



The Thomas and

IN TEACHING AWARD

ICDY BI

NUMBER OF STREET

Award of Recognition for Excellence in Teachirs

Judy Burgin

Dubell

aliba



RECENTLY A PASTOR of a Church in North America, with a membership of more than 500 members, statistically analyzed his congregation. The analysis covered the ten-year period from 1979 to 1989.

In 1979, 44% of the families of the Church were giving financial support to the Church in tithe and offerings. By the year 1989, the percentage of supporting families dropped to 27%.

This is a shocking bit of information, and it is speculated that these statistics may be relatively parallel to those in many of the Churches in North America.

We do know that fewer than 50% of Seventh-day Adventists overall return a full tithe of their income to the Church. We also know that over the past five years (1985-1989) the tithe received in Canada has increased by 54.3% and offerings (excluding tithe) have increased by 49.36%. My conclusion is that fewer and fewer of the members are bearing more and more of the responsibility for the financial support of the Church.

# D. I Douglas Devnich

who are the supporting members do not begrudge that their faithfulness is carrying the work of the Church forward. But, think of what could be happening in the Church today if the number of supporting members were increasing, rather than decreasing. In addition, it is rather unfortunate that so many Church members are not experiencing the great joy of giving and having a part in seeing the work of God prosper.

Those of us who are tithegivers know that God is true when He promises, "Bring the full tithes into my storehouse, that there may be food in my house; and thereby put me to the test, says the Lord of hosts, if I will not open the windows of heaven for you and pour down for you an overflowing blessing." (Malachi 3:10 R.S.V.)

At the present time, the Church worldwide is finding itself in financial distress. When the events of our time portend the most exciting possibilities of taking the Adventist message to places previously not open to our work, we, in fact, are having to plan ''cutbacks'' and restraint. I agree that there must be restraint from spending money needlessly on peripheral functions. Our priorities must change. But, when a lack of funds means less evangelistic activity, fewer pastors, inadequate Christian education programs, cancellation of television ministries as we have had to do recently in Canada, it is time for us to renew our total commitment to Christian stewardship.

We do know that stewardship is not something that can be forced on anyone. It is a matter of personal relationship with God. The Gospel of Jesus Christ is very clear that our faithfulness to God in all things must proceed from a love-response to God's Grace. This is the way the apostle Paul wrote about it in his appeal to the Corinthian Church to be faithful in stewardship:

"The point is this: he who sows sparingly will also reap sparingly; and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work." (2 Cor. 9:6-8, R.S.V.)

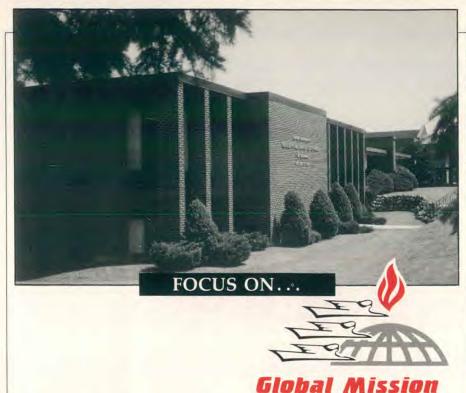
On every hand the newspapers, financial journals, radio and television are warning that the world economy is in recession and possibly a great depression is ahead of us. More than ever I want my security to be in God, and according to Paul, the apostle, here is how it works:

"He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your benevolence." (2 Cor. 9:9, 10, R.S.V.)

Actually, the Church doesn't need money. The Gospel which gave rise to the Church will forever survive. But, the Church is God's appointed means through which its members may experience a dynamic partnership with God. Our tithes and offerings open the way for God to multiply our resources and supply all of our needs-temporal and spiritual. I think that if I were not a tithe-giver today, I would start right now as I Continued on page 9

I feel certain that those

Cover Photo-"A Celebration of Excellence," (See page 4) by Robin Carby, Oshawa, Ontario



### Objectives

The Seventh-day Adventist church reaffirms its global mission to take Christ and His Three Angels' Messages "to every nation, and kindred, and tongue, and people." To fulfill this mission, we pray for the infilling and empowering of the Holy Spirit and unite ourselves to:

#### 1. Seek

We will seek to enter new people groups in a strategic manner that will make our mission truly global. The General Conference will be especially involved in reaching the 1,800 unentered people groups with a population of one million or more. World divisions will lead out in entering smaller people groups. Every department and layer of church organization, down to the individual member, will be invited to participate as people groups are broken down to ethno-linguistic groups, cities, communities—and the neighbours next door.

#### 2. Reap

We will encourage each local church to set its own baptismal goal. The total of these goals will form the basis for the world church's goal.

#### 3. Keep

We will emphasize nurturing of members, reclaiming the inactive and increasing church attendance. Specific plans to accomplish this will be formulated in, and monitored by, the divisions. Each will be invited, on occasion, to report its progress to the world church.

The Global Mission concept is to continue until the year 2,000 and beyond, but specific goals will be chosen at this juncture for the 1990-95 quinquennium.



June Polishuk/Editor June Ulett-Culmore/Associate Editor Allan Colleran/Art Director Robin Carby/Associate Art Director

#### EDITORIAL COMMITTEE

D. Devnich, *Chairman*, A. Colleran, B. Lee, D. Lawson, F. Maitland, T. Morgan, J. Polishuk, J. Ulett-Culmore

#### **CONFERENCE EDITORS**

Donald King/Alberta Ken Wiebe/British Columbia Mark Johnson/Manitoba-Saskatchewan Robert Schafer/Maritime David Crook/Newfoundland Bryan Lee/Ontario Gosnell Yorke/Quebec

#### This Issue

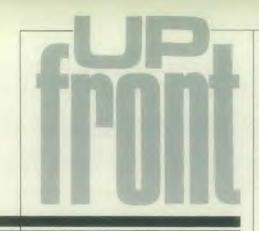
2/President's Perspective D. Douglas Devnich
4/Upfront: From Across Canada
6/A Celebration of Excellence Janice Saliba
8/A Woman's Work Is Never Done-OR Can It Be?
11/Health-Wise: No More Butterballs Raymond O. West, M.D.

#### PLUS

Focus On	3
Adra Update	10
KC Korner	11
CUC	12
Conference News	13-17
Milestones, Weddings,	
Obituaries, Ads	18-23
Parkview Adventist Academy	24

The Canadian Adventist MESSENGER is the official organ of the Seventh-day Adventist Church in Canada. Issued monthly, annual subscription price in Canada \$5.00. Out of union \$10.00. Printed by Maracle Press Limited, Second class mail registration number 0912. Address all enquiries to 1148 King Street East, Oshawa, Ontario L1H 1H8.

ISSN 0702-5084



#### December 22 is Coming Quickly!

Blue tipped ''loonie banks'' are now in homes clear across Canada. I have seen them from Vancouver to St. John's. Continue to keep your personal bank in a convenient place to collect your dollar coins.

Faith for Today's weekly program called ''Christian Lifestyle Magazine'' has a regular audience of 112,000 viewers each week. What a tremendous opportunity to instil Christian values into secular minds!

You could save loonies to buy candy bars. You could save loonies to buy gifts. Why not make a gift to Christian Lifestyle Magazine. Remember, December 22 is the day to turn in your loonies.

Gerry Karst



Keep dropping those loonies in your bank.

#### Ontario Chinese Church Gets Help From Chan Shun

The Chan Shun International Foundation, founded by an Adventist businessman from Hong Kong, has pledged to loan \$60,000 to the Ontario Chinese church. The Foundation announced the loan at the 14th Annual Dinner for Philanthropy on October 4, 1990. In all, individuals and organizations received cheques and pledges totaling \$3.4 million at the 14th Dinner for Philanthropy. Held during Annual Council at the Adventist World Headquarters in Silver Spring, Maryland, the dinner emphasized the impact of philanthropy on the work of the church and its institutions. Nearly 165 church leaders, college and hospital presidents, Adventist business donors, and others attended.

#### Musical Instruments For West Indies College— An Appeal

Dear Messenger Readers:

I recently had the pleasure of meeting the head of the music department, West Indies College, who told me that she is trying to start a program of musical instruction on the high school level in Jamaica; at present the students do not begin to learn musical instruments until they reach college level.

If any of you have unused musical instruments would you be willing to send them to Jamaica? Of course, the instruments should be in good working order, although not necessarily in new condition.

They can use good sheet music, too. Either the instruments or the music should be sent to:

Marilyn Anderson, Chairman Music Department, West Indies College Mandeville P.O., Jamaica, West Indies

Joyce Willes Brown

#### U.S. Army Requests Faith For Today Devotional Booklets For Troops in Saudi Arabia

While business people are rushing to send glow-in-the-dark footballs and bottled water to American troops stationed in Saudi Arabia, Faith For Today is sending something to quench thirsts of a different kind. At the request of the U.S. Army, Faith For Today is providing 10,000 ''Faith Moments'' devotional booklets every month for the next six months for use by service men and women stationed in the Persian Gulf region.

The request for "Faith Moments" came on October 10 from the Office of the Chief of Chaplains in Washington, D.C. People in that office have been receiving "Faith Moments," which is offered on Faith For Today's "Christian Lifestyle Magazine" telecast. "Christian Lifestyle Magazine" is carried on the Armed Forces Television Network and more than 100 stations.

The first "Faith Moments" booklets were shipped about October 23 to the New Cumberland Army Depot in Pennsylvania and airlifted to Saudi Arabia. Faith For Today is printing a special edition for the service personnel with a prayer request card which can be returned to the Chief of Chaplains Office in Washington, D.C., and then on to Faith For Today. The devotional messages will feature lessons from the life of Abraham, says Jim Wood, "Faith Moments" author. "People of many faithsincluding Moslems-admire and respect Abraham." says Wood. "We thought this series would have broad appeal. especially since Abraham lived in that very region.'

Faith For Today director Dan Matthews is pleased with the opportunity to provide "Faith Moments" for the troops. "Many of our service men and women are no doubt thirsty for spiritual refreshment in the desert," says Matthews. "We're thrilled that the Lord has opened this avenue for Faith For Today to bring God's Word to them."

#### Overseas Mission Opportunity For Older Adults & Retirees

The S.D.A. Language Institutes of Korea has contacted me requesting information about adults and retirees who might be interested in a one or two-year commitment to teach English and/or Bible in Korea. What a golden opportunity for someone to become involved in an exciting ministry!

If you are interested, and want more information please contact: Pastor Harold Brown, S.D.A. Language Institutes of Korea, 287-1 Hwlkyung 2-dong, Dongdsemoon-gu, Seoul 130-092, Korea.

#### LEGAL NOTICE ADRA, CANADA BOARD

Notice is hereby given that the Annual Meeting of ADRA, Canada will be held at the College Heights Church, College Heights, Alberta located on the campus of Canadian Union College on Thursday, December 6, 1990 at 4:00 p.m.

The purpose of the Annual meeting is to elect the officers and Board members for the ensuing year; to consider possible changes in the constitution and bylaws; and to transact any other business that may properly come before the Board. Each constituent is urged to attend.

D.D. Devnich, Chairman J.M. Howard, Secretary

#### Review & Herald Publish Bucky Stone Books for Young Teens

An eighth grader from Cedarvale Junior Academy in Raytown, Missouri, may have a whole new career ahead of him. Brian Lee, a 14-year-old student in principal Charles Castle's class, is the winner of a nationwide contest recently conducted by the Review and Herald Publishing Association. The contest's purpose was to find an ideal model for the covers of the new Bucky Stone books for young teens. Teens from more than 50 schools throughout the United States and Canada applied.

Brian won an all-expense-paid sightseeing weekend for two in Washington, D.C., followed by a daylong photo shoot at the Review and Herald. His photo will be the basis for the books' cover art, and will also be featured in the advertising and point-of-purchase displays for the series. All the students in Brian's class at Cedarvale will receive free copies of the Bucky Stone books, and the academy will receive a gift of books of their choice for the school library.

Making Waves at Hampton Beach High, the first volume in the Bucky Stone series, tells the story of a newly baptized Adventist teenager striving to be true to his beliefs and principles in a public school setting. The first two books in this series, authored by David B. Smith, will be available at all Adventist Book Centres by spring 1991.



Brian Lee

"Remember now thy Creator in the days of thy youth, while the evil days come not, nor the years draw nigh, when thou shalt say, I have no pleasure in them."

**Ecclesiastes 12:1** 

#### Remarkable Lady Celebrates Ninetieth Birthday



On October 26, 1990 Mrs. Emma (Landry) Nadeau celebrated her ninetieth birthday with her children at her home in Oshawa. Born in St. Paul, New Brunswick, Emma attended Maritime Academy and later Oshawa Missionary College. In 1924 she married Louis Nadeau in Montreal and together they worked for the French people in Montreal, as Bible workers, and later in the Eastern Townships of Quebec. They lived for some time again in New Brunswick but their four children needed a Christian education so they moved to Oshawa where Mrs. Nadeau has been a member of College Park Church, A widow since 1966, Emma resides at the Kingsway Pioneer Apartments but visits her children regularly-Olivine Bohner and Iris Carey of California, Pauline Lee of British Columbia and Lionel of New Mexico.

Mrs. Nadeau has a very bright mind and recites prose and poetry by memory. She has also had some of her own poetry published. She gives God the glory for her good health. One of her favourite texts is "But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk, and not faint." Isaiah 40:31

Thank you, Mrs. Nadeau, for your example of a loving, Christian lady and may you continue in good health as you "wait upon the Lord".

#### Matthews is National Safety Council Prayer Breakfast Speaker

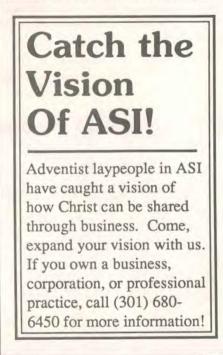
Dan Matthews, host of Faith For Today's "Christian Lifestyle Magazine," was invited by the National Safety Council to serve as the featured speaker for the second Interfaith Prayer Breakfast at the Council's annual congress. The event was held October 28 in Las Vegas, Nevada.

Elder Matthews chose as his topic, "I Am My Brother's Keeper," based on Genesis 4:9. Matthews said he chose the topic because he came to the conviction we have a moral obligation to promote safety. Safety is really an exercise of the Golden Rule wherein we exhibit the kind of concern for others that we wish from them.

Elder Matthews urged the conferees to "think others." He called for a renewal of education on the brotherhood of man. However, he cautioned that such teaching is difficult without an acknowledgment of the fatherhood of God.

Elder Matthews' invitation to speak came at the request of the community services section of the Council. Elder William Jones, Lake Union Church Ministries Director and member of the National Safety Council Board of Directors, introduced Dan Matthews as a Seventh-day Adventist minister and producer/host of Faith For Today's "Lifestyle Magazine" television series.

The Breakfast Prayer Fellowship responded positively to the appeal to remember, "I Am My Brother's Keeper."



## A Celebration of Excellence

"Whatever your hand finds to do, do it with your might..."

-Ecclesiastes 9:10 NKJV.

"He who is faithful in what is least, is faithful also in much..."

-Luke 16:10 NKJV.

#### Janice Saliba

Director of Education, Seventh-day Adventist Church in Canada



observed that for too long, teachers have been treated in a manner similar to the way we treat cars: we produce a new design each fall, want the new model visible in the classroom, expect methods and approaches to be realigned appropriately so that performance may be enhanced, expect smooth functioning without over-heating or breaking down, and then, every ten months or ten thousand kilometers, whichever comes first, we in-service!!

The annual distribution of Zapara awards is a major effort to rectify this treatment. It helps to move our teachers from a complacent level of mediocrity to being "the best of whatever they are." It helps administrators to define and reward excellence. It gives the humble teacher an uncomfortable moment in the limelight, a permanent momento of his/her dedication to excellent service, and the feel of several crisp dollar bills in a usually empty pocket.

Teachers: you, to whom we entrust our most precious possession every day, you, on whose shoulders rests the responsibility of molding the future of our church and nation, congratulations, and "the God of heaven Himself will prosper us; (as) we His servants...arise and build." Nehemiah 2:20 NKIV.

LEVEN EDUCATORS. representing grades K-16 have been honoured publicly for their adherence to such Biblical principles. These teachers were nominated and/or recommended by students, parents, pastors, appreciative supporters of Adventist education and colleagues. The process is in its third year and has been made possible through the coordinated efforts of the North American Department of Education and the generous financial contributions of Thomas and Violet Zapara who was herself a teacher. Elliott Eisner, in his

Elliott Eisner, in his address to the Association of Supervision and Curriculum Development convention last spring



Deanna Fall of Moncton S.D.A. Elementary School with President Robert Schafer.



Judy Burgin of Crawford Adventist Academy.



David Bell of Sylvan Lake Elementary School.



Terence A. Graham, Ph.D. of Canadian Union College.



Robert Schafer, President/Education Superintendent of the Maritime Conference with Gus Lehman of Sandy lake Academy.



William James Van Scheik, Ph.D. of Canadian Union College.



Dorothy Newman of Crawford Adventist Academy



Ernie Nolan of College Heights Adventist Junior Academy.



Larry Murrin of Cariboo Adventist Academy accepts award from Lorraine Martin, Associate Superintendent of Education for B.C. and from Malcolm Graham, principal of Cariboo Adventist Academy.



Lorraine Martin also presents award to Gwen Bader of Fraser Valley Adventist Academy.



Jim Jeffrey, Superintendent of Education in Newfoundland with Graham Carey of Lyndale Academy.

## A Woman's Work Is Never Done-OR Can It Be?

## FACT:

Women average 20 to 25 fewer minutes of sleep per night than their husbands who get 7 to 8 hours, new research confirms. FACT: Mothers of children under three years of age do even worse getting 45 to 50 minutes less sleep. **RESULTS:** Mom misses almost one whole night of sleep per week which totals a whole month less sleep per year than Dad! The lack of sleep and resulting tiredness (sometimes women talk about sleep the way a starving person talks about food!) takes its toll on women and their families.

Arlie Hochschild, in her book, THE SECOND SHIFT, states that as a consequence, women feel alienated and resentful toward their husbands who cling to more traditional roles and refuse to get involved in housework.

Hochschild maintains that husbands forfeit something important to the vitality (and possibly even survival) of their marriage—their wives' love and respect. Women carry on in their usual manner: cleaning, washing, caring for children, running errands, marketing, cooking, etc.... all without help from their counterparts, but it takes its toll. Feelings of anger and bitterness surface—not anger at having to work. Most women enjoy their jobs, but resentment at being expected to do it all alone. Many men who dearly love their wives appear to be oblivious and insensitive to the fact that their everloving wives are slipping away from them emotionally.

Another study confirmed that homes where men do their fair share are happier, probably because there is less fighting and more of a feeling of equality, shared responsibility, and respect.

With this data in mind, during the fall of 1989, Nancy Van Pelt began laying plans to launch a ministry for women to deal with this crisis. For eleven years Harry and Nancy have criss-crossed the country, traversing the globe teaching Family Life seminars. To the tune of 60,000 miles annually (which translates to 5 to 6 months per year away from home) the Van Pelt's team taught some 400 COMPLEAT MARRIAGE, PARENT, and COURTSHIP SEMINARS.

Now the seed was planted for a new ministry for women only. During many sleepless nights, Nancy wrestled with topics and titles relevent to the 90's woman. From her rich background as pastor's wife, of teaching, counseling, authoring and directing women's programs, some topics came easily; others took time.

Once she settled on a name for her ministry-HEART 'N HOME-the vision began to gell. The very words, HEART 'N HOME, encompassed the essence of what she wanted conveyed. The logo was a natural-a home encircled by a heart. The newly born seminars immediately became popular with Women's Ministry groups to address the most pressing issues: The Incredible Worth of A Woman: Families are Forever; and How to Talk to the One You Love. Some complained that it was hard to make a choice as they wanted to attend them all! That too is possible since topics can be combined for all day and weekend conferences titled "The Woman of Excellence."

But the seminar that has captured the most attention is the PERSONALIZED HOME ORGANIZATION through ORDER, JOY,

Nancy has already taught a number of these seminars to such diverse groups as churches, women's retreats, the Social Security Administration, as professional growth seminars for conference office staff, and in her home where she encourages women afterwards to open closets and cupboards to see how she herself organizes. Eight more seminars are scheduled for the immediate future. Since Nancy is a Certified Home Economist and a family life educator, this course was a natural to develop.

Nancy finds the HOME ORGANIZATION seminar

8 MESSENGER/NOVEMBER 1990

particularly pertinent for Adventist women who wish to have their ''heart and home'' properly prepared for Sabbath. Many women try to accomplish this on Thursday or Friday night although many women are simply too exhausted and have given up Sabbath preparation entirely.

But is it possible to have the right spirit on the Sabbath when the house,

Chore Wars: Who is Doing. What at Home?

• Women with children under 5 years of age average 22.5 hours of housework per week. Without children women average 17.9 hours.

• When the number of hours working parents spend at their jobs, doing household chores and taking care of children are totaled, men end up with 15 more hours of free time a week than women. In one year that totals a month of 24 hour days he spends relaxing while she spends slaving over the house.

• Women who work outside the home average 20 to 25 fewer minutes of sleep per night than their husbands who get 7 to 8 hours a night. Mothers of children under the age of three get 45 to 50 minutes less sleep which means mom misses 5¼ hours sleep per week or almost one whole night per week.

• Employed women put in 50% more work hours on weekends now than they did 25 years ago.

• In the last 10 years Americans lost six leisure hours a week.

• Employed well-educated single-parents have the least amount of free time.

meals, and clothes have not been cared for in advance?

Many women miss the Sabbath blessing they should have. When their homes are in a mess the 'peace'' that Sabbath should offer doesn't come. A woman's mind keeps clicking off the dozens of undone things that should be done and aren't. The lack of home organization impacts on the church as a whole also. There is a marked reduction in Christian hospitality since there is less time to clean. cook, and prepare for guests. THE PERSONALIZED HOME ORGANIZATION SEMINAR presents a workable plan for being prepared for Sabbath that doesn't begin Thursday night!

Nancy has designed the HOME ORGANIZATION SEMINAR around a revolutionary new approach that frees women from the drudgery of never-ending housework. Yes! You heard it right! She considers home management "serious business" and teaches Seven Secrets to Sanity for women caught trying to juggle marriage, career, children, and homemaking.

The focus areas are: (1) Sort through the clutter; (2) Master the 5-minute miracle; (3) Put "your world" at your fingertips; (4) Handle family meals with ease; (5) Create a routine that works (you'll love it!); (6) Clean like a pro; and (7) Add beauty, joy and even a touch of elegance to your life. Also included are "Ideas that Work for Women Who Work" plus "Tactics for Getting Husbands and Kids to Help."

Nancy has authored 17 books on the family including the best-selling "Compleat Series": Compleat Marriage, Compleat Parent, Compleat Courtship and Compleat Tween. Her books have been translated into 10 languages and are sold by Literature Evangelists around the globe. Soviet Publishing representatives have requested permission to translate her books into Russian, Nancy's latest book is How To Talk So Your Mate Will Listen and was released by Fleming H. Revell. To book a seminar or request information, contact Nancy at seminar headquarters (209) 251-9790 or write 366 North Lind Ave., Fresno, CA. 93727

**President's Perspective** 

Continued from page 2 understand how God secures my life economically and spiritually when my relationship with Him is right. By nature I am a selfish person, but in giving tithe and offerings God helps me to overcome that evil part of my nature. And, of course, I must succeed on this point since I plan to be in the eternal Kingdom of God.

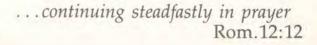
My friends in Canada, let us, as the year 1990 draws to a close, prayerfully review our relationship with God in the matter of stewardship. Shall we not avail ourselves of the great blessings which He is anxious to bestow upon us and His Church?

#### YouthQuake Prayer Ministry

Special need or burden? Let a dedicated group of students pray for you.

Mail your prayer requests to:

YouthQuake Prayer Ministry c/o Canadian Union College Library Box 460 College heights, AB TOC 0Z0



## Let's Help ADRA Build A School In Zaire



In Kelowna, where Date previously was principal of Okanagan Adventist Academy, Gerry Goertzen and others have spearheaded the raising of funds to build a new school at Kamungu. Their inspiration crystallized into action when Canadian wildlife artist Samara Carrier donated to ADRA some 400 unlimited prints of her work to make this school a reality.

Samara's studio is at Lake Louise, and her home is in Kelowna. She specializes in Canadian wildlife and its habitat. She has the dedicated vision of seeing this school erected, as well as additional schools in the next several years.

The Kamungu school will be constructed by local



Gerry Goertzen and artist Samara Carrier with her latest paintings of children of Zaire.

builders and made of double adobe brick walls, with cement floors and metal roofing. There will be three buildings, each with two classrooms, with 50 or more students to each classroom. Total enrolment will exceed 300 students.

This school will follow a normal elementary routine by offering grades one to six. In addition, students will be taught agricultural techniques which will help to overcome malnutrition and provide basic nutritional requirements.

Principal crops grown at the school will be bananas, pineapples, and soy beans. Protein from the soy beans will replace the present source of protein—termites. The Swiss Government is also donating powdered milk to improve the children's health.

These children and youth must be taught to grow organic gardens on permanent plots, instead of continuing to destroy forested areas then deplete the soil in two or three years, only to move on to another forested area to repeat the pattern of deforestation. Protection of the environment must go hand in hand with proper nutrition.

What and how do children learn without schools?

It is Samara Carrier's plan that the income generated by her generous gift will help finance construction of this school. The Canadian wildlife prints she has donated to ADRA are available on a donation basis. These exquisite pictures, when framed, will make excellent gifts for any season or event of the year as well as provide a worthwhile picture to grace any wall.

Do you wish one or more of these unlimited prints? Then write or phone ADRA, Canada. Information will be sent to you upon request. J.W. Wilson Development Education Director ADRA, Canada 1148 King St. E. Oshawa, Ontario L1H 1H8

or telephone (416) 433-8004

Health-Wise by Raymond O. West, M.D.

## **No More Butterballs**

J ack Sprat of nursery rhyme fame was really fortunate, for he could eat no fat. His wife, who could eat no lean, apparently could clean up on the grease. She, along with 50 million or so other Americans, was overweight and at risk of the "high fat diseases."

A patient of mine who is morbidly overweight, indeed rotund, tells me that he's OK because he is a vegetarian. Besides that, he takes no dairy products—no milk, cheese, or eggs. "There, now," he emphasizes, "I get no cholesterol. So please don't bother me anymore about my diet."

What should I tell him? If he should read today's column, he would learn these valuable pointers about fat in our diets.

First, it's a matter of calories. Weight for weight, pure sugar contains only four calories per gram. How about protein? Again, four calories per gram. Fat is more than double that number at nine calories per gram. Thus, weight for weight, fat has more than twice as many calories as the other two categories.

But the situation is even worse than that, for fat requires almost no energy to carry it from our lips to the waistline or hips. Sugar and protein, on the other hand, both use up a considerable amount of energy in being changed to layers of fat.

Another point: the various kinds of fat are divided into two major categories saturated and nonsaturated. Saturated are bad; nonsaturated are good—if taken in reasonable amounts.

Generally, fats that are liquid at room temperature (peanut oil, cottonseed oil, olive oil, corn oil) are good oils. Because coconut oil and palm oil (even though they are liquid at room temperature) are saturated, they are a poor choice.

Animal fats of all kinds are solid at room temperature. Butter, for example. (And remember that cream is a suspension of solid little particles of fat in liquid base.) Lard and other solidified cooking fats are just plain bad.

What about margarine? The key word here is "hydrogenated." This is a process that takes a sort of greasy liquid (but good) fat like cottonseed oil, and adds in some hydrogen atoms, which in a Cinderella-like change makes light, white fat suitable for frying and baking. In the process it's been changed from nonsaturated to saturated—from good to bad.

But even the good fats can be overdone.

So how much fat should we eat? Nutritionists everywhere tell us that it should not exceed 30%. That translates to 600-650 of our daily calories.

However, Americans eat about 40% of their total daily calories in fat. If you are eating, 2,000 calories a day, most likely 800 of these will be made up from fat.

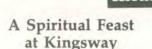
Fat is everywhere. It's replete in our marbled steaks and salad dressings. Ice cream, and whipped cream, creamed cottage cheese, and chocolate eclairs. The margarine we spread on our sourdough bread, and chocolate in any form. We do this because fat is tasty! We do it because of enjoyment. It's a "bon appetit" item.

But now the ever-innovative food industry is coming to our aid. They're coming out with the "fake fats." So far, two have been developed:

One is called *Olestra*. It's a fat-like, tasty item that the body does not recognize as food and simply does not digest it. Thus, it adds no calories.

Another is called *Simplesse*. Simplesse is made from milk protein or from egg white. Changes in structure make it taste like fat. Simplesse provides less than oneand-a-half calories per gram.

So, fat-conscious Americans (and that should be all of us), hold tight. More help is on the way.



Korner

KCS

We have just completed a Wonderful Week of Prayer with Pastor Mike Faison. He drew us to Jesus as our only hope and strongly advocated that we accept Jesus "Straight Up." Pastor Faison comes to us from Huntsville, Alabama and we feel particularly blessed by his ministry here at Kingsway.

exciting spiritual Many experiences have in the past and continue to be our daily bread at Kingsway College. Last year our weekly Bible study group was attended by upward of 60 people and this year we have over 100 in attendance. At the moment they are studying the Book of Acts at Pastor Dunfield's home every Thursday evening. A group of 20 to 30 youth aided by a good number of adults have started an outreach project in North Oshawa with Sabbath School and Church being offered in a rented facility. Their activities are also extended to working with Prison Ministries and anyone else that needs help.

Last year we had five student baptisms and prospects this year seem to be more like 20. Students are involved in small prayer groups, ongoing Bible studies and outreach programs, so you can see that spiritually, Kingsway College continues to provide your young people with many solid and exciting experiences.

#### AAA Phase II

Kingsway College is proud to report that the Alumni's success at reaching the AAA goals in the last four years has provided the opportunity for Kingsway to be part of AAA Phase II which will continue for another four years.

The 1990-1991 goals are 785 donors and \$39,175. The money raised by the Alumni has been used almost entirely for the Worthy Student Fund.

If you are an attendee, graduate, former staff member of OMC or Kingsway your donation of \$10 to \$1,000 will count toward the AAA goals. Don't wait until the June deadline. Send in your donation today.



THE ADVENTIST COLLEGE IN CANADA ...

#### Former CUC Acronaire Jumps To National And World Championships

In the summer of 1989 four Canadian Union College Acronaires travelled to Andrews University to compete in the Intermediate level of the U.S. National Championship Sport Acrobatics. Dustin Dudar and Rob White competed in the Men's Pair Category and also in the Men's Four Category along with Devon Capcara and Jason Chiakowsky. They actually placed first, but due to a technicality unrelated to their performance they were given

second place. Rob White stayed at Andrews the following year and joined the Gymnics there on campus. He again competed in the United States National Championship Sport Acrobatics, but this time on the highest level. This Elite Men's Four won the National Championship and were, therefore, selected United States representatives for the World Championships to be held in Belgium this October. However, because one member opted to continue his education in medical school instead of competing (and other reasons) they have decided not to compete. Canadian Union College congratulates Rob White, former Canadian Union College Acronaire for these outstanding achievements.

**College Days** 



Dr. Don Krause, Division Dean, Department of Education, presents a scholarship to Cindy Hibbert of Oshawa, Ontario.

One hundred and seventy potential college students from across Canada attended College Days Weekend at Canadian Union College. Dr. Sinika Woudenberg (left) and Charles Hodgins (right) discuss careers with prospective college students.



The history of the ship Pitcairn was graphically portrayed on Sabbath morning at the worship service. The enactment was directed by Dr. Denise Herr from the English Department.



Gerald Ritchey, Student Finance advisor, discusses financial schedules with Cameron Rogers from Fraser Valley Adventist Academy.



Dr. Bruce Buttler, Division Dean of the Department of Science, presents a scholarship for the 1991-92 school year to Laurie Pond of Warspite, AB.



#### **ONTARIO**

#### "Be Our Guest" At North York Branson Hospital

Helping hospital staff learn how to treat patients—as well as family, visitors, and other staff members—as special guests is the goal of the new guest relations program at North York Branson Hospital. The program, which operates under the slogan **Be Our Guest**, emphasizes both awareness and education.

"The term guest connotes hospitality, warmth, and consideration," says patient representative Judy Lyew. "Hospitals are service organizations, and we need to remember that we are here to meet people's needs. Patients generally don't want to be in the hospital, and they are often sensitive and worried. Receiving that all-important caring touch helps ease the stress of being ill."

Patients are not the only focus of guest relations, however. Community relations representative Shelley Nolan says, "We believe that any person who comes through the doors of Branson Hospital is a guest, and deserves equally considerate and gracious treatment. That includes visitors, volunteers, salespeople, and hospital and medical staff. In a time when hospital resources are limited, good 'people skills' can go a long way toward enhancing our image. People will remember how they are treated much longer than anything else."

The year-old guest relations program is coordinated by a committee chaired by the patient and community relations representatives and includes medical staff, nurses, and staff educators. After deciding on the slogan, the committee held a guest relations logo contest to spark awareness among hospital personnel and create an identity for the program.

Telephone proficiency is the first specific skill that is being addressed by the education arm of the committee when the professional development sessions begin this fall.

"We all assume that we know how to use the phone," Nolan says, "but we sometimes forget that our attitude is easily projected to the caller. Telephone skills are vital because that is often where our first point of contact with the public occurs; what callers hear on the phone may be their only opportunity to form an impression of us."

The current awareness campaign is the guest-relations-person-of-the-month program, in which employees, physicians, and volunteers are recognized for the positive contribution their interpersonal skills make to North York Branson Hospital's image.



Norman Panganiban, from the printing department of North York Branson Hospital, was the first person selected as a Guest-Relations-Person-of-the-Month in the hospital's PATIO Plan Program. PATIO stands for "Participating Actively Toward Improving Our image," and the program is organized by the hospital's guest relations committee. The yearlong "contest" is open to nominations of any hospital employee, physician, or volunteer, and aims to recognize outstanding interpersonal skills such as courtesy, tact, helpfulness, cheerfulness, and enthusiasm. A photo of each monthly "winner" will be displayed in the hospital. At the end of the year, a grand draw of the monthly names will be held for a complete patio furniture set.

#### **Baptism at Parry Sound**



The Parry Sound church members gathered at the farm of David Hosick to witness Dave's commitment to the Lord. Dave was baptized in his own pond by Pastor Beausoleil. It was a joyous occasion for all who attended.

#### London Member Directs Temperance Booth

Helen Northcott, a member of the London S.D.A. Church, directed a temperance booth for the Women's Christian Temperance Union in London at the Western Fair. The message of the booth was to project temperate living and that Jesus is coming.

The 10 day event was staffed by members of the Seventh-day Adventist Church along with Pastor Michael Lay. For twelve hours each day, the staff answered questions and distributed literature on alcohol, tobacco, drugs and getting to know Jesus. A video, entitled "Designer Drugs", continuously played and drew people to the booth.

The joint effort by the London Women's Christian Temperance Union and the London Seventh-day Adventist church through prayer, encouragement and love made the project a success with plans for future programs.

#### QUEBEC

#### **Baptism at Sherbrooke**

The Sherbrooke/Waterville/Megantic churches rejoiced with the baptism of three precious souls on May 26, 1990. Andrew and Loralee were baptized by their father Laurel Laing who lives in East Haven, Vermont, an hour from Waterville. Andrew and Laralee were welcomed to the Waterville Church by Mrs. Gerry Powers.

Josée Marchand of Sherbrooke was baptized by the pastor of the three churches, Ron Sydenham. Following the baptism, Pastor Sydenham officiated in the dedication service of Josée's threeyear-old son, Nicolas. Dr. Robert Samms, President of the Quebec Conference was the guest speaker.



Left to right—Loralee and Andrew Laing, Josée Marchand and son Nicolas. Back row— L. Laing, Robert Samms and Ron Sydenham.

#### **BRITISH COLUMBIA**

#### Adventist Community Services Cooperate with Other Volunteers to Aid Fire Victims

When "the worst residential fire in Langley's history," according to the Langley Times, swept through a 54-unit city apartment block on the evening of September 29, about 115 people were left homeless, and Adventist Community Services disaster preparedness was tested.

While representatives from the Salvation Army and the Provincial Emergency Program were on the scene shortly after the blaze broke out that Saturday evening, the Community Services van arrived on the scene at noon the following day.

Community Services personnel had worked throughout the night preparing to supply clothing, blankets, and other emergency supplies to victims.

Eleanor Wyness, associate director of Seventh-day Adventist Community Services for the B.C./Yukon conference, traveled from Hope to Vancouver at 11 p.m. to pick up the 30-foot Community Services van normally used in a soup ministry for Vancouver's homeless. The van had to be packed with "friendship kits" from the Hope warehouse.

A dozen volunteers from the Aldergrove and Langley churches helped unload the van and arrange packages on tables in a parking lot near the severely fire-damaged apartment complex.

Apartment residents who had lost all their belongings picked up plastic-bagged "friendship kits" in sizes from infant to adult, containing a full set of children's, men's, or women's clothing. "Personal kits" supplied such immediate necessities as toothbrush, toothpaste, towel, soap, and washcloth.

Provincial Emergency Program coordinator Barbara Scott was particularly impressed with "the amazing organization" evident in the packaging of the various kits,

Although personnel did not keep track of the number of clothing kits or miscellaneous items of clothing given away, over a period of three days they did record giving out 24 quilts, 22 sets of sheets, 27 pillows, three sleeping bags, and 41 personal care kits. Several returned the next day to say, "That is the nicest quilt I've ever had," and other words to that effect.

One young couple expecting their first child had just lost all their belongings, including their wedding presents, a crib bought for their expected family addition, and their brand-new car. Hilda Dunbar, of Aldergrove, decided that her church



When many residents escaped a Langley apartment complex fire with little more than the clothes on their backs, Community Services personnel, under the direction of Eleanor Wyness (left foreground) were able to fill a real need. (Photo by Inge Anderson)

could "adopt" the couple, and she immediately went to work, obtaining, among other things, a \$25.00 Zeller's gift certificate which could be used to help pay for a new crib.

Students from Fraser Valley Adventist Academy, under the direction of their principal, Eugene Rau, helped move the Community Services operation indoors when it rained on Monday. They helped again when the van needed to be packed on Wednesday.

At the Fraser Valley Federation of Community Services meeting which followed on October 4, immediately after three days of working at the fire site, workers evaluated their program. Andrea Olsen, PEP coordinator in charge of clothing had observed, "We thought you were the most organized group that came." But Dunbar still saw room for improvement. "It would have been so nice," she noted, "if we could have been at the scene to present 'personal kits' to residents who were assigned to hotel rooms for the night by the PEP coordinators,"

Out of discussions regarding the disaster arose the recommendation that

each church should store at least a supply of personal kits to be ready for immediate use in an emergency.

Representatives noted that in case of an earthquake, transportation routes to Hope would likely be blocked, and major bridges joining the various population centres north and south of the Fraser River would likely collapse. Dunbar has already contacted community emergency preparedness personnel to arrange for area storage depots which would be accessible in such a scenario.

Patricia Clark, president of the association, led out in a discussion of general disaster preparedness. Recommendations included keeping basic emergency kits in the car and storing a family kit for major emergencies, such as earthquakes outside the home, perhaps in a plastic bag within a sturdy garbage can.

Before the close of the meeting, Dunbar was elected as the federation president for the coming year. She looks forward to working closely with provincial and municipal organizations dealing with disaster preparedness. "We know we are going to have more disasters," she says, "and we want to be better prepared."

#### Canadian Teens Lend a Hand in Brazil

For over two weeks in August, three Canadian teens began their day at 5 a.m. in order to be at work at 6 a.m. in the heart of the Amazon river basin.

The three B.C. teens, Janine Knowlton from Aldergrove, with Natasha Befus and Rhonda Johnstone from Grandview Flats, joined 12 other teens from across North America in an ADRA project on such glamorous jobs as shoveling gravel and trowelling cement floors.

The teens helped finish a dormitory in a church camp near Manaus, situated almost on the equator. They got used to twelve-hour days without dawn or dusk. When the sun set within minutes of 6 p.m., "it was as if someone turned off the light," according to Janine.

Tools were on the primitive side, the most reliable power source being muscle power. Instead of glass, the volunteers created lattice work to cover the window openings.

Tropical temperatures and hard work meant wet bodies all day. "The sweat was always running off my nose," claims Janine. "Showers" were taken in the river, and workers carried all water used in the camp, including that used to flush toilets and mix cement.

Water for construction was dumped into a plastic holding tub which collected bits of debris and other matter. "We got so hot, we jumped right into the tub with the tadpoles," reports Janine in her journal.

A diet of rice and beans and beans and rice "tasted good because we were so hungry," according to Janine. Sleep came quickly after bed time at 7 p.m. even when sleeping in hammocks, because "we were so tired."

Sabbaths meant a change of pace and

relative rest. On the first Sabbath, Janine was one of five picked out of a hat to accompany a local pastor to a church two and a half hours away. Asked to provide special music for the service, the four girls were surprised to discover 600 people waiting for them. Children vied with each other to touch them, hold their hands, and hug them.

After working hard on the camp building, the teens had the opportunity to join the staff on the *Luzeiro* (meaning ''light''), one of six medical launches bringing health and dental care to people in the Amazon river basin. The volunteers assisted the one Brazilian doctor/dentist/captain examine and treat patients.

At various stopping places they handed out flyers inviting people to come to meetings held by the crew. Overflow crowds came mainly to see "the Americans" who ended up staying outside the crowded building because they didn't understand Portuguese.

The teens arrived home exhilarated and exhausted—many with several rolls of exposed film chronicling their adventure. As souvenirs, they were allowed to keep the hammocks they slept in and the ''Manaus'' t-shirt by which they recognized each other at the Miami airport. Each one also brought back a lot of memories. Would they do it again? ''Definitely!'' is Janine's answer.

How did the girls get in on the project? A mid-May issue of *Insight* was devoted to the work of ADRA with an application form for being part of "the trip" on the back cover. They applied and were accepted. Their churches helped raise the \$1,000.00 needed, and the rest is history.

#### Baptism in the Vancouver Korean



The Vancouver Korean congregation rejoiced as three young people were baptized September 8. Pictured in the foreground from left to right are Lloyd Chang, Melissa Young and Rickey Rho. Pastor Jason Shou is in the background.

#### Vernon Baptism



Rob Jones was baptized in Vernon on September 15 by Pastor Charles Cooper. Pictured from left to right are Rob Jones, Pastor Charles Cooper, and parents, Claire and Andy Jones. Rob's membership will be in the Osoyoos church.



From left to right—Janine Knowlton from Aldergrove, B.C., with Natasha Befus and Rhonda Johnstone from Grandview Flats, B.C., represented Canada in this summer's Brazilian student missionary project.

#### Youth Rally Held at Rutland



September 29 was a Sabbath of great opportunity for the youth of the Okanagan Valley. "Youth Gospel Extravaganza" featured Pastor Dick Winn from California as guest speaker and Four in Accord, pictured here, from C.U.C. sharing great music. Approximately 500, mostly youth, fellowshipped together in the Annual Youth Rally planned by the Rutland Youth Council. A Sabbath evening gym night, rounded out the occasion. We are now anticipating next year's youth Rally.

#### ALBERTA

#### Local Churches Sow the Seed — Child Evangelism Team Reaps the Harvest

Have you ever thought of beginning and reaping a harvest of children for the kingdom? Five students from Canadian Union College spent this past summer reaping that harvest. With the conference-sponsored Children's Church program, they conducted meetings for children ages four to fourteen. In these series they reached over 500 children and young people with the gospel as taught by Jesus using music, stories, object lessons, a skit, and decision cards.

Districts chosen were those which had taken part in a children's ministry pilot project during the past year. These were Lacombe Communi-Hobbema, ty/Blackfalds, Lethbridge, Medicine Hat, Pigeon Lake, Stony Plain, and Sylvan Lake. Each church started with Dial-A-Story, where children from the community could call and listen to Biblebased stories. At the end, each story had an invitation to a Children's Church meeting at that church. Throughout the year Children's Church grew with children of all ages attending. The seed was sown, nurtured throughout the year, and the harvest began this summer.

One "dark area" chosen for this project was Blackfalds. There, in spite of the advertising with door knob hangers, posters and TV, only six children attended the first evening. The next day, the team and Pastor Bartsch went up and down the streets of Blackfalds with a public address system attached to the van announcing the Children's Church program while the team members gave out helium filled balloons and personal invitations to the children. That evening the attendance increased to 38 non-Adventist children. The following evening over 50 non-Adventist children attended and this growth continued.

Elaine Roque, director of Children's Church in Lethbridge writes, "We have had one of the most fantastic weeks this church has ever seen. By the end of our week of evangelism, we had 38 children enroled and 23 were non-Adventists! We hope this becomes a yearly event."

During camp meeting at Foothills Camp, the Primary division was filled with over 100 children nightly attending Children's Church, and a high attendance in one evening of 230 children. The program also gave an excellent opportunity to involve youth in a rewarding outreach opportunity.

#### Adventist Awareness Spots On TV In Alberta

For the first time in Alberta and some parts of Canada, Canadians are seeing awareness advertising spots of the Seventh-day Adventist church on television. These spots, arranged for by the Alberta Conference Communications Department, are the first of a series to be aired throughout this year.

These spots, six in all, were developed by the Adventist Media Centre in conjunction with the North American Division and first used in the Spokane area of the Upper Columbia Conference. They cover a variety of topics showing the caring and sharing nature of the SDA church in a powerful 30-second appeal. Topics include community services, stop smoking programs, family life, the importance of Sabbath rest, Bible study and others.

The spots are being aired on two stations in Edmonton. CFRN covers most of the rural areas of northern Alberta. The other station in Edmonton, ITV, covers northern and central Alberta as well as many areas across Canada from Vancouver Island to Nova Scotia via Cancom satellite service. In Calgary, the spots are being aired on 2 & 7 which cares for most of southern Alberta. The viewing audience consists of 1.8 to 2 million people in Alberta combined with an additional 1.5 million across Canada.

While the spots are strategically placed on programs that will reach our target population age group of 18 to 49, the spread is wide enough to include all ages. What does marketing and Adventism have to do with each other? A lot! If we're going to reach a high-tech world with our message, then part of our communications must of necessity also be through high-tech means.

Generic Adventist awareness ads help to prepare the public through our "caring and sharing" appeal for evangelistic followup through one-on-one, small groups, and public seminars/crusades encounters. While viewers may not flock to join the SDA church following the airing of these ads, previous market research of the ones shown in Spokane indicated a significant increase of Adventist awareness among viewers. Market research to measure the effectiveness of the spots in Alberta is also being planned.

"The name Seventh-day Adventist is distinctive," says Dr. King. "We must not allow it to be confused with any other church group or organization. Our mission is clear. We must not hide it. We must live it, share it, and show it."

#### To Work With Native Children Was Her Dream

She was born Linda Madsen, the descendent of Plains Cree from the Manitoba Peace River area.

As Linda grew up there was born within her a dream to help her people. But how? perhaps the best way was to work with the children, in the most impressionable time of their lives, teaching them about Christ and His great love for them.

Upon acquiring her teaching certificate in 1990, Linda set out on her mission. Her target group was a reserve on the east shore of Pigeon Lake, approximately 20 miles west of Wetaskiwin. There she found a native reserve desperately in need of Christian influence and education.



Genuine happiness on the faces of two Pidgeon Lake students.

Under the leadership of Pastor Ed Dunn, Director of Native Ministries on the Hobbema reserve, and Daniel Guiboche, a native theology student from Canadian Union College, a summer program with native children and a branch Sabbath School was conducted on the Pigeon Lake reserve. The response was enthusiastic both with children and parents. The Alberta Conference child Evangelism team was sent in to conduct a "Children's Church" week of evangelism in July and was well accepted. The band offered their recreation facilities free to the Seventh-day Adventist Church for church services and meetings. The stage was set for God to use Linda to carry forth His vision of a teaching ministry to the native children.

With the support and backing of the Alberta Conference Executive Committee, an acreage and four mobile classrooms were purchased. However, a permit to build on the site was denied pending a hearing. A local public school had complained because of the fear of losing students. The hearing was set for a week beyond the last day for student enrolment.

God intervened in a miraculous way. The Pigeon Lake band offered their facility to start school. They also offered the free use of their land at the recreation centre for the portable classrooms for the 1990/91 school year with access to their gymnasium and kitchen facilities. The enrolment at the end of September is now over 50. Three dedicated teachers who have volunteered many hours in preparation are now actively involved in teaching these children about Jesus and His love. We extend our thanks to Linda Calderbank, Kathe Zackary, Pollyanna Zinck, and Lillian Yellowbird.

#### MARITIMES



#### **Tantallon Baptism**

Mrs. Darlene Sawler gave testimony of her faith in Jesus at her baptism in the Tantallon, Nova Scotia Church on August 25, 1990. Pastor Gordon Houston performed the ceremony. Darlene was welcomed into the membership of the church. Her husband and two daughters, as well as other members of her family, were present for this special occasion. We pray for God's blessing on Darlene and her family.

#### NEWFOUNDLAND

#### 45 Years of Adventist Education in Botwood

Botwood SDA School Reunion July 5-7, 1991 at Botwood, Newfoundland. All former students, teachers, and pastors who have been part of the school family (including those at Indian Point) since its opening are invited. Plan to be part of this special event. For more information contact: Lana at (709) 257-3533 or Violet at (709) 257-3219 or Write: Botwood School Reunion, Box 76, Botwood, NF A0H 1E0.

#### MANITOBA-SASKATCHEWAN

#### Personnel Changes in the Conference

A number of major personnel changes have recently occured in the Manitoba-Saskatchewan Conference. Doug Falle has become the new Conference Treasurer. Doug and his family come to us from Fletcher, North Carolina where he was Treasurer of Fletcher Academy. Doug and his wife, Ursula, have four children. Michelle is a student at Wisconsin Academy, Doug, Julie and Suzie are living at home with their parents. We welcome the Falles to the Conference Office.

In another move, the Conference Committee voted Harry Sackett the new Church Ministries Director. In addition to this position, Pastor Sackett will also serve as Secretary to the Conference. Elder Sackett and his wife, Shirley, previously served as pastor of the Henderson Highway Church in Winnipeg, Manitoba.

Former Church Ministries Director,

Victor Gill, has become our Conference Evangelist. Pastor Gill has already held meetings in Swift Current and Moose Jaw since assuming these responsibilities.

Travis Eliuk, Conference Accountant, has accepted the invitation to serve as Assistant Administrator at Park Manor Personal Care Home in Winnipeg. Travis will be assuming his responsibilities there sometime in November. The Committee has asked Richard Novalesky from the Ontario Conference to take over the Assistant Treasurer's responsibilities.

To fill the vacancy at Henderson Highway, the Committee has asked Bob Hossack to serve as pastor. Pastor Hossack previously served in the Manitoba-Saskatchewan Conference as evangelist and pastor. For the past several years, Pastor Hossack has been pursuing studies at the University of Manitoba.

mer Church Ministries Direct



Winnipeg's Henderson Highway Church was the site for the September 15 Christian Lifestyle Magazine rally. Faith for Today Television produces the weekly program called "Christian Lifestyle Magazine" which is seen coast to coast in Canada on the Vision TV cable network.

Program host Dan Matthews, and co-



Co-host Lena Nozizwe interviews Joe Delaney who directs the "Main Street Project", a program targeted to help street kids.

host Lena Nozizwe skillfully conducted interviews of people in Winnipeg who are working for the homeless, the chemically dependent, and providing affordable housing to disadvantaged families. Portraying the practical realities of Christian values in action is what Christian Lifestyle Magazine is all about. It is intended to appeal to the secular person who would not otherwise look at a religious program.

Jim Wood, Director of Field Services for Faith for Today Television introduced the program, and gave an overview of the history, philosophy and objectives of their television ministry. Gerry Karst, Director of Communications for the SDA Church in Canada explained the financial arrangements for funding the program in Canada. This day was also the day for the launching of the "Loonie Bank" project across Canada to raise money for the purchase of "air time" for Christian Lifestyle Magazine.

The strong support of the Winnipeg area churches combined with excellent organization produced an event which will long be remembered in Winnipeg. Gerry Karst

#### Milestones



#### DIAMOND WEDDING

Friends and family of Vera and Harold Lofthouse-one hundred and forty of them-gathered in the College Park Church assembly room on July 22 to celebrate their 60th wedding anniversary. Vera and Harold were married at the home of C.L. Paddock in Oshawa on July 10, 1930 and have lived in Oshawa since then. Mr. Lofthouse was employed by Oshawa Missionary College as farm manager and also as manager of the College Woodwork. This remarkable man recently celebrated his ninetieth birthday and has been a member of College Park Church longer than any other member.

Mr. and Mrs. Lofthouse have two children; Murray of Berrien Springs, Michigan; and Loretta Laing of Lansing, Michigan; five grandchildren and two great-grandchildren.



#### FIFTIETH ANNIVERSARY

Friends and family members recently gathered in Kelowna, British Columbia, to celebrate the fiftieth wedding anniversary of Herb and Dorothea Reimche who were married in College Heights, Alberta, on August 18, 1940. Guests came from as far away as Singapore to celebrate the special occasion.

Herb and Dorothea have lived in the Okanagan area most of their married lives. They are both active members of the Rutland Seventh-day Adventist Church.

Their four children, Twyla Gimbel of Tennessee, Ken of St. John, New Brunswick, Audrey Bigelow of Milton-Freewater, Oregon and Debbie Schwarz of Sherwood Park, Alberta with their families hosted the special celebration in their parent's honour



#### **GOLDEN WEDDING**

Delbert and Lila Smith of the Grandview Flats Church in Armstrong, B.C. celebrated their fiftieth wedding anniversary on Sabbath afternoon, July 21 at their daughter, Lynda's home. Church members from surrounding congregations provided the dinner and an afternoon of fellowship and recollections.

All of the Smith's children attended the event; Bob and Ruth Smith of Kelowna, Sharon and Jim Burgess of Lethbridge, Alberta, Lynda and Harold Norris of Armstrong, Terry Smith of Edmonton, Wendy Smith of Calgary and Kelly Smith of Edmonton. Six of the eight grandchildren were also in attendance

#### GOLDEN WEDDING

Betty and Thomas Choban of British Columbia, Kelowna, celebrated their 50th wedding anniversary with their children and friends. Their children are: Laverne and her husband David of Moline, Illinois; Diana of Regina; Glen and his wife Angela and Jonathan of Orlando, Florida; and Timothy and his wife Rebecca of Redding, Pennsylvania.



#### **GOLDEN WEDDING**

Eugene and Leona Wettstein of Winfield, B.C. celebrated their golden wedding anniversary aboard the cruise ship, the Regent Sea. An Alaska cruise was their 50th anniversary gift from their children Wendell and Pat Wettstein, Sharon and Harvey Jacobson, and Loretta and Andrew Bruinsma.

The Wettsteins were married in Calgary on August 12, 1940 in the home of Elder Cecil Degering, who officiated the ceremony. They have been blessed with 10 grandchildren. Revised notice.

#### Weddings

#### CASCO-SMITH

On August 19, 1990, family and friends gathered at the Kingsway College Chapel, to witness April Smith and Josue Casco, pledge their love and lives to God and each other. The marriage was conducted by Pastor Wally Frost, uncle of the bride. April is the daughter of Curtis and Linda Smith of Oshawa, and Josue is the son of Vilma Casco, of Toronto.

#### DOOKS - ORPANA

On September, 3 1990 at the Willowdale, Ontario Seventh-day Adventist Church, Lori Sandra, daughter of Pastor and Mrs. Olavi Orpana and Larry Dale, son of Mr. and Mrs. Harold Dooks exchanged wedding vows in a beautiful ceremony. Ray Matthews, grandfather of the groom, and Elder Olavi Orpana, father of the bride officiated for Larry and Lori who reside in Willowdale, Ontario.

#### JONES-CASAR

Christopher Jones and Jenny Casar exchanged wedding vows on August 12, 1990 at the Toronto Yugoslavian Church. Pastor Juriansz officiated. Christopher and Jenny are presently making their home in Toronto.

#### LAAN-CHAN

On August 19, 1990 Kathy Chan, daughter of Mr. and Mrs. Jack Chan, and David Laan, son of Mrs. Shirley Laan, were married in a lovely ceremony at Willowdale SDA Church, Willowdale, Ontario. Pastor Clayton Stanwick performed the ceremony. David and Kathy are residing in Toronto.

#### LADI - PALOSAARI

Jaana Palosaari, daughter of Jukka and Mirjam Palosaari from Finland and Zoltan Ladi Jr. son of Zoltan Sr. and Nadi Ladi of King City, Ontario were united in marriage on July 15, 1990 at the Immanuel SDA Church in Toronto, Ontario. Jaana and Zoltan are making their home in Thunder Bay

#### MAIR - DAMZEL

Sunday, June 24, 1990, was a happy day for James Mair and Alice Damzel as they exchanged their vows in marriage at the Richmond Hill Seventh-day Adventist Church with Pastor George Ivkov officiating.

RABELLO - DOMKE Benita Madeline Domke of Langley, B.C. and Robert Luis Rabello of England, California were united in marriage in the Surrey Seventh-day Adventist Church on Sunday, July 22, 1990. The ceremony was officiated by the groom's cousin, Pastor Leo Ranzolin Jr. The happy couple now reside in Angwin, California.

#### SHOOP - SOSICK

A beautiful summer wedding on Friday, August 10, 1990 joined together Lisa Sosick, daughter of Mr. and Mrs. Peter Sosick of Sandspit, B.C. and Derek Shoop, son of Mr. & Mrs. Rex Shoop of Hazelton, B.C. We wish God's richest blessing on their home in Sandspit.

#### WILE - REECE

On August 12, 1990, Wendy Patricia Reece of Lacombe, Alberta and Blake Andrew Wile of Calgary, Alberta were united in marriage at the Halifax S.D.A. Church. The wedding was performed by Pastor Daniel Dupuis. Wendy is the daughter of Mr. and Mrs. Ivor Reece of Kingston, Nova Scotia and Blake is the son of Mr. Douglas Wile of Waterloo, Nova Scotia, and Mrs. Flora Joudrey of Bridgewater, Nova Soctia,

Wendy and Blake have established their home in Rae-Edzo, Northwest Territories, X0E 0Y0.

#### Obituaries

CHAMBERLAIN—Cecil Goodwin was born March 4, 1904 and passed away July 16, 1990 at the Henderson Hospital, Hamilton.

He resided at the Heritage Green Senior Centre and was a member of the Heritage Green SDA Church. He is survived by his wife Irene (Clark); sons: Clark, Donald and Allan; one daughter, Ruth Henderson and eight grandchildren.

The funeral service was held at Cresmount Funeral Home and was conducted by Pastors Eric and Bryan Juriansz. Interment was at North Glanford Cemetery.

CLARK-Joan: After a long struggle with the scourge of cancer, Joan fell asleep in Jesus on August 4, 1990. Joan accepted the Advent Message under the ministry of Elder Fred Pearse, and she proved to be a tireless worker, especially for the young people. Her life set the example of a true saint of the Lord, willing to be spent in consecrated service. She was a member of the Newmarket Company At the age of 42 years, she leaves to mourn her loss, her immediate family Tamara, Roanna, and Paula, and Chris (Tamara's husband) and also her large family of thirteen brothers and sisters, and a loving and devoted mother. The service was conducted by Elder Dan J. Handysides, at the Thompson Funeral Home in Aurora, Ontario on August 6, 1990. We sorrow not as those without hope, for we know that soon, we shall meet again at the return of our Blessed Lord.

COX-Andrew Orville Cox was born on September 14, 1910 in Carlton Place, Ontario, and died in North York Branson Hospital, following a stroke, on September 30, 1990. Orville was deeply involved with our Church from its inception in Toronto, and with our North York Branson Hospital from its early development, with the purchase of the land, the laying of its foundations, through future progressive extensions, until the time of his death. Following retirement from his Toronto bakery business, he has served as head of security at the hospital for twentyeight years. Orville's life was quiet, unassuming, accompanied with Christian humility and contrition, tempered with a lively faith. The high esteem in which he had been held was evident in the crowded mid-week funeral service in the Willowdale Church, and the

very large following to the graveside service at the nearby Westminster Cemetery.

Left to cherish his memory, in "the blessed hope", are his dear wife, Marguerite; daughters, Luella Spurrell, Maureen Hartigan, and Colleen McLellan and five grandchildren.

DELORME—Margaret Anne Delorme (Laferriere) was born in Powassan, Ontario on November 15, 1899 and died in Bancroft, Ontario on October 21, 1990. Surviving her are her 6 children: Leo, Leonard, Margaret, Gareth, John and Francis; 21 grandchildren and 19 great-grandchildren. She was married to Joseph Delorme who died previously.

Margaret Delorme was a member of the College Park Seventh-day Adventist Church. Funeral services were conducted by Nikolaus Satelmajer, Warren Kay and John Ferrell at the Wiggans Funeral Home in Bancroft on Wednesday, October 24. She is buried at the Mount Pleasant Cemetery in Bancroft.

HOPPE—Ewald Frederick was born March 28, 1915 at Salter, Saskatchewan and passed to his rest on September 26, 1990 in Penticton, B.C. He was married to Alma Olga Eckert and to this union, six children were born. He leaves to mourn his loving wife Alma; two sons Oran and Dale; two daughters, Mona Buck and Ina Yarema; eight grandchildren; one great-grandchild and one brother. A graveside funeral service was conducted by Pastor Osborne Lee at Oliver, B.C. PAWLUK—Polly Pawluk was born in Winnipeg, Manitoba on October 17, 1910. She married George Pawluk on October 28, 1939 and they resided in Rorketon, Manitoba until her death on October 9, 1990.

She is survived by one daughter, Elizabeth and one son, Edward. She is also survived by one granddaughter and four grandsons, two brothers and four sisters.

The funeral services were conducted by Pastor Don Johnson, and Polly was laid to rest by the side of her husband in the St. John's Cemetery at Rorketon.

PETERSON—Frances Mary (Watts) passed to her rest on September 26, 1990 after several months of illness. Frances was born in Alberta on July 22, 1919. Early in life, she gave her heart to the Lord to whom she remained faithful to the end. On July 14, 1940 she was united in marriage to Elmer Peterson and the family resided in the Grandview Flats area of Armstrong, B.C.

She will be greatly missed by her husband, Elmer; daughters, Kathleen White and Beth Grur; four grandchildren; one sister and two brothers. Pastors David Ellis, Sven Behm and Marvin Suiter officiated at the funeral service.

SCHMIDT—Emma Louise Johnson was born on December 20, 1900, at Hanseville, B.C. On June 27, 1937, she married

On June 27, 1937, she married Lester Astleford and she taught in the Church Schools in various places in B.C., Alberta and Washington. Though she had already retired, after her husband died on May 4, 1976, she returned to the classroom until she married Andrew Schmidt and moved to Maple Creek, Saskatchewan where she died on September 25, 1990.

Emma is survived by: her husband; her son, James Astleford, four grandsons and four great grandchildren; also two brothers and many other relatives and friends.

Funeral services were conducted by Pastor Roy Uffindell and her two nephews, Pastors Frank and Don Johnson. Interment was in the Maple Creek cemetery.

SINGER—Hans and Judy Singer of Fort St. John grieve the loss of Talitha, a baby girl who died at birth September 7, 1990. Meredith Pond conducted a committal service. Joining the Singers in their sorrow were their two sons, Aaron and Eon and members of the Fort St. John church.

WIMER—Gaylor was born January 7, 1907 in Elwood, Indiana and passed away October 6, 1990 in Hillsborough, Oregon. Immediately following his graduation from Canadian Junior College in 1937, Gaylor became the Director of the Publishing Department in the Ontario-Quebec Conference. Besides his family, Gaylor's life was dedicated to literature evangelism.

Memorial services were conducted at the Forest Grove Seventh-day Adventist Church in Oregon on October 8, 1990 by Pastors Elmer Unterseher and Harold Peckham.



CLASSIETED ADVERTISING, 50 words or less - \$15.00 per issue, 25¢ each additional word. DISPLAY ADVERTISING (Camera Ready); \$15.00 per column inch, ¼ page ad-\$165.00 1/3 page \$220.00, 1/2 page ad-\$290.00, 1 full page ad-\$535.00, \$240.00 extra per colour. DISCOUNTS; 10% discount for three or more consecutive insertions without copy changes. OUT OF UNION ADVERTISING; for out of Union advertising the above quoted figures are U.S. dollars, MISCELLANEOUS STIPULA-TIONS: 1) Payment should accompany all advertising. 2) all advertising should come to us with local conference approval. 3) Deadline for material-5th of the month for the following month, NOTE: The publisher accepts no responsibility for categorical or typographical errors, nor any liability for the following advertisements.

STEVE DARMODY CD'S & TAPES for sale. Purchase new "Constant Refuge", CD—\$15, cassette—\$10. We pay postage if you buy in 1990. Send payment to: Morning Song, Rt. 2, Box 79A-5, Siloam Springs, AR 72761. (12/90)

Give the Perfect Gift this Holiday Season—The all new set of Spirit of Prophecy ''Magabooks'' just printed by Pacific Press Specialty Printing Dept. These high quality books feature complete original text and are absolutely beautiful. They are also inexpensive. Make this Christmas special for someone you love! Call 1-800-777-2848 (Direct Shipping & FREE Giftwrapping Available).

(12/90)



Witnessing has never been easier!



Christ's Object Lessons: \$.81 ea., \$26.00/case of 40 books

The Ministry of Healing: \$.81 ea., \$26.00/case of 40 books

The Desire of Ages: \$1.25 ea., \$40.00/case of 40 books



Available now at your ABC.

For the first time, the devotional classics *Christ's* Object Lessons, The Desire of Ages, The Great Controversy, Bible Readings for the Home, and The Ministry of Healing can be yours for about a dollar!

The time has come to scatter the truth for these times like the "leaves of autumn." Now, there's no reason not to.

The Great Controversy: \$1.25 ea., \$40.00/case of 40 books Bible Readings for the Home: \$1.25 ea., \$40.00/case of 40 books

A joint project of ASI Missions, Inc.; Pacific Press; and Review and Herald.



© 1990 Pacific Press Publishing Association 2125



RHONDA GRAHAM

by Rhonda Graham

Jana and Alex are in love, Jana's parents don't approve. Can Jana keep her promise to Alex and still have her parents' love? 96 pages. Paper, US\$6.95/Cdn\$8.70. Available at your ABC. From Pacific Press.

D 1990 Pacific Press Publishing Association 2117

Own Your Own Business: \* National Safety Associates, world leader in clean air and water appliances. \* Proven training and network marketing program provide 6 figure income. \* \$500-\$5000 investment, secured by inventory, will launch your business. \* Rebates, commissions, bonus, expense account, insurance plans, profit sharing, equity position. \* Only serious people with drive, ambition and desire to develop own business, call Mr. E. Sormin (416) 723-7046 or (416) 433-7046 for more information. (1/91)

Singles: Now you can meet other Adventists throughout the U.S. If 18-85 and looking for friendship and fellowship, mail self-addressed envelope to: Discover, 1315 LaGorce Drive, Apopka, FL 32703. (1/91)

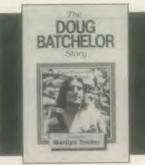
#### MOTEL FOR SALE -

- CLOSED SABBATH HOURS
- GOOD INCOME FOR OWNER/ OPERATOR
- 12 UNITS, CABLE, PHONES
- · NEAR BUSY HWY.
- ONLY MOTEL IN RURAL VILLAGE
- EXCELLENTLY OPERATED/ MAINTAINED
- 2 BEDROOM LIVING QUARTERS
  CURRENT LEASE MAY CON-
- TINUE 3+ YEARS OR RENEGOTIATE
- CHURCHES WITHIN DRIVING DISTANCE
   2-1/2 HRS. TO C.U.C.
- FRIENDLY ACTIVE COMMUNITY
- LARGER TOWNS NEARBY
- 1-1/2 HRS. TO EDMONTON

WRITE IN CONFIDENCE TO

OWNER BOX 58 MANNVILLE ALBERTA TOB 2W0 (1/91) New Book—Women in Their Place expounds on rolls of women as God delineates in the Bible and the Spirit of Prophecy, i.e. medicine, nursing and the ministry. Quotations never used at the General Conference are available in this 488 page book for only \$15.00 Cdn. plus \$2.00 for postage. Write U.J. Underwood, M.D., 8823 U.S. 31, Berrien Springs, Michigan 49103

Successful computer dating exclusively for SDAs since 1974 ADVENTIST CONTACT P.O. Box 5419 Takoma Park, MD 20912 (301) 589-4440



by Marilyn Tooker

The riches-to-rags story of a millionaire's son who dropped out of society to become a desert cave dweller. Even there, God reached him. 128 pages.

Paper. US\$7.95/Cdn\$9.95. Available at your ABC. From Pacific Press. 10 1990 Pacific Press Publishing Association 2118

Acreage For Sale—Sunny Alberta— 1680 sq. ft. house, Large 26 × 60 shop. Garage inclusive. Located two miles from town, one mile from college and elementary school. Nestled near a lake, in quiet surroundings. Phone (403) 782-3975. (11/90)

FOR SALE: 1989 Vanguard Motorhome, 16,000 mileage, 27' 4" (Class C), 8 seater, sleeps 6, rear double bed, heater, roof air, 4 burner range with oven, fridge, freezer, selfcontained with shower, AM/FM cassette deck with 4 speakers, cruise control, tilt steering, lots of cupboards, decor, excellent condition. Price: \$38,000.00 (416) 764-7930,

Become a trained clinical laboratory professional. Histotechnology, phlebotomy, and medical technology programs available. For more information call collect (708) 887-4299 or write School of Medical Technology. Hinsdale Hospital, 120 N. Oak Street, Hinsdale, IL 60521. (2/91)

New SDA Publication looking for miracle stories, conversion stories, and answers to prayer. Contact He's Alive, P.O. Box 328, Cheney, WA 99004. He's Alive (SDA's version of Guideposts) would make great Christmas gifts. One year subscription—\$8.95. Natural Lifestyle and Your Healtha monthly journal of information on how your lifestyle affects your health, with 24 all-natural vegetarian recipes in every issue. A must for yourself; a great gift idea for Christmas, or any time. Subscriptions: 1-year (12 issues), \$15.00 U.S., \$20.00 Foreign; 2-years (24 issues), \$28.00 U.S., \$38.00 Foreign; bulk prices available upon request. Send your name, address, and cheque, money order, or MC/VISA card number and expiration date to: Natural Lifestyle, Box 278, Pine River, WI 54965-0278. Telephone (414) 987-5866

Thai Deodorant Stone. The most effective body deodorant known to man. 100% pure and natural. Unscented. Great gift idea. Travel pouch. Money back guarantee. No aluminium chlorhydrate. For 1 year supply send \$24.95 (includes postage) to: Careway Health Products, R.R.2, Tofield, AB. T0B 4J0. Distributorships available.

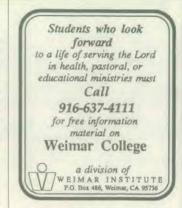
Inspiration Stories Needed: The Review and Herald is preparing a book of stories about ordinary Adventists who have done/are doing extraordinary things, making a difference in people's lives—Global Mission oneon-one. Someone you know has a story for this book! Call Jeannette, Monday through Thursday at 1-800-234-7630, or write: Jeannette, Review and Herald Publishing Association, 55 West Oak Ridge Drive, Hagerstown, MD 21740, within two weeks.



Advertising Specialties—imprinted pens, glassware, wall and desk calendars, awards, buttons, gifts and wearables and much more. Church affiliated order gets special discount. Contact Tally Coloma, Bradley Advertising Service Ltd., 1099 Kingston Rd., Suite 210, Pickering, Ontario L1V 1B5. Call me toll free—0-(416)-579-4826-3067.

Thinking of Vacationing or Retiring in Sunny Florida? Consider the beautiful community of Port Charlotte. We have a place for you to stay either day (\$25.00), week (\$150.00), month (\$300.00), per room, with kitchen, laundry, and pool. Close to S.D.A. church, school, and stores. More information call John: (416) 738-6441.

Travelling? Go the Bed and Breakfast way. Listings in many states and several foreign countries. 1990 directory \$5.00. Karen L. Bergh, P.O. Box 8, Fish Camp, CA 93623. (1/91)

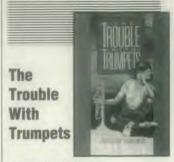


Adventist Escorted Group Cruises! You are invited to join other Adventist members and friends on a cruise to Caribbean, Mexican Riviera, Alaska, Bermuda etc. Call or write, Mert Allen, Mt. Tabor Cruise, 6838 S.E. Belmont, Portland, OR 97215 (800) 950-9234 or (503) 252-9653.

WAIKIKI, OAHU: Adventist owned, completely furnished, 1-bedroom vacation condos with kitchen, TV, phone, parking, pool, sauna, store, launderette. Near beaches, churches; minimum 4 nights; magnificent view, 1-4 persons \$60.00 a night. Reservation, (808) 737-4048, Hawaii Condo Reservation Center, 3480 Waialae Ave., Suite 2, Honolulu, HI, 96816. (12/90)

Award Winning Record Producer seeks recording artists. Jim McDonald, winner of 35 Gospel Albums of the Year is taking auditions for individuals, groups and children. Custom recordings...all inclusive budgets. Call or send cassette to: Jim McDonald Productions, 3808 Rosecrans St., Suite 458, San Diego, California 92110 (619) 692-2411. (11/90)

Adventist Certainties Established. Computerization (on compact disc) and republishing of SDA pioneer writings is underway to meet "the deceptions that Satan is bringing in" (CWE26). For free information write: Pioneer Compact Disc Committee, P.O. Box 383, Loma Linda, CA 92354. (1/91)



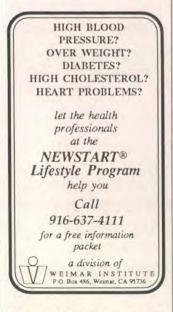
by VeraLee Wiggins

An awkward thirteen-year-old girl with a painted trumpet learns responsibility and how God can work in a teenager's life. 96 pages. Paper, US\$6.95/Cdn\$8.70. Available at your ABC. From Pacific Press. © 1980 Pacific Press.

Sponsors needed-S.D.A. Filipinos will accept low pay but need sponsors to get out of their own country. They are enthusiastic, and caring and have high scores in psychological testing. Domestics, office workers, teachers/tutors (piano, math, English) physical therapists, nurses and physicians. If you can be a sponsor, call R.N. Multi-Health Services Ltd. (416) 250-1883 (6/91)

Adventist Bed and Breakfast, Naples, Florida. Peaceful country setting not far from beautiful Gulf beaches. Bountiful, healthful breakfast, homemade specialty breads. Washer, drver, Many local attractions, excellent shopping. Special weekly rates. Reservations: Nancy Wall, 1821 Krape Road, Naples, FL 33964, (813) 353-0376. (12/90)

Friends Near & Far! Adults! find friends by mail, for Christian friendship, forever cherished. Men and ladies 16-80, send a self-addressed, stamped, #10 envelope for club information to "Cross Canada Pen Friends" c/o Aunt Margaret's Place, 3516 E. Georgia St., Vancouver, B.C. V5K 21.8 Canada, We are Canadian Christians, helping others. (8/91)



Travel-Carl & Cindy Chin offer their services in VACATION TRAVEL-Charters-Package and Independent Holidays-Cruises-Trains (worldwide), BUSINESS TRAVEL-Ticket delivery-Car Rental-Hotel Reservations, IN-TERNATIONAL TRAVEL, GROUP TRAVEL-Processing of Passport and Visa Documents. Bayview Travel Centre Ltd., 5440 Yonge St., Unit 3, Willowdale, Ont. M2N 5R8. (416) 223-3344.

Dentures - Like to wear comfortably fitting Denture Plates? Then try FREY DENTURE CLINIC, with European workmanship, on all new plates one year guarantee! Phone Joseph: at Area Code (403) 478-6387 Mon.-Fri. 9 a.m. -4 p.m. Located in #320 Killarney Centre, 12907-97 St. Edmonton, Alta. T5E 4C2. Denturist of full plates, direct for the public.

Change of Address for Canadian Adventist Messenger Mail in this coupon AND address label on back cover. (Code on label is required when making changes on the computer.) Name

Old Address

Postal Code

New Address

Postal Code

(Be sure to include postal code)

Mail to: Messenger, 1148 King St. E., Oshawa, Ontario L1H 1H8 Change of address may require up to six weeks.

#### Seventh-day Adventist Church in Canada DIRECTORY

President, D.D. Devnich: Secretary, O. Parchment; Treasurer, G.B. DeBoer; Under Treasurer, R.L. Coolen: Coordinator of Trust Services and Revolving Fund Manager, Joan Fraser; Director, Computer Services, S. Henry; Treasurer HHSC, Ron Hosking: Departmental Directors: ADRA Canada, 1. Howard: Education, I. Saliba; Church Ministries and ASI, Acting Director, C. Sabot; Literature Ministries, G. Dronen; Ministerial Association Secretary and Communications Director, G. Karst; Multicultural Ministries, Robert Kennedy: Public Affairs, Religious Liberty and Trusts,

Consultant to Health Care Institutions, G. Rodgers.

#### **Conference** Directory

THE SEVENTH-DAY ADVENTIST CHURCH IN CANADA-D.D. Devnich, President; O. Parchment, Secretary, G.B. DeBoer, Treasurer; 1148 King Street East, Oshawa, Ontario L1H 1H8. (416) 433-0011.

ALBERTA CONFERENCE-D.W. Corkum, President; D.G. King, Secretary; R. Lemon, Treasurer; Box 5007, Red Deer, Alberta T4N 6A1. (403) 342-5044.

BRITISH COLUMBIA CONFERENCE E. Hetke, president; E. Tetz Secretary-Treasurer, Box 1000, Abbotsford, British Columbia V2S 4P5. (604) 853-5451

MANITOBA-SASKATCHEWAN CONFERENCE-L. Carney, President; H. Sackett, Secretary; D. Falle, Treasurer; 1004 Victoria Ave., Saskatoon, Saskatchewan S7N 0Z8. (306) 244-9700

MARITIME CONFERENCE-Robert Schafer, President; Martin Moores, Secretary-Treasurer; 121 Salisbury Rd., Moncton, N.B. E1E 1A6. (506) 857-8722

ONTARIO CONFERENCE-E.R. Bacchus, President; D. Uffindell, Secretary; B. Christenson, Treasurer; Box 520, Oshawa, Ont. L1H 7M1. (416) 571-1022

OUEBEC CONFERENCE-R.O. Samms, President; G.L. Hermans, Secretary; Y. Colas, Treasurer, 940 Ch. Chambly, Longueuil, Quebec J4H 3M3. (514) 651-5222.

NEWFOUNDLAND AND LABRADOR MISSION OF SEVENTH-DAY ADVENTISTS-D. Crook, President; Alan Hamilton, Secretary-Treasurer; P.O. Box 2520, Mount Pearl, Newfoundland A1N 4M7. (709) 745-4051.

#### LEGAL DIRECTORY

For the information of members and friends who wish to remember the Church and its institutions in preparing wills and legacies.

ALBERTA CONFERENCE COR-PORATION of the Seventh-day Adventist Church-Box 5007, Red Deer. Alberta T4N 6A1

THE BRITISH COLUMBIA COR-PORATION of the Seventh-day Adventist Church-P.O. Box 1000, Abbotsford, B.C. V2S 4P5.

MANITOBA CONFERENCE COR-PORATION of the Seventh-day Adventist Church-1004 Victoria Avenue, Saskatoon, Saskatchewan, S7N 0Z8

MARITIME CONFERENCE of the Seventh-day Adventist Church Inc.-121 Salisbury Rd., Moncton, N.B. E1E 1A6.

ONTARIO CONFERENCE COR-PORATION of the Seventh-day Adventist Church-P.O. Box 520, Oshawa, Ontario L1H 7M1.

SASKATCHEWAN CONFERENCE CORPORATION of the Seventh-day Adventist Church-1004 Victoria Avenue, Saskatoon, Saskatchewan S7N 0Z8.

SEVENTH-DAY ADVENTIST CHURCH IN CANADA-1148 King Street East, Oshawa, Ontario L1H 1H8.

SEVENTH-DAY ADVENTIST CHURCH in Newfoundland and Labrador-P.O. Box 2520. Mount Pearl, Nfld. A1N 4M7

SEVENTH-DAY ADVENTIST CHURCH -Quebec Conference or Eglise Adventiste du Septième Jour-Fédération du Québec-940 Ch. Chambly, Longueuil, Quebec K4J 3M3.

#### Institutions

ADRA CANADA 1148 King St. East, Oshawa, Ont. L1H 1H8 CANADIAN UNION COLLEGE

College Heights, Alberta TOC 0Z0

KINGSWAY COLLEGE Box 605, Oshawa, Ontario L1H 7M6. CHRISTIAN RECORD BRAILLE FOUNDA-

TION-31897 Mercantile Way, Clearbrook, B.C. V2T 4C3.

FAITH FOR TODAY FOUNDATION 1148 King Street East, Oshawa, Ont. L1H 1H8

THE VOICE OF PROPHECY FOUNDATION -1148 King Street East, Oshawa, Ont. 11H 1H8

IT IS WRITTEN FOUNDATION

1148 King Street East, Oshawa, Ont. L1H 1H8

#### Health Care

#### **Retirement Homes**

EAST PARK LODGE-720 Kildare Avenue, Winnipeg, Manitoba R2C 4P2.

HERITAGE GREEN SENIORS CENTRE-Senior Citizens Apartments and Nursing Home. 351 Isaac Brock Dr., Stoney Creek, Ont. L8J 1Y1.

KENNEBEC MANOR

475 Woodward Ave., Saint John N.B. F2K 4N1 KINGSWAY PIONEER APARTMENTS

1250 King Street East, Oshawa, Ont.

L1H 1Y8. NORTH YORK BRANSON HOSPITAL 555 Finch Ave. W. Willowdale, Ont.

M2R 1N5. PARK MANOR PERSONAL CARE HOME 301 Redonda Street, Winnipeg, Man. R2C 11.7.

REST HAVEN LODGE

2281 Mills Rd., Sidney, B.C. V8L 2C3.

SHERWOOD PARK NURSING HOME 2020 Brentwood Blvd. Sherwood Park, Alberta T8A 0X1.

SUNNYSIDE NURSING HOME 2200 St. Henry Ave., Saskatoon, Sask. S7M 0P5.

WEST PARK MANOR PERSONAL CARE HOME-3199 Grant Avenue, Winnipeg, Man. R3R 1X2.

#### **Book Centres**

2015-39th Ave., N.E. Calgary, Alberta T2E 6R7. (403) 250-5252

Toll Free Number: 1-800-661-8131 Box 1000

Abbotsford, B.C. V2S 4P5

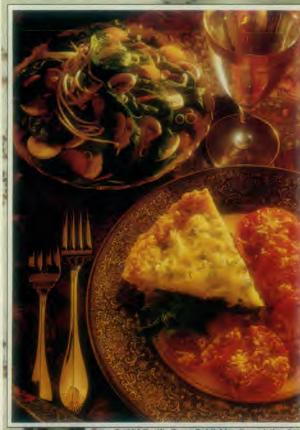
(604) 859-2566 Box 398, 1156 King Street East

Oshawa, Ontario L1H 7L5 (416) 579-2311

Order desk 1-800-263-3791

#### **Copy Deadline**

Copy for the January issue is due by December 25.



© 1990 Pacific Press Publishing Association 2111

retenders

Hegstad

Unprecedented changes in Eastern

Europe forefell a final contrantation between the kingdoms of earth

and the kingdom of heaven

#### Good health never tasted so good!

Life's Simple Pleasures redefines good eating and good times by providing complete seasonal menus—more than 140 mouthwatering, low-cholesterol, vegetarian recipes—that are easy to prepare and perfect for entertaining.

Spectacular color photographs spark the imagination of the creative host or hostess, returning joy to the kitchen and excitement to the dining table.

An excellent gift idea, *Life's Simple Pleasures* is more than a cookbook. It's a celebration of the good life.

Now available at your ABC. Hardcover, 160 pages. US\$24.95/Cdn\$31.20.



#### by Roland R. Hegstad

The rapidity with which the Iron Curtain and the Berlin Wall collapsed stunned world leaders. Cries of "peace and safety" abound. What's next?

Book Pretenders to the Throne, by Liberty magazine editor Roland R. Hegstad, dares to peek behind the curtain of perestroika and into the prophetic pages

> of Daniel and Revelation. Communism is falling, but what will arise in its place?

> Share the 1991 book of the year with those you

Sharing

From Pacific Press. n.

© 1990 Pacific Press Publishing Association 2112

for

The

1991



love and help them get ready for what's ahead.

Available now at your ABC at the sharing price of only US\$1.35/Cdn\$1.70. Package of 5 only US\$5.95/ Cdn\$7.45.

## GRAIN DRIVE 90-91



#### A CHRISTIAN RESPONSE TO HUNGER

Images of multiplied blessings are common in the Bible. The parable of the talents speaks of 10 fold increases. One hundred fold growth is recognized in the parable of the sower. The generosity of one young boy resulted in the feeding of the 5000.

The **Canadian Foodgrains Bank** is a charitable inter-church agency dedicated to assisting its ten church partners respond to the food needs of the Third World. Gifts of Canadian grain and cash are used for emergency relief as well as for food-for-work rehabilitation projects. The **Canadian International Development Agency** (CIDA) generously matches our foodaid program expenditures on a three to one basis.

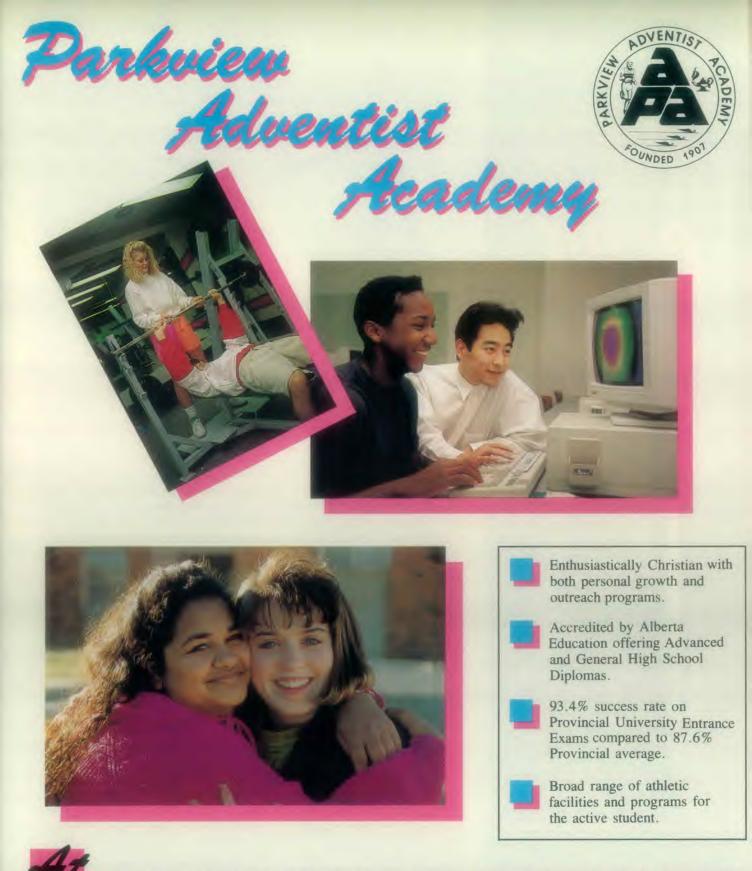
The **Canadian Foodgrains Bank** is seeking 15,000 MT in donated foodgrains for 1990/91. These grain donations, plus cash donations and the contribution of **CIDA**, will allow Foodgrains Bank partners to respond to urgent food needs in **Angola**, **Sudan**, **Ethiopia**, **Nicaragua**, **Haiti** and other food deficit countries.

"He who provides seed for sowing . . . will multiply it and swell the harvest of your benevolence, and you will always be rich enough to be generous." II Cor. 9:10 (NEB)

Designate your contribution to the account of Adventist Development and Relief Agency (ADRA Canada)

For more information about how to make a grain or other donation, or to be involved in a grain drive, please phone or write: CANADIAN FOODGRAINS BANK Box 767 Winnipeg, MB R3C 2L4

Toll Free Number: 1-800-665-0377 Local: (204) 944-1993 FAX: (204) 943-2597



Parkview Adventist Academy you'll find a fun, "family" atmosphere with good Christian friends—friends who help you adjust to being away from home...listen to you tell about your latest date...save you a seat in chapel...quiz you on your biology notes...help you with your computer project...pray with you when you're struggling spiritually...hang out with you at the gym...support you on your mission trip to Mexico...go with you on tour during Spring Break...and stick with you, for life.

Parkview Adventist Academy. Preparing committed Christian youth for a life of service and offering a priceless treasure-forever friends.