



All Meats

4/27 eggplant parmesan over penne noodles, tuscan style vegetables, grilled asparagus, italian chopped salad, choice of whole grain rice and cannellini beans or gala apple and butternut squash soup, luscious lemon cake

4/28 cornbread, sage, and stuffing soy turkey roll, smashed potatoes, golden gravy, harvard beets, grilled brussels sprouts, roasted root vegetable salad, choice of whole grain rice and yellow beans or garden vegetable soup, double chocolate brownie

4/29 assorted sushi including avocado roll, tofu roll, and mango sweet potato roll, spicy mayo, edamame in the pod, strawberry spinach and toasted almond salad, choice of whole grain rice and black beans or ginger garlic bokchoy soup, sugar cookie

4/30 black bean quinoa burger on whole grain bun, lettuce, tomato, and onion, swiss cheese, sweet potato fries, chipotle mayo, roasted vegetables, choice of whole grain rice and cranberry beans or baked potato soup, peach crisp

5/1 coconut chickpea curry over saffron rice pilaf, roastd curried red potatoes, saag (spinach), cucumber and lemon salad, garlic naan, choice of whole grain rice and lentils or spicy indian tomato soup, hand cut fruit salad

269-471-3161 ext.1 *pre-orders and pick up welcome!*