

# Recorder

## #PARADISE STRONG

The stories of **SURVIVAL** and **COURAGE**,  
and the **FUTURE** the community now faces  
after the worst fire in California history.

### Seeking Balance

#### Not I, But Christ

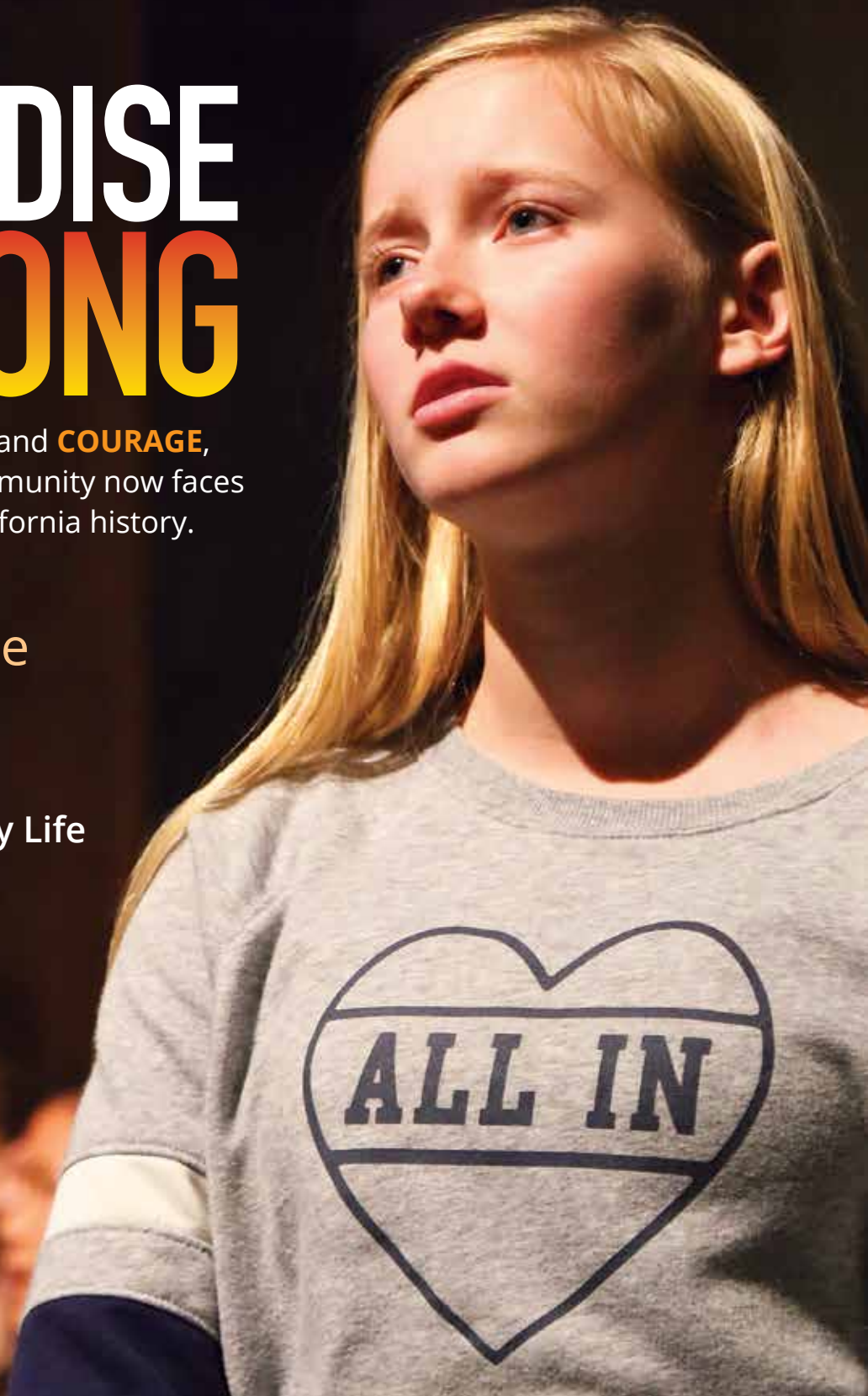
PAGE 4

#### How to Build a Happy Life

PAGE 6

#### Faithfulness in the Little Things

PAGE 9





## **Rio Lindo Academy Days Feb. 22-24, 2019** **Parents and Students 7th-11th grade are welcome for Free!**

Rio Lindo Adventist Academy is unique. Our co-ed boarding and day academy offers a commitment to excellence in its quiet, safe and picturesque location.

Rio's greatest asset is the school family that you join when you attend. Our culturally diverse student body creates an opportunity to interact globally while fostering a close-knit community together with caring and committed staff.

Over 95% of our graduates pursue higher education after graduating and are not only prepared academically for college, but have acquired the independence and problem solving skills to function as responsible adults.

At Rio, our highest goal is to introduce students to God and empower them to develop a relationship with Jesus. Our mission is to maximize every student's potential; to make students thinkers and not mere reflectors of others.

We commit to reflect Christ, cultivate the relevancy and excitement of learning and impact the world through service.

**Sign up for Academy Days by calling us at 707-431-5100 or online at [www.riolindo.org](http://www.riolindo.org)**

  
**ADVENTIST ACADEMY**  
3200 Rio Lindo Ave.  
Healdsburg, CA 95448  
(707) 431-5100  
[www.RioLindo.org](http://www.RioLindo.org)

**“As hard as it was to leave my son and drive home, I knew he was where he needs to be. The faculty and staff are all amazing and I know they have the best interests of my son in their hearts. God’s love shines through them all and His presence is felt all over the campus.” -Shelby Neal, Parent**

**RioLindo.org**



# Recorder

## What's inside

### Publisher

Ray Tetz

### Editor

Alberto Valenzuela

### Copy Editor

Julie Lorenz

### Design/Layout

Stephanie Leal • Alberto Valenzuela

### Printing

Pacific Press Publishing Association  
www.pacificpress.com

The *Recorder* is a monthly publication reaching approximately 76,000 Seventh-day Adventist homes in Arizona, California, Hawaii, Nevada, and Utah.

Our mission is to inform, educate, and inspire our readers to action in all areas of ministry.

### EDITORIAL CORRESPONDENTS

#### Adventist Health 916-781-4756

Jenni Glass • glassjl@ah.org

#### Arizona 480-991-6777

Phil Draper • phildraper@azconference.org

#### Central California 559-347-3000

Cindy Chamberlin • cchamberlin@cccda.org

#### Hawaii 808-595-7591

Miki Akeo-Nelson • mnelson@hawaiisda.com

#### La Sierra University 951-785-2000

Darla Tucker • dmartint@lasierra.edu

#### Loma Linda 909-651-5925

Ansel Oliver • anoliver@llu.edu

#### Nevada-Utah 775-322-6929

Faith Hoyt • fhoyt@nevadautah.org

#### Northern California 925-685-4300

Stephanie Leal • Stephanie.Leal@nccsda.com

#### Pacific Union College 707-965-6202

Larissa Church • pr@puc.edu

#### Southeastern California 951-509-2200

Enno Müller • communications@seccsda.org

#### Southern California 818-546-8400

Lauren Armstrong • LArmstrong@sccsda.org

**Postal Regs:** The Pacific Union Recorder (ISSN 0744-6381), Volume 119, Number 1, is the official journal of the Pacific Union Conference of Seventh-day Adventists, and is published monthly. Editorial office is at 2686 Townsgate Rd., Westlake Village, CA 91361; 805-497-9457. Periodical postage paid at Thousand Oaks, CA, and additional mailing offices. Subscription rate: No charge to Pacific Union Adventist church members; \$16 per year in U.S.; \$20 foreign (U.S. funds); single copy, \$2. **POSTMASTER:** Send address changes to: Circulation Department, Pacific Union Recorder, Box 5005, Westlake Village, CA 91359. Info@adventistfaith.com.

- 4 Not I, But Christ
- 6 How to Build a Happy Life
- 9 For the New Year: Faithfulness in the Little Things
- 10 A Twin Barometer
- 12 Significant Relationship with God: Integrated Mental Health
- 16 Arizona Conference
- 18 Nevada-Utah Conference
- 20 Southeastern California Conference
- 24 Loma Linda University Health
- 26 Adventist Health
- 27 Fleeing Paradise: Special Northern California Conference Report
- 39 Pacific Union College
- 40 Hawaii Conference
- 42 Southern California Conference
- 46 Holbrook Indian School
- 48 Central California Conference
- 52 La Sierra University
- 54 Community & Marketplace
- 60 Nondiscrimination Policy Statement
- 61 Sunset Calendar

Annemarie Wilson, a seventh grader at Paradise Adventist Academy, practices her part as Mary in the school's Christmas program.



# Not I, But Christ

BY RICARDO GRAHAM

Despite the many, many channels of communication, you don't hear many people talking about self-control these days. In fact, in this age of social media, it seems to me that you don't find many people practicing self-control either—a lot of users appear to be prone to uncontrolled rants on Facebook or Twitter.

Even worse are those anonymous comments on websites that are the written equivalent of burning people in effigy. No self-control there! Is self-control out of date, old fashioned, out moded? Not according to the timeless Holy Scriptures.

As I read the Bible, and particularly some of the New Testament, self-control is essential to the development of a mature Christian person who reflects the will of Jesus Christ. And it is a by-product of a life filled with the Holy Spirit—self-control is a fruit of the Spirit.

The Apostle Paul wrote: “But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit” (Galatians 5:22-25, NIV).

In the verses previous to this Paul contrasts the unrighteous life with the Spirit-led life, which, he

concludes, leads to self-control.

Peter also praises self-control. He tells us: “For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, mutual affection; and to mutual affection, love. For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. But whoever does not have them is nearsighted and blind, forgetting that they have been cleansed from their past sins” (2 Peter 1:5-9, NIV).

Peter knew firsthand about the heartbreak caused by the lack of self-control. He had denied his Lord Jesus three times while lurking about at His trial.

But Peter has come a long way from that night of betrayal to the writing of this epistle. He had learned through bitter experience the value of self-control. He had battled his own selfish will and had thrown himself on God's mercy and power, and now he is able to present a progression of righteousness that connects knowledge with self-control. One could view it as a vital link in the chain of holiness that God uses to build us up for His kingdom.

Peter writes from the depth of his own experience, reflecting deeply on his time spent with Jesus,



rehearsing the truths that came from the Master's mouth.

Self-control is a fruit of the Spirit, but its development also lies in our hands. Under the tutelage of the Holy Spirit, we find that pure, Christ-centered self-denial leads to godly self-control.

Because God has given to humanity all necessary components to holiness (see 2 Peter 1:3-4), we are called to add to our faith those virtuous attributes under our human control.

This is not righteousness or salvation by works. It is the outworking in the human life what the Holy Spirit places in our minds.

By our submission to God, His holiness extends into our lives like the sections of a telescope. When we cooperate with His plan, we receive the mindfulness and willingness to move from one step to another.

We all have areas of self-control that are challenging to us. We all know the temptation of overdoing anything to the point of excessiveness: bingeing on Netflix, overeating at Thanksgiving (or any other time), playing another level of a favorite video game just to get to the next level, despite the time wasted. I know that I have my own corners where self-control needs to be further developed.

But self-control not only helps us avoid temptation, it also helps us do the right thing when it isn't easy. It allows us to resist verbalizing thoughts that may be brought to us by the enemy and instead say something encouraging or kind. Christians will aim to emulate the example of Jesus who always said just the right thing at the right time in the right way. Self was surrendered to God and thus He always demonstrated self-control.

I heard a story long ago of a father who was in a grocery store with his child in the basket of the shopping cart. "Hold on, Harold," he was murmuring. "Get a grip on yourself, Harold." A fellow shopper noticed this and said, "It is so nice that you are talking to your child like that." But the father replied, "I am Harold." He was encouraging himself to be in control and respond properly to his young son.

The story may be fiction, I don't know, but I think

we all could take a further step in the process of developing self-control—not based on our human-centric desires, but on the values, principles, and vision of Jesus Christ.

Ellen White wrote: "Besides this ever vigilant foe, there are hereditary and cultivated tendencies to evil that must be overcome. The training and education of a lifetime must often be discarded that the Christian may become a learner in the school of Christ, and in him who would be a partaker of the divine nature, appetite and passion must be brought under the control of the Holy Spirit. There is to be no end to this warfare this side of eternity, but while there are constant battles to fight, there are also precious victories to gain, and the triumph over self and sin is of more value than the mind can estimate. The effort put forth to overcome, though requiring self-denial, is of little account beside the victory over evil" (*Christian Education*, p. 122).

Self-control allows us to endure difficulties and provides stamina to run the Christian race effectively. Godly self-control comes as we daily surrender to Jesus and the Holy Spirit to bring our will into alignment with His.

Mrs. Ada A. Whiddington wrote the words of a familiar hymn, "Not I But Christ":

Not I, but Christ be honored, loved, exalted,  
Not I, but Christ be seen, be known and heard;  
Not I, but Christ in every look and action,  
Not I, but Christ in every thought and word.  
Oh, to be saved from myself, dear Lord,  
Oh, to be lost in Thee,  
Oh, that it may be no more I,  
But Christ that lives in me.

My hope and prayer for all of the Pacific Union Conference constituents is that this song would become a reality. ■

---

Ricardo Graham is the president of the Pacific Union Conference.

# How to Build a Happy Life

BY BRADFORD C. NEWTON

**W**hat's the secret to a happy relationship? Aside from those few human beings among us who seem to like fighting and fussing about everything with everybody, the rest of us know that life is more joyful and fulfilling when there is harmony (at least most of the time) with those with whom we are traveling this life. Whether it's in the realm of friendship, work, marriage, neighborhood, or church, most everyone wishes they could have at least a small slice of that special skill that makes getting along with people easier.

Relationship problems have been around since Adam and Eve. And for nearly as long there have been experts ready with advice. Today a bevy of magazine and newspaper columns, radio and television programs, blogs, and books are chock-full of ready answers to most every situation. As long as people are living, working, and playing together they will be looking for and needing help in cultivating strong relationships.

How are we doing in the church when it comes to balanced and healthy relationships? If we're being honest, it's not surprising that professed Christians have the same problems as everyone else: strained marriages, fractured friendships, families that don't speak to each other.

And congregational life is at times blighted by arguments that break out over remarkably trivial things.

Someone long ago left a church meeting and wrote,

"To dwell above  
with the saints we love  
will be grace and glory.  
But to live below  
with the saints we know,  
now, that's a different story."

It's evident that being a church member (even an Adventist) doesn't make you immune to relationship difficulties. Atheists and Christians alike fall prey to the inner brokenness that feeds strife, jealousy, envy, criticism, and that pallor of ugliness that we wish wasn't our default setting.

So we try to fix these conflicts. Count to 10 and walk away. Write in a journal. Pray harder. Attend another church. Seek counseling. Read another best-selling book on marriage. Talk to a spiritual person for guidance. Change jobs. Find new friends. Seek a divorce. And along the way we become resigned to disappointment and a lonely isolation.

But it need not be so. This article is entitled "How to Build a Happy Life" because as a disciple of Jesus I know of a better way than what passes for normal in this world. This certainty

comes in rehearsing my own journey towards healthy and balanced relationships. I've been watching, learning, and adopting what the amazing people in my life model every day. While no one person gets it right all the time, they are my relationship heroes.

There is one individual that I have come to know in just a little more than three years who continues to help me grow my understanding of healthy and balanced relationships. My granddaughter Macy always makes other people happy when they are around her. She exudes a joy that is contagious. As she and I have become friends these past three years, I've learned that how she interacts with her world gives me new insights into building a life of happy and healthy relationships. Here are a few I've noticed:

**Be open to new people.** As Macy learned to walk and talk, we soon noticed how easily she approaches total strangers and introduces herself with, "Hi, I'm Macy!" She wants to be friends with everyone. Most little children respond very readily to this, as do most adults. It's especially fun when she approaches teenagers. They look puzzled by this little friendship ambassador yet somehow manage

*Continued on page 8*





to share a smile. I've learned that a happy life comes when we choose to make the first approach to be friends.

**Be honest about how you feel.**

It probably doesn't surprise anyone who knows a three-year-old that they are unfiltered. When Macy doesn't like a food, a ride at Disneyland, or just about any other matter, she feels quite free to say, "I don't like it." I've never heard her say it in an unkind or mean way. It's just a matter-of-fact expression of reality. This is quite often followed up with parental guidance along the lines that trying something new is okay. And as often as not, her opinion can change quickly to, "I *do* like it." We outgrow this as adults and forget how to be honest about our feelings with others and even with ourselves. And what a remarkable moment it is when, after we tactfully express ourselves, we admit to the possibility that we could be wrong.

**Be aware that sometimes you just need to let it out.** Macy is three and, even though her four grandparents believe that she is perfectly wonderful in every way, there is still the reality of her being a little person. Sometimes things happen and she cries. Mostly it's when she's been hurt by something or is scared, worried, or tired. And other times she gets frustrated and mad about things. Tears elicit comfort from mom or dad. Anger calls for more parental guidance. But the one thing I've been reminded of from Macy is that bottling it up doesn't help. In healthy relationships we need to give ourselves and others permis-

sion to let it out sometimes.

**Be aware of where you came from.** When mom or dad come through the door at home, there is an unabashed joy that sweeps over Macy. She loves her parents and they love her. The hugs, kisses, and cuddles are all reminders for this little girl that she belongs in this place with these people. We adults need to remind ourselves that in relationships we spring from our own origin story. The foibles and faults we carry in our DNA seep out and remind us how broken we are. Understanding ourselves leads us to be better spouses, friends, and church members. And recognizing the unique story of other people should give us pause before we jump in with both feet to criticize and fight.

The Christian's foundation for building a happy life is found in Galatians 5:22-23: "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control" (NIV). This is not a list to pick and choose from; rather, it is the holistic picture of the Spirit-filled life. Every element of the passage leads to the full expression of being a child of God.

What is translated from the Greek as "self-control" can be misleading to our American do-it-yourself ears. Don't miss Paul's point. This does not mean gritting our teeth to try hard to practice the good and avoid the bad. The radical ethic of Paul in Galatians 5:22-23 extends far beyond mere behavior modification for public consumption. This is the extensive inner transformation that begins with love,

lingers at joy, simmers in peace, settles with patience, practices goodness and kindness, revels in faithfulness, and learns gentleness. Paul closes the list with self-control because it is the capstone of Spirit-control.

This is a life that does not see people as the means to satisfy our own desire for pleasure, success, or power—or our selfish need for personal happiness. What makes for balanced, happy relationships is born within and flows outward to bless others. What makes a happy life is becoming like Jesus as expressed by Paul in 1 Corinthians 13:4-7:

Love never gives up.  
Love cares more for others than for self.  
Love doesn't want what it doesn't have.  
Love doesn't strut,  
Doesn't have a swelled head,  
Doesn't force itself on others,  
Isn't always "me first,"  
Doesn't fly off the handle,  
Doesn't keep score of the sins of others,  
Doesn't revel when others grovel,  
Takes pleasure in the flowering of truth,  
Puts up with anything,  
Trusts God always,  
Always looks for the best,  
Never looks back,  
But keeps going to the end.  
(*The Message*) ■

---

Bradford Newton is the executive secretary of the Pacific Union Conference





# For the New Year: Faithfulness in the Little Things

Only by faithfulness in the little things can the soul be trained to act with fidelity under larger responsibilities. God brought Daniel and his fellows into connection with the great men of Babylon, that these heathen men might become acquainted with the principles of true religion. In the midst of a nation of idolaters, Daniel was to represent the character of God. How did he become fitted for a position of so great trust and honor? It was his faithfulness in the little things that gave complexion to his whole life. He honored God in the smallest duties, and the Lord co-operated with him. To Daniel and his companions God gave “knowledge and skill in all learning and wisdom; and Daniel had understanding in all visions and dreams” (Daniel 1:17).

As God called Daniel to witness for Him in Babylon, so He calls us to be His witnesses in the world today. In the smallest as well as the largest affairs of life He desires us to reveal to men the principles of His kingdom.

Christ in His life on earth taught the lesson of careful attention to the little things. The great work of redemption weighed continually upon His soul. As He was teaching and healing, all the energies of mind and body were taxed to the utmost; yet He noticed the most simple things in life and in nature. His most instructive lessons were those in which by the simple things of nature He illustrated the great truths of the kingdom of God. He did not overlook the necessities of the humblest of His servants. His ear heard every cry of need. He was awake to the touch of the afflicted woman in the crowd; the very

slightest touch of faith brought a response. When He raised from the dead the daughter of Jairus, He reminded her parents that she must have something to eat. When by His own mighty power He rose from the tomb, He did not disdain to fold and put carefully in the proper place the graveclothes in which He had been laid away...

But those who have not a large endowment of gifts need not become discouraged. Let them use what they have, faithfully guarding every weak point in their characters, seeking by divine grace to make it strong. Into every action of life we are to weave faithfulness and loyalty, cultivating the attributes that will enable us to accomplish the work...

However small your talent, God has a place for it. That one talent, wisely used, will accomplish its appointed work. By faithfulness in little duties, we are to work on the plan of addition, and God will work for us on the plan of multiplication. These littles will become the most precious influences in His work.

Let a living faith run like threads of gold through the performance of even the smallest duties. Then all the daily work will promote Christian growth. There will be a continual looking unto Jesus. Love for Him will give vital force to everything that is undertaken. Thus through the right use of our talents, we may link ourselves by a golden chain to the higher world. This is true sanctification; for sanctification consists in the cheerful performance of daily duties in perfect obedience to the will of God.

*Christ's Object Lessons, pp. 356-360*

A young girl with brown hair, seen from the back, is walking away on a dirt path through a forest. She is wearing a teal and white striped sleeveless dress. The background is filled with trees and foliage, creating a soft, natural setting.

# A Twin Barometer

BY FAITH HOYT

I grew up with a twin sister who doubled as a built-in best friend. She was also my built-in barometer for behavior. Whether it was my attitude at home or social interactions at school, I had a gauge for my conduct and so did she. Despite Laura's claim to the title of "older twin" (by two whole minutes!), we were two peas in a pod who instinctively looked to each other for honest feedback. For most of the character-building experiences I remember, like lessons in generosity, diligence, kindness, and self-control, Laura was right by my side. She was—and still is—the person I trust to tell me and teach me anything.

One of the first things I remember learning from Laura was generosity. Our mom tells us that, if given something, Laura would reach out her other hand for one more and then march over to share half of whatever she had with me. I have to admit I didn't behave as generously. My parents' lessons about sharing were usually emphasized on my behalf. I don't remember their reminders, but I do remember that Laura had the sharing business down—and I eventually learned from her example

(I hope).

In our pre-teen years, my twin barometer taught me the value of being diligent about responsibilities. Take the basic task of cleaning our rooms. Some kids are pretty good about keeping their rooms clean. Then there was Laura, who took it to a whole new level. I liked to tease her that it felt more like a hospital room than a bedroom. (Incidentally, Laura works as a nurse now.) Despite the teasing, she knew I enjoyed being in her room more than mine. Laura's attention to detail inspired me, and after awhile my room started looking similar to hers.

In high school our relationship became less about learning from each other and more about learning things on our own while still occasionally comparing notes. Laura's personality (the Campaigner) and mine (the Advocate) meant that while we could both get enthusiastic about things, I was the first to step down and look to others for their input, while Laura led the charge. It created some tension in our relationship. While we were learning to understand and appreciate our differences, we were also re-learning how to use that barometer





of ours. Peer pressure made me want to blend in. It made Laura want to challenge the status quo. I like to think we balanced each other out. We eventually learned to approach our differences carefully—appreciating the things that made us different rather than feeling threatened by them. I know this too has come in handy in life.

People sometimes ask me what growing up with a twin is like. I'll tell them about the times we traded places in school or the way I'll randomly text her while she is texting me at the same exact second. There are a million little secret ways being a twin feels special. What I am most grateful for is the silent way in which my twin taught me. Laura was my second pair of eyes to help me

self-reflect. My twin barometer shaped the way I learned because she knew what my best looked like and didn't let me settle for less. She bolstered in the right direction.

Now, several years into our careers and living in different states, Laura and I see each other a handful of times a year. Phone calls are sacred time. Despite our busy lives, I know I can always lean into that barometer of mine and re-calibrate. We still weather the growing pains of life and celebrate those moments we learn something new from each other.

I used to wonder how people got through life without a twin, but I've discovered there are other barometers: friends. In friendships, we look to each other to listen, be empathetic, and

point out when we're wrong. We lean in to each other for advice and feedback, and we count on each other for help with taking a good, hard look at our behavior. We learn from each other how to say things kindly—or simply not say them at all. We all function as barometers.

Perhaps you have a twin and our growing-up years look similar. Perhaps not. Different though our experiences might have been, I know we have this in common: we're all still learning—and learning from each other. ■

---

Faith Hoyt is a communications intern for Pacific Union Conference. She currently resides in Carson City, Nevada, where she moved following her graduation from Walla Walla University.



# A Significant Relationship: Integrated Mental Health

BY ALFONSO VALENZUELA

**A**s the vice-chairman of the Mental Health Department in Tulare County in Central California, I was able to see firsthand the influence and impact of mental health on politics, education, and the life of the local community.

More than 50 million people a year are diagnosed with some form of mental illness. It spares no sex, race, age, ethnicity, or income level. Left untreated, mental disorders can devastate our families and communities. Family members and friends are often the first to realize when someone has a problem, but it is hard for them to know how to help or where to turn to for help.

Mental health affects the innermost core of human life and relationships since it deals with major issues such as thinking, reasoning, mood, and many dysfunctions that have a direct effect on interpersonal relationships.

The Department of Mental Health of the World Health Organization (WHO) defines mental health “as a state of well-being in which every individual realiz-

es his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community.”<sup>1</sup>

Mental health has received a lot of attention from Christian psychologists and therapists, especially those interested in the integration of psychology and theology. Psychiatrists Paul Meier and Frank Minirth, and psychologists Frank Wichern and Donald Ratcliff, have studied the integration of these two disciplines. They describe mental health in terms of personal interrelationships, stating that mental health has to do with three-dimensional interrelationships: upward, outward, and inward. In their integrational approach, these authors explain that mental health is present when there is: 1) a positive vertical relationship with God; 2) a wholesome horizontal relationship with those around us; 3) an optimistic and confident internal relationship with ourselves.<sup>2</sup>

This psychological approach sees mental health in



terms of relationships: a vertical (a relationship with God); a horizontal (a relationship with others); and an internal (a relationship with self).

I think that the biblical basis for a relational understanding of mental health is found in Matthew 22:36–40 when Jesus was asked:

“Teacher, which is the greatest commandment in the Law?” Jesus replied: “‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments” (NIV).

Notice the three major components of the greatest commandment: Love God, love your neighbor, love yourself. According to Jesus, the greatest mandate is based on tridimensional interpersonal relationships: A loving relationship with our Lord (upward), our neighbors (outward), and ourselves (inward). The vertical relationship with God is the basis for all other relationships.

In psychology, the ecological systems theory holds that we encounter different environments throughout our lifespan that may influence our behavior in varying degrees.<sup>3</sup> This wholistic approach focuses on the impact that environment plays on the growth and development of an individual.

Among the ecological systems we find the microsystem, which includes the individual and significant things such as family; the mesosystem, which involves two microsystems in interaction, like the family of origin and the extended family; the exosystem, which includes external environments that indirectly influence development, such as the parental workplace; the macrosystem, which represents the larger socio-cultural context; and the chronosystem, which includes changes during the life cycle.

## A Case Study

Michael is a 40-year-old Caucasian male. He has been married for 19 years and he has two teenagers. A few months ago he began to feel moody, irritable, sleepy, and exhausted. He totally lost the desire to do the things he used to enjoy, like fishing, golfing, and going to the movies.

Finally, Michael decided to go to his doctor for a general checkup. His doctor recommended a psychiatrist because he had the suspicion that Michael was experiencing depression.

“Depressed? I am not depressed,” said Michael. “And I definitely do not need to see a shrink. I am just working too much, that’s all.”

His wife knew that something was wrong with Michael, and she also knew that he would never go by himself to see a psychiatrist, so she invited him to go together to see a marriage and family therapist—after all, their marriage and family life were a total mess.

Since religion played a significant role in their lives, they decided to go with a pastoral counselor. After a few sessions and a couple of psychological tests, the counselor concluded that Michael was indeed experiencing depression and was going through a mid-life crisis.

When the counselor explained to Michael that the best treatment for depression was a combination of medications and psychotherapy, he accepted the referral to see a psychiatrist for antidepressants.

During psychotherapy, the counselor was able to explore with Michael all the people, things, and events that affected Michael directly and indirectly. They talked about his family of origin and created a genogram to help him see clearly all his significant others and the quality of their relationships. This was an eye-opener for Michael. He realized that he needed to spend more time with his father and mother,

his brother and sister, and with other members of his family of origin. They were also able to talk about his relationship with his children and especially with his wife. He realized that he was not spending enough time with his family.

Michael was able to talk freely about the stressors he experienced at his job, some issues with friends and some family members, his financial problems, and even plans for retirement.

They talked about God and the church, perfectionism, grace, and forgiveness. The later sessions were all about Michael and his personal life. They dealt with issues related to shame, self-esteem, positive thinking, and the importance of taking care of himself through meditation, diet, and exercise.

Clear about the goals and interventions, the therapist was able to assist the client using the therapeutic framework of Cognitive Behavioral Therapy (CBT), often prescribing several homework assignments and activities for both Michael and his wife. They included family time, recreation, vacations, relaxation techniques, Bible study, medication monitoring, anger management, and individual and family prayer, among other things.

In the first two months of psychotherapy they noticed a significant change and progress in Michael, and by the fourth month they both agreed to cancel the therapeutic sessions.

Some of the principles discovered in this case study are the following:

1. Most individuals experience at least one major mental health crisis in their lives.<sup>4</sup>
2. The family system can be very effective in the early recognition of symptoms of mental illness and the suggestion of treatment.<sup>5</sup>
3. Depression, the most common mental illness, is treated most effectively with medications and psychotherapy.<sup>6</sup>

Mental health is better understood and treated when it is defined within a systemic approach. The systemic approach considers all the major environmental factors that affect the individual.

An integrational approach that includes the sociological, psychological, and theological disciplines offers a more complete and comprehensive understanding of the treatment of mental health.

Mental health can be better appreciated when the systemic approach includes the most important and significant relationships of the individual: relationships with God, with others, and with self. ■

## References

- <sup>1</sup>See [www.who.int/features/factfiles/mental\\_health/en](http://www.who.int/features/factfiles/mental_health/en)
- <sup>2</sup>See Paul D. Meier, Frank B. Minirth, Frank B. Wickern, and Donald E. Ratcliff, *Introduction to Psychology and Counseling: Christian Perspectives and Applications* (Grand Rapids, MI: Baker Academic, 2010).
- <sup>3</sup>See Urie Bronfenbrenner, *The Ecology of Human Development: Experiments by Nature and Design* (Cambridge: Harvard University Press, 1979).
- <sup>4</sup>See Michael T. Compton and Raymond J. Kotwicki, eds., *Responding to Individuals with Mental Illness* (Sudbury, MA: Jones and Bartlett Publishers, 2007).
- <sup>5</sup>See Bodie Morey and Kim T. Mueser, *The Family Intervention Guide to Mental Illness: Recognizing Symptoms and Getting Treatment* (Oakland, CA: New Harbinger Publications, 2007).
- <sup>6</sup>See Mark Olfson, Steven C. Marcus, Benjamin Druss, et al, "National Trends in the Outpatient Treatment of Depression," *The Journal of the American Medical Association*, Jan. 9, 2002, pp. 203-209.

---

Alfonso Valenzuela, D. Min., Ph.D., MFT, a certified family counselor, taught at the Seventh-day Adventist Theological Seminary at Andrews University and currently pastors the San Bernardino Spanish Adventist Church.



# Keep Up With “All God’s People”



*All God's People* is the weekly video series highlighting the people and ministries of the Pacific Union. The program features bite-sized news and inspiration from the diverse congregations of Arizona, California, Hawaii, Nevada, and Utah, where Adventists are doing wonderful things to live like Jesus and further the gospel. It is hosted by Connie Vandeman Jeffery and posted online every Friday afternoon—just in time for Sabbath. Optimized for mobile devices.

Sign up at [adventistfaith.com/engage](https://adventistfaith.com/engage)



# Arizona Conference Hispanic Ministries *Hosts Inspiring Events*

BY GABRIELLA CORELLA

## Hispanic Marriage Retreat

More than 80 couples attended the annual Hispanic Marriage Retreat at Camp Yavapines in Prescott, Ariz., from Nov. 9-11. The theme was “Evangelism for Marriage,” a new initiative in the Arizona Conference.

Guest speaker Erna Alvarado provided a series of seminars about intimacy. She motivated the couples to hug each other and demonstrate their love with

their senses. “We can’t have perfect families, but we can have happy families,” she said. “We just need Jesus to live in our homes.”

Organizers were excited to have eight non-Adventist couples attend the retreat and express their desire to return next year. “We had a blessed time and discovered a lot of information about marriage. This retreat was an unbelievable experience,” said Fernando and Miriam Chavez.



**(Top left) First-time attendees Rudy and Silvia Romero speak with Abi Escalante, Arizona Conference assistant to the president for Hispanic ministries. (Left) Guest speaker Erna Alvarado gives a presentation at the Hispanic Marriage Retreat. (Right) Couples practice giving hugs. (Below) More than 80 couples enjoy the Hispanic Marriage Retreat.**





Rudy and Silvia Romero agreed. "This was our first time attending a couples' retreat, and we loved it!" they said.

Guest musicians Hugo and Addi Yin blessed the couples with their musical gifts, and Camp Yavapines chef Cheri Bullock enhanced the experience by providing delicious meals.

Abi Escalante, Arizona Conference assistant to the president for Hispanic ministries, shared a text that summarized the weekend well. "And over all these virtues put on love, which binds them all together in perfect unity," (Colossians 3:14, NIV).

### Hispanic Convocation and Ministries Festival

The Hispanic Convocation was held on Nov. 17 at Thunderbird Adventist Academy in Scottsdale, Ariz.

More than 1,000 people, including young adults and children, gathered to praise God. Arizona Conference President Ed Keyes and his wife, Lillian, welcomed the enthusiastic crowd of believers.

Guest speaker Jose Cortes vividly shared how the first disciples were called by Jesus and how He performed the miracle of a successful catch of

fish. Using this fishing illustration, Cortes passionately encouraged members to reach others for Christ.



**(Above) Arizona Conference President Ed Keyes and his wife, Lillian, join more than 1,000 people at the Hispanic Convocation. (Right) Participants learn about social media at one of the 22 classes offered during the Ministries Festival.**

People were blessed by the uplifting music of Javier Rosales, and they were inspired by actors from the West Valley Spanish church, who illustrated the life of Ellen G. White, the Adventist pioneers, and the Sabbath as a day of rest. The attendees greeted the new leaders for the Federación de Sociedad de Jóvenes Adventistas (FESJA) and gave them a generous offering to be used for their organization's activities.

During the afternoon Ministries Festival, participants selected two classes to attend from 22 different classes offered.

Escalante introduced Alberto Ingleton, the new Pacific Union Conference Hispanic ministries



coordinator. He also thanked former coordinator, Jorge Soria, and his wife, Lina, for their 26 years of service and support of Hispanic ministries.

"It was a great blessing to see our brothers and sisters motivated by the Holy Spirit to do God's work in advancing His kingdom," said Escalante.



**Actors from the West Valley Spanish church dress in 19th-century fashion to illustrate the life of Ellen G. White during the Hispanic Convocation.**



**Abi Escalante, Arizona Conference assistant to the president for Hispanic ministries, introduces new leaders of the Federación de Sociedad de Jóvenes Adventistas.**



# Becky Curtis Journeys from Chronic Pain to Courage

BY FAITH HOYT

During a drive home from the Montana Conference Camp Meeting in 2005, life for Becky Curtis and her family changed dramatically due to a car accident that left her with a spinal cord injury and the loss of almost all movement on the left side of her body. In the 13 years following the accident, her life has been a journey—from suffering chronic pain to managing her pain and helping others to do the same. Despite the immense challenges, Curtis knows that God had a plan all along.

Curtis and her then 14-year-old son Spencer were driving behind her husband, Barry, on the four-hour trip home to Hamilton, Mont. It had been a long day. She remembers her wheels touching the gravel on the side of the road, a second of overcorrecting, and then 100 yards of rolling. Photos of the totaled black Jeep show the intensity of the crash. Spencer sustained a concussion. When the car came to a stop, Curtis knew her neck was broken.

**Becky Curtis's Jeep shows the damage from her 2005 crash on the way home from the Montana Conference Camp Meeting.**



PHOTOS: BARRY CURTIS

**After her accident, Curtis underwent countless hours of intense rehabilitation to restore her ability to walk. Just when life was returning to normal, she developed an inoperable cyst in the middle of her spinal cord that caused burning nerve pain.**

"I was a busy mom," Curtis said, describing life before the accident. "I was a realtor in the Bitterroot, and life was pretty fast paced." She went from being a busy mom to a bedridden patient. "At best, I was getting around in a wheelchair," she said.

The first year following the accident involved intense rehabilitation and countless hours with physical and occupational therapists. Diagnosed as a C4 incomplete quadriplegic with Brown-Séquard syndrome, Curtis had good motor skills on the right side of

her body but lacked sensation. She had lost the use of her left hand and was learning to walk with a brace on her left leg.

Curtis continued to gain strength and movement. Two years into recovery, the prognosis looked good.

Then, suddenly, she felt a new and overwhelming pain from the neck down. She had developed a syrinx, a cyst in the middle of her spinal cord that caused burning nerve pain. Though doctors tried everything imaginable, nothing could both ease



(Left) A depiction of a cyst in the middle of a spinal cord, illustrating the type that developed in Curtis's spine. (Below) Becky Curtis at the WorkcompCentral Conference in 2017. Curtis has received several awards from WorkcompCentral, including The People's Choice award in 2017 for her speech about her recovery story and the Magna Comp Laude® award in 2015 for her accomplishments in working with people in pain.



the pain and maintain her quality of life.

Curtis described begging and pleading with her doctor for solutions. "I expected it to get better or that our modern medical world would have a cure for the pain," she said. Feeling unable to function, Curtis fell into depression. "I had a lifetime of faith reminding me God had a plan, but it was a dark time."

The pain was immense, and all solutions were out of sight. Her support system of family and friends encouraged her to keep moving forward, but her husband remembers asking, "How can God leave her with all this pain?"

In 2007, Curtis finally found help at a pain clinic in California. "I discovered that the way to manage pain was no longer going to be on someone else. I did not find a passive cure for my pain. What I did find was active modalities for managing it," she said.

At the pain clinic, Curtis's behavioral medicine specialist was Joel O'Beso, an Adventist doctor of psychology, who noted her success at adopting pain management techniques, as well as her strong commitment to helping others.

"Sometimes God can use us best when we aren't perfectly healed. We understand the problem from the inside out and help others with that knowledge."

O'Beso encouraged her to consider becoming a pain coach someday. Curtis determined that if she could ever get her pain under control, she would help others through this process.

Not long after implementing the techniques she'd learned, Curtis felt life turning around. Able to better cope with the pain, she started imagining more possibilities. In 2008, she founded Take Courage Coaching, a company now comprising 18 coaches trained to help others manage chronic pain. As part of her work, Curtis travels across the United States speaking at health conferences, including Mayo Clinic-sponsored conferences. "My personal journey is no longer focused on my pain but focused on helping others," she said.

Curtis still experiences chronic nerve pain, but manages the pain through exercise, good nutrition, plenty of rest, and guarding herself against negative thinking and stress. Through adaptations in her kitchen, she is able to continue cooking, which

she loves. She also goes hiking with her husband and their miniature Australian shepherd, Quigley. "Life is much slower," Curtis laughed good-naturedly.

Her husband, Barry, who now serves as the senior pastor of the Wasatch Hills church in Salt Lake City, Utah, remarked with gratitude how God has brought good out of the pain. "Sometimes God can use us best when we aren't perfectly healed," he said. "We understand the problem from the inside out and help others with that knowledge."

Becky Curtis has learned the meaning of Paul's words, "My strength is made perfect in weakness" (2 Corinthians 12:9, KJV).

In a journal entry right before the accident, Curtis wrote: "Okay God, I don't know what You want me to do or be, but I'm willing to do whatever You want of me." Her accident at first made her feel useless, but now she sees what it was all about. "In looking back, I can see His hand, that God had a purpose and a call for me."

To read more about Curtis's experience managing her chronic pain, visit her blog on [www.takecouragecoaching.com](http://www.takecouragecoaching.com).

**At the WorkcompCentral Conference in 2017, Curtis spoke on a panel with several doctors about pain management.**



# San Bernardino 16th Street Church Members *Celebrate 90-Year Milestone*

BY NATALIE ROMERO

Members of the San Bernardino 16th Street church celebrated the milestone of their 90th anniversary on Oct. 27. Conference officials, former pastors, church members, and friends joined the celebration of the church's legacy. The church began as a house church in 1928.

The service was a time of reminiscing, reflection, and reunion. It took six months for a committee to plan the celebration, from the fellowship dinner to decorations to the mass choir to country-wide invitations. On the day of the event—which fell exactly 90 years almost to the minute of the church's first meeting—the sanctuary was bursting at the seams.

Kenneth Middleton, a member of the church since 1976 and chairperson of the celebration committee, noted the camaraderie and uplifting atmosphere, particularly during Sabbath School. "Some of the attendees were babies when we were at K Street, and some who are now 96 years old joined us," he said. "We all reminisced together."

"K Street" refers to one of the church's previous names, as it has gone through several incarnations and locations since 1928, when the Weston and Lane families first gathered with others in a house on a Sabbath in October. "It wasn't enough just to

worship; they wanted to share the message of the soon-coming Savior. And this ministry was born," said Andrea King, senior pastor, who has led the church for the past five years.

"One of my favorite parts of the celebration was the mass choir," added King. "It was so good to see people of different generations and music styles come together and praise the Lord. It felt like a once-in-90-years moment."

The event was especially meaningful for many of the members who have spent decades at the church. Charlene Thornton, a member since 1972, said that seeing her old friends at the celebration was joyful. "Being a member here means family to me," she said. "It reminds me of how it will be in heaven."

Her sentiments were echoed by Lindell and E. Rachel Dixon, who have been attending since 1970. "It

was a joy for us to experience such an awesome event," said Lindell Dixon, "because it brought back such pleasant memories."

Janice Kirksey, who joined the church in 1972, remembered the church's pioneers during the celebration. "It was reminiscent of the elderly generation who deposited the seeds of the Word and gave their best for the Lord and family," she said. "We now get to see what they didn't get to see—their prayers being answered. I am in awe of God's faithfulness."

The church's place in the local community will continue to thrive during the next 10 years, according to King. "We are going to be doing some church renovations and upgrades to the building," she said. "Also, we are taking ministry to children, youth, and young adults more seriously to ensure that we are a young and vibrant church even when we are 100 years old."



**(Inset) Andrea King, senior pastor of the church, welcomes members, visitors, and friends for the special 90th anniversary worship service. (Right) George King, retired vice president for black ministries, speaks for the anniversary worship service at San Bernardino 16th Street church.**





## Out of Babylon: Calexico Bible Teacher Transforms Classroom

BY BECKY ST. CLAIR

**B**ernardo Samano, who teaches Bible classes to grades 7-12 at Calexico Mission School, has developed intensive, immersive, and intentional themes for his classroom: Babylon, Egypt, and Jerusalem.

"All my classes this year revolve around the call found in the book of Revelation," Samano explained, crediting his inspiration to other creative teachers. "God wants us to get out of Babylon—out of confusion," he said.

Samano's classroom has been transformed into "Babylon," with eight-foot-high paintings covering two walls, a 3-D Ishtar Gate that goes into Samano's office, and a five-foot-high statue of Nebuchadnezzar. "Immediately my students are exposed to a visual representation of what we're learning," he said. "I place a lot of emphasis on their 'getting out of confusion' and making a decision for Christ today."

The students like the themes. One admitted, "I did not know the Babylonians built beautiful things;

usually we think ancient cultures were primitive in everything. Abraham had quite a challenge believing God had something even better than the luxuries of Babylon."

Another stated: "There is a message behind the decorations, and it helps me remember, continually, God's invitation to get out from Babylon."

Understanding that many students come from Catholic or Buddhist backgrounds, Samano said he respects families' beliefs and does not encourage disobedience or dissent. However, he also understands commitment to Christ as a chain. "You reach someone, and that person brings someone else, and they bring another," he said. "My goal is to get Christ into these students' hearts, so they can take Him into their homes and families."

The theme "Egypt: Let My People Go!" centers on how people are being held by Satan, but Jesus has already won the battle, while "Jerusalem: Behold, I Make All Things New" focuses

on the hope Christians have.

"These immersive themes give me opportunities to interact with students in a whole new way," Samano said. "The visual aids and object lessons we can pull from the room engage the students, and they really internalize the stories we're learning, which means they're really internalizing the concepts of God's love. That is my ultimate wish for these kids."

The school, located on the Mexico-California border, was established in 1937 by Southeastern California Conference, and since then it has been reaching out to the people of Mexicali, Mexico. More than 25 Adventist churches exist there now, and many of their leaders trace their walks with God to their experience with the school.

"I came to CMS in 1973 as a devout Catholic," Samano said. "After being exposed to the Adventist teachings, my family and I became baptized Adventists." He has been teaching at the school for 19 years.

For information about how to support Calexico Mission School, visit [calexicomissionschool.org](http://calexicomissionschool.org).

"I place a lot of emphasis on their 'getting out of confusion' and making a decision for Christ today."



(Left) Left to right: Roberto Sánchez, Aurora Sánchez, Minerva Ortega, and René Ortega participate in the service on Sabbath, Sept. 29, as the Escondido Spanish church congregation celebrates the final mortgage payment on their church. The 20-year mortgage, which began in 2000, was paid two years ahead of time. (Above) Gilbert Vega, pastor of the Escondido Spanish church, and Sandra Roberts, president of the Southeastern California Conference, speak during the mortgage-burning ceremony.

PHOTO CREDIT: MILTON M. VEGA

## Escondido Spanish Church Celebrates Mortgage Burning, Focuses on Evangelism

BY CYNTHIA MENDOZA

From a small group of fervent believers sharing a church building in Vista, Calif., in the early 1980s, the Escondido Spanish church has grown into a thriving congregation in their own church building. In July 2018, members celebrated the final payment of their mortgage, an accomplishment that now enables them to focus more fully on their primary goal: mission.

“Up until now, we’ve been able to accomplish everything we wanted to, but with some limitations,” said Gilbert Vega, pastor of the church. “Now we are able to do more.”

One of the church’s most important projects has been tuition assistance for students attending Escondido Adventist Academy. While the church has always been able to financially support students, members will now be able to help even more.

The added funds

will also enable members to better support their Adventurer and Pathfinder clubs, including supporting club members’ attendance to the international camporee at Oshkosh this summer.

There are also other projects that can now be completed, such as fixing the parking lot, remodeling a few classrooms, fixing restrooms, and attending to other maintenance and upgrade needs.

The journey of the Escondido Spanish church has been a long one, wrought with hope and perseverance and in spite of challenges. But through prayer and faith, members kept working toward their dream. “At times, we felt discouraged and felt that paying off

our mortgage was out of reach,” said José Quintero, a longtime member who has been with the congregation since the early 1980s. “But we kept praying,” he said.

Quintero described the way God moved powerfully throughout the process, in ways that he describes as “miraculous.” This includes purchasing the building for approximately 30 percent less than the original price and being able to make the final mortgage payment two years ahead of time.

The most rewarding part of being debt-free, members agree, is that now they can fully focus their efforts on what has always been their most important goal.

“Our goal as a church is to continue sharing the gospel in Escondido,” said Vega. “Now we can do more kinds of evangelism.”

**“Up until now, we’ve been able to accomplish everything we wanted to, but with some limitations. Now we are able to do more.”**



# Maker Faire Inspires Students to Create a Better World

BY BECKY ST. CLAIR

After Gene Oswald, industrial technology teacher at Loma Linda Academy (LLA), attended a Maker Faire in 2016 in San Diego, he decided to create one for his students. The first LLA Faire was last spring, and more than 2,500 area students, parents, and teachers attended.

Creators provided hands-on experience for students in subjects they are passionate about. “A Maker Faire is a day to excite and inspire in all areas of STREAMS: science, technology, religion, engineering, art, math, and service,” Oswald said.

The 2018 Faire hosted nearly 100 booths managed by both students and professionals, as well as lectures by experts. Students engaged with makers such as artists, quadcopter pilots, cooks, firefighters, engineers, quilters, botanists, musicians, chemists, locksmiths, graphic designers, tailors, and architects. Some even rode around campus on a nearly life-sized animatronic giraffe.

“This event takes what students have learned in class and expands it,” Oswald explained.

Organizations involved with the Maker Faire included Garner Holt Productions, the largest producer of animatronics in the United States; 501st Legion, whose members sew and 3D-print their own costumes and partner with Make-A-Wish Foundation; and several Adventist universities.

“Students can see how people are using STREAMS to make life better,” said Datha Tickner, Southeastern California Conference associate superintendent for education. “It’s engaging, interactive, and fun, while still being very educational. After the Faire last year, I saw a sparkle in the eyes of many students I hadn’t seen before. They wanted to contribute to their world, not just memorize facts.”

The 2018 Faire was a required school day, so students attended a certain number of presentations, demonstrations, and/or lectures throughout the day. Older students were also required to spend a certain amount of time managing a booth, demonstrating a concept to others.

Oswald points out that every Faire

is equivalent to around 100 field trips—many more than the school can provide each year. Bringing experts to the students increases the kids’ exposure to new ideas, which inspires and excites them to use their skills and interests to make a difference and share the love of Christ with the world.

“The Faire is the perfect setting to show students how Christians interact with society to make the lives of others better,” Tickner said. “Maker booths allow students to experience a variety of ways to apply STREAMS to real-life situations, using academics to build, create, and invent things that serve our community, all while growing socially as they talk with others, ask questions, and practice teamwork and leadership skills.”

LLA’s 2019 Faire, scheduled for April 7, will be open to all SECC schools. Organizers hope to have an even greater number of booths, with additional service and mission foci. For information about providing students with hands-on experiences at the event, contact Oswald at [goswald@lla.org](mailto:goswald@lla.org).



The Maranatha Volunteers International booth informs students about service and mission opportunities around the world.



(Left) A local Community Emergency Response Team (CERT) member teaches a student to properly use a fire extinguisher.



Maker Faire attendees enjoy a ride around campus on an animatronic giraffe.

PHOTO CREDIT: SCOTT GUPPILL



## Learn Five Ways to Keep Germ-free at Home and Work

*Avoid getting sick where you spend the most time.*

BY JANELLE RINGER



**A**voiding sickness at work isn't always easy when there are so many viruses that cause the common cold—or worse, the flu. Trying to avoid sickness can be tough when you're surrounded by coughing colleagues and germ-filled workspaces. While you may not have the option to stay completely away from germs, there are steps you can take to avoid getting sick at work or in your home.

Laren Tan, pulmonologist (physician specializing in the respiratory system) and director of Loma Linda University's Comprehensive Program for Obstructive Airway Diseases, provides tips for good health behaviors that can help you stop picking up—or spreading—germs.

**Give a little distance.** When you start to feel the symptoms, keep your distance from the people around you to protect them from getting sick as well. "By avoiding contact with those

who are sick, you lessen your chances of becoming sick yourself," Tan said. "The flu can spread between people up to about six feet away."

**Wash for 20 seconds with soap and water.** The best way to avoid catching an illness is by frequent hand washing. Germs are everywhere, and as we go through our day-to-day exchanges, we're interacting with those germs as well. "When you wash your hands, use soap and water to protect yourself and to stop the germs from spreading to others," said Tan. "Wash your hands before and after you eat, after you use the bathroom, and after you sneeze or blow your nose." Tan also recommends washing your hands for at least 20 seconds or using hand sanitizer.

**Don't touch faces—especially yours.** One way of getting a virus such

as the flu is by passing the germs through the mouth or the nose down into the lungs. "Flu viruses have been shown to live on surfaces for up to eight hours and cold viruses for three hours," Tan said. "Work against the spread of germs by keeping your hands away from faces."

**Share less; clean more.** When you're sick or feeling symptoms of sickness, it's important to avoid infecting others, not only with a cough or sneeze but through germs on your belongings. "When sickness is going around the office, try not to share things such as phones, computers, or meals," said Tan. "Take time to sanitize the items you touch throughout the day."

**Stay home.** While sick, limit interactions and physical contact with others as much as possible to keep them from infection. If you are sick with a flu-like illness, the Centers for Disease Control and Prevention recommends staying home for at least 24 hours after the fever is gone—except to get medical care. "It's not worth risking the health of people around you who may have weak immune systems—like young children, the elderly, or anyone with a chronic health problem," Tan said.

*To learn more about flu prevention and to schedule a flu shot, contact Loma Linda University Primary Care at 909-558-6600.*

**See the latest news and Health & Wellness stories from Loma Linda University Health at [news.llu.edu](https://news.llu.edu).**



We **LIVE** to Care

## Careers in the Seventh-day Adventist Tradition.

We all search for meaning in our work and aspire to a career where organizational values align with our own. If you are a healthcare professional seeking a faith-based employment experience where spirituality is put into practice, we invite you to connect with Loma Linda University Health.

As a Seventh-day Adventist organization, with six hospitals and eight schools on our expansive Southern California campus, we offer a multitude of career paths and opportunities. Discover our mission of healing and join us.

**Learn more about us and explore our careers at:  
[careers.llu.edu](https://careers.llu.edu).**

**MANY STRENGTHS. ONE MISSION.** EEOC/M/F/D/V/AA



LOMA LINDA  
UNIVERSITY  
HEALTH



## The “Time Travel Division” Brightens a Patient’s Day

BY AMANDA JAURIGUI

Every employee at Adventist Health can inspire health, wholeness, and hope—not just those in direct patient care roles.

Josh Medeiros, facilities management supervisor for Adventist Health Medical Office – Hanford, shared a time when he realized he had made a positive impact on someone’s hospital experience.

When daylight saving time began, Medeiros and his co-workers needed to manually set all of the clocks at Adventist Health Hanford one hour ahead. They decided to have fun with their duties, so they split up to see who could finish first.

Medeiros wanted to bring some humor to the task, so as he entered each room, he introduced himself as being with the Time Travel Division.

“I would say, ‘Hi, I’m Josh, and I’m with the Time Travel Division. I’m here to update your clock,’” said Medeiros.

After he delivered his time travel line in one patient’s room, the woman laughed and started a conversation. Medeiros stayed and talked to her for a while. He then noticed that the shelf in her room contained sanitizing wipes and plastic hand gloves, instead of flowers and cards from family, as the shelf was intended to display. “I realized she didn’t just want to talk to me, she wanted to talk to somebody,” he said.

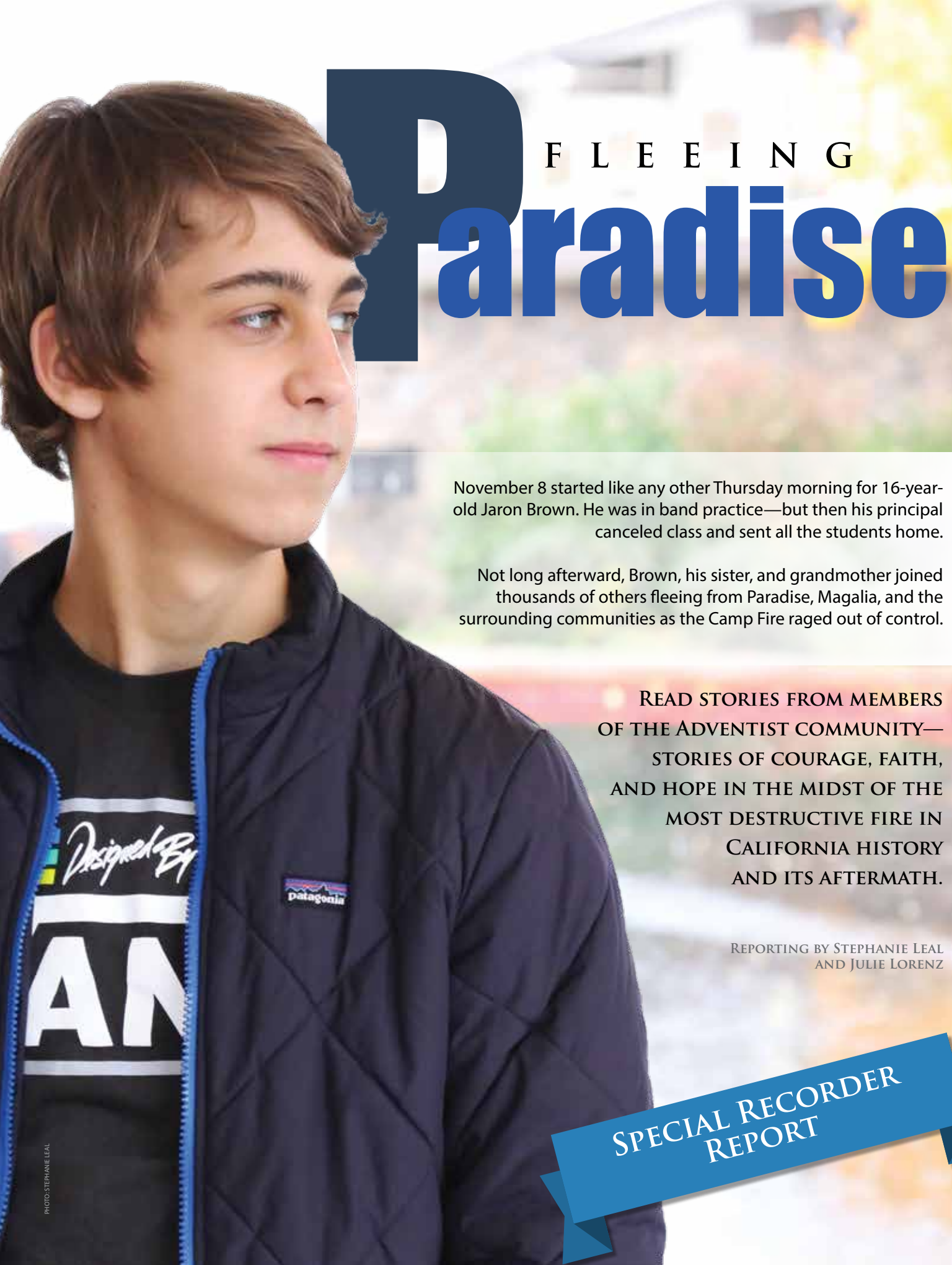
He decided to stop at the hospital’s gift shop and purchase a card and flowers. He went back to the patient’s room and told her that he noticed her shelf was being

misused. He then removed the gloves and wipes, placed the flowers on the shelf, and handed the woman the card.

“She started to break down,” said Medeiros. “She said, ‘Nothing like this ever happens to me.’ She reacted as if she had won the lottery or won some kind of prize.”

Medeiros sat with the woman for about 10 minutes and realized he had changed her whole hospital experience. “As a maintenance guy, you might lose the bigger picture of what we’re doing here,” he said. “I might come unclog your sink and replace your light bulbs or ceiling tile and go home at the end of the day, and think, ‘I’m just a maintenance guy,’ but it’s nice to know we have an impact on patient care, also.”





# P FLEEING Paradise

November 8 started like any other Thursday morning for 16-year-old Jaron Brown. He was in band practice—but then his principal canceled class and sent all the students home.

Not long afterward, Brown, his sister, and grandmother joined thousands of others fleeing from Paradise, Magalia, and the surrounding communities as the Camp Fire raged out of control.

READ STORIES FROM MEMBERS OF THE ADVENTIST COMMUNITY—STORIES OF COURAGE, FAITH, AND HOPE IN THE MIDST OF THE MOST DESTRUCTIVE FIRE IN CALIFORNIA HISTORY AND ITS AFTERMATH.

REPORTING BY STEPHANIE LEAL  
AND JULIE LORENZ

SPECIAL RECORDER  
REPORT

For decades, the Adventist community has been a large presence in Paradise and its surrounding areas. The membership of the Paradise church makes up nearly five percent of the town's former population. Area residents also attend a number of other churches in nearby Magalia, Yankee Hill, Chico, and Oroville. Paradise Adventist Academy (PAA) is one of the largest K-12 schools in the Northern California Conference. So when the Camp Fire plowed through the area, many church members (along with many others) were in its path.

## STORIES FROM PARADISE ADVENTIST ACADEMY

### “GET OUT RIGHT NOW!”

Early on the morning of the fire, 16-year-old Jaron Brown, a PAA junior, was in band practice at the school. Halfway through, the principal canceled classes and sent everyone home. Brown and his sister, Alina, went home where their grandmother was waiting. Their father, Brad Brown, director of chaplain services at Feather River Hospital, was at the hospital as part of the incident command team.

At first Brown wasn't nervous because the fire was 20 miles away, but he started to feel uneasy after his father called him and told him to start packing. He also told Brown to hitch their RV toy hauler to their truck. Brown had assisted with this task a few times in the past, but he'd never done it on his own. With his grandmother and sister helping out, he backed up the truck and got the trailer hitched. The three of them loaded as much as they could—the Bernedoodle dogs and puppies they raise, their other pets, photographs, computers, and documents. “As we were running around, we could hear explosions,” he said.

His father called again and told him, “Get out right now!” Brown and his grandmother got in the truck, and his sister got in the RV with the dogs. They headed out of town—only to get caught in gridlocked traffic.

“When we got to the bottom of Paradise, it was pitch black, like night,” said Brown. “My dad called and said, ‘I think I will make it out, but just in case I don't: I love you.’”

As they drove with flames rising on both sides of the road, Brown could feel the adrenaline pumping

through his heart. “I was trying to listen to music to calm myself,” he said. He repeated a Bible text over and over. “It was helpful to think about that verse,” he said.

Earlier in 2018, Brown competed in the Pathfinder Bible Experience with a team from the Paradise church, which finished with a first place in the North American Division finals. The books they studied were Esther and Daniel.

The verse that kept coming into Brown's mind was Daniel 3:17: “If that is the case, our God whom we serve is able to deliver us from the burning fiery furnace” (NKJV).

“This verse comforted me because of its assurance that if God has a purpose for my life, nothing can harm me, but if not, I know that God's will is the best,” he said.

### “I PARKED THE CAR AND RAN”

About 9 a.m. PAA senior Carson Cummings drove to the house of a family friend to help her evacuate. He wasn't concerned about his own

home since the fire was on the opposite side of town. Halfway to her house, the air grew dark and smoky, but he didn't think the situation was serious until he saw her neighbor's yard on fire.

Cummings left his car in her garage and drove her car on the road out of town,

“My dad called and said, ‘I think I will make it out, but just in case I don't: I love you.’”







PHOTO: STEPHANIE LEAL

but he quickly got stuck in the gridlocked traffic—by himself. “I was talking on the phone with my brother to calm myself down,” he said.

He wasn’t really afraid until embers the size of baseballs started falling on the car, and trees around him caught on fire. He then called his father, who was working in town that day. After finding out his son’s location, Cummings’s dad drove as close to him as he could, but when he was a mile away, the traffic wouldn’t allow him to come any further. His father told Cummings to abandon the car beside the road and run to Kmart, where his dad was waiting.

“The whole side of the road was on fire. I parked the car and ran, jogging past cars in the traffic,” said Cummings. He saw his father and hurried into his car. They were still in danger, but it was a relief to be together.

As they were driving down the hill, their car got

caught in the traffic once again as the flames grew closer. “Everyone pulled over, and we all started jogging down a narrow road covered with trees,” said Cummings. After running for a mile and a half, the father and son were picked up by passersby, who drove them to Chico.

The home of the family friend didn’t burn, but the Cummings’ home was destroyed.

Cummings feels blessed that his family found a home to rent and that his father has a job in Chico. He’s glad that he can still play basketball this year—something he has been anticipating. He’s also looking forward to one final school year with his friends. “I’m happy to finish my senior year with the class I’ve been with since kindergarten,” he said.

**“THEY WERE COMMITTED TO OUR SCHOOL”**

Early that morning, PAA Principal Monte Nystrom was at school searching for the status of the fire and noticing how quickly it was approaching. As he was talking on the phone, he heard that the fire had reached the canyon on the edge of town.

At that point, Nystrom decided to cancel school. “I was concerned about the fire moving that fast in that kind of a wind,” he said.

Parents were starting to drop off their students,

*Teacher Kent Wuestefeld surveys his fifth- and sixth-graders, now meeting in one half of the Chico church's multipurpose room. Those raising their hands lost their homes. (Below) Many are praising Principal Monte Nystrom, with wife Rosie, for evacuating PAA at least an hour earlier than the city schools did.*



PHOTO: STEPHANIE LEAL



*Carson Cummings, a senior at Paradise Adventist Academy, takes notes in advanced biology class, which now meets in the Cradle Roll room of the Chico church. Out of the eight students in his class, six lost their homes, including the teacher.*



*Paradise Adventist Academy loses its K-4 school building in the Camp Fire and sustains other damage.*

so Nystrom asked registrar Brenda Muth to announce over the school's phone intercom that teachers should stand outside and tell the parents to take their children and evacuate. Many of the families left Paradise immediately

afterward. "I'm grateful that most of the students and their parents were able to get out of town pretty early," he said.

Nystrom went to evacuate his sister, who resided in a care home in Paradise. He also picked up three other residents at the home. The five of them had a

harrowing drive out of town. "It was looking pretty probable for a while that we wouldn't make it," he said.

He later learned that most of the school had been saved due to the dedication of firefighters. Still later, he heard the story from a retired Yuba City fire captain, who had come back into commission to help fight the fire.

Five fire crews from out of town had been assigned to go into the fire zone together for independent action. "That means find something you think you can save and try to save it," said Nystrom. They were working at a house in PAA's neighborhood when they heard the fire alarm ringing at the school. After being unable to save the house, they went over to investigate the alarm.

By then, PAA's K-4 building had already been destroyed, but they saw several other fires around the campus, which they extinguished. By the time they

# Everyone HAS A VALID STORY

David Vixie, grades 7-8 teacher, looks out over a noisy classroom. Out of his 30-student classroom, 26

kids have returned after the fires. They are now meeting in a sparse multipurpose room in the Chico church. It doesn't bother Vixie, though. "I kept our room sparse before at the old campus so the kids are used to this," he said.

Since the fire, he's used emergency blankets and Oreo cookies from donated lunches as class illustrations and science experiments.

Each year, for more than two decades, Vixie has led his students on a one-week covered wagon trip. The kids wore clothes from the 1800s, hitched

mules to wagons, and walked a pioneer trail.

Not only did Vixie lose his home in the fire, he also lost his shed, wagons, and other period items, but he was happy to save eight mules. His wife, Karen, saved some other important items. "When my wife ran out of the house, she grabbed two outfits for each of us," he said. "Our best clothes were our period costumes, so that's what we wore to church on the first Sabbath after the fire."

Vixie is concerned about all his students and doesn't want to see a hierarchy develop among those affected by the fire. Even kids that didn't lose homes have had their lives turned upside down. "Everyone has a valid story," he tells the kids. "Your story has a major impact in your life."

Vixie is thankful for Principal Monte Nystrom's quick thinking. Nystrom called for an evacuation at least an hour before the city and public schools did. "It was significant. That meant many families dispersed before others in the town," Vixie said.

Having dealt with deep tragedy in the past, Vixie now uses his experience to help his class. After he asked his students to draw pictures on a whiteboard, one

boy drew his house before the fire, and then he erased it. "Gone," he said. Vixie is trying to help all his kids as they go through the grieving process.

*(Right) Teacher David Vixie works with his seventh- and eighth-graders in their new space at the Chico church, using extra emergency blankets and oreos for makeshift science experiments.*

*(Far right) "This is my house. The wind was strong and I just wanted to leave," said Dovan Martella. Vixie's students use the white boards and markers to express how they are feeling after the fire.*



PHOTO: DAVID VIXIE

PHOTO: STEPHANIE LEAL



discovered that the shop area in the basement of the gym was on fire, they had run out of water. The fire captain radioed the fire chief at a different site to ask for more, but the chief said that he couldn't send any. They'd have to abandon the property.

A division leader at another location heard the conversation and radioed that he thought he could send

a water truck to them. He did so, and the firefighters stayed on the property all night and the next day, keeping the fire at bay.

"They were committed to our school and were able to save it," said Nystrom. "The fire captain said that saving the school was one of the highlights of his career."

## STORIES FROM THE ADVENTIST MEMBERS

### "GOD JUST PROVIDED"

Marna Carli and her husband, Bob, own three home care facilities in Paradise. Their staff cares for six quadriplegic and medically fragile individuals at each facility. When the evacuation order came, Carli's husband was just finishing up the evacuation of one of the homes, and he helped evacuate a second one. However, when he tried to drive to the third home, he couldn't get through due to the gridlocked traffic. By then, the phones were down, and he couldn't reach the staff.

"We had no way of communicating," said Carli. "We prayed that they would be guided by what they've learned and what they know. We prayed over and over for them."

The home's manager, along with her husband and staff members, got the six clients and their special wheelchairs into three cars and began trying to drive out of town. As they started out, the traffic immediately became gridlocked, and a police officer told them that they couldn't drive out in their cars because the road was blocked. The staff got all the clients out of the cars and into wheelchairs and started pushing them up the hill from the facility.

A fireman observing them said, "You can't do that!" He helped to get the people back into the staff cars, but the fire was so close, they had to leave the wheelchairs behind. A fire truck then pushed through several roadblocks, and they were able to get into the line of cars leaving Paradise.

By this time the fire was raging around them, and the air was being sucked out of their cars. Believing they were all going to die, they still pressed on. It took them three and a half hours to get down the hill—a trip that usually takes 20 minutes.

As the Carlis were driving down the hill, they didn't know where they would take everyone. The shelters couldn't meet their needs, and the hospitals were full. Then they got a call from someone who operated a day program for disabled people in Chico, offering their building. It was a warehouse with bathrooms, a kitchen, and laundry facilities. "God just provided that out of the blue," said Carli. "We don't know what we would have done otherwise. We

were really thankful. You know, God had His hand over this."

Even with the shelter, there were many unknowns. How would they care for the 17 medically fragile individuals? (One person had been evacuated by family members.)

Community members donated mattresses, which were placed on the floor for the clients. Staff members—half of whom lost their homes—worked and slept in the warehouse. They did the best they could with six fewer wheelchairs than they needed.

The group was still fearful the first night as the fire approached Chico, burning only four blocks away from their building. The smoke was suffocating in the big warehouse. "Just near us was an experimental forest. We were afraid it would catch on fire," she said.

The Carlis located police officers at a shelter six blocks away and asked to be alerted if they needed to evacuate. "It was almost midnight when we finally settled everybody in," said Carli. "It was a scary time. Looking at the hill, we could see the fire burning down toward Chico."

Over the next eight days, they cared for their clients in the warehouse, with only mattresses on the floor. "We just put one foot in front of the other," she said. "Each decision was made with trepidation and with a prayer." During that entire time, nobody got sick.

By the end of the eight days, they had relocated everyone. Several went to stay with family members or at other care homes. The Carlis and staff transported 11 individuals to Porterville Developmental Center, more than 300 miles south of Chico. "That was another story in itself," she said.

At the center, each individual had a private nurse—plus aides, physical therapists, and



*Bob and Marna Carli own three home care facilities in Paradise. Evacuating was only the first step; then came caring for their patients in a new place during a scary time.*

**"We don't know what we would have done otherwise. We were really thankful. You know, God had His hand over this."**

# THE OTHER Victims

BY SHIRLEY GREAR  
EVACUEE,  
SURVIVOR,  
THRIVER

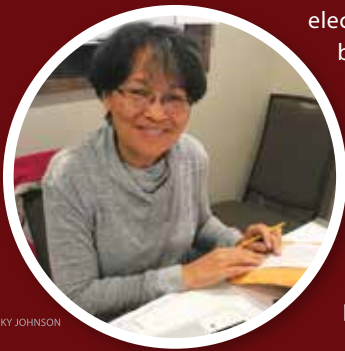


PHOTO: BECKY JOHNSON

These are the other victims of the tragic fire. Their homes and their belongings are still intact. Their children have their toys waiting for their return, but they are still displaced. The entire electrical power grid must be replaced because most of it was destroyed in the fire. There is no safe water, no internet. The basic utilities will not be available for months if not years. It is probable that their place of employment is gone. Their neighborhood is no longer surrounded by massive pines and cedar trees, and the

Unnoticed by most, another group is scattered amongst the evacuees. They have already learned the status of their homes ... they are standing.

neighbors' homes have disappeared. There will be no neighborly dessert exchanges on holidays. Although their homes stand, every belonging is smoke filled and potentially toxic. The children's schoolmates are disbursed around the state and beyond. And the mortgage is still due.

Two of my friends are feeling that no one wants to hear their story once they say their home was not destroyed. But their story needs to be heard. Their story will continue because many insurance companies, if they repeat what happened after the Carr Fire, will refuse to pay for the costs of smoke damage. My friends are not eligible for most governmental assistance programs because their house stands. They are standing like their homes, lonely and alone.

These are the frequently forgotten victims of a natural disaster, but they suffer deeply. So please remember to listen to their stories and extend your compassion and comfort.

occupational therapists. Seven physicians cared for the group. "They treated each of them like a celebrity," said Carli. "We couldn't have been more thankful." The hospital staff also raised money for the staff members who had lost their homes.

The Carlis' home didn't burn, but Marna Carli's parents lost theirs. As the Carlis deal with the fire's aftermath, their clients are always on their minds. "We're keeping in touch with everybody and making sure they are well cared for," she said. As for the future, they are taking it one day at a time.

Carli shared the verse that kept her going throughout the ordeal: "Do not be anxious about anything, but in every situation, by prayer and

petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus" (Philippians 4:6-7, NIV).

This promise was true for Carli. "I prayed this so I could move forward and do what I needed to do to help all the people that depended on my husband and myself," she said. "I really felt that peace that passes all understanding. Even though my heart was racing, and I was scared, and I was reaching out to others, He calmed me down."

*Steve Arrington shares these photos on Facebook, along with his harrowing escape as "Patient 0" at Feather River Hospital.*

## "I WAS PATIENT 0"

By Steve Arrington

At 8:00 a.m., I was Patient 0 at Feather River Hospital, meaning I was in pre-op and going in next for surgery that morning. Then the fire erupted out of the Feather River Canyon on a broad raging front behind the hospital.

The emergency in the hospital began with a call to the surgical unit: "All surgeries on hold." Two minutes later the PA system announced the code for emergency evacuation! A nurse quickly disconnected my IV, and I ran. The staff was surging into the hallways and racing into rooms to evacuate patients. I've had fire fighter training, so I had a perspective into what was going on. I was impressed that the hospital team executed their duties



PHOTO COURTESY OF STEVE ARRINGTON



with professionalism, moving quickly and calmly.

Chase, my son, was waiting for me as I ran out of the hospital and climbed into his car. Across the parking lot, fire was already into the trees, which began crowning with flames. As Chase accelerated out of the parking lot, fires were erupting on both sides, blowing dense smoke across the road.

There were barrages of explosions from burning propane tanks as we turned onto our street. We live on the edge of the Feather River Canyon just a mile down from the hospital. We only had time to throw a few things into the car. Propane tanks were blowing, and then Chase yelled, "It's time to go!"

One of my daughters pleaded for one more box and ran back into the house. Later, I would learn that she had grabbed Cindy's and my wedding pictures and our favorite baby pictures.

Our cars surged out of our neighborhood into a traffic jam. There were already accidents. Smoke and embers filled the sky. Cindy remembered she had forgotten her prescription pills and turned back, but I didn't know that; I just knew the kids were in their cars behind me.

It was stop and go, extremely heavy congestion, but people were polite and let others in from side streets. Two and a half hours later, we made it to our friend's house, 25 miles away. Cindy wouldn't arrive for four and a half hours; that's what that one bottle of pills cost her.

On Sabbath, Nov. 10, we got official confirmation that our home was destroyed. Nothing is left, and we got out with very little, but the best is that we all made it out. Each morning, all five of us sit together to give thanks and plan our future. So, here's what we came up with: just stay together and wait to see what doors the Lord opens for us. It's a very good plan indeed.

#### "SHE SAVED MY PARENTS' LIVES"

Dave Westbrook called to wake up his parents, Paul and Judy Westbrook, and let them know there was a fire on his side of town moving in their direction. Because his dad is immobile, making it impossible for his mom to get him into the car, Dave told them he'd be right over to help them after he gathered some things and got his family out of their home on the opposite side of town. At that point, none of them realized how quickly the fire was moving.

Judy immediately called for an ambulance, but the dispatcher said that they did not know when one would be able to come. As the gravity of the situation became clear to Judy, she said, "Paul, it's just you and me; we may not make it out." They talked about how God had been good to them and blessed them, and they had the assurance of eternal life.

## Dave says it was a horrible feeling driving out of town, not knowing if his parents would make it or not and feeling that he had failed to be there for them. All he could do now was pray.

Soon their neighbor, Nancy, came over to check on them and offered to help get Paul into the car. They were struggling with the task when Dave called again to check on the situation. He told them he would come over and help, but Judy urged him not to take the chance and just get his family out.

Soon Nancy saw flames at the end of the street and said, "We've got to go now!" Judy told Nancy that she and her husband were old, that they'd had a good life, and she needed to save herself. Nancy refused to leave them, and they prayed together. Paul says at that point, Nancy simply picked him up and heaved him into their little Prius.

With his family heading out in two other vehicles, Dave took his pickup to go help his parents but soon discovered it was impossible to get across town. All lanes on the main road were being used for outgoing traffic. He tried calling to check on his parents, but couldn't get through. In the rush to leave, Judy had left the cell phone in the house. Dave says it was a horrible feeling driving out of town, not knowing if his parents would make it or not and feeling that he had failed to be there for them. All he could do now was pray.

A couple hours later, it was a huge relief to the entire family when they finally heard that Paul and Judy had made it to safety. Unfortunately, all four houses owned by Westbrook family members and relatives were destroyed in the fire.

A few days later, Dave was able to visit the rubble of his parents' home. Nancy's house was still standing, and a PG&E truck pulled up in front. The woman in the truck remarked that Nancy is one of her best friends.

"Please tell her thank you, she saved my parents' lives," Dave told her. He hopes to see Nancy soon and thank her in person.



PHOTO: KRISTALYNN MARTIN

*Recent NCC Pastor Krystalynn Westbrook Martin, who now serves as the vice principal for spiritual life at Auburn Adventist Academy, shares the following Facebook message, dated Nov. 19, about her parents, Paul and Judy Westbrook (above): "Tonight we did a little early Thanksgiving celebration with my dad in the temporary nursing home he's in since the fire evacuation. I'm so grateful these two are alive."*

WE NEED TO BE

# Together

*Shirley Gear works in the makeshift Paradise church office, now located at the Chico church. She has been volunteering since the first day of the fire.*

People ask Shirley Gear whether she got treasures out before escaping the fire. “I got my husband, Carl,” she replies. Gear recently retired and moved to Paradise. She and her husband got their house on July 8. They lost their home to the Camp Fire exactly four months later on Nov. 8.

An award-winning quilter, Gear had been enjoying retirement in a “nice, quiet place,” doing favorite things like walking, photography, and volunteering at the Paradise church’s Adventist Community Services. Just before the fire, the church reimbursed her for a purchase, and now that check is her only proof of her Paradise address.

In just the span of a few weeks, she’s already stayed at five different places, but she is grateful her husband and she have not yet had to stay in their car. She’s been volunteering since day one at the temporary Paradise church office, now at the Chico church.

Gear reports that people she’s seen are all over the place in their grief stages. “Awareness and grief are different for different people. These stages are not sequential or time-constrained,” she said.

On the first Friday after the fires, Gear attended a town hall meeting at the Chico church, where all the people who had lost homes were called up front for prayer. “We need to be together so there can be connection,” she said.

Gear joined them, but she soon noticed a man standing nearby. His home had not been destroyed, but he faces a different set of circumstances (see sidebar, p. 32). She believes that people with homes still standing are sometimes the forgotten victims in the tragedy.

She’s been encouraged that the church has received so many gift cards. (The easiest ones for people to use are VISA or MasterCard gift cards that can be used for groceries, clothes, gas, or whatever is needed.) She estimates the church has received approximately \$20,000 in 449 gift cards—394 of which have already been distributed. “To a fault though, Adventists are having a hard time taking them,” she said. Gear explained that when people are offered a card, they tell her that someone else needs it way more than they do.

Many people are living and eating with friends and family, but once they have to move into apartments or FEMA trailers, there will be a critical need for gift cards to buy food and necessities.

Gear lost her home when she was in elementary school, but this loss is different: an entire town has been destroyed. “I have prayed with people in so many places,” she said. “The community that has arisen out of this is so powerful.”

As for the future, “I don’t have plans,” she said. “I’m just grateful to be busy.” She wants to see what God can do with this tragedy. “Like Joseph told his brothers: ‘What you meant for evil, God will use for His glory.’”

PHOTO: BECKY JOHNSON



## STORIES FROM ADVENTIST PASTORS



PHOTO: ALEXANDER/SPECTRUM MAGAZINE



*(Left) Almost 1,300 members are part of the Paradise church, shown here in "before" photos. (Above) Only metal and stonework remain of the church now. It was completely destroyed.*

PHOTOS: NCC FILES

### “WE COVET PEOPLE’S PRAYERS”

New Paradise church Senior Pastor Steve Hamilton and his family arrived in Paradise about three weeks before their home and church were destroyed in the fire. In spite of their loss, Hamilton has been working tirelessly to minister to a congregation of survivors, many of whom were fortunate to get out with their lives. Since the fire, about half of his church members have relocated from Paradise to stay with family in other cities and states.

“Our people are understandably experiencing highs and lows—the highs of gratitude for safety, God’s goodness and grace, and fellowship, and the lows of recognizing extreme loss and an uncertain future,” said Hamilton. “We covet people’s prayers for our people—that God would just really be a close comfort during these times, as they find out what’s next and figure out what to do.”

**“Our people are understandably experiencing highs and lows—the highs of gratitude for safety, God’s goodness and grace, and fellowship, and the lows of recognizing extreme loss and an uncertain future.”**

After the fire, Hamilton and his team worked in stages to meet immediate needs. The first stage was to provide personal care items and other relief goods. The second stage was to get the Chico Oaks Adventist School and Chico church facilities ready for the PAA students, as well as find short-term housing for the many teachers without homes.

Now, a number of the teachers are currently living at a base camp set up on a ranch in Butte Valley. The site includes 20 RV hookups with temporary plumbing and generator power. Three large military tents contain areas for cooking, dining, and meeting. There is also a shower trailer. This site also houses volunteers who come to help in the area, such as the team of counselors from Andrews University. Other displaced church members are living in more than 20 RVs on various properties around Chico.

## SEVENTH-DAY ADVENTIST CHURCHES AFFECTED BY THE CAMP FIRE

### Chico Church

*Jonny Hayasaka, Associate Pastor*

MEMBERS: 759

- 18 households lost their homes.
- Now housing Paradise Adventist Academy and Paradise congregation.
- Still have displaced families who can't go back to their homes yet (no utilities, no water, etc.).

### Chico Spanish Church

*Leandro Carralero, Pastor*

MEMBERS: 114

- 4 members lost their homes.

### Golden Feather Church

*Larre Kostenko, Pastor*

MEMBERS: 64

- One member died.
- One member still missing.
- 19 family units lost their homes.
- Other losses include jobs and property, besides homes.

### Magalia Upper Ridge Church

*Rob Kearbey, Pastor*

MEMBERS: 213

- 51 homes lost, with 76 members homeless.
- 98% of attending members have had to evacuate, and most who still have homes cannot return home due to smoke damage and toxins.

### Oroville Church

*Larre Kostenko, Pastor*

MEMBERS: 264

- 5 family units lost their homes.
- Other losses include jobs and property, besides homes.

### Paradise Church

*Steven Hamilton, Senior Pastor*

*Dan Martella, Associate Pastor*

*Garrison Chaffee, Youth Pastor*

MEMBERS: 1,268

- One member died.
- The church building was completely destroyed.
- Estimated that 90% of the members lost their homes.

*These statistics may change as the recovery efforts continue.*

**“The Chico church has been unbelievably gracious and welcoming, and they have worked tirelessly to help people from Paradise.”**

Now the focus is on emotional and spiritual care for the survivors as they visit their properties for the first time since the fire.

Hamilton is grateful for many volunteers—some from other states—who worked through the rain to get the base camp set up, people from the Loma Linda University church who fed lunch to the kids and dinner to families during the first week of school, and many more.

He also appreciates the support his congregation has received from their sister church. “The Chico church has been unbelievably gracious and welcoming, and they have worked tirelessly to help people from Paradise,” said Hamilton. “We are so thankful for their ministry to us.”

**“WE’RE SHARING THE BURDEN”**

Chico church Associate Pastor Jonny Hayasaka quickly realized the magnitude of the disaster as people started arriving at his church on the morning of the fire.

The church was listed as a Red Cross reserve

shelter, and Hayasaka expected to receive a call from that organization, but it never came. The Chico church staff started contacting various agencies and churches for information about providing for evacuees. “Everyone we asked was not prepared, had no plan, and had less information than we did,” said Hayasaka. “Many churches in town had to figure it out themselves.”

The church set up a landing place for evacuees in the Chico Oaks Adventist School gymnasium, where people could watch television news, find water and food, and have a safe space to regroup. Since the Adventist community is so well connected, many evacuees found places to stay with friends. Those who came for shelter at the Chico gym were either placed in members’ homes or transferred to shelters nearby.

Several of the families that received evacuees in their homes were evacuated themselves when the fire began to close in on the southern and eastern borders of Chico. The rain that came later and helped quench the fires also perpetuated the trauma as outlying areas were evacuated due to flood warnings.

Within 24 hours of the fire, Hayasaka invited the Paradise church staff to use his church’s office space as their command center. He then worked with Hamilton, Chico Oaks Adventist School Principal Leslie Bartsch, and others to get the facilities ready for the PAA students to begin attending classes at the Chico church and school right after Thanksgiving break.

As part of their preparation, they had to stop receiving donated items because there was not enough room to store them. Instead, the Chico and Paradise church offices accepted money and gift cards, which were distributed to those who needed them.

Hayasaka notes that many who lost everything are working to help others. “People in trauma are serving people in trauma,” he said. “And we’re sharing the burden, even if we’re not evacuees.”

*(Right) Paradise church Senior Pastor Steve Hamilton (on left) works with volunteers at the Chico church property. (Below) Several RVs for families are parked behind the Chico school gym.*





**“Everyone we asked was not prepared, had no plan, and had less information than we did.”**

The Chico and Paradise congregations are worshipping together each Sabbath. “In the midst of this tragedy, the two congregations and two schools are realizing that in Christ there is neither Chicoan nor Paradisean,” said Hayasaka.

### **TWO DIFFERENT FIRES HUNDREDS OF MILES APART HIT MEMBERS OF THE SAME FAMILY**

In a sad coincidence, Tammi and Keith Eaton lost their home in the Camp Fire, while her parents, Art and Sharon Kharns, lost their home in Southern California’s Woolsey Fire. Both families were forced to evacuate on the same day.

The Kharns were able to visit their Malibu home location several days after the fire, but it took a while longer before the Eatons learned the fate of the Magalia home where they lived with their three-year-old daughter.

After the fires their extended family gathered



*Chico church Associate Pastor Jonny Hayasaka's church quickly became a "command center" for many of the Adventist efforts after the Camp Fire.*

together. “The conversation revolved around the blessings that have come in and how good it is to be part of a church family that supports each other,” said Placerville church Associate Pastor Brandon Kharns, brother of Tammi and son of Art and Sharon.

“Both my sister’s family and my parents have received such a big, generous outpouring—from people who are close friends to people who are friends-of-friends-of-friends,” he said. “It’s amazing to me to see how relationship support has the power to take the edge off a tragedy.”

# BECAUSE OF You

BY SHIRLEY GREAR



*Gift cards, especially VISA and MasterCard that can be used for anything, remain an easy way to assist fire victims. For more ways to help, please see the next page.*

In the early evening four weeks after the Camp Fire, a young woman and three scruffy children appeared in the Chico church office. She’d heard we were serving dinner and needed food. Quietly and through tears her story poured out... One day before the Camp Fire, the woman’s mother unexpectedly passed away. Now without her mother’s financial contributions, she is struggling to feed her small family.

Generous churches and individuals throughout the country have hand delivered, couriered, and mailed hundreds of gift cards to the Paradise church to be distributed specifically to evacuees. Hundreds of gift cards have already been distributed to people who escaped with virtually nothing. The gift cards have helped families purchase basic necessities, including clothing, food, medication, and fuel.

**Because of you**, we provided her family with a meal and gift cards. Before her mother passed away, she told her daughter to go back to church. This young woman, still in tears, asked why we went to church on Saturday. In the briefest of Bible studies, we discussed creation and the establishing of the Sabbath. She promised to return to church.

**Because of you**, we were able to witness to her in the most meaningful and biblical manner by meeting her most urgent needs first. Pray that we will meet again. And thank you for giving!

# HOW TO Help

1. Donate to the NCC "Camp Fire" fund.
  - Donate online by visiting [www.nccsda.com](http://www.nccsda.com).
  - Text NCCSDA to 77977.
  - Mark "Camp Fire" on your tithe envelope.
2. Donate to (a) pastors/teachers who lost their homes, (b) Paradise Adventist Academy, or (c) Paradise SDA Church at [www.nccsda.com](http://www.nccsda.com).
3. Send VISA/MasterCard gift cards to the Chico SDA Church  
1877 Hooker Oak Avenue  
Chico, CA 95926-1738
4. Sign up for specific items needed for Paradise Adventist Academy classrooms ([links at nccsda.com](http://links.nccsda.com)).
5. PAA hopes to keep every family that wants their students to stay enrolled at their school. But with many parents losing jobs in Paradise, the need will be great. Donate money for PAA worthy student tuition at <http://mypaa.net>.



*Paradise Adventist Academy students practice for their Christmas program in the Chico church. (Right) A car's windshield in the Chico church's parking lot displays a new Paradise motto.*





# “They Made it Okay”: *Grads Share Their Stories of Support from PUC’s Teaching and Learning Center*

BY BECKY ST. CLAIR

Jade Tuleu and Daniel Urbina earned success in college, thanks in part to the support they received from Pacific Union College’s Teaching and Learning Center (TLC).



Tuleu had a one-on-one tutor beginning in second grade. Eventually diagnosed with a learning disability, Tuleu knew going into college that she would need to utilize learning support services.

“Going to college was a huge deal, because I honestly did not see that happening for me,” she said. “As a child I never fully understood what was ‘wrong’ with me, and I thought I was stupid. School wasn’t my thing, and college certainly wasn’t for me.”

In high school, Urbina was diagnosed with dyslexia and dysgraphia. His dyslexia meant that while looking at words on a page, his mind struggled to “see” them in the right order, making reading challenging. His dysgraphia caused issues with getting letters to form correctly in the right shape on the paper as he wrote. It also interfered with spelling, word spacing, and the general ability to put thoughts on paper, making the process of writing laboriously slow, with a product often impossible to read. As a result, Urbina didn’t learn how to read until he was 10, though once he figured it out, he flourished and was quickly reading at a ninth-grade level.

“When I was in high school, I’d

spend eight hours after school studying, staying up all night, and I’d still fail,” Urbina

recalled. “I wanted so badly to do well.”

When they got to PUC, both Tuleu and Urbina utilized the services of the TLC. Tuleu signed up for one-on-one tutoring, group class tutoring, and testing in a private room, and she met with the disabilities services coordinator. Urbina used note takers, extra time for classes and tests, tutors, and the TLC’s audiobooks program, so he could listen to his textbooks.

“The TLC allows you to choose whether you utilize their services for all of your classes or only select ones,” Tuleu explained. “I really appreciated that because it gave me a sense of independence. I could do things on my own and determine for myself when and if I needed help.”

Tuleu said the TLC made her feel normal; being in the TLC was a “welcome to the club” situation. “They made it okay to learn differently, and that was incredibly liberating,” she said. “They made me believe in myself, and having that support system was crucial. I never once felt the TLC was attempting to be my parents, but they were my professional

advocates. They would help me, but they weren’t a crutch.”

Both Tuleu and Urbina also worked at the TLC as students, helping other students like them get the resources they needed. “I get it; I’ve been there,” said Urbina. “Asking for help is never a sign of weakness or stupidity. It allows others to help you move forward and become successful.”

Tuleu graduated in 2017 with a degree in psychology. Urbina received three degrees from PUC—in emergency services (2015), Spanish (2017), and emergency management (2018). They both express gratitude to the TLC for helping them thrive at college.

“When I got to PUC, I excelled more than I ever have in my life,” said Tuleu. “I got top grades, and I wondered, ‘Who is this? Is this really me?’ I just blossomed. Alongside my professors, the TLC was a huge part of my success story. I could never have done what I did without them.”

To learn more about the TLC and its services, visit [puc.edu/tlc](http://puc.edu/tlc), email [tlc@puc.edu](mailto:tlc@puc.edu), or call 707-965-7688. To schedule a visit to see PUC for yourself, go to [puc.edu/visit](http://puc.edu/visit), email [visit@puc.edu](mailto:visit@puc.edu), or call 800-862-7080.





The Kahili Adventist School students prepare to work on their new garden.

## Garden Project Grows *Hearts and Hands for God*

BY DEBBIE NAKAMURA

**T**hree times a week, a vanload of energetic and enthusiastic students from Kahili Adventist School arrives at the 11-acre Nakamura Farm to spend an hour watering, weeding, planting, and harvesting. There's quite a bit of chatter as students pick up watering cans, garden gloves, and various tools, and then head for their own specific row in the garden.



If it's a Wednesday morning, they will be harvesting produce to take to the farmers' market, where two or three students have a chance to interact with customers later in the afternoon. "Several local chefs from town buy from us each week," said Head Teacher/Principal Keith Hatcher. "We also specialize in edible flowers."

Paul Rivera and his wife, Sandy, are the volunteers that make the garden project a success, not only because of the quality of the produce but also because of the lessons students are learning—some by trial and error. For example, one young student pulled up an entire row of tiny kale plants, thinking they were weeds. "The

**Students from kindergarten through 4th grade work with Sandy Rivera to pull weeds.**



kids have such enthusiasm when working in the garden," said Sandy Rivera.

Having a school garden of this size throughout the year is something new to Hatcher, who moved to Kauai from Wisconsin three years ago. "My wife and I have always enjoyed gardening, but the climate in most places makes it difficult to have a garden during the school year," he said. "Living on Kauai gives us the chance to be involved year round."

Often Hatcher's wife, Leah, will join the students in the garden and will take lessons and produce back to the classroom as part of science class. She points out that the garden helps kids realize where their food comes from and how good foods are helpful to their bodies. Classroom aide Vergie Same also works alongside Hatcher and the students in the garden.

Plans to incorporate the garden project into community service are underway. Last year at Christmas, students and staff put together a dozen fruit baskets and delivered them to the Infusion Center at Wilcox Hospital for the cancer patients. Consideration is also being given to the idea of using the school garden project to propagate native Hawaiian plants that could be used to replant denuded areas in cooperation with state and county offices.

More than gardening is learned in a garden, as any gardener will tell you. Working outside is an opportunity to turn children's thoughts toward the Creator. "It's a joy to be able to work in such beautiful surroundings," Paul Rivera said as he looked toward the mountains. "We see waterfalls and rainbows nearly every day."

Patience, compassion, appreciation for nature and nature's Creator, as well as cooperation and sharing blessings, all can be learned in a garden—along with science, math, biology, and botany.

**“The kids have such enthusiasm when working in the garden.”**



**KAS students work in the garden. (Left) Students prepare new planting beds.**



## Teacher, Traveler, Social Worker, Friend: *Anita Johnson Mackey Turns 105*

BY CONNIE JEFFERY

**O**n Jan. 1, 2019, Anita J. Mackey celebrated her 105th birthday—a significant milestone for the distinguished, generous woman who loves her Lord, her church, and her friends.

Born in Riverside, Calif., as one of eight children, Mackey lost her mother at the age of 10 and was raised by her father, a descendant of United States President Andrew Johnson. Of European and African-American heritage, Mackey was subjected to racism and prejudice from her earliest years. Yet nothing deterred her. “My father always taught us you can overcome anything if you trust in the Lord,” she said.

At age 23, Mackey joined the Adventist church and, more than 80 years later, is still an active member of



**Anita Mackey, who celebrated her 105th birthday on Jan. 1, smiles inside her living quarters at Scholl Canyon Estates.**

the Vallejo Drive church in Glendale. She received her early education in California, earning a bachelor’s degree from the University of Redlands in 1937. She earned her master’s degree from the School of Social Service Administration at the University of Chicago in 1941.

Before attending graduate school, she accepted a teaching position in an elementary school soon after her marriage in 1937 to Harvey A. Mackey, a Chicago postal worker and son of an emancipated slave.

As a licensed clinical social worker, she worked for the Veteran’s Administration for 30 years in three cities: Chicago, as the first African-American supervisor in social service; Los Angeles, as the first African-American supervisor there; and Santa Barbara, as administrator of the Social Work Service Office. She also taught at various colleges and universities.

Mackey, who lives at Scholl Canyon Estates in Glendale, is proud of her Adventist heritage. “Faith is everything,” she said. “We have a wonderful message. I love the progressiveness of Adventist young people; they have a goal in life! I’ve always said, ‘You can’t be a true Adventist and be a nobody’ because your life—the way you eat, the way you dress, the way you talk, your education, all of it—reflects immediately who you are.”

Gwendolyn Collins, longtime friend and fellow resident of Scholl Canyon until 2017, attended Vallejo Drive church with Mackey each Sabbath. “She’s always relied on God for wisdom, especially in dealing with



**Anita Mackey poses for her photo in the Vallejo Drive church’s membership directory.**

the veterans she worked with for so many years,” Collins said. “Anita is a strong, independent woman. She’s an extremely generous person, as well.”

Jim Brown, president of Western Adventist Foundation, has known Mackey since 1999. “She’s a very intelligent, interesting, and dignified woman,” he said. “She has spent so many years assisting individuals through her career in social work, and it has been a joy for me to be able to assist Anita.”

Mackey has traveled extensively, visiting all seven continents and more than 130 countries and islands. Wherever she went, wherever she worked through the years, “I was not only representing myself, but the faith I believed in,” she said.

Happy 105th birthday, Anita. May God continue to bless you in the year ahead!

PHOTO BY ONLOCATION CREATIONS PHOTOGRAPHY



Kevin Morris, White Memorial church associate pastor (left), watches as Orville Ortiz, Southern California Conference treasurer/CFO, presents a \$10,000 check to WMC treasurer Linda Calalang.



Church members volunteer at the registration table during the health fair.

## Divine Power Graces White Memorial Church Centennial

BY CONNIE JEFFERY

“What an awesome and wonderful gathering of 1,200 saints at White Memorial church!” said Nemuel Enriquez, coordinator of the church’s centennial celebration in October.

Members from past and present gathered to celebrate White Memorial church’s (WMC) legacy and mission. The jam-packed weekend was themed “Homeward Bound.”

The celebration began with an open house on Friday morning. Chaplain Edgar Urbina, director of spiritual care services at Adventist Health White Memorial (AHWM), gave an inspiring message about the birth and existence of White Memorial Medical Center and the College of Medical Evangelists. During the open house, Urbina anointed several church pastors, officers, and members, rededicating them for their ministry in Boyle Heights and beyond.

The Sabbath morning worship hour brought revival, with inspirational music, corporate prayer, and baptisms. The blessings flowed in as Orville Ortiz, Southern California Conference treasurer/CFO, presented \$10,000 to honor—and encourage—the church’s

evangelistic efforts. “The gift was to assist their ministry and outreach programs in the community,” Ortiz said, “so they can continue representing Christ as they have for so many years.”

George Johnson, assistant to the president of the Central California Conference, brought the morning’s message. “This world is not our final home,” he reminded attendees. “A second Pentecost must be experienced in our individual hearts that we may be prepared for our flight to heaven with Jesus Christ and His holy angels.”

On Sabbath afternoon, the focus shifted to outreach and community. Ultrasound screenings were offered free to church members and the community. Musicians from various churches participated in a sacred music festival, followed by social fellowship and games after sundown.

The next day, members and friends of WMC enjoyed a 5K fun run, badminton, basketball, and volleyball games. A community health fair was offered in collaboration with AHWM’s spiritual care services, organized by Esther Ong of AHWM and Landa Piy of WMC. Valuable health resources

and screenings were available to all throughout the day.

According to Enriquez, the fair was a fitting way to end the weekend. “Community outreach is one of the most excellent ministries of WMC,” he said, “and it’s one of the reasons why this church has existed for 100 years and counting.”

Gerard Kiemeny serves as SCC Los Angeles Metro Region director. “The 100th anniversary of the White Memorial church exemplified the diversity of the church unified around the mission of Jesus to seek and save the surrounding community,” he said. “Education, congregation, and hospital ministry were synchronized to reach the diverse community with the good news of Jesus.”

Those who attended saw the hand of God at work. “The music, spiritual messages, and festivities during the weekend seemed to be orchestrated by a divine power coupled with humble human effort,” said Enriquez.

Benjamin Del Pozo, senior pastor of WMC, summed up the centennial perfectly: “The Holy Spirit has kept us alive through the years. To Him be all the glory for White Memorial church!”



An honor guard from Vandenberg Air Force Base leads the procession and posts the colors, while the congregation stands for the national anthem. (Top right) Pathfinder Hudson Lowe thanks WWII veteran Walter Easley after placing a medallion around his neck. Each veteran received a specially minted medallion for the occasion. (Bottom right) After a moving flag-folding ceremony, the U.S. flag is presented to Marilyn Crane, widow of honoree Michael Crane, MD, captain, U.S. Army.



PHOTOS BY DANNY STTO

## Camarillo Church Remembers on the 100th Anniversary of Veterans Day

BY CONNIE JEFFERY

The scent of smoke was heavy in the air as the Camarillo church observed the 100th anniversary of Veterans Day on Sabbath, Nov. 10. The twin tragedies of the Thousand Oaks shooting on Nov. 7, followed within hours by fires that ravaged Ventura and Los Angeles counties, were on the speakers' minds and in the hearts of the veterans, their families, and church members who gathered to honor 30 veterans in attendance for the milestone anniversary.

In his invocation, David Wilson, the senior pastor of the local Assembly of God church and a United States Army veteran, said, "Lord Jesus, we pray not only Your blessing on our time as we give honor to those whom honor is due, but that we remember those who have sacrificed—not just those in our military services but those in law enforcement and our firefighters on the line this very moment."

Congresswoman Julia Brownley

presented the keynote address. "As a community, while we are grieving today, it is also imperative that we join together to pay tribute to the brave men and women who have served our nation in uniform with honor and distinction," she said. In her address, she recognized the true cost of freedom. "They missed birthdays, weddings, anniversaries, first days of school, so that others could celebrate those same treasured moments," she said.

Pastor Lonnie Melashenko, former speaker of Voice of Prophecy, spoke in his homily of the importance of remembering. "Veterans Day is a day when we pause to remember to remember," he said. "We pause to remember that we are free to pray; we're free to worship; we're free to speak; we're free to assemble; and we're free to vote, because of the sacrifices of these men and women who are truly heroes."

Kelvin Loh, physician and Camarillo

church member, started planning the celebration nearly one year ago. A Vietnam veteran who served as a major in the U.S. Army Medical Corps, Loh has a special burden on his heart for all Vietnam veterans. "To have an opportunity to honor all our veterans is a privilege that I cannot forgo," Loh said. "It helps us to recognize the sacrifice they made and to restore the dignity of veterans."

From World War II and Vietnam veterans to men and women in active service, all were remembered and honored.

Melashenko closed with prayer: "Lord, we also stop here and remember Calvary—what You did for us, the suffering You endured on the cross for us. May we keep our eyes focused on You, so that when that day comes, we will be found faithful, as we remember to remember."



# Saniku East-West Language School Celebrates 50 Years of Mission

BY LAUREN ARMSTRONG

On Nov. 17, students, families, staff, alumni, and friends gathered at South Bay Junior Academy in Torrance to celebrate 50 years of Christian education at Saniku East-West Language School, often referred to as Tozai. The school provides supplemental classes for students in kindergarten through ninth grade whose families want them to receive a Japanese education in addition to the education they receive at American schools.

The school originally started as an outreach ministry of the Gardena church's Japanese department. "Fifty years ago, You called a group of men and women, from the east to the west, to proclaim God's message to the people here in Southern California," prayed Ataru Nakagawa, pastor at the Gardena Japanese-American church, during the service.

The program was filled with history, reflecting back on the school's founding in 1968 by a dedicated couple, Akira and Taeko Nakamura, who were in attendance at the anniversary celebration. The school has since grown to three campuses: Gardena, Costa Mesa, and Rolling Hills.

"To establish a school is not an easy task," said Southern California Conference President Velino A. Salazar, addressing the founders. "Not just

**A recent graduate shares how she benefited from her experience at the school. (Far right) Rodney Tanaka, representative from the Gardena mayor's office, presents a certificate of congratulations to Headmaster Chris Ishii for the school's milestone anniversary.**



PHOTOS BY DENNIS IMAI

students are needed, but also vision, perseverance, patience, hard work, and excellence. You demonstrated this, and we are grateful. We are praising God for you."

Hiroki Matsuo, deputy consul general of Japan, pointed out the far-reaching significance of the school—the bridge it represents between east and west, Japan and America. He confirmed that students who return to Japan bring a good report after receiving education at Tozai.

Current students and recent graduates expressed their appreciation for all that the school has done for them. Upon returning to Japan, students felt more prepared than their peers as a result of their experience at Tozai. Alumna Tomohiro Matsukuma expressed the importance of the school's cultural impact, sharing that "bicultural" is a much broader concept than "bilingual."

City and county officials who were not able to be present sent letters of commendation. The mayors of both Irvine and Fountain Valley expressed their congratulations, as did Los Angeles County Supervisor Janice Hahn, who sent a certificate of congratulations on behalf of the county.

Ann Rosch was former head of the school's parent association. "I recognize the passion and hard work of teachers now and then, as they aimed and hoped high for our children's education," she said.

Board chairman Winston Dennis recognized Headmaster Chris Ishii, pointing out his insight and leadership, and Rodney Tanaka, representative from the Gardena mayor's office, presented a certificate of congratulations to Ishii. "Unfortunately, I never attended," Tanaka said with a chuckle. "I should have!"



*Holbrook Indian School (HIS) is a place of hope and opportunity for the Native American youth who come with unimaginable challenges. HIS nurtures the creative spirit of students by teaching them how to express themselves through art. Laqueta, a 10th-grader, wrote this spoken word about the battles she has endured and the victory of knowing Christ's love. She is vulnerable, courageous, and a strong leader of other students.*

# What is *Life*?

BY LAQUETA

I ask God, "Why me?"  
But no answer every time I ask.  
People around me say He is there,  
But no, you see,  
I ask where that still, small voice is  
But no one really knows.  
So I guess it comes and goes  
Waiting to be heard,  
Waiting to be called upon,  
Waiting for people to actually listen.

They say His love is unconditional.  
They say He'll never fail,  
But how would you know it's for real?  
Bible stories? Testimonies?  
I never had a father tell me  
What is right from wrong.  
The fact is I never really knew God  
Until losing my mom.

It made a difference in my life  
in a bad way,  
To the point where I started  
Cutting and getting depressed.  
I was grieving in the wrong way.  
It was hard dealing with the recession;

I didn't know how to let her go.  
I felt like it was my fault,  
My fault she was gone.  
I blamed myself for so long,  
I started using a bong.  
It only lasted for a while,  
Caught up in the thought that  
I wasn't thinking about my actions.

I kept asking questions,  
I had to find answers myself.  
So I looked and looked;  
I put God on a shelf.  
Then I remembered the Book,  
The Bible.  
I finally realized that it was Him  
I needed;  
Now I wait for His arrival.  
But I still question the thought of my  
mother and father going to heaven,  
Will they make it?  
Was it too late?  
So I pray to God they will.

Seeing these years go by so fast,  
I realized that it was all for a reason.

The reason is to make me stronger,  
To encourage those like me,  
To help those who are weak,  
To serve God in a way like no other.

We all have a role to gather  
as many followers  
Before sin takes over.  
But some ...  
They're coming along, but slowly.  
We need each other for the battle;  
We need His help as well.  
So that is why we go to Chapel.

Sin is like a bombshell;  
It will explode sooner or later.  
Satan is waiting for the right time,  
A time when you are at your lowest.  
He took away my parents,  
He took away the thought  
of me being enough,  
He took away my courage,  
He took away my love.  
He sure got the best of me.

But now ... Now he is regretting it.



Holbrook Indian School (HIS) is a first-through twelfth-grade boarding academy operated by the Pacific Union Conference of the Seventh-day Adventist Church. HIS also manages a first-through eighth-grade day school on the Navajo reservation in Chinle, Arizona. Eighty percent of funding comes from individuals who have a desire to support Native American ministries and Christian education. Your generosity makes a difference in the lives of our students, their families, and the communities they serve. **Thank you for your support.**



**DEVELOPMENT DEPARTMENT**  
P.O. Box 910  
Holbrook, Arizona 86025-0910  
(928) 524-6845 (Ext. 109)  
Development@hissda.org  
HolbrookIndianSchool.org



“We all  
have a role  
to gather  
as many  
followers.”



# HOLBROOK INDIAN SCHOOL

A Seventh-day Adventist Boarding Academy Serving Native American Youth Since 1946



Fresno Westside church's Praise in Motion team opens the Sabbath morning worship with movement to the music.

PHOTOS BY TERRELL FRENCH

## Members Grow Stronger through Service *at the 35th Annual CCC African American Convocation*

BY SUE SCHRAMM

**T**he 35th-annual Central California Conference (CCC) African American Convocation was held at the Fresno Westside church Sept. 14-16. Recommitment to Christ, soul winning, and training for ministry are the three major components for evangelism.

That is why the African-American Advisory Council (3AC) and its leadership chose the theme "Growing Stronger through Service" to remind members of the purpose for which they are called by God.

"Not only was the convocation about growth, but it was also a celebration—highlighting ministry, honoring leaders, and showcasing God's people coming together," explained Steve Horton, vice president for CCC ministries, who served as convocation coordinator. "A conference-level director of African-American ministries is involved in so many tasks, with pastoring churches, planning regional events,

and attending meetings. The 3AC is in place to support the director and make everything happen."

Opening night began with a strong emphasis on prayer. With her prayer team, Joyce Mulligan, CCC prayer ministries director, shared how praise and prayer can unlock the Holy Spirit's power. The team led a season of praise from A to Z, a time of confession, and intercession for prayer requests. Mulligan invited all of the pastors to come forward to be prayed over by leaders and members. Requests were made for revival and the outpouring of and surrender to the Holy Spirit. Earl Canson Jr., Fresno Westside church

pastor, was even surrounded in prayer by those preparing the meals in the kitchen.

Tracy Anthony and the entire music team were empowered by the Holy Spirit. The music was a worshipful experience from start to finish.

"The carefully chosen theme 'Growing Stronger through Service,' spoke to the CCC vision statement—Reflecting Christ: Transforming Communities," said Ramiro Cano, CCC president. "By extending the hand of love and service, the character of Christ is made manifest and offers a transformative influence upon both the giver and the



**(Right) Cedric Belcher Sr., pastor of the Northside church in St. Louis, speaks on Sabbath morning. (Far right) Darriel Hoy, Nevada-Utah Conference director of children's and youth ministries, engages the youth in a sermon demonstration during Morning Manna.**



recipient. It is only through service that the love of heaven can be interpreted on this side of eternity."

Guest speakers Ainsworth Keith Morris, pastor of the Kansas Avenue church in Riverside, Calif.; Darriel Hoy, director of children's and youth ministries in the Nevada-Utah Conference; and Cedric N. Belcher Sr., pastor of the Northside church in St. Louis, spoke with power and conviction.

During the Sunday morning workshop, more than 48 people were trained as Bible instructors by the Bible Instructors Guild (B.I.G.), a ministry organization of the Pacific Union Conference (PUC) regional ministries department.

"As this training component

**"The carefully chosen theme 'Growing Stronger through Service,' spoke to the CCC vision statement—Reflecting Christ: Transforming Communities."**

grows, so will opportunities. There are plans to add training in the areas of spiritual growth, group leadership, and reaching youth and young adults through social media," said James Scarborough, pastor of San Francisco's Rainbow and Philadelphian churches, and incoming CCC African-American ministries director. He assumed the

position of director when Frederick Anderson stepped aside after serving for many years.

Virgil Childs, director of the PUC Office of Regional Ministries for African-American Affairs, presented Anderson with the Barack Obama Community Engagement Award. The award was initiated to affirm African-American leaders throughout the union who have made an impact through service to the church and the community. Anderson is the first recipient from the CCC.

"Ministry doesn't just happen," said Childs. "Each conference's regional directors or coordinators support the pastors and congregations in developing church growth as they become actively involved in the communities they serve."

Cano thanked Anderson for his many years of service. "Well done," he said. "Your time has been a gift of God

**The Quiz-a-Rama continues to be a draw for youth and young adults at every convocation. Team Merced took first place this year.**





**CCC President Ramiro Cano (with microphone) dedicates James Scarborough (next to Cano), for his new role as CCC African-American ministries director. His wife, Althea, is standing to the right.**

to us. It was truly an investment that will yield dividends for eternity. And for that, we say thank you." The group laid hands on Anderson and Scarborough as they prayed for them.

Scarborough looks forward to serving in his new role. "I see myself as a leader who empowers, encourages, equips, and mentors leaders and members to grow as they use their

spiritual gifts to serve and make disciples for Christ," he said.

Since 1983, CCC convocations have been a time to worship God, to be edified by His word, to be filled with His Spirit, to fellowship together, to encourage one another, and to be motivated to do the work of spreading the gospel across diverse communities.

"Coming together to be the hands and feet of Jesus, we are experiencing that service does, indeed, result in personal and corporate growth," said Cano. "Now more than ever we need to live and exemplify the oneness expressed in Jesus' prayer in John 17."

**Thirsty?**  
**COME**  
To the **WELL**

featuring

**DR. HYVETH WILLIAMS**      **SHANTEL SMITH**

**CHRISTIAN WOMEN'S RETREAT**  
A MINISTRY OF THE CENTRAL CALIFORNIA CONFERENCE

JANUARY 25-27, 2019 | TENAYA LODGE AT YOSEMITE FISH CAMP  
REGISTER ONLINE: [CENTRALCALIFORNIACONFERENCE.COM/WOMENS-RETREAT](http://CENTRALCALIFORNIACONFERENCE.COM/WOMENS-RETREAT)  
PAT CURTIS: 559-642-2396 OR [2PATCURTIS@GMAIL.COM](mailto:2PATCURTIS@GMAIL.COM)



# *A Tribute: Frederick Anderson* Lives a Life of Faith and Service

BY SUE SCHRAMM

**A**fter many years of service, Frederick Anderson is stepping down from his role as Central California Conference African-American ministries director. Although he didn't set out to be a pastor, he ended up following God's call and answering his mother's prayers.

Born in Greenville, S.C., Anderson was raised with eight siblings by parents, Joseph and Annette, who were faithful, committed, and active members of the Adventist church. His grandfather, Javan, had been a pioneer member and builder of the Jacksonville, Fla., church.

After his father served in WWII, he moved the family to Greensboro, N.C., where Anderson attended church school for eight years. At age 12, Anderson was baptized in the South Atlantic Regional Conference. Finishing high school at 15, he went on to Oakwood College (now University). His mother prayed and advised him that he would make "a good preacher," but preaching was the last thing Anderson wanted to do. However, his two years at Oakwood helped establish his biblical foundations.

Anderson's parents desired an Adventist education for their children, which moved the family to the Bronx, N.Y.

Pivotal changes in 1964 led Anderson to Omaha, Neb. Anderson enrolled and graduated from the University of Nebraska with majors in history and economics. He was mentored by James D. Parker in soul winning, evangelism, and pastoral work at the Omaha church.

Following God's call, he was led to join the faculty of Loma Linda University. Leaving his mark in

Southern California, Anderson helped establish the Soul Church for La Sierra University students and an innovative collegiate Sabbath School for Loma Linda University medical students.

He then left to join the faculty of Hartnell College in Salinas, Calif. Anderson began as a media director and a librarian and eventually became a computer information science professor, continuing for 28 years.

Although an active member of the Seaside Community church, something was missing in Anderson's life: pastoral service, which was an unanswered prayer of his mother. Her answer came in the form of an invitation from the Seaside church and Steve Horton, then CCC vice president of church ministries. Anderson accepted the invitation to become the church's bi-vocational pastor.

Reflecting on his life of service—and the prayers of his mother—Anderson said: "We should never stop praying because prayers are answered in due season."

Three times he heard and followed God's clear calling: moving to Nebraska as a 19-year-old; joining the faculty of



**Central California Conference President Ramiro Cano shares his appreciation for Fred and Marla Anderson's never-ending contributions to the Central California Conference.**

Loma Linda University; and becoming the pastor of the Seaside church. Anderson's calling was confirmed when he was ordained to the gospel ministry on Sept. 20, 2008.

A year prior, he became the director of CCC's African-American ministries with the support of his wife, Superior Court Judge Marla Osborne Anderson, and their three adult children.

"We are eternally grateful for the faithful and sacrificial service that Fred Anderson gave to Central's African-American ministry. This was done while pastoring the church in Seaside," said Ramiro Cano, CCC president. "Our challenge is the large territory, requiring much travel. Heaven will give ample evidence of the impact of Fred's service in the hearts of those he served."

## **Of Tithe and Chocolate: Dripping with Blessings**

Although he experimented with cocoa and sugar, his candy-making attempts were far from "sweet." In fact, he had failed so miserably in two candy enterprises, his uncle refused to provide him another loan. Milton S. Hershey was penniless, an elementary school dropout, and a failure twice over. . . . Read the rest of the story of how tithe made the difference on the Central California Conference website at [www.centralcaliforniaadventist.com](http://www.centralcaliforniaadventist.com).



La Sierra University Provost Joy Fehr asks questions about a virtual reality program in the university's new VR+AI Lab.



## New Lab Lets La Sierra Students Explore *Virtual Reality, Artificial Intelligence Careers*

BY DARLA MARTIN TUCKER

La Sierra University computer science majors and other students now have an opportunity to prepare for careers in virtual reality and artificial intelligence sectors, which analysts predict will grow exponentially over the next several years.

On Nov. 8, the university's department of computer science celebrated the opening of a new virtual reality and artificial intelligence lab in Price Science Complex that will allow students to explore these technologies through virtual game play and research. The VR+AI Lab includes a virtual reality headset, 15 powerful graphics computers, and a large screen television. It is outfitted with nearly 1,000 multicolored LED lights that are Wi-Fi-connected and controllable from a mobile phone or computer. The

lights, which track around the edge of the room at the ceiling and spell out the lab's name in letters on a wall, are controlled by a custom-programmed microprocessor. They are designed to activate and produce a colorful show whenever a person enters the lab.

"The lab allows students to have direct experiences in working with the virtual reality environment and to design and build automated intelligence electronic devices," said Enoch Hwang, chair of the department of computer science.

"These two different skill sets are highly sought for in the job market."

**Enoch Hwang, computer science department chair at La Sierra University, answers questions during the Nov. 8 grand opening of the department's virtual reality and artificial intelligence lab.**





According to industry forecasts this year from leading international research firms Gartner, Inc. and Transparency Market Research, global business value derived from artificial intelligence is expected to reach \$3.9 trillion by 2022, while the market for virtual and augmented reality products and services is expected to hit \$547.20 billion by 2024. Health care, in particular, is expected to be a key consumer of virtual and augmented reality in its quest for better treatments.

The La Sierra VR+AI Lab is the result of two years of brainstorming on the part of computer science faculty and students. Donors covered much of the costs and provided equipment. Hwang spent the summer designing and programming the lab's Wi-Fi-linked lights display and preparing the lab for the start of school.

The lab hosted a computer science seminar during fall quarter with 11 computer science students who investigated and learned how to develop virtual reality programs. Additionally, a new four-unit directed studies class is offered to provide more in-depth research.

Junior computer science majors Cody Johnson and Christopher Friedrichsen are

**La Sierra University President Randal Wisbey, background, joins other administrators, faculty, staff, and students in exploring a new virtual reality and artificial intelligence lab during its grand opening.**

## “These two different skill sets are highly sought for in the job market.”

pursuing directed study projects and will delve further into the science of virtual reality during winter quarter through ongoing research with Hwang.

“The most interesting aspect of virtual reality is its potential,” said Friedrichsen, who is interested in game design and development. “Its ability to make a virtual world, a virtual setting, react as the real world reacts in relation to a user distinguishes it from any other medium in existence.”

According to Hwang, the lab's virtual reality capabilities are set up to pique the interests of young people, many of whom are interested in video games. “This VR lab is not only a show piece to attract these young people, but also provides the equipment and tools for our computer science students to learn how to write programs for the virtual reality environment,” he said.

The lab's artificial intelligence component ties in with the robotics work Hwang has engaged in over the past five years. That effort has involved yearly summer robotics camps for youth and robotics education opportunities for students. “But with this new lab, the students will be able to work on more advanced robotic research,” he said.

**Senior religious studies major Gregory Jhanapin tries a virtual reality video game during a grand opening celebration for the new VR+AI Lab in La Sierra's Price Science Complex.**



**CALENDAR**

**Arizona Conference**

**10 Days of Prayer** (Jan. 9-19) Phoenix Prayer Rallies "United in Prayer and Mission." Prayer events are being planned; watch local church news for updates. Final event will be Sabbath, Jan. 19, 4:00 p.m., Camelback church, 5902 E. Camelback Rd., Phoenix. Info: 480-888-6983 or AZPrayers@gmail.com.

**43rd Annual BIG Rally, "Go Forth in Jesus Name"** (Jan. 18-20) Fri., 5:30 p.m.; Sab., 8 a.m. and 2:30 p.m., lunch provided. Beacon Light Church, 2602 N 51st Ave, Phoenix. Sun., 9 a.m. Bible instructor training, Arizona Conference office, 13405 N Scottsdale Rd, Scottsdale. Info: 775-338-0858.

**La Sierra University Brandstater Gallery** will host

an exhibit of drawings by two female artists titled "Drawings from Coast to Coast: Ivana Quezada and Madeline Garner." Jan. 13-Feb. 7. The show opens with an artists' reception at 6 p.m. Free admission. Info: 951-785-2170 or visit <https://lasierra.edu/brandstater/>.

**The La Sierra University Orchestra will perform** a concert on Saturday, Jan. 26, 7 p.m. Info: 951-785-2036 or e-mail: [music@lasierra.edu](mailto:music@lasierra.edu), or visit <https://music-events.lasierra.edu/2018-2019-season>.

**Northern California Conference**

**Instituto Laico Adventista de California (ILAC)** (Jan. 20) 9 a.m.-4 p.m., Pacific Union College. Training for Spanish-speaking laypeople. "El Predicador y su Preparación Espiritual." Speaker: Dr. Ben Maxson. Info: [www.nccsda.com/ilac](http://www.nccsda.com/ilac).

**Church Clerk Orientation and Training** (Jan. 27) 9:15 a.m.-2:45 p.m., NCC Headquarters, 401 Taylor Blvd., Pleasant Hill. Lunch included. RSVP. Info: [clerk@nccsda.com](mailto:clerk@nccsda.com) or 925-603-5037.

**Junior/Senior Leadership Training** (Jan. 30-Feb. 1) Leoni Meadows. For those assisting at the Freshman/Sophomore Retreat, Feb. 1-3. Info: NCC Youth Department, 925-603-5080.

**Freshmen/Sophomore Retreat** (Feb. 1-3) Leoni Meadows. For academy, high school, and home school freshmen and sophomores. Info: NCC Youth Department, 925-603-5080. Turning Points Conference (Feb. 8-9) Lodi Academy, 1230 South Central Ave., Lodi. "Growing Relationships." Speaker, Jennifer Woody, associate pastor, Auburn church (Washington). Info: [www.nccsda.com/turningpoints](http://www.nccsda.com/turningpoints).

**Retiro de Matrimonio** (Feb. 8-10) Leoni Meadows. Hispanic Marriage Retreat. "Amor Perfecto en Relaciones Imperfectas." Speakers: Pastor Alfredo and Juanita Ruiz. Info: [www.nccsda.com/RetirodeMatrimonio](http://www.nccsda.com/RetirodeMatrimonio). Instituto Laico Adventista de California (ILAC) (Feb. 17) 9 a.m.-4 p.m. Pacific Union College. Training for Spanish-speaking laypeople. "El Arte de Hablar en Público." Speaker: Professor Pedro Morales. Info: [www.nccsda.com/ilac](http://www.nccsda.com/ilac).

**Pacific Union College Online MBA Start Date Jan.**

**5.** Start your MBA today. PUC offers a new 100% online MBA program in partnership with Southern Adventist University. Three start dates a year. Learn more at [puc.edu/MBA](http://puc.edu/MBA).

**Winter Quarter Begins** (Jan. 7). There is still time to begin your college journey at Pacific Union College. Apply and enroll now! Scholarships still available. To learn more visit [puc.edu/apply](http://puc.edu/apply)

or call Admissions at 707-965-6313.

**Halcyon – Encaustic, watercolors by Diana Majumdar** (Jan. 12) 7 p.m.-9:00 p.m. Rasmussen Art Gallery. Show runs through Feb. 10. Info: 707-965-6303.

**Winter Revival** (Jan. 22-25) 8 p.m. Dauphinee Chapel. PUC's winter quarter week of spiritual renewal for students, faculty, staff, and community.

**Pioneers Invitational Academy Basketball Tournament** (Jan. 23-26). PUC Prep and PUC host academies from all over the Pacific Union. All are invited to come cheer on the teams! Schedule will be posted at [puc.edu](http://puc.edu) the week of the tournament.

**College Preview Day** (Feb. 10-12). High school students experience classes and college events at PUC. Registration required. Travel assistance available. Info: Admissions Office, 800-862-7080 or [puc.edu/admissions/visit](http://puc.edu/admissions/visit).

**Southern California Conference**

**Installation of the Torah Ceremony** (Jan. 5) 3 p.m. Beth Bnai Zion, an Adventist group sponsored by the Ventura church and the West Region of SCC will conduct an Installation of the Torah ceremony. Veronica Springs Baptist church, 949 Veronica Springs Rd., Santa Barbara 93105. Info: 805-680-9660.

**Purpose Youth Sports Basketball League** (Jan. 6-March 17) 9-2 p.m. Sundays. For kids ages 4-14. South Pasadena Middle School. Register by Jan. 1. Contact: [info@purposeyouthsports.com](mailto:info@purposeyouthsports.com).

**Second Saturday Series Concert** (Jan. 12) 5 p.m. Organist John West. Admission is by free-will offering. Reception to follow. Glendale

NORTHERN CALIFORNIA CONFERENCE WOMEN'S MINISTRIES

*Turning Points*

**A Ministry for Every Woman: Our Daily Walk**

**February 8 & 9, 2019**  
**Friday 5:00-9:00 p.m. • Sabbath 8:00 a.m.-5:00 p.m.**

**Lodi Academy 1230 S Central Ave, Lodi**



**Guest Speaker**  
 Jennifer Woody  
 Associate Pastor,  
 Auburn Adventist  
 Academy  
 Church

*(Special Youth Track for Young Women)*

For more information or to register, visit [www.nccsda.com/turningpoints](http://www.nccsda.com/turningpoints), email [wmab@nccsda.com](mailto:wmab@nccsda.com) or call 916-642-9417.



City church, 610 E. California Ave., Glendale 91206. Info: 818-244-7241.

### UNITE Project Praise Night

(Jan. 12) 5:30 p.m. Glendale Korean church hosts UNITE Project Praise Night with speaker Jeremiah Mailingkas. Free food, raffle, praise, and worship. 4652 N. Eagle Rock Blvd, Los Angeles 90041. Info: Timothy Yun, 907-306-6491.

### SCC Prayer Ministries

**Coordinator's Meeting** (Jan. 27) 9:30-1 p.m. Light lunch provided. Vallejo Drive church, fellowship hall, 300 Vallejo Dr., Glendale 91206. Info: Janet Lui, 310-963-2578.

### Dr. Anthony J. Kelly Memorial Scholarship Golf Tournament

(Jan. 28) 9 a.m. The Greater Los Angeles Region (GLAR) hosts its Inaugural Golf Tournament to benefit the Anthony J. Kelly Memorial Scholarship Fund. Palos Verdes Golf Club, 3301 Via Campesina, Palos Verdes Estates 90274. To register or learn more, visit: [www.AJKMemorialScholarshipGolf.com](http://www.AJKMemorialScholarshipGolf.com).

### SCC Health & Spirituality Initiative Kickoff Training

(Feb. 2) 3-7 p.m. Health Ministry directors, team, and pastors who plan to participate in the Initiative for 2019-2020 should attend this Kickoff Training event at Olympic Korean church, 3300 W. Adams Blvd., Los Angeles 90018. To register, e-mail [Healthmin@sccsda.org](mailto:Healthmin@sccsda.org) or text 818-516-6508.

### Second Saturday Series

**Concert** (Feb. 9) 5 p.m. Featuring cellist Warren Hagerty, clarinetist Micah Wright, and pianist Rosa Li. Admission is by free-will offering. Reception to follow. Glendale City church, 610 E. California Ave., Glendale 91206. Info: 818-244-7241.

**WHOLE Conference** (Feb. 17) 8 a.m.-4:30 p.m. Sponsored

by the Camarillo church. Learn about the power of a plant-based lifestyle from some of the nation's leading experts. Rancho Campana High School, 4235 Mar Vista Dr., Camarillo, 93010. Register by Jan. 31 for the best price! Details and registration at [WholeConference.org](http://WholeConference.org) or call 805-377-2726.

### Pastor & Educator Summit

(Feb. 19) 8:30 a.m.-4 p.m. All SCC pastors and teachers are invited to the Summit. Lunch is provided. Glendale Adventist Academy auditorium, 700 Kimlin Dr., Glendale 91206. Info: 818-546-845.

## CLASSIFIED

### At Your Service

**California Adventist Federal Credit Union**, your "One Stop Finance Shop." Serving our Adventist Community for over 65 years with financial products and services, along with wealth-building education. Please visit our website at [www.SdacreditUnion.com](http://www.SdacreditUnion.com) for updates on all that CAFCU has to offer. Call our office to speak to our friendly staff or manager for additional information: 818-246-7241.

### Golden Oaks Village

retirement facility for self-sufficient SDA senior citizens 60 and older, located on the property of English Oaks church in Lodi, Calif. A lease agreement is available for a 2-BDRM, 1-bath, 850 sq. ft. apartment for \$102,340. Contact: Janis, manager 209-401-7444.

### Relocating? Apex Moving & Storage

has a National Account Contract with the GC for your moving needs. Take advantage of a volume-rated discount. Be assured you are moving with one of the best! Call Marcy at 800-766-1902. Visit us at [www.apexmoving.com/adventist](http://www.apexmoving.com/adventist).

### Sycamore Academy.

Enroll your student in a collaborative, interactive learning environment with online courses taught by certified, live, SDA instructors. Convenient and accredited homeschooling for grades 3-12. Classes Monday through Thursday. Self-paced. Project based curriculum. Open enrollment. Call 817-645-0895 or e-mail [info@sycamoreacademy.com](mailto:info@sycamoreacademy.com). Enroll at [sycamoreacademy.com](http://sycamoreacademy.com).

### Bulletin Board

**Canvasback Missions** needs three vehicles to transport volunteers and supplies as well as pull a food trailer delivering healthy produce and meals on the island of Majuro. Your tax-deductible donation of a running or non-running vehicle can help us share the love of God through health and healing! 800-793-7245, [info@canvasback.org](mailto:info@canvasback.org).

### Canvasback Missions is

looking for a part-time development director to help with their nonprofit work bringing specialty medical care to the islands of Micronesia. The position is responsible for Canvasback's fundraising, including the major gifts program, annual fund, planned giving, special events, and capital campaigns. For more information visit [www.canvasback.org/jobs](http://www.canvasback.org/jobs).

### Emergent Health Ministry

**Leaders Retreat** (Jan. 26-27) Greater Los Angeles Region Health Network is sponsoring a resource, training, and strategic planning retreat for current and emerging health ministry leaders. Teams encouraged to participate. Info: contact [sali.glarhealth@gmail.com](mailto:sali.glarhealth@gmail.com).

### God's Hands Ministries Cuba

**Mission Trip** (April 26-May 6, 2019) \$1,800 trip fee covers

Welcome Home to...

# SILVERADO ORCHARDS RETIREMENT COMMUNITY

Affordable, All-Inclusive Monthly Rent  
No Lease, Buy-ins or Add-ons

- Three Nutritious Meals Every Day
- Delicious, Fresh Salad Bar • Vegetarian or Clean Meat Options
- Activities & Excursions • Housekeeping • Transportation
- Health & Wellness Program • Hope Channel, LLBN and 3ABN
- Beauty Salon • Guest Rooms • And Much More...

"We're all about Family!"



 Family Owned Since 1978

**(707) 963-3688**  
[www.SilveradoOrchards.com](http://www.SilveradoOrchards.com)  
601 Pope Street, St. Helena, CA 94574



your plane ticket, visa, food, lodging, and transportation. Call Pastor Matt Hallam 307-677-0876 or John Jordana 801-390-5644 for more info! E-mail [thecommunityvineyard@gmail.com](mailto:thecommunityvineyard@gmail.com) for an application form.

### Employment

**Caregiver wanted** for young ladies' foster home. Live-in position plus salary, furnished in beautiful Brookings, Ore. Call Bob at 541-660-9313.

**Southern Adventist University School of Nursing** seeks a full-time faculty to join a mission-focused team. Teaching responsibilities will be primarily at the undergraduate level. An earned doctorate is preferred. Requisite qualities include successful teaching experience, interest in research, flexibility, and commitment to Adventist nursing education. The candidate must be a member in good and regular

standing in the Seventh-day Adventist Church. Send curriculum vitae or inquiries to search committee chair, Christy Showalter at [cshowalter@southern.edu](mailto:cshowalter@southern.edu). SAU School of Nursing, PO Box 370, Collegedale, TN 37315. For full job description, please visit [www.southern.edu/jobs](http://www.southern.edu/jobs).

**Andrews University Nursing Department** seeks full-time faculty. The Assistant/Associate Professor of Nursing holds a faculty appointment and has academic, service, and scholarship responsibilities consistent with the mission and philosophy of the Nursing Department. This individual demonstrates competence in didactic, clinical education, teaching, and curriculum development at the graduate and undergraduate levels. For more information visit [www.andrews.edu/admres/jobs/show/faculty#job\\_6](http://www.andrews.edu/admres/jobs/show/faculty#job_6).

**Union College** invites applicants for a Computing teaching faculty position beginning Fall 2019. Qualified applicants will have a Master's degree and excellent communication skills and should be a committed member of the SDA Church. PhD, teaching/business experience desirable. Find more information at [www.ucollege.edu/faculty-openings](http://www.ucollege.edu/faculty-openings) or contact Lisa Forbes at [Lisa.L.Forbes@ucollege.edu](mailto:Lisa.L.Forbes@ucollege.edu).

**Union College** seeks SDA full-time nursing faculty member. Teaching and/or clinical experience in medical-surgical nursing and pathophysiology preferred. Additional information can be found at [www.ucollege.edu/faculty-openings](http://www.ucollege.edu/faculty-openings). Send CV and references to Dr. Nicole Orian, [nicole.orian@ucollege.edu](mailto:nicole.orian@ucollege.edu).

**Union College**, Lincoln, Neb., seeks applicants for Director of Records/Registrar. The Director will ensure the integrity, accuracy, and security of academic and educational records of students and ensure compliance with regulatory agencies. Contact Dr. Frankie Rose at [frankie.rose@ucollege.edu](mailto:frankie.rose@ucollege.edu) or call 402-486-2501 for more information.

**Union College** seeks applicants for the position of Swimming Pool, Custodial, and Facility Maintenance Manager. This is a full-time, exempt position. This individual is responsible for all the functions of the

pool during business and closed hours each day of the week. Please see the full job description at [www.ucollege.edu/staff-openings](http://www.ucollege.edu/staff-openings) and submit requested materials to Ric Spaulding at [ric.spaulding@ucollege.edu](mailto:ric.spaulding@ucollege.edu).

### Events

**Friends and former students and colleagues of Adolph Grams** (formerly dean of men at PUC) are invited to send 100th birthday greetings to him at: Yakima SDA Church, 507 N 35th Ave, Yakima, WA 98902.

**NAD Health Summit 2019** (Jan. 20-26) "Healing of the Nations." Designed to provide training, networking, and inspiration for anyone involved with or interested in health ministries. Albuquerque, N.M. Register at [www.nadhealth.org](http://www.nadhealth.org). Info: 443-300-8845 or [summit@nadhealth.org](mailto:summit@nadhealth.org).

**The Association of Seventh-day Adventist Librarians** invites all SDA librarians and friends of libraries to attend the 39th annual conference in Silver Spring, MD, June 24-27. The conference will explore "Librarians Outside Libraries," with a special emphasis on what Adventist librarians are doing professionally outside of their offices, such as collaboration, teaching, research, mentorship, and more. Papers, posters, and presentation proposals accepted at [kvanarsdale@puc.edu](mailto:kvanarsdale@puc.edu) by Feb. 15, 2019. For more information about the conference, visit <https://www.asdal.org/conferences/>.

### For Rent

**Retirees: Enjoy our warm desert oasis.** Small, safe town located 45 minutes from Phoenix, Ariz. Cabin on private, secluded estate surrounded by citrus, pines, and mountain views. Our family is on site. \$1,700 monthly/or year lease. Utilities included. [godknowsyou@hotmail.com](mailto:godknowsyou@hotmail.com); 406 471-3768.

**GRADO**  
CONSTRUCTION INC.

Adventist-Owned and Operated  
[www.gradoconstruction.com](http://www.gradoconstruction.com) • (530) 344-1200

HAYWARD SPANISH CHURCH

From this ... .. to this!

Planning a new build or remodel of your church or school?  
Purchasing land and need complete development services?  
Need consulting services through the construction process?

**LET US HELP!**

At Grado, we strive to be the best value, full service, Design Build Construction Company in the Pacific Union. We offer many services to meet our clients' needs. We can keep your project on time and, most importantly, on budget. Plan well before you start! **Luke 14:28**

"Grado Construction certainly went above and beyond for the Hayward Spanish SDA Church. Their extra efforts and generosity made doing business with Grado a great experience."

Salvador Alvarado, head elder

California State Contractor License #940540

**Solutions**  
with YOU in mind

Reverse Mortgage  
Trustworthy Education

**Gayle Woodruff**  
Reverse Mortgage Specialist  
Certified Senior Advisor®  
Lending in all 50 states  
NMLS #69559

[gayle.woodruff@resolutefsb.com](mailto:gayle.woodruff@resolutefsb.com)  
**Call 888-415-6262**

RESOLUTE BANK  
Member FDIC

Member Bank NMLS #554207 | 400 Broadway Blvd., Suite 300, Missouri, 65110



## Real Estate

**Beautiful country house in Costa Rica** with 3 bedrooms, 2 bath, 1.3 acres with 25 different fruit trees. Circle driveway with automatic electric gate. 1.5 hours from San Jose. Adjacent acreage with creek also available. \$149,000. Call 760-305-9929. 220 acres of secluded Costa Rica rainforest for \$229,000. Call 760-305-9929.

### Four seasons country living.

House for sale on two and a half acres. Three bedrooms and a study; two and a half baths; central heating/air conditioning; two-car garage; large garden area with mature fruit trees and grape vines; fresh water well (55 gpm). Twenty miles to Oakhurst; 10 miles to Mariposa; 40 miles to Yosemite National Park. \$350,000. Call 559-760-3933; 559-683-2181; or e-mail: RealEstate@STI.net.

**Secluded 155-acre ranch near Redding, Calif.** Solar, spring water, orchard, creek, pond, shop. Main house has 3Bd/3Br; 1,300 sq.ft.; second home. \$750,000. Call Judy—please leave a message: 530-410-8525.

## Reunions

**Loma Linda Academy Alumni Weekend** (April 13-14, 2019). Honoring all classes ending in '04 or '09. Special honored 50-year class of 1969. For more details on your class reunion, visit [www.lla.org/alumni](http://www.lla.org/alumni).

**Mountain View Academy Homecoming Alumni Weekend** (April 12-13). Honor classes ending in '04 and '09. Friday dinner 5 p.m.; Vespers 7 p.m.; Registration, Sabbath 10 a.m.; roll call, 11 a.m., followed by Sabbath service with guest speaker, Rob Colon, senior pastor, Sunnyvale SDA Church.

## Vacation Opportunities

**2019 Great Controversy Tour** (June 21–July 3, 2019) with Dr. Gerard Damsteegt. See prophecies of Daniel and Revelation come alive! Visit Rome, Italy, and Reformation sites in the Waldensian Valleys, Switzerland, Germany, France. A most exciting experience! Call 269-815-8624, e-mail [gctours@mac.com](mailto:gctours@mac.com).

**2019-20 ADVENTIST TOURS.** Israel in Jesus' Steps June 2-10, 2019; New Testament Alive (Revelation's 7 Churches/Patmos/Greece) June 6-16, 2019; Bethlehem to Rome June 2-19, 2019; African Safari & Service July 14-26, 2019; Egypt to Israel Spring 2020; Thailand July 14-24, 2020. All tours are Adventist-led. \$1990+/person. For full info, contact [tabghatours@gmail.com](mailto:tabghatours@gmail.com) or [Facebook.com/TabghaTours](https://www.facebook.com/TabghaTours) or call Cindy Nash at 423-298-2169.

**2BR Condo in Honolulu, Hawaii**, relaxing & affordable. Minutes to beaches, Chinatown & hiking! Clean, comfortable, like new. Sleeps 6 comfortably. Furnished kitchen, washer/dryer & more. Free parking. Visit [honcentralsda.org](http://honcentralsda.org) and/or call 808-989-4910.

**Egypt Bible Tour** (Dec. 12-22, 2019) with Dr. Carl Cosaert of Walla Walla University. Discover the land of the pyramids, the Pharaohs, Moses, the Exodus, including a Nile cruise and more. Wonderful weather, meals, and accommodations for only \$2,425 plus airfare. For more information, Contact Sharon Searson at [Sharons@uccsda.org](mailto:Sharons@uccsda.org).

**Maui Vacation Condo in Kihei.** Relaxing & affordable. Only a 3-minute walk to the beach! 1-bdrm w/king bed. Clean, comfortable, well-maintained. Sleeps 4. Fully-furnished kitchen, washer/dryer & more!



**Encourage, Educate, Equip, and Empower** ADVENTIST WestPoint

**April 21-24, 2019**  
**RENAISSANCE RENO DOWNTOWN HOTEL**  
 One South Lake St. • Reno, NV

Register now at: [www.AdventistWestPoint.org](http://www.AdventistWestPoint.org)  
 For more Information call: 805-413-7264

Reimagine what community engagement can look like by utilizing technology, social service events, networking with community leaders, as well as traditional and progressive evangelistic methods.

**Early bird rate:** \$35 - Until January 31, 2019  
**Regular rate:** \$75 - February 1, 2019 until April 11, 2019  
**Daily rate:** \$40 per day

## Advertising

Advertising is accepted as a service to Seventh-day Adventist Church members in the Pacific Union. The Recorder management reserves the right to refuse any advertisement, especially ads not related to the needs and practices of the Church membership. Acceptance of any advertising shall be considered a matter of accommodation and not a matter of right, nor shall it be construed to constitute approval of the product or service advertised.

**Payment** in advance must accompany all classified advertisements or they will not be published. Display ads for known advertisers will be billed. To pay by credit card, please call 805-413-7280.

### How to Submit Advertising

Classified ads must be sent with payment to the Recorder office (Sali.butler@adventistfaith.com). Display ads should be arranged with the editor (info@adventistfaith.com).

### Classified Rates

\$70 for 50 words;

75 cents each additional word.

### Display Rates (Full Color Only)

Back cover, \$4,150; full page, \$3,750; 1/2-pg., \$2,220; 1/4-pg., \$1,190; 1/8-pg., \$600; \$155 per column inch.

### Information

Circulation is approximately 76,000 homes, and magazines are scheduled to arrive in homes by the last Thursday of the previous month. For more information about advertising, please click on the Advertising tab at [www.pacificunionrecorder.com](http://www.pacificunionrecorder.com), e-mail [info@adventistfaith.com](mailto:info@adventistfaith.com) or call 805-413-7280.

### 2019 Deadlines

These are the advertising deadlines for the Recorder. Your local conference news deadlines will be earlier.

March: February 4

April: March 4

## Contributions

The Recorder pages are assigned to the local conferences, colleges, and health care institutions, and all content comes through the communication departments in those organizations. If you have a news story/idea, calendar announcement, etc., please contact your local communication department.

See the masthead for contact information. Want tips for writing for us? See [www.dailywritingtips.com/the-art-of-writing-news](http://www.dailywritingtips.com/the-art-of-writing-news).

FREE parking, Wi-Fi, & calls to U.S./Canada. Friendly Kihei SDA church nearby. Visit us at: <<http://www.vrbo.com/62799>, e-mail: [mauivista1125@gmail.com](mailto:mauivista1125@gmail.com) or call Mark 909-800-9841.

### Sunriver, Central Oregon.

Four-bedroom vacation home on the North Woodlands golf course. Two master king suites, two queens one bunk set, hot tub, loft, Jacuzzi bath, gas log fireplace, BBQ, W/D, bikes, all resort amenities, sleeps 10, no smoking, no pets. For rates, photos, and reservations call: 541-279-9553, or e-mail: [schultz@crestviewcable.com](mailto:schultz@crestviewcable.com).

## AT REST

### Ashworth, Carolyn Louise (LaTourette) – b. Dec. 15,

1936, Los Angeles, Calif.; d. Nov. 7, 2018, Redding, Calif. Survivors: husband, Warren; sons, Brent, Eric, Tim; daughter, Linda; six grandchildren; brothers, Harvey, Richard; sister Barbara Donelle. Served with her husband as missionary in Ecuador and Argentina.

### Clark, Delores G. (Collins) – b.

Dec. 1, 1925, Lincoln, Neb.; d.

Sept. 25, 2018, Ukiah, Calif. Survivors: sons, John, Robert Blehm; four grandchildren; three great-grandchildren.

### Cochrane, Barbara Ann (Tina)

– b. Nov. 22, 1939, Oak Park, Ill.; d. Dec. 17, 2017, Martinez, Calif. Survivors: sons, Daniel Jones, Harvey Jones; stepson, Richard Cochrane; five grandchildren; seven step-grandchildren; one great-grandchild; four step great-grandchildren. Served as longtime executive administrative assistant to the Northern California Conference president; served as office manager of the Pleasant Hill church.

### Dillard, Wesley “Wayne” – b.

May 5, 1922, Bonnerdale, Ark.; d. Aug. 19, 2018, Oroville, Calif. Survivors: wife, Marie; son, James; brother, William; three grandchildren. Received five Bronze Star Medals for his heroic service during World War II.

### Dillard, William L. – b. Oct.

26, 1930, Bonnerdale, Ark.; d. Oct. 23, 2018, Gridley, Calif. Survivors: wife, Cheryl; son, Jerry; daughters, Renee, Karen; six grandchildren; three great-grandchildren. Served as a dentist.

**Dollinger, Leroy L.** – b. June 24, 1932, French Camp, Calif.; d. Sept. 5, 2018, Lodi, Calif. Survivors: wife, Gladys; sons, David, Steven; sister, Mavis Ballantine; four grandchildren; five great-grandchildren.

### Dutton, Terry Lee – b. March

5, 1933, Hung Tao, China; d. July 12, 2018, Paradise, Calif. Survivors: sons, James Jewkes, Robert Jewkes; daughters, Terri Watt, Stacey Watterson; 11 grandchildren; six great-grandchildren.

### Eller, Byron – b. Dec. 24,

1921, Merced, Calif.; d. Oct. 29, 2018, Loma Linda, Calif. Survivors: sons, Tom, Jeffrey, Kirk; daughters, Rebecca Murdoch, Diane Eller-Boyko; 12 grandchildren; seven great-grandchildren. He served as a medical missionary in Bangkok, Thailand. He was also one of Loma Linda University’s first resident anesthesiologists.

### Goldbeck, Karen Rae (Stern)

– b. Sept. 19, 1961, Napa, Calif.; d. July 30, 2018, Napa, Calif. Survivors: husband, John; sons, Eric, Ryan; mother, Audrey Stern; sister, Jodi Shavlik; one grandchild.

# Loma Linda Mini Maker Faire

- Public Event
- Over 120 Booths
- 2,500+ Visitors

**Do you have a hobby, career, or passion to share with young people? On April 7, 2019**

Loma Linda Academy will host the 2<sup>nd</sup> Annual Loma Linda Mini Maker Faire. Can you share educational, **hands-on experiences** for students in grades TK-12? People & organizations skilled in Science, Technology, Engineering, Math, Art, & Service are invited!

**No booth charge** for hands-on booths or presentations.

*Booth space is limited. Register today!*

**[www.lla.org/makerfaire](http://www.lla.org/makerfaire) • [makerfaire@lla.org](mailto:makerfaire@lla.org)**



**Hoenes, Russell L.** – b. Sept. 11, 1937, Niagara Falls, N.Y.; d. Oct. 26, 2018, Sonora, Calif. Survivors: wife, Sally; son, Greg; daughters, Kari, Marcella; seven grandchildren.

**Hollingsead, Marshall C.** – b. April 30, 1929, Lincoln, Neb.; d. July 20, 2018, Bakersfield, Calif. Survivors: wife, Ina; sons Marshall II, John; four grandchildren. Served as family medicine practitioner in Lamont, Calif.; active member on Pacific Health and San Joaquin Community hospital boards.

**Ike, Deana Marie** – b. April 30, 1923, Paris, Ill.; d. Nov. 2, 2018, Lodi, Calif. Survivors: daughters, Diane Gurash, Judy Jeffries, Debbie McCown; stepsons, Richard Barton, John Hoibraten; 15 grandchildren; 22 great-grandchildren; brother, James; sister, Donna Sikes.

**Jayne-Mize, Ruth** – b. Sept. 10,

1922, Magdeburg, Germany; d. Aug. 15, 2018, Napa, Calif. Survivors: sons, Don, Bob; two grandchildren.

**Macomber, Betty (Krueger)** – b. Feb. 22, 1932, McClusky, N.D.; d. Oct. 31, 2018, St. Helena, Calif. Survivors: husband, Edward; son, Todd; two grandchildren; three great-grandchildren.

**Macomber, Edward** – Dec. 21, 1927, Escalon, Calif.; d. Nov. 12, 2018, St. Helena, Calif. Survivors: son: Todd; two grandchildren; three great-grandchildren.

**Miller, MaryLynn (Custer)** – b. March 5, 1945, San Bernardino, Calif.; d. Nov. 21, 2018, Honolulu, Hawaii. Survivors: daughter, Raini Miller; brothers, Steve, Doug Custer.

**Nobis, David Walker** – b. Oct. 5, 1943, Sioux Falls, S.D.; d. Sept. 22, 2018, Apple Valley, Calif. Survivors: cousins, Kent Crowson, Jeff Bigelow, Brian Bigelow, Richard Nobis, Donald Nobis. He was a gifted painter and musician who used both talents to glorify God and bless others.

**Purdey, C. Duane** – b. Feb. 17, 1926, Auburn, Wash.; d. Oct. 13, 2018, Loma Linda, Calif. Survivors: sons, Donald, Vernon; daughter, Louise Holder; four grandchildren; three great-grandchildren; sister, Phyllis Nielsen. Served as business manager and teacher at Lodi; auditor for the Northern California Conference for small churches and schools.

**Putney, Bernard Wynn** – b. Oct. 23, 1939, Takoma Park, Md.; d. Sept. 20, 2018, Willows, Calif.

**Russell, Janice May (Underwood)** – b. April 23, 1939, Peoria, Ill.; d. Nov. 16, 2018, Roseville, Calif. Survivors: sons, Allen Foles, Eric Russell; daughters, Rochelle Foles, Debi Russell; nine grandchildren; five great-grandchildren; brother, Frank Dee Springer; sisters, Jeanette Underwood Watts, J. Suzanne Hayes. Served as a registered nurse and church parish nurse in Peoria, Ariz.

**Sajid, Muriel** – b. July 21, 1943, Pakistan; d. Nov. 5, 2018, Rancho Cucamonga, Calif. Survivors: sons, Alan, Eric; daughters, Anita Sajid-Torres, Ramona Sajid-Tyrus; 10 grandchildren; brother, Mark John; sister, Monica Inayat.

**Schimke, Wesley Harold** – b. Sept. 5, 1929, Harvey, N.D.; d. Oct. 26, 2018, Lodi, Calif. Survivors: wife, Lyda; daughters, Shelly Zinke, Candy Breitmaier, Susan Smith; seven grandchildren; 15 great-grandchildren.

**2019 Songwriting Contest**

**Adventist Songwriters** – You are invited to participate in the fifth inSpire songwriting contest! Pull your favorite homegrown songs out of the closet and expose them to the world! We're focused on singer/songwriter style songs that describe some aspect of spiritual growth and joy!

Be prepared to submit a Smartphone video of your song.

Submission dates:  
**January 13-31, 2019**

For more details and submission info go to:  
**[visitinspire.org/songwriting](http://visitinspire.org/songwriting)**

*An initiative of Pacific Union Conference Church Support Services*

# Nondiscrimination Policy Statement

The Seventh-day Adventist Church, in all of its church schools, admits students of any race to all the rights, privileges, programs, and activities generally accorded or made available to students at its schools, and makes no discrimination on the basis of race, color, ethnic background, country of origin, or gender in the administration of education policies, applications for admission, scholarship or loan programs, and extracurricular programs.

## Nondiscrimination Listing 2018

### Arizona Conference

Adobe Adventist Christian School  
Cochise County Adventist Christian School  
Desert Valley Christian School  
Glenview Adventist Academy  
Maricopa Village Christian School  
Prescott Adventist Christian School  
Saguaro Hills Adventist Christian School  
Thunderbird Adventist Academy  
Thunderbird Christian Elementary School  
Verde Valley Adventist School  
Yuma Adventist Christian School

### Central California Conference

Armona Union Academy  
Bakersfield Adventist Academy  
Central Valley Christian Academy  
Chowchilla Adventist Elementary School  
Dinuba Junior Academy  
Foothill Adventist Elementary School  
Fresno Adventist Academy  
Hollister Adventist Christian School  
Los Banos Adventist Elementary School  
Miramonte Adventist Elementary School  
Monterey Bay Academy  
Mother Lode Adventist Jr. Academy  
Mountain View Academy  
Peninsula Adventist School  
San Francisco Adventist School  
Sierra View Junior Academy  
Templeton Hills Adventist School  
Valley View Junior Academy  
VHM Christian School

### Hawaii Conference

Adventist Malama Elementary School  
Hawaiian Mission Academy (9-12)  
Hawaiian Mission Academy Ka Lama Iki  
Hawaiian Mission Academy-Windward Campus  
Kahili Adventist School  
Kohala Adventist School  
Kona Adventist Christian School  
Maui Adventist School  
Mauna Loa School

### Nevada-Utah Conference

Abundant Life Christian Academy  
Bishop Seventh-day Adventist Elementary School  
Deamude Adventist Christian School  
Fallon SDA Elementary School  
Las Vegas Junior Academy  
Riverview Christian Academy  
Summit Christian Academy  
Susanville Adventist Christian School

### Northern California Conference

Adventist Christian Elementary School of Red Bluff  
Adventist Christian School of Yuba City  
Bayside SDA Christian School  
Chico Oaks Adventist School  
Clearlake SDA Christian School  
Crescent City SDA School  
Echo Ridge SDA Elementary School  
El Dorado Adventist School  
Feather River Adventist School  
Foothills Elementary School  
Fortuna Junior Academy  
Galt Adventist Christian School  
Hilltop Christian School  
Humboldt Bay Christian School  
Lodi Academy  
Lodi Adventist Elementary School  
Magalia Adventist School  
Middletown Adventist School  
Napa Christian Campus of Education  
Orangevale SDA School  
Pacific Union College Elementary School  
Pacific Union College Preparatory School  
Paradise Adventist Academy  
Pine Hills Adventist Academy  
Pleasant Hill Adventist Academy  
Redding Adventist Academy  
Redwood Adventist Academy  
Rio Lindo Adventist Academy  
Sacramento Adventist Academy  
Tracy SDA Christian Elementary School  
Ukiah Junior Academy  
Vacaville Adventist School  
Westlake SDA School  
Yreka Adventist Christian School

### Southeastern California Conference

Calexico Mission School  
Desert Adventist School  
El Cajon SDA Christian School  
Escondido Adventist Academy  
Hemet Adventist Christian School  
Laguna Niguel Junior Academy  
La Sierra Academy  
Loma Linda Academy  
Mesa Grande Academy  
Murrieta Springs Adventist Christian School  
Needles SDA School  
Oceanside Adventist Elementary School  
Orangewood Academy  
Redlands Adventist Academy  
San Antonio Christian School  
San Diego Academy  
Valley Adventist Christian School  
Victor Valley SDA School

### Southern California Conference

Adventist Union School  
Antelope Valley Adventist School  
Conejo Adventist Elementary School  
East Valley Adventist School  
Glendale Adventist Academy  
Linda Vista Adventist Elementary School  
Los Angeles Adventist Academy  
Newbury Park Adventist Academy  
Ridgecrest Adventist Elementary School  
San Fernando Valley Academy  
San Gabriel Academy  
Simi Valley Adventist School  
South Bay Junior Academy  
West Covina Hills Adventist School  
White Memorial Adventist School

### Pacific Union Conference Operated School

Holbrook Seventh-day Adventist Indian School



**Thompson, Olive Ann** – b. Feb. 14, 1926, Los Angeles, Calif.; d. July 18, 2018, Napa, Calif. Survivors: daughter, Marcy; two grandchildren; two great-grandchildren.

**Van Order, Henry** – b. March 8, 1919, Safford, Ariz.; d. Oct. 27, 2018, Paradise, Calif. Survivors: son, David; daughter, Natasja Chardar; three grandchildren; two great-grandchildren.

**Willard, Barbara Ruth (Hastings)** – b. Aug. 11, 1926, Battle Creek, Mich.; d. June 25, 2018, Cottonwood, Ariz. Survivors: sons, Keith, Kirk; daughters, Karen, Kathleen; eight grandchildren; brother Ronald Hastings; sister, Norma Huckaby. Served as school nurse at Loma Linda Elementary and Academy.

**Willard, Rodney Ellsworth** – b. July 21, 1927, Sanitarium, Calif.; d. Aug. 24, 2018, Cottonwood, Ariz. Survivors: sons, Keith, Kirk; daughters, Karen, Kathleen; eight grandchildren; brother, Dudley; sister, Marilyn Anderson. Served on the faculty in the department of pathology at Loma Linda University; served as director of clinical chemistry and as director of clinical laboratories for the Loma Linda University hospitals.



**WellChurches**  
Health & Spirituality  
Info & Training Session

**READY,  
GET SET,  
GO!**

**Program Highlights**

**FEBRUARY 2**  
3-7 P.M.

**WHAT IS IT LIKE?**  
Experiences of conducting a year-round health ministry

At  
**OLYMPIC KOREAN SEVENTH-DAY ADVENTIST CHURCH**

3300 W. Adams Blvd.  
Los Angeles, CA 90018

**WHAT IS IT?**  
Overview of WellChurches Health & Spirituality Initiative

**WHY DO IT?**  
Health & Spirituality Research

**Planning to attend?**

Please RSVP to reserve your seat, materials and refreshments!

**HOW IS IT DONE?**  
Training: Planning a Year-Long Health Ministry Program

RSVP to  
healthmin@sccsda.org  
by January 28, 2019.

Sponsored by  
Southern California Conference of Seventh-day Adventists  
HEALTH MINISTRIES

**Sunset Calendar January 2019**

City	Jan. 4	Jan. 11	Jan. 18	Jan. 25
Alturas	4:46	4:53	5:01	5:10
Angwin	5:01	5:08	5:09	5:16
Bakersfield	4:56	5:093	5:09	5:16
Calexico	4:49	4:55	5:01	5:08
Chico	4:56	5:03	5:10	5:18
Death Valley (Furnace Ck)	4:45	4:52	4:58	5:06
Eureka	5:02	5:09	5:17	5:25
Four Corners [E]	5:12	5:19	5:26	5:33
Fresno	4:56	5:02	5:09	5:17
Grand Canyon (South Rim)	5:34	5:40	5:47	5:54
Half Dome	4:52	4:58	5:06	5:13
Hilo	5:54	5:59	6:04	6:08
Holbrook	5:28	5:34	5:41	5:48
Honolulu	6:03	6:07	6:12	6:17
Joshua Tree	4:48	4:54	5:00	5:07
Lake Tahoe	4:50	4:56	5:04	5:12
Las Vegas	4:39	4:45	4:52	4:59
Loma Linda	4:53	4:59	5:05	5:12
Los Angeles	4:57	5:03	5:09	5:16
McDermitt [N]	4:32	4:40	4:48	4:56
Moab	5:10	5:16	5:24	5:32
Monterey Bay	5:04	5:10	5:17	5:24
Nogales [S]	5:35	5:41	5:47	5:54
Paradise, CA	4:55	5:02	5:09	5:17
Phoenix	5:33	5:39	5:46	5:52
Puuwai, Ni'ihau [W]	6:08	6:13	6:17	6:22
Reno	4:48	4:55	5:03	5:11
Riverside	4:53	4:59	5:06	5:13
Sacramento	4:58	5:04	5:12	5:19
Salt Lake City	5:13	5:20	5:28	5:36
San Diego	4:55	5:01	5:08	5:14
San Francisco	5:04	5:10	5:17	5:25
San Jose	5:03	5:09	5:16	5:24
Santa Rosa	5:03	5:10	5:17	5:25
Sunset Beach	5:04	5:10	5:17	5:24
Thousand Oaks	4:59	5:05	5:11	5:18
Tucson	5:32	5:37	5:44	5:50

[N]=Northernmost [S]=Southernmost [E]=Easternmost [W]=Westernmost point in the Pacific Union

"So there remains a Sabbath rest for the people of God." Hebrews 4:9



# ALL OPPORTUNITIES *are created equal*

- **the opportunity to share our resources**
- **the opportunity to take the time**
- **the opportunity to share ourselves with others**
- **the opportunity to share the grace of God**

**C**hristian researchers have calculated that nearly one half of the world’s “people groups”—social groups that are distinguished by ethnic or language factors—have not been touched by the gospel. This is a global situation.

From a small beginning over a century ago, the Seventh-day Adventist Church has grown to a force of close to twenty million believers. We have entered 230 countries around the world, with at least some influence among 3,200 people groups. But we have hardly touched the world with our message.

As a world church, we cannot reach the masses surrounding this globe. As a corporate body we cannot give enough to spread the gospel to every corner of the earth.

There is only one way to accomplish the humanly impossible.

Grace meets you and me only at the point that we understand the overwhelming impossibility of carrying out God’s commands. When we have brought everything we have to our Lord, grace always gives us back more than we have brought.

Grace gives us today an opportunity to share.

“Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need” (Hebrews 4:16, NRSV).



MAKE  
EVERY  
RELATIONSHIP

A  
SAVING

RELATIONSHIP



Sure, you're a good friend. You laugh at his jokes and sympathize with his troubles. But maybe it's time to turn that relationship into a saving relationship. *Message* magazine can introduce your friend to the hope, joy, and faith you have in Jesus. Send a gift subscription today and make a soul-saving difference in the life of a friend.

GIFT NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

YOUR NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

CHURCH NAME \_\_\_\_\_

CONFERENCE \_\_\_\_\_

MAIL TO: P.O. BOX 5353, NAMPA, ID 83653

CHECK HERE TO RECEIVE YOUR OWN SUBSCRIPTION.

**SPECIAL  
CAMPAIGN  
PRICE \$14.95**

(Six issues)  
Include check  
or money order  
made payable to  
"Pacific Press."

FOR OVERSEAS PRICING,  
VISIT OUR WEBSITE.



MESSAGE CAMPAIGN 2019 • 1-800-456-3991 • WWW.MESSAGEMAGAZINE.COM

facebook.com/MessageMagazine youtube.com/c/MessageMagazine Message App iTunes and Google Play

EARN YOUR  
**MBA**  
ONLINE  
FROM PUC



**FAITH-BASED**

**100%**  
**ONLINE**  
COURSEWORK

(California and Hawaii students only)



**AFFORDABLE**

COMPLETE IN  
AS LITTLE AS

**12**  
**MONTHS**

3 FOCUS AREAS TO CHOOSE FROM:  
**ACCOUNTING • HEALTHCARE ADMINISTRATION • MANAGEMENT**

flexible and convenient with multiple start dates



Admissions  
admissions@puc.edu  
(800) 862-7080, option 2  
puc.edu/mba

*In partnership with Southern Adventist University*

\*Completion time is dependent upon number of credits taken per term.