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Stepping out of a time warp

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Extension of life leads to
new ministry ¹⁴

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EDITOR'S NOTE:

The greatest love story ever told

Danelle Stothers
Assistant Editor

“

“I have loved you with an everlasting love; I have drawn you with unfailing kindness.”
- Jeremiah 31:3

My husband and I recently went on a rare (child-free) date to the cinema. We watched a movie that detailed a beautiful story of romance, one that wasn't without its share of heartbreak, but told the sad and beautiful tale of this couple's love.

There are stories of love all around us (especially during the month of February!)—Romeo and Juliet, Elizabeth and Mr Darcy, or Meghan and Harry are some that spring to mind. Inspired by all this reflection on stories of romance, I pulled out a handwritten letter my late grandfather sent me about his own tale of love. It sounds like something out of a movie but I promise it's a true story.

My grandfather served in the field ambulance (a mobile frontline medical unit, not a vehicle) during the Second World War. His unit's second overseas appointment was on the island of Borneo, where they cared for both wounded soldiers and citizens. One of their most cheerful patients was a local young lady who had received an injury to the brain caused by pieces of bomb shrapnel. Despite this severe injury, she maintained her joy and acted as a translator (she spoke five or six languages) for the variety of patients who passed through the hospital's doors. This was the young lady my grandfather fell in love with, and he was not willing to leave unless she was able to return to Australia with him. After being declined approval by superiors to marry his love, he found out one night that his unit was due for departure home to Australia the next morning.

He knew he had to take drastic action.

Packing some clothes into a bag he snuck away late that night, walking nine hours along train tracks to reach her hometown. After her family's approval was given, they were married by a local priest that same morning. Eventually, repatriation was organised and they started their lives together in Australia.

I wish I could give an account of my grandmother's version of events, but unfortunately her injury proved too severe and she lost almost all cognitive function several years after arriving in Australia. I did however witness my grandfather's dedication and love as he cared for her for the remainder of his life.

What is your favourite tale of romance?

One that intrigues me comes from the chapter of Hosea in the Bible.

Hosea was a prophet instructed by God to marry a "promiscuous woman" by the name of Gomer. Hosea and Gomer's life together starts out well, but Gomer just couldn't let her previous line of work go. After three children, she leaves her husband to return to her former life of promiscuity. In his heartbreak, Hosea is asked by God to go and find Gomer and re-marry her.

Despite the shame and embarrassment Hosea must have felt, he follows God's directive. He finds Gomer and pays her freedom from the distress she found herself in, even though she did not deserve his love and care at all. Does this story sound familiar . . . ?

February is often known as the month of love. Wherever you look there are red hearts, roses and advertisements for "the perfect gift". Even the "recommended" shows on streaming platforms feature tales of love and romance; it really can't be avoided. But for some, this aura of love can have the opposite effect . . .

If this season has you feeling lonely, sad or unloved there is one story that you can focus on. Your own tale of romance with a God whose love and dedication to you trumps all others. Who took drastic action so you did not have to be separated, and paid your freedom from distress, even though it was undeserved.

This is the greatest love story ever told.



EDITOR'S NOTE:

Foreign language

Brad Kemp
Adventist Media CEO

Recently, I sat next to a young man on a plane. As I often like to do I started up a conversation and learned that he was doing a PhD in medical science and was now travelling to Germany to do some hiking and climbing for a few weeks.

Somehow our conversation turned to languages and before I knew it I had opened my phone and we were talking about Bible Greek and I was showing him words and meanings that we find also in English. That is when I made my discovery. Everytime I went to a new word related to the gospel or Jesus, my seat partner wanted to know what it meant. You see, not only did he not understand the Christian message, he did not understand a lot of our Christian language.

The world of my parents was Christian. Nearly everyone went to church or had a church affiliation. Christian concepts and language were commonly understood. There was no question as to who God was, or the reason for Christmas and Easter. You could talk to your neighbour about religious things and they wouldn't need much explanation.

Today, however, those living in Western secular countries live in what is termed a post-Christian society where children are growing up with no knowledge of God, Jesus, creation, the reason for sin and suffering or the Christian message of salvation through Jesus Christ. But rather than being a negative this can be good news for those of us called to make disciples.

The young man I sat next to knew nothing of these things, so when I began to share a little about Jesus and the gospel it was new to him. I found he wanted a better understanding of the meaning behind the words. And this is the opportunity. There's often an interest to know more but take care not to over-share or to use language that is quite simply, foreign.

In Matthew 28:19 we are commanded to go and make disciples of all *ethne* or people groups. When I got off the plane I'd gained a clearer understanding of this verse and that the work of making disciples to my post-Christian neighbour requires me to communicate the good news of Jesus in a way that may be foreign to me but makes perfect sense to my friend.

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Dr Darren Morton presenting at a past ELIA Wellness Summit.

Top line-up of speakers for 2023 ELIA Wellness Summit

📍 Wairoanga, NSW | Tracey Bridcutt

The ELIA Wellness Summit is back for 2023—the first face-to-face summit since 2019.

The March 24–26 summit will feature the latest research and information on lifestyle medicine presented by a top line-up of local and international experts. The summit is designed both for health professionals and enthusiasts who are passionate about helping the community. It will be held at the Clinical Education Centre at Sydney Adventist Hospital.

This year's theme is "Empowering people to whole-person health with a focus on the physical and spiritual dimensions". Topics include "Thriving in a stressful world", "Mental health and Christianity" and "Meals that heal and meals that kill". Attendees will learn how to set up a wellness hub in their local clinic, facility or church as a way of connecting with their community.

Dr Peter Landless, director of health ministries at the General Conference, will present inspiring stories and learnings from health ministries from around the world. Lifestyle medicine physician and health and wellness coach, Dr Luiz Sella, is another key international speaker. His topic: "The gut microbiome: healing from the inside out".

Other highlights of the program will

be the launch of the new ELIA Lifestyle Medicine Centre at Sydney Adventist Hospital and the Saturday night fundraising dinner.

"The response to the last ELIA Wellness Summit was overwhelmingly positive where 95 per cent of respondents felt that they were more educated and equipped to bring health, healing and hope to their patients/community and 100 per cent of respondents would recommend the ELIA Wellness Summit to their family and/or colleague," said Dr Geraldine Przybylko, executive director of ELIA Wellness.

"This year we will share how the ELIA vision is being achieved and will also have experts in their field focus on the physical, emotional and spiritual dimensions."

ELIA Wellness is a health promotion charity, an initiative of Adventist Health-Care Limited and a sister organisation of the Sydney Adventist Hospital. It aims to develop whole-person health clinical and community programs to prevent and manage chronic disease, to take the community on a journey to whole-person health, and to create a blueprint of the ELIA Lifestyle Medicine Centre that can be rolled out to other locations.

Full event details are available at <mailchi.mp/eliawellness/summit2023>.



Volunteers assisting with emergency supply distribution.

Adventists respond to floods in Auckland

📍 Auckland, New Zealand | Sarah Ryan/Juliana Muniz

After record levels of rainfall caused severe flooding in Auckland (New Zealand) starting on Friday, January 23, teams of volunteers from local Adventist churches gathered to respond.

With many families affected in their region, Ponsonby Adventist Church opened its doors as an evacuation centre, providing bedding, water and food for anyone displaced by the floods and in need of accommodation.

Sanitarium donated pallets of WeetBix and Up&Go for distribution to families in need.

Based in Mangere—one of the heavily

impacted suburbs—the Auckland Seventh-day Adventist High School opened its doors to the ADRA team as a base for collecting emergency supplies. A group of volunteers from the Auckland Brazilian church assisted with the supply distribution.

ADRA team members also visited local emergency centres to provide any remaining supplies and volunteer their time helping evacuated families.

To learn more about ADRA's response and to donate, visit <adra.org.nz/respond>.



New Christian Services for the Blind and Hearing Impaired coordinator Coralie Schofield.

Technology helps those with hearing loss

📍 Wahroonga, NSW | Tracey Bridcutt

New technology in use at local churches and church events is helping those with hearing loss feel more included.

At last year's South Queensland Big Camp, an assistive listening system was used to help hard-of-hearing attendees to fully participate in the program.

"It was an emotional experience to finally hear fully everything that was going on," commented one attendee.

Ahead of World Hearing Day on Friday, March 3, the South Pacific Division's Christian Services for the Blind and Hearing Impaired (CSFBHI) is encouraging more churches to get on board and provide a supportive and inclusive environment for those with accessibility needs such as the hard-of-hearing.

"At the 2022 General Conference Session, it was wonderful to see progress being made in this space," said CSFBHI coordinator Coralie Schofield.

"For the first time a Deaf delegate was appointed, representing the millions of Deaf across the world. And there was also a significant addition to the Church Manual recommending local churches appoint an Adventist Possibility Ministries (APM) leader and an APM committee 'to encourage members with special needs and to learn how to effectively communicate with them'.

"It's important that our churches are safe and inclusive spaces for all. Every person has a possibility that God can use."

Contact CSFBHI for resources relating to accessibility needs for the blind, low vision, hard-of-hearing and deaf via <csfbhi.adventistchurch.com> or <csfbhi@adventistmedia.org.au>.

See page 16 for tips on how churches can accommodate the needs of members who are deaf and hard-of-hearing.



The late Emmanuelito Ligsay. (Credit: PNGUM Facebook page).

Tributes flow for long-serving treasury team member at the Papua New Guinea Union Mission

📍 Lae, Port Moresby | Jacqueline Wari/Record Staff

The Papua New Guinea Union Mission (PNGUM) is mourning the loss of associate chief finance officer, Emmanuelito Ligsay, better known as Lito, who passed away at St Luke's Hospital, Manila, Philippines, on January 21, after suffering a pulmonary embolism.

Lito Ligsay, 51, was a long-serving member of the PNGUM treasury team. He was caring and supportive of those who worked with him and would spend as much time as necessary to assist less experienced staff in learning new skills.

PNGUM staff held a memorial service for Mr Ligsay, reflecting on their special moments with him and how he impacted their lives. The treasury team sang his favourite hymn, "I need the prayers of those I love".

Mr Ligsay was born on October 6, 1971, at Midsayap in the Philippines, where he was educated at Mountain

View College, receiving a bachelor of science in accountancy before completing further studies at the University of the Visayas in Cebu where he was awarded a master of business administration. He had 27 years of Church employment, commencing with one year at the East Visayan Adventist Academy in the Philippines. He then moved to Thailand and worked for 18 years in the Thailand Publishing House (Thailand Adventist Mission), before transferring to the General Conference Auditing Service (Southeast Asia regional office-Bangkok), covering nine countries. He accepted a call to the PNGUM on January 21, 2014.

Mr Ligsay is survived by his wife, Josephine, and son Brent. His funeral was held on Friday, January 27.



The South Australia Conference Youth Rush team.

Young people share more than 6000 books in Australia and New Zealand

📍 Wahrenonga, NSW | Juliana Muniz

A total of 60 young people have recently given two weeks of their summer holidays in mission service around Australia and New Zealand. They were part of Youth Rush, a student literature evangelism program that provides young people with an opportunity during summer and winter school holidays to receive free training and to get involved in local mission.

"This is a transforming experience where they can make new friends, develop life skills and grow in their discipleship journey," said Adventist Media literature ministry coordinator Brenton Lowe.

This summer, the program was run by four conferences—South Queensland (SQC), Western Australia (WAC), South Australia (SAC) and North New Zealand (NNZC)—with three of them—SAC, WAC and NNZC—running their first Youth Rush event supported by the Literature Ministry Committee Innovation fund.

Going from door to door, the young evangelists met new people and discovered their needs, sharing a total of 375 prayers and 6590 books. From the visitations, two people were brought to a church meeting and 47 gave their contact details for follow-up.

Participating in the Youth Rush program run by NNZC in Palmerston North, Jedidiah Jennings said he experienced many "divine encounters" throughout the program, but a highlight was when he met Ken, who had been keeping the Sabbath for eight years, but never with someone else.

"He chose five books and shared how he had been looking at his table thinking *'I wish I had someone to fellowship with'*, so we invited him to church. On Sabbath morning, although we told him to come at 9:30am, he jumped on his mobility scooter and was there at 8:30am. We had a beautiful day and he comes every week to study the Bible," Mr Jennings said.

For first-timer Zoraida Vytu Chho, the highlight was to connect with other young people and the strangers at the doors. "Canvassing just gave me that reminder that when you have God in your heart, you aren't afraid of rejection, and although some interactions may seem insignificant, that small conversation could change someone greatly," said Ms Vytu Chho.

Youth Rush is run by Australian and NZ conferences and Avondale University in partnership with Adventist Media Literature Ministry. Learn more or register at <literature.adventistchurch.com/youth-rush>.

making headlines

A toy story

A teddy bear; a doll with a torn dress and dishevelled hair—this is the profile of used toys that arrive for refurbishment at the home of Jandira de Quadros, a woman in Brazil who restores toys and donates them to vulnerable children. Last year she restored more than 300 items and made caps, blankets and baby clothes to donate to people in need.—ANN



Car clinic for women

Woodland Hills Seventh-day Adventist Company (US) recently held a free car clinic for women after seeing many struggling with car issues, particularly single women, widows and divorcees. The two-day clinic taught basic car terms, how to change a tyre, when to see a mechanic, how to choose a good used car and more.—Adventist Review

200 baptised in Uganda

An annual corporate prayer day in Uganda has attracted hundreds of believers from various parts of the country and seen over 200 people baptised. Central Uganda Conference president Pastor Samuel Kajoba said the event's aim was to renew the faith of believers, thank God for His protection through 2022 and seek His guidance for the year ahead.—New Vision

Believe it or "nut"

Weight loss is never an easy nut to crack, but researchers found that a snack of 30-50 grams of almonds could help people cut back on the number of kilojoules they consume each day. They found that people who ate almonds experienced changes in their appetite-regulating hormones, and that these may have contributed to a reduced food intake.—UniSA



Called “for real”

Manjimup Seventh-day Adventist church (WA) had visitors from Perth and all over the South-West on Sabbath, January 28, for the ordination of Pastor Ross Craig. Pastor Clark Riggins shared a message and the ordination prayer was led by WA Conference president Pastor Steve Goods. Graduating from Avondale College in 2019, Pastor Craig has since been serving in Manjimup, Kulikup, Boyup Brook and Katanning. “Being ordained brings with it the realisation that God’s call on my life is ‘for real’, and that’s not just something I’ve been feeling but others recognise it too. It simply means that the journey continues and God remains my Guide. He has done such a work already I’m excited to see what He has ‘up His sleeve’ for me next,” he said. —**Danelle Stothers**



Empowered to go

Pastors, ministers, lay people and Bible workers from across Vanuatu gathered at Epauto Adventist Multipurpose Centre for the Vanuatu Mission (VM) ministerial conference 2022, held from December 5 to 10. Themed “Empowered to Go”, the event featured morning devotions and workshop sessions with a wide variety of topics and presentations. South Pacific Division Discipleship Strategy leader Pastor Danny Philip was the main speaker for the week and he challenged and affirmed attendees in their ministry. He reminded all present that they are “participants of the vision, mission, purpose, values and strategy in the business of ‘making-disciples’ for Christ”. The Adventist Book Centre and VM health department were also present with stalls providing literature and health services to the participants. —**Cecile Trief/Juliana Muniz**



ADRA’s amigos

The Newcastle Spanish Seventh-day Adventist church (NSW) recently hosted its traditional fundraising Hispanic Day, which aims to unite the Hispanic community in the area and raise funds for ADRA through the sale of international food. Around 200 people attended the event, of which 150 were from the Hispanic community. More than \$A3200 was raised through the food sale and, combined with donations from local church members, a total of \$A4021.80 will be directed to ADRA. —**Roberto Velasquez**



Marlyn’s baptism

Clarkson Seventh-day Adventist church in WA was filled with joy on Sabbath, January 14, with the baptism of Marlyn Blumears-West. Baptised by Pastor Abby Aviles, Ms Blumears-West decided to give her life to God after attending the “Countdown Back to the Future” and “Secrets of Prophecy” evangelistic programs held at Clarkson church from September 2021 to February 2022. —**Arthur Pettifor**



Fun and faith

More than 100 teens had a week of fun and spiritual growth at the annual North New South Wales Conference (NNSW) Youth Summer Camp from January 16 to 22 in Yarrahapinni, NSW.

According to NNSW youth director Pastor Dana Howard, the aim of the youth summer camp is to provide an opportunity for teens to hear Jesus. "One young girl has grown up in the church her whole life and never had a Bible study. She has had her first Bible study here and wants to be baptised," he said.

From this age group, 19 have requested baptism, 20 are interested in Bible studies and 25 seek mentorship, with more decisions made separately in the junior and teen camps.

Campers began each day with a combined morning devotion led by Pastor Josh Kross. During the mornings, campers had a choice of multiple activities, including abseiling, watersports, mountain biking, horse riding, snorkelling and a range of other activities.

For 15-year-old first-time camper Abigail Hammond, it was refreshing to be in an environment where teenagers could worship together without the feeling of being judged. "I knew it would be a Christian camp . . . but I didn't realise how committed people were to God here. I thought [everyone] would just go along with their own thing and pretend that [God] doesn't even exist, but everyone here is so into it," she added. —**Megantha Kiruwi**

have news to share?

Send info and photos to <news@record.net.au>



New PAU executive leader

Trans Pacific Union Mission (TPUM) education director Mere Vaihola has accepted a call to Pacific Adventist University (PAU) as deputy vice chancellor for administration. The newly-created position is designed to complement the existing management team comprising the vice chancellor, deputy vice chancellor (academic affairs), bursar (financial affairs) and director of student services. "Mere Vaihola brings to PAU an extensive experience in Adventist education administration in the Pacific," said PAU vice chancellor Professor Lohi Matainaho. Mrs Vaihola has been serving at the TPUM since 2017, initially as associate education director before being appointed education director in 2021. —**Tracey Bridcutt**



Jesse gets the credential

Adventist Media (AM) staff, friends and family gathered at Fox Valley church, in Wahroonga (NSW), on January 21 to celebrate *Signs of the Times* magazine associate editor Pastor Jesse Herford's ordination. The special service was conducted by AM CEO Pastor Brad Kemp, South Pacific Division (SPD) leaders Dr Wayne Krause, Dr Darius Jankiewicz and Dr Edyta Jankiewicz. Graduating in the theology from Avondale University in 2015, Pastor Herford started his ministry in New Zealand as associate pastor of Tauranga Adventist church and associate chaplain at the Tauranga Adventist School. He was serving in Palmerston North and the greater Manawatu region when he received the call to join the Adventist Media editorial department in January 2022. Pastor Herford is married to Carina, who serves as an administrative assistant in SPD secretariat. —**Juliana Muniz**

Establishing a home for health

Ellen White's beloved Australian home, which she named "Sunnyside", was located beside the Avondale College Estate in Cooranbong, NSW. After her departure from Australia in 1900 (detailed in the previous issue of *Adventist Record*), the land was sold to the family of a young Adventist man who had begun study at Avondale College. In 1905, the Sunnyside Estate was put up for sale again, as advertised in the *Union Conference Record* on March 15, 1905. You can check out this interesting announcement on the facing page.

Around this time, the Sydney Sanitarium was opened (January 1, 1903) in Wahroonga, NSW. In the years following its opening there appeared to be an ongoing staffing shortage after the initial chief physicians and medical directors, Drs Daniel and Loretta Kress, departed for the US in 1907. The *Union Conference Record* in September 1907 reports, "The Sanitarium, medical, and health food interests came up for much careful thought and consideration. The Wahroonga Sanitarium has passed through quite an experience during the past months. Almost immediately on the arrival of the Doctors Richards from England, the Doctors Kress were called to leave on short notice for America; and shortly after that Brother and Sister McDonald, the former of whom had charge of the gentlemen's bathrooms, and the latter of the ladies', had to leave the institution because of the illness of Brother McDonald. This greatly crippled our work, and brought heavy burdens on the Doctors Richards, who had so recently come to take the most responsible position in the institution, as well as on others. These conditions have greatly crippled our work in other ways also. In view of the responsible position of the Sanitarium, and the important educational work there carried on, the brethren at the council all felt that the work there should be supplied with the best help available, and nothing less than this could do justice to the work required by the institution. While the Doctors Richards are doing their utmost to carry this work, and others do what they can to stand by them, the load and responsibility is too heavy, and this was fully appreciated by the brethren." A staffing solution was found and communicated to the newly chosen employee through the *Union Conference Record*.

In March 1910 (vol 14 no 13), a report was featured on the front page detailing the Rev Hugh Jones' (a Presbyterian minister in Victoria) experience at the Sydney Sanitarium, titled "A Month at the Sydney Sanitarium":

"While on a visit to Sydney over three years ago as a

delegate to our Federal Assembly, I stayed with a Presbyterian family that had a relative undergoing treatment at the Sydney Sanitarium. These friends were so much pleased with their dear one's treatment that they urged me to visit the sanitarium as one of the 'sights' of Sydney. I went; I saw; I was conquered. So warmly was I drawn to Dr Kress, and so full of admiration at the beautiful surroundings, that I resolved to spend a holiday there as soon as it could be managed. At the end of last winter I suffered from a poisoned leg; the run-down condition consequent on this led to the carrying out of my resolve. I spent four weeks at the sanitarium, beginning from the first week of last September. My highest expectations were realised, and in some respects surpassed. The food was above the criticism of the most fastidious, though I soon found that here as elsewhere one has to make as wise a choice as possible. To do this, we were helped by lectures from the doctors, and hints from the attendants and menu-cards. By experience I found what best agreed with me, and so derived most benefit during the latter part of my stay.

The 'treatment' in the bath-rooms I found to be not only beneficial, but exceedingly pleasant. The massage was most skilfully done by young men that always looked bright, and apparently never lost their temper. Any extra service asked for was rendered with invariable cheerfulness. My experience of the bath-room is one of the brightest memories I retain of my visit.

The nurses, male and female, formed part of the benignant atmosphere of the place. They looked pleasant; their manners were pleasant; their service was pleasant. Such nurses are forthcoming only when their hearts are warmed by divine love to God and man.

To Dr Richards I felt myself closely drawn. The doctor is singularly approachable; the most nervous, shrinking patient can speak freely to him. He is particularly free from professional mannerism.

The morning worship at 7 am I attended with scarcely a break, and received much comfort and strength from it. The service was generally conducted by Pastor Gates, and two of his prayers in particular gave me such an uplift as I shall not soon forget. I had the privilege of many conversations with Pastor Gates. He is a sincere, self-denying, enthusiastic missionary of the cross, and has given proof of his quality by years of arduous labours in foreign mission fields. In his broken health he bears branded on his body 'the marks of the Lord Jesus.'

I paid a flying visit to Avondale, where there is a great industrial settlement of Seventh-day Adventist students.

Avondale is between the Hawkesbury and Newcastle. There I saw the process of preparation of some of the famous Sanitarium Health Foods, notably granose flakes. How different the place looked to an abattoir! The printing presses and book-binding rooms were interesting in such an out-of-the-way place. At dinner I had a good look at the students—a fine, healthy set of young people. Occasionally they get a black sheep among them, but either his colour is changed or he is turned into outside pastures. Avondale College is giving technical education that I am sure the government technical institutions cannot surpass, and withal imparting to its students a moral and spiritual training the government institutions cannot even attempt to do.

I was privileged to visit the homes of several of the Wairoonga Seventh-day Adventists, and received in them much unaffected hospitality. All showed me much kindness. I was thus enabled to see how the principles of food reform are being carried out by the Seventh-day Adventists in their own homes.

The surroundings of the Sydney Sanitarium are exceedingly beautiful. There are some lovely walks in the vicinity, along tree-embowered roads or through sylvan glades. I know, as I must have averaged about five miles a day walking, and I never grew tired of the scenery. While I was at the sanitarium the waratah was in gorgeous bloom, and there were lovely wildflowers everywhere carpeting the ground, the exquisite native rose being particularly striking. The large estate of the sanitarium is really a sanctuary for native birds, a large variety of which may be found in the season by anyone who will keep his eyes and ears open. Being an enthusiastic bird-lover, I spent some delightful times among these sylvan haunts watching the birds. I saw birds there, such as the active little tree-creeper, that I have never seen about city gardens.

Such an institution as the Sydney Sanitarium can rest and be worked only on a religious basis, and by men and women who are themselves genuinely religious. The devotion of the sanitarium staff could not be bought with money. The doctors, nurses, electrical engineer, and manager could all command much larger salaries 'outside'. They feel, however, a 'call' to this work, and having all they actually need, but no wealth, they are content and happy.

Though I am by no means a Seventh-day Adventist, I am in the most complete accord with their methods at the sanitarium. Strongly seized of the fact that the gospel of Christ is for men's bodies as well as for their souls, they are putting their faith into practical operation, with splendid results. Their methods appealed to me as rational and scientific. They are not faddists—unless aversion to a flesh diet, tea, alcohol, and other drugs constitutes them such. And in their treatment of the sick they manifest much of their Master's sympathy and compassion. Their ordinary methods are not those of 'faith healing', although they believe in and habitually practise prayer for blessing on physicians, nurses, and patients. The atmosphere of the sanitarium is one of prayer and works—man working together with God. Nevertheless, prayer only, apart from physical means, is occasionally used by some of the pastors when they feel led to it, and used not in vain.

I have no hesitation at all in recommending 'outsiders', such as I am, to undergo treatment at the sanitarium, if Dr Richards advises them to do so. They will be charmed with the place and the people. A lady visitor, whom I have known from my boyhood, and whose lot it has been to travel much, was telling me one day about some of her experiences, not very pleasant, in first-class hotels. Then she suddenly said with emotion, 'What a beautiful place this would be to end one's days in among these happy, kindly people!' That expresses much—'a beautiful place', 'happy, kindly people'. No wonder I felt physical and spiritual benefit from my holiday at the Sydney Sanitarium!"

Important Announcement

Progressive Village of AVONDALE, Cooranbong, N. S. W.
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Ukraine: One year on



Symon* misses his friends and every day asks about it. 'When will we return back home? I want to be with my friends,' he says. And every day I have to explain to him that now is not the time."

Anna and her family are among the millions of people who fled their homes in Ukraine when the war came to their doorstep. February 24 marks one year since Russia invaded Ukraine, but the conflict is showing no signs of ending.

Today, there are more than 18 million people in Ukraine in need of humanitarian assistance and approximately 14 million people have been displaced. ADRA has been helping families like Anna's who need ongoing support.

Anna recalls the first few days of the war and what led to their decision to flee their hometown of Lysychans'k. "The electricity and water were off because of the shelling. Then a missile hit, 10 metres from our home. It was too dangerous to stay."

But before they could leave, they spent hours queuing in line at the pharmacy for Symon's epilepsy medication. After securing the medication, Anna's family prepared their bags and joined the long line of cars fleeing the warzone.

Safely in another part of Ukraine, they have nothing left of their previous life, except for the few bags they packed.

"We started looking for support systems, especially food and psychological support," Anna says. "When you spend your life in good conditions and are now applying for humanitarian assistance, it's quite traumatic."

Adjusting to their new reality has taken a toll on their mental health. Before the war, Anna's husband was running his own business. But now in Dnipro, he has only been able to secure unqualified work and has struggled to provide for his family. It was at this point that Anna was introduced to ADRA.

Through ADRA, Anna and her family have been receiving food and counselling support, as well as cash grants to access essentials like furniture.

"The food support was quite attractive to us because it's not only pasta and bread, but it also included different kinds of necessary meals for children," says Anna.

While the food support and cash grants are meeting their

physical needs, it is the tailored counselling support that is helping Anna and her family manage the emotional trauma caused by the war. For Anna and her husband, they are receiving support to integrate into a large city and to process how their life changed due to the war. For Symon, he is receiving help with his education and mental health so he doesn't fall further behind his peers.

"Symon also has a linguistic disability," Anna says. "ADRA has different kinds of table games and developmental games. It is variable and practical to receive that support for Symon."

The move has taken its toll on Symon, who just wants life to return to normal. Processing the pain that the war has caused will take time. But thanks to the support of ADRA, Anna has hope that things will improve.

"We believe the future will be better."

ADRA has been on the ground since the outbreak of the war. Currently, there are 69 active ADRA projects across 19 countries that are supporting 4 million people^ who have been affected by the conflict. These projects are providing food support, shelter, water and sanitation, education support, cash vouchers, and evacuation transportation in Ukraine and the surrounding countries hosting Ukrainian refugees.

Your gift today can support ADRA's response to the Ukraine crisis. Donate now at adra.org.au/respond.



*Name changed for child protection purposes

^ Not unique count

Ashley Stanton,
Media and communications senior officer
ADRA Australia/New Zealand.



Conversations

Weekly email

This is just to ask that the weekly emails which seem to have ceased coming to my mailbox be reinstated please.

I forward my *Record* enews each week to some members who are confined to their homes through illness or infirmity and it could be that one of those recipients has accidentally unsubscribed for me.

Thank you for your attention.

Marie Hogarth, via email

Editor's response: We had a number of readers reach out with concern that our email had ceased or that they had somehow been unsubscribed. Never fear, we just put the email on hold over the new year period while a number of our staff had some well-deserved time off. Now we're back into the swing of things we plan to keep bringing you the news weekly through 2023. Thanks for sharing our content and if you haven't signed up yet, don't miss out. Visit bit.ly/subscribe2recordenews to subscribe.

Mistaken identity

In *Record* (January 28) I note that in "The 10–New Beginnings" that you have recorded Moses as having Laban as his father-in-law.

I think you mixed it up a little as his

father-in-law was Reuel or named later as Jethro.

Lynette Rowland, via email

Editor's response: Thanks for picking that up. Definitely a mistake on our part but we can confirm that Jethro is indeed Moses' father-in-law. We've amended the online version.

Sang or praised?

I have a copy of the *Adventist Record* titled "O Holy Night: What Christmas says about our worth to God" (December 24, 2022).

After reading this copy, I am disturbed by the claim made, firstly by the editor and secondly on page 15.

In both articles we are told that the angels sang to the shepherds. This claim is an error because my German Bible quotes in Luke 2:13 two verbs *lobten* and *sprachen* and my English Bible quotes two verbs "praising" and "saying".

I look forward to your response to my observation.

Ed Koeppen, NSW

Editor's response: Interesting. In the Greek, the two words are *ainounton* and *legonton*, both verbs that could be rendered "praising" and "saying" in English. In modern Christian usage, praise is often synonymous with singing but you're correct that it is

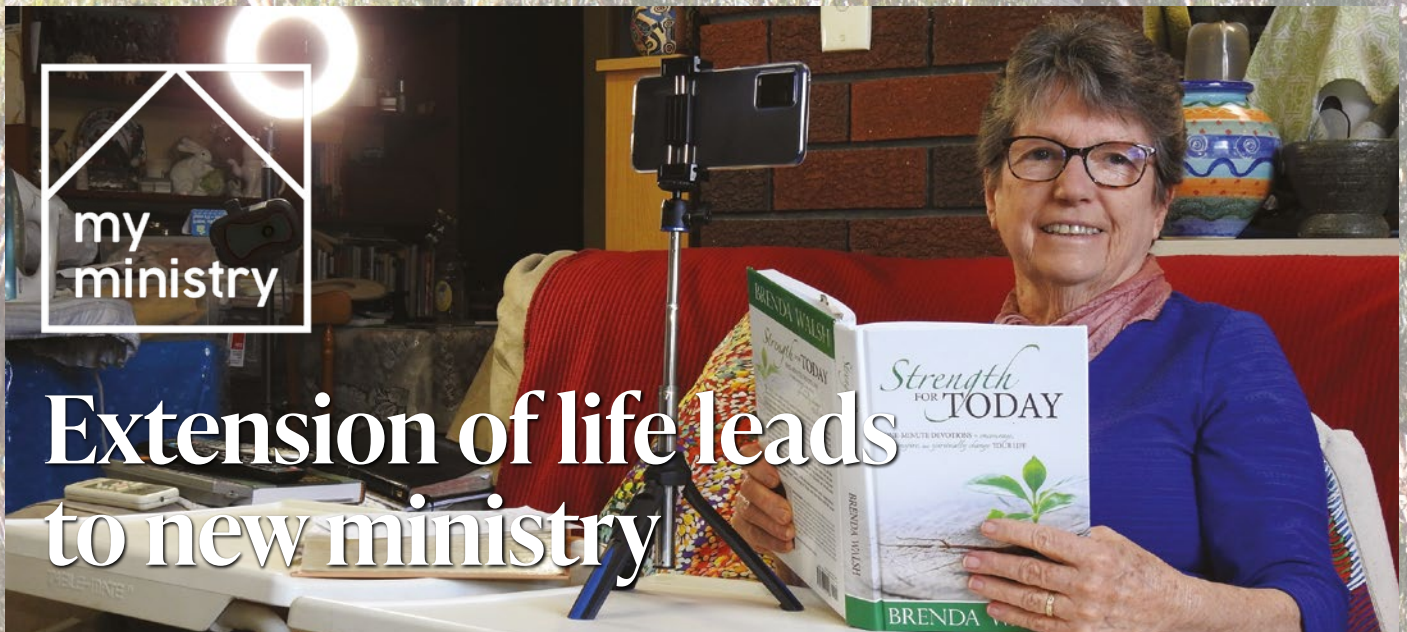
not necessarily the case. However if a heavenly army of angels is proclaiming this statement in unison, it would sound like chanting at the least and it is not outside the realms of possibility that it could have been sung. However, it is helpful to stick to the biblical text and is a good reminder that the way we read, retell and understand many common Bible stories, may have some assumptions built in. Thank you for reminding us to always go back to the Scriptures.

Long time between

Just wanted to say thank you for printing my story, "The Promise", in the Christmas issue of *Record* (December 24, 2022). It was quite exciting to see it in print.

The last time I was published in one of our Adventist magazines was in the *Primary Treasure*. I was 17 (now 76). It was a true story that I wrote as an assignment in Elder Don Yost's English class. Writing was definitely NOT one of my gifts but, unknown to me, he sent my story in and it was printed—who knew? Elder Yost went on to work in the EG White Estate at the GC until he retired—that was a long time ago. He would probably be very surprised to learn that I now enjoy writing—when I get the inspiration!

Rhondda Hortop, NSW.



Extension of life leads to new ministry

Eileen Fehlberg seemed to be losing her battle with breast cancer in the middle of 2021. She had an open cancerous wound on her breast which was getting more difficult to care for. She needed to use a walking stick, a wheelchair and stronger pain medication. It looked like she wouldn't make it to the end of the year.

A scan revealed cancer had spread to the bones in her spine, hips and lungs. A surgeon told her there was nothing he could do and she could only expect to live another 12 months. However, he said he would present her name to an oncologist to see if they could do anything for her. Within a few days the oncology department rang and wanted to see her.

An oncologist looked at the type of breast cancer she had and offered hope. He said although it was once one of the hardest breast cancers to deal with, it was now one of the easiest! He said she had an 80 per cent chance of success. Though not offering a cure, she should be in full remission and could hopefully look forward to another 5-10 years of life.

Sensing God's leading, Eileen went forward with treatment once a week. After about two weeks the cancerous tumours had stopped growing. After six months of treatment, a scan showed all the cancer was gone. She was declared in full remission.

A breast cancer care nurse rang and asked what she thought of the results. The nurse was excited. She said in all her years of working with breast cancer patients she had never seen such results. She sent an email to the oncologist and asked, "Is this God, the result of your drugs, or both?"

Towards the end of 2021 it began to dawn on Eileen that she would live past Christmas. She had greatly improved and had no more need for pain killers, a wheelchair or walking stick. She could do things again.

Out of thankfulness to God she prayed for a ministry. The impression came to read Brenda Walsh's devotional book *Strength for Today* and livestream it on Facebook. She was hesitant at first, but the impression grew stronger

over the next few weeks. So she made an agreement with God. If Brenda, the author, would give her permission to read her book on Facebook, she would do it. She sent a message to Brenda to ask, and the very next day Brenda replied and said, "You can read any of my books on Facebook."

Commencing on January 1, 2022, she recorded her first livestream worship on Facebook. She wasn't sure if it was working so she asked if anyone out there could see it. Back came a reply, "Yes we can see and hear you."

She has missed a few days due to busyness or illness but to date has done 266 worships. Many of her Facebook friends watch it on her Facebook page. In addition to that, we send texts to some 160 people daily with the link so they can watch and listen.

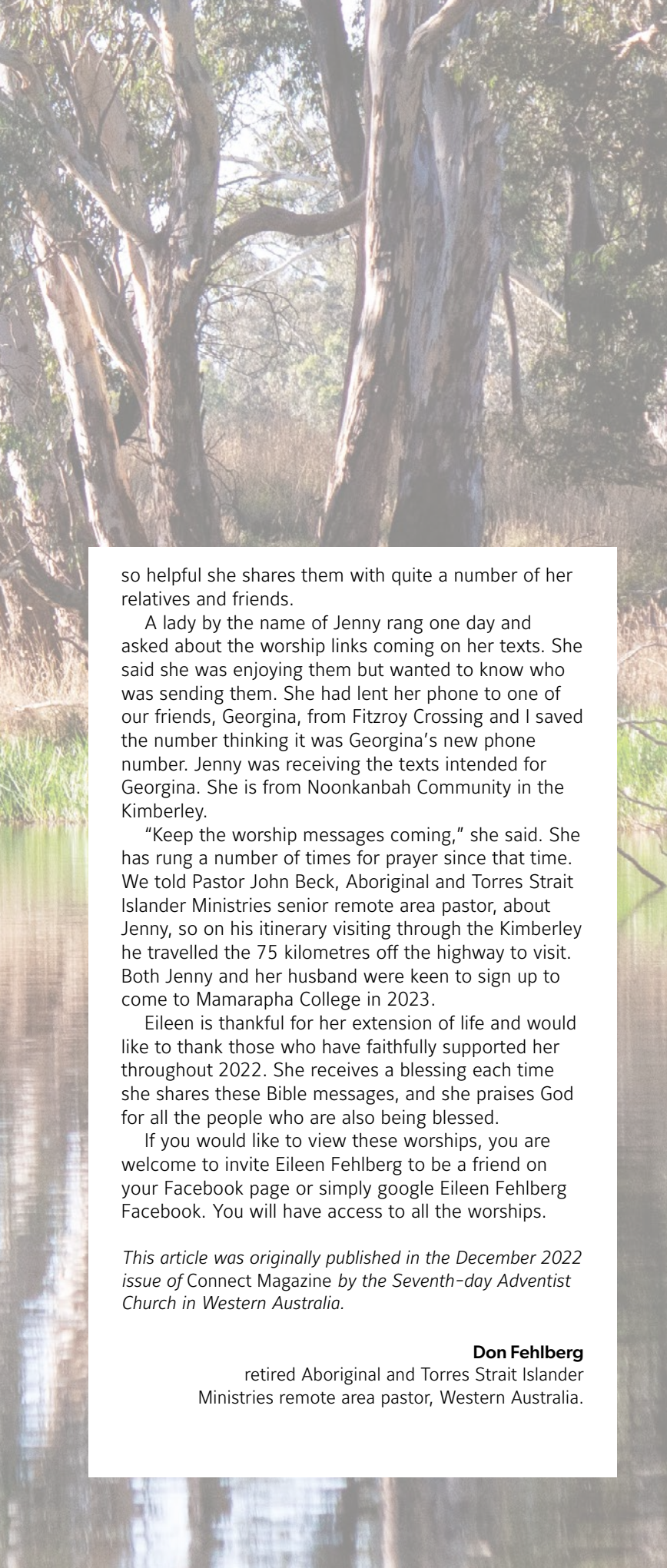
Along with reading the devotional, Eileen often tells a relevant Bible story or personal experience. On the Facebook post she provides a list of Bible passages relating to the topic under the discussion so people can do further study.

Her watching/listening base has steadily increased, and she now averages around 100 people who participate each day. These include Aboriginal members and contacts, family members, friends and contacts from over the years, and people from overseas.

Eileen does her livestream worship on site at Mamarapha College (Karragullen, Western Australia) one morning each study block, so staff and students can be actively involved. These have been very popular and attract hundreds of views.

Vivien Lawrence, from Maningrida in Arnhem Land, rang to ask if she could use Eileen's Bible study, which she includes with her Facebook post, in her local Uniting Church meetings. Vivien also asked if she could send the link to her sister in another community. Her sister rang to say how helpful the messages were for her and asked if she could come to Mamarapha College next year.

Colleen Roberts from Port Augusta finds the messages



so helpful she shares them with quite a number of her relatives and friends.

A lady by the name of Jenny rang one day and asked about the worship links coming on her texts. She said she was enjoying them but wanted to know who was sending them. She had lent her phone to one of our friends, Georgina, from Fitzroy Crossing and I saved the number thinking it was Georgina's new phone number. Jenny was receiving the texts intended for Georgina. She is from Noonkanbah Community in the Kimberley.

"Keep the worship messages coming," she said. She has rung a number of times for prayer since that time. We told Pastor John Beck, Aboriginal and Torres Strait Islander Ministries senior remote area pastor, about Jenny, so on his itinerary visiting through the Kimberley he travelled the 75 kilometres off the highway to visit. Both Jenny and her husband were keen to sign up to come to Mamarapha College in 2023.

Eileen is thankful for her extension of life and would like to thank those who have faithfully supported her throughout 2022. She receives a blessing each time she shares these Bible messages, and she praises God for all the people who are also being blessed.

If you would like to view these worships, you are welcome to invite Eileen Fehlberg to be a friend on your Facebook page or simply google Eileen Fehlberg Facebook. You will have access to all the worships.

This article was originally published in the December 2022 issue of Connect Magazine by the Seventh-day Adventist Church in Western Australia.

Don Fehlberg

retired Aboriginal and Torres Strait Islander Ministries remote area pastor, Western Australia.



10 1 comment 2 shares
Like Comment Share

Most relevant

Write a comment...

Josephine · 19:55
Just tuned in so have to do a catch up
Like Reply 1 d

Eileen Fehlberg was live. 4 d

23/21/22
Emotional Roller Coaster
Psalm 94:19 "In the multitude of my anxieties within me, your comforts delight my soul." NKJV... See more



14 8 comments 3 shares
Like Comment Share

Most relevant

Write a comment...

Heather · 0:57
Happy Sabbath Eileen and Pastor Don God bless
Like Reply 4 d

View 7 more comments

Eileen Fehlberg was live. 5 d

22/11/22
Silent Treatment
Psalm 141:3 "Set a guard, O Lord, over my mouth; keep watch over the door of my lips." NKJV... See more



6 3 shares
Like Comment Share

Write a comment...



In this age of inclusion and fuller community acceptance of people living with some form of physical disability, hearing loss is the “invisible disability”. Not only because of its lack of observable symptoms but also because of the broad spectrum hearing loss encompasses and how that impacts relationships, including participation in church activities.

Hearing loss is an enormous, if unobserved, problem. Unaddressed hearing loss is the third largest cause of years lived with disability globally, affecting people of all ages and with an impact well beyond the family. An estimated US\$1 trillion is lost annually due to a collective failure to address hearing loss adequately.

But while the economic burden is enormous, what cannot be quantified is the personal distress caused by the loss of communication, its effects on education and the social integration that accompanies it. The number of people with hearing loss will only rise in the coming decades, from the current 1.5 billion to an estimated 2.5 billion by 2050.

How can churches accommodate the needs of members who are deaf or hard-of-hearing? In brief, acknowledge its existence and how it impacts church member relationships and affects the mental health of the individuals and families who live with it. Then build an educated and supportive church environment that is welcoming and inclusive and provides assistive listening technology to help the hard-of-hearing and qualified sign language interpreting to help the profoundly deaf who cannot benefit from any hearing technology.

It is critical to understand the differences between those who are deaf and those with partial hearing loss (commonly referred to as hard-of-hearing.) The two conditions are entirely different and a caring church community should know

how best to meet the needs of either condition.

The hard-of-hearing: People who are hard-of-hearing have suffered partial hearing loss and may or may not use hearing aids. In most cases, they still function within a typical hearing community, albeit with a higher stress level due to the reduced ability to follow a normal conversation. Some with profound hearing loss may use sign language as a supplement. However, most hard-of-hearing people will avoid using sign language or being seen as part of the Deaf community.

The Deaf: People who are deaf do not have enough residual hearing to benefit from any amplification technology. Instead, they rely entirely on visual communication, such as sign language. Today, most Western countries recognise sign language for the Deaf as being on par with any other ethnic language. They are usually entitled to the same government-funded interpreting services as any ethnic language group.

Assistive Listening Devices (ALDs)

For many hearing aid users, a reduced ability to follow a conversation in noisy places is still present to a lesser degree after hearing aid fittings. The reason is that microphone technology in hearing aids and implants cannot match the ability of normal hearing to focus on one voice in a crowd, particularly in large halls filled with multiple speakers. The stress level of trying to understand and communicate in such environments is much higher for hard-of-hearing persons. The ideal solution lies in the informed use of assistive listening devices.

Assistive listening devices are a group of technologies designed to help hard-of-hearing people overcome the reduced speech clarity experienced in large, people-filled areas like churches. ALDs allow individuals to wirelessly

is everyone LISTENING?

Ahead of World Hearing Day on March 3, here's how local churches can become more inclusive for the Deaf and hard-of-hearing.

connect to public address systems to capture improved audio, with most of the problems of poor clarity and background noise removed.

Many ALD systems available on the world market necessitate careful research by people with a good knowledge of audio systems and hearing aids. A significant research study into ALDs by this writer, "How to equip your church or venue for people with hearing problems," can be downloaded from csfbhi.adventistchurch.com/resources-page. Hard copies are also available.

One of the earliest and most common ALD systems still used in many churches today is the "audio loop". Audio loop systems are still widely promoted by suppliers with vested interests and consumer groups as the assistive listening system of choice. But loops present significant disadvantages compared to currently emerging technologies. Loops only work with hearing aids or implants fitted with loop receivers (called "telecoils"). However, most new model hearing aids and implants are no longer equipped with loop receivers, so they cannot work with loops. Hearing professionals today prefer to promote hearing aids fitted with Bluetooth or direct-streaming technology. This new technology enables wireless connection with smart phones and eliminates most issues associated with interference, background noise, variable reception and "drop-outs" experienced with loops.

Typical of new technology ALDs that utilise mobile phones is the "Listen EVERYWHERE" Wi-Fi system from listen-tech.com. This device streams audio from in-house sound systems direct to smartphones via a free app. Users can listen via earbuds or headphones or connect wirelessly to their hearing aids (if equipped with direct streaming technology).

This system also enables language translation. Other ALD systems that don't use phones are available. (Refer to the free downloadable booklet referenced previously.)

Providing accessibility for the Deaf

A church can find the following strategies helpful:

- (1) Provide qualified sign language interpreters at centralised churches in areas with high concentrations of Deaf people.
- (2) Raise funds to train and employ a Bible worker with fluent sign language skills to work in selected urban areas near churches with interpreted services.
- (3) Create a long-term goal to establish dedicated signed services for the Deaf in a separate room or adjoining building as an annex to a supportive church.
- (4) Create a scholarship fund to support a suitable person fluent in sign language—particularly a deaf person or couple—to train as a minister to the Deaf.

For further detailed information about ministering to the Deaf, see targeted articles at possibilityministries.org/ministries/deaf.

Graham Weir

retired hearing rehabilitation specialist. Currently serves on the Adventist Possibility Ministries Taskforce for the Deaf and Hard-of-Hearing at the General Conference. Lives with his wife, Dianne, in the southwest of WA.



Stepping out of a time warp

The Bible tells us about a man who from his mother's womb had been lame. The word lame here can also mean "halt" in its original language. In other words, this man's entire life had come to a halt—to a standstill—because of his condition.

However, it's interesting that from birth, life is all about motion. At first, the baby learns to roll over, then sit up, then crawl, and finally stand up to take their first step. From that point on nothing is ever the same. Unstable steps at first lead to a child running at top speed wherever they can find space. Whatever the child is doing, they're always moving!

Movement is a sign of life but strip away the ability to move and you have stripped away all ability to live life to its full!

It's interesting then that the first recorded miracle in the book of Acts is the healing of this lame man.

And the backdrop to where the healing takes place is important. The Bible tells us it takes place at the temple gate called "Beautiful".

The temple itself was a magnificent structure. Herod I ("Herod the Great") had started work on rebuilding it in 19 BC and work was only completed in 63 AD. So, at the time of this story, the temple was still a construction site. We are told

10,000 labourers worked at the temple site and 1000 specially trained Levites supported the work taking place.¹

If a time-lapse camera recorded the day's activities you would see people whizzing in, around and out of the temple continuously. It would be a hub of constant activity from labourers climbing to erect scaffolding, to priests performing their sacred duties, to common people entering inside to pray. And yet, in the midst of all that high-speed commotion, the only object that remains static and unmoving is this lame man. He's in a time warp and easily visible for all to see because he stands out.

We all have moments when life can suddenly come to a screeching halt. We can be in a situation where we feel stuck, helpless and don't know where to turn for answers to get us out of our predicament.

As a family, we have been there many times. But the greatest battle we ever fought was for our son. From birth, Nahum faced an uphill battle with life in reaching his milestones. There was a time we wondered if he would ever be able to stand and walk. Our maternal health nurse told us there could be complications. We felt like we were being sucked into a time warp and didn't know the way out. My wife made a tearful plea in church requesting prayer for him while affirming her belief God could help him if He wanted to.

I can imagine the same concerns and fears haunted the thoughts of the lame man's parents when their child was first born and tightly held in their arms. What should have been a joyous occasion turned into a quiet dread of an unknown future for their son. Their situation was hopeless. But now, all that was about to change forever. The lame man's destiny was not etched in stone.

The Bible tells us that when Peter and John saw the lame man their eyes were fixed on him and they called out, "Look at us." The lame man looked back, hoping these men would take pity and drop him some loose change. Instead, Peter said, "Silver and gold I do not have, but what I do have I give you: In the name of Jesus Christ of Nazareth, rise up and walk" (Acts 3:6).

What happens next is amazing! As soon as the man rises up, his feet receive new strength. He begins to leap for joy into the air, singing and praising God! What an incredible and electric transformation as God brings life, energy and movement to what was previously dead and immovable!

As we considered the steep climb up an unknown mountain to help our son, this story in Acts was a reminder to us that all along we can be asking God for His loose change to help our son survive in this world when instead we could be begging God for him to reach the full potential God had designed him for.

In John 15:7, Jesus says, "If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you."

God had promised us when our son was born his life would bring comfort to others. Nahum, in Hebrew, means "comfort". As parents, our greatest desire for Nahum was never to have great talents or earn riches—we told God that after waiting so long, the child He'd given to us we were now giving back to Him for His service to lead others to Jesus.

A referral from our paediatrician one day led us to visit a child physiotherapist who immediately began to help us. While we faithfully put into practice all we were being taught, we knew only God could place that desire in our son to stand up and walk. Soon we saw a miracle unfold before our eyes.

At 18 months of age, I remember how one day our son made an attempt to stand and then fall down. We couldn't believe what we were seeing and burst out in applause, praise to God and words of encouragement for him. Over the next few days, Nahum tried again and again. It didn't take long before our son took his first few steps, and then started to walk, and finally run. This was confirmation for us that our God is a miracle-working God and His plans for our son's life would be fulfilled. While new challenges await us, we trust God entirely and refuse to let go of the promises He has given us!

The Bible tells us that when the lame man was healed, all the people in the temple ran to Peter and John greatly amazed! And when Peter saw this, he asked, "Men of Israel, why do you marvel at this? Or why look so intently at us, as though by our own power or godliness we had made this man walk? The God of Abraham, Isaac, Jacob, the God of our fathers, glorified His Servant Jesus . . . And His name, through faith in His name, has made this man strong, whom you see and know" (Acts 3:12-13, 16).

Did you catch that? It was faith—the power and audacity to believe—that made this man strong. "Strong" in its original language can also mean being made stable, steadfast, sure! Peter and John, when they passed by that day, didn't just toss this man some loose change—a few coins to help him out for the day. They had far greater faith. They saw this man's life was at a standstill but with faith he could be mobilised to become a living testimony of God's power and glory.

Whoever saw this man from now on would no longer see him as the lowly beggar sitting at the gate called Beautiful. They would see him as the man whose whole life had been made beautiful by a great God!

In John 16:24, Jesus says, "Until now you have asked nothing in My name. Ask, and you will receive, that your joy may be full."

God is longing to do something grand for us if only we will believe! Have we been settling for loose change when God wants to give us all the treasures of heaven's storehouses—if only we ask? God's desire is for His children to be filled and overflowing with joy. The question is, do we believe God has the power to release us from our time warp?

1. Roennfeldt, Peter, *Following the Spirit*. Signs Publishing, Warburton, Victoria, 2018, p. 40.

Vikram Panchal

pastor in Melbourne who enjoys running the "Lead Your Life" podcast empowering listeners to live their life to its full potential for God.

Moroccan chickpea salad

Serves 4 Prep 20 Cook 5

This nutritious chickpea salad has a unique flavour twist to enjoy on its own or as a side with your favourite dish.

Ingredients

- 1 tbsp olive oil
- 2 tsp ground cumin
- 400g can chickpeas, drained and rinsed
- 2 garlic cloves, finely chopped
- ½ cup orange juice
- ⅓ cup currants
- 2 carrots, shredded or coarsely grated
- ⅓ spring onion, sliced diagonally
- 100g baby spinach leaves
- ⅓ cup coriander leaves, chopped
- ¼ cup tahini
- 2 tbsp salad seeds (mix of sesame and sunflower seeds), toasted

Method

1. Heat oil in a medium non-stick frying pan, over medium heat. Add cumin, chickpeas and garlic. Cook, stirring often, for 3 minutes. Remove from heat.
2. Combine orange juice and currants in a tea-cup. Microwave for 1 minute until hot. Drain, reserve orange juice. Combine currants, chickpea mixture, carrots, onion, spinach and coriander in a large bowl.
3. To make dressing, combine tahini and reserved orange juice in a small bowl. Season to taste. Whisk to combine. Drizzle dressing over salad. Gently toss to combine. Sprinkle with salad seeds and serve.

Nutritional Information (per serving)

ENERGY	CALORIES	PROTEIN	FAT	SATURATES	CARBOHYDRATE
1250kJ	299	10g	20g	3g	22g
SUGARS	FIBRE	CALCIUM	SODIUM	IRON	POTASSIUM
16g	13.6g	160mg	360mg	5	640mg



Food in Focus

chickpeas

Chickpeas are a "pulse", which are the edible seeds of the legume family. Known for their buttery texture and nutty flavour, this fibre-full legume is quickly becoming a must-have pantry staple.

Protein power

Chickpeas are packed with hunger-busting protein, making them a great meat alternative for people who are vegetarian or looking to reduce their meat intake. With over 11.8g of protein per cup of cooked chickpeas, they are a great way to bulk up your meat-free meals.

Fibre full

Do you struggle to get enough fibre in your diet? Chickpeas are a source of soluble fibre, which can help promote an increase of healthy gut bacteria, essential for digestive health. Fibre also helps reduce the absorption of cholesterol into the bloodstream and helps regulate the body's use of sugars.

Snack happy

Legumes like chickpeas are low GI (glycaemic index), making them an excellent snack choice. Low GI foods are known for keeping blood sugar levels stable and your hunger at bay. Try roasting some chickpeas with paprika and a little salt for a healthy, filling snack option.



Recipe of the Week

Subscribe to receive delicious plant-based recipes straight to your inbox.

Find out more



HELLO KIDS!



ONE LITTLE LUNCH









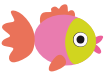







Thousands of people followed Jesus into the countryside to hear His stories. They listened all day until they realised they'd forgotten to eat! Only one little boy had remembered to bring some lunch. He said he was happy to share it. Jesus kept taking out more and more food from the little boy's lunch until everyone in the crowd had eaten enough—

it was a miracle! Sharing with others is a great way to show God's love.



LOAVES AND FISHES SUDOKU

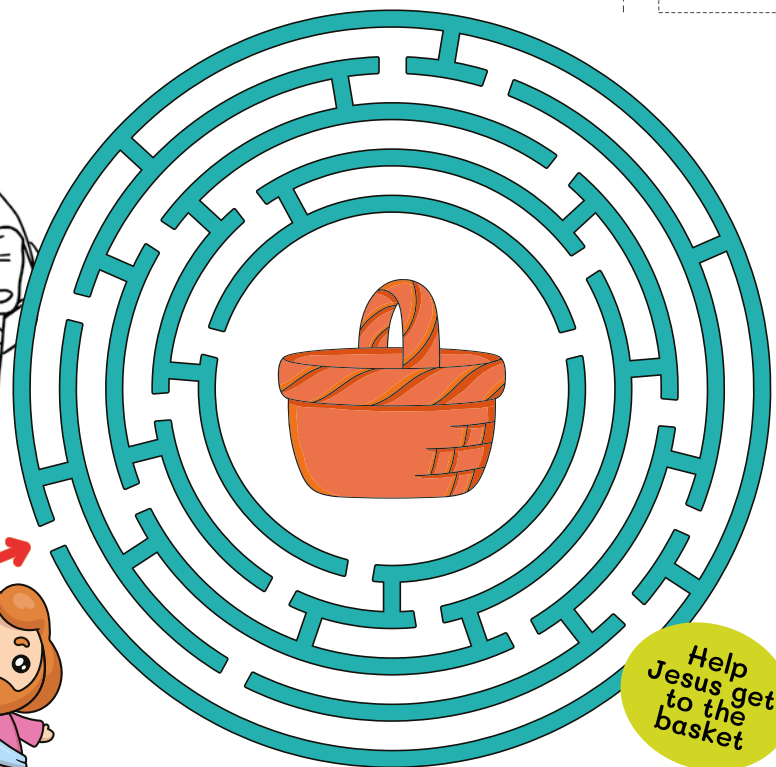
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HEY, COLOUR ME IN!

MEMORY VERSE

"Surely God is my salvation; I will trust and not be afraid. The LORD, the LORD himself, is my strength and my defense; he has become my salvation" (Isaiah 12:2).



Help Jesus get to the basket

Wedding



HALL—SHIH. Trent Hall, son of Stephen and Cherrie Hall (Brisbane, Qld), and Maffi Shih, daughter of Chin-Hsiung Shih and Kuei-Chi Lin (Taiwan, ROC), were married on 12.12.22 at Woorim Beach, Bribie Island. Trent and Maffi's relationship flourished after initially meeting online. They both live in Loganholme, Brisbane and plan to stay there. Maffi is planning to study occupational therapy and Trent is also planning to study after she finishes. They would love to live on acreage outside the city someday.

Gideon Okesene

Obituaries



AKROYD, Lorna Junne (nee Petrie), born 24.7.1940 in Apia, Samoa; died 20.12.22 in Cooranbong, NSW. She was predeceased by her husband, Chris. She is survived by children, Dr Jennifer Mowbray (Goonellabah), Dr Christopher (Christchurch, NZ), Keryn (Burrell Creek, NSW) and Dean (Cooranbong); and brother, Arthur Petrie (Cooranbong). Lorna was an excellent seamstress, making most of her children's clothing when they were young. Patchwork designs she created were gifted to many families. Reading the Scriptures daily strengthened her hope, bolstered her faith and increased her love for God and people. It was God's love that motivated Lorna. She passed away certain she would see Jesus joyfully in the resurrection.

Alex Currie, Norm Young

BORGAS, Erica Isabel (nee Ball), born 8.7.1928 in Adelaide, SA; died 29.1.22 in Cooranbong, NSW. She was predeceased by her husband, Basil. Erica is survived by her daughters, Heather Foster-Steed and Kaye Grieve (both of NSW); and sons, Trevor (NSW), Wayne (NSW), Geoff (Qld) and Mick (NSW). Erica lived life to the full and was a positive influence in the lives of all she met. We look forward to that great resurrection morning when we will be reunited.

Steve Magaitis

CASKEY, Thomas Anthony, born 26.8.1939; died 28.11.22 in Hamilton, Vic. He was married to Pam. Tom left this world with quiet confidence that he will see Jesus again. He will be sadly missed, but we look forward to meeting him again on the great day of Jesus' second coming.

David Schulz, Bud Beatty

COLLEY, Kevin, born 18.12.1941 in Perth, WA; died 16.12.22 in the Royal Perth Hospital. On 9.3.1966 he married Valerie Bone. He later married Theresa Iroro. He was predeceased by his brother, Cyril. Kevin is survived by his children, Graeme, Delecia Dierckx and Stefany (all of Perth); grandchildren, Joshua, Toby, Jess, Matt, Jake, Sam and Sara; great-grandchildren, Aria, Harper and Harlow; and siblings, Barry and Betty Allsopp. He was a loving father, brother and grandfather.

Steve Goods



GEORGE, Trevor Kenneth, born 11.4.1944 in Hamilton, NZ; died 10.9.22 in Tauranga. He was predeceased by his parents, Isabella and Kenneth; and siblings, Helen Uttinger, Peter and Bill. Trevor is survived by his wife, Lillian (Tauranga); daughter, Fiona (Grantham, UK); son, Peter (Te Awamutu, NZ); and grandchildren, Keiarn and Mia. The family spent six years in Bowral, NSW, where Trevor was an active member of the church, as he was in Tauranga. He was diagnosed with myeloma, blood cancer, two weeks before his death. Trevor has left a void in the lives of his family and friends.

Tony Nilsson



LILLIOJA, Ilma Grace, born 18.7.1927 in Napier, NZ; died 2.1.23 in Cooranbong, NSW. In 1947 she married Harry, who predeceased her in 2013. She is survived by six children; 14 grandchildren; and 10 great-grandchildren. Ilma was a committed Christian who, for many years, served as a church elder and was also a member of the North New Zealand Conference Executive Committee. She was kind, generous, caring and a true people helper. Ilma and her late husband, over several years, also fostered several children. This lady, strong of faith to the end, rests in peace awaiting the coming of Jesus.

Roger Nixon, Joy Butler

MEAD, Roderick John, born 13.11.1946 in Wahroonga, NSW; died 19.7.22 in Box Hill Hospital, Vic. He is survived by his wife, Jeannette (Mooroolbark); son, Philip and Amanda (Brisbane, Qld); daughter, Bronwyn and David Kimpton (Melbourne, Vic); brother, Colin (California, USA); and sister, Irene (Warburton, Vic). Roderick had a living faith that gave him an absolute sense of assurance in Jesus. He loved his family and his church. For many years he served as an elder and treasurer, most recently at Lilydale Adventist Academy church. He supported Lilydale Adventist Academy choir and Edinburgh College over many years.

Darren Croft



McKENZIE, Brian Charles, born 28.3.1932 in Tauranga, NZ; died 5.1.23 in Hamilton. He was predeceased by his wife, Meryl on 5.6.22. He is survived by his children, Andrea and John Horvath (Perth, WA), Murray and Sandra (Hamilton, NZ) and Brendon (Hamilton); and grandsons, Zechariah and Jason. Brian absolutely loved our heavenly Father. He was very active in church affairs and he was a wonderful father who loved his family. His wisdom and friendship will be missed. The best is yet to come.

Jordan Spangler, Michael Falzorano



McKENZIE, Thelma Meryl (nee Gibbons), born 5.11.1937 in Hamilton, NZ; died 5.6.22 in Hamilton. She is survived by her husband, Brian (Hamilton); children, Andrea and John Horvath (Perth, WA), Murray and Sandra (Hamilton, NZ) and Brendon (Hamilton); and grandsons, Zechariah Horvath and Jason McKenzie. Meryl's life was filled with music, food and laughter. She loved doing things for her God, family and friends. She was a practical lady and heavily involved in church life and was a blessing to many.

Michael Falzorano



TINDALL, Clarice Ethel (nee Watts), born 19.10.1924 in Mackay, Qld; died 25.11.22 in the Adventist Retirement Village, Caloundra. She

was married to Pastor Rex Tindall, who predeceased her in 2008. She is survived by her children, Robyn (Sunshine Coast), Terry (Warners Bay NSW), Lyndon (Carrum Downs, Vic), Scott (Goomeri, Qld) and Bronwyn (Nambour); 11 grandchildren; nine great-grandchildren; and brother, Pastor Horrie Watts (Cooranbong, NSW). Clarice met Rex at Avondale Missionary College and together they spent many years in service in PNG, Solomon Islands, Qld and ACT. Clarice was very active in community work and local church activities. She daily sought her Saviour's return and often questioned His delay.

Scott Wareham

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AVONDALE FAMILY FUNERALS

offer a comprehensive funeral service, personalised with utmost care, compassion and respect to communities from Sydney to Newcastle. As committed Adventists, our family is here to guide you every step of the way. Contact Mark Windus on 0411 797 854 or <director@avondalefamilyfunerals.com.au>.

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Positions Vacant

DIGITAL MARKETING ASSISTANT—ADVENTIST MEDIA (PART-TIME) WAHROONGA, NSW

Do you enjoy using social media and creating content? We've got a special role for you! We're searching for a passionate, part-time digital marketing assistant to create engaging social media content for lead generation and conversion across Facebook, Instagram, TikTok, YouTube and more! The successful candidate will conduct market research to identify new and existing product opportunities and develop marketing strategies and analyse performance against target. This is a fun, fast-paced and rewarding role with the opportunity to perform all areas of marketing daily, while making a difference for God's kingdom! Come join our positive, family-friendly team. Hybrid work model available. **Applications close March 3, 2023.**

PRINCIPAL—LONGBURN ADVENTIST COLLEGE, YEARS 7-13 FULL HIGH SCHOOL LONGBURN, NZ

An exciting opportunity has arisen for a proven leader to lead our school. LAC is a boarding secondary school providing a high-quality Adventist Christian education in a caring and supportive learning community. The successful applicant will enhance student achievement further and ensure that staff are well-equipped to prepare our students for the 21st century empowered in Christ. As a "tagged" position, the appointee shall accept and recognise the responsibility to maintain and preserve the school's special character as a condition of appointment. The position commences on July 17, 2023. Send your CV and covering letter stating your leadership strengths and interests that you would bring to our school, with three referees' details, to Dan Carrasco at <dancarrasco@adventist.org.nz>. **Applications close 3pm, March 31, 2023.**

INTERNATIONAL PROGRAM MANAGER—ADRA NEW ZEALAND AUCKLAND, NZ

Are you qualified in international development and ready for a new challenge? Are you passionate about building effective partnerships, creating opportunities for families and communities to thrive? Your contribution to the team will include shared management of our multi-country program within the Pacific/Asia, supporting humanitarian preparedness and responses, and engaging in capacity enrichment for implementation in ADRA offices, plus so much more! Applicants who have the legal right to live and work in New Zealand will be prioritised. Application information and details available at <adra.org.au/work-for-us>. ADRA New Zealand is on a committed journey to work and lead from our Christian faith-based ethos, to grow in our understanding of the privilege to work in bicultural Aotearoa and at all times be a child-safe, PSEAH dedicated, inclusive and EEO employer. **Applications close March 31, 2023.**

ADRA AUSTRALIA—ACCOUNTANT WAHROONGA, NSW

We are seeking a qualified, enthusiastic and experienced accountant to join our finance team based in Wahroonga, NSW. Reporting to our senior accountant, your role is responsible for the day-to-day financial transactions as part of our financial close process. This includes preparation of journals, technical accounting, bank and balance sheet reconciliations, preparation and review monthly financial reports as well as lodgement of BAS and acquittal reports. You will need to be a CA/CPA qualified accountant or working towards this qualification with at least five years' experience in financial accounting. The successful applicant must have the legal right to live and work in Australia at the time of application. Further details are available on our website <adra.org.au/work-for-us> or by contacting us on <HR@adra.org.au>. ADRA Australia is an inclusive, child-safe, PSEAH committed and EEO employer.

ADRA AUSTRALIA—ACCOUNTS CLERK WAHROONGA, NSW

We are seeking a qualified, enthusiastic and experienced accounts clerk to join our finance team, based in Wahroonga, NSW. Reporting to our senior accountant, your role will primarily focus on the accounts payable and receivable functions and will also assist the finance team in other areas as required. This includes accounts payable, invoice entry and statement reconciliations, accounts receivable processing and collections, process payments, assist with queries from internal and external stakeholders, and general administrative and other ad hoc duties as required. You will need a relevant finance qualification or at least five years' relevant work experience. The successful applicant must have the legal right to live and work in Australia at the time of application. Further details are available on our website <adra.org.au/work-for-us/> or by contacting us on <HR@adra.org.au>. ADRA Australia is an inclusive, child-safe, PSEAH committed and EEO employer.



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