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We can't do it without you

by Bert Smit, CEO of ADRA-UK

This year it is our dream that every member of the Seventh-day Adventist Church will help us fundraise to help people in need during the Annual Appeal, making it a bigger and better success than last year!

With your help, in 2013 we raised a total of £539,133 during the Annual Appeal, and the money was allocated to the following projects:

- £406,773 was used abroad to fund several development projects that made a real difference in the lives of thousands of disadvantaged people.
- £31,000 was used to support special projects in the British Isles.
- Close on £50,000 was used to provide emergency relief through the global ADRA network. The remainder was used to fund the Annual Appeal costs.

It is thanks to you, our faithful supporters, that last year ADRA-UK was able to help more than 225,000 people globally with donations raised through the Annual Appeal.

We can't do it without you. Please help us to help again this year. The 2014 Annual Appeal runs from 29 March to 13 April (until 20 April in Greater London).

This year, funds raised from the Appeal will also support two new key projects:

Livelihood improvement in MyanmarWith your help ADRA will help more than fifteen villages with little to no farming and no work to set up food-processing industries and train people in small-scale business skills.

Women's health project in Zimbabwe With your help ADRA will provide four women's maternal health shelters in existing hospitals, directly benefiting more than 40,000 mothers and children.

So this year, whether you collect door-to-door, participate in a sponsored walk, bike ride or cake sale, or dig deep into your own pocket, thank you for helping us to help!















Annual Appeal 2014

29 March – 13 April, UK (extends to 20 April in London) Stanborough Park, Watford, Hertfordshire, WD25 9JZ, England Tel. +44(0)1923 681723, Fax. +44(0)1923 681744 Registered charity 1074937 (SC037726 – IOM1101)

www.adra.org.uk





Enhancing Health

by Sharon Platt-McDonald, RGN, RM, RHV, MSc

Exercise benefits what research reveals

Most people are conversant with the conclusions from that large body of research which demonstrates the multiple benefits of regular exercise, such as the enhancing of cardiovascular health, the encouraging of weight loss and the improvement of physical strength. However, emerging studies have revealed convincing evidence pointing to a wider range of health benefits from exercise. These include such things as improved memory and brain function, reduction in post-treatment fatigue and the lowered risk of new cancers or recurrent malignancies.1

The Fred Hutchinson Cancer Research Centre (world leader in research to prevent, detect and treat cancer and other life-threatening diseases) has compiled numerous research papers on the benefits of exercise. Four of its research findings are summarised as follows:²

- Moderate aerobic exercise, like 45-minute walks three times a week, demonstrates a consistent increase (up to 20%) in improved memory and brain function.
- The creation of new brain cells in those areas of the brain that control memory, complex thought and decision-making can be increased through aerobic exercises.
- The production of molecules that carry brain signals and the

connections between cells where these molecules work can be increased by aerobic exercises.

Exercise and fatigue reduction

- Evidence accumulated from 15 years of research has found that following transplantation, physical activity is the most important intervention for overcoming fatigue and decreased physical function.
- The evidence also showed that substantial benefit was to be gained from exercises such as walking 30 minutes a day, strength training with resistance bands, and stretching, which boosted energy.

Exercises following major treatments and surgery

 Following up chemotherapy with exercise was linked to shorter or less severe chemotherapy side effects, enhanced immune function and elevated mood. These positive outcomes significantly decreased the resulting fatigue that is associated with prolonged, intensive treatments like chemotherapy, bone marrow or blood stem cell transplantation.

Exercise and cancer

- More than twenty-four studies reveal that women who exercise have a 30-40% lower risk of breast cancer. It is thought that this is related to the positive impact of exercise on oestrogen levels.
- Regular exercise was found to be a factor in decreasing colon cancer risk by 20%, particularly in men.
- Exercise was also found to reduce the risk of cancer in heavy
- The risk of recurrent disease in cancer survivors can be reduced through exercise. With exercise the amount of fat in the abdomen can be reduced even in the absence of dramatic weight loss. The decrease in abdominal fat reduces insulin levels that might otherwise promote the growth of cancer cells.

Get moving!

¹http://www.fhcrc.org/en/treatment/long-term-follow-up/FAQs/exercise-benefits.html ²lbid

editorial

I know that our national Carers Week is diarised for 9-15 June this year – still months away. That notwithstanding, I am devoting this editorial to the subject of caring.

Let's be clear

Firstly, although you and I may be very 'caring' by nature, that doesn't qualify us to call ourselves 'carers'. According to Age UK. 'If you look after your partner, or a relative or friend who needs help because they are ill or disabled, then you are a carer.'1

How common is this form of caring? Well, this is the astonishing answer that popped up when I visited the Carers UK website: 'Up and down the UK there are 6.5 million people caring unpaid for an ill, frail or disabled family member or friend. These people are called carers but they would probably say "I'm just being a husband, a wife, a mum, a dad, a son, a daughter, a friend or a good neighbour." '2

It is quite clear then, that a very high percentage of our population is involved in this commendable activity. A number that is presently swelling by around 6,000 per day and is likely to top two million new carers this vear!3

Not for men?

Now, before our male readers think that caring isn't 'macho', we should take note of the gender split among carers: women 58%. men 42%. Yes, believe it or not, there are more than 2.7 million men involved as carers. with many of them among the 3 million people who bravely try to 'juggle care with work' each day.4

Although the type of caring under discussion here is defined as 'unpaid'. there are some allowances that such carers may claim – but these won't make you rich. The basic allowance is £59.75 for a minimum of 35 hours per week.⁵ That

'Lay down' love



Julian Hibbert

averages out at £1.71 per hour – still guite a bit less than the 'top' national minimum wage of

In fact, far from being a drain on the treasury, this vast army of carers is one of the ways the Chancellor balances his annual budget. Estimates are that they allow him to make considerable savings on the cost of social services, at least '£119 billion per year, an average of £18,473 per carer'.7 Which is far in excess of the current NHS England budget of £95.6 billion!8

Clearly then, such carers are motivated by something far more significant than money. For many, the commitment to care for others is fuelled by a deep sense of duty. I know from personal experience just how strong that sense of duty can be, for as my late father's health slowly deteriorated, I became increasingly involved in his care.

It didn't take a letter from Dad's GP to get me started, or a lengthy sibling conference to determine who would do what for him. Duty shouldn't need prompting. It ought to well up spontaneously from within with the clarity of a conviction.

Duty can be a wonderfully contagious quality – one most often learnt from the very people we end up caring for. My father and mother modelled the spirit of duty for me in the way they cared for their own parents.

But let's not be naïve about caring. It is an activity that can easily and guickly plunge you into a cauldron of seething frustration. One reason for this is the endless cycle of repetitious, menial chores that it involves. Another is the knowledge that – unlike with parenting – the one being cared for will most likely deteriorate, becoming increasingly helpless and dependent. Primary carers may also find themselves trapped by the increasing needs of those they care for needs that can guickly isolate them from the rhythms and relationships of normal life.

Is duty enough?

During my father's failing health, there was an incident that tested my sense of duty to the limit. We were out one day attending to his banking needs when he suddenly became argumentative over something insignificant and dropped this clanger: 'Well never mind about me - I suppose you'll all be glad when I'm gone and you can get your hands on my money!'

Nothing was further from the truth than that. I was gutted by that comment, and it sparked a crisis in my caring. Suddenly, what I had seen as loyal duty felt like an onerous obligation!

Dad was quick to apologise, but I still wrestled with those feelings for a while . . . until compassion came to my rescue! Medical tests established that he was seriously anaemic due to internal bleeding, suffering from late-life depression, and just not his normal self. My heart went

> out to him and my inner turmoil subsided. Compassion had put duty back on the caring track.

'Lav down' love

While reflecting on the level of compassion required from our country's carers, these words of Jesus came to mind: 'Greater love has no one than this: to lay down one's life for one's friends,' John 15:13. NIV-UK.

Isn't that, in a sense, what committed carers do? They practise 'lay down' love. They 'lay down' their dignity and clean bedpans - two or three times a day. They 'lay down' their careers and hobbies to provide stimulation to the housebound. They 'lay down' their own pleasures for years so that the frail can feel secure. They literally put their lives on hold in service to

If you are one of our 6.5 million carers – don't become weary of what you are doing. Keep adding value to society – to the lives of individuals - for 'Greater love has no one than this: to lay down one's life for one's friends.'

1http://www.ageuk.org.uk/money-matters/claiming-benefits/carers-allowance/ 2http:// www.carersweek.org/about-carers 3http://www.carersuk.org/newsroom/stats-andfacts 4lbid 5https://www.gov.uk/carers-allowance/overview 6http://www.hmrc.gov.uk/ payerti/forms-updates/rates-thresholds.htm#2 7http://www.carersuk.org/ newsroom/stats-and-facts 8http://www.england.nhs.uk/allocations-2013-14/



devotional



Don't let guilt get you down

'Welcome with open arms fellow believers who don't see things the way you do. And don't jump all over them every time they do or say something you don't agree with - even when it seems that they are strong on opinions but weak in the faith department. Remember, they have their own history to deal with. Treat them gently.' (Romans 14:1-3, the Message.)

One morning recently, I came downstairs to find an absolute tip in the hallway. There were papers all over the floor. The previous night I had gathered together some waste papers and placed them by the door ready to put them in the recycling box in the morning, and it looked as though a puppy had discovered them and had a great time tearing them up. But we don't have a dog!

I realised that the culprit was Rupert, our 'little man' who does the cleaning every night. 'Rupert' is our pet name for the robot vacuum cleaner that we have programmed to sweep the downstairs floors each night while we are in bed. I wondered where he was, but could not find him anywhere. I looked at the station where he normally goes to recharge after finishing his chores, but he was not there, so I looked under all the tables and behind the easy chairs, but without success. Then I noticed that one of the doors in the hallway was not quite closed, and I found him hiding behind it. He had pushed open the door, gone into the room and closed the door behind him. He looked just like a naughty boy who was ashamed over doing something wrong!

Of course, he is not the first to have hidden in shame. Adam has that honour: 'Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day.



and they hid from the LORD God among the trees of the garden. But the LORD God called to the man, "Where are you?" He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid." ' (Genesis 3:8-10, NIV.)

The question we should

ponder for a moment today is, 'How would we deal with quilt?' We can, as Adam (and Rupert) did, hide and hope that no one notices. Or we can carry on as normal, and hope that the blame is directed somewhere else. Or we can try to hide the evidence until we are safely out of the way.

But none of these actions will heal the hurt that is caused by the wrongdoing. The only way to do that is the one advocated by James: 'Admit your faults to one another and pray for each other so that you may be healed.' (James 5:16, Living Bible). We often think of this text as pointing the way to set things right again; to change our state from guilty to innocent. On the contrary, it has nothing to do with our legal status. There is nothing forensic about the process. Instead it is a process of healing, of reconciliation. When we do wrong, we destroy not so much our righteousness as our relationships, and the only way to heal relationships is by honesty.

Any other method just smothers the problem, allowing it to fester. For example, how often don't we hear about a marriage breakdown that can be traced to some secret that one party or the other has been keeping, or about a mental breakdown that is the result of not dealing with some (possibly trivial) incident in the past? My appeal to you is to be open and honest with one another. If you have made a mistake, just admit it and move on. None of us is perfect, and we cannot afford to point the finger at others – 'There but for the grace of God go I,' as the saying has it.

So, 'Have a good day.' One thing is certain - we will all make some mistakes. It is how we deal with them that will determine whether we really have a good day or not.

FAB Friday animated Bible stories

FAB (Food And Bible) Friday is a children/young people's activity that we run at Cheltenham Church one Friday a month. We read something from the Bible, discuss what it is about, do a craft or other activity related to the Bible passage, and then eat tea together. In January we did a rather different activity than usual – we were looking at Jesus' parables and what a parable is, so we brought in some Lego, laptop computers and webcams, and after seeing an example film and some quick tuition, we made animated films of three of Jesus parables. We have since put them on YouTube – they can be found at:

http://www.voutube.com/watch?v=UdiSLdEXIoY. http://www.youtube.com/watch?v=9M2oGW-fe3k http://www.youtube.com/watch?v=BNdwR-uC4IE and http://www.youtube.com/watch?v=TUa4h

Everyone enjoyed making the films, and we plan to do it at FAB Friday again in the future. . ROBIN BEAMISH (REPORT AND PHOTOS)





Retired minister, Pastor Brian Pilmoor, faithfully writes a journal and this is his entry for 10 February this year. It was inspired by his attendance of the 60th anniversary celebrations of the York church.

One man and his dog

My old friend, Pastor Donald Lowe, whom I have known for 67 long years, was the minister in the York Seventh-day Adventist church many years ago. He vividly remembers one of the members, Jack Lacey, who was blind and regularly came to church with his German Shepherd dog, which was both his guide and his companion. There was a special mat in church on which the guide dog patiently rested all through the Sabbath School and the following Worship Service. The remarkable thing about this dog was that it seemed to understand the word 'Amen!' For upon hearing the word at the end of the sermon it would 'awaken'. get up and be ready to return home!

During the recent diamond anniversary celebration at this church John Barron also shared a story about this blind church member. Blind Jack became a literature evangelist, and regularly, for two or three years, he would catch the bus from Acomb on the outskirts of York to the railway station. After a few stops from the city Jack would get out and begin to visit the houses in these villages. His guide dog guickly learnt what to do and would lead him from house to house. Unfortunately the authorities got wind of this and eventually told him that the dog was provided for his personal use only and was not to be used for church purposes!

Once, as I talked to Blind Jack, he related this incident to me. It was during a time of thick fog, so dense that a taxi driver had stopped at the roadside in St Leonards, opposite the Royal Theatre. He was lost – and didn't have the foggiest idea of where he was! Frustrated, he got out of his taxi to ask someone, 'Where am I?'

The person who was passing at that moment happened to be Blind Jack (and his dog). 'This is St Leonards Place,' said Jack. The man couldn't believe it, so Jack said, 'Come and feel these ornamental railings here by the pavement.' The man was most grateful and, realising that Jack was on his way home, offered him a lift. Jack directed him along the foggy roads with impeccable accuracy. The cabby was amazed as the blind man rattled off his directions: 'Turn right here. There's a roundabout a few minutes ahead and you turn right again.' Jack got home a lot sooner that day and the driver was also blessed - more so when the fog lifted, and he could return to the city.

One of the church members once asked Blind Jack about his faith. Jack replied that he was guite happy and content to remain blind but that he was longing for the day when Jesus Christ would return and 'I shall receive my sight and see His face forevermore!'

There are a number of stories in the Bible about blind men. The record of one man, who was healed, is my favourite. Jesus spat on this blind man's eyelids and the fellow opened his eyes. 'What do you see?' Jesus asked him. The man glanced around and replied, 'I see men walking and they look like trees!' So Jesus put his hands on the man's half-closed eyelids and said, 'Look up. Now what do you see?' and the man replied, 'That's better – I now see everything clearly!' (Mark 8:22-26, paraphrased.)

When Christ gives us a daily double portion of His Spirit (2 Kings 2:9) we shall see all things clearly.



Ever had questions about our faith, doctrines or practice that you want to see resolved? Each issue I'll be hosting Q&A in an effort to answer them. Andrew Puckering

'According to The Desire of Ages (p. 70) Jesus didn't receive instruction in synagogue schools. Children couldn't just borrow the sacred scrolls, and Mary and Joseph wouldn't have had time to memorise them. How did Jesus gain such comprehensive knowledge of the Scriptures?' Frank Blewitt

Whether they went to the schools or not, all Hebrew parents were instructed to pass on to their children the things of God orally, by word of mouth (Deuteronomy 4:7-10). They were to discuss God's law with their children during every spare moment, rising and sitting, morning, noon and evening - they were to live and breathe His will in their daily lives (Deuteronomy 6:4-9; 11:18-21). Hebrew children were expected to ask questions about their traditions, and their parents were expected to explain them (Joshua 4:4-7, 20-24). Joseph being a just man (Matthew 1:19), and Mary wanting to serve God and praise His name (Luke 1:38, 46-55), it's inconceivable that they would have failed to do this.

Scripture tells us more than once that Mary was a thoughtful woman who 'kept all these things and pondered them in her heart' (Luke 2:19, 51, NKJV) – she would also likely have paid special attention to the Scriptures as they were read out every week at the synagogue, where Jesus and all His family were well-known regular members (Matthew 13:55). Jesus Himself customarily attended synagogue every Sabbath and read the Scriptures (Luke 4:16). The synagogue was one of His favourite places to teach (Matthew 4:23; 9:35; Mark 1:21) and this was something He had 'always' done (John 18:20, NKJV).

Nevertheless, people were astonished at how much He knew, even at a young age (Luke 2:47), and when He was older they would ask, 'Where did this Man get this wisdom and these mighty works? . . Where then did this Man get all these things? (Matthew 13:54, 56. NKJV.) Maybe it's significant that Jesus was 'listening' to the answers religious teachers gave when 'asking them questions' (Luke 2:46, NKJV), since we often forget to do either or both! Even so, the degree of His comprehension was surprising to all who heard Him.

It's worth remembering, though, that while Ellen White says Mary was Jesus' 'first human teacher',1 she leaves the possibility that Jesus, like His cousin John, had the Holy Spirit at birth (Luke 1:15). He was, after all, the Son of God (Luke 1:35), a status confirmed by the Holy Spirit upon His baptism (Matthew 3:16, 17). While His omniscience appears to have been suppressed during His youth (since He 'increased in wisdom' - Luke 2:52, NKJV) and never fully claimed during His ministry (Mark 13:32), the Spirit did give Him knowledge above and beyond the merely natural (Matthew 24:1-42; John 1:47-49).

The Spirit was the One through whom the Scriptures were written in the first place (2 Peter 1:19-21). Jesus was One with this Spirit before the world began (John 1:1-3; 17:5), so when growing up He wouldn't have been encountering the Scriptures for the first time - He'd have been recalling those marvellous words, which He had known for centuries. I wouldn't be surprised, then, that the Word who became flesh, full of the Father's glory and grace and truth (John 1:14), had such an incredible grasp of the Holy Scriptures. I would be more surprised if He hadn't! ¹ The Desire of Ages, p. 70

ion you'd like to see answered in Q & A? Why not send it in to us at: press.org.uk? If your question doesn't appear in the next issue, don'

perspective

'The smoke of a thousand villages . . .'

by Dr Jack Hoehn*

An edited version of Dr Hoehn's letter, which first appeared in *Adventist Today*, 29 January 2014.

n 1836 young David Livingstone's heart was captured by these words from veteran missionary Robert Moffat about what he had seen in Africa: 'I have sometimes seen, in the morning sun, the smoke of a thousand villages where no one has ever heard the name of Christ.'

Those words were passed on to me by my father, Gus, and my mother, Olive Hoehn, who became medical missionaries to Kendu Bay Adventist Mission Hospital in Kenya. As a 5-year-old child, I smelt the sweet odour of cow dung fires from some of those villages. My contact was brief, but although you can take a child out of Africa, it is very hard to take Africa out of a child. So I grew up wanting to be a bush doctor in Africa.

We returned later to the US and I grew up in southern California, but I still dreamed of Africa – and sometimes, in the morning sun, I remembered the smoke of a thousand villages where no one had heard the name of Christ.

When I met a beautiful, kind, intelligent, and cheerful red-headed nursing student I let her know fairly early on that life with this Loma Linda University medical student would lead to Africa. For some

wonderful reason that did not put an immediate end to our relationship.

After choosing the generalist specialty of Family Practice (because jungle doctors needed to be generalists) and hanging around friendly surgeons a lot during my University Teaching Hospital residency in Calgary, Deanne and I were sent by all of you Adventists to Africa.

A godly machine

So let me stop here to tell you why I love Adventism in specific and organised religion in general. Organised religion does things we could never do by ourselves.

God-lovers – no matter how

sincere and how wonderful their solitary walks in the woods with Jesus or their spiritual encounters with God Himself while climbing mountains – don't build schools; don't build hospitals; don't train nurses and doctors; don't run orphanages; don't print books; don't educate hundreds of thousands of youth by their sincere, spiritual, solitary selves. Churches do that.

All this would be impossible without a church structure to support and empower it.

Jesus didn't come to have 100

solitary sheep; he went out and risked all to bring that one lonely sheep back to the fold! He came, God bless us, to build a church!

Adventism is a very organised church

We have departments with

secretaries. We have missions with directors. We have unions with presidents, and we have Dorcas societies: all, of course, for Heaven's sake. Our children give ten pennies out of every pound of their pocket money to Jesus; and our radiologists give all their fees for Sabbath work to the church; and our giant manufacturers of garbage trucks tithe and double tithe before they pay their taxes. And we even ask our neighbours to give us more to help the work of ADRA.

So this godly machine called a church does together what none of us individual believers alone could ever do. An Adventist congregation does things in a community together that we could not do alone. We collect money for fighting abuse of street women and many other worthy causes; we have a weekly programme of organised spiritual education for all our children; we may have a local school or support schools in

places with names we cannot pronounce.

Adventist conferences and unions often have high schools and colleges and hospitals. Divisions may have universities and media centres. And the General Conference sends its representatives all over the world keeping things running.

Why I still love it

Frankly, I'm very glad for this godly Adventist machine, feeble and defective as it may be, for it trained me as a child in righteousness; it gave me a place in my youth to be out of Los Angeles in the mountains at summer camps: it later brought 750 beautiful young women to Pacific Union College to give me the pick of the pack; it taught me to be a fully qualified physician with faith, integrity, and skill: it exposed me to theologians like Maxwell, Heppenstahl, Provonsha, Robert Olson, Leslie Harding, Leo Van Dolson, Gordon Hyde, and Hans Heinz to nourish my soul. It taught me German in an Adventist school in Austria. It flew me to Lesotho, and then to Zambia. It let me stand under the same trees that David Livingstone camped under, from where I could again see, in the morning sun, the smoke of a thousand villages.

For 13 years Adventism made me the richest physician in the world - I was so rich I could afford to treat anyone I wanted for nothing or next to nothing, because I was working for the Adventist Church! Your ten pennies, your Sabbath profit, your tithe by the thousands or millions put together, let me rescue more than 500 women of obstructed pregnancies with surgeries at no cost to them. It let me drive four-wheel trucks through the rivers of mountainous Lesotho to get to little clinics where everyone wore a blanket due to the unusual African cold, It let me ride a boat through swamps where no one even owned a blanket. Organised religion let me build hospital wards for children suffering from malaria.

Church let me train and graduate nurses and medical assistants who would go out into the bush and jungle and run little clinics that were lights in the darkness.

My own son, Jonathan, was

born in *vour* Maluti Adventist Hospital, where mothers and babies slept in the same beds, and, when crowded, on the floor on mattresses under the beds. You built a nursing school at Mwami Adventist Hospital. You allowed dozens of young medical doctors to come and shadow me, learning things about medicine and mission that Loma Linda could not teach them. You paid for wonderful friends and fellow missionaries to come and work with me. Adventists at *vour* hospital in Zambia ministered to the Wesleyan Methodists, the Instrumental and the Non-Instrumental Churches of Christ, the Southern Baptists, and the Fathers from the Catholic Kachaberi Mission. You gave guest rooms to the US ambassadors to these countries, and a place for Canadian, German, Norwegian and American governmental funds to join to *your* own offerings in making bad things safer, and good things better!

Don't you just love Adventism – the organised Church – for doing what no one individual could ever think of doing on his own? All Christian churches, fallen and unfallen, have done more good in this world than any sceptic club or Sunday Assembly of atheists playing church has yet dreamed of doing. Even bad churches still do good works. The Christian God came and built an organised Church. And Hell? Hell no! Hell cannot prevail against it.

Adventism shines in the darkness

I've been in Walla Walla now nearly twice as long as I was in Africa, and even here in the USA the strength and beauty of organised religion has given a beautiful newly remodelled hospital and a topclass Adventist university to our community. The Adventist grade school is a model; the Adventist academy has been remarkably.

personal and loving to our children. These things don't happen without organised religion.

But in North America, where society was largely founded on Protestant biblical principles, sometimes the beauty of Adventism is not appreciated as much as it should be, especially by our children who have known nothing else. So ten times I have gone with or taken back groups of students to Africa to see, in the light of the morning sun, the smoke of a thousand villages.

I want them to see what a positive and uplifting force for good their religion is. I want them to glimpse what happens in an African village with smoke rising from a thousand huts: with blood flowing from a thousand wars; with women suffering from a thousand subordinations: with men suffering from a thousand pots of beer; with babies suffering from diarrhoea; with all suffering from a deep, dark fear of spirits and demons and ghosts. I want them to see with their own eves that 'where sin abounds, there grace abounds much more'. I want them to know how gracious and beautiful basic Adventism is in those villages with smoke rising on a thousand green hills.

Sometimes, in the morning, I have seen the smoke of a thousand villages, and I see that the best of these villages are those that have a little Adventist church, and a little Adventist school, or a little Adventist clinic in them. At the core, basic Adventism does good things to hurting people and their needy communities. The world needs things done that none of us can do by ourselves in splendid spiritual isolation, in freedom from congregation, in standing outside the church criticising its many failings. It is worth fighting from inside the church to refresh. recover, revive, and restore the best parts of Adventism - to put the move-forward back into the Advent Movement.

*Dr Jack Hoehn is a medical doctor working at the Adventist Health Medical Group in Walla Walla, Washington, and you can read this and his other posts on science and Adventism at the Adventist Today website: www.atoday.org.

Rickets death update

by Pastor Victor Hulbert, BUC Communication director

Nkosiyapha Kunene and his wife Virginia were sentenced to prison terms of three years and two years three months respectively at the Old Bailey on Friday, 28 February 2014. The couple had earlier pleaded guilty to manslaughter following the death of their 5-month-old son, Ndingeko Kunene, in 2012 from rickets, a bone deficiency caused by the lack of vitamin D.

According to the prosecutor, Richard Whittam QC, the case arose out of the overarching belief of the couple that there was a God in Heaven who would guide the family when it came to any matter that affected life. He also made it clear that, while the couple claimed to be members of the Seventh-day Adventist Church, the Church does not approve of medical treatment being withheld.

Unfortunately, during much of the pregnancy and early life of the child, the couple had rejected medical advice and the advice from relatives to seek medical help.

Mr Whittam told the court 'that had rickets been diagnosed earlier, and appropriate treatment given, there could have been a complete recovery, and therefore the death was avoidable'.

It appears that the couple drifted away from the Adventist Church after their marriage in 2009 and had developed some extreme beliefs. They also missed out on the sound counsel and support that a church family could have provided.

[Editor's note: This is an edited version of a longer report that appeared in the BUC News of 28 February 2014.]

A doctor's perspective . . .

by Dr Chidi Ngwaba

As a lifestyle doctor, the greatest privilege I have is to see people regain their health by making adjustments to their diet and lifestyle.

My health ministry, sadly, also has occasions when people with severe diseases refuse conventional treatment, because they want to be healed naturally, either by prayer alone or by alternative therapy and prayer. Let me explain why I believe this is not only sad but also dangerous. I believe that God is still in the healing business, without question. However, I also believe that He is the One who determines how we are to be healed.

When I reflect on His healing work in the Gospels, I notice that to some He spoke healing, while with others He touched or was touched. Some He healed face-to-face; others He healed from a distance. All were healed, but no two healings were the same.

As a doctor, the two healings in the Bible that stand out for me are John 9:1-7, where Jesus heals the blind man with mud made from His saliva; and 2 Kings 20:1-7, where God heals Hezekiah with a cake of figs applied to his boil. My point is that God could just have said the words and they would have been healed. He did not need to use any form of medicine. Despite this, however, He chose instead to heal them through the medicine that was available to them at the time.

Today God still does the same thing; He heals people in various ways, including through modern medicine. I've never heard anyone say, 'Let's just pray!' when witnessing someone having a heart attack, or, 'Let's give him some broccoli juice!' No, we get the best medical attention available — and pray. We allow the Lord to decide how He will work this out. We should have this attitude with all of our illnesses. I have seen far too many Christians going to early graves because they chose an alternative route. If we do what we can do, God will do what we cannot do. In everything God wants to work with us.

My final point is this: We may be forgiven for thinking that our illness is all about us — our needs, our fears, our wants, and so on — but illness is not all about us! God has so much to teach both us and others from our setbacks. By going through the treatment you are prepared to become a counsellor for those who will pass through this way after you. I, even as a lifestyle doctor, cannot fully understand what patients go through as much as those who have gone through it personally, themselves.

'Yea, though I walk through the valley of the shadow of death, I will fear no evil . . . ' (Psalm 23:4, KJV).

Those words sound better from the lips of someone who has been through it!



witnessing methods



Why a bus?

Many people find churches daunting. Some have had bad experiences in them. Others have strong religious reasons for not wanting to enter the church buildings of other faiths. For these reasons we need to find non-threatening ways to make contact with them – on common ground. Well, there is nothing daunting about a red British bus, is there? Buses are also highly mobile and allow the team to visit areas where we would otherwise have no presence at all. The SEC hopes to make this a regular ministry and have the concept expand beyond London.

To find out more about this ministry see www.secyouth.org.uk. Email: secyouth@me.com.

The volunteers were positive too, and this observation sums up the

actually - and needs to continue.

our doctrines.

feelings of most: 'It's a different way to reach out in ministry – perfect

In particular, the youths reported that the unity and friendliness

day Adventist Church by using a familiar and friendly method. It also

aims to create positive visitor experiences, hoping they will see that we

truly care for their welfare and not just about trying to convince them of

This bus ministry seeks to introduce the unchurched to the Seventh-

among the volunteers was one of the most positive aspects of the









In addition to the church's local community projects, Councillor ian work of ADRA, and he commended the way in which the Church what you are doing for our community and outside in the world.'

The church was keen to open its doors to the community for it to

the Pathfinder club. A group of fourteen Pathfinders gave a drill display, and showed the results of the various honours they had done, such as candle making and astronomy. Councillor Choudhury was very pleased to see so many young people engaged in such positive and life-developing activities.

The Open Doors Day gave the church a chance to show how it reaches out with God's love to its community. It also helped build stronger links with the Bristol Multi-Faith Forum, with a view to participating on an annual basis. Local pastor, Anand Measapogu, was very pleased with how the day went: 'We are planning to have this event every year, so we can let others know what we are doing as a church in the community, so we can join hands in accomplishing the purpose for which God has called us.

A number of contacts were made through the event, including two very impressed community police officers, who were invited back to give a talk to the youth.





Lord mayor praises the 'caring

visit to the Bristol Central church during the Bristol Multi-Faith Forum's 'Diverse Open Doors Day' on Sunday 23 February.

various practical ways in which members are reaching out to help the community. These include the provision of food and a barber for the homeless, free health checks for the local community, and the visiting

A special audio-visual presentation was created for the event, to show the lord mayor and other visitors what it is like being one of the world's 17 million Adventists, and to demonstrate the work they do in the community and around the world. It provided an interesting summary of the Church's core beliefs, such as the Sabbath and the Second Coming, using photographs, videos and music.

Choudhury was very interested to learn about the worldwide humanitarprovides 'support for people wherever they are in need'. He added. 'On behalf of every community in Bristol, a big thank-you to your church for

find out what Adventists are all about. To this end, wall displays were created for each department in the church, with these 'stations' being manned by members who were keen to explain their faith and what they

One area which the lord mayor found particularly fascinating was

IAN SABADIN, COMMUNICATIONS CO-ORDINATOR



New bus ministry is born

n a sunny Sabbath morning, 15 March, the South England Conference bus ministry was born on one of London's busiest thoroughfares, Oxford Street. This was no ordinary bus. It was converted for purpose, with a breakfast bar, display shelving and internet connection on the ground floor, and DVD players, seating area and coffee tables on the top deck.

The mission was simple: introduce the unchurched to the Seventhday Adventist Church through acts of kindness in the form of free health screening, dental advice, prayer and gift bags containing water, health bars and *Connect* magazines. Forty youths, including members of the London Youth Federation, took to the street to carry out 60-second surveys and invite people aboard the bus.

Within two hours all 250 bags were gone, but people were asking for more – something no one expected!

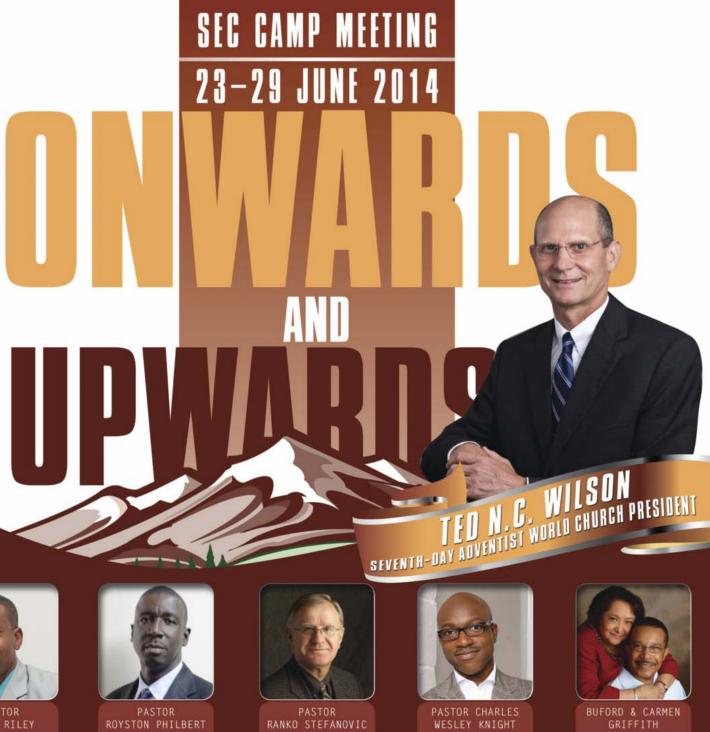
During the three hours spent on Oxford Street forty people boarded the bus to receive health checks, of whom twenty-one provided the following reviews:

- 100% reported that the staff were extremely friendly and willing to
- 100% reported a positive experience on the Global Youth Day Bus and were very satisfied with the services provided.
- 78% reported that the dental advice was very useful.
- 95% reported that the health checks were very useful
- 85% reported that they would board the bus again in the future.

'You are just great. God bless you all!' was one visitor's comment.







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news



Possible arson at Southend

The Southend church appears to have been the target of arson in the early hours of Monday, 10 March. Police were called to the scene just after 4.10am with reports of an alarm going off in the building and by the time the fire service arrived around 25 percent of the building was alight.

Insurance assessors estimated that the church will be out of commission for at least six months. The kitchen is burnt out, only ashes remain of the youth hall, and the sanctuary is heavily smokedamaged. Thankfully, the building, which hosts an active community programme, was empty at the time, though nearby residents had to be evacuated.

Within hours of the event Pastor Thomas had received calls of support from the local community, including local churches offering their premises for worship and a local councillor offering support, as well as the local Westcliff Community Association.

Pastor Thomas says, 'I would like to thank Love Southend Christian Community for lifting us up in prayer. It is at times like this that we realise the value of kindness and care.' He has invited those representatives of the Christian and local community groups to worship with the Adventist members on Sabbath morning 'so that I can introduce you to our church family'. He has also indicated that the church leadership would like to meet with this same group 'to look at the needs of the community and how best we can reshape our building to meet those needs'.

He adds that the church members are in good spirits though some of the children have been somewhat tearful at the loss of the church. He says, 'Part of our planning for this Sabbath is to be positive and to help the children get through this emotionally by asking them to draw pictures of how they would like our new church to look.'

Members are thankful for the prayers and support from around the

VICTOR HULBERT, BUC COMMUNICATION DIRECTOR (edited version of BUC News report)





Midlands baptisms

On 15 February the Learnington mission and Kidderminster and Rugby churches joined forces to celebrate the baptism of four people and the acceptance by profession of faith of another. The event was characterised by inspiring music from Grace Winnitt and her family and followed by a 'potluck' lunch.

These new members were not only from different congregations but also from different continents and cultures. Milan Gugleta, the minister of Leamington Mission, stressed, however, that all are united in Christ with a new identity as the children of God.

Following the sermon the candidates were introduced to the congregation: Marianna Pretorius from Leamington Mission introduced her friend, Adele Feinhals, who had lost Hannah, her ten-month-old daughter, while living in Hong Kong. She had died suddenly from pneumonia. The doctor at the Adventist hospital there, who had helped deliver Hannah, and his wife befriended Adele, who subsequently attended church in Hong Kong and was baptised. However, when she moved back to England shortly afterwards, she stopped going to church. Now, thirty years later, she was responding to the promptings of the Holy Spirit to find God again, find a church and rededicate her life to God!

Richard Down, an elder from Kidderminster, introduced Anna Maria Muraru, a young Romanian. En route to Leamington, while travelling on the motorway, the car bonnet had broken loose and shattered the front window. Shaken, but thankful that no one had been hurt, her father fastened down the bonnet and they safely completed their journey. According to Richard. Anna was ready to devote her life to God.

The last two baptismal candidates were from Rugby. One of their elders, Sergio De Sousa, introduced Julian Bennett, a young person from Belize who is also a Pathfinder at Rugby and loves to be involved in all the church programmes. Then John Gutu, also an elder, spoke about how much Ellen Bobie-Ansah from Ghana loves the Lord. She is much loved in her church and is known for her smiles and laughter, no matter what is happening in her life.

Finally, Rob Pearce, an elder at Leamington who had studied with Jessica Barreto, welcomed her into the church on profession of faith. Jessica is from Brazil and was baptised in the Baptist Church at 13. Later, she met and married her Adventist husband Junior, also from Brazil. Since getting married they have moved to England, where as a result of his witness she decided to join the Adventist Church.

LORRAINE GLINTON, COMMUNICATION SECRETARY



Ordination in Erdington

On 8 February the Erdington church held a special ordination service for newly appointed elders, Goodleisure Ngoma and Stephen Kazembe. The North England Conference president, Pastor Lorance Johnson, visiting for the first time, was the guest speaker for the morning.

He spoke enthusiastically about his own personal call to ministry and the vision for the NEC to set about 'Rebuilding the Walls' for God. Pastor Johnson was accompanied by his wife, Joan, and children, David and Rebecca. Rebecca sang a beautiful song during the worship service and the church's male choir did their part too.

In the afternoon Pastors Johnson and Palmer were quizzed by the congregation concerning a variety of contemporary church issues – something that was enjoyed by all. Pastor Johnson also found time to tell a little about his exciting work as an Adventist Frontier Missionary (AFM) in West Arica – working mainly among Muslims.

JOHN OSEI-BEMPONG PHOTO: MOSES JAMANDA KANAMANGWERE



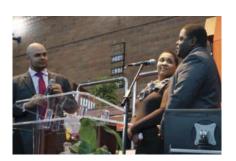
Relationships weekend

The North England Conference recently held a special relationships weekend at the Camp Hill church (14-16 February). The theme was 'Love, sex and marriage' and this had the church bursting at its seams.

The Sabbath sermon was delivered by Pastor Conway, who held up Jesus as our Example, noting that He was tempted while at His weakest and most vulnerable point. He stressed that Christ depended heavily on prayer and the Word for His strength.

Pastor Conway also stressed the danger of justifying our desires, as did Eve before the tree of the knowledge of good and evil. His sermon closed with an altar call that drew many forwards for a recommitment to Christ.

ANTHEA MCLAUGHLIN-BROWN PHOTO: COURTNEY JADE



Parcels for the homeless!

On Sunday 2 February, three Longsight and Levenshulme members (Sisters Griffiths and Williams, and Brother Grant) went into the heart of Piccadilly Centre, Manchester, to distribute food parcels to the homeless.

Church members had been collecting food items and warm clothing (jackets, coats, and blankets) to be distributed to the homeless in Manchester and Stockport.

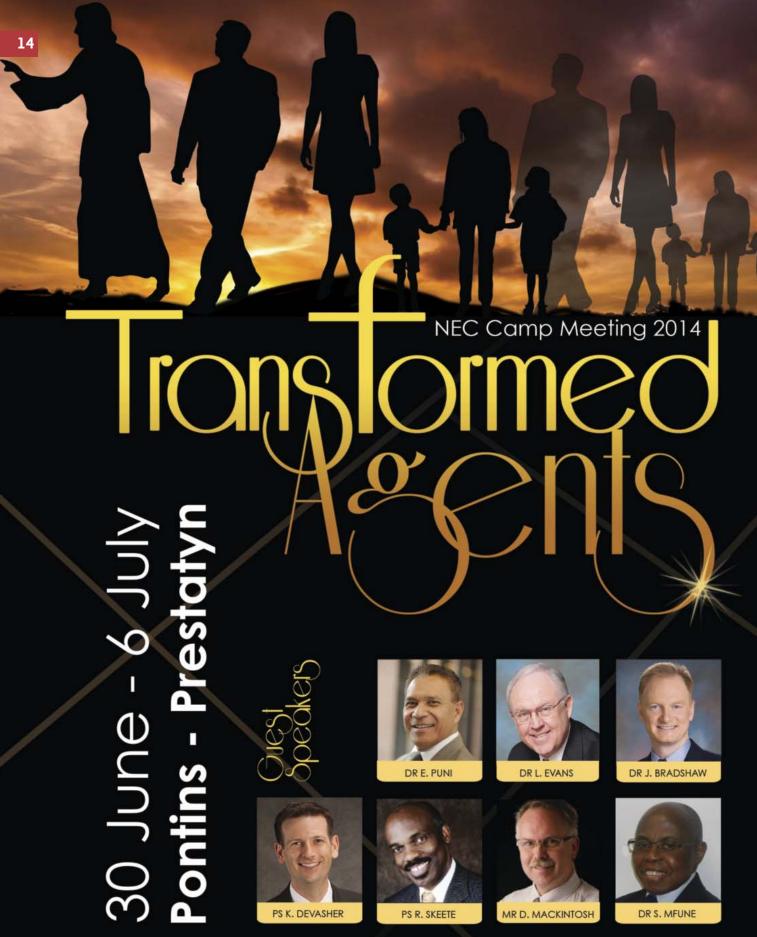
That day they were able to distribute 12 parcels of food, warm clothing and Christian literature. The congregation felt blessed to be able to give back to their community in this important way.

MARCIA ANDERSON, COMMUNICATIONS SECRETARY



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PFC changes lives

The Prayer and Faith Conference held at the Maxwell Activity Centre in Hampshire (19-23 February) was a great blessing to 85-plus teens from around the South England Conference.

Pastor Richard Martin was the speaker for the week, and he was successful in relating to his youthful audience. He spoke on the call of Jeremiah and Samuel to be servants of God and encouraged the youth to listen to God's voice so that they can fulfil their destiny. He also looked at Joseph's life and how God changed his situation into something great and positive.

Alvin McQueen, another guest speaker, took time to discuss a variety of topics which proved beneficial to the teens, allowing them to ask questions that they would not feel comfortable asking anywhere else.

Nana Bonnie was inspirational in leading out during the morning prayer sessions.

Kaelon Jones said that Richard Martin's messages 'saved my life spiritually and emotionally. They taught me that Jesus can help me to reach my destiny wherever I am!'

Edward McMenamin regarded PFC as 'a great experience. Making new friends who shared the same beliefs made me feel really welcome. Coming from Area 1 where there are very few young people, I had become discouraged and even contemplated leaving church. PFC has allowed me to reconsider that decision. I'm going to continue this Christian walk and bring more people to the knowledge of Christ.'

One parent sent a text message saying, 'Max is back, said he had the best spiritual experience of his life and has a lot to share with the youth! He hasn't stopped talking and telling funny stories. Thank you for organising this and sharing young life experiences. May God bless you as you continue in His service! Oh if there's any video footage I would love to show our youth at church.'

Inspirational testimonies were the highlight of every night and many were left in tears as they witnessed the power of God for themselves or through someone else's experience.

At the end of the week, 25 teens decided to give their lives to Christ and move forwards to baptism.

MPHATHISI NCUBE (AREA 3 YOUTH PRESIDENT)



Photo as supplied

Charity concert

On 22 December last year youth from across London made the Brixton, Peckham and London Youth Federation charity banquet a great success, raising £1,270 for three chosen charities. Young people and friends, members and others came from as far afield as Birmingham.

The charities or causes to benefit were South London's YMCA (Brixton's choice), a Uganda mission trip (Peckham's choice) and the planned Brixton Pathfinder trip to the Oshkosh Camporee in the USA.

The event was hosted by Michael Agyei (Lyrical Soldier) and featured a mixture of good food, music, poetry and special youth awards.

ALETHIA SALMON AND MAERISSA LEWIS (BRIXTON)

London Ghana relaunches website

The London Ghana church established a website in 2005 to provide information for its members, but it very soon became a platform for sharing the Word of God with the general public.

When the church moved from the former John Loughborough School to its new building the need for a revised website became evident. This 'second generation' website proved useful but recently it was decided to redesign the site to meet the current vision and plans of the church.

This new website was launched in mid-February during an orientation programmed for the entire congregation – making everyone familiar with its layout and resources.

Kwasi Ntiamoah Amponsah heads up the congregation's Communication department and he is hopeful that the relaunched website will make a major contribution to the life of the church.

Other congregations are invited to log on and enjoy the website and its various resources and links.

Besides the live stream facilities for church events there are sections for prayer requests, the downloading of sermons and the return of tithes and offerings – all of which has made Pastor Fergus Owusu-Boateng a very happy minister!

You can see the new website at: http://www.londonghsda.com/.



Erdington annual investiture ceremony 2013

On Sunday 14 August 2013 Pastor Kevin Johns, the SEC Pathfinder director, performed the Erdington annual investiture ceremony.

He challenged the youth to emulate the character of the three friends of Daniel and be bold to share God's Word with their friends and family. He also challenged the parents to invest in their youth, not only in monetary terms but also with time and affection.

JOHN OSEI-BEMPONG PHOTO: MOSES JAMANDA KANAMANGWERE

Calling men to pray

This year Pastor Lloyd Lambert, the author of the book *Calling Men to Pray*, organised a men's retreat at the Pioneer Centre, Kidderminster (14-16 February). The call was answered by around twenty men, from various churches in the NEC and SEC.

The weekend speakers included Pastors Mike Hamilton, Paul Liburd and Andrew Rashford-Hewitt. Their powerful sermons, deep Bible studies and interesting discussions and presentations all had prayer as their main focus.

By the end of the weekend the men had built a common bond. They had also committed themselves to making a difference in their churches, homes and relationships. Plans for the 2015 event are being made already — don't miss it!

RAOUL DUSAB

Aberdeen's double celebration

Aberdeen Church held a double celebration for their oldest church member, Violet Buchan, on Sabbath, 16 November last year – her 93rd birthday and the 50th anniversary of her baptism.

A packed church of rejoicing family, friends and church members listened to a sermon presented by Pastor Victor Hulbert, son of the late Pastor Edgar Hulbert who first introduced Vi to the Adventist message.

'Auntie Vi', as she is affectionately known, has been a great support to many both within and without the church, and with her son Jo at her side she listened to messages from well-wishers including Pastors Brian McCormac and Bob Rodd, good friend Byron Secoy and former Aberdeen University student, Kish Poddar, who recalled her care during his student days.

A final speech was given by Debbie Thomson, Chief Executive of CLAN, a cancer support charity in which Vi had been an active volunteer for over 25 years, visiting its members and taking along her famous pancakes.

Auntie Vi is also a poet and a dab hand on the computer, her email correspondence covering the planet. The morning included two poems from her book, *A Pearl of Great Price*. A celebration lunch and a special cake cutting climaxed the day.



The Aberdeen members are very grateful to God for the vibrant, Spirit-filled life of Auntie Vi. She continues to be an inspiration for all who come into her presence.

Surrounded by friends in the packed church it was her best birthday party ever.

JANICE SAVIZON

Community Services relaunched

On 3 February Wolverhampton Central relaunched their Community Services department under Esther Douglas, who is forging better working relationships between all the church's departments. They presently operate a community kitchen on the first Monday night of the month, during which people can get a meal and receive a food parcel if necessary. In addition to this they are planning numerous other activities to attract the community into the church, including elderly care services; health and fitness classes; even car care training for women!

Jesus rarely told people whom He was before He healed, fed or did some other miracle to show God's compassion and love for them – Wolverhampton Central members want to do the same in their community.



LOVE at Crossland Moor

Sunday 22 December 2013 was a high day for Crossland Moor Huddersfield Church, as they celebrated the wedding of Shaun Clarke and Edith Batten.

Edith, a member of our sister community church in Fartown, and Shaun, from the Carterknowle Sheffield church, both have former links to our main church in Huddersfield.

Our senior pastor, Barry Stokes, assisted by our new intern, Pastor John Francis, conducted the service.

Pastor Francis reminded the couple that they met at Aberdaron Camp when Edith was 13 and Shaun was 15. At that time they had no romantic interest in each other and took different paths, but through the providence of God they were brought back together again.

Pastor Francis encouraged the couple to LOVE each other: L – let God be the centre of their relationship; **0** – only have eyes for each other; **V** – value their marriage and visualise what it can become with God's help; **E** – endure, no matter what.

Wolverhampton Central 'signs up'!

On 14 February the Personal Ministries team arranged for Pastor Des Rafferty, Discovery Centre director, to challenge the Wolverhampton church to go fishing in its local community – to tell people about Jesus.

Pastor Rafferty encouraged the members to pray, sow the Gospel seed, and then nurture each one that germinates in the community. He also encouraged the use of mobile phones and the social media to spread the good news.

Using the story of Zacchaeus, he illustrated how Jesus saw potential in every person – even those whom others may ignore or reject.

On Sabbath afternoon Pastor Rafferty joined the members for a visit to a local care home where a programme of singing and the spoken word was presented to some of the residents. He even played an item on his clarinet to the blessing of all.

This was not a 'feel good' day, but one in which the church was challenged to 'sign up' for active soul-winning service.

DONNA PALMER



OCTOBER 27TH - 31ST 2014



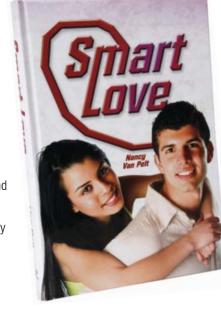






'Smart Love' sweeps NEC

The North England Conference Children's Ministries department is committed to meeting the needs of its teens. Puberty can be a time of great upheaval for many of our teens; and this is not surprising when one considers the physical and psychological changes taking place within the body at this time. 'Puberty describes the time in life when the body matures sexually and the reproductive organs become functional. It is caused by a release of the



sex hormones testosterone and oestrodiol in the body."

Teenagers may experience mood swings, they may become self-conscious and some begin to experiment in 'potentially risky activities, such as smoking, drinking, alcohol and sex'.2 It is for this reason that the department has chosen to promote 'Smart Love'. a seminar that covers topics such as: 'Making friends with yourself'; 'The dating game'; 'Breaking up is hard to do'; 'The young adult's number one dilemma – How to tell if you are really in love'; and 'Touchy situations'.

NEC pastors have been asked to present the course to the teens. Last year the seminar was presented in NEC churches by Pastor Colin Woodford, in both Darlington and Middlesbrough; by Pastor Ian Philpott and his wife Tracey at Liverpool Central; and by Pastors Carlton and Patricia Douglas at Sheffield Burngreave.

This is what some involved had to say:

'Sex is taboo and anything that is considered taboo is not usually discussed in an open forum, so great credit to Pastors Carlton and Patricia Douglas not only for noticing that there was a need for this sort of seminar but also for being proactive in conducting the talks in a way that engaged our youth and created an environment that allowed them to speak freely and honestly about the topic.' Cedric, Sheffield Burngreave 2013 Youth leader.

'We were able to talk openly about various types of appropriate and inappropriate dating, how to carry ourselves within relationships, how we should be treated by the opposite sex. The group sessions allowed us to gain insight into the thoughts and feelings of the opposite sex. The gender-specific sessions allowed us to see that we are not alone in the things that we feel and go through as individuals when dating. . . . ' Stephanie from Sheffield Burngreave.

'I enjoyed the "Smart Love" seminar because it covered topics that I normally wouldn't feel comfortable talking about and the atmosphere made it easy to discuss things because we learnt to trust each other.' Rumbi (13) from Liverpool.

'I really enjoyed "Smart Love" – it was very educational, because in my family and my family's culture we wouldn't really talk much about the things we discussed in "Smart Love". . . . I would recommend this programme for other teens in different churches.' Prisca Maphosa (16) from Liverpool.

'This was an excellent programme and I only wish someone had shown me this when I was young.' Pastor Colin Woodford.

'Pastor, thank you so much, this is wonderful! I don't know why I did not think about speaking to my children about something so important.' A grateful parent.

Each seminar is concluded with a graduation ceremony and banquet celebrating our teens and youth. Even more pastors have enlisted to present the 'Smart Love' seminar this year – why not ask yours to join

PASTOR PATRICIA DOUGLAS, NEC CHILDREN'S MINISTRIES DIRECTOR.





ohituaries

Lester White (1929-2014) d. 13 January. Lester White was born in Jamaica, Parish of St Anne, and attended the Lionel District school, after which he became a respected bricklayer.

He became an amateur boxer after arriving in Great Britain, boxed for the Small Heath Boxing Club and won many trophies. However, one could never have imagined him as a boxer, somehow. His deportment was always exemplary and he seemed such a 'gentle giant'.

He became an Adventist through the witness of a Brother Samuels and was baptised in 1987. After that he worked faithfully in a variety of church offices, including as a deacon. It was his interest in technology that served the church well as he made every effort to ensure that its PA and projection systems worked perfectly.

His daughter, Audrey White, delivered the eulogy, from which we learnt that he fancied himself as a baker, who baked cakes without sugar that he described as 'wonderful - wonderful' words he used whenever he was impressed with things in life.

The Camp Hill Male Voice Choir sang 'Wonderful is Jesus', which was an apt way of saying 'Wonderful' and all is well.

Lester married Margaret Beacon, a member of Camp Hill Church, during a service solemnised by Pastor Masih on 30 May 1999.

During their retirement they travelled the world, particularly Thailand, the Caribbean and North America. They also made a special trip to South Africa,

6 John Loughborough

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Friday - 9am-1pm, Sunday - 11am-3pm.

Corrigendum: on page 6 of *Messenger* 7 March, Winston Craig should have

Messenger staff strive for accuracy in such matters and offer their unreserved

apologies for any possible misapprehension ensuing from that issue.

Watford, BUC, Monday-Thursday - 12.30-5pm, Friday - 10am-2pm.

Advent Centre, Mondays & Wednesdays - 6.30pm-8.30pm,

been recognised as Professor of Nutrition at Andrews University, Michigan, USA.

10am-2pm

Birmingham, Aston-Newtown, Wednesday - 11am-4pm, Thursday - 4pm-8pm,

Sundays - 11am-3pm, Saturdays - November, December, January: After sunset. **0207 7236849**

including Robben Island, where Nelson Mandela had been imprisoned. While there they stayed with Pastor Sam Davis and his family and became good friends.

Sadly, in recent years his health deteriorated, but he never lost sight of his Maker - he would constantly remind all, 'Trust in God.'

His funeral service was conducted by Pastor Sam Davis, assisted by Pastors Herbert, Masih and Rainford-McIntosh. Tributes were delivered by various members, not forgetting his son Winston and daughter Audria.

His wife, Margaret, supported him through his illness in a way that showed great devotion.

Lester is survived by her, Winston, Audrey, and other family members such as Dave, Janice, Sandilin and Melverton, along with many grandchildren, nieces and nephews – not to mention many friends.

He was laid to rest at Smethwick Cemetery on 6 February 2014. C. G. MORGAN AND M. BEACON WHITE

Marjory (Madge) MacDonald (1934-2014) d. 14 January. Marjory, also known as Madge, was a

member of the East Kilbride company in Scotland for about 20 years. While mourning the loss of her second husband she was struck by a second tragedy: her sonin-law also died. Following this she moved in with her daughter, Josephine, to help with her

Adventist

grandsons. While there she saw an advert in the local free paper for meetings led by Pastor McCormac. She enjoyed them and continued attending. Madge also enjoyed the midweek Bible study and at the age of 60 was baptised as a member of the East Kilbride church.

One of her favourite pastimes was watching the videos of Pastor Mark Finley and she showed them to friends whenever she could. While visiting her daughter, Marjory, who lives in Australia, Madge enjoyed visiting the churches 'down under' and sharing her experiences with the company.

She was appointed clerk, a role she held for 10 years, and was recently ordained a deaconess. As head deaconess she ensured that the Communion Service and the foot washing went smoothly. Madge continued to enjoy the midweek Bible study and prayer group which often met in her home. She attended several Women's Ministries weekends, and her friend, Margaret Edgar, remembers the two of them being the only ones brave enough to actually wear pyjamas to the pyjama party!

Madge also loved the sponsored walks, though at first this was a very new experience. She arrived in new, white trainers for a cross-country hike! But she laughed her way through the mud and puddles and bought hiking boots for the next walk!

Madge loved to sing – from karaoke to church choirs. She was a member of our own small choir, the Rainbow Singers, and the much larger choir at the Moncrieff Church of Scotland just across the road from her home. Madge had a great voice, soprano but with a great range. She could reach high notes that others wouldn't dare to try. She could often be heard singing the harmony whether or not the words were on the screen.

At her memorial service everyone mentioned the hugs and the love that Madge gave everyone every Wednesday evening and Sabbath morning, as well as every time we met up. When she hugged you it felt like she took all your troubles away. You felt that the love she shared was just for you and we are all the better because of that love.

Her sudden death from an aneurysm leaves behind her close friends and church family; her soulmate, Archie; three children, Josephine, Marjory and Gerald; four grandchildren; and

three great-grandchildren. Grandson Edward summed her up perfectly, saying she was 'Madgic'. MAGGIE ROBERTSON

John David Welch (1928-2014) d. 26 January. John David Welch died peacefully in

White Rock, British Columbia, Canada, on 26 January 2014, at the age of 85, with his wife Shirley by his side. He first met Shirley at an Adventist youth camp in England in 1953, and they were married on 29 July 1956 at the Stanborough Park church. Shirley was the second of four daughters of Dr and Mrs Ted Essery, still wellremembered by older members of the Adventist church.

Husband, father, architect, and professor, John was born on 27 June 1928 in Portsmouth, England, to Harold and Margaret Welch. A member of the Royal Institute of British Architects and the Royal Architectural Institute of Canada, John taught architecture for more than three decades at the University of Manitoba after emigrating with his family to Winnipeg in 1966. He previously worked at an architectural firm in Bristol, and then taught at the University of Science and Technology in Kumasi, Ghana, and the University of New South Wales in Sydney, Australia; in addition to many sabbaticals in England, Canada, and the United States. The family also lived at times in Watford, where Shirley's parents and sisters lived.

In 1997, John received an honorary doctorate from Andrews University, and retired to White Rock, British Columbia in 1999. As an architect, he often designed buildings for our institutions, including the Stanborough Park elementary school, and churches and other buildings in Kumasi and Bekwai (Ghana) and Winnipeg (Canada) and elsewhere.

He also served his church as elder, youth leader, and school board chairman. He travelled widely on all seven continents, excelled at photography, and was an avid tennis and table tennis player. He is survived by his wife Shirley, and his four children. Kevin (Jenny), Michael (Hiromi), Karen Dobbin (Bret) and Claire, and five grandchildren. A celebration of life was held on 22 February 2014 at the Aldergrove church, British Columbia. MICHAEL WELCH

Newbold vacancies

Newbold College of Higher Education is the senior tertiary education institution for the Trans-European Division, located in Binfield, Berkshire, offering undergraduate degrees in Theology, Religious Studies, Business and Liberal Arts, a postgraduate degree in Theology, and shorter Certificate programmes in History, English Literature, Media, Performing Arts, and Health and Wellness, as well as English for Speakers of Other Languages (ESOL)

Recruitment Officer (English for Speakers of Other Languages programmes) a full-time position within the Marketing, Recruitment and Communications office focused on the college's English for Speakers of Other Languages (ESOL) programmes. The successful applicant will have experience in sales and/or marketing in a target-driven environment, and will be educated to Honours degree or equivalent, with an understanding of intensive English programme delivery. Responsibilities include achieving student recruitment targets, working continually to generate new student leads and converting student leads into enrolments. Applications close 4 April 2014.

Recruitment Officer (Business, Theology, and Study Abroad programmes) – \boldsymbol{a} full-time position within the Marketing, Recruitment and Communications office focused on the college's Business, Theology and Study Abroad programmes. The successful applicant will have experience in sales and/or marketing in a target-driven environment, and will be educated to Honours degree or equivalent, with an understanding of the European and US higher education systems. Responsibilities include achieving student recruitment targets, working continually to generate new student leads, and converting student leads into enrolments. Applications close 4 April 2014.

Chief Financial Officer – a full-time position within the college's senior management team. The successful applicant will have an undergraduate degree in accounting/ finance and qualifications in CIMA or ACCA, a Master's degree in accounting, finance and/or a business-related discipline, and a minimum of ten years' financial experience, with a minimum of five in a senior management role. Responsibilities include overseeing and providing leadership, administrative guidance, and operational oversight of the Accounting and Finance, Human Resources, and Student Financial Services areas of the college. Applications close 11 April 2014.

Director, English for Speakers of Other Languages (ESOL) programmes a full-time position, with the successful applicant having a Master's degree (ESOL, TESOL, Second Language Studies, Applied Linguistics or related fields), at least five years' experience teaching ESOL, and a minimum of five years' administrative experience in developing and delivering ESOL curriculum and instruction (administrative experience may be concurrent with teaching experience). He/she will be an experienced leader in higher education-based intensive English programmes, ESOL curriculum development, language assessment, research in second language

acquisition, teacher education and professional development, student services, personnel management, testing, programme elements, marketing, and budget management. Applications close 11 April 2014.

Lecturer (Accounting/Finance emphasis) – full-time position in the accounting/ finance area to expand its School of Business. The successful applicant will have a Master's degree in accounting, finance or a related discipline (or equivalent professional qualifications) and experience in teaching/training at an undergraduate level or in a professional setting in the areas of accounting and finance. Responsibilities include teaching a range of accounting, finance and other modules, enhancing the quality and range of learning opportunities within the School of Business, liaising with chartered professional bodies in accounting and finance to obtain accreditation, liaising with employing organisations to create learning opportunities for students, and assisting in developing and administering programmes and modules. Applications close 11 April 2014.

Marketing, Recruitment and Communications Co-ordinator – a full-time position (maternity leave cover) from late May 2014 to December 2014. The successful applicant will have experience in international sales and/or marketing in a target-driven environment, a relevant degree in business, communications or marketing, fluency in the use of social media, and understanding of the UK, US and other higher education systems. Responsibilities include ensuring a whole-of-college approach to marketing and student recruitment, co-ordinating the college's campus visit programme, coordinating the development of college communications and publicity materials, and assisting with high-profile events across the institution. Applications close 25 April 2014.

Receptionist – a full-time position (maternity leave cover) from late May 2014 to late May 2015. The successful applicant will have previous experience in reception duties and office administration, and will be responsible for delivering excellent customer service to both internal and external college stakeholders and, as the first point of contact for enquirers, for providing a positive first impression of the college. Responsibilities include managing enquiries received through the college's telephone switchboard system, events bookings on campus, departmental office supplies, incoming and outgoing mail, and the distribution of keys. Applications close 25 April 2014.

More information and how to apply

For more information on these positions, including full selection criteria, responsibilities, salary scale and application information, contact Debbie McReynolds

(Office Manager, Office of the Principal) at dmcreynolds@newbold.ac.uk or visit www.newbold.ac.uk/employment.



Commemorative 50-year Celebration

Aberdaron Advent Campsite

Fundraiser Weekend, Advent Youth Camp 1964-2014



Friday 16 May 2014

8.30pm: supper and vespers with Pastor A. Hush, song service round camp fire – Pastor G. Smith.

Sabbath 17 May 2014

8.30am: breakfast. 10am: Sabbath School – mission spotlights with Mrs J. Bussey, Pastor P. Clee, Pastor J. Huzzey, Pastor P. Sayers and Mr C. Bramble. 11.15am: main service – Pastor A. R. Rodd. 1pm: lunch. 2.30pm: optional walks (weather permitting) with Mr P. and Mrs B. Emm and Mr S. Bull. 6pm: Aberdaron timeline and reminiscing. 8.30pm: banquet & vespers with Mr P. Emm, camp concert, Aberdaron artefacts auction.

Sunday 18 May 2014

10.30am: brunch & morning watch with Pastor A. Ramdin. Future plans for camps - Mrs J. Bussey, Pastor A. Hush, Pastor P. Liburd and Pastor A. Ramdin, future plans for campsite - Mr L. Simpson, fundraising appeal -Pastor N. Stickland, logo winners & farewell.

Free entry - no site fees for caravans and tents. For local accommodation visit www.aberdaronlink.co.uk. Meals provided -Meal Ticket required (1 per person for weekend); contact us to receive your meal tickets. Camp concert - acts required; please contact us if you have an act.



Messenger

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