the conference came from different community leadership positions.

Adventist church was committed to doing all it could to strengthen marriages and families in Samoa, and to be a part of the journey towards the elimination of all forms of domestic violence in Samoa.

The two-day conference was led by Pastor David Robertson, director of Safe Place Services for the Australian Union Conference, and Pastor Trafford Fischer, Family Ministries director for the South Pacific Division.

The conference was featured on national TV news and in several national newspapers.

It was officially opened by Reverend Kasiano Leaupepe, and the Honourable Faumuina Tiatia Liuga, Minister for Natural Resources and the Environment. The final presentation was by Luisa Apelu, assistant CEO of Women, Community and Social Development in Samoa.

## NOW @ THEN

### Membership by region in 2009

AUC:  
55,010

NZPUC:  
16,526

PNGUM:  
249,378

TPUM:  
99,723

### In 1999

AUC:  
50,095

NZPUC:  
16,622

PNGUM:  
198,092

TPUM:  
71,181

AUC=Australian Union Conference, NZPUC=New Zealand Pacific Union Conference, PNGUM=Papua New Guinea Union Mission, TPUM=Trans-Pacific Union Mission

## Video ministry kick-starts church

Tracey Bridcutt—Mornington Peninsula, Victoria

A church in Victoria has been started by two retirees and *The Search* video series. Ken and Heather Raymond retired to the Mornington Peninsula in Victoria with one aim—to win souls for Christ.

"We call ourselves the Search church," Mrs Raymond says, "because all the members, except Peggy and ourselves, have come into the church from the Search video ministry on the peninsula."

*The Search*, an evangelistic video series was produced in 1998. Aimed at viewers with little or no Christian background, *The Search* helps explore basic questions of biblical truth.

The group meets each Sabbath at the Raymonds' home.

They were inspired to move to the peninsula to continue the work started by Mrs Raymond's grandparents who established a church group in the area in the 1970s.

"They used to meet in a cricket club hall in West Rosebud, they became an official company and used to share the pastor with Frankston church," Mrs Raymond says.

However, when they moved away from the area in 1980, the group "seemed to fall apart".

For a long time the Raymonds felt a strong call to revive the work on the peninsula. "I felt very much drawn to go down there and continue the task they had done," says Mrs Raymond.

They retired there in 2004 and the following year attended a training course for *The Search* video ministry series.

The peninsula became the Raymonds' "mission territory" and they took on the role of delivering *Search* videos to new contacts in the area.

The first year there were 43 contacts—"we used to travel 160 km every week, across the peninsula, down the peninsula and back again", Mrs Raymond says.

They began Bible studies with 13 contacts, and the following year there were another 35 new video contacts.

Since then, there have been six baptisms.

The couple has converted what used to be an open air alfresco into a little chapel in their home.

"It's really comfortable. They love it, they call it home," Mrs Raymond says.

"It's lovely to see the new Christians and their adventure—it's a real adventure and it's a tremendous blessing."



The group meets in the Raymonds' home and all the members have come in through video ministry.

Mrs Raymond says they are also keen to share their new-found faith with their families, friends and neighbours. "They are really on fire to share," she says.

The Peninsula has about 150,000 residents in 30 towns and villages.

"There's been a lot more families coming down here in the last 10 years," Mrs Raymond says.

"There's always opportunities. It's extremely rewarding. We just hope we can enthuse others.

"This is our job, this is our commission. These people are excited that someone has taken the time to share the truth with them."

An updated version of *The Search* is now in development and will be launched later this year.

## Cairns church and school to relocate to growth corridor

Thelma Silva—Cairns, Queensland

Cairns Adventist College and Cairns church will relocate to the region's southern growth corridor to accommodate increasing numbers and have a more effective outreach to the communities there. Cairns Adventist College is currently bursting at the seams with a record 79 students this year. It's outgrowing its small inner city site. A similar problem is faced by the Cairns church which shares the complex with the college. On a weekly basis, regular members exceed 80 per cent of the seating capacity, making further growth difficult. Fifty-one members of the Cairns and Edmonton churches met with Northern Australian Conference president, Pastor David Stojcic, and treasurer, Rob Ellison, at a special business meeting to discuss the future of Adventist education and church growth in Cairns.

The business meeting looked for a solution and agreed unanimously to relocate the college to the expanding southern suburb of Mt Peter within Cairns' new growth corridor.

The churches will contribute \$A500,000 toward the college relocation. It was agreed to take out a loan of \$A450,000 to be paid off over 10 years to make the vision a reality. The Northern Australian Conference is considering contributing the proceeds of the sale of two houses it owns in Cairns to the project.

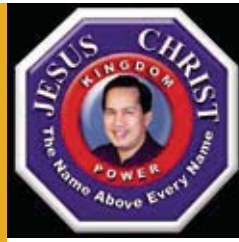


Church members gathered to decide the future of their church and school.



### Bible rap

The Bible has been translated into more languages than any other book. And the gospel has been retold and reinterpreted more than any other story. The book, called "The Words", has been translated into multiple languages and has been used as the inspiration for music projects. The latest is a rap and spoken word album and DVD. -[www.thewords.com](http://www.thewords.com)



### Presidential prophecy

On May 10, the Philippines will go to an election. But the fate of the island nation may rest in the hands of one religious leader, Apollo C Quiboloy, a man claiming to be the "Appointed Son of God." Quiboloy's six million followers are waiting to hear his prophecy of who will be the Philippines' next president. -[kingdomofJesusChrist.org](http://kingdomofJesusChrist.org)



### Spread the word

As Christianity's momentum shifts to the developing world, the word "missionary" is taking on a new meaning. Increasing numbers of missionaries are now coming from Latin America, an area that used to be considered a "mission field". The Mission Society is training Brazilians to take the gospel to Asia and the Middle East. -[TheMissionSociety.org](http://TheMissionSociety.org)



### Walk the talk

There are still 2000 language groups around the world without their own Bible—about 200 million people. Three Australian men are planning an awareness-raising walk of around 2000 kms, with the support of Wycliffe Bible Translators and Operation Mobilisation. The walk will start at Cairns, in Queensland's tropical north, and will end in Stanthorpe. -[Christian Today Australia](http://Christian Today Australia)



### Call for compassion

A Catholic priest has spoken out about overcrowded conditions at Christmas Island's detention centre. The Australian newspaper reported Jim Carty's comments that while the facility was built for 800 asylum-seekers, it now holds 1500. Carty said that while staff at the detention centre are compassionate people, the isolation causes stress. -[The Australian](http://The Australian)



### Strong advocate

Last year, the Swedish Migration Board challenged a critical journalist to produce 50 examples of poorly handled Iraqi refugee cases. Iraqi-born Christian journalist, Nuri Kino, took on the challenge, presenting 3,000 researched examples of rejected refugee applications where, he claims, proper procedure was not followed. -[Assyrian International News Agency](http://Assyrian International News Agency)



**Share your blessings to change the life of a child in poverty.**

Partner with ICC Australia to sponsor an orphaned or abandoned child or donate to any of the life-changing projects described on our website. Contributions of \$2 or more are tax deductible. Its so easy - donate online, over the phone, or just post a cheque.



**Building a brighter future for destitute children.**

PO Box 2087, Hornsby Westfield, NSW 1635

Phone: 02 9987 1136

Email: [info@iccaustralia.org.au](mailto:info@iccaustralia.org.au)

Web: [www.iccaustralia.org.au](http://www.iccaustralia.org.au)

ICC Australia is recognised as a supportive ministry of the Seventh-day Adventist Church.

believe

HOLY  
BIBLE

Photo: James Willison

# 1000 respond to Anzac special

by David Gibbons

## Anzac day special

It Is Written Oceania's Anzac special television program received more than 1000 responses for the free book *Faith of the Anzacs*. The special was broadcast right before the football, midday Sunday (Anzac Day) on Channel 7 in Queensland and New South Wales and 6.30 am, before *Sunrise*, in other Australian states.

This was about 10 times the regular weekly response across all networks and timeslots for Bible studies and DVDs. "God has truly blessed with us being able to get this primetime slot on Australia's top free-to-air TV channel," says Daniel Livingston, manager of It Is Written Oceania.



Presenters Gary Kent and Daniel Reynaud at Anzac Cove.

Adventist program has been broadcast in such a prominent viewing time in Australia for more than 25 years. In fact it is the best showing of any Christian organisation on a day other than Easter and Christmas."

## Partners in Mission

The "Faith of the Anzacs" program was one of several new television productions featured at the recent annual It Is Written Oceania partnership weekend. More than 200 attendees at the conference have pledged financial support for public evangelism.

Since 1956, It Is Written has been an official donor-sup-

ported ministry of the Seventh-day Adventist Church. After a gap of many years, the ministry was revived three years ago in Australia and New Zealand by speaker/director, Pastor Gary Kent, and a team is now based at the Adventist Media Network.

The delegates came to this year's weekend event on the Gold Coast, Queensland, from across Australia and New Zealand. They learned It Is Written Oceania continues to be the most popular Bible-based religious program on television in both Australia and New Zealand.

Fresh from a successful campaign in Rome, international speaker Shawn Boonstra shared an exciting vision with delegates—live via telecast. Adventist artist Phil McKay displayed his original religious art, which will be used by It Is Written evangelists and Bible workers around the world.

South Pacific Division general secretary, Pastor Lawrence Tanabose, who attended the two-day conference, said, "It Is Written is a marvellous gift for the mission of the church. Apart from making award-winning television programs, the ministry continues to partner with church leaders in the Trans Pacific Union to plant the first church in Tokelau. And the ministry is working with staff at Pacific Adventist University to deliver the Bible on audio "God-pods" to thousands of people in Papua New Guinea who cannot read."

Many churches can count the members who became Adventists as a result of the George Vandeman series, the original It Is Written program.

"We want to work with local conferences, missions and churches—right across the South Pacific—because Jesus is coming back soon," says Pastor Kent. "The strategy worked well 40 years ago and it is working again!"





## OPENING HIS WORD

Gary Webster

### Get a Life

God wants you to “get a life”! And to live life to the full.

**Read** John 10:10,11,17; 3:16

Because He loves and values you infinitely, He has paid an infinite price to give you that abundant life.

**Read** John 10:15 and 1 Peter 1:18-20

There is no greater gift than when someone takes your place and dies instead of you. When Jesus did that for you, you were declared “righteous” before God. But something happens when that reality hits you. You start changing your attitudes towards sin. You learn to hate it. Gradually your old life of sin dies and you choose to have Christ living in you.

**Read** Galatians 6:14,15 and 2 Corinthians 5:17

The love of God is poured into your life and you start seeing everyone the way Jesus sees them.

**Read** Romans 5:5 and 2 Corinthians 5:14-16

The more time you spend with God (reading His Word and praying) the more you will want to be like Him. And you will choose to conquer every difficulty.

**Read** 1 John 5:4; Revelation 12:11 and Romans 8:37

You have given permission for change to take place in your life. This is all the work of God alone through His Spirit.

**Read** 2 Corinthians 5:17,18; Ephesians 2:8-10 and Titus 3:4,5

“So how does it happen to me,” you ask? Jesus’ gracious gift at Calvary is the answer yet again! That’s why it’s called “grace”. When you accept Jesus—just as you are; sinful, helpless and hopeless—by faith alone, the Spirit comes into your life, making you a new person IN Christ.

**Read** John 3:3,9,14-16; 7:37-39; Ephesians 2:8-10 and Titus 2:11-14

*Pastor Gary Webster is director of the Institute of Public Evangelism.*



## HEALTH WISE

Dr James Wright

### Coeliac conundrum

Children romp along, gain weight, are filled with energy, drive parents crazy and love life. But gradually, a few change. This may be around 9-18 months, but can occur at any age, from infancy to adults and even the elderly (yes, even at 80). Infants become lethargic, irritable and dislike eating. This is soon followed by a failure to thrive and even weight loss. There may be tummy upsets, bloating and food not absorbed properly.

This produces a very perplexed mother and often the doctor is also confused. It is possible the child has coeliac disease. It’s a weird name, but means the digestive system is faulty. In the small bowel, food is sucked up by tiny microscopic tentacles called villi. These transfer food from the bowel to the bloodstream which goes to the liver then the entire body.

With coeliacs, the villi cease normal function. Best way to diagnose this is by taking a biopsy (tiny snippet) from the bowel wall and examining it under the microscope. It will show the disintegrating villi. The startling fact is that once diagnosed, treatment offers dramatic and very positive outcomes. It appears a “miracle cure” has taken place. The villi are sensitive to gliadin. This is the protein factor in wheat (and some other grains). Remove wheat from the menu, the villi quickly regrow, and symptoms vanish!

This routine is essential for life. The Coeliac Society offers members a regular newsletter, places where gluten-free products are available, plus lots of simple tips and helpful advice. It is amazing how often the diagnosis is missed. Even adults, including elderly people in their 70s and 80s who have had “indifferent health” for decades, are now being diagnosed and successfully treated. More at <[www.docwright.com.au](http://www.docwright.com.au)>.

## MY MINISTRY IDEA

Wahroonga TV Ministry is reaching people across the world, with 67 people baptised last year as a result of this outreach.

Thousands of viewers tune in to the programs—aired weekly on Hope Channel—and many of them request the free DVDs offered.

The ministry was started five years ago by Wahroonga church and has produced over 35,000 DVDs featuring evangelists like Doug Batchelor, Dwight Nelson and Herb Larson. The DVDs are also given away at camp meetings, distributed by literature evangelists and used to minister to those in prison.

“We get requests for DVDs from all over the world,” says Wahroonga church senior pastor, Lloyd Grolimund. “In 2010 our aim is for 300 baptisms.”

He says the ministry began “without a cent” and “often, even to this day, we get to just about zero in the bank account”. But as hearts are touched, donations come in to keep the ministry going.

Pastor Grolimund says the DVDs provide a “very non-confrontational way” of reaching people in their homes. They’ve now begun producing other types of programs, including Encounters - featuring testimonies from people on what God has done for them. They have also put a pilot together for another series that they hope may be picked up by one of the commercial TV networks.





# A mother's pain

by Julie NicholSEN

Denial, absolute denial! I don't want to hear this! Is it acceptable for an adult to block their ears, close their eyes and say "No I'm not listening, go away"? Standing there trying to unsuccessfully force my mind to go blank, I could only stare at my daughter as she told me her husband—the father of her children—had been physically abusing her for many years. No, he wasn't hurting his children, just his wife. But isn't that the same?

Shaking my head in disbelief I looked at her as she shared a few details of the last time he had bashed her. Friends had called the police who took him away overnight and charged him with assault but she refused to lay charges.

Over the next couple of months I could barely function. Sleep was virtually non-existent as questions raced through my mind. If my grandchildren, their children, are old enough to try and physically protect their mother, or stand in fear watching, why couldn't they ring the police? How would he feel if someone did this to his "adored" daughters? Why didn't my daughter have him charged? Why didn't I know this was happening? I knew there was other domestic violence [DV] occurring, and had spoken with her about it, but not the bashings. Why? Why? Why? Why? . . .

At times I pictured myself in my daughter's place with his fist coming through the air towards me and felt the fear she must have. Maybe she was numb and had learnt to block out the horror and live with the psychological and physical pain suffered. Learning to hide her shame from the doctor while having treatment for her physical injuries. Too embarrassed of what had happened—wondering if the doctor would believe her lies and work out the cause of her many injuries.

I imagined the lies the children were forced to tell and live because of their shame, guilt and fear that Dad could go to jail. And I slowly came to terms with why my grandchildren were never allowed to stay over, their erratic behaviour and

my daughter's continued health problems. I finally understood why they hardly visited us and why we were never invited over.

When my daughter would text early on special occasions to send greetings instead of talking, my imagination would run riot. Was it because she knew the cycle of abuse so well that she knew she was going to be assaulted that day and wouldn't be able to speak to me? I started to live in fear of the ring of the doorbell—the police to tell me my daughter was dead.

My own guilt was overwhelming. I could see a pattern. Both myself and ex-spouse were brought up in "Christian" families where DV was the "norm". Not physical violence but nevertheless, abusive behaviour—shouting and condemning, jealousy, financial abuse, isolation, spiritual abuse. Our marriage followed the patterns set by our families until we decided to part company but, much to my pain, the effects still carried on to our children.

I found myself begging and pleading with God to save my daughter and grandchildren. At other times I could barely breathe or speak with God, as I was scared He wouldn't hear my anguished cries. I wanted to demand He follow my instructions. Surely He couldn't love them as much as I do?

Finally, among my tortured turmoil of jumbled thoughts and feelings I allowed myself to listen to God and find some peace. He told me that He loves my daughter, son-in-law and grandchildren more than I could ever know. He understands my fears and pain and hurts, as He too is a parent. We know my daughter and son-in-law are the only ones who can make the choices—for my sanity I have to leave it all in God's hands, regardless of the outcome. And yes, I also pray for my son-in-law.

R

*Julie NicholSEN is a pseudonym.*

**bethesda**village

**NEWLY REFURBISHED  
1 & 2 bedroom Villas  
FROM \$190,000**

**BUY NOW &  
RECEIVE  
A \$5,000  
BONUS\***

*We Provide a Quality Lifestyle Incorporating  
Wellness, Fun & Friendship, Independence,  
Peace of Mind, Dignity & Companionship*

• Continuing Care • Apartments • Villas

\*Commence license by July 31, 2010  
and we'll pay your weekly fees for 12  
months. Valued at over \$5,000. For  
terms and conditions please contact  
Jon Marshall at Bethesda Village  
on +64 9 262 5650 or email  
jonmarshall@bethesda.org.nz



**LIVE LIFE TO THE FULLEST**  
visit [www.bethesda.org.nz](http://www.bethesda.org.nz)



## OPINION

Daron Pratt

### Are the wheels falling off?

Sabbath School has always been the training and equipping centre of the church and exists for fellowship, outreach, Bible study and mission. As I travel from church to church I notice that attendance at Sabbath school is dwindling, people are not studying their Bibles, mission is not talked about as much as we used to, fellowship is misunderstood and outreach is not talked about. Are the wheels falling off? I hope not!

I remember as a child growing parsley and radishes and selling them for the investment project at my local church. It was with pride I took the money I raised from selling the produce to Sabbath school for world-wide mission. I would proudly stand up and recite my memory verse. Sabbath School had a huge effect on my spiritual formation as a child and I count it as one of the significant factors in my decision to follow Jesus. But has Sabbath School run its course? Are the wheels falling off? I hope not!

My mother would—every day without fail—open the lesson pamphlet with me as a young child and we would study the lesson together. I would proudly put my hand up in Sabbath school for daily Bible study and most other people did too. Whilst this sort of reporting may be seen as unethical today, we do claim to be a “people of the word”. The Australian Church Life Survey showed that only 19 per cent of church attendees read the Bible daily or on most days and 37 per cent hardly ever. Are the wheels falling off? I hope not!

We as a church were birthed in the context of world mission—our birth notice (Revelation 14) is our reason for existence yet as I attend some churches, there is no mission news or talk of world mission. If we as a church stop thinking and doing world mission, we lose our reason for existence! Are the wheels falling off? I hope not!

Faith sharing should be a vital aspect of every Seventh-day Adventist Christian's life but only 20 per cent of Australian Christians are comfortable sharing their faith with others. Most people are attracted to our church because a friend talked to them. Are the wheels falling off? I hope not!

Sabbath School is the life blood of our church. Maybe it is time to dust off our Bibles, open our pamphlets, plant some parsley and start telling our friends about what God has done and is doing for us.

*Pastor Daron Pratt serves as the Sabbath School and Children's Ministries director for the North New South Wales Conference.*





## Avoiding the blues with good mood foods

Do you have days where you simply feel blue and can't snap out of it? You're not alone! Eating a healthy, balanced diet is important and there are some particular nutrients and lifestyle activities that may help lift your mood.

**FOLATE:** Folate is a B-vitamin, well known for its role in preventing spina bifida in babies. Researchers are studying the link between low folate levels in the blood and depression. **Tip:** Boost your folate levels by eating plenty of greens, cabbage, avocados, kidney beans, nuts and seeds.

**OMEGA 3 FATS:** The brain is a lipid-rich organ and contains a high proportion of polyunsaturated fatty acids (PUFA). Omega-3 and omega-6 are PUFA; we generally eat sufficient omega-6 from vegetable oils, however omega-3 levels may be low. Researchers are looking at the link between a good intake of omega-3 and a lower incidence of depression. **Tip:** Good omega-3 sources include linseeds, canola oil, soybeans, walnuts and oily fish (salmon and tuna).

**BREAKFAST:** You probably know breakfast is good for concentration, memory and energy levels, but eating breakfast may also have a positive effect on your mood and you feel better in the morning. **Tip:** Enjoy wholegrain breads and cereals, fruit, yoghurt, milk or calcium-enriched soymilk.

**BE ACTIVE:** The benefits of exercise include helping you to think clearer, feeling less tired and lifting your mood. Some people report a state of euphoria after a good workout, due to the natural endorphins (feel-good hormones) exercise releases. **Tip:** Even a 10 minute walk can invigorate you.

**OTHER NUTRIENTS THAT MAY HAVE AN EFFECT ON MOOD:** The brain is a complex organ, which means there are several other nutrients that may have an effect on your

mood; namely vitamin B1, B6, B12, zinc, iron and selenium. **Tip:** Enjoy a wide variety of foods to ensure you get a range of nutrients. It is best to get your nutrients from food rather than supplements. Large quantities of some nutrients in purified form can be toxic and taking single nutrients can cause an imbalance between various nutrients.

**LIMIT STRESSORS:** Foods that contain high levels of refined sugar, caffeine or alcohol can negatively affect our mood. These foods may initially stimulate the body, but eventually leave people feeling depleted and more stressed, because they essentially provide little nutrition. **Tip:** Instead of sweet treats try a handful of dried fruit or nuts and seeds.

**SEASONAL AFFECTIVE DISORDER (SAD):** During the winter months the reduction in sun exposure can lead to reduced levels of serotonin; it can also disrupt your circadian rhythms and melatonin levels – all of which can throw your body out of sync and result in symptoms of depression. **Tip:** Make the most of any sunny clear day over the winter months and get out and enjoy some sunshine. Open up curtains and work near a window where possible.

While most of us will feel down only from time to time many people may have a much more serious, on-going issue. If you regularly find your mood low, you may need to seek professional help. Please contact your local GP who can help guide you in the right direction.

Call and speak to one of our qualified nutritionists at the Sanitarium Nutrition Service on 1800 673 392 (in Australia) or 0800 100 257 (in New Zealand). Alternatively, email us at nutrition@sanitarium.com.au (Australia) or nutrition@sanitarium.co.nz (New Zealand). Don't forget to ask for our free cookbook, Food for Health and Happiness.



## RECIPE



## Cinnamon homemade muesli

- 2 ½ cups rolled oats
- ½ cup chopped dates
- ½ cup chopped dried apple
- ½ cup LSA<sup>1</sup>
- 1 cup processed bran
- ½ cup chopped pecan nuts
- ½ cup currants
- ¼ tsp cinnamon

1. Place all ingredients into a mixing bowl. Stir to combine.
2. Transfer muesli to an airtight container for storage. Lightly shake container before serving the muesli.
3. Serve with chilled soymilk or dairy milk. Serves 8.

Preparation time: 15 minutes. Cooking time: Nil.

PER SERVE: Kilojoules 1500kJ. Protein 8g. Fat 15g. Carbohydrate 42g. Sodium 40mg. Potassium 490mg. Calcium 70mg. Iron 3mg. Fibre 10g.

<sup>1</sup> LSA is a combination of ground linseeds, sunflower seed and almonds, available in the health food section of the supermarket. It's perfect sprinkled on cereal or yoghurt, and can be used in muffin and cake recipes. Store leftover LSA in a sealed container in the freezer.



by Grenville Kent

**“I don’t think there are any men who are faithful to their wives.”**

- Jacqueline Kennedy (wife of US President John F Kennedy)

**“Husbands are chiefly good lovers when they are betraying their wives.”**

-Marilyn Monroe (alleged conquest of John F Kennedy)

**“I belong to the one I love and his desire is for me.”**

-the woman, Song of Solomon 7:11 (way ahead of John F Kennedy)

# The real Mile High Club



I've been travelling for a month making a film, and today the airline seated me next to someone with a soft Irish accent, a wicked laugh, blue eyes, long dark hair and dangerous curves. We talked through the flight, and as the plane made its approach over the lights of New York, she made her approach and invited me to her Manhattan apartment for coffee. I suspect "coffee" means more than a macchiato. So why not? It would be fun and a compliment to my ego, but . . .

**1. I have it all at home** There is no pleasure like waking up on a rainy morning and snuggling into the neck of the woman I love, the person I know and like best. There's golden hair, warm skin and all that touch. We understand each other. It's real. That's as close to heaven as I've been. Would I risk that for a brief episode of sex in the city?

If I cappuccino this woman half a planet away, would Carla know? She'd hear it in my voice on the first phone call. It would hurt her probably more than if I'd died and would threaten the intimacy we have. Even if I could lie, it would destroy my end of our openness and easy trust.

**2. I want sex to link me to my wife, not pull us apart** I don't want to build up sexy memories and emotional frequent-flier miles with anyone else. I want my amazing wife to be the only woman who registers on my emotional-sexual radar screen. That's difficult, especially in summer in the city, but I'm trying. Casual sex would make it harder to achieve intimate sex because it would train me in "splitting"—the mental ability to separate sex from love rather than learning to have loving sex. I want to keep sex and love together in my mind, not turn my sexuality into an unguided missile on its own. I want integrity, getting it all together.

Friends who've had flings say there was excitement and gymnastics but they felt lonely, at the time, and guilty and depressed afterward. In some cases it took down their marriage and even those who stayed together felt they had lost something and are still wondering how to get it back.

Flings are airline food for the heart and can spoil your dinner at home.

**3. No one has yet invented a condom for the soul** Sex is physical—grrreat—but it's more than physical because a person is more than physical. Sex lets our souls get naked, which is superb when you love the person and risky if you don't. The human spirit doesn't wait outside the bedroom door. Medical research is always finding new ways body and mind are connected, which actually means this woman and I would be playing with each other's mind and spirit.

"Just physical"? It couldn't be.

**4. Fair's fair** If some man were in bed with my wife right now, I'd feel like battering him senseless with his boots—then dying of grief. I want to be loved as the only one and it's simple fairness to give that back.

**5. Imagination is an asset** Sportspeople talk about the inner game, using positive imaging to previsualise their match. Every psych student knows about the basketball experiment in which two groups of people practiced shooting hoops for half an hour a day, and only one group had a basketball—the other group just stood there and imagined. And both groups improved by the same amount. So why not the inner game of lovemaking? It's worth focusing all the power of imagination and fantasy on the person you love, not wasting it on others. That requires mental discipline—but then so does any athletic encounter.

**6. I want our children to believe in love** I showed my seatmate a photo of my wife and two children soon after we started chatting, but that seemed to have an effect that was the complete opposite of what I intended. I guess it proved I'm not a serial killer. Yet the largest influence on my children's future happiness in relationships will be what they learn from watching their mother and me. Maybe the greatest life skill we could give them—even greater than singing harmony or my amazing party trick of catching a grape in my mouth when someone throws it from the other side of the room—is how to love somebody for life. Our culture undervalues those skills, but loving relationships are the greatest source of human happiness.

**7. Sex makes babies** Call me Captain Obvious, but that's important. As a teenager, the thought used to scare the pants off me (or actually scare the pants *on*). One of the arguments against sex outside marriage was the fear that pills can fail and latex can tear and pregnancy means having to pay for a child for the next 21 years. But I didn't see then that we're talking about more than money. We're talking about sharing DNA, blending who you are with another person: could there be a higher compliment than that? I used to say to my wife, "You're amazing. The world should have more people like you." And now it does. Sex can make a person, a whole human life that can live forever. Sex can create someone in my own image, so reproduction is a God-like power, entrusted to humans by the Creator, whose first recorded command was "Be fruitful. Multiply."

Stevie Wonder got it exactly in that marvellously soppy classic: "I can't believe what God has done. Through us He's given life to one. But isn't she lovely, made from love." Reproduction (or even the chance of reproduction) is too awesome to be wasted with just anyone.

**8. I get enough variety at home** A happy old husband quietly told me at my wedding, "I've only ever slept with my wife but I've never slept with the same woman twice." If a person feels loved and free to be creative and express their feelings, sex will never be boring.

**9. Spirituality I believe in "Yahweh. . . the dependable God who keeps His covenant and constantly shows faithful**



loving-kindness to those who love Him and keep His commandments" (Deuteronomy 7:9, author's translation). What would that God think of unfaithfulness, of a selfish grab for temporary pleasure at the expense of someone who has my solemn promises? Would I want to disappoint a Spirit who can help my human weakness and neediness and stupidity and give my spirit what Martin Luther King, called "strength to love"?

God's love for me doesn't waver if my actions let Him down—this God died for my sins. But even that shows how my love should be. As Don Francisco sang: "Jesus didn't die for you because it was fun, He hung there for love because it had to be done, And in spite of the anguish His word was fulfilled, Love is not a feeling, it's an act of your will." God's commandment echoes across 35 centuries: "Thou shalt not commit adultery" (Exodus 20:14, KJV). Why wouldn't I take advice from Someone who knows everything?

**And so . . .** There's an invitation for coffee hanging in the air. But coffee is unhealthy, as every Seventh-day Adventist knows. I decide to stay caffeine-free and I blurt out some clunky answer like, "I've enjoyed your company but I really love my wife."

There's a surprised pause, then she flashes a gracious smile and says, "Well, how romantic." Things change gears now because she understands I'm Mr Safe. She asks if I'd mind her asking about my relationship. I'm sure Carla would be flattered by what I'll say, so as we touch down I try to tell this stranger what love is like for me, about spiritual ideals and trying to live up to them, about two imperfect people who feel like they've somehow snuck back into Eden to play in Paradise. With shiny eyes she says she has similar dreams but can't seem to find them in the real world, so she takes pleasure where she can. I tell her I hope she finds love.

Where do you take a conversation after that? We can hardly go back to discussing our favourite photographers, but we're disembarking anyway at the John F Kennedy airport, and saying goodbye in a city of 8 million souls.

And now I'm alone in my hotel bed with my heart in another time zone, writing in my journal about the good reasons behind God's commandments and wishing I could see my wife's face.


My next flight is with my friend and film director, Marcus, and I tell him my story. He says, "What, wasn't she attractive?" I say she was, and he calls me an idiot (with several unprintable adjectives) for missing an opportunity like that. Marcus is a devout atheist and we see the world very differently, debating a lot while staying great mates. I start arguing passionately for marriage and faithfulness as the most sexy and sensible choice. Marcus champions "sexual freedom".

The Pakistani Muslim guy beside us listens in from behind thick glasses, then the Swedish backpacker girls behind us lean forward to make comments, and the Dutch and American executives in front turn around and chip in their views. It turns into a miles-high discussion of sex and love, and one key question is whether humans are just walking bags of biochemistry or whether we are spiritual.

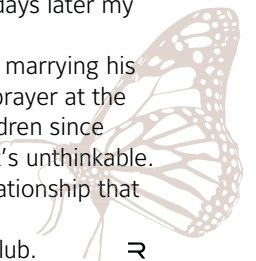
That's a very important question to people of no faith and of all faiths—and it's a deeply religious question. I throw in some verses from that inspired work of literature, the Song of Solomon and they're surprised to learn the Bible contains erotica. They ask me to tell them about it, so I do and the questions roll. We end up talking most of the way to London, into the wee hours. Eighteen days later my welcome home was balletic and heartfelt.

Seven months later Marcus told me he was marrying his beautiful partner, Elle, and asked me to say a prayer at the wedding. Carla and I have had three more children since then, people who wouldn't exist if . . . but that's unthinkable.

And we're nine years deeper into cruisey relationship that just keeps flying higher.

Loving marriage—that's the real Mile High Club. 

*Grenville Kent is a besotted husband and proud father of five young children. He's producer/presenter of the Big Questions outreach films for the Australian Union Conference, and is a gospel minister, especially to young people. He lectures in Old Testament at Wesley Institute in Sydney.*



## OPINION POLL



Is your church a place people can be open about the ups and downs of their relationships?

Yes

No

Please visit [record.net.au](http://record.net.au) to answer this poll.

### Result

Should church administrators also pastor a local congregation?

Yes **64.2%**

No **34.8%**



**Hair razing \$11,132 for mission**

WA Conference president, Glenn Townend, agreed to have his head shaved if Big Campers donated more than \$10,000 to WA Overseas Mission Projects in Zambia, Botswana, Croatia, Mongolia, Cambodia and PNG.  
—*NewsWest*



**Muslim friends**

Ararat Church (Vic) are building bridges with Muslims in their community. Dr Imam Abdull Hai Patel gave talks on Abraham, and similarities between Islam and Seventh-day Adventists. And he also answered their questions on salvation and faith.  
—*Ben Townson and IntraVic*



**Youth prepared for emergency**

The South Queensland Youth Department is not only switched on with spiritual health, they encourage the care of their bodies as well. One course covered first aid training in remote places, including contacting the right emergency service and helicopter support.  
—*Focus*



**Putting in the boot**

Nambour Church members (SQld) have discovered how much fun you can have raising funds for a new church building to accommodate all the young people attending. Their car boot sale was so successful, they will hold a second one on May 23.  
—*Elsie Scott*



**Celebrating Fulton's relocation**

Young and old Adventists came from all over Fiji to bring gifts including mats for the Sabeto paramount chief and his clan. Weeks of planning for the big day came together with celebrations and thanksgiving to God for His provision.  
—*David Gibbons*



**Off to a Good Start**

Twelve students from the Canberra Christian School (SNSW) participated alongside other kids in the Weet-Bix Tryathlon—winning second place. A free Sanitarium breakfast for the students is planned for next week. The school started the year well with an enrolment of 44. Principal Sue Johnson is also starting a school band this year.  
—*Imprint*



**Chopper surprise**

Students at Landsdale Gardens Adventist School (WA) couldn't believe their eyes when the Westpac Lifesaver rescue helicopter landed in their school. They were one of three schools to raise the most to support the well known community service—even though they are only a small school.  
—*Letitia Dose and NewsWest*



**Tim Tams connect community**

Northpoint Church members (Vic) keep looking for unique ways of connecting with their community. This time bottles of 'bubbly' and Tim Tam biscuits have led to prayer opportunities, sharing *Steps to Christ* books, and now two neighbours are attending church. The outreach team are now planning lawn mowing for those in need.  
—*IntraVic*



**Youth challenged to make a difference**

All speakers in the Youth Shed (WA) focused on Luke 4:18—the mission statement revealing exactly "What Jesus Would Do". Murray Hunter warned that many young people want to make a difference, but like the 'foolish virgins', won't do anything until Jesus comes.  
—*NewsWest*



**Church elder honoured**

Seventy-nine-year-old Merv Nicolson from Bowen (NQld) has received a double award. He is the 2009 Queensland Ambulance Service's Honorary Ambulance Officer of the Year for the Northern Region, and for all of Queensland. He retired in 1996 but remains an honorary ambulance officer, driven by his passion for community service.  
—*Colin Nicolson*



**Farmer embraces ministry**

Assistant director of Youth Ministries, Neil Redman, was ordained at the Victorian Conference camp at Elmore. For years, Neil has struggled between his love for farming and his love for young people. But he and his wife Sarah know you cannot ignore God's calling.  
—*IntraVic*





# 55 Years and the honeymoon goes on

*"Those whom God has joined together . . ."*



ADVENTIST AGED CARE, Kings Langley, is proud to announce the latest addition to its delightful village, strategically situated in the heart of the Sydney metropolitan area.

Anticipating every contingency of ageing, this newly-opened three storey facility offers:

- 16 modern, independent living apartments. (Top Level)
- 30 furnished low care hostel rooms. (Ground Floor)
- A 48-bed high care nursing home. (Middle Level)

All under one roof. It even has a children's play area so the grandchildren can visit.

Kings Langley is committed to keeping couples together for life and preserving precious relationships



*"care with love and dignity"*

www.adventistretirementvillages.org.au  
tel. 02 9621 1644 or 02 9487 0600  
56 Elsom St, Kings Langley NSW



## RECORD REWIND

Dr Arthur Patrick

### William Miller and 800 letters

The first 40 years of our history were dominated by the question, what does it mean to be an Adventist? That's a question we must answer from the Bible. But we can gain a lot of inspiration from asking how our pioneers lived their response to the message of Christ's return.

Take William Miller as an example. He was a farmer, army captain and deputy sheriff, so he'd blend well into almost any Adventist congregation. Joan (my wife) and I have volunteered as caretakers at the Miller farm, showing visitors through the house, barn, chapel and other buildings.



Miller farmhouse. Photo:Eleanor Scale

It was exciting to read the records that Miller left in a barrel, up in the attic. I was intrigued by the way his childhood mathematics problems were worded, how

little time he really spent in school because of the demands of the family farm, and the records about people Miller tried in his role as magistrate.

I had to go to Aurora, Illinois, to read the 800 letters to and from William Miller, preserved there by the Advent Christian Church. They offer a feast of historical data, yet I enjoyed them most as windows into the thoughts and actions of a man who ardently believed Jesus was coming, soon.

Miller was not a poet, but he quite often lapsed into verse:

Awake then ye virgins, arouse from your trance,  
The Spirit of God calls you forth to advance  
The light of His glory, in the lamp of His word,  
And to reign in the kingdom of our blessed Lord.

O, there is good news: Due to the miracle of microfilm, you can read the 800 letters to and from Miller in the research facilities of the Avondale College Library. You don't have to travel to Aurora!

*Dr Arthur Patrick is an honorary senior research fellow at Avondale College, NSW.*

## MYSTERY HISTORY



### Do you know?

- The location of the photo
- The date the photo was taken
- The people in this photo

Send to [heritage@avondale.edu.au](mailto:heritage@avondale.edu.au).

# Kids' Space



## Hi Kids

Daniel was only a teenager when he was kidnapped from his home. However he never forgot the God his parents had taught him about. When Daniel was thrown into a den full of lions, he prayed to God to help him and God sent an angel to shut the mouths of the lions!

FIND THE WORD



Daniel's prayer was answered!

I prayed to Jesus and he answered my prayer...

WRITE YOUR STORY HERE!

## Bible Text

My \_\_\_\_\_ sent his \_\_\_\_\_,  
and \_\_\_\_\_ the \_\_\_\_\_ of  
the \_\_\_\_\_. Daniel 6.22

## MACQUARIE COLLEGE

Pre-School, K-12  
182-222 Lake Road,  
Wallsend NSW 2287

[www.macquariecollege.nsw.edu.au](http://www.macquariecollege.nsw.edu.au)

## POSITIONS AVAILABLE

Macquarie College invites applications for the following two positions:

- Senior Office Manager and Executive Assistant
- Public Relations, Marketing and Events Manager

Experienced educators with some administrative and IT experience but wanting a change might also consider applying for the positions.

Applications should include a Curriculum Vitae, a statement addressing core competencies and selection criteria as well as contact details of three referees.

Position Descriptions and Selection Criteria are available on the College website for the respective roles.

Applications to the Principal, Macquarie College.

Applications close Friday 4 June 2010.



MACQUARIE COLLEGE

## POSITIONS VACANT

■ **Part-time Accountant—Adventist Aged Care (Wahroonga, NSW).** A part-time vacancy exists for a qualified accountant to work in our accounts department in Wahroonga. This is a part-time position for 16 hours per week. The successful applicant will have the following: an accounting degree and CPA membership or equivalent, prior accounting experience, good computing skills with a good knowledge of MS Excel and accounting software, experience in producing monthly and annual financial reports, good communication skills. For applications please contact Brian Swanepoel, <brianswanepoel@adventist.org.au> or (02) 9487 0600. Applications close **May 31, 2010.**

■ **Account Manager, Foodservice/Route, Away From Home (AFH)—Sanitarium (NSW).** An exciting opportunity exists for a highly motivated account manager to join the AFH team growing Sanitarium's Foodservice/Route business with Australia's most loved breakfast cereal and other leading products. The position is based in Sydney and will report to the Business Manager AFH. The position involves focusing on delivering exceptional customer service to assigned accounts and customers, daily face to face interactions with customers, preparing and tracking business plans, driving product sales, preparing and delivering business reviews and presentations. Position requirements include those of strong negotiation and computer skills. For a fuller description and position requirements, please visit our website <www.sanitarium.com.au/company/employment.html> or contact Peter Jaeger on 0416 106 544 for more information. Apply online at <www.sanitarium.com.au/company/employment.html>. Applications close **June 11, 2010.**

For more employment options go to [adventistemployment.org.au](http://adventistemployment.org.au)



## ANNIVERSARIES

**Jackson,** Merrill and Linette (nee Robinson). Family and friends gathered at The Cuckoo restaurant for a celebratory lunch of thanksgiving for the amazing 60 years of marriage of Merrill and Lin Jackson. Lin and Merrill were married in the Auburn church on Lin's birthday, 5.1.1950, by Merrill's father, Pastor J.S. Jackson. Lives lived fully for the Lord, Merrill, a psychologist and author, Lin, a talented pianist and teacher, continue to serve in their community and local church



at Yarra Valley. Inspirational to their three children and spouses, Lindy and Ian, Nomi, and Deane and Ruth; five grandchildren; and a great-granddaughter.

**White,** Pastor Alan and Nancy (nee Royce), were married 30.12.1959 in Perth church by Pastor Eric House. Members of their wedding party, family and close friends enjoyed a tasty luncheon at The Curry House, and then afternoon tea at the Whites' home in Cherrybrook, to recount God's blessing and leading over the 50 years. They have two children, Grant and Kristen (Brisbane) and Lea-Anne and Richard Ewing (Sydney); and three grandchildren. Alan and Nancy served in evangelism in Victoria, mission service in Vanuatu and Kiribati, Dean of Men at Carmel College and WA Conference, before joining Trust Services in Victoria, NSW and then the General Conference in the USA.

## WEDDINGS

**Baines—Morton.** Mark Anthony Baines, son of Pastor Ross and Elizabeth Baines (Murrumba Downs, Qld), and Terese Adele Morton, daughter of Clifford and Janice Morton (Dural, NSW), were married 22.3.10 at Wategoes Beach, Byron Bay.

*Brad Clarke, Ross W Baines*

## VOLUNTEERS!

**Pacific Yacht Ministries** is seeking health personnel for its 2010 season. Expressions of interest are sought from doctors, dentists, registered nurses and qualified health educators. The season operates July–October inclusive and volunteer service is for approximately two week terms. If you are interested please go to <www.pym.org.au> for further information and to download the application form.

Email: <volunteers@adventist.org.au>  
For more positions visit <www.adventistvolunteers.org>



**Beamish—Osipov,** Pastor Jim Beamish and Edna Osipov (both of Cooranbong) were married 27.12.09 on the peaceful and picturesque grounds of "Belle Grove" in Martinsville, and the bellbirds sang, as they did.

*Horrie Watts*

**McCormick—Murphy.** Adrian Craig McCormick, son of Cliff and Jenny McCormick, and Elizabeth Louise Murphy, daughter of Robert and Shaunagh Murphy (Sale church, Vic), were married 10.4.10 in Victoria Park, amid flowering roses, happy family and supportive friends. With reports of rain and storm God answered many prayers and provided a beautiful occasion with lovely weather.

*John O'Malley*

**McElroy—Agafonoff.** David John McElroy, son of Joy and John Patrick McElroy, and Daria Allanah Agafonoff, daughter of Allanah and Nikolai Agafonoff (all of Cooranbong), were married 15.1.10 at Dora Creek church.

*Wilfred Pascoe*

**Peterson—Knight.** Adrian Peterson, son of Harold (Les) and Dawn Peterson (SA), and Lyndelle Knight, daughter of Alvin and Sonia Knight (Vic), were married 21.2.10 at Warburton church.

*Richard Araya Bishop*

**Richards—Howard.** Shane Richards, son of Don and Sharon Richards (Cherry Valley, California, USA),

and Krista Howard, daughter of Ross and Angela Howard (Cardiff Heights, NSW), were married 6.4.10 at Caves Beach. They met while she was engaged in volunteer ministry in California. Krista is a teacher at Avondale High School while Shane is studying radiography at Newcastle University.

*Roy Roennfeldt*

**St. John—Balisson.** Eugene St. John, son of Gregory and Delanka St. John, and Danielle Balisson, daughter of Mrs Marie Balisson, were married 1.4.10 in the Dandenong Polish church, Vic.

*David Currie*

**Staples—Judge.** Mark Warren Staples, son of Beryl Staples (Sydney, NSW) and Allan Staples (UK), and Rachael Elizabeth Judge, daughter of Dickon and Merlene Judge (Cooranbong, NSW), were married 18.4.10 at Eryldene Historic House and Gardens, Gordon, NSW.

*Peter Cousins*

**Tomlinson—Cleverly.** John David Tomlinson and Janene Merle Cleverly were married 14.3.10 in Hunter Valley Gardens, NSW.

*Alan Saunders*

**Van Ryswyk—Evans.** Charles Van Ryswyk and Jennifer Evans (Vic) were married 14.3.10 at Warburton.

*Richard Araya Bishop*

## OBITUARIES

**Baker,** Joy, born 26.1.1931 at Haberfield, NSW; died 12.3.10 at Cessnock. On 20.2.1954, she married Merv. She is survived by Graeme, Wayne and Ian. Joy looks forward to the day the Lord appears.

*Mark Venz*

**Brown,** David Leon, born 18.9.1937 at Rylestone, NSW; died 9.1.10 in AdventCare Whitehorse, Nunawading, Vic. On 26.7.1959, he married Faye (nee Freeman). He was predeceased by his siblings, Sylvia Sammon, Norman and Trevor. He is survived by his wife; his siblings, Letty Warren, Wilfred and Beverley Fleming; his children, Judith Jones, Richard and Jillian Mouser; his grandchildren, Ashley, Brieanne, Scott, Andrew, Leigh, Emma and Patrick.

*Tony Campbell, Morrie Krieg*

**Brunger,** Peter Leslie, born 7.6.1936 at Palmerston North, NZ; died 5.11.09 at Taihape. Peter is

survived by his wife, Barbara; his stepfather, Ralph; children, Pieta James (Townsville, Qld), Paul (Hawke's Bay, NZ), Lisa Pederson (Takanini), Stephen (Hawera), Andrew (Henderson), Mark (Onehunga); brother, Barry; and nine grandchildren. Peter and Barbara are the last remaining Adventists in Taihape and have kept the church going for the past five years. Peter was a tireless worker for God and became an integral part of the Taihape community and a friend to the other denominations where he was at times called upon to preach.

*Marilyn Pasione*

**O'Rance**, Melba Jean (nee Squire), born 6.1.1925; died in Werris Creek. She married Albert Peter O'Rance, who predeceased her. Her son, Peter, also predeceased her. She is survived by her children, Carol, Robert, Gregory and Donald. Melba was a caring, genuine Christian lady, blessed with the gifts of kindness, hospitality and faithfulness. She knew in whom she had believed.

*David Fletcher, Bill Blundell*

**Parker**, Dora Thorburn, born 17.8.1916 at Colac, Vic; died 11.3.10 at Box Hill. In 1938, she married Frank Parker, who predeceased her in 1977. She is survived by her daughter, Marlene and Don McMahon (Nunawading); her granddaughters and their families, Mandie and Jamie Hegarty, Thomas and Sarah (Ferntree Gully), Jill and Ivan Lestic, Josephine, Joshua, Lucy and Annabelle (Canterbury); her sisters, Gwenda (Colac) and Jean (Anglesea); and many nieces and nephews. Dora had a deep and abiding faith in God. She was a kind, gracious and family oriented lady and will be greatly missed.

*Joseph Maticic*

**Rosendahl**, Lila (nee Mudford), born 16.1.1931 at Dungog, NSW; died 22.3.10 at Toowoomba, Qld from a cardiac arrest. On 14.8.1951, she married Noel who predeceased her in 1992. She is survived by her children and spouses, Shirley and Warren Westacott (Cairns, Qld),

Barry and Delmai Rosendahl (Toowoomba), Janelle and Malcolm Edser (Toowoomba), Yvonne and Wayne Foster (Port Macquarie, NSW); 14 grandchildren; and 13 great-grandchildren. Lila will be remembered for her friendly smile and her care and visitation of the elderly members.

*Joseph Maticic, Danny Milenkovic*

**Russell**, Norman, born 4.8.1926 in Newtown; died 16.2.10 in Gilgandra hospital. He was the dearly loved husband of Betty Russell. He will be sadly missed by his brothers and sisters; Lilly, William, Ernie, Dot, Lou, Elaine, Joan and John; and his children, Robert and Ron.

*Roger Ward*

**Smith**, Gordon Allan, born 20.8.1919; died 3.10.09 at Gosnells, WA. On 7.10.1978, he married Hilda. He is survived by his wife. Gordon served as elder of Busselton church, which he helped to build. He loved the Lord and the Adventist church.

*Calvin Sheldrick, Gervais Cangy*

**Woods**, Francis John (Frank), born 16.8.1918 at East Brunswick, Vic; died in Princess Alexander Hospital, Qld. He was predeceased by Jessie Adeline and Francis Robert. He is survived by Harold, Helen Upward, Anne Washington (all of Qld), Judith Wilmot, Lynette Gunter (both of Vic) and Sylvia Boyle (NSW).

*R E Possingham*

**Woolley**, Douglas George, born 23.4.1917 at Glen Huon, Tas; died 2.4.10, aged 92, in Hobart. On 9.3.1943, he married Molly Fleming, who predeceased him in 1973. He married Irene Wuetschner on 8.1.1981. He is survived by his wife; his children, David and Rodney and Joylene Lee, and partners; step-children, Esther, Carina, Rodney and Lyndon, and partners; 22 grandchildren and great-grandchildren. He was a WWII veteran having served in the Middle East. In 1946 he found lasting peace in Jesus who he trusted faithfully. He was a kind, hardworking man who provided inspiration and support for all his large family.

*Graeme Brown, Rodney Woolley*

## ADVERTISEMENTS

**Quality Christian products.** Books, DVDs, study guides, story CDs and music from suppliers Amazing Facts, 3ABN and others. Register for our monthly specials. Contact The Story Factory, freecall 1800 452 133; or email <info@thestoryfactory.com.au> and online at <www.thestoryfactory.com.au>.

**Nunawading Church 60th Anniversary Invitation.** This year Nunawading Church, Victoria celebrates its 60th anniversary. As a result we are planning a special celebratory weekend revolving around Sabbath, July 24. We are inviting ex-pastors and ex-members to attend. Please contact Pastor Rod Anderson on 0439 615 250 if you have any memorabilia that could enhance the anniversary.

**Medical practitioners** needed for the Logan Adventist Health Association Health Centre. Full-time and part-time practitioners needed. Contact 0428 486 455.

**Data projectors, screens, DVDs, VCRs, PA systems etc.** Lower prices for Adventist churches, schools etc. Australia only. Rural Electronics (02) 6361 3636; or <greenfieldsenterprises@bigpond.com>.

**Receive the Hope Channel and 3ABN.** Complete satellite kit \$265 + freight; prime signal areas in Australia only. Full instructions for DIY installation. Installers available. Rural Electronics (02) 6361 3636; or <ruralele@bigpond.net.au>.

## Finally

There are two ways of spreading light: to be the candle or the mirror that reflects it.

Next Record May 29


Homecoming

August 27-29, 2010

HONOUR YEARS  
1940, 1950, 1960, 1970, 1980, 1985, 1990 and 2000



It just won't be the same without you

GOLF CLASSIC  
Tee up a game with friends at the Toronto Country Club

REGISTER

Phone 1800 991 392 (free call within Australia) or  
+61 2 4980 2377 (international) or  
visit [www.avondale.edu.au/alumni](http://www.avondale.edu.au/alumni)

REMINISCES WORSHIP RELAX

**Note:** Neither the editor, Adventist Media Network, nor the Seventh-day Adventist Church is responsible for the quality of goods or services advertised. Publication does not indicate endorsement of a product or service. Advertisements approved by the editor will be inserted at the following rates: first 30 words or less, \$A60 +GST; each additional word, \$A1.98 +GST. For your advertisement to appear, payment must be enclosed. Classified advertisements in RECORD are available to Seventh-day Adventist members, churches and institutions only. See masthead (page 3) for contact details.

## SNAP SHOT

with Dr Barry Oliver



I participated in an ordination service this morning. Pastor Peter Korave, the associate pastor of the Pacific Adventist University Church, was ordained to the gospel ministry. Peter and his wife, Karen (pictured below), were deeply moved, aware of the significance of the service—a recognition of God’s call to ministry. Of course the service itself does constitute the call. For Pastor Korave, God’s call came many years ago.

Ordination is a symbolic recognition of an experience that has already taken place. I remember my own call to ministry. Some of you may have heard the story, that it was never my intention to devote my life to gospel ministry. Apparently God had other ideas. He had to make it blatantly obvious to me so that I would take notice. But it is not always so obvious.

What is more, God doesn’t just call those He wishes to engage in full-time gospel ministry. I am convinced God has a place and a call for all His children. While there is something special about a call to gospel ministry, there is something just as special about a call to carpentry ministry, nursing ministry, accounting ministry, or housekeeping ministry, legal ministry . . . or your ministry. God calls us all to ministry. Ministry is service. And God needs all of us in our ministry, serving Him, serving human need, serving in the context of the community of faith—the church. None are exempt unless we choose to be.

There is no such thing as a Christian who does not have a ministry. All are called of God!

*Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.*



## MY CHURCH

### SYDNEY ADVENTIST COLLEGE, NSW

Pastor Richie Reid

My church consists of 321 students from different walks of life. As the chaplain for Sydney Adventist College my role is threefold: I’m the chaplain for the students; I offer pastoral support and care for the staff and their families.

I’m the Seventh-day Adventist minister for the non-Adventist families whose children attend our college. I love that I can go to any student’s home, introduce myself as the chaplain and watch doors open. I enjoy praying with families and discussing issues with parents. I’m passionate about seeing students get excited about God, and what He can do in their lives. These things move me, as I know of the powerful things God has done in my life—He can do even more in theirs.

God often reminds me He is working on young hearts and minds—students in need of a Saviour. When they approach me sharing their story, their new spiritual journey with God—I’m often brought to tears.

This is my public evangelism campaign. Parents pay to bring their children to Sydney Adventist College, what a blessing. My church is a church without a steeple—but with bells that ring every 40 minutes.



## WHY I BECAME AN ADVENTIST

Natalie Santos

Not long ago my Grandma passed away from cancer—she was the rock in my life. I loved attending church with her. When she died I gave up on Jesus. I blamed her death on Him. So I stopped attending church and I started to become the person she had never wanted me to be.

About six months later I started year 8, another year at Sydney Adventist College. I hadn’t thought much about God as He wasn’t part of my life.

The new chaplain, Pastor Richie Reid, in a chapel service painted a new picture of God for me and I started to question my anger towards Him. I started to ask myself if God was as Pastor Richie had described. Loving, caring, graceful and forgiving. Over the next few weeks I felt God tugging at my heartstrings.

I started to discuss my concerns with Pastor Richie—as I found him to be a loving mentor who had a passion for God. Soon after I decided to have Bible studies and my attitude started to change. I paid more attention to my teachers, and looked forward to every chapel service. I couldn’t wait to hear the inspiring messages Pastor Richie presented about God. I soon fell in love with Jesus and wanted to know Him more.

I made the decision to get baptised one Tuesday night at church during a mission program. Our pastor had just finished preaching and asked for people to make decisions for Christ. During the prayer I felt the urge to look up at the screen and I saw a picture of Jesus with lots of children surrounding Him. They looked happy and loved—at that moment I wanted to belong. I wanted to be one of those children and be with God. I love attending my church every Sabbath and I love living for Jesus.



LETTERS

**LOOK AT YOURSELF**  
Jenny via email

Thank you for bringing back Berto. He livens up the page with his cartoons and makes you look at yourself. For a long time my family had missed seeing and reading the humour that Berto brought to us each Sabbath. Keep up the good work Berto and all at the RECORD.

**WITNESSING**  
Maveni Kaufononga, FIJI

Thank you for "How can you be right with God" (Opening His Word, April 17). In my work as youth director in Fiji, I am encouraging young people in our mission to commit half an hour every week to sharing their faith.

We have been blessed as many youth have decided to do just that. I'm collecting Bible studies—like Pastor Gary Webster's—to help them in their witnessing.

**LESSON STUDY**  
Alan Harker, Qld

Thank you for the inspiring editorial, "A heart-to-heart with God" (Editorial, April 17). Our Sabbath school teacher was not well, so I used quotes from the editorial to open the lesson study.

Our discussion focused on two quotes from the editorial, "I need to break away from a bland, powerless, status quo Christianity and put God where He belongs—first in my life" and "... but until we seek God first with all our hearts, it's all in vain."

**PROGRAM VALID**  
Denise Brown, WA

It's obvious the author of "Natural Alternatives" (Letters, April 17) has not looked closely at Dr Neil Nedley's

depression recovery program. I am currently studying the "Training the Trainer" online course. I have studied three modules and each of them has dealt with the importance of changing the thinking associated with depression and gives very practical guidelines.

Dr Nedley is a conscientious physician who, while aware of the gravity and extent of depression, was not willing to only treat the symptoms. The positive results attest to the validity of the program and I suggest those who wish to comment should familiarise themselves with its principles before doing so.

**LOST TOUCH?**  
Kristine Stahl, SA

I think the writer has lost touch with pastoral work in "Is there a better way?" (Feature, April 17). Many of our pastors work very hard, so to add the extra job of church administration into their already crammed schedule is cruel.

Our pastors burn out faster than we can imagine because they're expected to do most of the work in the church without getting proper support from their congregations.

I'm not exaggerating when I say that many of our pastors are working 16 hour days, seven days a week, having to rely on unsanctified means to keep the unsanctified pace that has been placed upon them. So I can say a resounding "No".

Our church administrators should NOT pastor churches. I believe our pastors are the hardest working of all denominations. And Frederick Russell is suggesting that we give them more. And I did vote in the poll (Opinion Poll, April 17).



Official Paper of the  
South Pacific Division  
Seventh-day Adventist Church

ABN 59 093 117 689

Vol 115 No 11

Cover credit: It Is Written Oceania

"Pastor Gary Kent on location at Gallipoli."



Head of News & Editorial:  
Pastor Pablo Lillo  
Email: editor@record.net.au

Assistant Editor:  
Jarrod Stackelroth

Assistant Editor:  
Kent Kingston

Sales & Marketing:  
Theodora Amuimuia

Copyeditor:  
Tracey Bridcutt

Graphic Design:  
Loopeck Lim

E-news editor:  
Tammy Zyderveld

Letters: editor@record.net.au  
News & Photos: news@record.net.au  
Noticeboard: ads@record.net.au

www.record.net.au

Mail: Adventist Media Network  
Locked bag 1115  
Wahroonga, NSW 2076, Australia

Phone: (02) 9847 2222  
Fax: (02) 9847 2200

Subscriptions:  
RECORD mailed within Australia and  
New Zealand  
\$A43.80 \$NZ73.00  
Other prices on application  
Printed fortnightly  
subscriptions@record.net.au

Executive Publishers  
Senior Consulting Editor:  
Dr Barry Oliver

Director of Communication:  
David Gibbons

*Note: Views in letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author's original meaning will not be changed. Not all letters received are published.*