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Dr Luiz Sella, MD, MPH. Medical Doctor, Federal University of Santa Catarina, Brazil. Board Certified Lifestyle Medicine Physician (IBLM) and Health and Wellness Coach.



Dr Darren Morton, PhD, FASLM.
Professor and Director of the
Lifestyle Medicine and Health
Research Centre, Avondale
University



Dr Geraldine Przybylko, MBA, MPH, PhD. South Pacific Division Health Strategy Leader and ELIA Wellness Executive Director.



Dr Andrew Pennington, BSc(Hons), BMed, DRANZCOG Adv, FRACGP, FARGP. Practice Principal of Sanctuary Lifestyle Clinic, ELIA Wellness Lifestyle Medicine Doctor and Board Certified Lifestyle Medicine Physician (IBLM).



Dr Andrea Matthews, MBBS, FRACGP, BSc.App (Biomed). Medical Director, ELIA Lifestyl Medicine Centre and Board Certified Lifestyle Medicine



Dr Horatio Selagea, MD, MP, Advanced Trainee Child and Adolescent Psychiatry. Senior Psychiatry Registrar, Goulburn Valley Area Mental Health Service



Brett Goods, DipAppSc (Nurs), BHN, Adv Dip Bus Man. Chief Executive Officer, Adventist HealthCare Limited

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EDITOR'S NOTE:

Standing up

Glenn Townend South Pacific Division president



It's not easy being a Christian let alone an Adventist today. In Victoria last vear, an AFL football club chose a Christian to be its CEO-this lasted less than 24 hours as prominent people and media challenged the man because the church he participated in held a biblical view on marriage. The public have negative views about the Christian church in general (in Australia and New Zealand in particular). That's because it has a poor record regarding child sexual abuse and is perceived to hate those who disagree with it on relationship issues.

How can Seventh-day Adventists be proactive in sharing our end-time message even though it's not popular? Over the Christmas/New Year period I read the book of Jeremiah and he can help us.

Jeremiah came from a priestly family and was called as a youth to be a prophet. His ministry spanned the time before, during and after the Babylonian capture and exile of some Judeans and the destruction of Jerusalem and the desolation of the land. He shared messages to the priests (his older relatives), officials and kings of Judah who all wanted and believed that Jerusalem would not fall and the people would be protected by God because His temple was in the city (Jeremiah 1:1-3; 7:1-4). How did Jeremiah go about his ministry in such a difficult environment?

- 1. Consistent Message: Jeremiah continually shared "the Word of the Lord". His message was consistent: the Babylonians would come and destroy Jerusalem and take some captive because the people worshipped other gods and the leaders did not care for the poor and needy but looked after themselves. They were breaking the covenant they had agreed to and would suffer the consequences (Jeremiah 1,3). His message was seen to be unpatriotic. God had rescued Judah and Jerusalem in King Hezekiah's time (only a couple of generations prior); He would do it again. When King Jehoiakim burnt Jeremiah's written prophecy, Jeremiah had it rewritten (Jeremiah 36). That's consistency. However Jeremiah always gave hope—after 70 years the captives in Babylon would come back to Judah and re-establish life there (Jeremiah 25,29,33).
- 2. Trusted God for Courage: God knew it would be tough for Jeremiah to share a message to his older relatives. From the outset, He gave him courage and made him tough-minded. God would be with him (Jeremiah 1:18,19). Even though he was mocked, and was put in a well and in prison (Jeremiah 20:1,2,7; 38:6,7; 33:1), Jeremiah's message did not change.
- 3. Compassionate Identification: Jeremiah is often called the weeping prophet. He complains to God as he identifies with the pain and punishment they will endure and feels it himself (Jeremiah 15:15-18; Lamentations). He's like a parent who says while disciplining their child, "This will hurt me more than it will hurt you." In compassion, Jeremiah wrote to the group of exiles who Nebuchadnezzar took back to Babylon after his first victory over Jerusalem, to give them perspective and hope (Jeremiah 29). After the fall of Jerusalem, the few people left in Judah decided to go to Egypt as they thought it would be safer. Jeremiah had told them this was not God's plan but he decided to go with the people (Jeremiah 42,43). He is their prophet; he must be with the people.
- 4. Creative Communication: Jeremiah with the call from God created several object lessons. At one stage he had to take a pair of new underpants and bury them out of the country and after some time go back, dig them up and present them to the people of Judah-they were "good for nothing" like Judah (Jeremiah 13:1-11). Although the land was about to have 70 years of desolation, Jeremiah was told to buy some land from a relative as real estate would have value in the future—a long-term investment (Jeremiah 32). He wore an animal voke around Jerusalem to show what would happen to the people in the city (Jeremiah 28). Jeremiah's consistent and creative messages were so well known that the captain of the guard even knew of Jeremiah and made sure he was not killed or mistreated during the fall of Jerusalem (Jeremiah 40:1-6).

All over the South Pacific there are Seventh-day Adventists who are standing up for God, living and sharing a message without trying to antagonise others. With sensitive courage we can be like Jeremiah.



INSIGHT:

Being different

Tracey Bridcutt
South Pacific Division
communication director

I used to hate being different.

My first six years of education were at a government primary school. My brother and I were the only Adventists at the school, and I quickly learned that our lifestyle was pretty different to the other kids. My friends got to play netball on Saturdays, for instance, while I had to go to church. And being vegetarian was not as mainstream as it is today. We were considered a bit odd.

The high school years were a little easier as we went to an Adventist school. During the school hours there were kids like us. What a relief! But we had quite a trek getting to and from school—catching two trains and two buses. As we were the only Adventists in our suburb, we travelled with kids from other schools. We became known as the "Marmites", presumably because of the Church's link with Sanitarium. "Hey Marmite!" they'd call out on the bus to the delight of their sniggering friends. Now, if I was an assertive teenager, the comments would have been brushed off with a witty retort. But I wasn't. I was shy and introverted, and the teasing made me feel embarrassed. I wanted to be like everyone else.

Fast forward a few years and I have come to realise how being "different" has been a real blessing in my life. And I appreciate the fact that by being different, the Church has been a trailblazer. Particularly in the area of health, the Church has led the way in encouraging a plant-based diet, getting adequate water, exercise and sunlight, and abstaining from tobacco and other drugs. The rest of the world is catching up with ideas we have been promoting for decades.

Sabbath, too, is a wonderful blessing. It may make us different to other Christian churches, and that's okay. Indeed, the Sabbath is probably more relevant than ever in this era of burnout and disconnection. Here at Adventist Media, we believe the Sabbath is something to celebrate and it's time others knew about it. We are working on a campaign to share the benefits of this special day with the wider community. We would love all of you to be involved, so stay tuned. We'll be sharing more in coming weeks.

I used to hate being different—but I now know that having a point of difference can be a very good thing.



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Dr Maury Jackson (right) hosted a panel discussion with contributors to A House on Fire at La Sierra University Church.

New book sparks conversations about racism

Warburton, Victoria | Nathan Brown

A new book addressing issues of race and racism was launched at the meetings of the Adventist Society for Religious Studies (ASRS) in Denver, Colorado, on November 19.

Published by Signs Publishing, A House on Fire: How Adventist Faith Responds to Race and Racism collects chapters from 20 Adventist scholars, pastors and writers responding to this issue in the contemporary world.

Described by ASRS president Dr Sigve Tonstad as a "landmark book", contributors to A House on Fire participated in a Sabbath morning panel discussion hosted by ASRS secretary-treasurer Dr Zack Plantak, professor of religion at Loma Linda University.

Co-editor of A House on Fire is Dr Maury Jackson, associate professor of practical theology at La Sierra University, who also hosted a panel discussion with contributors to the book at the La Sierra University Church. "The idea for this book grew in the aftermath of the killing of George Floyd and the antiracism protests that followed, and we saw the need to have a response from our faith community to this large issue of our time," he explained. "We began sending out invitations to the first contributors in October 2020, and the list grew over the intervening time. We were intentional about inviting contributors from a wide variety of ethnic backgrounds, from a variety of Adventist institutions and with a good representation of female scholars."

Dr Jackson said he learned from reading the various chapters "how complicated the topic of race actually is", but urges that this makes such conversations all the more important. "We could have said more about many aspects of this issue," he reflected. "Even if the conversations are sometimes awkward. we get better at it by talking about it."

And he said working on this book project had reinforced the valuable contribution that Adventist faith can make. "I didn't expect so many of our writers to make the connections between colonialism, racism and Christianity," he admitted. "But there are more resources in our tradition eschatological readings that can be used in this kind of social critique."

According to Dr Plantak, the presentation of A House on Fire at the ASRS meetings was well received and sparked vibrant discussion. "I hope that this book will open up the conversation that is too often difficult to have in many of our faith communities," he said.

A House on Fire: How Adventist Faith Responds to Race and Racism is available from Adventist bookshops in Australia and New Zealand, or online at <adventistbookcentre.com.au>.



The first TPUM Walk4Life team.

Small initiative grows into health movement

♀ Suva, Fiji | John Tausere

A casual morning walk with Trans Pacific Union Mission (TPUM) office staff has become a movement and is encouraging Adventists throughout the TPUM territory to stay active.

The initiative, now named Walk4Life, started small when TPUM president Pastor Maveni Kaufononga invited office staff to join him and his wife each morning from Monday to Friday on a 30-minute walk starting at 5am.

Running for 47 weeks, the initiative is growing throughout the Pacific. A Facebook group page was created with more than 400 participants from around the TPUM countries. Pastors, teachers and church members are encouraged to post a picture of themselves or the group they walk with each morning and upload it to the page. This has inspired many around different Pacific countries to post from their various locations and share their exercise experience.

Pastor Kaufononga is thrilled with how the Walk4Life health initiative has grown. "Let us continue to look after our health as we serve God together throughout the Pacific," he said.



Namtipsavan Bilingual School in XiangKhouang.

Volunteers needed to teach English in Laos

▼ XiangKhouang, Laos | Kymberley McMurray

The Seventh-day Adventist Church in Australia (AUC) needs volunteers for an 18-month mission service opportunity in Laos. Two positions exist to teach English and life skills at Namtipsavan Bilingual School in XiangKhouang.

Namtipsavan School is currently a kindergarten, primary school and an English language centre. The school has a continuous growth plan to add one grade each year to Year 12. With a newly constructed primary school, the building of the secondary school is expected to commence soon.

Offering subjects such as music, arts, business and IT, Namtipsavan School places an emphasis on teaching students more than just what is in the curriculum. Students also learn life skills and the importance of being responsible and developing good character.

In a predominantly Buddhist country, Adventist education has been instrumental in reaching into the community.

AUC secretary Pastor Michael Worker said, "The mission needs in Laos and Thailand are vast and the Church in Australia is excited to partner with these countries to create opportunities for those interested in short- and long-term mission service."

To learn more about this opportunity and apply, visit <vividfaith.com/link/ Assignment/Search/id/VFE9V9>.

For other volunteer and mission service opportunities, contact Adventist Volunteer Services at the South Pacific Division or visit < vividfaith.com>.



The new 10,000 Toes ambassadors.

Health ambassadors ready to roll out 10,000 **Toes Campaign in PNG**

• Port Moresby, PNG | Tico Banasi

More than 130 people graduated as 10,000 Toes ambassadors after attending a three-day summit at Pacific Adventist University (PAU) in Port Moresby, Papua New Guinea, late last year.

Learning how to run health expos and community health checks, the new ambassadors are now ready to assist the campaign in fighting against the rise of diabetes in PNG.

Following the three-day summit, further training was given to lead ambassadors from local missions, including mission presidents, health directors and health professionals. The five-day training focused on two intervention programs-ELIA Wellness and Live More Abundantly—and equipped leaders with tools, resources and skills to help roll out the 10,000 Toes Campaign.

"It is exciting to have the debut 10,000 Toes Wellness Summit take place and the training of the health directors in the Live More Abundantly program to help turn the tide of diabetes and other chronic diseases," said 10,000 Toes Campaign coordinator Pamela

Townend. "10,000 Toes have been planning this event in Papua New Guinea for a long time and are thrilled to take the important health message to its communities."

The team from Fiji, Australia and Papua New Guinea led by PNG Union Mission health director Pastor Zachary Lipen, South Pacific Division health director Dr Geraldine Przybylko, Trans Pacific Union Mission regional health director George Kwong and associate regional ambassador in Fiji Mary-Clare, with the support from PAU under the leadership of vice-chancellor Professor Lohi Matainaho, saw the program run successfully.

Dr Przybylko was excited to see so many getting involved. "The vision and strategy of the 10,000 Toes Campaign was shared at the 10,000 Toes Wellness Summit and it was exciting to see administration, health professionals, pastors and members embrace it and be trained as 10,000 Toes ambassadors committed to champion the blended ministry of health, healing and hope," she said.



Pathfinders in the camporee opening parade.

Thousands of Pathfinders gather for "Treasured" camporee

♥ Tumbarumba, NSW | Kymberley McMurray

More than 3000 Pathfinders and staff from across Australia gathered for the Australian Union Conference (AUC) "Treasured" camporee from January 3 to 8.

Clubs were welcomed at the opening ceremony by AUC youth ministries director Pastor Jeff Parker, who officially opened the camporee. Other special guests included South Pacific Division (SPD) ministry and strategy associate director Dr Nick Kross, AUC president Pastor Terry Johnson and Pastor Ron Whitehead, who is children's, youth and young adult ministries director at Lake Union Conference in Michigan, US.

The five-day event, held on a property 15km east of Tumbarumba in rural NSW, was split into six subcamps, with two chaplains and a subcamp leader allocated to each section. Pathfinders participated in a wide range of outdoor activities based on the camporee theme "Treasured"—focused on Mary Magdalene, and how she found her worth in Jesus.

Clubs gathered during the evenings to hear Sydney-based speaker Pastor Raul Moran. The nightly worships also included a highlight video from each day, special items from the Pathfinders and drama presentations.

Severe weather warnings were issued throughout the week, with storms predicted on several days. However, none of the predicted storms reached the campsite. "We witnessed one weather-related miracle after another which was inspiring, and we thank God for that," said Pastor Johnson.

On Sabbath, clubs participated in a combined activity followed by the baptism of five Pathfinders. "[We thank] the Holy Spirit for inspiring more than 700 decisions for baptism, making this the best evangelism campaign in Australia!" Pastor Johnson said.

"Pathfinder camporees are significant memory events that impact the lives of the Pathfinders," Pastor Parker said. "They become anchor points in their Christian development. Many Pathfinders make lifelong decisions to follow Jesus at camporees. Many hundreds of our Pathfinders chose to have Bible studies and be baptised in the future.

"Pathfinders is the best mentoring program that we offer as a Church. The intergenerational connections that are created impact the life of the Pathfinder. It is truly life-changing."

making headlines

Thanksgiving project

The Northern American Division headquarters (US) distributed 4500kg of fresh produce during a Thanksgiving initiative in the community. "By 11:30am, we'd given away every scrap of food we had, over 300 bags. And people were still coming hours [later]," said Orlan Johnson, PARL director. "Everyone was so grateful for what we were doing. [The turnout] demonstrated the need, and I'm glad we were able to supply that need."-ANN



Golf with a disc

Montemorelos [Adventist] University (Mexico) will soon feature a disc golf course on campus. A variation of traditional golf, players throw a disc at a target, aiming to complete each hole with the lowest number of throws. The university is making history as the first higher education institution in Mexico with a disc golf field.-IAD

Recipe for fun

A mini-chef course provided fun and uncomplicated learning for 2 to 12-year-olds with several weeks of training in cooking. The goal of the ADRA Brazil initiative was to awaken the pleasure of cooking in children and explore a wholesome use of food.-AR

Is stress contagious?

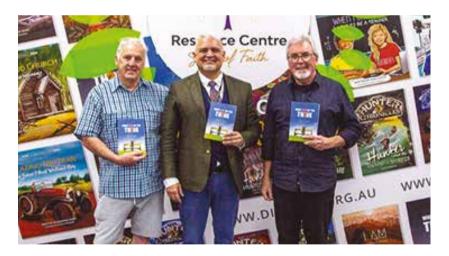
"Yes", say neuroscientists who measured the response of people who were observing stress and anxiety in others. They found cortisol levels spiked via a phenomenon known as stress contagion. Studies have shown this same result has been observed in various animals, noting that groups work together to relieve stress in anxious individual members eg. vampire bats soothe members of their social network by sharing food.-Washington Post

flashpoint



Focus on team work

The teen group from Livingston Seventh-day Adventist Church (WA) have rallied to support one of their own. Recently, they organised a "meet us in the middle" lunch, supported by the church, to raise funds for a set of OrCam high-tech glasses for 18-year-old Shamira, who is a member of the teens. Living with visual impairment, Shamira is described as a go-getter, who waterskis, rides motorbikes and is willing to give anything a go. The luncheon was a big success, with the attendees encouraged to decorate a pair of glasses for judging at the event. It raised more than \$11,000, which was enough to purchase the glasses and the necessary training and support for Shamira to use them.-Louise Rogers/Record Staff



Answers to life's toughest questions

The Australian Union Conference (AUC) launched a new interactive journal and study guide at the AUC Executive Committee meetings on November 23. What Else Do You Think? is the second volume in the new What Do You Think? series written by Pastor Tony Knight and is designed to complement episodes 14 to 26 in the waymaker.tv video series. This book can be used as a personal study journal, small group resource or discussion guide. The book covers a series of in-depth questions that explore various issues covered by the videos, prompting the reader to think about what they believe and encouraging them to make changes to their lives as a result of the discussion. Bringing answers to life's toughest questions, such as relativism, morality, justice, the devil and more, the new book is a resource to be shared. - Kymberley McMurray



Discovering Scripture

More than 700 students received certificates after completing Bible correspondence courses at the Discover Bible School in Homu, Eastern Highlands Simbu Mission (EHSM) in PNG. A total of 1045 certificates were given out to 727 adults and school children at the Homu Adventist Primary School on November 8. Among the recipients were prisoners from the Barawagi jail in Chimbu province.-Jacqueline Wari



Cooking with plants

Trying to influence the community towards better health habits, Maleny Seventh-day Adventist Church (Qld) started a plant-based cooking program on Sunday, November 27. The first event featured the demonstration of two courses and a grazing table with a selection of plant-based cheeses, fresh and dried fruit, nuts, biscuits and vegetables. Special guest and health professional Dr Kathryn Jackson gave a presentation on the benefits of a plantbased diet.-Margaret Owens

flashpoint



Your true identity

Young people from across Samoa and Tokelau Mission (STM) gathered at the church headquarters in Lalovaea for a youth congress from December 14 to 18.

Themed "Your true identity", the event had a lineup of speakers who challenged attendees to find their true identity in God. The speakers included Fulton Adventist University College principal Dr Ronald Stone, Trans Pacific Union Mission (TPUM) youth director Pastor Uili Tinomeneta and TPUM president Pastor Maveni Kaufononga.

The event also featured workshops and lectures on relevant topics presented by the Ministry of Health and Samoa Family Health Association.

"It is a blessing for me to be part of this youth congress, to know and understand my true identity in Christ," said attendee losefina S Te'o.

One of the highlights of the event was the ordination service for Pastor Atileo Faalelei and Pastor Peniamin Ufi. According to STM secretary Pastor Neru Nuuialii, "It was very special for the STM youth to see two ministers who answered the call to ministry and were publicly recognised as ordained pastors."

The event ended on a high note challenging those present to reflect and show the true identity of Christ through their lives in their communities.-Neru Nuuialii/Juliana Muniz

have news to share?

Send info and photos to <news@record.net.au>



Ready to lead and serve

Newly appointed local church leaders from across Goroka district in Eastern Highlands (PNG) started 2023 ready to serve the church after a four-day leadership training conducted in December. The training was facilitated by local church pastors, ministers, district coordinators and the district director. The theme, "The Call to Spirituality and Functionality—to be Equipped for Service", was emphasised in daily worship services. "The training did not only enhance leadership skills and knowledge about our roles and responsibilities in the Church but also promoted relationship and social wellbeing for each church leader at the event," said one of the leaders who attended. The training ended with the ordination of new elders and deacons and the consecration of all church leaders for service.-Ronald Luke



Ordained to ministry

Pastor Tony Parish was ordained to ministry on January 7, during the North New Zealand (NNZC) Big Camp. South Pacific Division (SPD) president Pastor Glenn Townend, NZ Pacific Union Conference president Pastor Eddie Tupa'i and NNZC president Pastor Bob Larsen performed the ordination service alongside Avondale University head of seminary Dr Wendy Jackson and SPD director of ministry and strategy Dr Sven Ostring. Having graduated from theology in 2006, Pastor Parish concluded his master's degree in pastoral ministry at Andrews University in 2012. He currently serves as the pastor of New Plymouth and Stratford Adventist churches, and chaplain of New Plymouth Adventist Christian School. Pastor Parish is married to Jodi and they have three children-Logan, Carson and Dillon.-Record staff





The Whi

Ver since its beginning in 1898, Adventist Record has been reporting and registering significant events in the history of the Seventh-day Adventist Church in the South Pacific.

In issues from 1900, we find records of Ellen White's departure from Australia when, after contributing significantly to the work of the Church in this part of the world for nine years, she felt it was time to return to the United States.

In a letter published in the September 1, 1900 issue of the Union Conference Record, her son, William C White, explained that Mrs White had felt for several months "that duty called her to return to America, to bear her testimony in various places, and especially at the General Conference, appointed to be held in Battle Creek, in February, 1901".

Her return arrangements and farewell service were reported in the September and October 1900 issues of the Union Conference Record.

Mr White's letter continues: "It is with great reluctance that she has thought of leaving her humble, but comfortable home, and the genial climate of New South Wales, which is so favourable to her health. It is with anxiety and regret that she has contemplated a separation of two years or more from the work of the Lord in the Australasian Colonies. Every feature of this work is very dear to her. She has had views of its progress, growth, and development in the future, that naturally lead to a desire to still participate in the labours and successes of the educational work, the publishing work, the medical missionary work, and the evangelical work in its many branches.

"But the burden of heart for the work in America increased, and with it the conviction that she should go in August. So arrangements were made to go on August 29, and places secured on the Moana for herself and Sisters Sara McEnterfer, M. A. Davis, S. E. Peck, and Maggie Hare."

With the departure date set, a farewell

Photo Credit: Courtesy of the Ellen G. White Estate, Inc.

tes say farewell

service was organised and held on August 26 in Cooranbong (NSW), where those attending the Union Conference Council and others living in the area met in the church for the special event.

Hymns, special items and short speeches were part of the program. Many spoke about the White family's considerable contribution to the advancement of God's work in the then Australasia.

Excerpt from Vol 3, No 10:

Doctor E. R. Caro on behalf of the medical department said these friends now leaving us had laid the foundation of a great work. It remains for us to "Arise and build".

The Committee on Resolutions who had acted for the Union Conference Council, then presented the following resolution which was carried unanimously, all present having the privilege of voting:-

"That in view of Brother and Sister White departing soon for America, after a stay of nine years in Australasia, we hereby express our appreciation of their active and earnest efforts to establish the work in this country, our thankfulness for the success which has attended their labours, and wish them the rich blessing of God, and a safe and pleasant voyage

Sister White then spoke words of hope and good cheer which will not soon be forgotten by those who heard them. She said: "Yesterday when I spoke to the congregation, all the time I felt my heart welling up with gratitude to God. Now we have but little time, and I want to say that I do not go to America because I feel driven to go on account of the burdens I have been carrying here. I feel that God has assisted me in the work here. I leave all the churches and the brethren and sisters with the most pleasant feelings. It means very much to me to know that our hearts are united, that we are one in the body of Jesus Christ, one in faith, one in hope.

Do you talk of the work now flagging or being bound up? I expect you will press the battle to the gate. I expect you will each act your part and close up the ranks, that you may realise that the power of God has come upon you. You can pray for us, and we will pray for you.

I expect angels of God will go with us on our journey. I never like the sea. I never want to be on the sea; but when the Lord seems to make it my duty, I can go on the sea and trust Him every moment, and that is how I go at this time. I have not a tear to shed. I am only changing my work under the same General, and I go to another part of the field where they are calling earnestly for our help.

I did not want to come here when I came, but they were determined that we should come, and they sent us to stay two years. It will be nine years when we return to them. We praise God as we see the work that has been accomplished. O, I thank the Lord with heart and soul and voice, and we want to keep all the tokens of His love and hang them in memory's

hall. We want to see advancement step by step, and how God has helped us out of our difficulties, and how He has given us His power and His spirit.

Do you say that you will be weakened by our separation? Close up the ranks, brethren, and every one look to Jesus Christ. He is your wisdom, your life, your strength, the Bread of Life. To eat of that bread is eternal life to you. You must disappoint all who say, 'Now when Mr. and Mrs. White leave it will be a closure.' Closure of what? It will be a closure of the ranks. Everyone must stand shoulder to shoulder, and you will advance from strength to greater strength. By beholding Jesus you will be changed from glory to glory, and from character to character, advancing all the time.

I shall bear in mind those I have met here, and our prayers will ascend that the blessing of the Holy Spirit shall be upon these believers who live in my heart that they may advance from character to character, till in the heavenly courts it shall be said of them, 'Ye are complete in Him.'

I have not strength to take you all by the hand to say, Farewell, but my heart is with you and I will say Farewell in the name of the Lord."

Ellen White's contribution to the Church in the South Pacific was undeniably significant. Her deeds are a legacy left to those who stayed after her departure and to future generations. Along with her family, Mrs White laid the foundation, and as Dr Caro said, "It remains for us to arise and build."



The Prominent mentions of the number seven

Did you know that the Bible mentions the number seven, and variants like seventh and sevenfold, 680 times? Here are 10 prominent mentions of the number seven throughout the Bible.

- 1. How many days of Creation are there? Seven! All leading to the seventh day, which God designated as a special day of rest for all (Genesis 1).
- 2. God designed the rainbow with seven colours, symbolising His promise to never destroy the earth by flood again (Genesis 9:13).
- 3. Speaking of the flood, there were seven pairs of every clean animal loaded onto the ark by Noah (Genesis 7:2).
- 4. Pharoah had a dream which Joseph interpreted as seven years of plenty, followed by seven years of famine (Genesis 41).
 - 5. Jacob's seventh son was named Gad, which means "good fortune" (Genesis 46:16).
 - 6. To bring down the walls of Jericho, seven trumpets were played by seven priests for seven days (Joshua 6:8).
 - 7. Jesus fed 4000 people with just seven loaves, which multiplied into seven basketfuls of surplus (Matthew 15:32-37).
 - 8. Mary Magdalene was cured of seven demons (Luke 8:2).
- 9. The first "deacons" of the church were seven men of good reputation, full of the Holy Spirit and wisdom (Acts 6:3).
- 10. The Book of Revelation mentions Seven Spirits of God, Seven Churches and Seven Seals.



When Faith FM station manager Michael Engelbrecht climbed up onto the roof of his rusty shed in July 2008 to mount a radio mast, he had no idea the impact that a singular radio channel would have. Together with Paul Holton, who now works as infrastructure support for Faith FM, and several other members from the Moe and Traralgon churches in rural Victoria, they prayed over the project, all believing God could multiply their efforts to reach Australia with the gospel message.

And multiply He did.

Faith FM will celebrate 15 years of radio in Australia this year, with more than 230 radio stations across the country. But while the ministry has grown steadily over its 15 years, it's the past 12 months that have seen exponential growth, starting with a network increase to cover an additional 1.5 million listeners across Australia. Conferences around Australia have invested in Faith FM, both in the areas of content creation and network expansion. The result has been an explosion in listener engagement, specifically in requests for evangelistic resources such as literature and DVDs.

Of course, with such growth also came challenges. The small Faith FM team, already stretched to capacity, found themselves struggling to manage the surge of listener engagement. But thankfully, support from Australian donors has also been increasing. This allowed the Faith FM team to step out in faith, welcoming additional team members in part-time roles focusing specifically on supporting listeners and helping to create connections with Faith FM ambassadors.

Another challenge was turning these "growing pains" into opportunities. How could the small team best connect with these new listeners, while still nurturing the interest and investment of church members?

"I was speaking to a lady after church who had been a long-time listener of Faith FM, and she was telling me which shows she loved," said Faith FM content and promotions manager Pastor Robbie Berghan. "And then she started mentioning her favourite presenters too, and she said, 'Oh, I'd just love to meet them one day.'"

Her comment sparked an idea. In a number of locations around Australia, the team found there were lots of listeners eager to engage with Faith FM show presenters. And so, the Faith FM Community Dinner was born.

Commencing in the early half of 2022, listeners enjoyed good food and conversation with Faith FM presenters, with fantastic turnouts in Coffs Harbour, Adelaide, Newcastle, Tamworth and Armidale.

With more listeners connecting, the team found there were, and continue to be, more opportunities for local church members to support Faith FM. This led to the Faith FM Ambassador program.

"Radio is a powerful tool that educates and encourages people to make positive changes in their lives, but lasting changes, particularly in the spiritual area of life, most often occur in the context of personal relationships with real people," said Pastor Berghan. "Faith FM ambassadors have the unique opportunity to form friendships that can connect listeners with people in their own community who can help to nurture a growing disciple in their walk with Jesus."

Local conferences around Australia have caught the Faith FM vision and have sought help from the Adventist Church in Australia (AUC) to activate all remaining radio

"This means that in just three years the number of Faith FM radio stations across Australia could grow from 230 to 400, reaching many more people for Christ," said Mr Engelbrecht.

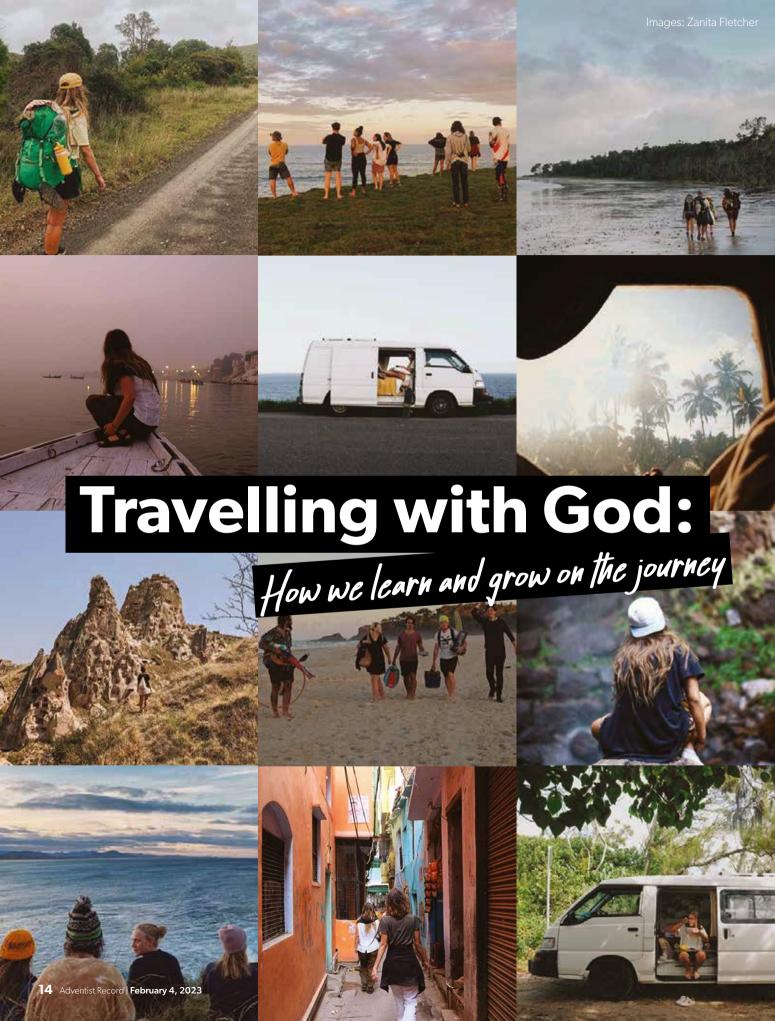
And this growth is only the beginning. The AUC has worked with the Adventist Church in the South Pacific (SPD) to secure Faith FM funding for the next three years.

"Faith FM is doing pivotal mission work in spreading the gospel, and this SPD funding has the potential to make dynamic impacts over the next few years," said AUC president Pastor Terry Johnson.

Faith FM is a growing, vibrant, national network supported by more than 40 content creators across seven studios. If your church is interested in exploring how to get involved with Faith FM, or you'd like to become a Faith FM ambassador, send an email to <info@faithfm.com.au>

Maritza Brunt

stay-at-home mum and part-time journalist who attends Wantirna church in Victoria.



ave you ever travelled with someone you thought you really liked, only to see a different side of them as the Ltrip progressed? People say travelling is a good way to determine whether someone is "the one" or not. How do they respond when things don't go according to plan? In their sleep deprivation, will they become aggressive toward the flight attendants? How will they behave if the whole trip is ruined?

Travelling can reveal a lot about us and give us an opportunity to see where we need to grow. Maybe we need more patience, openness, humility or tolerance. Maybe we need to have more fun. Whatever the case, we can look at our journey with God in a similar way.

When we travel through life with God, He will gently show us where we need to grow and empower us to become the best versions of ourselves. He never turns away or abandons our fledgling efforts to follow Him. He sticks with us even though we aren't perfect. As a result, our intentions, desires, values and actions gradually shift.

The Johari Window

Researchers have developed a self-reflection tool called the Johari Window. It identifies four ways that we can think about ourselves:

- The open area: the parts of yourself that you and others know.
- The blind area, or the "I don't know, but you do" area: things not known by yourself but known to others.
- The hidden area (the opposite of the blind area): things you know about yourself but others don't know.
- The unknown area: things known neither by yourself nor others, are yet to be revealed, or are known only by God.

What the Johari Window tells us is that growth doesn't happen in isolation. We need people who can gracefully point out our blind spots. The larger our open area is, the more we will know about ourselves, and the better our relationships will be. The blind and hidden areas are the ones we want to reduce. For that to happen, we must be willing to be approachable and vulnerable with others. That can be scary for many of us. But as author and preacher Timothy Keller says, "To be loved but not known is comforting but superficial. To be known and not loved is our greatest fear. But to be fully known and truly loved is, well, a lot like being loved by God. It is what we need more than anything."

A trip to India

Some time ago, on a trip to India, my friends and I had the opportunity to learn more about each other. We endured uncomfortable train rides that went 12 hours longer than expected, got sick from side-street samosas, yelled and sulked over silly things, and spent nights on the streets because of poorly communicated arrangements. On our last night together, we walked through Delhi and shared what we had learned about each other—the good and the not-so-good. As we talked, my friends gracefully showed me where I needed to grow (and I'm glad to say that we're still friends to this day).

Healthy relationships characterised by trust, vulnerability and growth are one of God's greatest gifts to us. They can be a place of healing and transformation on our journeys. If we

want to grow, we need to be open to listening to those who love God and who want the best for us. As Ephesians 4:15 says, "Speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."

God designed us to be individuals, yet His plan is that we function in a relationship with Him and with others. The degree to which we ignore the parts of ourselves that need to grow and mature is the degree to which our loving service to others is limited. They are the parts that are usually fearful, protective, defensive, manipulative and self-promoting. If we struggle to see areas we need to grow, we can ask God to bring these things to light. He has our best interest at heart, and His greatest desire is to help us confront the barriers that keep us from experiencing His love and goodness. The journey of growing in Him might be hard at times, but the psalmist reminds us,

> Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me (Psalm 23:4, NIV).

Rest in Jesus

In Matthew 11:28,29, Jesus invites us to come to Him, and He will give us rest. This rest is an invitation for us to partner with Him. "Take my yoke upon you . . . and you will find rest" (verse 29). He says.

Just like plants need water, sunlight and healthy soil to grow, we also need certain things to flourish. Prayer, Bible reading, community, worship, serving others and spending time in nature will benefit our characters and our relationship with God. As with any relationship, however, we must spend time with the person if we want to learn about them and strengthen our friendship with them.

If you've ever travelled with someone, you might have noticed that your behaviours begin to rub off on each other after a while. In the same way, we grow more like Christ by paying attention to our motives, choices and behaviours.

Ellen White, said, "It is by loving Him, copying Him, depending wholly upon Him, that you are to be transformed into His likeness."

When we anchor ourselves in God's love, we can focus on partnering with Him to live out His plans for us. We can use our gifts and talents to their full potential, we can grow in love and compassion, and our weaknesses can become strengths to help others. We can know we are growing in Christ as we will be filled with the fruit of His Spirit: "love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control" (Galatians 5:22,23).

Do you want to grow in Christ? Seek Him with your plans. Spend time with Him. Ask Him what He is trying to do in you. He is always there, listening, guiding and loving. Let Him join your journey. You won't be disappointed.

Zanita Fletcher

assistant editor, Signs of the Times.



e've all heard it . . . not to mention the many times we've said it ourselves . . . "I don't have time." My own words echo back at me as I write.

Sometimes the important and the not so important vie for our attention and time, and we can become distracted from what really needs to be done.

Our lives can sometimes resemble a circus juggling actwe struggle to stay focused on the important.

That unwritten letter (yes, some people still write them) or to be more tech savvy, that email you meant to send last week. The phone call to a sick friend, that unfinished assignment begging to be completed before the dreaded, fast-approaching deadline . . . umm have I even started it yet?

The kids' school photo day you forgot. Uniforms crushed and wrinkled . . . still in the drier.

Never mind the ironing, no time, just wear them as they are . . . oh dear, lunches still to be made!

The list goes on and on. I'm sure without any stretch of the imagination you can add a few of your own personal scenarios regarding time or the lack thereof.

Among other descriptions, Collins Dictionary describes time as an opportunity.

Now is a good time to ask ourselves, How often have we missed an opportunity?

Or perhaps—not even noticed an opportunity.

An opportunity to help heal a broken heart, go the extra mile to lend a helping hand . . . even when we really feel we don't have a second to spare in our busy schedule.

Have we ignored an opportunity "to speak a word in due season" as Isaiah 50:4 reminds us, because we are in a hurry.

A pearl of wisdom once read also speaks to me-Don't stumble on things that are behind you.

Some things need to be dealt with to be sure, but other things like regrets and missed opportunities can eat us up if we continually focus on them and allow them to consume us.

"Undone things" can certainly trip us up, but if we can't change the situation, we must let it go.

The prayer of Serenity is wise advice:

"God grant me the serenity to accept the things I cannot change, courage to change the things I can and the wisdom to know the difference."

The relentless march of time hangs heavy on us all at times . . . sometimes for good reason.

The story of King Agrippa is a point in hand.

Having testified for his faith in Jerusalem, the apostle Paul is sent to Felix, the governor of Caesarea, who, finding no fault in him, leaves him in chains to pacify the accusing Jews, hell bent on killing him.

Under much duress, Paul is shuffled from Governor Felix to Governor Festus, to King Agrippa, where Paul tells of his miraculous conversion experience before a hostile audience.

The story is recorded for us in Acts 25 and 26.

I often wonder if King Agrippa ever regretted his decision to close his ears to Paul's appeal to repentance and liberation in Christ.

A missed opportunity to know the Creator of the universe.

One far greater than the earthly king himself.

One of whom Paul spoke so eloquently and passionately about.

One for whom Paul was willing to die for.

Sadly for King Agrippa . . . the time was not convenient-"almost you persuade me".

Poignant words, tinged with some ambivalence.

Did King Agrippa ever ponder his encounter with Paul and regret a missed opportunity? Only eternity will tell.

Many in our hectic, time poor society struggle with inter-personal relationships.

They/we don't make time to get to know the real person inside.

Speed dating? Really.

Surely, we have not allowed ourselves to become that busy-and yet it seems we have.

How is it life has become so flimsy, so superficial?

Our throwaway society not only tosses out consumable goods, but sadly people as well-often the very vulnerable.

This poses a thought-provoking question: why are we so time poor, given all our labour-saving devices?

Could it be we have left God behind?

In our relentless pursuit to manage our time, some have forgotten the Author of time, the God of the universe.

For those who ignore the hands of time-be assured it waits for no-one.

The Doomsday clock, so called, located at Chicago University in the US, reminds us even from a secular point of view that we are dangerously close to midnight . . . 100 seconds in fact, and counting!

May King Agrippa's story not be ours-will there ever be a convenient time to choose a personal relationship with God? Not if the enemy of this world has his way.

Now this may seem a contradiction, in another sense we don't have time . . . we don't have time to waste on distractions that lead us away from the task entrusted to each of us in reaching out to a troubled world.

Our earthly home is on a collision course with its Creator. Paul's warning in 2 Corinithians 6:2b is a timely reminder to us all. "Behold now is the accepted time; now is the day of salvation." We may not be granted tomorrow or a more "convenient" time.

Now is all we may have-it's not too late to do a U-turn in life, but some day soon it will be. Hebrews 4:7b is also good admonition, along with Amos 8:11,12.

Don't trade the here today, gone tomorrow things of this life for eternity, no matter how alluring they may seem to be.

Time speaks to us all . . . are we listening?

Lvn Scarr

attends Ocean Shores church, New South Wales.

3 easy dressings that make salads healthier

These tasty combos dial up flavour and boost the salad ingredients of your bowl!

We've asked the dietitians at Sanitarium for their favourite DIY dressings that are super quick and easy to make at home.

1. Simple lemon vinaigrette

Ingredients: lemon, olive oil, mustard and honey, this dressing is loaded with the good stuff.

The vitamin C in the lemon helps you absorb more iron from the leafy greens in your salad, while the extra virgin olive oil is one of the best oils for your body, providing healthy monounsaturated fatty acids and high amounts of powerful plant compounds called polyphenols.

As part of a healthy diet, extra virgin olive oil has been shown to improve longevity, giving this type of dressing our tick of approval. A classic dressing with a zesty, citrusy flavour that works well with simple salads needing a bit of oomph.

2. Green goddess dressing

Ingredients: avocado, olive oil, lime juice, walnuts or cashews and fresh herbs like parsley and coriander.

Did you know adding avocado to your salad helps your body absorb fat-soluble nutrients such as lycopene, lutein and carotene from other colourful veggies? Made with avocado and zesty herbs, this salad dressing provides an avocado hit in a deliciously creamy dressing, minus the saturated fat content.

Avocados are one of the only fruits to contain healthy



monounsaturated fats. These fats help to maintain healthy cholesterol levels and boost satiety, so you'll feel full for longer, even after eating a salad—perfect if you are watching your weight.

3. Hummus

Ingredients: chickpeas, lemon juice, olive oil, tahini, garlic and optional spices such as cumin and turmeric.

More than a dip, hummus makes a tasty and healthy addition to salads and bowl food. Traditionally made with chickpeas and tahini (a sesame seed paste), hummus provides the plant protein and high fibre benefits of legumes and seeds with a tasty kick.

Chickpeas are packed with vitamins and minerals including iron, zinc, B vitamins, calcium and magnesium for energy and immune support, as well as looking after your bones and muscles. Did you know legumes, such as chickpeas, are also great for blood sugar control and weight loss, as they are low GI?

Try our golden turmeric hummus—a cheap and easy-to-make recipe that's a deliciously good dip and salad addition.

For the full recipes check out: <bit.ly/au-salad-dressing-recipes> or <bit.ly/nz-salad-dressing-recipes>.





Nilled with compassion, Jesus reached out His hand and touched the man. 'I am willing,' he said, 'Be clean!' Immediately the leprosy left him and he was cured" (Mark 1:41.42 NIV).

What a nice story! What a nice Jesus! What a happy ending!

This warm feeling is borne out in other versions that say Jesus healed the leper because He was moved with compassion/He was filled with pity and sympathy/He felt sorry for the man/He had mercy on the man. The New Living Translation says Jesus put His hand on him with loving pity.

But reading the story in my New English Bible made me do a double-take: "In warm indignation Jesus stretched out His hand, touched him and said, 'Indeed I will; be clean again.' The leprosy left him immediately and he was clean."

Indignation? Why would our gentle Jesus reach out to a leper, touch him and heal him with a sense of indignation?

I checked other Bible versions, dug deeper and an interesting picture emerged.

Instead of the word "compassion" several more (including one version of the NIV) used the word indignation. Others were stronger: the Common English Bible used "incensed"; the Lexham English Bible said "And becoming angry . . . "; The Easy-to-Read Version tells us what made Jesus angry: "These last words [of the leper] made Jesus angry. But he touched him and said, 'I want to heal you. Be healed.'"

Why would this poor man virtually grovel at Jesus' feet imploring/beseeching/begging for help with the words, "IF you are willing, you are able." They are words charged with emotion. In the eyes of society, this man is under God's curse. The priests had pronounced him "unclean". He was untouchable, an outcast mournfully warning others to keep away. He knew Jesus could, but would He heal a sinner-without-hope? Why would his words make Jesus angry?

The Greek continues with an interesting preposition: "Also, having been moved with splanchnistheis (bowels that yearn) and having stretched his hand, [Jesus] touched him and says

to him 'I wish to, be cleansed.""

"Also?" The man is passionate and Jesus also. If we omit the 'm' in "compassion" we have "co-passion". Splanchnistheis is related to the inner organs and in this case the spleen which figuratively means "feelings of resentful anger". Jesus resents it that this desperately sick man has been treated like a sinner and demeaned by society; He is indignant that people have been led to believe that sickness and calamity is God's punishment for sin. I like the insight we get from J B Phillips: "If you want to, you can make me clean." And Jesus says, "Of course I want to-be clean!"

Jesus touches the untouchable, removes the curse and cleanses the man. And when we read carefully, we see Jesus as much more than "nice". His personality is filled with emotions that show how pained He is about God's damaged reputation; how deeply God cares for those in need, how eager He is to restore, how passionately He cares about having a right relationship with people.

Have we sanitised God? Have we robbed Him of what we term "negative emotions" like anger, indignation and wrath against anything that can hurt or destroy His own; against any form of evil that will separate us from Himself and lead to certain doom? Is God too mature to be passionate about His damaged reputation, the lies the enemy spreads that place the blame of a suffering planet on God's shoulders? Have we become so logical that we turn firstly to medical and technical solutions rather than remembering that when we call out to our God, His heart, His bowels and even His spleen react (we are told that His nostrils quiver in anger) and He becomes dynamically involved with our concerns?

When we read carefully and dig deep into Scripture, our God will continue to reveal Himself to us in ever increasing glory.

Aleta Bainbridge

chaplain, South Pacific Division.



had and still have a cat called Scout but for the past nine months or so I've been taming two wild cats. Sugar is a beautiful calico tortoiseshell and Shimmer is so named because she is black with a shimmer of tortoiseshell. They are inseparable friends.

At first I fed them just outside the door, then, inside the door. When I feed them they are more than happy for me to lean over their bowls as they eat and talk to them. After a few weeks they would sleep on a cushion on a box near my armchair in the lounge. Shortly after they discovered my bed and soon slept on it. Now they sleep from shortly after their 4pm feed until I unlock the front door at about 7am. I leave the door open all day. I have no TV or anything else to steal and the neighbours in my units are out almost all day talking nearby. On cold, rainy days the cats spend almost 24 hours in my house and have learned to use the litter tray.

I really believe the cats do, in their own little way, love me. Sugar has three times run down the path to meet me when I've come home, rolling around in ecstasy when she gets to me. Shimmer will purr for 10 to 15 minutes when she gets on the bed. For the first time, a few mornings ago, I woke to find her lying on my stomach and once before she curled up on my lap for about half-an-hour while I sat in my chair.

At first the cats leaped down for five minutes or so each time I got up from my bed for any reason, but now they aren't even disturbed.

There is a point to all this information. The cats trust meup to a point! It's Sugar I want to tell you about. In spite of nine months of nurturing, feeding, protecting and showing that I love her and would never hurt her, she will move a metre or two to a "safe" place if I walk close by her. It breaks my heart!

It made me think of myself. How God's heart must break when, in spite of showering me with abundant evidences of His love, care, protection and interest in my wellbeing, I don't trust Him fully. He has given me the Bible with countless stories of His infinite power to solve situations when a human solution to a problem is not possible to see.

I always thought I had perfect trust in God, but in the past year or two, He has brought me into a situation where I can

see no human solution. It is very important to stress that I am only facing this through following God's clear leading step by step. Many times God has rebuked me through His still small voice in my prayers because my trust in Him is not absolute. Like Sugar, I trust Him-up to a point! But I wait and worry and stress because the months go by and He has still not completely solved my problem. Many times He has brought me to partial answers, and I have no reason to believe in the end there won't be a complete solution, but as I said, I stress and worry in the meantime.

Maybe you can't identify with me-maybe you think as I did, that you have perfect trust! In my devotional reading last week I came across the following paragraphs that mean a lot to me.

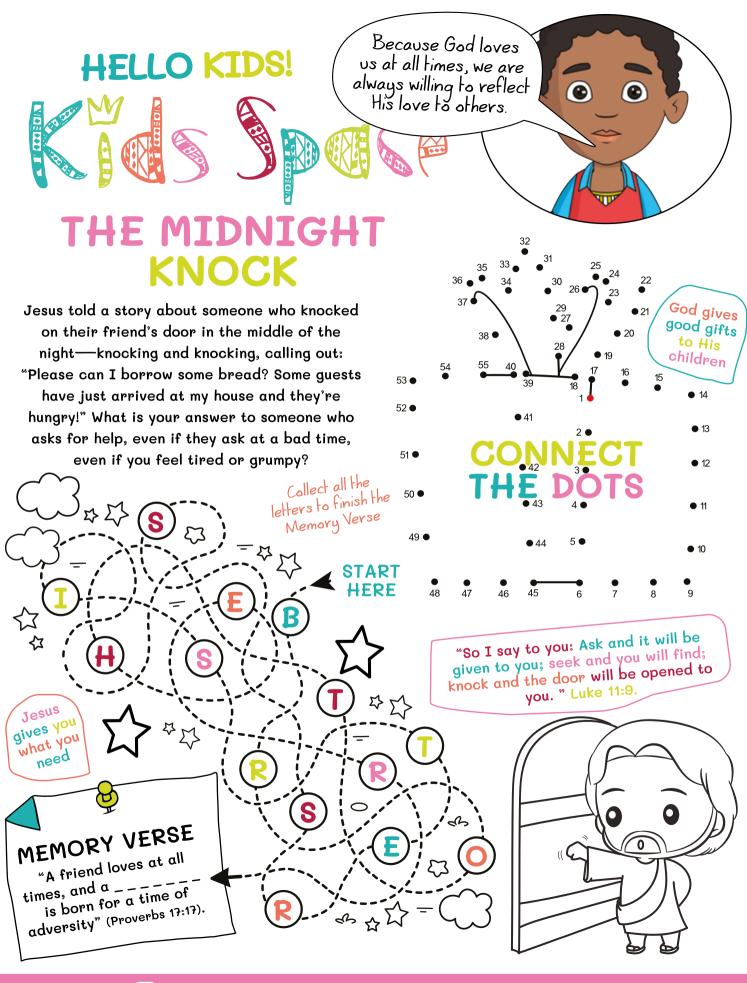
"God sends trials to prove who will stand faithful under temptation. He brings all into trying positions to see if they will trust in a power out of and above themselves. Everyone has undiscovered traits of character that must come to light through trial. God allows those who are self-sufficient to be sorely tempted that they may understand their helplessness.

"When trials come to us; when we see before us, not an increase of prosperity, but a pressure necessitating sacrifice on the part of all, how shall we receive Satan's insinuation that we are to have a very hard time? If we listen to his suggestions, unbelief in God will spring up. . . we should gather up the evidences of Heaven's blessings, the tokens for good, saying 'Lord we believe in thee'" (Testimonies 7, pp 210,211).

Over the past few weeks many times I have found myself singing the words of a beautiful old hymn (Hymn 501, SDA) Hymnal). They give me hope and courage. If you have cares and problems you can't fully trust God to solve, I pray that they will help you as you cast every care on Jesus and wait until He brings you through triumphantly in total dependence on Him. Verse 2: "'Tis the blessed hour of prayer, when the Saviour draws near, With a tender compassion His children to hear; When He tells us we may cast at His feet every care."

Shirley Evans

carer, with two daughters and a son-in-law. Lives in Sydney, New South Wales.



Anniversarv



MESARIC, On 29.11.22 Drago and Ankica celebrated 60 years of marriage. They were married in Cakovec. Croatia and have been blessed with four children, eight grandchildren and three great-grandchildren. They arrived in Sydney in 1970. In 1975 they moved to Cooranbong where they continue to enjoy life together. They have been active members of the Dundas church in Sydney and in more recent times have settled into their new church family home of Hillview, Morisset. It doesn't take one long to recognise that they have a very special bond. We pray God's richest blessings on their continued journey together.

Obituaries



BARBER, Glenn Maurice, born 26.10.1940 in Warburton, Vic; died 20.11.22 in Box Hill

Hospital. He was predeceased by his brother, Roland. Glenn is survived by his wife, Carol (Warburton); children, Annette Berry (Gruyere), Stephen (Bendigo) and Daniel (Geelong); stepson, Roger Matabele (East Warburton); brother, Derwent (East Warburton); and sister, Bronwyn (Pat Creek). Glenn lived his life within Warburton, working for 43 years as a printer for the Signs Publishing Company and serving the Warburton church as deacon and head deacon all his life. He volunteered for 40 years for the CFA, raised a family, and helped and blessed the community, especially in these last years at the Redwood Community Centre. He was a pillar in his church and community.

Clifton Maberly, Terry Goltz

BURKART, Herbert Karl. born 19.2.1939 in Mannheim, Germany; died 21.11.22 in Wyong, NSW. On 26.7.1963 he married Monika Wittmann. He is survived by his wife (Cooranbong); sons, Thomas (Cooranbong) and Rene (Rouse Hill); daughter-in-law, Bianca Burkart (Rouse Hill): and grandsons. Cavden and Seth (both of Rouse Hill). Herbert worked as an electronics technician in Mannheim, Germany, Alexandria, Sydney and at Sydney University, Camperdown.

Steve Magaitis

DUMPLETON, Alicia (Lea) Milford, born 12.3.1941 in Sydney, NSW; died 26.11.22 in Jacaranda House, Cooranbong. She was married to Thomas for 63 years and is survived by her husband; children, Steven, Kevin, Gary and Kerrie; and eight grandchildren. Lea had a big heart for children and for needs in the community. For several years she was a member of Apex, the Red Cross and volunteered in a Smith Family shop. She rests in peace awaiting the call of Jesus.

Roger Nixon



EDGEWORTH, Priscilla Beth (nee

Cobbin), born 27.1.1930 in Brisbane, Old; died

17.11.22 in Wauchope, NSW. In 1961 she married Terence Rice, who predeceased her in 1973. In 1976 she married Don, who predeceased her in 2008. Priscilla is survived by her daughter, Trish and Gary Campbell (Wauchope); grandchildren, Lachlan and Cathy Campbell, Lara and Josh Dye, and Brittany and Caleb Hindley; a great-granddaughter; and stepson, Wade and family. Priscilla was actively involved in church service her entire life. Her family hold many fond memories of playing ukulele and singing gospel songs with her.

Kendell Cobbin, Steve Magaitis

WADD, Cecil Thomas, born 20.10.1928 in Coffs Harbour, NSW; died 13.10.22 in

Macksville, On 31.5.1955 he married Barbara Burdett at Thornleigh church. He was predeceased by his granddaughter, Natika in 1985. Cecil is survived by his wife; children, Graham, Bruce, Nelda and Linda; grandchildren, Tristan, Jayden, Tianna, Jessica, Brenton, Hugh and Liam: and nine great-grandchildren. Cecil was a practical and generous man who loved his Lord. He served faithfully for many years as a deacon. He helped build both churches in the Nambucca Valley and loved working on fly'n'build projects throughout the Pacific. Cecil is at rest now awaiting his Saviour's return

Bruce Wadd, Col Reynolds

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Consulting editor

Glenn Townend

Editor

larrod Stackelroth

Assistant editors

Iuliana Muniz Danelle Stothers

Copyeditor

Tracey Bridcutt

Graphic designer

Talia Valderrama

Noticeboard

Julie Laws

Letters

editor@record.net.au

News & photos

news@record.net.au

Noticeboard

ads@record.net.au

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Mailing address

Adventist Media Locked Bag 1115 Wahroonga NSW 2076 Australia + 61 (02) 9847 2222

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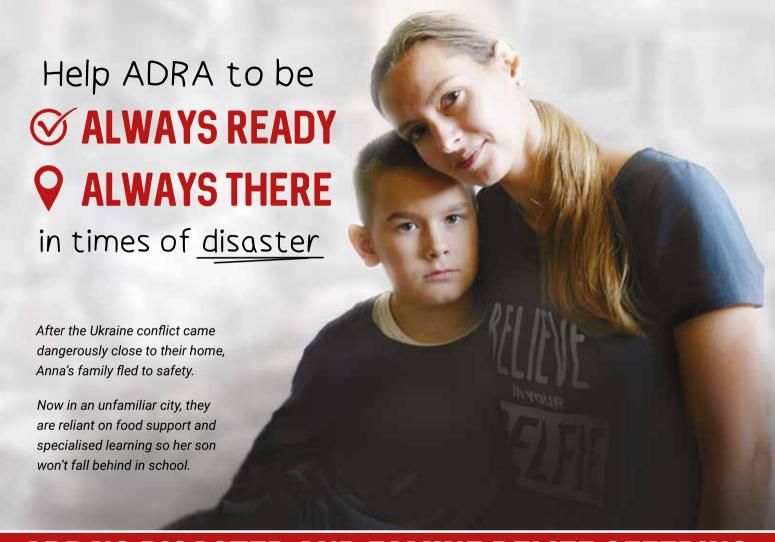
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Next issue

Adventist World February 11

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