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ADRA CHANGES LIVES IN LANGALANGA LAGOON

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Magazine recognised by its peers

Lee Dunstan—Wahroonga, New South Wales

Signs of the Times magazine received three awards at the annual Australasian Religious Press Association (ARPA) convention, held in Hobart, Tasmania, in early September.

Best placed was Adele Nash of Cooranbong, NSW. She was awarded second place in the most highly contested of the 21 categories (41 entries)—Best Article, applying faith to life—for her feature “From the Ashes” (April 2009) on the Black Saturday bushfires in Victoria. “What I looked for was something that brought insight, inspiration, hope and encouragement to me as a reader,” said the judge.

Signs designer Shane Winfield received an award for Best Layout. Mr Winfield, who has been *Signs* designer for 11 years, had his work judged across three issues from 2009. Judges said they liked “his use of set up photography, montages, good use of points of entry—quotes, sidebars”.

Book reviewer Nick Mattiske also received an award for “Making Much of Little” (April 2009), a review of two books, *Gilead* and *Home*, by Pulitzer Prize-winning author Marilynne Robinson. Judges said it was “balanced”, “reflective” and “resonated with the sensibilities of the books being reviewed”.

“*Signs* is a product of which church members can be proud,” editor Lee Dunstan said. “It’s much more than an entertaining read; it’s designed to get people’s attention and hold their interest, with a view to changing their lives.”



Lee Dunstan (left) with Peter McGuigan, president of ARPA.



Rebecca Mead, an Avondale College Bachelor of Education (primary) graduate, with a student from Hills Adventist College.

Avondale ranks highly

Brenton Stacey—Cooranbong, New South Wales

Avondale College ranks highly in a survey measuring how many independent schools in New South Wales partner with higher education providers to support student learning.

Nineteen per cent of the 101 schools surveyed by the Association of Independent Schools of New South Wales reported partnering with Avondale to support school-based action research, student learning improvement programs and teacher education programs. Thirteen per cent reported partnering with Avondale to support teacher education practicums. Only The University of Sydney, Macquarie University and Charles Sturt University ranked higher, which put Avondale above 14 other higher education providers.

Dr Peter Kilgour, a lecturer in the Faculty of Education and a member of the Independent Schools National Partnership Management Council, attributes Avondale’s high ranking to the quality of its students. Some 408 students are completing teaching practicums this midyear. “They spread themselves nationally and internationally and make quite an impact,” Dr Kilgour said.

Sanitarium honours employees

Jarrod Stackelroth—Sydney, NSW

The Sanitarium Health and Wellbeing Company, Australia, recently presented its Laura Lee Ambassador awards for 2010, recognising employees of the company who have made a significant contribution to their workplace and wider communities.

There were four award categories presented on the day: the branch Ambassador Awards, the Living Our Philosophy Awards, the Team Project Award and the main Laura Lee Award, with the winner being chosen from among the branch ambassadors.

The top honour went to Simon Harrold, who received a holiday and a \$A5000 cheque for the charity he chose, International Children’s Care. Mr Harrold has worked for Sanitarium for 25 years, holding various positions until his current role as webmaster based at head office.

Mr Harrold expressed shock when awarded the title. “Plenty of other people deserve this award. It is a shame

there is only one,” he said. “We pray for our business every day that we’ll have the knowledge to deliver God’s company great results. We have great results for the company and for the Church.”

Over the past eight years the program has been running, Sanitarium has given away more than \$A200,000 to various charities.

Projects undertaken by the ambassadors in the past have included heading to bushfire-affected Marysville to help re-establish a community business, running kids’ camps in North Queensland and renovating a drug rehab clinic on the Central Coast.



The branch ambassadors.



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our hope in Jesus Christ!

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Justice outside the courts

Tammy Zyderveld

I struggle to avoid becoming overwhelmed when I hear about extent of injustice and oppression in our global and local neighbourhood. The very fact that trafficking human beings is now the fastest growing criminal industry in the world, tied with the illegal arms industry as the second largest, after the drug-trade, is a moral outrage. We've allowed our fellow man to become essentially a new world currency.

These forms of injustice are too far spread, and too ingrained within humanity, for the eradication and overall solution to come from us. God has to exist. I can't imagine how much worse it needs to become for God to step in, but surely the breaking point must be near. In Psalm 10:12-18, David outlines one of the most prominent reasons behind our responsibility to advocate against every form of oppression that we discover in our global society. "Lord, you know the hopes of the helpless. Surely you will hear their cries and comfort them. You will bring justice to the orphans and the oppressed, so mere people can no longer terrify them."

As advocates for the poor, we need to place our focus on these verses, as a reminder that our efforts to defend the rights of those who are unable to defend themselves will in the final days be justified. I know such oppression won't end tonight. And to trust that our Heavenly Father already knows when the time will be is hard to comprehend. However it's important to remember that until then, God is watching every case of abuse. He is taking note of all forms of oppression, counts of rape, and bouts of torture, inflicted on his children. He sees it, he hears it, and is taking note, for when he will return to liberate his people. The kingdom of God is here on earth, it is now, and we're it. If we know of injustice happening in our global and local neighbourhood, and we are angered by it, shouldn't we do something about it?

In this edition, Michelle Noerianto takes a look fasting on page 14 and Nyree Tomkins asks "What's in a name?" Enjoy the read.

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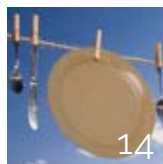
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Momentous direction for conference

Jarrod Stackelroth—Adelaide, South Australia

The 2010 constituency meeting of the South Australian Conference, held on September 25-26, saw a number of changes that will affect the state into the future.

The 196 delegates were called to accept a motion to move forward with a bid to build a new R-12 school in a future growth corridor, north of Adelaide. The project will be funded by the sale of the Almond Grove retirement village on the conference's old campground at Morphett Vale.

"This is probably the most momentous decision the conference has considered for a very long time, or will consider for a very long time," said retiring president, Pastor Garry Hodgkin.

The allotment of land the conference will be bidding for is in a new development area which is set to grow by 60-70,000 people in the next 10 years. Central to the development of the new school will be a church plant in connection with the school.

"I believe that through our schools we can grow the church," said education director, Carel Neuhoff, during his address to the delegates.

This site is in one of only three areas in the greater Adelaide region that will be opened up for development in the next 30 years. There were many comments and some concerns discussed from the floor of the session but overall the recommendation was received with enthusiasm.

Another decision made at the session was the appointment of Pastor Andrew Kingston as president.

Pastor Kingston has served a term as president in the

Solomon Islands' mission. Before that he worked in the South Pacific Division and old Trans-Australian Union Conference Youth Departments. He has also worked previously in South Australia, Victoria, New Zealand and Papua New Guinea.

After serving nine years in the role, Pastor Garry Hodgkin decided to return to local church ministry. A vote of appreciation for the president's work was moved and the applause was resounding.

Secretary/treasurer Garry McIver was returned to office. Mr McIver has worked in his current role for 14 years.

It was not all good news however. Mr McIver shared during his report that the conference had only achieved 1 per cent growth in the past three years, while South Australia's population grew 2.3 per cent. For every 100 members in South Australia, there were only 1.27 baptisms in 2009. Churches have 6750 seats available but there are only 2888 members. There was a sense of hope as the conference gears up for its next term, aiming to reverse these trends, with help from a major evangelistic program next year.



Congregational singing provided inspiration and happiness to delegates during the session.

ADRA changes lives in Langalanga lagoon

Trixie Carter/Pablo Lillo—Malaita, Solomon Islands

The residents of Lalana village—an artificial island in Langalanga lagoon, Malaita province, Solomon Islands—will have convenient access to fresh water for the first time after the installation of 10 concrete water tanks.

The project, installed by Adventist Development and Relief Agency—

Solomon Islands (ADRA SI), has enabled hundreds of people in Lalana village to collect water for drinking, cooking and domestic duties.

ADRA SI director Barry Chapman said, "People living on the artificial island have had to paddle around 2-3 hours in canoes to collect fresh water each day. This now means they can focus on other matters including economic opportunities for their families."

The project, costing \$SI3.8 million, is co-funded by the Solomon Islands Government Development Fund and Australian Government Aid Program (AusAid). ADRA

SI and the Rural Water Supply and Sanitation Program (RWSS) worked together to implement the project.

This is only the second partnership agreement entered into by the RWSS and a non-government organisation in the water supply and sanitation sector in the Solomon Islands.

Mr Chapman said, "ADRA Australia provided around \$A20,000 for the construction of three concrete tanks. The communities were so keen to get involved—they helped build the 10 water tanks. They now have up to 160,000 litres of fresh water available."

Mr Chapman said ADRA was interested in helping rural communities to have clean drinking water right at their doorstep.



Local children are happy about the new tanks.

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New church rises out of the ashes

Kent Kingston—Windsor, New South Wales

At 5:30am on January 18, 2006, the fire brigade was called to the Seventh-day Adventist Church in Windsor, in northwest Sydney.

An unknown arsonist had struck for reasons which remain a mystery today. It took six firefighting units 90 minutes to bring the blaze under control. But by then the main church building was gutted.

The following Sabbath, the Windsor congregation, about 70, began meeting in the church hall. The congregation grew during the time it worshipped in the hall. Church pastor James Fletcher said there was a more informal "family" feel to the gatherings in the hall, which seemed to attract newcomers. Also, the congregation had shared a common tragedy that brought them together. They now also had a common goal: to rebuild what had been destroyed by the fire.

Building contractor and head elder, Nelson Haora, took charge of a crew of volunteers in demolishing the sections of the building that were beyond repair. Attempts to reuse materials from the wreckage turned out to be more expensive than starting anew, so the congregation decided to not only rebuild the church, but expand it as well. Nearly five years later, church and community leaders led out in a celebration of thanksgiving and a rededication of the new church building.

Windsor church is now a tasteful combination of old and new. The gothic arches and vaulted ceiling remain, the acoustics suitable for the traditional organ and piano worship favoured by the congregation. "A big foyer" was one of the architectural requirements, and the final design has plenty of room for after-church chat outside the worship space.

Representatives of federal, state and local governments spoke at the rededication church service, with Greater Sydney Conference president, Pastor David Blanch, delivering the keynote address. His theme was the sanctuary—from Genesis to Revelation. God wants to dwell with us, he said. A building constructed through sacrificial giving is indeed an act of worship to our God. But, in the final analysis, He wants to dwell within the temple of our hearts.



OPINION POLL

When was the last time you fasted for a spiritual reason?

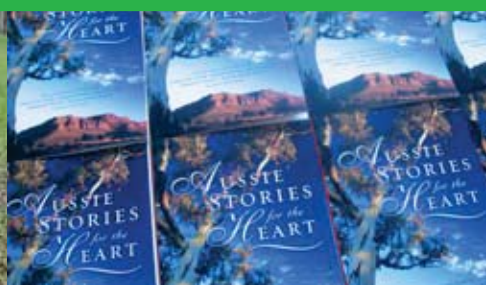
- During this year
- Past five years
- During childhood
- Never

Please visit record.net.au to answer this poll.



Splash-point

Two days of continuous rain provided much mud and puddles at Steward Park during the SQLD Camp. Two and-a-half-year-old Jacob Quoddrill, who attends Springwood church, was found celebrating his second year at camp with a splash.
—Pablo Lillo



Aussie stories

Eight Adventist and Adventist-published writers have their stories included in *Aussie Stories for the Heart*, the 2010 volume of the "Australian Stories". Grenville Kent, David Edgren, Nathan Brown, Scott Wegener, Monique Johnson, Kristel Rae, Sally Salmond and Paul Edgren were all chosen. Many of them were first published in *Signs of the Times* magazine.—Nathan Brown



Emma's science success

Hills Adventist College student Emma Mattner (Year 5) was recognised with a high distinction in the University of NSW schools science competition. This award places Emma in the top 1 per cent of NSW and ACT in science skills.—Michelle Gibbons



Mission in Action

Mary Budulica relocated from Australia in 2004 to establish Mission in Action (MIA), a Nakuru baby orphanage located in Kenya, Africa. MIA has also established a general store for the community and provides clean water for the people. Ms Budulica returns to SQLD Camp annually where she shares her passion for homeless babies and children.—Pablo Lillo



Long-serving volunteer

Haydee Meunier from the Deception Bay church, Qld, is a long-serving volunteer for *Signs* magazine. Eleven years ago Pastor Des Hills invited Ms Meunier to help with *Signs* promotion at the SQLD Camp. She hasn't missed an opportunity to encourage people to share their faith through a *Signs* magazine.—Pablo Lillo



Join the family

Kempsey and South Kempsey church, NSW, came together for a combined baptism service. Malika Moylan, Kiralee Davis and Kristy Smith were baptised on September 4. Pastor Murray Chapman, Michael Chapman (known as Chappo) and the youth director for the NNSW conference, Jeff Parker, assisted in the service.—Lindon Chatman



Cooking fun!

Year 4 students at the Wahroonga Adventist School, NSW, held a special dinner for parents, grandparents, relatives and friends on September 16. The children had fun cooking and serving the meal and presenting a musical entitled *The Road Less Travelled*, a contemporary version of *Pilgrim's Progress*.
—Tracey Bridcutt



Kent caravan

In 1974, Pastor Ray and Jean Kent purchased a Chev truck with a caravan on the back. They travelled with it through Africa, Europe, England, the Holy Land, Afghanistan, Pakistan and India running evangelistic meetings. Thirty-six years later they still use the caravan as they serve as volunteers for It Is Written.
—Pablo Lillo



Blood donors

Maureen Bainbridge (left), from the Gold Coast Central church, Qld, and Wendy Craig (right), from Toowoomba Central church, have been giving of themselves by donating blood to the Red Cross as long as they can remember while attending the SQLD Camp.—Pablo Lillo



Fat chance

New research commissioned by Sanitarium shows that more than half of Australians are overweight or obese and only 12 per cent eat the recommended daily servings of vegetables. And yet, two-thirds of Australians believe they will live until at least 80, and over one-third want to make it to 100 disease-free. —www.vegetarianweek.com.au



Open hearts, open hands

New research has shown that when it comes to charitable giving, Australians and New Zealanders are the most generous in the world. Ireland and Canada are next, with the United States and Switzerland tying for fifth place. But when it comes to donating time, citizens of Turkemistan are the most generous. —*Charities Aid Foundation (UK)*



Threatened

Concerns are increasing for the welfare of Christians in Somalia, as the al-Qaeda-backed al-Shabaab rebel movement threatens to take over the capital. Al-Shabaab is responsible for the deaths of 20 Somali Christians during the past two years and has indicated that the elimination of Christians is a priority. —*Assist News Service*



Soul-winning career

The Billy Graham Evangelistic Association is 60 years old. It's estimated that since the 1950s, more than 2.2 billion people have heard Billy Graham preach, either in person or through the media. And millions have accepted Christ. Billy Graham celebrates his 92nd birthday next month. —*Billy Graham Evangelistic Association*



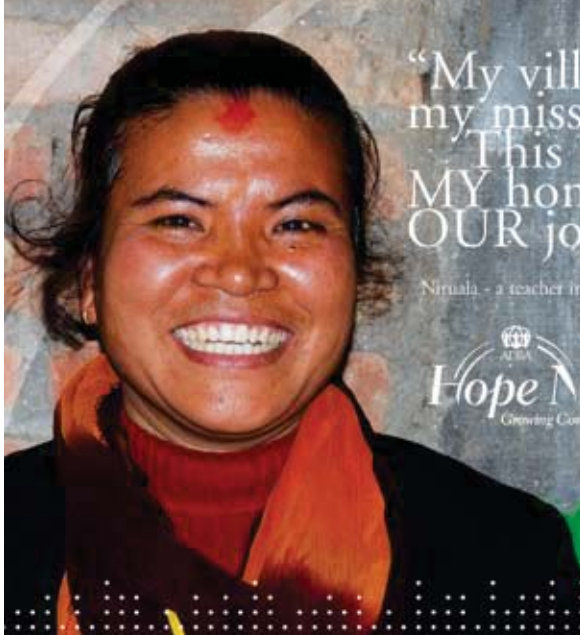
Mayday call

Christian radio in New Zealand is facing a crisis situation as the government is requiring NZ\$6.4 million to renew the majority of Rhema Broadcasting Group's commercial licences for the next 20 years. The government has extended the October 1 deadline for payment by two months, but Rhema says it still needs help. —www.2030vision.co.nz




State vs Church

Criminal charges against Methodist Church leaders in Fiji have been mostly dropped due to "insufficient evidence". In July 2009, all members of the Fiji Methodist Church Standing Committee were charged with attending an unauthorised meeting. Only four members of the committee still have charges outstanding. —*Christian Today*



“My village is my mission. This is MY home and OUR journey.”

Niruala - a teacher in Nala, Nepal.



Growing Communities of Hope

Nala region in Nepal has seen an amazing transformation.

Before ADRA stepped in, families went hungry, children were denied an education and their women were abused. Since 1997 ADRA has been working in Nala region to empower the community through training in literacy, family health, agriculture and resource conservation, micro-finance, community empowerment and more.

Today, most families in the area have secure food. Families that once had no income, have an income. And every child is attending school.

All this happened because the people of Nala, ADRA Australia and our supporters were committed to change.

But the journey is not over. There's still a long way to go to ensure that Nala, and other communities around the world, can provide a fulfilling future for generations to come.

Your commitment of just 50c from every \$100 you earn can make an amazing difference to communities in need, such as Nala, helping to alleviate poverty and hardship and bring hope to thousands!

By joining ADRA's *Hope Nation* today, your monthly gift can provide assurance and on-going support to people in need so they can plan for the future and realise their dream of a better life.

YES, I want to be a part of ADRA's *Hope Nation*

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Account Name: _____ Financial Institution: _____
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Gifts of \$2 and over are tax-deductible. A consolidated receipt will be sent to you at the end of each financial year.

This is an ADRA Australia initiative. For New Zealand residents, ring 0800 4999 111 or visit www.adra.org.nz for donation information.



Adventists take a stand

by David Gibbons

DURING THE AUSTRALIAN UNION CONFERENCE (AUC) constituency meetings, delegates voted on and affirmed practical statements against three significant issues impacting society. The issues were alcohol, violence against women and the sexualisation of young girls.

Following a weekend where police arrested 737 young people in New South Wales for alcohol-fuelled violence, the 174 delegates called for Australian governments to raise the legal age for purchasing and consuming alcohol to 21.

The delegates voted to lobby the federal Senate Community Affairs Committee and state legislative assemblies.

The recent 214 page report entitled "The Range and Magnitude of Alcohol's Harm to Others" (August, 2010) by the Alcohol Education and Rehabilitation Foundation, documents the magnitude of the harm that alcohol consumption inflicts on Australian communities. Surveys conducted in Australia over the past 10 years reveal:

- the proportion of teenagers drinking at least weekly was around 22 per cent;
- more than a quarter of 14-19-year-olds put themselves at risk of alcohol-related harm in the short term at least once a month during the previous year; higher among females of this age (28.3 per cent) than males (24.5 per cent).

Seventh-day Adventists have held a strong view on the consumption of alcohol for more than 100 years, and discourage its use among church members. Delegates at the Australian church's quinquennial (once in five years) meetings voted in support of a statement saying Adventists would "take proactive measures" to reduce the damage of alcohol on young people. They request "legislation be introduced to raise the legal age".

Shane Varcoe, guest speaker and director of the Dalgarno Institute, spoke about the problems associated with alcohol consumption, drawing attention to the growing evidence that drinking before the maturation of the brain at around 25 is dangerous.

Delegates also voted: "We, as representatives of the Seventh-day Adventist Church . . . declare our commitment to the Church's scripturally based and historic stand for the

principles of temperance . . . and thus call upon each member to affirm and reveal a life commitment to abstinence from any form of alcohol."

Delegates also voted to take action against violence to women and girls. Surveys show more than half of women in Australia have experienced incidents of physical or sexual assault since the age of 15; 19 per cent of women aged 18-24 had experienced sexual violence in the past 12 months; and only 15 per cent of women who were assaulted in the past 12 months reported it to police.

The END IT NOW campaign, voted by delegates, was initiated by the Women's Ministries Department and the Adventist Development and Relief Agency (ADRA). It aims to mobilise Adventists and the wider Australian community to resolve this worldwide issue.

The resolution stated: "We choose to refrain from any form of abuse or violence within our families, the community and the Church. Further, we choose to speak out against any form of abuse or violence within the Church, and take all steps possible to ensure our churches are a secure and safe place for women and children."

The third issue delegates confronted was the extent to which the sexualisation of children is happening in Australia.

Author and campaigner Maggie Hamilton told the delegates that sexualisation of children is a serious concern for communities right across Australia.

Delegates raised white balloons to show support as they voted to "bring an end to inappropriate marketing to young children". They also determined to support current community efforts to tighten regulation of age-appropriate material to children younger than 12; to call upon community and government leaders to ensure all efforts are made to end the sexualisation of children; and to call upon the Advertising Standards Board to change standards of practice in media to better protect the rights of young children. The AUC will research and produce specialised resources that will assist parents and teachers to deal more effectively with issues regarding the sexualisation of children.

David Gibbons is director of communication for the South Pacific Division.

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OPINION

Graham Hood

Healthy godly men

I've only been a Christian for just over three years, which is the reason my knowledge of Scripture is not very strong. I am surrounded by good men, however, who have a great head for Scripture.

I am amazed at the instant recall they have of Bible passages that readily support arguments of doctrine or theology. In spiritual conversation with these men I find myself taking a back seat out of my own biblical insecurity.

In recent times I have noticed something alarming, however.

Many of the knowledgeable men to which I refer, seem to be struggling in their personal lives. Some suffer from anxiety and depression, while others struggle to maintain healthy relationships.

I go back to my early days of studying what it means to be a healthy godly man, and recall that many men operate from head knowledge. Their lives are based on knowledge and fact—this is required to support an insecurity founded in fear and dare I say . . . a lack of faith.

If I keep filling my head with knowledge I will eventually get it. We all know that fear and anxiety are signs of a lack of faith in God. It can be drawn from this, that a head full of biblical knowledge is not necessarily a precursor to a life of serenity in Christ Jesus.

I am very fortunate to be a kinaesthetic person who thrives on heart based thought and feelings. I read a lot of the Bible and much of it doesn't sink in, but the parts that do go straight to my heart. I don't know it . . . I feel it. In this I find peace.

I see myself as ignorant of the definitive explanations of Scripture that can sustain intelligent argument with others, and yet I have a sense of peace and purpose that makes me feel that ignorance is bliss.

I pray that one day, those who I admired for their head-based knowledge will find the hard drive of the brain full and then move this data to the heart drive.

The Bible and all of God's teachings signify the importance of relationships—relationships with each other and with God. In this the heart is the most vital organ of the human body.

Graham Hood is a pilot for Australia's largest airline and runs a ministry called Mission Serenity <www.missionserenity.com.au>.



See feature "Fasting: A spiritual discipline" on page 14.



The Coronary Health Improvement Project
Sponsored by the Adventist Health, New Zealand Pacific Union Conference

Veggie delights

October 1 was World Vegetarian Day and Sanitarium Nutrition Services would like to encourage you to make one meal a week meat-free—and start enjoying the many benefits a vegetarian diet can bring.

There are three main types of vegetarians:

Lacto-ovo vegetarian—includes dairy products and eggs along with all plant foods. There can be variations on this, with those who avoid eggs (lacto vegetarian) and those who avoid dairy products (ovo vegetarians).

Vegan—a strict vegetarian diet, consisting of only plant foods; all products of animal origin are avoided, including dairy, eggs, honey and gelatine.

Semi-vegetarian—this group eats most meals without meat. A variation in this group is pisco vegetarians, who also eat fish and no meat or chicken.

Health benefits of vegetarian eating

Researchers show there are many health benefits to being vegetarian, and these include:

- **Increased protection from heart disease.** High intakes of saturated fat are linked to heart disease. Plant-based foods are generally low in saturated fat.
- **Lower blood pressure.** A diet rich in plant-based food is linked to reduced blood pressure, possibly due to its higher level of nutrients such as potassium and magnesium.
- **Cancer-fighting properties.** A vegetarian diet, rich in wholegrains, legumes, nuts, seeds, fruit and vegetables, may help reduce the incidence of various types of cancer, while a high intake of red and processed meats is linked to increased rates of colon cancer.
- **Diabetes control.** Diets which incorporate wholegrains and legumes promote a slow rise in glucose levels, which

can stabilise blood sugars and reduce high peaks in insulin production. This is essential in maintaining healthy blood sugar levels in diabetics.

It's important to know legumes are a great start

Making the change to a vegetarian diet is not simply a case of removing the meat—it is important to replace meat with suitable meat alternatives such as legumes, nuts and seeds. It is also very important that vegetarians maintain sufficient levels of vitamin B12 in their bodies, as this is usually only derived in the diet from animal products. Good alternative sources of B12 for vegetarians are:

- 2–3 cups fortified soy milk, such as So Good or dairy milk
- 20g Marmite
- 2 large eggs
- vitamin B12 supplement (available from your GP)

Moving towards vegetarian eating

If you need inspiration, get out some cookbooks from the library or search recipes on the internet; Italian, Indian, Asian, Mexican and Spanish cuisines all have lots of tasty vegetarian recipe ideas. Take a look at the foods you already eat. There may be many that are already vegetarian, or that can be easily modified.

Visit our website <www.sanitarium.co.nz> where we have lots of tasty vegetarian recipes available for you to view.

Call and speak to one of our qualified nutritionists at the Sanitarium Nutrition Service on 1800 673 392 (in Australia) or 0800 100 257 (in New Zealand). Alternatively, email us at nutrition@sanitarium.com.au (Australia) or nutrition@sanitarium.co.nz (New Zealand). Don't forget to ask for our free cookbook, *Food for Health and Happiness*.



RECIPE

Nepalese vegetable curry

- 2 tablespoons canola oil
- 2 cloves garlic, crushed
- 1 teaspoon turmeric
- 1 teaspoon curry powder
- 825g can chopped tomatoes
- ½ cup light coconut milk
- 425g can chickpeas, drained and rinsed
- 2 medium onions, finely chopped
- 1 teaspoon grated fresh ginger
- 1 teaspoon ground cumin
- ½ cauliflower, cut into florets
- 1 cup frozen peas
- 1 teaspoon salt

1. Heat oil in a large saucepan and sauté onion, garlic and ginger until soft.
2. Add spices and sauté a further minute. Fold through cauliflower.
3. Add tomatoes and bring mixture to the boil, reduce heat and simmer until cauliflower is just tender.
4. Add peas, chickpeas, coconut milk and season with salt. Heat through and serve with boiled rice. Serves 6.

Preparation time: 15 minutes. Cooking time: 30 minutes.

PER SERVE: 960 kilojoules. Protein 10g. Total Fat 9g. Saturated Fat 1g. Carbohydrate 22g. Total Sugars 11g. Sodium 680mg. Potassium 830mg. Calcium 120mg. Iron 3.5mg. Fibre 9g.

To make a wholesome wholegrain meal, serve this curry with brown rice. Also great with roti or naan bread.



OPENING HIS WORD

Gary Webster

Too much talk of grace?

I was recently talking to someone who implied that there is too much talk of grace. There's no question many are cheapening grace as they did in the early church. However there is actually far too little serious talk of real grace. **Read** Jude 1:4

Firstly, the grace that streams to us sinners in abundance from the heart of a loving God, justifies us freely, counting us as righteous before God, through the redemption price paid by Jesus. Thus we have salvation as we put our trust in Christ.

Read John 1:17; Titus 2:11; Romans 3:24; 5:20,21; 2 Timothy 1:9; Ephesians 2:8,9

At the same instant that God's grace justifies us, it also creates us as new people.

Read Ephesians 2:8,10; Colossians 3:10; John 3:3,14-16; Ezekiel 11:19; 36:26

Having been created or born anew in Christ, we are then to grow up into the likeness of Jesus through, and in the environment of, a grace relationship with Jesus.

Read 1 Peter 2:2; 2 Peter 3:18; Ephesians 4:13,15

This environment of relational grace:

1. Imparts to us faith and love, enabling us to live for others as Jesus did.

Read 1 Timothy 1:14; 2 Corinthians 8:9

2. Leads us to worship and serve God with respect, reverence and godly fear.

Read Hebrews 12:28

3. Trains and disciples us to turn from worldly living and lusts and to live self-controlled godly righteous lives.

Read Titus 2:11,12,14

4. Empowers us to stand firm for God.

Read 2 Timothy 2:1; Hebrews 13:9

5. Makes us careful of the relationships we form with non-believers.

Read 2 Corinthians 6:1,13-15

Little wonder grace is our greatest and all sufficient need as Christians. Thank God that His throne is one of grace, to which we can come boldly and confidently to receive mercy when we fall, and help for all our needs.

Read 2 Corinthians 12:9; Hebrews 4:16

Pastor Gary Webster is director of the Institute for Public Evangelism.



HEALTH WISE

Dr James Wright

Q: My dad died from bowel cancer at 54. Is this tendency inherited? Should I be tested, and how?

A: Seventeen people die daily from bowel cancer in Australia, including many young people. There is a definite genetic predisposition. The simple haemoccult test should be done annually. Kits are available from chemists or Rotary centres. Ideally with a history like this, a colonoscopy is advised, even starting at age 30, then regularly for the rest of your life. Bowel cancer is a horrible and protracted way to go.



MY MINISTRY IDEA

Drift 4 Christ started around three years ago when I was inspired to do something exciting for God! Growing up as a Christian I was at the stage in my life where I found the church irrelevant and boring.

All through high school motorbikes and motocross were my passion. After winning a couple of the local championships, it was my dream to do it professionally. But growing up as a Seventh-day Adventist, my parents didn't allow me to ride on Sabbath, and because all of the big race

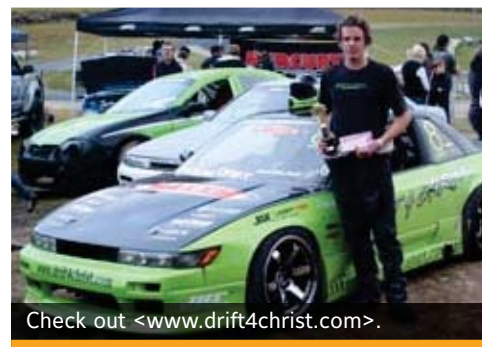
events were on Saturdays it was basically impossible to get anywhere with the sport. So I gave up on the motocross and bought my 1991 Nissan Silvia.

Drifting is basically sliding a car sideways around a race track, where you are judged and given points on your angle, proximity, line and overall style.

As I started doing up my Nissan Silvia and became interested in drifting, I found an amateur drift comp. It was on a Saturday but I decided I would go anyway, as I was old enough to make my own decisions. My parents agreed that it was my decision but they insisted on giving me a CD of Herb Larsen's 2006 Brisbane big camp talks, and said if I listened to these then I had their blessing. After coming seventh at my first comp and being inspired by listening to Herb Larsen on the way there, I decided to put a sticker saying Drift 4 Christ on my back window to get people asking about Jesus.

Three years on and the little Drift 4 Christ sticker has turned into one of the most well-known drift cars in NSW and QLD. And even with my decision not to drift on the Sabbath, I have been competing in the Stadium Drift Pro Tour for the past two years. I have also taken part in Pro Drift demos at Bathurst and Powercruise events and the Gold Coast Indy 600 Drift Demos!

As well as this, my teammate Oliver Doyal and I have taken the drift car to heaps of schools and shared Jesus with thousands of kids in an exciting and real way! Next year looks like it will be even more amazing with a safe driving program coming together that we are planning to take to all the public high schools across Australia. —Leighton Smith





What's in a name?

by Nyree Tomkins

THE DAY HAD ARRIVED FOR MY SISTER TO BE induced. She was 10 days overdue with the baby who was to turn me into an aunty. She was to be in hospital by 8 am but had been told it could take hours for labour to start. I waited for my brother-in-law to phone to let me know she had gone into labour.

Throughout the morning the receptionist kept coming into my office to ask if I had heard any news. By mid-day I assumed the midwife's prediction was correct and it was going to be a lengthy process, so I left the office to get some lunch. On my return, as I stepped out of the lift and greeted the receptionist, my mobile phone gave the familiar chime that let me know a text had arrived. Excitedly I fumbled for my phone expecting a text to say my sister had gone into labour, but instead it was a photo of mother and baby! The baby had arrived!

"Look," I said running around to the receptionist's desk, "it's here! It's my . . . oh—I don't know what it is; you can't tell if it's a boy or a girl. I'm an aunty but I don't know what to."

I phoned my brother-in-law, "Congratulations Daddy, it's here—what is it?" He laughed, "Didn't you get the photo?"

"Yes," I said, "but you can't tell what it is! What is it?"

"It's a boy! Born by emergency caesarean."

I had a million questions, "How much did he weigh? Why did he need to be born by caesar? Is everything OK? How is Mum? What time was he born?"

Excited and satisfied I hung up and ran around the office telling everyone I had a nephew, how much he weighed, what time he was born and that he was born by emergency caesar. Then I sat down to write a bulk email to everyone who I thought would be remotely interested—and realised—I forgot to ask his name.

The receptionist came into my office again—"What did they call him?"

"I just realised—I forgot to ask." I texted my brother-in-law. "Sorry, forgot to ask, what's his name?"

Baby names are always a worry. You worry the child will be named after some bully you knew at school. You worry that it will be too common and boring, too hard to spell, too

difficult to pronounce or just sound plain funny and the kids at school will laugh. A text came back from my brother-in-law: "His name is Elkanah."

"Oh," I thought, "I hope that name will be alright." I rarely take to the names people call their children straight away. It takes time for the baby to look like an Ethan or a Lucy or a Jesse but eventually they do. I hoped Elkanah wasn't too hard to spell or too unusual.

I told the receptionist.

"What does it mean?" she asked.

"I don't know, it sounds like it's from the Bible."

I typed "Elkanah" into Google search and sure enough the result came back that it was the name of Hannah's husband, the prophet Samuel's father (1 Samuel). But it was the second item on the Google list that captured my thoughts. It said that the name meant "God has purchased" or "God has redeemed" and immediately I loved the name.

God has purchased! What a significant name for a newborn baby! A baby entering our fallen world, a world where we are by nature a slave to our sinful, self-serving ways, separated from the God who made us, intent on building up our life here on earth and destined to die after a few short years. At least, it would be this way except for one thing—God has purchased. The only One with the ability to secure our freedom from a life of slavery to sin and eventual death has already purchased our freedom, or 'redeemed' us. That One was Jesus, God in human flesh.

When Joseph and Mary were naming the Son they had been entrusted with, they did not need to consult the baby name books, the name was given to them by an angel. The name was first given to Mary, and then in a dream an angel came to Joseph and said, "She will give birth to a Son, and you are to give Him the name Jesus, because He will save His people from their sins" (see Matthew 1:21). What a wonderful name is "Jesus"—the One and only born into our world who has saved us from our sins and secured for us eternal life. And what a wonderful name is "Elkanah"—the meaning of which applies to every baby ever born on our planet—"God has purchased".

➤

Nyree Tomkins writes from Auckland, New Zealand.



by Michelle Noerianto

The background of the entire page is a photograph of a clear blue sky with a few wispy clouds. A thick, light-brown rope is stretched horizontally across the middle. Three wooden clothespins are attached to the rope. On the left, a silver spoon and a silver knife are hanging from the rope by their handles, held by the clothespins. On the right, a large, empty, light-brown ceramic plate is hanging from the rope by its rim, also held by a clothespin. The text 'Fasting: A spiritual discipline' is overlaid on the lower half of the image. 'Fasting:' is in a large, light green, serif font. 'A spiritual discipline' is in a smaller, white, serif font below it.

Fasting:

A spiritual discipline

ARE YOU SEEKING GOD'S DIVINE WISDOM on a particular point, suffering from spirit oppression or seeking God's blessing for yourself or another? You may want to consider fasting.

Fasting is the most powerful spiritual discipline of all the Christian disciplines. Through fasting and prayer, the Holy Spirit can transform your life. Fasting should be done humbly and often secretly.

I became interested in fasting while living in Jakarta, Indonesia. The community I associated with were predominantly Muslim. It was not uncommon for people I lived and worked with to fast once a week as well as the prescribed month of Ramadan. It was fascinating to dialogue the benefits of fasting and I made a conscious decision to study about fasting in the Bible. It wasn't until I was drawn into learning about intercessory prayer for others that I really grasped the concept of a God-appointed fast.

I had received victory over some very dark forces affecting my family due to fasting and prayer. I had the desire to "pay things forward" and honour God with what I had learnt. When God sets a time for fasting it is not something you struggle with in the flesh, such as you would if you attempted to do it for discipline. Sure you feel hungry but a prayer or two will make that pass and the whole process is Holy Spirit prompted rather than burdensome. I have been blessed to see God heal and reveal deep secrets during times of fasting.

Fasting is one of the most neglected spiritual admonitions. In fact, it has been ignored for so long that it is difficult to find information on the "how-to's" of this life-changing experience.

When I first undertook an extended fast, I had a difficult time finding information on the nature of a biblical fast, how to start, what to expect physically and spiritually, and how to terminate a fast.

In preparing, set your schedule in order. Shop for any food or beverages that will assist you in achieving your goal. Clear your kitchen of any unnecessary temptations and decline social activities where the attraction may be too great. If you start with a plan to fast, and commit it to God, He will bless it. Proverbs 16:3 says, "Commit to the LORD whatever you do, and your plans will succeed."

Fasting does not always need to include food, but can be a fast from an area that you may be struggling with. For example, the internet, technology, make-up, watching television, music, relationships, text messaging or work, are just a few ideas. If you have an issue—and many do with self-control—try committing that time to God and using it in a fruitful way and fasting from the action that is controlling your life.

There is no set length of time mentioned in Scripture that makes fasting acceptable to God; in fact it is an attitude that is pleasing to God (see Isaiah 58). In biblical times, fasting—abstaining from food—generally lasted one day (see Judges 20:26).

The Bible mentions other fasts for longer periods of time (Esther 4:16, 1 Samuel 31:13). It's mentioned on three occasions for 40 days—Moses receiving the Ten Commandments (Exodus 34:28), Elijah encountering God (1 Kings 19:8), and Jesus being tempted in the wilderness (Matthew 4). Since these were unusual circumstances, it is normally not recommended for a person to fast for 40 days without medical supervision.


Some other dietary advice I practice regularly to seek God as a type of fast, are the Genesis diet (Genesis 1:29) and Daniel's diet (Daniel 1:8-20). Both examples are the original detox program. By abstaining from processed foods and any unnecessary additives, sugars, spices, tea, coffee and meat, the digestive system is given time to take a rest and toxic waste is quickly moved through the system. This process really gives your mind a clarity that you may not have experienced before.

I strongly believe this was God's original desire to prevent disease and have the clarity of mind to hear Him clearly.

Tips to consider when fasting:

1. **Start small, try skipping one meal.** Train your body and mind by fasting gradually as your body adjusts.
2. **Type of fast.** If you plan to limit your liquid intake to water it is advisable not to fast for more than one day without medical supervision. If you take freshly squeezed juices and water then you will sustain a safer fast for a lengthier period.
3. **Organise your activities around your fast.** Consider your workload and social commitments.
4. **Build prayer time into your schedule.** This is the true purpose of fasting—to seek God—coupled with prayer.

When you finish a fast from food it's important to begin eating slowly with light foods such as fruit. Avoid heavy or rich foods and definitely avoid over-eating to allow your system time to gradually readjust. Fasting will help you develop self-control and avoid the sin of gluttony—a real problem in our society. Fasting has helped me develop empathy for those without.

Try committing the money saved by not eating for a period to a special cause for those in need. Heed the advice of Paul in Philippians 3:19. Set your eyes on things eternal, you won't be disappointed. 

Michelle Noerianto runs a ministry with Suzanne Bocking called Flourish Consulting based on Isaiah 61:1. For more information see <www.shewillflourish.com>.

Kevin gets a card from Jesus

by Steve Piez/Eileen Fehlberg

I WAS BORN IN MULLEWA, WESTERN AUSTRALIA IN 1943. I have Aboriginal, German, Irish and English ancestors and am the eighth child of 13 children. In 1946, our lives were shattered when the Native Welfare Department took my mother, myself and four of my youngest siblings, to Moore River Settlement. We didn't know at the time but we had become part of the Stolen Generation.

Life at Moore River was harsh. We were separated from our mother. She could hear us crying for her at night but there was nothing she could do about it. At times we received severe beatings—in fact my brother was beaten with a stock whip for something he didn't do. It was a cruel place. Eventually we were sent home to Mullewa, to live with our Aunty Eileen and Uncle Victor Harris. However, our mother was forced to remain at Moore River and we did not see her again until we were adults.

I completed school in Mullewa. These were happier times. Avy Curley, Leedham Cameron and Mrs Shields brought the message of the seventh-day Sabbath to our community. Though I didn't make a commitment at the time, I never forgot the seventh day of the week as God's holy day.

As a young person I spent a lot of time playing football and boxing. My life had no direction until I met Barbara. We married in 1968. Barbara was an Adventist and she influenced me to commit my life to God. I had Bible studies and was baptised on February 22, 1972, by Pastor Athal Tolhurst.

We moved to Perth so our children could get a Christian education. I became involved in Aboriginal Ministries and was also involved in early discussions that led to the establishment of Mamarapha College—a Seventh-day Adventist Indigenous Secondary training centre. Sometime later I was selected to be among the first students to study ministry at Mamarapha. On completion of the course I continued to minister at places like Karalundi Aboriginal School (50 kilometres north of Meekatharra), Mullewa and later in Geraldton.

In February 2005, I travelled to Karalundi for its annual general meeting. I had been diagnosed with gallstones but was still working up the courage for the necessary operation. Unbeknown to me a gallstone had lodged itself between my pancreas and bowel and a life-threatening

infection had developed. During the meetings I became extremely ill and was rushed to Meekatharra Hospital where I fell into a coma which held me captive for three months. I was then rushed to Perth by the Royal Flying Doctor Service and Barbara was told to get the family to Perth as quickly as possible because I didn't have long to live.

The emergency team came to the conclusion that my age and the damage caused by the infection meant there was nothing they could do but sew me up and let me die.

However, Dr Lee Jackson felt impressed to try and save me. During the operation, I lost half of my bowel, two-thirds of my pancreas, the gall bladder and a few other bits and pieces. I was given 24 hours to live. I survived to have other operations. I died twice on the operating table and was successfully revived. On one occasion all my vital organs shut down except for the faint beating of my heart.

I lay on my back for five months. The medical staff were wonderful and people prayed for me constantly. I know it was prayer that brought me through. I had many dreams while in the coma—frightening dreams of being locked away and dying on the operating table. In a number of my dreams a man dressed in black lurked in dimly lit shadows threatening to kill me. Barbara saw the same sinister man in her dreams. She had been reading her Bible at home and placed it open on the bedhead while she went to the shower. As she came out she immediately noticed that the Bible was lying on the floor like someone had thrown it there. She said, "I didn't throw that book there." And out of the corner of her eye she saw a man dressed in black. She knew who he was and exclaimed, "Oh no! You are beaten here," and he disappeared. After this Barbara became more confident that I would survive.

The most powerful dream came to me on two separate occasions. I will never forget it as long as I live. I was lying on my sick bed when I noticed the joints of the wallpaper start to flutter and open a few centimetres. The opening shimmered and I watched as the presence of God came through. He remained suspended in the air. I knew it was Jesus. He was incredibly bright, his hair and beard were silvery gold and his eyes were like sparkling diamonds. He was clothed in a brilliant white gown and held a get-well card with a brown cross on the cover. He read from the



card in a loud voice as though speaking to a large group and I recognised Psalm 50—a message of deliverance for those who belong to Him. And then in a soft gentle voice He turned and said to me that He was going to tell the doctors what must be done to save my life.

A couple of months later a stranger brought me a get-well card. To my surprise it was identical in every way to the card Jesus had read in my dream. I showed it to Barbara when she visited and asked her to take it home and look after it. However, a little later when she went to take it from her bag it had mysteriously disappeared—another reminder of the amazing miracle God was performing in my life.

The doctors were astounded by my fast recovery. They called me their miracle patient. I walked out of Royal Perth Hospital on July 4, 2005—my personal independence day. After recuperating I returned to ministry and am busier than ever. I do as much community work as I can, assist with the Geraldton Family Fellowship and host a Sabbath morning program on Radio Mama, called “Kevin’s Changing Lives”.

My experiences in the hospital have taught me that while life is short and uncertain, God is very real and deserves our praise and worship. Don’t put off your decision for Him too long. Jesus is coming soon. I look forward to seeing Him again and tell as many people as I can that although the devil tried to take my life—God stepped in and saved me. ✂

Steve Piez is director of Aboriginal and Torres Strait Islander Ministries. Eileen Fehlberg writes for ATSIM from Geraldton, WA. They interviewed Kevin Merritt for this story.

LETTERS

MIXTURE OF SADNESS AND PRIDE

Anne Tonkin, WA

As I began to read Mark Serrels’ feature article “Unequally Yoked” (Feature, September 18), I thought: Oh dear, what have the Saints done to him. As I read Mark’s final few paragraphs I began to cry because of a mixture of sadness and pride.

This article confirms for me that we really are part of a wonderful movement. I strongly felt this pride while attending the latest Australian Union Conference Session meetings in Melbourne. I believe we have excellent leaders who are godly, wise and caring and, for the most part, members who are dedicated to the furtherance of God’s Kingdom. I love this church.

Thank you Mark. At the risk of “blindly evangelising”, I want you to know you are now added to my prayer list with the hope that you will come to believe in our amazing God who loves you so much. He needs you on His team.

HAVE WE LOST THE PLOT?

Annette Sicard, NSW

The feature article “Unequally Yoked” has me very worried. We appear to have lost the plot as a denomination if an atheist remains unconverted after years of attendance at our church and is comfortable there.

I am even more worried that an atheist’s views are used in an official church publication rather than the views on true fellowship with believers, conversion and turning from sin as written in the Bible itself.

We need more articles based on the Bible rather than humanistic ideas which propose inclusiveness and reject clear biblical truth—particularly in the areas of evolution and Christian morals. We need more of God’s light to dispel the error and darkness of such humanistic thought.

SHOUT HALLELUJAH

Sonya Muhl, NSW

Dear Mark, I feel like shouting “hallelujah”, thank you. You just confirmed my belief that even though as Adventists we sound like uptight holy crows, most of us are just ordinary, far from perfect people who despite our weaknesses, do the best we can to share the love we receive from our friend Jesus with everyone.

Very seldom do we ever get positive feedback. Unfriendly, cold, clicky—this is many times the venom thrown at us. Could your own attitude, unknowingly, have contributed to your positive experience?

Note: Views in letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements, but the author’s original meaning will not be changed. Not all letters received are published.



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RECORD REWIND

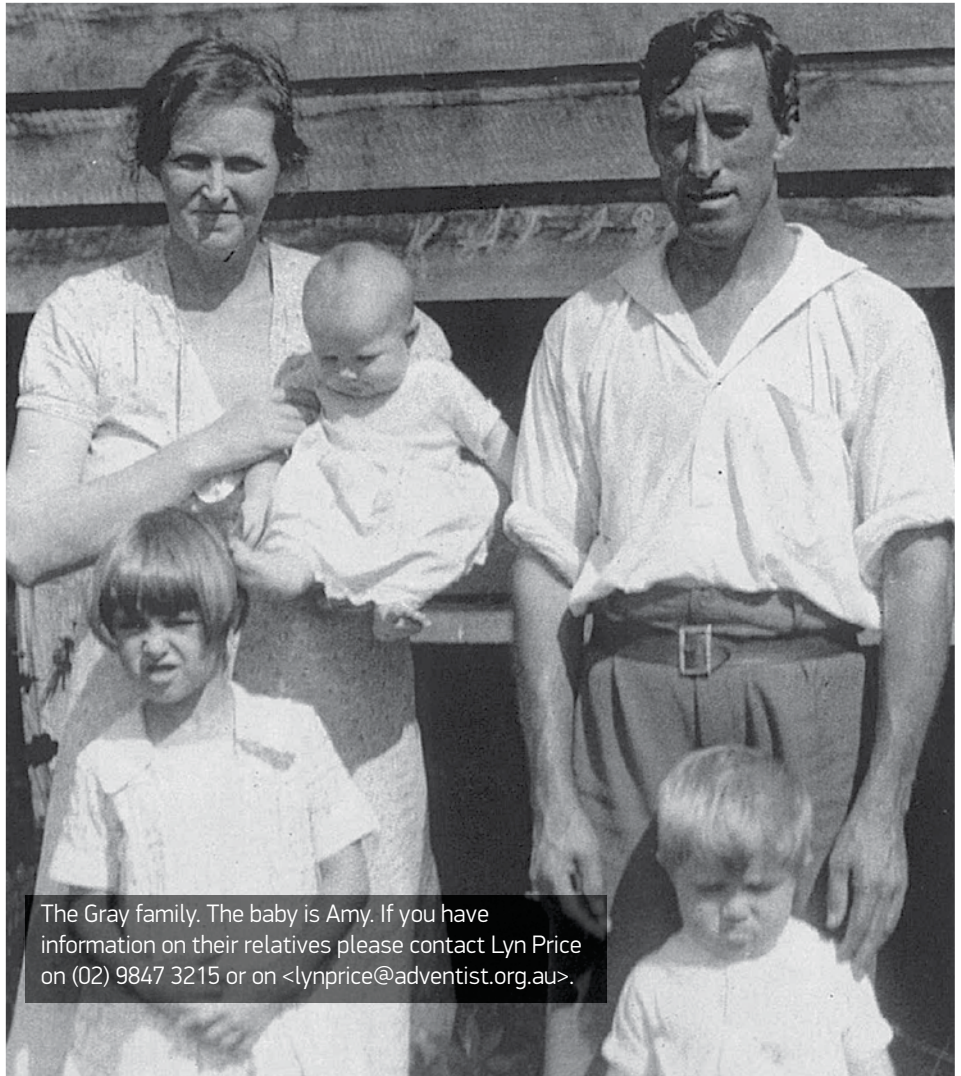
Tragic loss

The following excerpt appeared in the *Australasian Record* on June 21, 1926. It was a letter from DH Gray, a missionary on Choiseul, Solomon Islands, dated May 11.

I now write to let you know of our sad bereavement of little Amy. She passed away this morning at six o'clock, and we laid her to rest at one o'clock. She had been having a lot of fever of late, on and off. When the attacks came on she was so good, and gave us no trouble. She would say, "I have fever, mother," and was quite willing to go to bed. Friday noon she complained of pain, and Mrs Gray treated her. She tossed all night and by morning was very hot. At nine o'clock she became unconscious. That was Sabbath, and I had to take the meeting, so left her with Mrs Gray. On returning, to my disappointment I found no change except for the worse. We gave her all the treatment we knew, but the heat would not leave her. At one o'clock she went into convulsions. Amy did not return to consciousness again, and passed away at six on Tuesday morning. It is a sore trial, but we are prepared to leave it with the Lord, and say, His will be done.

We need to find family members of DH Gray. On January 13, 2011, there will be a celebration of the completion of the Choiseul compound upgrade and part of the celebration is to fix up Amy's grave and place a new plaque on it. It would be great to track down any descendants for input of wording on the plaque and for the opportunity to be at the unveiling.

Lyn Price works for Expatriate Support Services at the South Pacific Division.



The Gray family. The baby is Amy. If you have information on their relatives please contact Lyn Price on (02) 9847 3215 or on <lynprice@adventist.org.au>.

Kids' Space

Namaste Kids!

Good friends are hard to find.

The friends of a sick man who lived in Capernaum, did everything in their power to help their sick friend meet Jesus, they even cut a hole in the roof of the house Jesus was visiting! Their adventure is told in Luke 5.

Are you a good friend?



MATCH THE WORDS TO THE PICTURE

raking leaves

washing dishes

taking out the rubbish

visiting the sick

helping the sick

collecting firewood

Gracelink Message

We serve God when we help others.

Bible Text

"_____ is a _____ who sticks _____ than a _____" Proverbs 18:24

*Hello in Hindi

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SNAP SHOT

with Dr Barry Oliver



Why our church is special (Part 5)

Dietrich Bonhoeffer was executed by the Nazis in 1945 at age 39. He was a member of a Protestant resistance movement against Nazi oppression. In a sermon preached on July 28, 1928, in Barcelona he made this startling observation:

“There is a word that, when a Catholic hears it, kindles all his feelings of love and bliss; that stirs all the depths of his religious sensibility, from dread and awe of the Last Judgment to the sweetness of God’s presence; and that certainly awakens in him the feeling of home; the feeling that only a child has in relation to its mother, made up of gratitude, reference, and devoted love; the feeling that overcomes one when, after a long absence, one returns to one’s home, the home of one’s childhood.

“And there is a word that to Protestants has the sound of something infinitely commonplace, more or less indifferent and superfluous, that does not make their heart beat faster; something with which a sense of boredom is so often associated, or at any rate, does not lend wings to our religious feelings—and yet our fate is sealed if we are unable again to attach a new, or perhaps a very old meaning to it. Woe to us if that word does not become important in our lives.

“Yes, the word to which I am referring is ‘church’, the meaning of which we have forgotten.”

Bonhoeffer challenged the Protestant indifference of his day. His words reach across the decades and call us to a new appreciation of our Church. Our Church is a very special place. It is where we belong: belong to God and belong to one another. We are not detached orphans. We belong!

Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.



WHY I AM AN ADVENTIST

My name is Nolan Ben Ilaisa and I come from Vanuatu. I was born into a family who are second generation Seventh-day Adventist so I have been an Adventist all my life. I am living in Suva and studying at the Fiji National University.

Being a Seventh-day Adventist has given me hope for a better life when Jesus comes again to take us to our heavenly home. As a young person, keeping my focus on Jesus Christ is always challenging. I am not always a perfect person but through the grace of Jesus Christ I know that He accepts me and forgives my sins.

The biblical Sabbath is important to me because as a time for worship and fellowship, it reminds me of creation and I can look back and see how God has guided me in the week. I can praise God on Sabbath with other church members. Also, the Adventist Church believes in the Bible prophecies for our time today. This gives me confidence and comfort to know that God is still in control and will guide me to the end.



MY CHURCH

HILLVIEW, Cooranbong, NSW

Braden Blyde

“The church in the paddock”—that’s how many distinguish Hillview from the buffet of other Adventist churches in the Cooranbong, NSW, region. With close proximity to Avondale College, a Sanitarium factory and at least five other Adventist churches, Hillview has to deal with a somewhat floating population. But that doesn’t stop things happening!

My church has been the birthplace of a number of successful mission initiatives. Sonship, and its floating medical service, *Medisonship*, grew out of a fly-and-repair trip in 2004. The South Pacific Division’s Adopt-a-Clinic program has been largely modelled on the relationship Hillview church formed with the Kukudu medical clinic in the Western Solomon Islands.

Local community involvement is also high on Hillview’s agenda. Most recently Hillview hosted a suicide prevention and awareness program for the local community and every year the church’s puppet and clowning team is asked to perform at the Morisset Show.

This year we are sad to say goodbye to our pastor. Pastor Leigh Rice has driven the vision of Hillview becoming a “family church”. He’s leaving at the end of the year to take up the position of general secretary for the Papua New Guinea Union Mission.

But he’s not the first pastor to be poached for leadership. Three of the youth pastors who mentored me during my teens are now conference youth directors!

It sounds like there are a lot of people leaving Hillview; maybe our paddock wasn’t green enough. But we know that Hillview will never leave them, because it’s a church that gets in your blood. Maybe that’s why we have four generations of the Rigby family worshipping with us every Sabbath!



POSITIONS VACANT

House Parents—Currawah Adventist Aboriginal College. The position of boarding residence house parents to both girls and boys located at Currawah Adventist Aboriginal College will be available from January 2011. The role will include taking alternate care of girls and boys in a boarding residence setting, plus supervision of students at meal times, after school and weekend hours. Preference given to couples who are able to provide culturally sensitive management and activity skills. For further information and criteria contact Pastor Murray Chapman, ATSIM director, North NSW Conference Seventh-day Adventist Church, PO Box 7, Wallsend, NSW 2287 or email <murraychapman@adventist.org.au>. Applications close **November 1, 2010.**

Stock Controller/Data Entry Clerk—Signs Publishing Company (Warburton, Vic). A person is required to fulfil the role of stock controller/data entry clerk for the Pacific Islands. This job would involve keeping track of and ordering stock for ABCs in Samoa, Solomon Islands, Papua New Guinea, Vanuatu, Tahiti, New Caledonia and Fiji. This is a part-time position of approximately 24 hours per week. Skills required: excellent data entry skills; knowledge of Microsoft Office; and excellent communication skills. This job is based in the Publishing Department of the South Pacific Division at Signs Publishing Company in Warburton. Please post or email your CV to John Brereton, PO Box 201, Warburton, Vic, 3799 or email <johnbrereton@adventist.org.au>.

For more employment options, go to
<adventistemployment.org.au>



ANNIVERSARY



Schofield, Arthur and Val celebrated their 70th wedding anniversary on 25.8.10. They met while attending Avondale College and were married in August 1940 by Pastor JW Kent in the SHF auditorium. They have two sons, Denis and Darryl (North Richmond); six grandchildren; and five great-grandchildren. Arthur and Val have combined hard work (they are yet to retire) with world travel—namely 80 countries, some several times. They live on their citrus property at Richmond and are charter members of the Windsor church.

WEDDINGS

Beames-Hulls. Simon Beames, son of Ronald (Buninyong, Vic) and Paula Beames (Melbourne), and Kristie Hulls, daughter of Max and Lynn Hulls (Gosnells, WA), were married 10.7.10 at St Johns church, Southgate, Vic.

Steven Goods

Husen—Major. Anto Husen, son of Husen (dec) and Mutmainah

(Cianas-Lebak, Indonesia), and Kylie-Anne Marie Major, daughter of Kevin and Diane Major (East Naremben, WA), were married 28.9.10 at Bridgeleigh Reception Centre, Perth.

Steven Goods

Neirinckx—Jose. Clinton Eugene Neirinckx, son of Carl and Rosalie Needham (Port Macquarie, NSW), and Alysia Nicole Jose, daughter of Wayne and Alison Jose (Loxton, SA), were married 10.1.10 at Hunter Valley Gardens. Clinton and his groomsmen arrived by helicopter and Alysia and her attendants by a fairytale carriage.

Keith Jackson

Pupovac—Steyn. Michael Pupovac, son of Jovan and Ana Pupovac, and Debbie Steyn, daughter of Farrel and Priscilia Steyn (all of Sydney, NSW), were married 15.8.10 at Linton Gardens, Somersby, NSW.

Rein Muhlberg

Russell—Hanna. Noel Nicholas Russell and Lynette Anne Hanna were married 8.8.10 at Coomera Waters, Gold Coast, Qld.

RD Trim

OBITUARIES

Bates, Charlie, born 4.1.1963 at Tokoroa, NZ; died 9.8.10 at

OTokoroa. He will be greatly missed by his mum; immediate family; and many friends living in Tokoroa and around New Zealand. He is now waiting for the call of the Lifegiver. See you in the morning Charlie!

*Paora Teakura, Phil Laws
David Taivaranga*

Black, Kathleen May (nee Grant), born 30.12.1914 at Camberwell, Vic; died 18.8.10 at Caboolture, Qld. On 4.11.1939, she married William Black who predeceased her. She is survived by her four children, Kay, Carol, Darrell and Stephen; 12 grandchildren; and 13 great-grandchildren. Kath was a gracious and gentle woman, dearly loved by her family and friends. She was an expert cook and seamstress. After the death of her husband, Kath lived with her daughter, Carol and son-in-law, Rob at Ningi in Qld, eventually moving to a nursing home for her last few years. Kath was baptised into the Adventist Church, with Carol and Rob, on 25.7.1998.

Ted White

Brady, Constance “Connie” Janes, born 4.12.1915 at Martin, NZ; died 24.8.10 at Cedar Manor Resthome, Tauranga, NZ, where she had been staying since 2004. She is survived by her children, John Scrimgeour (Nelson) and Don Scrimgeour (Tauranga), and her grandchildren. Connie loved music and blessed the Gisbourne church with her piano and organ playing for many years. She was baptised in the Gisbourne church and her faith in Jesus and commitment to His church were always important to her.

Bob Larsen, Emma Weslake

Brewin, Norman George, born 21.11.1920 at Lewisham, NSW; died at Gympie, Qld. On 13.9.1941, he married Dorothy, who predeceased him in 2002. He is survived by John and Lyn (Gympie), Barry and Shirl (Toowoomba), Peter and Jan (Sydney, NSW) and Kerrie (Brisbane, Qld). Despite recent health problems, Norm remained cheerful and positive to the end. Much loved by family and friends, Norm will be sadly missed by all. We look forward to being reunited at the Resurrection.

Phil Downing, Maurice Woods

Cooper, Alexander (Alan), born 29.7.1919 at Brisbane, Qld; died

21.8.10 at Birkdale. He is survived by his five children, Lenina and Dave (Brisbane); Joy and Phil (US); Bronwyn and Russell (Caboolture, Qld); Karen (UK); and Warren and Amorn (Brisbane, Qld); and six grandchildren. Alan became an Adventist in 1980, through the influence of a church member. He developed a deep commitment to the principles of his faith, including healthful living. Alan loved the Bible and rejoiced in the hope of resurrection to eternal life. Greatly loved and appreciated and sorely missed.

Barry Harker

Cosier, Hazel Melba, born 17.4.1939 at Attunga, NSW; died 16.7.10 in Brisbane, Qld. On 7.3.1959, she married Noel Cosier at Wesley Chapel, Sydney, NSW. Hazel was baptised in 1976 at Eight Mile Plains, Qld. She was predeceased by her daughter, Carol. She is survived by Jo and Tony, Paul and Andrea, Kevin and Debbie and Barry and Debbie (all of Brisbane). Hazel had a passionate involvement at any church where she was a member. Her Christian kindness was profound for any person who needed help. Hazel committed herself to fundraise for the new Gatton church and would not let illness deter her.

Sandor Gazsik, Clive Butcher

Creighton, Carmelle Lorraine (nee Rose), born 7.10.1931 at Lismore, NSW; died 22.8.10 in PA Hospital, Brisbane, Qld from heart failure. On 3.2.1951, she married Raymond Keith Creighton. She was predeceased by her husband; and her daughters, Donna and Francine. She is survived by Rosemary Creighton-Rice, Ted, Sharmaine Delaney (all of Brisbane) and David (Lismore, NSW). Carmelle’s passion was for her family and pets. She was blessed with a kidney transplant in 1985. Although Carmelle suffered much ill health, her trust in her coming Saviour never wavered.

Neil Tyler, Bob Possingham

Garley, Heather Ethel (nee Totenhofer), born 27.10.1915; died 21.8.10 at Avondale Aged Care Facility, NSW. On 27.12.1938, she married Walter, who predeceased her. She is survived by her son, Travis and daughter-in-law, Shirley (Melbourne, Vic); two granddaughters, Neroli

VOLUNTEERS!

Volunteer Manager—Sonship Ministries (Solomon Islands).

To supervise and manage the operations and maintenance of medical clinic boats and buildings, and to provide monthly financial statements and reports to Sonship. Husband and wife team preferable. House, transport and stipend provided. Term 12 months. Commencement January 1, 2011. Basic mechanical knowledge essential. Contact Trevor Oliver on 0419 773 336.

Email:

<volunteers@adventist.org.au>

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(Mirrabooka, NSW) and Sheryl (Copenhagen, Denmark); and her three siblings, Yvonne Hampstead (Ballina, NSW), Pastor Edwin Totenhofer (Melbourne, Vic) and Ivy Williams (Sydney, NSW). Heather loved her Lord, His church and her family. She was the first white baby to be born on Mona Mona Aboriginal Mission. She moved into Avondale Retirement Village 25 years ago and immersed herself in village life, feeding elderly residents, working in the church library, going on organised outings, crafts and mission activities.

Ross Goldstone, Edwin Totenhofer

Harris, Vicki Joy (nee Dunn), born 4.9.1952; died 9.4.10 in Brisbane, Qld. She married David Harris in October, 1972. She is survived by her husband; her children, Melissa Nowicki (Newcastle, NSW), Amanda, Adam, Kate and their families (all of Brisbane, Qld); her father, Vic Dunn (Adventist Retirement Village, Qld); her brother, Rodney Dunn (Brisbane), her sister, Judy Roennfeldt (Melbourne); and six grandchildren. Vicki and David established a very successful business in Brisbane and were loved and appreciated by their employees and clients. Vicki opened her home to many university students over the years who fondly saw her as their "mum". She will be remembered as a friendly, fun-loving and generous person.

Jorge Munoz

Jones, Lillian, born 23.7.1917; died 15.6.10. She was predeceased by her husband, Bluey, in 2001, after 57 years of marriage. She is survived by her son, Ian; six grandchildren and nine great-grandchildren and her church family at the Leongatha church, Vic.

Phil Gager



Lloyd, Leslie Thomas, born 1.9.1928 in Perth, WA; died 25.1.10 at Cooranbong, NSW. On 31.10.1949, he married Joy Toepfer in Cooranbong. He is survived by his wife, their children and spouses: Mark and Tine, David and Jenni Lloyd-Ward and four grandchildren. Les graduated from business studies at Carmel College in 1946. He was employed by the Sanitarium Health Food Company firstly in Melbourne, then Perth and later Newcastle. Les transferred to the Signs Publishing Company in 1964 where he was employed for 25 years until his retirement. A past general manager of the Signs spoke of the company's former financial officer in appreciation: "Les gave a great contribution to the Signs and those that knew him will miss a great working companion and a committed Christian." Over the years he endeared himself to numerous young people and was a source of encouragement to many. Les was committed to his family and his church. He loved the land, his garden and his animals but most of all he loved his God. In the local church he held important positions of trust and in retirement did relief work for the church. His ministry extended beyond the workplace to unobtrusive support of neighbours and folk he met along the way and people loved him for it. Lord, hasten the great Reunion Day.

*Roger Nixon, Trevor Lloyd
Allan Saunders*

McDonald, Rima Matamua Iro, born 3.3.1926 at Titikaveka, Cook Islands; died 27.8.10 at Wellington Hospital, Wellington, NZ. She was predeceased by her husband, Hector and son, Russell. She is survived by her children and their spouses, Linda, Venice (both of Sydney), Roseana and Carol (Tauranga, NZ), Hector and Denise (Perth, WA); 11 grandchildren; and 20 great-grandchildren. Rima was both deeply practical and spiritual. She faithfully grew and supplied

flowers for her church. A big pot of vegetarian savouries greeted Dorcas ladies as they sewed garments, bedspreads, oven cloths/potholders under her tutorage. A lady with a big heart and a great "just do it" attitude.

Jake Ormsby, Bob Larsen

McMurtrie, Mary Alice, born 20.6.1938 at Otorohonga, NZ; died 11.5.10 at Hiwinni, Palmerston North. She was predeceased by her husband, Jack Edwin McMurtrie. She is the sister of Richard and Joy Martin, Sylvia and Russell Lawrence, Fred and Jack Martin; mother to Janese, Ruth, Royce and Neroli; step-mother to Charles; grandmother to Jaymin and Janae, Lachlan and Lara, Stacey, Ceshya, Cody and Kyan. Mary had a great passion for young people and it was Mary's home that was a refuge for many a troubled young person. But she will be most remembered for children's ministry.

Murray Strawbridge

Mucha, Edward, born 16.2.1927 at Ligota, Poland; died 18.6.10 in Modbury Hospital, Adelaide, SA. On 23.6.1953, he married Helena Sharzec who predeceased him in 2008. He is survived by his two sons and their families, Cieslaw and Janene, and Mark and Shelley (all of Wynn Vale, SA). Small in stature but strong in spirit, Edward loved his Saviour and was a faithful church member. Awaiting the call of Jesus on the Resurrection morning.

*David McKibben
Brenton Wilkinson*

Paine, Ellen (Nell) (nee Hunt), born 24.11.1924 at Ipswich, Qld; died 23.7.10 at Grovedale, Vic. Much loved by her husband Robert (Bob) (Grovedale, Vic); siblings Rose Salomon, Hazel Jones and Ted Hunt (dec); daughters and sons-in law, Robyn and Richard (dec), Pearce (Martinsville, NSW), Margaret and Ray Clark (Lilydale, Vic), Jenni and Baz Watkins (Maketu, NZ), Jeanette and John Dyson (Modewarre, Vic); grandchildren, Gareth, Kieron, Tim, Julia, Lucy, Jessica, Matt, Brett (US); great-grandchildren, Kirra and Seth (US). The banjo, mandolin and crochet hook were magic in Nell's hands. Her kindness, generosity, authentic Christianity and love of fun endeared her to people everywhere she went.

Frank Boniface

Parkinson, Laura Elva Joyce (nee Grellman), born 19.11.1915 at West Wyalong, NSW; died 17.8.10 at Mary Potter Nursing Home, Wagga Wagga, NSW. In 1941, she married Joseph Parkinson, who predeceased her in 1982. She is survived by her daughter, Kay, son-in-law, Tom Meany (Sydney) and son, Roger (Wagga). Joyce worked incessantly to establish a church school at Wagga and her children were among the first students. Joyce would whip up 100 sponge and 30 bar cakes over three days for street stalls. Her home was always open to visitors; she boarded country children attending the school, and was involved intimately with church activities.

Alan W White

Powell, Peggy, born 10.11.1921 at East Coburg, Vic; died 5.8.10 at Grange, Adelaide, SA. In 1943, she married Ernest Newman Smith, who predeceased her, and in 1950 she married George Powell, who predeceased her. She is survived by her daughters, Joan Summerton (Greenwith, SA), Faye Port (East Doncaster, Vic) and Lorraine Morin (Calgary, Alberta, Canada). A daughter of the King, who endured her share of tragedy but now rests in peace in awaiting the Resurrection morning.

Wolfgang Stefani

Ruthven, Peter John, born 22.12.1925 at Korroo Region, South Africa; died 19.8.10 in Hamilton Hospital, Vic. On 15.12.1951, he married Joan Anderson. He is survived by his wife (Hamilton); and his children and their families, Jeanette and Trevor (Stawell), Paul and Patricia (Ararat) and John and Janell (Sydney, NSW); seven grandchildren; and three great-grandchildren. Peter had an active, vigorous life involving farming, cattle husbandry and military service. He was posted in the army to Egypt five days after his marriage. Peter and Joan moved to Australia in 1959. In 1961, they were baptised in the Esk River. They lived an active life. They spent many years running health shops and doing cooking demonstrations.

Russell Wareham

Sandy, Stanley Ernest, born 4.5.1922; died 25.4.10 in Toow-



oomba Hospital, Qld. He was predeceased by his wife, Shirley Jean Sandy. He is father of Colleen and Errol Peterson and Garrick and Jill Sandy (all of Vic); grandfather of Sarah-Jean, Kylie, Brooke, Wayne and Tania; and had several great-grandchildren.

Sasa, Pulumulo, born 14.11.1947 at Apia, Western Samoa; died 16.8.10 at Wellington Hospital, Wellington, NZ. He was predeceased by his son Iosefa I and siblings Taifau, Mele and Pulusasama. He is survived by his wife, Tua; his children, Pulusasama, Kevin Moore, Iosefa II; and 12 grandchildren; and his siblings, Muliufi, Lina, Paepaefoa, Sasa, Faatupu, Punivalu (Ray), Pastor Pululipano, Sina and Elsie. Mulo was a faithful deacon for many years serving not only the members he loved but also the wider community. Neighbours attending his service came to pay their respects to a man known as the "Granddad" of the street. Practical, loyal and friendly, the big smiling deacon will be greatly missed.

Jake Ormsby, Bob Larsen, Joe Tesese, Lipano Sasa

Simms, Denis Keith, born 22.8.1944 in Sydney, NSW; died 7.6.10 south of Holbrook, on a delivery trip to Melbourne. He is survived by his sister and her husband, Colleen and Doctor Wilf Pinchin; and his nephews, Mark and Brad (all of Coorabong, NSW). Denis worked for a number of years at the Sanitarium depot in Lewisham in the '60s and '70s. He spent many

years working for NRMA, Sydney, where he made many friends. He was active in supporting social justice issues in his neighbourhood.

Eric S Kingdon

Tironen, Helvi Adele, born 9.4.1924 in Finland; died 25.7.10 in Sydney, NSW. She married Veikko in 1946, who predeceased her 23 years ago. She is survived by their five children, Sindy, Eila, Veijo, Raili, Harry and their spouses; 11 grandchildren; and four great grandchildren. They moved to Australia in 1959 and settled just south of Wollongong. Helvi loved her family and her God and faithfully attended the Wollongong church for many years. The past 14 years she was a resident at the Kings Langley Adventist Retirement Village in Sydney. She will be sadly missed.

John Bews

Tuaineiti, Linda, born 4.10.1962 in Rarotonga, Cook Islands; died 2.9.10 in Melbourne, Vic. She is survived by her parents, Pastor Tangi and Martha Tuaineiti; brother, Tangiboy; Tekura-Ponsonby, Tangiboy-Caroline, Martha-Alan, Tangiteina-Vreshy; many nieces and nephews; was a great aunt to twins Zianna and Joevanna; and a special friend to Apii. Linda was a member of the Carrums Downs Cook Island church in Melbourne. Her favourite hymn was "Wide, Wide as the Ocean". Linda was a very caring and compassionate person and always loved to help anyone in need. We miss her smiling face and laughter but thank God for the blessed hope in Christ's Second Coming.

Tuakana Pere, Porohu Taia

Vos, Jelle, died 12.6.10 at Leon-gatha Hospital, aged 79 years. Dearly beloved husband of Helen for 52 years; and loving father of Colin, Peter, Russell and Laurel; loved Opa of Steven, Lincoln, Jamed, Michael, Alan and Kelly. Loved by his extended family—Peter, Arthur, John, Phil and their families. Jelle will be sadly missed by his Leongatha church family.

Phil Gager

Wesolowski, Ida, born 27.10.1917 in Poland; died 4.8.10 in Wollongong, NSW. In 1947, she married Eugene, who predeceased her in 1986. She is survived by her children and their spouses,

Richard and Lynn, Helena and Alex; four grandchildren; and two great-grandchildren. After the Communists invaded their homeland, confiscated their home and land, they took their two young children and headed to East Germany. From there they were smuggled into West Germany and finally arrived in Australia in 1962 and settled in Wollongong. Ida's life was one of faith, hope and love and she will be sadly missed by her family and all who knew her.

John Bews

Walsh, Heather Margaret (nee Scragg), born 19.6.1945 in Adelaide, SA; died 9.6.10 in Adelaide. On 26.6.1976, she married Patrick Walsh. She is survived by her husband; her daughters, Deborah Walsh (Hackham, SA) and Julie-Anne Turner (Mansfield, Vic); grandchildren, Rachel, Daniel and Annabell; three stepdaughters; and 11 stepgrandchildren. Despite battling major health issues since childhood, Heather inspired many with her steadfast faith. She was a prayer warrior and long-standing deaconess who enjoyed outreach.

Will Grobler, Peter Howard Wolfgang Stefani

ADVERTISEMENTS

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Launceston Pathfinders 50th anniversary. An invitation is given to all former Pathfinders and leaders of the Launceston club to join us to celebrate our 50th continuous year of Pathfinders on Sabbath, November 20, 2010, at Launceston church. For further information contact Doug McKay on (03) 6334 1427.

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Orange church 60th anniversary, October 23, 2010. Photos/memorabilia required. Copies preferred. Send to PO Box 1906 Orange 2800. Speaker: Pastor Bob Manners. Join us as we celebrate. Contact Trish Moffitt on (02) 6361 3636 or <greenfieldsenterprises@bigpond.com>.

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Finally

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

- Phillipians 4:6

Next Record October 30

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